Closing the Loophole in California's Sexually Violent Predatory Act: Jessica's Law's Band-Aid Will Not Result in Treatment for Sexual Predators

Melissa M. Matthews

University of the Pacific, McGeorge School of Law

Follow this and additional works at: https://scholarlycommons.pacific.edu/mlr

Part of the Criminal Law Commons

Recommended Citation
Available at: https://scholarlycommons.pacific.edu/mlr/vol39/iss3/12
Comment

Closing the Loophole in California's Sexually Violent Predator Act: Jessica's Law's Band-Aid Will Not Result in Treatment for Sexual Predators

Melissa M. Mathews*

TABLE OF CONTENTS

I. INTRODUCTION ................................................................. 877

II. CONSTITUTIONALITY OF CALIFORNIA’S SEXUALLY VIOLENT PREDATOR ACT ................................................................. 881
   A. Ex Post Facto Concerns .................................................. 883
   B. Substantive Due Process Concerns .................................... 885
   C. Double Jeopardy Concerns ............................................. 888

III. THE LOOPHOLE IN CALIFORNIA’S SVPA REMAINS .................. 889
   A. The Legislative Intent Behind California’s SVPA ................. 889
   B. SVPA Currently Violates Legislative Intent ....................... 891

IV. SUGGESTIONS FOR CLOSING THE LOOPHOLE ......................... 892
   A. An Outpatient Civil Commitment Requiring Treatment .......... 893
   B. Requiring Treatment Before Release from Civil Commitment .... 896
      1. Requiring Treatment Would Not Violate Sexually Violent
         Predators’ Constitutional Rights .................................... 897
      2. Requiring Treatment Would Be Effective ......................... 899

V. CONCLUSION ...................................................................... 901

I. INTRODUCTION

Melvin Carter, the "College Terrace Rapist," was convicted of twenty-three felonies and confessed to over 100 rapes on college campuses in the San Francisco Bay Area, Stockton, and Davis, California. In 1996, he was set to be paroled from prison. Voters put pressure on former Governor Pete Wilson to

* J.D. candidate, University of the Pacific, McGeorge School of Law, to be conferred 2008; B.A., Political Science with Sociology Minor, Westmont College, Santa Barbara, 2003. I would like to thank my friends and family who have given me encouragement and support as I pursued my academic and career goals. I would also like to extend my deepest thanks to Professor Emily Garcia Uhrig, who provided me with invaluable feedback about both my writing and my career.

2. Id.
2008 / Closing the Loophole in California's Sexually Violent Predator Act

prevent Carter's anticipated parole in 1996. As a result, state officials sent Carter to live at a prison camp on U.S. Forest Service land. Later he was escorted to the San Francisco International Airport, placed on a flight leaving California, and no one would divulge where Carter went. The administration narrowly avoided the release of a dangerous felon back into society. But such drastic measures are not available in every situation. Thus, the question remained, what would California do in the future with other predators like Carter, their release dates looming ominously on the horizon?

The ensuing public uproar demanded a solution that would keep the highest risk offenders out of society even after they completed their prison sentences. In response to Carter's release and other similar cases, California enacted the Sexually Violent Predator Act (SVPA). Former Governor Pete Wilson praised the SVPA, claiming it would curb the release of the "sickest and most dangerous criminals" back into society. Unfortunately, as this Comment will discuss, it has failed to fulfill its promise, and high risk offenders such as Carter could still be released.

When the Secretary of the California Department of Corrections and Rehabilitation (CDCR) determines that an incarcerated person may be a sexually violent predator, that person must be evaluated. The CDCR and the Board of Prison Terms evaluates whether the inmate committed a sexually violent predatory offense and "assesses the person's social, criminal, and institutional

---

3. Id.
4. Id.
5. Id.
6. Id.
7. See Mary Lynne Vellinga, Mentally Ill Sex Criminals Face Longer Lockup, SACRAMENTO BEE, Oct. 11, 1995, at A3 (explaining the decision to pass the legislation after thousands protested the release of Reginald Muldrew, the "Pillowcase Rapist," who was found mentally unfit to be released from prison but was released upon completion of his sentence and parole period); see also Peter A. Zamoyski, Will California's "One Strike" Law Stop Sexual Predators, or Is a Civil Commitment System Needed?, 32 SAN DIEGO L. REV. 1249, 1250-51 (1995) (describing the public demand for California lawmakers to push through "tougher laws to protect society from repeat offenders, especially violent sex offenders" after Richard Allen Davis, a parolee with prior sex crime convictions, sexually assaulted and murdered twelve-year-old Polly Klaas).
8. Vellinga, supra note 7.
10. See id. § 6600(e) ("'Predatory' means an act [that] is directed toward a stranger, a person of casual acquaintance with whom no substantial relationship exists, or an individual with whom a relationship has been established or promoted for the primary purpose of victimization.").
11. See id. § 6600(b) (defining "sexually violent offenses" as a felony violation of specified California Penal Code sections "when committed by force, violence, duress, menace, fear of immediate and unlawful bodily injury on the victim or another person, or threatening to retaliate in the future against the victim or any other person," which "result[s] in [either] a conviction or a finding of not guilty by reason of insanity"); see also Cal. Dep't of Mental Health, Frequently Asked Questions, Sept. 7, 2001, http://www.dmh. cahwnet.gov/Services_and_Programs/Forensic_Services/Sex_Offender_Commitment_Program/FAQs.asp (hereinafter Frequently Asked Questions) (on file with the McGeorge Law Review) (stating that the specified sex-related crimes "include rape, sodomy, oral copulation, spousal rape, or lewd or lascivious acts with a child").
history." If the inmate is determined "likely to be a sexually violent predator" based on this evaluation, the CDCR then refers the person for a full evaluation by the California Department of Mental Health (CDMH).12

Two CDMH licensed psychiatrists or psychologists assess whether the inmate "has a diagnosed mental disorder such that he or she is likely to engage in acts of sexual predatory violence."13 If the person is labeled a sexually violent predator, a petition requesting that the person be committed to a state mental health facility is filed in superior court.14 If a superior court finds there is probable cause that the inmate "is likely to engage in sexually violent predatory criminal behavior,"15 the judge will order a trial "to determine whether the person is, by reason of a diagnosed mental disorder, a danger to the health and safety of others in that the person is likely to engage in acts of sexual violence upon his or her release."16 If the court or jury determines the person is a sexually violent predator, that person is committed to a facility designated by the Director of Mental Health.17

As originally enacted, the SVPA required that sexually violent predators be committed to a mental health facility for a two-year term after their sentences were completed.18 The commitment could only be extended if the court granted a petition for extension.19 The inmate was not required to undergo treatment while committed,20 and if the inmate received treatment, the treatment did not need to be "successful" for the person to be released at the end of the two-year commitment.21 In fact, an individual could be released without even admitting that he or she had a problem.22 Further, the SVPA provided for automatic annual

13. Id.
14. Cal. Dep't of Mental Health, SOCP: Evaluation Program, 2008, http://www.dmh.cahwnet.gov/Services_and_Programs/Forensic_Services/Sex_Offender_Commitment_Program/Evaluation.asp (on file with the McGeorge Law Review); see also CAL. WELF. & INST. CODE § 6601(d) (West 2006) (requiring the evaluation to be conducted "by two practicing psychiatrists or psychologists, or one practicing psychiatrist and one practicing psychologist"). The evaluation includes an "assessment of diagnosable mental disorders, as well as various factors" associated with the risk of recidivism. Id. § 6601(c). Risk factors that must be considered "include criminal and psychosexual history, type, degree, and duration of sexual deviance, and severity of mental disorder." Id.
15. CAL. WELF. & INST. CODE § 6601(i) (West 2006) (stating that the petition will "be filed in the superior court of the county in which the person was convicted").
16. Id. § 6602.5(a) ("No person may be placed in a state hospital pursuant to the provisions of this article until there has been a determination . . . that there is probable cause to believe that the individual named in the petition is likely to engage in sexually violent predatory criminal behavior.").
17. Id. § 6602(a).
18. Id. § 6604 (amended by Cal. Proposition 83 § 27 (2006)).
19. Id. § 6604.1(a) (West Supp. 2007) (amended by Cal. Proposition 83 (2006)).
20. Id. § 6605(b) (West Supp. 2007) (amended by Cal. Proposition 83 (2006)).
21. See id. § 6606(a) (explaining that those who decline treatment will continue to be offered the opportunity for treatment on a monthly basis).
22. See id. § 6606(b) ("Treatment does not mean that the treatment [must] be successful or potentially successful . . . ").
23. See id. ("Treatment does not . . . mean that the person must recognize his or her problem and
hearings to determine whether the committed person had changed such that he or she could be conditionally released.\textsuperscript{24} Unfortunately, many sexually violent predators committed to mental health facilities pursuant to the SVPA refused treatment but were nevertheless released back into society.\textsuperscript{25}

In February 2006, the \textit{Sacramento Bee} printed an exposé revealing that many sexually violent predators were released from mental health facilities without receiving any treatment whatsoever.\textsuperscript{26} Within days, California legislators began working to address the problem.\textsuperscript{27} Proposition 83, on the November 2006 ballot, presented California voters with a proposal aimed, in part, at fixing the perceived shortcomings of the SVPA.\textsuperscript{28} California voters approved Proposition 83 by a landslide.\textsuperscript{29}

Proposition 83, more commonly known as Jessica’s Law,\textsuperscript{30} increased restrictions on releasing sex offenders by lengthening the SVPA’s civil commitment term from two years to an indeterminate period.\textsuperscript{31} It also provided that a committed person could seek authorization from the Director of CDMH to petition the court for conditional or unconditional release.\textsuperscript{32} However, the law allowed sexually violent predators to petition the court for conditional release or an unconditional discharge “without the recommendation or concurrence of the Director of Mental Health.”\textsuperscript{33} Thus, although Jessica’s Law increases restrictions on released sex offenders and requires that committed persons petition before they can be released, it still contains loopholes through which untreated sexually
violent predators may be released back into society. To date, at least fifty-four sexually violent predators have slipped through the loophole in the SVPA without receiving any treatment.

Part II of this Comment argues that although Jessica’s Law will likely refuel constitutional challenges to the SVPA, ultimately, the SVPA remains constitutionally sound. Part III contends that even as amended by Jessica’s Law, California’s SVPA does not further legislative intent and fails to close the loophole. Finally, Part IV presents alternative solutions to solve the problem. Whether the California Legislature creates a new outpatient civil commitment program similar to the program currently used in Texas or statutorily requires treatment before release, the loophole in California’s SVPA must be closed.

II. CONSTITUTIONALITY OF CALIFORNIA’S SEXUALLY VIOLENT PREDATOR ACT

In *Hubbart v. Superior Court*, the California Supreme Court upheld the SVPA against constitutional attack. Although the U.S. Supreme Court has not specifically reviewed California’s SVPA, the Court has upheld similar statutes.

Civil commitment statutes, like California’s SVPA, are generally upheld as a valid exercise of state police power. Because such statutes involve deprivation of personal liberty, individuals subject to the statutory provisions are guaranteed certain constitutional safeguards. Even so, both the California Supreme Court and the U.S. Supreme Court have held a statute that civilly commits a sexually violent predator constitutionally sound if the inmate is dangerous and suffers from a diagnosable medical disorder.

35. Brown & Stanton, *supra* note 1; *see infra* Part III.B (explaining that allowing sexually violent predators to refuse treatment while committed defeats the legislative purpose of the SVPA).
36. *See* 969 P.2d 584, 611 (Cal. 1999) (holding that California’s SVPA was constitutionally sound).
37. *See, e.g.*, Kansas v. Hendricks, 521 U.S. 346, 346 (1997) (holding that the Kansas Sexually Violent Predator Act did not violate the U.S. Constitution); *Hubbart*, 969 P.2d 584 (applying *Hendricks* to find that California’s SVPA was constitutionally sound).
38. *See, e.g.*, People *ex rel.* Elliott v. Juergens, 95 N.E.2d 602, 605 (Ill. 1950) (holding that the state has the power and duty to protect society from sex criminals who have a continuing propensity to commit sex crimes after they have completed their penal sentence); People v. Chapman, 4 N.W.2d 18, 28 (Mich. 1942) (holding that the state statute providing for civil commitment of sexual psychopaths was a valid exercise of the state’s police power in the interest of public safety); *State ex rel.* Sweezer v. Green, 232 S.W.2d 897, 901 (Mo. 1950) (holding valid as an exercise of state police power the restraint of sexual psychopaths predisposed to continue breaking the law); *In re Moulton*, 77 A.2d 26, 30 (N.H. 1950) (holding that legislation providing for the care, treatment, and rehabilitation of sexual psychopaths was within the scope of the state’s police power).
39. *See, e.g., infra* Parts II.A-C (discussing the constitutional safeguards provided for individuals under the prohibition against passing ex post facto laws, substantive due process guarantees, and double jeopardy provisions).
40. *See, e.g.*, People v. Levy, 311 P.2d 897, 902 (Cal. 1st Dist. Ct. App. 1957) (holding a statute valid that provides for the civil commitment of an individual determined to be a sexual psychopath); *Hendricks*, 521 U.S. at 358 (holding that involuntary civil commitment is not a due process violation as long as the statute requires more than a mere finding of dangerousness).
For example, in *Kansas v. Hendricks*, the U.S. Supreme Court upheld the constitutionality of the Kansas SVPA. Similar to California’s SVPA, the Kansas SVPA required a finding of a present “mental abnormality” and evidence of past sexually violent behavior for a person to be civilly committed as a sexually violent predator. In determining whether Hendricks qualified as a sexually violent predator, the jury found a “chilling history” of his sexual offenses against children. In addition to the inculpatory testimony of his victims, including his stepchildren, Hendricks testified that he “repeatedly abused children whenever he was not confined” and “stated that the only sure way he could keep from sexually abusing children in the future was ‘to die.’” He admitted that he suffered from pedophilia and agreed with the state physician’s diagnosis “that he [was] not cured of the condition.” The trial court determined that pedophilia qualified as a “mental abnormality” and ordered Hendricks civilly committed as a sexually violent predator. Hendricks appealed on the grounds that the Kansas SVPA violated his rights under the Due Process, Double Jeopardy, and Ex Post Facto Clauses. The Kansas Supreme Court did not address the double jeopardy and ex post facto claims but found that the Kansas SVPA violated Hendricks’ substantive due process rights.

The U.S. Supreme Court reversed, upholding the constitutionality of Kansas’s SVPA. The Court held that the SVPA’s definition of “mental abnormality” satisfied due process and that because the SVPA was non-punitive in nature and in effect, it did not violate double jeopardy and ex post facto principles. This decision is widely understood to uphold the constitutionality of state statutes providing for the civil commitment of sexually violent predators for the purpose of treatment.

Although the SVPA was held constitutional, Jessica’s Law’s recent amendments have not been examined by the courts. Recent amendments fuel
arguments that the SVPA now violates the Ex Post Facto, Double Jeopardy, and Due Process Clauses of the U.S. Constitution. Ultimately, the following analysis demonstrates that the U.S. and California Supreme Courts will likely uphold the Act’s constitutionality.

A. Ex Post Facto Concerns

The Ex Post Facto Clause of the U.S. Constitution\(^4\) prohibits the passage of “[e]very law that changes the punishment, and inflicts a greater punishment, than the law annexed to the crime, when committed.”\(^5\) California’s SVPA defines a “sexually violent predator” largely based on past convictions of sexually violent offenses\(^6\) and provides for their civil commitment after the completion of their sentences.\(^7\) For this reason, prior to the enactment of Jessica’s Law, the SVPA was challenged as violating the Ex Post Facto Clause by changing the consequences of a crime after the crime was committed.\(^8\)

To determine whether the SVPA violates the Ex Post Facto Clause, the threshold inquiry is whether the Act “alter[s] the definition of crimes or increase[s] the punishment for criminal acts.”\(^9\) The U.S. Supreme Court has provided factors for determining what constitutes punishment.\(^10\) Accordingly, most courts consider “holistic factors” that include “the practical effect of the legislation,” legislative intent, “the purpose of the statute, and analogous historical precedents.”\(^11\)

Though the SVPA has withstood ex post facto challenges in the past,\(^12\) Jessica’s Law made the terms of the civil commitment more stringent, which may renew ex post facto challenges. Specifically, because the SVPA now imposes an “indeterminate” commitment\(^13\) and no longer provides that a person

---

54. U.S. CONST. art. I, § 9, cl. 3.
56. See CAL. WELF. & INST. CODE § 6600(a) (West Supp. 2007) (listing offenses that will lead to being defined a “’sexually violent predator’”).
57. See id. § 6601 (West Supp. 2007) (establishing the process for the civil commitment of sexually violent predators).
58. See, e.g., Hubbart, 969 P.2d at 605 (noting that the petitioner claimed the statutory scheme of the SVPA violated federal and state Ex Post Facto Clauses “by altering the consequences of criminal behavior after the fact”).
59. See id. (explaining that the basic issue raised by an ex post facto challenge is whether the SVPA inflicts punishment) (emphasis added).
60. See United States v. Ursery, 518 U.S. 267, 288 (1996) (describing a two-part test used to determine what constitutes punishment: (1) whether the proceedings were intended to be criminal or civil, and (2) whether the proceedings are so punitive as to not be civil).
62. See, e.g., Hubbart, 969 P.2d at 611 (holding that SVPA neither “imposes punishment [n]or otherwise implicates ex post facto concerns”).
63. CAL. WELF. & INST. CODE § 6604 (amended by Cal. Proposition 83 § 27 (2006)).
may automatically petition for a less restrictive alternative annually, it may lead to challenges that the statute’s practical effect now constitutes punishment.

California Supreme Court precedent suggests that such a challenge would likely fail. In *Hubbart*, a civilly committed inmate challenged the constitutionality of the SVPA on its face and as it was applied to his civil commitment as a sexually violent predator. Hubbart had a long history of “violent, and sometimes bizarre, sex crimes against women” who were strangers to him. His most recent incarceration was for assaulting a female jogger while out on parole. Both psychologists who were asked to evaluate him found that he was suffering from “paraphilia,” a diagnosable mental disorder, and that he presented a high risk of committing more sexually violent crimes if released into society. As a result, he was labeled a sexually violent predator.

Hubbart challenged the constitutionality of California’s SVPA. He argued, inter alia, that the SVPA violated the Ex Post Facto Clauses of both the federal and state constitutions because “the SVPA postpones the release from confinement of individuals who are incarcerated at the time commitment proceedings begin,” and it allows “the commitment determination to be based on sexually violent offenses ‘committed ... before [its] effective date.’” The California Supreme Court, however, rejected those arguments and, quoting *Hendricks*, noted that the duration of the civil commitment was “linked to the stated purposes of the commitment, namely, to hold the person until his mental abnormality no longer causes him to be a threat to others.” Thus, the SVPA was not punitive in effect and not a violation of ex post facto principles.

As a result, the California Supreme Court adopted the U.S. Supreme Court’s rationale in *Hendricks* and concluded that “restrict[ing] the freedom of the dangerously mentally ill [individuals]... is a legitimate nonpunitive governmental objective.” However, despite the change in the term of confinement from two years to an indeterminate term, the SVPA still provides that a person will only remain committed for as long as he or she is found to present a danger to others and is likely to commit a sexually violent crime upon

64. CAL. WELF. & INST. CODE § 6605(b) (amended by Cal. Proposition 83 § 29 (2006)).
66. Id. at 586, 591.
67. Id. at 591.
68. Id. at 592. Paraphilia was described as “recurrent and intense sexual fantasies and behaviors involving the humiliation and forcible sexual penetration of persons against their will.” Id.
69. Id.
70. Id.
71. Id. at 605.
72. Id.
73. Id. at 607 (quoting Kansas v. Hendricks, 521 U.S. 346, 363-64 (1997)).
74. Id. at 608.
75. Id. at 607 (quoting *Hendricks*, 521 U.S. at 363).
76. CAL. WELF. & INST. CODE § 6604 (amended by Cal. Proposition 83 § 27 (2006)).
release. In other words, the duration of commitment is still intended "to hold the person until his mental abnormality no longer causes him to be a threat to others." Hubbart's reasoning that the SVPA is not punitive still applies, despite the more stringent standards of commitment created by Jessica's Law.

Moreover, courts are highly deferential to legislative statements of intent, especially if they suggest that a statutory scheme is not "penal in nature." For example, the U.S. Supreme Court maintains that it "will reject the legislature's manifest intent only where a party challenging the statute provides 'the clearest proof' that 'the statutory scheme [is] so punitive either in purpose or effect as to negate [the State's] intention' to deem it 'civil.'"

Furthermore, statements in the legislative history and in the California Welfare and Institutions Code provide that the purpose of the SVPA was to confine and treat sexually violent predators, not to punish them. In fact, the placement of the SVPA within the California Welfare and Institutions Code, which focuses on "the care and treatment of various mentally ill and disabled groups," emphasizes that sexually violent predators ought to be treated as mentally ill and/or disabled persons in need of care and treatment. Therefore, because the courts usually defer to legislative intent in determining the purpose of a law for an ex post facto analysis, a challenge to the SVPA on this basis is also likely to fail because the clearly stated legislative intent and purpose for the SVPA are not punitive.

B. Substantive Due Process Concerns

The U.S. Constitution protects citizens from deprivations of liberty without due process of law. This protection includes "a substantive component that bars certain arbitrary, wrongful government actions 'regardless of the fairness of the procedures used to implement them.'" A strict scrutiny analysis is employed if a court deems that a "fundamental" individual right is at issue. The government

---

77. Id. § 6605(b) (amended by Cal. Proposition 83 § 29 (2006)).
78. Hubbart, 969 P.2d at 607 (quoting Hendricks, 521 U.S. at 363-64).
79. See id. at 605-06 ("Courts should 'ordinarily defer' to statements in the legislative record indicating that a measure is not penal in nature." (citing Hendricks, 521 U.S. at 361)).
80. Hendricks, 521 U.S. at 361 (alteration in original).
81. See, e.g., CAL. WELF. & INST. CODE § 6250 (West Supp. 2007) (stating the SVPA is not intended to alter or interfere with the Penal Code and clarifying that sexually violent predators are to be treated "not as criminals, but as sick persons"); SENATE FLOOR, COMMITTEE ANALYSIS OF AB 888, at 2 (Sept. 12, 1995) (stating the intent that sexually violent criminals be "confined and treated").
82. See Hubbart, 969 P.2d at 606 (stating that the placement of the SVPA within the Welfare and Institutions Code was consistent with statements of legislative intent because the statute was "surrounded on each side by other schemes concerned with the care and treatment of various mentally ill and disabled groups").
83. U.S. CONST. amend. V, XIV.
85. Id. at 115 (Thomas, J., dissenting).
may only infringe on a fundamental right if the means of accomplishing the goal are "narrowly tailored to serve a compelling state interest." 

Historically, freedom from bodily restraint has been considered a fundamental liberty interest protected under the Due Process Clause. Thus, to survive strict scrutiny, the involuntary commitment of sexually violent predators must be narrowly tailored to serve a compelling state interest.

Although the SVPA has withstood past constitutional challenges on substantive due process grounds, Jessica’s Law amendments to the SVPA may lead to renewed challenges. Jessica’s Law makes it more difficult for sexually violent predators to petition for less restrictive alternatives to commitment and imposes an indefinite commitment period. For these reasons, some may argue that the SVPA is no longer narrowly tailored to serve a compelling state interest.

Prior to the enactment of Jessica’s Law, the California Supreme Court, applying strict scrutiny analysis, held that the SVPA did not violate the substantive due process rights of sexually violent predators. The court held that the state had a compelling interest in protecting the public from and providing treatment for sexually violent predators. Since the state’s interest after Jessica’s law is presumably no less compelling, the dispositive question remaining is whether the statute is narrowly tailored to serve that compelling interest.

Before Jessica’s Law, the California Supreme Court found that the SVPA was narrowly tailored because the SVPA targeted a limited group and required specific conditions to be met before commitment could be imposed. One

87. See Ingraham v. Wright, 430 U.S. 651, 673-74 (1977) ("[T]he contours of this historic liberty interest ... always have been thought to encompass freedom from bodily restraint and punishment. It is fundamental that the state cannot hold and physically punish an individual except in accordance with due process of law." (citation omitted)).
89. See, e.g., Hubbart v. Superior Court, 969 P.2d 584, 593 (Cal. 1999).
90. See Cal. Proposition 83 § 29 (2006) (amending CAL. WELF. & INST. CODE § 6605(b)) (stating that a committed person shall now be authorized to petition for a less restrictive alternative only upon various determinations of the Director of the Department of Mental Health, rather than being allowed to automatically file such a petition, as was provided in the former version of the SVPA).
92. Hubbart, 969 P.2d at 593.
93. Id. at 593 n.20 ("[T]he state interests—protection of the public and mental health treatment—are compelling.").
94. Id.

The SVPA is narrowly focused on a select group of violent criminal offenders who commit particular forms of predatory sex acts and who are incarcerated at the time commitment proceedings begin. Commitment as an SVP cannot occur unless it is proven, beyond a reasonable doubt, that the person currently suffers from a clinically diagnosed mental disorder, is dangerous and likely to continue committing such crimes if released into the community, and has been found to have sexually victimized at least two people in prior criminal proceedings.

Id.
condition required a prior conviction of a violent sexual offense against at least two people. However, after Jessica’s Law, a prior conviction of a single violent sexual offense is sufficient.

Although Jessica’s Law increases the number of people that will be classified as sexually violent predators, this change is unlikely to violate due process. Even though Jessica’s Law broadened the sexually violent predator definition, the SVPA is still “narrowly focused on a select group of violent criminal offenders who commit particular forms of predatory sex acts.” Moreover, Jessica’s Law did not alter the remaining conditions that were critical to the California Supreme Court’s analysis upholding the SVPA. Because the SVPA after Jessica’s Law still only applies to a particular group of offenders and because the specific conditions on imposing civil commitment remain, the SVPA would probably withstand a challenge in California courts on substantive due process grounds.

The U.S. Supreme Court has been more deferential to the legislature than the California Supreme Court in reviewing “involuntary civil commitment laws challenged under federal Constitutional grounds.” The U.S. Supreme Court has emphasized that legislators are the appropriate parties to “define terms of a medical nature that have legal significance.” As a result, the Court has not required any specific definition of a sexually violent predator for civil commitment to be constitutionally sound. Thus, involuntary civil commitment will likely survive a federal substantive due process challenge so long as the statute requires more than a mere finding of dangerousness, such as when the commitment is limited to “those who suffer from a volitional impairment rendering them dangerous beyond their control.” Even more broadly, the Court has held “that the involuntary civil confinement of a limited subclass of dangerous persons is [not] contrary to our understanding of ordered liberty.”

95. Id.
97. Hubbart, 969 P.2d at 593 n.20.
98. See id. (“Commitment as an SVP cannot occur unless it is proven, beyond a reasonable doubt, that the person currently suffers from a clinically diagnosed mental disorder, is dangerous and likely to continue committing such crimes if released into the community, and has been found to have sexually victimized at least two people in prior criminal proceedings.”). Of the conditions listed, Jessica’s Law changed only the condition regarding the number of victims. See Cal. Proposition 83 § 24 (2006) (amending CAL. WELF. & INST. CODE § 6600(a)(1)) (requiring only that the person be convicted of a sexually violent offense against one or more victims).
99. See Hubbart, 969 P.2d at 593 n.20 (pointing out that, contrary to the California Supreme Court, the U.S. Supreme Court “accord[s] substantial deference to involuntary civil commitment laws challenged under the federal Constitution”).
101. See id. (“We have never required state legislatures to adopt any particular nomenclature in drafting civil commitment statutes.”).
102. Id. at 358; see also O’Connor v. Donaldson, 422 U.S. 563, 575-76 (1975) (holding that the state’s confinement of “the harmless mentally ill” is unconstitutional).
103. Hendricks, 521 U.S. at 357.
The fact that Jessica's Law allows for indefinite civil commitment, removes the automatic annual right to petition for a less restrictive alternative, and classifies a person as a sexually violent predator if he or she has victimized one or more victims does not change the constitutional soundness of the SVPA. The SVPA is properly applied to "a limited subclass of dangerous persons;" thus, it should still be found constitutionally sound.

Similarly, although the California Supreme Court subjects the involuntary civil commitment statutes to the most rigorous form of constitutional review, the U.S. Supreme Court is unlikely to find that the SVPA violates substantive due process rights because it continues to provide a narrowly tailored solution to a compelling state concern.

C. Double Jeopardy Concerns

The U.S. Constitution protects individuals from being tried or punished for the same offense twice. Because the SVPA provides for the confinement of sexually violent predators after the completion of their sentence, the SVPA has been challenged on the theory that it is placing a person in jeopardy twice for the same offense. Because Jessica's Law allows for an indeterminate term of commitment and removes the automatic right to petition annually for a less restrictive alternative, there may be renewed challenges to the SVPA on the basis that it now more closely resembles punishment and, thus, places individuals in jeopardy twice for the same offense.

Despite the more stringent standards imposed by Jessica's Law, this Comment argues that the SVPA still does not violate the principles of double jeopardy. While a person is found to be a sexually violent predator based largely on his or her prior convictions, a person is not civilly committed because of those prior convictions. Rather, a sexually violent predator is committed because he or she has a "mental disorder" that makes it likely he or she will continue to engage in sexually violent criminal behavior, which makes that person dangerous to society. Past criminal behavior is only used for evidentiary purposes in determining whether a person is a sexually violent predator.

104. See id.
106. U.S. CONST. amend. V ("[N]or shall any person be subject for the same offence to be twice put in jeopardy of life or limb.").
107. See, e.g., Ex parte Keddy, 233 P.2d 159, 161 (Cal. 2d Dist. Ct. App. 1951) (addressing the petitioners' argument that the statute allowing for civil commitment of sexual psychopaths constituted a violation of the prohibition against punishing people twice for the same offense).
110. See id. § 6600 (West Supp. 2007) (defining "'sexually violent predator'" largely on the basis of convictions for past sexually violent crimes).
111. See CAL. WELF. & INST. CODE § 6600(a)(1) (emphasizing that a sexually violent predator is civilly committed because he or she has a diagnosed mental disorder).
112. Id.
sexually violent predator; it is not used as the sole ground for civil commitment.\textsuperscript{113} Thus, a sexually violent predator is not civilly committed for past crimes. Rather, past crimes are evidence of a person's mental disorder.\textsuperscript{114} While this may seem like a matter of semantics to some, the California Supreme Court has used this reasoning to defeat double jeopardy challenges to the SVPA.\textsuperscript{115} Thus, it is likely that the California Supreme Court will not construe the SVPA's civil commitment as punishment, even under the more stringent terms added by Jessica's Law.\textsuperscript{116}

In sum, the SVPA after Jessica's Law will likely withstand constitutional challenges. Jessica's Law, however, still leaves open a loophole that allows the release of untreated sexually violent predators.\textsuperscript{117} For that reason, alternate solutions need to be explored that will close the loophole altogether.

III. THE LOOPHOLE IN CALIFORNIA'S SVPA REMAINS

California originally enacted the SVPA to "confine[] and treat[]" sexually violent predators.\textsuperscript{118} In contrast, the stated legislative intent of Jessica's Law was to better protect society from sexual offenders.\textsuperscript{119} Thus, the modified intent of California's SVPA, as amended by Jessica's Law, is to treat sexually violent predators and, at the same time, to protect society from persons who pose a threat.\textsuperscript{120}

Unfortunately, while Jessica's Law may have narrowed the number of sexually violent predators that slip back into society untreated, the loophole remains open; some sexually violent predators are still released into society without receiving treatment.\textsuperscript{121}

A. The Legislative Intent Behind California's SVPA

The broad purpose of the SVPA is to protect unsuspecting communities from individuals who are likely to commit sexually violent acts upon their release from

\begin{itemize}
\item \textsuperscript{113} See Hubbart v. Superior Court, 969 P.2d 584, 596 (Cal. 1999) ("[P]ast criminal conduct serve[s] an important evidentiary function in establishing the dangerous mental impairments of sex offenders... ").
\item \textsuperscript{114} Id.
\item \textsuperscript{115} Kansas v. Hendricks, 521 U.S. 346, 369 (1997).
\item \textsuperscript{116} See infra Part III.
\item \textsuperscript{117} See SENATE FLOOR, COMMITTEE ANALYSIS OF AB 888, at 2 (Sept. 12, 1995) (stating the legislative intent that sexually violent criminals be "confined and treated"); CAL. WELF. & INST. CODE § 6250 (West Supp. 2007) (stating that sexually violent predators "shall be treated, not as criminals, but as sick persons").
\item \textsuperscript{118} See generally Cal. Proposition 83 (2006) (amending various sections of the California Welfare and Institute Code and the California Penal Code and stating that the intent of Jessica's Law, which amended the SVPA, was to better protect society from sex offenders).
\item \textsuperscript{119} See SENATE FLOOR, COMMITTEE ANALYSIS OF AB 888, at 2 (Sept. 12, 1995) ("It is the intent of the Legislature that once identified, these individuals, if found to be likely to commit acts of sexually violent criminal behavior beyond a reasonable doubt, be confined and treated until such time that it can be determined that they no longer present a threat to society.").
\item \textsuperscript{120} See supra Part I (describing the loophole).
\end{itemize}
incarceration. To prevent such societal harm, the SVPA established civil commitment procedures to treat and confine sexually violent predators.

One central purpose of the SVPA is to “provide for continued incarceration of some sex offenders after completion of their determinate prison sentences.” However, the continued incarceration of sexually violent predators is not meant to punish but rather to protect society. The SVPA specifically provides that sexually violent predators will only be confined as long as they pose a danger to others and are likely to commit a sexually violent crime if released. If this condition changes, the person will no longer be considered a sexually violent predator and will be unconditionally released.

The other primary purpose of California’s SVPA is to treat sexually violent predators. The legislative record is clear that the intent behind the SVPA is that sexually violent predators should receive treatment for their mental disorders for “as long as the disorders persist.” In fact, California courts have interpreted the intent of the SVPA as keeping sexually violent predators institutionalized until “cured” of their disorders. Thus, sexually violent predators are meant to be treated, “not as criminals, but as sick persons.”

The dual purpose behind the SVPA is to both confine and treat sexually violent predators until they no longer pose a threat to society, as evidenced by legislative history, California case law, and even the SVPA itself. However,
over time it became clear that this intent was not being effectuated by the
SVPA, and Jessica’s Law was passed, at least partially in an attempt to bring
the SVPA closer to complying with its legislative intent.

B. SVPA Currently Violates Legislative Intent

Jessica’s Law includes provisions that protect society from released sex
offenders, but its amendments to the SVPA do little to further the legislative
intent of treating and confining these predators. Even with the Jessica’s Law
amendments, the SVPA still contains a loophole that not only allows sex
offenders to refuse treatment but also allows them to be released without
receiving treatment.

California’s SVPA allows sexually violent predators to refuse to undergo
treatment for their diagnosed disorders, despite the clear legislative intent to
treat them “not as criminals, but as sick persons.” As noted earlier, when an
incarcerated person is labeled as a sexually violent predator, that person will be
civilly committed to a mental health facility for an indeterminate period. Upon
arriving at the mental health facility, the inmate will be offered treatment.
If the inmate refuses treatment, treatment is continually offered on a monthly basis.
This process could continue indefinitely, with the person never receiving

The result of optional treatment is that sexually violent predators may be
released from civil commitment without receiving treatment for their condition. In
fact, under the current SVPA, sexually violent predators can be released
without recognizing that they have a mental disorder. Jessica’s Law seemingly
makes it more difficult for sexually violent predators to be released because it

---

132. See supra Part I.
133. See Cal. Proposition 83 § 2(h) (2006) (stating the intent to strengthen and improve the laws that
provide for “commitment and control of sexually violent predators”).
134. See generally Cal. Proposition 83 (2006) (amending various sections of the Penal Code to provide
for GPS tracking of certain released sex offenders and increasing the geographic limitations on where registered
sex offenders may reside, among other things).
treatment will continue to be offered the opportunity for treatment on a monthly basis).
136. Id. § 6250.
137. Id. § 6604.
138. See id. § 6606(a) (stating that the CDMH will treat a person who is committed as a sexually violent
predator for his or her mental disorder).
139. Id.; see also id. § 6606(e) (stating that CDMH professionals will meet with those who refuse
treatment at monthly “treatment planning conferences”).
140. See generally id. § 6606(b) (stating that a sexually violent predator does not have to be amenable to
treatment or even admit they have a problem during the time of commitment).
141. See generally id. § 6605 (West Supp. 2007) (describing the process of petitioning for the release of
the sexually violent predator, with no mention of a treatment requirement).
142. See id. § 6606(b) (stating that a sexually violent predator does not have to admit they have a
problem during the time of commitment).
appears they are only allowed to petition for release if authorized to do so by the Director of CDMH, as opposed to the automatic annual hearings formerly required by the SVPA. However, this is qualified by another provision that states that the SVPA does not remove a sexually violent predator’s right to petition the court for release without authorization from the Director of the CDMH. Thus the loophole remains; sexually violent predators may still be released into “unsuspecting communities” without being treated for their diagnosed mental disorders.

In sum, even after the Jessica’s Law amendments, sexually violent predators who are committed to mental health facilities under the SVPA may be released back into society without undergoing treatment. This result frustrates the SVPA’s dual legislative purpose to both confine and treat sexually violent predators to better protect society.

IV. SUGGESTIONS FOR CLOSING THE LOOPHOLE

Although Jessica’s Law tightens the loophole in the SVPA, there is still enough room for sexually violent predators to slip back into society untreated. Because Jessica’s Law only recently passed, we do not know if sexually violent predators are slipping through that loophole. However, a better system would close the loophole altogether and make it impossible for sexually violent predators to be released into society without undergoing treatment—as intended by the Legislature. Whether by creating a new outpatient civil commitment program similar to the one program currently used in Texas or by statutorily requiring treatment before release, the loophole in California’s SVPA must be closed.

143. Compare id. § 6605(b) (West Supp. 2006) (“The director [of the Department of Mental Health] shall provide the committed person with an annual written notice of his or her right to petition the court for conditional release under Section 6608. . . . If the person does not affirmatively waive his or her right to petition the court for conditional release, the court shall set a show cause hearing to determine whether facts exist that warrant a hearing . . . .”), with id. § 6605(b) (West Supp. 2007) (amended by Cal. Proposition 83 § 29 (2006)) (“If the Department of Mental Health determines that either: (1) the person’s condition has so changed that the person no longer meets the definition of a sexually violent predator, or (2) conditional release to a less restrictive alternative is in the best interest of the person and conditions can be imposed that adequately protect the community, the director shall authorize the person to petition the court for conditional release . . . or for an unconditional discharge.”).


145. See ASSEMBLY FLOOR, COMMITTEE ANALYSIS OF AB 888, at 5-6 (Sept. 15, 1995) (explaining the need to create a procedure that will prevent the release of sexually violent predators into “unsuspecting communities”).

146. See supra Part III.A (discussing the legislative intent that sexually violent predators undergo treatment).
A. An Outpatient Civil Commitment Requiring Treatment

The loophole could be closed by drastically changing the form of a sexually violent predator’s civil commitment. A program that releases sexually violent predators back into society under intense monitoring and simultaneously requires the committed individuals to undergo treatment removes the possibility of their release back into the community without treatment. Such a program would shift the emphasis from confinement to rehabilitation and treatment and would operate on a “philosophy that rehabilitation of even the most heinous offenders is possible.”

In 1999, Texas established the first and only outpatient civil commitment program for sexually violent predators in the United States. The Outpatient Sexually Violent Predator Treatment Program was enacted due to fiscal constraints, as well as legislative findings that inpatient civil commitment programs inadequately addressed the risk of recidivism posed by sexually violent predators. “The intent of the [amended Texas Sexually Violent Predator Act] is to provide intensive outpatient rehabilitation and treatment to all sexually violent predators.” As such, the Texas SVPA requires “participation in and compliance with a specific course of treatment.” Failure to participate in treatment is “a felony in the third degree,” resulting in criminal penalties.

---

147. See, e.g., TEX. HEALTH & SAFETY CODE ANN. § 841.082(a) (Vernon Supp. 2007) (describing the conditions of Texas’s Outpatient Sexually Violent Predator Treatment Program, which, among other things, requires a judge’s authorization before changing residence and submission to tracking with tracking equipment, and “to any other appropriate supervision”).

148. California currently provides outpatient treatment for sexually violent predators who are granted conditional release from their civil commitment. See CAL. WELF. & INST. CODE § 6609.1 (West Supp. 2007). This is different from the program suggested in this section, which provides outpatient treatment as the only form of civil commitment.


151. Id. (“The Outpatient Program was chosen strictly due to fiscal constraints.”).

152. See TEX. HEALTH & SAFETY CODE ANN. § 841.001 (Vernon 2007) (“[E]xisting involuntary commitment provisions . . . are inadequate to address the risk of repeated predatory behavior that sexually violent predators pose to society.”).

153. Treatment of Sex Offenders, supra note 150.


155. See id. § 841.085 (Vernon 2007) (“A person commits an offense if the person violates a requirement imposed under Section 841.082. An offense under this section is a felony of the third degree.”); see also Treatment of Sex Offenders, supra note 150 (“[F]ail[ing] to comply with the order of commitment . . . may result in incarceration.”).
Under the Texas SVPA, a person classified as a sexually violent predator\textsuperscript{156} is committed to outpatient treatment\textsuperscript{157} under supervision “coordinated by a case manager.”\textsuperscript{158} The treatment and supervision begins immediately upon release from a correctional facility or state hospital and continues “until the person’s behavioral abnormality has changed to the extent that the person is no longer likely to engage in a predatory act of sexual violence.”\textsuperscript{159} The sexually violent predator is also subject to any requirements that may be deemed necessary to ensure “compliance with treatment and supervision and to protect the community,” such as residential housing requirements, global positioning satellite tracking, restricted transportation, and substance abuse testing.\textsuperscript{160}

People may be concerned that outpatient sexually violent predator treatment programs, like the one established in Texas, leave communities vulnerable to dangerous sexual predators. Quite surprisingly, the Texas SVPA outpatient program may advance public safety more than the inpatient programs.\textsuperscript{161} This is because the outpatient programs, which mandate treatment, are arguably more effective in rehabilitating sexually violent predators than inpatient programs.\textsuperscript{162}

According to the Council on Sex Offender Treatment (a division of the Texas Department of State Health Services), “[t]he success rate for offenders treated in an inpatient setting is about half of that for offenders treated in an outpatient setting.”\textsuperscript{163} A likely explanation for this discrepancy is that the inpatient programs, like the one in California, allow sexually violent predators to refuse

\begin{enumerate}
\item The process under the Texas SVPA for assessing whether a person is a sexually violent predator is similar to the procedure under California’s SVPA. For example, under both acts, the state assesses the individual and only “the most predatory” go on to trial for civil commitment. See generally Tex. Dep’t of State Health Servs., Council on Sex Offender Treatment, Civil Commitment of the Sexually Violent Predator—Inpatient vs. Outpatient SVP Civil Commitment, July 7, 2005, http://www.dshs.state.tx.us/csot/csot_ccinout.shtm [hereinafter Civil Commitment of the Sexually Violent Predator] (on file with the McGeorge Law Review) (describing the similarities between Texas’s SVPA and other states’ SVPA that require inpatient commitment).
\item As part of the required treatment, sexually violent predators “attend group therapy two (2) times per week and have two (2) individual sessions per month.” Treatment of Sex Offenders, supra note 150. They are also required to take polygraph tests regarding, among other things, the offense for which they were committed and their sexual history. Id. In addition, penile plethysmographs are also used to assess sexual arousal and “[s]elf-help, drug intervention, or time-limited treatment is used only as adjuncts to more comprehensive treatment.” Id. “Intensive sex offender treatment” in some instances may also include family therapy sessions. Id.
\item TEX. HEALTH & SAFETY CODE ANN. § 841.081 (Vernon Supp. 2007).
\item Id.
\item Id. § 841.082(a); see also Treatment of Sex Offenders, supra note 150 (listing treatment and supervision requirements of the Outpatient Sexually Violent Predator Treatment Program to be administrated by the Council on Sex Offender Treatment).
\item See Civil Commitment of the Sexually Violent Predator, supra note 156 (“[T]o date the Texas outpatient program has shown the most success in the treatment of SVPs while maintaining the highest level of community safety.”).
\item See id. (“[T]o date the Texas outpatient program has shown the most success in the treatment of SVPs while maintaining the highest level of community safety.”).
\item Id.
\end{enumerate}
treatment," whereas the Texas outpatient program makes treatment mandatory for all sexually violent predators. Because sex offenders generally need long-term treatment, allowing sexually violent predators to refuse treatment is detrimental to long-term community safety.

Another reason for the higher rate of success in outpatient treatment programs is that such programs require sexually violent predators to develop internal controls to stop themselves from re-offending. Because inpatient programs protect sexually violent predators from the stresses of life outside of incarceration, "the availability of alcohol or drugs, and the inadvertent contact with potential victims," these predators are less likely to develop the ability to "identify[] triggers and deviant behaviors," and to stop themselves prior to acting on their impulses.

Sexually violent predators released from inpatient treatment programs are left to struggle largely alone outside of confinement. By contrast, an outpatient program allows offenders to work through their struggles while still undergoing treatment and supervision. The result is that society is better protected by a mandatory outpatient program than a voluntary inpatient program.

The implementation of an outpatient program in California would seemingly ignore one prong of the dual intent behind California’s SVPA—protecting society by confining sexually violent predators. However, the overarching purpose of California’s SVPA is to protect society from sexually violent predators until such predators are no longer a threat. Evidence suggests that outpatient programs that mandate treatment would better protect society than an inpatient program that allows for refusal of treatment, such as the current program in California. For example, "[s]ince the inception of the Texas program, none of the sexually violent predators released in Texas communities have been charged or convicted of a new sexually violent offense."

164. See id. (stating that eighty percent of California’s sexually violent predators refuse treatment, seventy-five percent in Wisconsin refuse treatment, and seventy percent in Florida refuse treatment).


166. See Civil Commitment of the Sexually Violent Predator, supra note 156 ("Use of an outpatient program, in which treatment is mandated in Texas, can potentially provide for more long-term community safety than inpatient programs.").

167. See id. (stating that because inpatient programs rely on external controls such as locked facilities, sexually violent predators do not develop internal controls).

168. See id. (describing impediments to the development of internal controls in inpatient programs).

169. See id. (describing impediments to the development of internal controls in inpatient programs).

170. Id.

171. See supra Part III (discussing the dual legislative intent for confining and treating sexually violent predators under California’s SVPA).

172. See generally Cal. Proposition 83 (2006) (stating that the intent of Jessica’s Law, which amended the SVPA, is to better protect society from sex offenders).

173. See SENATE FLOOR, COMMITTEE ANALYSIS OF AB 888, at 2 (Sept. 12, 1995) (emphasizing the threat that sexually violent predators pose to society and the intent to confine them only so long as they continue to pose such a threat).

174. Tex. Dep’t of State Health Servs., Council on Sex Offender Treatment, Civil Commitment of the
Thus, because an outpatient program that mandates treatment is actually more effective in protecting society than an inpatient program, such a program would better fulfill the legislative intent of California’s SVPA. At the same time, such a program would also effectively close the loophole by preventing the release of sexually violent predators who have not undergone treatment.

B. Requiring Treatment Before Release from Civil Commitment

A less drastic approach to closing the loophole that would also satisfy the legislative intent of confining and treating sexually violent predators would be to require that a person participate in treatment before being released from civil commitment. Currently, California’s SVPA allows sexually violent predators to petition for release from their civil commitment either with or without the authorization of the Director of Mental Health. Further, there is no requirement that a sexually violent predator undergo treatment during civil commitment. As a result, sexually violent predators may be released into society without obtaining any treatment for their diagnosed mental disorders.

Requiring that sexually violent predators receive treatment may seem like an obvious method of closing the loophole, but it also raises several concerns. For example, requiring an individual to undergo psychological treatment is arguably an invasion of the constitutional right to privacy and personal autonomy. In

175. In addition, Texas’s Outpatient Sexually Violent Predator Treatment Program is more cost-effective than California’s current inpatient program. State by State Comparison, supra note 174. California’s projected total annual program cost in 2004 was $45.5 million, while Texas’s projected total annual program cost the same year was $490,000. Id. At the same time, California’s program applied to 486 individuals, while Texas’ program applied to only forty-one individuals. Id.

176. See Cal. Proposition 83 § 29 (2006) (amending CAL. WELF. & INST. CODE § 6605(b)) (allowing a sexually violent predator to petition for release upon authorization from the Director of the Department of Mental Health); see also Cal. Proposition 83 § 30 (2006) (amending CAL. WELF. & INST. CODE § 6608(a)) (clarifying that sexually violent predators have the right to petition for release even without express authorization from the Director of the Department of Mental Health).

177. See CAL. WELF. & INST. CODE § 6606(a) (West Supp. 2007) (stating that sexually violent predators who decline treatment will continue to have treatment offered to them).

178. See supra Part III.B (describing the loophole in California’s SVPA that ultimately allows the release of sexually violent predators into society without treatment).

179. See, e.g., Jarvis v. Levine, 418 N.W.2d 139, 145, 148-49 (Minn. 1988) (stating that there is a protected privacy interest in the individual’s right to choose to refrain from taking neuroleptic drugs); Price v. Sheppard, 239 N.W.2d 905, 910-11 (Minn. 1976) (discussing the plaintiff’s claim that his right of privacy was violated by being required to undergo electroshock therapy while involuntarily committed to a state mental health facility).
addition, there is debate, particularly among mental health professionals, as to whether required, involuntary treatment would be effective.\textsuperscript{180}

1. \textit{Requiring Treatment Would Not Violate Sexually Violent Predators’ Constitutional Rights}

The U.S. Supreme Court has expressed concern that institutionalized mental health patients are often subjected to intrusive medical treatment that may violate their “right to bodily integrity.”\textsuperscript{181} Individuals who are involuntarily committed to mental health facilities retain the constitutional right to refuse unwanted medication.\textsuperscript{182} However, lower courts have made it clear that the right to be free from bodily intrusion is far from absolute.\textsuperscript{183} Personal “autonomy must yield to the legitimate government interests that are incidental to the basis for legal institutionalization.”\textsuperscript{184} Thus, the civilly committed individual is protected only against “arbitrary and capricious” government actions.\textsuperscript{185}

To determine whether an individual’s right to privacy should yield to legitimate governmental interests, the Minnesota Supreme Court has held that there must be a proceeding in which the court determines “the necessity and reasonableness of the prescribed treatment.”\textsuperscript{186} To make that determination, “the patient’s need for the treatment [should be balanced] against the intrusiveness of the prescribed treatment.”\textsuperscript{187} According to the court, such a proceeding should be required for the most intrusive forms of treatment, such as psychosurgery or electroshock therapy.\textsuperscript{188} However, such a proceeding would not be required for


\textsuperscript{181}. See Parham v. J.R., 442 U.S. 584, 626 (1979) (Brennan, J., concurring in part and dissenting in part) (discussing the possibility that treatment administered while committed to a mental facility may violate an individual’s “right to bodily integrity”).

\textsuperscript{182}. See Mills v. Rogers, 457 U.S. 291, 299 n.16 (1982) (assuming for purposes of the discussion that “involuntarily committed mental patients retain liberty interests protected directly by the Constitution . . . and that these interests are implicated by the involuntary administration of antipsychotic drugs” (citation omitted)).

\textsuperscript{183}. See United States v. Charters, 863 F.2d 302, 305 (4th Cir. 1988) (stating that individuals who are legally confined retain significant interests, but those interests are not absolute).

\textsuperscript{184}. \textit{Id.}

\textsuperscript{185}. \textit{Id.} (stating that the interests retained by involuntarily committed individuals “are only afforded protection against arbitrary and capricious government action”).

\textsuperscript{186}. Price v. Sheppard, 239 N.W.2d 905, 913 (Minn. 1976).

Factors which should be considered are (1) the extent and duration of changes in behavior patterns and mental activity effected by the treatment, (2) the risks of adverse side effects, (3) the experimental nature of the treatment, (4) its acceptance by the medical community of [the] state, (5) the extent of intrusion into the patient’s body and the pain connected with the treatment, and (6) the patient’s ability to competently determine for himself whether the treatment is desirable.

\textit{Id.}

\textsuperscript{187}. \textit{Id.}

\textsuperscript{188}. \textit{Id.}
less intrusive treatments, such as the use of mild tranquilizers and therapies that require the cooperation of the patient.\textsuperscript{189}

Though the Minnesota Supreme Court decision is certainly not mandatory authority for California courts, other state and federal courts have cited its decision.\textsuperscript{190} Furthermore, it is a helpful model to analyze whether requiring participation in the treatment provided for civilly committed sexually violent predators violates those individuals' right of privacy.

The CDMH runs the "Sex Offender Commitment Program" for sexually violent predators to help participants gain the skills and behavior needed to manage their deviant behavior and reduce their risk of recidivism.\textsuperscript{191} Components of the program include "[c]ognitive behavioral and relapse prevention training," "[b]ehavioral reconditioning and pharmacological treatments," "[p]olygraph examination and plethysmography," \textsuperscript{192} "[s]ubstance abuse treatment, vocational training, and cultivation of prosocial behaviors and constructive use of leisure time," and "[c]lose community treatment and surveillance upon discharge."\textsuperscript{193} Treatment consists of five phases: treatment readiness, skills acquisition, skills application, discharge readiness, and community outpatient treatment.\textsuperscript{194}

To determine whether the treatment offered by the CDMH is necessary and reasonable, the Minnesota model suggests balancing "the patient's need for treatment against the intrusiveness of the prescribed treatment."\textsuperscript{195} With regard to

\textsuperscript{189} See Parham v. J.R., 442 U.S. 584, 626 n.3 (1979) (Brennan, J., concurring in part and dissenting in part) (citing Price v. Sheppard as an example that convulsive therapy may violate the institutionalized patient's "right to bodily integrity"); Andrews v. Ballard, 498 F. Supp. 1038, 1048-51 (S.D. Tex. 1980) (citing Price in a list of cases used to support the holding that "the decision to obtain or reject medical treatment . . . is protected by the right of privacy"); Oslund v. United States, 128 F.R.D. 110, 112 (D. Minn. 1989) (quoting Price for the proposition that "an intrusion into the right of privacy can only be justified by a legitimate and important state interest, and even then the intrusion must be by the least intrusive means"); Myers v. Alaska Psychiatric Inst., 138 P.3d 238, 251-52 (Alaska 2006) (agreeing with Price that the judiciary should determine the appropriateness of requiring certain medical treatments and specifically finding the procedure and factors of consideration suggested by Price to be "sensible"); Steinkruger v. Miller, 612 N.W.2d 591, 600 (S.D. 2000) (citing Price to support the holding that for treatment to be essential or necessary so as to prevent the individual from being able to refuse treatment, there must not be alternative, less intrusive means available).

\textsuperscript{190} See id. (describing each phase of treatment in detail). Sexually violent predators are returned to the community after they have completed the fourth phase, and they then participate in the fifth phase of treatment on an outpatient basis. Id.

\textsuperscript{191} Coalinga State Hospital, supra note 191.

\textsuperscript{192} Plethysmography is a procedure used to measure the sexual arousal of sex offenders when faced with certain stimuli. See generally Cal. Dep't of Mental Health, Coalinga State Hospital: Model Sex Offender Treatment, 2008, \url{http://www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Coalinga-Treatment.asp} [hereinafter Coalinga State Hospital] (on file with the McGeorge Law Review) ("This multi-modal treatment program is designed to assist participants in developing skills and behaviors for managing their deviant behavior and for reducing their risk of re-offending.").

\textsuperscript{193} Id.

\textsuperscript{194} See id. (describing each phase of treatment in detail). Sexually violent predators are returned to the community after they have completed the fourth phase, and they then participate in the fifth phase of treatment on an outpatient basis. Id.

\textsuperscript{195} Price v. Sheppard, 239 N.W.2d 905, 913 (Minn. 1976) (creating a judicial procedure for
California’s sexually violent predators, however, the Legislature has determined that these institutionalized individuals have such an extreme need for treatment that it is acceptable to commit them until they are no longer dangerous to society.  

Furthermore, the “Sex Offender Commitment Program” provided by the CDMH is minimally intrusive. To begin with, it is difficult to distinguish the more intrusive forms of treatment that require a determination of necessity and reasonableness before they can be imposed upon an unwilling individual from treatment that does not require such a determination. However, the Minnesota Supreme Court clarified that the use of mild tranquilizers and therapies requiring patient cooperation does not require such a determination. The treatment offered to sexually violent predators who are civilly committed under California’s SVPA primarily consists of therapy that does not require medication or other intrusions into the individual’s bodily integrity. Thus, the treatment would likely be found minimally intrusive.

As a result, because the psychological treatment of sexually violent predators is considered necessary to justify their civil commitment after completion of their penal sentence, and since their treatment would not violate their right to bodily integrity, requiring compliance with California’s SVPA treatment program would not likely violate their privacy rights.

2. Requiring Treatment Would Be Effective

Even assuming that it would be constitutional to require sexually violent predators to obtain treatment, doubt remains in the minds of mental health professionals as to whether mandated treatment would be effective. However,
at least one study\textsuperscript{202} has demonstrated that there is little correlation between success rates and the motivation for participating in treatment.\textsuperscript{203}

This study examined whether the outcome of treatment for sex offenders differed based on whether the offender voluntarily participated in treatment or was indirectly coerced.\textsuperscript{204} Indirect coercion was defined as "the feeling that there is no choice but to go into treatment because without the treatment there will be adverse consequences."\textsuperscript{205} An example of indirect coercion is where states only release civil committed sexually violent predators when they are "no longer a danger to the community," which usually requires that they be rehabilitated.\textsuperscript{206} Such programs do not make treatment a requirement but indirectly coerce offenders to participate so that they may be seen as rehabilitated.\textsuperscript{207}

The type of treatment examined in the study is similar to the treatment that is offered to California's civilly committed sexually violent predators.\textsuperscript{208} This makes the study particularly relevant to determining whether adding a statutory requirement of participation in treatment to California's SVPA would be prudent. The study found no significant difference for successful completion\textsuperscript{209} of the program between those who wanted to change their behavior and those who were coerced (directly or indirectly) into participating in the treatment.\textsuperscript{210} Thus, according to the study, "it is possible for sex offenders . . . to benefit from cognitive-behavioral treatment programs," such as those offered under California's SVPA, "even if there is no desire to participate."\textsuperscript{211}

In sum, requiring that sexually violent predators obtain treatment effectuates legislative intent and closes the loophole that allowed the release of untreated sexually violent predators back into society.

\begin{itemize}
\item \textsuperscript{202} Id. at 664-65 (conducting a study to determine whether a sex offender's motivation for participating in treatment, i.e., coerced or voluntary, is relevant to the efficacy of the treatment).
\item \textsuperscript{203} Id. at 669-70.
\item \textsuperscript{204} Id. at 664-65.
\item \textsuperscript{205} Id. at 665 (citation omitted).
\item \textsuperscript{206} See id. at 664-65 (stating that many offenders who participate in treatment programs because they expect to be released once they are rehabilitated are likely indirectly coerced into treatment).
\item \textsuperscript{207} Id.
\item \textsuperscript{208} Compare id. (describing the cognitive behavioral treatment examined by the study, which is aimed at eliminating the distorted thought processes of sex offenders), with Coalinga State Hospital, supra note 191 (describing the treatment program offered to sexually violent predators committed under California's SVPA and its focus on "managing their deviant behavior and for reducing their risk of re-offending").
\item \textsuperscript{209} "Efficacy is defined as the offenders' ability to recognize and eliminate at least four [cognitive distortions] (over half) that were present at the outset of treatment and dichotomized into successful or unsuccessful." Terry & Mitchell, supra note 180, at 665. Those offenders who were able to do that were considered to have successfully completed treatment. Id.
\item \textsuperscript{210} Id. at 669 ("[A]n equal number of offenders . . . who were and were not motivated to participate successfully completed the program, and there is no significant difference between the two populations . . . ").
\item \textsuperscript{211} Id. at 671 (stating that sex offenders can benefit from cognitive-behavioral treatment regardless of their motivation to participate in treatment).
\end{itemize}
V. CONCLUSION

Currently, approximately 2,700 sexually violent predators are civilly committed in nineteen states.212 “Of the 250 offenders released unconditionally since the first [sexually violent predator act] was passed in 1990, about half of them were [released] on legal or technical grounds unrelated to treatment.”213 Clearly, many other states with sexually violent predator acts face problems similar to the loophole in California’s SVPA.214

Jessica’s Law narrowed the loophole by making the procedure for release from civil commitment more stringent.215 Nevertheless, sexually violent predators are still released without undergoing treatment.216 As long as sexually violent predators are released back into society without undergoing treatment, the legislative intent of the SVPA will be frustrated.217 If the SVPA loophole is left open, even as narrowed by Jessica’s Law, sexually violent predators will be able to slip through it and back into society without undergoing the treatment that has been deemed to be so necessary as to justify their civil confinement.

For these reasons, whether by creating a new outpatient civil commitment program similar to the Texas program or by statutorily requiring treatment before release, California must close the loophole in its SVPA.

213. Id.
214. See id. (“Since [Kansas v. Hendricks], state officials, civil liberties advocates and lawyers have wrestled with exactly what that treatment requirement means.”).
215. See supra Part I (discussing how Jessica’s Law amends the SVPA).
216. See supra Part III.B (discussing how the loophole remains open despite the amendments of the SVPA).
217. See supra Part III.B (discussing how the SVPA frustrates legislative intent by allowing sexually violent predators to be released without treatment).