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My Rage is not Fire

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My Rage is not Fire

ISABEL ACEVEDO

My rage is cold water

At the slightest touch of your skin
It raises every hair
Sending shock throughout your body

It comes in waves
At the force of an ocean
It knocks you backwards
Refusing to let you regain your balance

It seems never ending,
Stretching for thousands of miles
Threatening to pull you under
When you thought you could swim in it

It sits and waits
For the day you decide to turn on the stove
So that it can boil over
Leaving you to clean up the mess you've made