The Animal's Kingdom

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fingertips reminds you of what you’ve overcome.

You know there’s still a lot to work through. You still panic a little every time you have walk up a flight of stairs or go to the doctor’s office. You also know this isn’t the most difficult thing you’ll have to go through in your life. But you’ve finally reached a point where you aren’t dreading the days ahead. You might not have the ability to control what happens to you, but you do have the power to face whatever comes your way with strength and grace.

You’ve learned to reconcile the joy and the pain. You want to bathe yourself in this life; in all its beautiful, broken, torturous glory.

You’re nineteen years old when you stop in the middle of your walk to class, suddenly overwhelmed with the vibrancy of the world around you. It engulfs you, overwhelming your eyes, your ears, your nose, your soul. You send out a silent prayer to the sky, thanking whomever might be able to hear you. You smile, take your pulse once more, and carry on.

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