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The Pacifican October 9, 2003

University of the Pacific

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Good-bye Davis; hello Mr. Hollywood

By Alex Wagner
Managing Editor
Perspectives Editor

California’s political circus ends with fireworks and a new Hollywood ring-leader. On Oct. 7, 56 percent of California voters opted to oust governor-elect, Gray Davis, and replace him with movie star, Arnold Schwarzenegger.

“I think it’s an abuse of democracy!” Pacific senior, Jennifer Fredette lamented.

Presented with a completely different ballot than the one Californians voted on just one year before, voters sifted through the names of 135 candidates to replace the out-dated state system and voters’ staying power as they experienced one bump after another. Just last month, a California court ruled to postpone the Oct. 7 election until all of the state’s districts could replace the out-dated punch card devices infamous for their role in the 2000 Presidential election debacle in Florida.

Whatever their stance on the recall, many Pacific students admitted they didn’t make it out to the polls, many believed the recall election to have encouraged them to stay informed about the state’s politics.

“I don’t like Gray Davis, but I feel democracy can’t work if we recall every governor,” said Pacific junior, Valerie Seimas. She voted by absentee ballot in the election.

While feeling somewhat different about the recall, Pacific senior, David Wunch, also voted in the election. “It’s time for a change. Davis needs to go.”

While many Pacific students admitted they didn’t make it out to the polls, many believed the recall election to have encouraged them to stay informed about the state’s politics.

“I don’t like Gray Davis, but I feel democracy can’t work if we recall every governor,” said Pacific junior, Bryan Quinn was among the 135 names on the Oct. 7th ballot.

While most are relieved that this political bonanza is finally over, there is no telling how successful Governor Schwarzenegger will be at handling the state’s $38 billion budget deficit.

“I feel (Schwarzenegger) is our best option. I think he’ll be more honest than Davis,” Pacific senior, Abby Patterson said.

Ito speaks at luncheon

By Jemilyn Ancheto
Co-News Editor

Friday Oct. 3, Sharon Ito gracied Pacific’s presence at the Heritage Society & Scholarship Luncheon as a treat to those students who attended the luncheon. Many would know her as a news anchor for Channel 10; here at Pacific we know and welcome her as a successful, returning alumni. Being that she was a former Pacific scholarship recipient, it made her the perfect candidate to speak on her Pacific experience and how these types of aids helped her financially through her years at Pacific.

As a 1982 graduate, Ito is still proud to be an alumnae from Pacific. “I have learned valuable lessons here at Pacific,” said Ito.

She learned to be patient and tolerant while living in the governor in the recall election.

What started as a petition blossomed into a complex and tumultuous campaign that challenged the state’s political system and voters’ staying power as they experienced one bump after another. Just last month, a California court ruled to postpone the Oct. 7 election until all of the state’s districts could replace the out-dated punch card devices infamous for their role in the 2000 Presidential election debacle in Florida.

She spoke on how life as a Pacific student began with a small interest in debate. She then joined the debate team, which she only participated in for one semester. Yet within that semester, she found a passion and a love for radio and television through working at the school radio station, known back then as KUOP.

She dedicated her time to KUOP and even held fund-raisers to gain money for the station. “We had people walk in a pool of cold jello to raise money,” said Sharon.

She emphasized the fact that even the smallest individual contributions to Pacific are so important. She placed her contributions to the school radio station and encourages others to give back to the University. “After hearing about her dedication, I was encouraged to want to make the school radio station better. This is where I plan to give my contributions to the school,” said junior, Jesus Hernandez.

“Experiences at Pacific prepared me to be where I am today. It is not the mechanics of communication that I learned from Pacific, it is the lessons I learned that I remember,” said Sharon. “Overall, the relaison of her experience at Pacific opened the eyes of many students, giving them encouragement and making them feel pride that they attend Pacific.”

“It is inspirational to see the alumni giving back to Pacific and that their support doesn’t stop, it keeps going and going,” said Kristen Marshall, a Bishop Scholar recipient.

With the help of financial aid and scholarships many students could not achieve their dreams in becoming successful in their majors. Clearly, Ito has shown that every little bit helps.
By Ellen J. Lin, Ph.D
Health and Well-being Columnist

You blinked and it is already midterms, just when you are getting used to your class schedule and the rhythm of your routine! Where did the time go? Before you know it, you are only getting three to four hours of sleep, sometimes even less! Then, you can not stay awake in class and you do not have time to see your family members.

Many of us start the semester with enthusiasm. We intend to stay on top of our reading, our homework, and we join student organizations and volunteer in the community. We fully intend to have time for friends and family whenever possible. Now in this seventh week of school, hopefully you are still excited about your classes, still keeping up with your schoolwork, getting plenty of sleep, and still devoting time for social and community activities. Others of you may be saying, “NOT!”

Developing and perfecting time management skills are critical to your success as a college student. We know you have the intellectual ability to succeed, because you are here at Pacific.

The difference between success and failure is often a student’s ability to organize and manage time and to set priorities. Here are some guidelines to help you manage your time so that you have time for school and for fun.

That dirty word, “Procrastination.” Most of us are very good at procrastination. You may procrastinate for various reasons. Perfectionist tendencies, fear of falling emotional blocks, and whining & wishing that you did not have to put in the effort to get results. To overcome the dirty “P”:

Get organized

To prevent procrastination, you need to put the big projects on your calendar. You need to set aside specific time for the smaller tasks. Many times, we procrastinate because “the big project is too overwhelming and we don’t know where to start.”

For example, if you have a midterm on Oct. 30, go to Oct. 15 and block out time to study: “Create outline of chapter 1 for Oct. 30 midterm.” The perhaps on Oct. 15, write “outline rest of chapters for Oct. 30 term.” And, so forth.

Be realistic with your plans, both in terms of the time you will require. Generally, try to allow yourself more time than you need to accomplish a task.

Prioritize

Think about your long term goals. Is it to be recognized as a community leader in the nonprofit sector? Is it to enter into a top-10 research institute for graduate school? Which means you need an overall B+ GPA? You would rather do significant time to create a research project instead of focusing on specific GPA. Whatever you do, your priorities take precedence.

Get organized, plan ahead and prioritize.

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First Asia Day at Pacific educates students

By Wilson Leung
Staff Writer

The first Asia Day at Pacific took place this past Wednesday in the McCaffrey Center, where there were Tai Chi and Aikido demonstrations, in addition to various Asian foods and performances by different cultural organizations.

“The idea of Asia Day is to make the community aware of all the different Asian cultures...not just one specific group, but to bring the overall community together and also to educate the overall campus community and students of all our different groups,” said Ines Ruiz-Huston, Director of the Community Involvement Program and Multicultural Affairs.

Pacific recently received a $370,000 foundation grant to promote Asian studies.

"With this great opportunity that the University has received, we were able to implement [Asia Day],” said Ruiz-Huston.

When walking around south campus, you would never think that the Asian population here at Pacific was a minority. But you would be surprised to find out that the Asians make up the largest ethnic minority at Pacific, at about 20 percent.

Nationally, the numbers are also surprising. In an article by Denis M. Taerea of the Oct./Nov 2002 issue of Asian Pacific American News and Review, Asians represent 4.5 of the national population. In California, Asians represent 13.4 of the population, including almost 220,000 in the Sacramento/Stockton area.

“Given today’s society overall, the Asian community is still a minority, even though the numbers are not that huge. People would like to say, ‘no, Asians are not a minority’ but in actuality if you look at the overall society of the United States, ‘yes,’ Asians are still a minority,” said Ruiz-Huston.

The definition of what means to be “Asian” is controversial, because “the group is all one lump sum with so many different cultures and backgrounds; it is hard to say,” said Ruiz-Huston.

“I am frustrated because people want to assume, or want to label, or want to group the Asian community, but you really can’t because you do not know what the Asian community is!”

The influence of Asian populations is ever growing. "Lots of different groups are everywhere and it is changing day by day via immigration issues, country situations, and the stability of different communities.”

However, many conflicts still exist. There are different cultural communication styles because, “[some Asian groups] don’t understand the system and no one is willing to work with the community to help challenge these barriers that have been set up,” said Ruiz-Huston.

“Do not see enough of the Asian community in higher positions. Even though it is assumed that Asians typically excel in education, they are still discriminated against with their civil rights.”

Despite the lingering effects of discrimination, most Asian groups work toward advancement. “One of the goals of Asia day is to show people to be proud of who they are and that they can still be successful while maintaining their culture.”

Ruiz-Huston said.

Sue Yang, senior at Pacific, recently participated in the 18th annual Miss America Pageant where she was crowned third princess. The pageant showcases young Asian America women in a high quality production that best represent their culture, beauty, intelligence and talent, according to the Miss Asian American Pageant Web site.

Yang is proud to represent her Hmong nationality here at Pacific. Her success, the pageant represents the Hmong people are an important part of the Asian group.

"I feel proud to represent my nationality. I am very happy and actually excited about Asia Day. I told all my friends and family,” said Yang.
Avoid overload

Block out time to rest, relax, sleep, eat, exercise, and socialize. Although your main priority on campus is probably your schoolwork, everyone needs breaks during the day. These relaxation times are also needed if you're procrastinating because you're tired and "fed up." Learn to block out time to get away from your studies and enjoy activities that will rejuvenate you when you get back to your studies.

These could range from 5-minute breaks to 2-hour breaks. And learn to say "No" to friends and family members when you are overloaded!

Be flexible

Remember, things will happen no matter how much you plan. You may catch a bad flu, your partner relationship may break up, and/or you may have a death in the family. Life happens!

These things could throw off your schedule. Readjust your priorities and ask for help! No leader got to the top on her/his own!

Some perspective: If you know that you only have $10,080 in the bank for this week, and you need to spend it all or else the leftover amount won't carry over to the next week, wouldn't you try to use that money wisely and use ALL of it? Well, you have 10,080 minutes in one week. Plan carefully and use wisely!

For more tips and guidance, make an appointment with a counselor in Counseling Services at 946-2225.

Liz is a staff psychologist at the Covell Health Center.

Public Safety Report

September 21-27, 2003 prepared by Officer John Alfred

Thefts

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>Milzen Hall-Physics</td>
<td>9/22</td>
<td>Wallet, credit cards, $80</td>
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<tr>
<td>WPC</td>
<td>9/24</td>
<td>Computer</td>
</tr>
<tr>
<td>Lot #12</td>
<td>9/26</td>
<td>&quot;B&quot; parking permit</td>
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<tr>
<td>Southwest Hall</td>
<td>9/27</td>
<td>Wallet</td>
</tr>
<tr>
<td>Tri Delta</td>
<td>9/27</td>
<td>Purple 21 speed bike</td>
</tr>
<tr>
<td>Vandalism</td>
<td></td>
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</tr>
<tr>
<td>Pacific House</td>
<td>9/24</td>
<td>Broken car window</td>
</tr>
<tr>
<td>Grace Covell</td>
<td>9/27</td>
<td>&quot;EXIT&quot; sign</td>
</tr>
<tr>
<td>Jesse Ballantyne</td>
<td>9/27</td>
<td>Basement window</td>
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<tr>
<td>Miscellaneous</td>
<td></td>
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<tr>
<td>McCaffrey Center</td>
<td>9/21</td>
<td>Student observed a subject expose themselves</td>
</tr>
<tr>
<td>Wood Memorial Bridge</td>
<td>9/22</td>
<td>Bicycle stolen and returned to owner</td>
</tr>
<tr>
<td>Department of Public Safety</td>
<td>9/26</td>
<td>Red wallet found and returned to owner</td>
</tr>
<tr>
<td>North Service Road</td>
<td>9/27</td>
<td>Non student arrested for drunk driving</td>
</tr>
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Midnight MANIA

Players come out at midnight

BUY YOUR MESH (TRUCKER) HAT-Hats are being sold for $8 to raise money for philanthropy.

By Golden Vansant

Copy Editor

Looking for a fun activity to do next Friday night? Mark your calendar for Kappa Alpha Theta and the Athletic Department's "Midnight Mania" basketball tournament and exhibition on Friday, Oct. 17.

Beginning at 8 p.m. there will be a 3-on-3 basketball tournament held in the Main Gym. Then at 10:00, the festivities will be moved to the Alex G. Spanos Center for the championship games. All tournament entrants will receive a sports bottle upon registration, and the winning teams will receive prizes. The teams must be signed up and all entry fees must be turned in to Theta by Tuesday, Oct. 14. Vice President Public Relations for Theta, Claire De La Rosa said, "This is the first time we are holding this event, and we are hoping that it will be a big success."

A booth will be set up in the McCaffrey Center the following day. This will be a great time to come out and support Pacific's athletic teams and to show some skills of your own. Look out though, Bowden challenged, "I think I have the dunk contest in the bag." Any takers?

Whether you come for the tournament, the exhibition, or both, you can be sure of a great time.
**ON THE TOWN**

**Time to make a difference**

The Pacifican

For three years now, Stockton has been involved in the national “Make a Difference Day.” A day that is dedicated to volunteer work and helping out the community. This year the event is taking place on Oct. 25. The event is scheduled to begin at 8 and everybody that is participating will gather up at Weber Point for the kick-off with Mayor Gary Podesto.

Once the kick-off is over, all the participants will work on several projects around the Stockton community. Some of the projects that will be taking place are: fire CERT training, Charter Way Beautification, storm drain painting, various parks and recreation projects, planting the seed of hope, AmeriCorps Swearing-In, and Boy Scout’s canned food drive.

This event gives people the opportunities to meet new people, work with others, and make a difference in our community.

Last year the event was a huge success, thanks to everybody who participated. There is still enough time to sign up and volunteer for this event.

If you are interested you can log on to www.stocktongov.com were you can find detailed descriptions about the projects being offered and more information on the actual event. Or you can also contact Renee Johnston at (209) 937-8097.

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**Protect your computer**

**DONT BE A VICTIM**

Freshman, Sountha Key downloads the latest anti-virus programs.

**Necki Goble**

Student technology coordinator

Ever wonder why your network connection is slow? Or why your computer is not responding as fast as it usually does? Have you had your connection shut down or your internet connection suddenly stop working? COULD you have a virus?

Pacific’s network has been severely impacted by students connecting infected computers. In the past several weeks, Network Engineering Services has deactivated ports connected to virus riddled computers to prevent harm to Pacific’s network. One scan of an unprotected computer took hours and found over 300 viruses, trojans and worms.

What should you do (or not do) if your network connection suddenly stops working? Three things:

1) Do not plug your computer into a different port! Virus infected computers will be barred from the network by physical address.

2) Contact Student Technology Services (STS) at 932-7111 immediately, so your machine can be scanned for viruses. Leave a message if it is after hours.

3) Work with STS to get your computer protected!

The important key to safe computing is to never use software from an unknown source, but keep in mind that your computer can be infected without you having to do anything. Hackers often use viruses, Trojan Horses and Worms to deliver harmful software to unwary users’ computers. Here are a few definitions:

**Viruses**

A virus is a small piece of software that piggybacks on real programs. For example, a virus might attach itself to a program such as a spreadsheet program. Each time the spreadsheet program runs, the virus runs, too, and it has the chance to reproduce (by attaching to other programs) or wreak havoc.

**E-mail viruses**

An e-mail virus moves around in e-mail messages, and usually replicates itself by automatically mailing itself to dozens of people in the victim’s e-mail address book.

**Worms**

A worm is a small piece of software that uses computer networks and security holes to replicate itself. A copy of the worm scans the network for another machine that has a specific security hole. It copies itself to the new machine using the security hole, and then starts replicating from there, as well.

**Trojan horses**

A Trojan horse is simply a computer program. A program claims to do one thing (it may claim to be a game) but instead does a different thing when you run it (it may erase your hard disk). Trojan horses have no way to replicate automatically.

**Parasites**

Parasites which are unauthorized commercial software applications installed on your computer, usually with your knowledge - or consent. Parasites work through your browser, assault your computing software from an unknown source, but keep in mind that your computer can be infected without you having to do anything. Hackers often use viruses, Trojan Horses and Worms to deliver harmful software to unwary users’ computers. Here are a few definitions:

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**Parasites**

Parasites which are unauthorized commercial software applications installed on your computer, usually with your knowledge - or consent. Parasites work through your browser, assault your computer at least once a week. This scan should be done in addition to scanning files as you access them. You have any questions or how to do this please call 932-7111.

*Goble is a student technology coordinator and tech support specialist.*
Pacific Homecoming 2003

#1 MASCOT HANNAH - Delta Gammas give it their all during their lip sync performance, winning first place.

MUSIC TO OUR EARS - The Pacific band had a great performance during Homecoming.

BIG FAT GAY WEDDING - Pacific's new P.R.I.D.E. Alliance carries a cute theme for their table at homecoming.

THE RIGHT STUFF - Pikes dance their heart out to the New Kids on the Block.

EYE OF THE TIGER - Pacific student paints the face of a member of the Orange Army.

Photograph by Kristen Hass
Crumbling institution
When marriage fails society deteriorates

By Robert Christianson
Staff Writer

Marriage is crumbling, and the basic structure of family is joining it. There has never been a more pressing crisis in a modern society. With half of marriages destined to fail, the welfare of our people, children, and basic family structure are in peril. Child suicide rates, violence, and crime are at unacceptable levels. Mothers are too often single and struggling. Cheating is rampant, and joy is disappearing.

To correct this problem, I offer a three-part solution. The first is to strengthen marriage as a civil institution, to make that permanent contract mean something. The second is to alter the education system. That is in order to change how people’s levels of maturity develop, along with encouraging younger marriage, when the love is legit. Finally teach what marriage could and should be, and combat the media and psychologists’ views of marriage.

The government must step in. There must be a new civil contract for civil marriages. The benefits of being married—to both the individuals and society—mean that it must be a strong pact that is not easily escaped. The contract is a lifetime contract, and people must enter marriage thinking that divorce can only occur if this contract is violated.

The ways to get out of marriage must be linked to a violation of the contract by criminal activity. If a husband assaults his wife; or a wife her husband, there would be grounds for divorce and jail time. If there is infidelity by either spouse, there would be grounds for divorce and jail time. The implementation of that second part requires that we treat women cheaters the same as men cheaters, legally.

The last thing in the world we need is women being stoned for adultery, while men get away with it. But adultery is too destructive to allow for it to go unpunished. It rips to shreds so many marriages that could have survived if the spouse had looked inside their marriage to fix the problem, instead of outside.

I do not want a return to old style marriages. I am a real feminist. I believe in equal, 50-50 relationships. But I also believe in unity. The very essence of marriage is two becoming one.

Fixing marriage starts earlier though. The real issue is when people get married. Now, it is popular to move the age up, for the sake of maturity. I believe this is foolish, and I believe our modern divorce rates are partially dependent on people getting married later on.

I believe that we must instead, get our children to be mature earlier. This is possible, if one looks at the past. Physical development has been occurring at the same or at an earlier time than before, when people commonly got married between the ages of 14-18. Often there was only a small window of time between sexual development and marriage. Now we are expecting people to wait until they are married to embrace their sexuality and continually pushing this date back.

The “good” age to get married is 28. But let’s say we even drop it down to 24, a couple years out of college. That is still around ten years of being able to explore one’s sexuality, and resisting the temptations of lust. People crumble. They have sex. This is true especially in this society, which puts a premium on youth and manufactured ideas of physical attraction. Premarital sex has a negative impact on marriage and reduces the value of it. It increases the number of teenage pregnancies, single mothers and abortions.

Many times people look back with nostalgia on their first love. This is probably because this is the only time they were not too jaded to give their whole heart and soul. The pattern of dating and getting your heart broken closes people down more and more. Yet, we continue to push back the time at which one can get married.

How can we fix this? The solution would kill two stones with one bird. It would also combat the miseducation of the youth. I would change college and high school curriculums and make the programs, three-year programs. The high school program would prepare students both intellectually and encourage them to be the best people they can be. The college program would prepare the student for their career and remove the need for graduate school among non-academics.

People would then be 20 when they had the ability to provide for themselves and possibly a spouse. Now I am not suggesting that everyone get married at 20, or even most people. I think it is essential to wait for genuine love, but once it is there, I think it would beneficial to join together in marriage sooner, rather than later. A Harvard Law Professor describes the value of genuine love in saying, “Love is just such a crucial, wonderful thing, and if you are lucky enough to find somebody who genuinely loves you, you are a lucky person!”

The reasons for these household battle tactics are telemarketers. During my early teen years, the phone meant popularity. A phone ringing off the hook was a good thing; something to look forward to after a monotonous day at school.

But the troublesome telemarketer is now causing phone anxiety. These obnoxious salespeople make us cringe every time we answer. The friendly “Hello” has turned into a semi-stroighted “Hello-o-o-o-o.” The elongated greeting is the first sign of tension. The voice on the other end of the line always begins with, “Hello, how has your day been?”

Then, just as the telemarketing epidemic went full throttle, the symbolic plug was pulled from the telemarketing game—or so America thought.

Last year, the federal government passed a law calling for the first time, “Not Call List.” A couple weeks ago, a court of appeals nullified the already published list, allowing dinner-interrupting telemarketers to call yet again. On Oct. 1, the list was up in the midst of a legal fight, according to Associated Press.

University students should be immune to this nonsense. Dorm lines usually attract those annoying squeaky voices wanting to switch phone service, offering a lower price, or trying to attract new credit card customers. But parents are getting the calls.

In fact, my parents became afraid of answering the phone. Not wanting to pick up and hear a sales pitch, my brother called for rides, friends are calling to check up. Unfortunately, these marketing calls have come after one of these annoying phone calls. Then it begins, “I have a great offer you,” or “This will blow you away.”

Some want to attract others’ pitches.

See INSTITUTION Page 8

Is it dinner time? Good!

According to a recent decision by an appeals court, they can call you anytime!

See TELEMARKETERS Page
What sort of circumstances should a child be raised in? I'm confident that most would agree that an environment in which every child is wanted, loved, and supported both financially and emotionally by at least two parents is ideal. However, we do not all live in such a utopia and must realistically address the problems created by unanticipated pregnancies. The ethics and morality of abortion are still tirelessly debated and yet there does not appear to be any one clear-cut answer.

To the author of "Dehumanizing theories," you bring up several valid observations on the delicate and complex issue of abortion. However, the crux of your argument rests on a disanalogy—the mistaken parallel between the "similar," fundamental beliefs underlying slavery and abortion. Though for the sake of argument, we could consider both as dehumanizing theories, the fact remains that they are founded on completely different principles. Aside from the economic benefit that the wealthy received from it, slavery was rooted in racism: the idea that a certain race, such as the African American race, was inferior and subhuman in fact, only 3/5ths of a person. Today, the majority of the rational world has realized the error of this grave falsehood and understands the human rights violations that have been committed in the name of this ridiculous and disgusting theory.

In contrast, abortion is not rooted in any such ideas of racism or eugenics. I doubt anyone who has had an abortion would say that it was for the purpose of cleansing the human species or of preventing any "inferior" genes from escaping out into the world. Instead, I would say the majority of abortions are performed on the grounds that at least one of the fundamental aspects to a healthy upbringing are missing, namely those of emotional support, financial support, and maturity. As Mattie Brinkerhoff, an early feminist said, "when a woman destroys the life of her unborn child, it is an evidence that either by education or circumstances she has been greatly wronged." (http://www.rightgrrl.com/wqquotes.html) Having read some of the sad stories behind abortions, whether or not you agree with the practice, the burden of the decision weighs heaviest on the mother. It is something wrong in society, not in women, when ignorance and negligence let abortion even become an issue.

While I shall not attempt to codify what should be considered "life," I will venture to say that the author of "Dehumanizing theories" misunderstood alternate explanations of what constitutes a human baby. When scientists state that the starting point of a human being is when it can live outside the womb, I assume they meant that the child no longer depends on the womb in order to live. This does not mean however, that the child no longer depends on the mother or father.

Only by erroneous elimination of this valid definition is Christianson able to conclude that conception must be when life starts. Though that may definitely be the case, it is not the only possibility.

Moving onto Christianson's comparison of modern feminists and pro-choice activists to slaveowners and Nazis, it seems he may have listened a little too closely to a quote by Pat Robertson who said that feminism "is a socialist, anti-family, political movement that encourages women to leave their husbands, kill their children, practice witchcraft, destroy capitalism and become lesbians."

Though there are many arguments out there against the controversial Sanger, founder of Planned Parenthood, the majority of these arguments come from anti-planning, anti-abortion, anti-choice groups, who wish to further their own agenda. Aside from detracting from the legitimacy of their complaints against Sanger, there appear to be just as many people in support of Sanger. As the Margaret Sanger Papers Project at New York University authors assert, Sanger was not a Nazi and in fact, the Nazis included her books among the many burned in 1933 (http://www.nyu.edu/projects/sanger/sanger-hitler_equation.htm). Having read some of the sad stories behind abortions, whether or not you agree with the practice, the burden of the decision weighs heaviest on the mother. It is something wrong in society, not in women, when ignorance and negligence let abortion even become an issue. Furthermore, it is competitively argued that many of Sanger's quotes such as "We do not want word to go out that we want to exterminate the Negro population," have been taken out of context and also that many of her more controversial quotes have mistakenly been attributed to her. However, as the Planned Parenthood website succinctly states, "Attempts to discredit the family planning movement because its early 20th-century founder [Sanger] was not a perfect model of early 21st-century values is like disavowing the Declaration of Independence because its author, Thomas Jefferson, bought and sold slaves." (http://www.plannedparenthood.org/about/historical#sanger.html)

After equating eugenics with slavery, Christianson then uses a quote by Pat Robertson who said that feminism "is a socialist, anti-family, political movement that encourages women to leave their husbands, kill their children, practice witchcraft, destroy capitalism and become lesbians."

I remember when my seventh grade English teacher grilled me on the head the importance of not overusing quotes and making sure to quote only relevant material to the topic at hand. An even worse misuse of language comes to us in the form of a logical fallacy whereupon one attempts to explain something in terms of itself. More specifically an article, "The fall of man and his free will," by a Ms. Brink in the last issue of The Pacifican is a classic example of the above abuses. Tempting as it is to use quotes from the Bible it would be nice quoting instead of some noteworthy philosophy on the subject such as David Hume or John Hick who offer contrasting takes on the existence of evil in the world as well as possible reasons for and against supernatural intervention.

Equally important to writing is to have a point. I am not deeply moved that someone else agrees that there is evil in the world, as I am reasonably sure that there are a few billion other people that would agree; however not everyone will agree on the definition of evil. An examination of how differences in opinion can lead to conflict or perhaps an argument for God's apparent absenteeism in times of hardship might be appropriate.

Arguing for the other side is a useful tool and often lends credibility to the writer, but only if used correctly. Clearly representing the opposing side and stating the argument as if it is one's own and describing relevance to the debate at hand, before systematically refuting it and pointing to evidence as to why it is false and one's own side is true, lends more credibility to an author and his/her argument. Along these lines it might be best to leave the focus off Charles Darwin in this matter, as much of his more famous material was not exactly concerned with the "fall of man" or the existence of evil in the world. It is no wonder his ideas sound inconsistent when taken out of context and applied to an entirely different subject. The same could be done for the Bible with some rather interesting results:

"So they made their father drink wine that night also, and the younger arose, and lay with him; and he did not know when she lay down or when she arose. Thus both the daughters of Lot were with child by their father."

One might also find that refraining from the use of blanket and highly questionable statements, such as "Biblical truths," would do a great deal for boosting one's credibility and making for a worthwhile argument. Furthermore, when discussing philosophical questions a bit of research into philosophical history is a must. For example, one might find that the Bible, like all philosophy, is simply many people's take on a question. As in the following quote from Robin Williams:

"and then you realize that god gave man a penis and a brain and only enough blood to run one at a time."

By Barrett Balvanz

See PERSPECTIVE Page 8

Letters to the editor

"A thoughtful perspective"

"Misquoted"
Powerful positives

By Paige Elisha
Staff Writer

I have started to demand many things of people. Straight through the day, I demand one thing after another. In the morning, at the breakfast table, I order that someone pass me the salt. During the day, I command a classmate to pass me a copy of our professor’s handout, and even late into the night, I demand that they give me a taste of their Ben and Jerry's or turn down the volume on the TV. I make all of these demands, because somehow over the course of recent years, I have lost a few small but important words from my vocabulary that would allow me to make polite requests.

My mother would be disappointed, my grandmother would be shocked but no one else has seemed to notice—they are all doing the same thing.

Our society has forgotten the words “please” and “thank you.” Somehow those words, along with other forms of seemingly obsolete common courtesy, have passed out of daily vocabulary.

Holding open a door for someone, allowing others the handrail on stairs, walking single file on narrow paths, and, giving the uphill hiker the right of way. These are all simple things but would you say that, today, they are all that common?

Does it matter if people use “please” and “thank you”? Are they just a few little words stuck on the end of sentences to make us appear to be polite or friendly? Should we give up the façade, and forget them entirely? Absolutely not. Those simple words make a large difference.

Doesn’t it start your day off right when someone holds the door for you on your way to class? I get a positive feeling from others when they use common courtesy towards me that I know I will pass onto others. Hopefully, the positive feeling will continue to diffuse.

No matter the case, a positive action or word here and there is certainly better than a negative one. I feel a little twinge every time someone acts discourteously and a door slam in my face.

The reason for the discrepancy is clear. Perhaps it is not simple human nature to add on the superficial. We get things done, period. We are lazy, we are in a hurry, we are wounded.

The media and psychologists do not believe the marriage I described is a good one. They believe that one person should not fulfill all of one’s needs. The media lacks hope and idealism, and it denies the legitimacy of genuine love. Overall, their suggestions prepare a person for the possibility of a divorce or betrayal of the promises that each spouse will treat the other as best as they can. This is a self-fulfilling prophecy, because once one tries to become independent and creates a superficial identity, the marriage will be wounded.

Genuine love is when you want to spend all of your time with your spouse, you want to be together forever, and you see your spouse in a special way and their well-being takes precedence over your own. If all four of these are not there, the love is not complete, and not worthy of marriage.

If they are there, get married, hold nothing back, and ignore everyone’s opinion on what marriage should be. If you do not need separate interests, separate friends, separate anything. None of that brings joy, nor does it strengthen a relationship. All you truly need is unity and love.

If each person accepts this, marriage would be more enriching and powerful than ever, and society would be the greatest in the history of the world.
By Paige Elisha
Staff Writer

I have started to demand many things of people. Straight through the day, I demand one thing after another. In the morning, at the breakfast table, I order that someone pass me the salt. During the day, I command a classmate to pass me a copy of our professor’s handout, and even late into the night, I demand that they give me a taste of their Ben and Jerry’s or turn down the volume on the TV. I make all of these demands, because somehow over the course of recent years, I have lost a few small but important words from my vocabulary that would allow me to make requests.

My mother would be disappointed, my grandmother would be shocked but no one else has seemed to notice—they are all doing the same thing.

Our society has forgotten the words “please” and “thank you.” Somehow those words, along with other forms of seemingly obsolete common courtesy, have passed out of daily vocabulary.

“Please,” “thank you,” and other forms of common courtesy are steadily disappearing, but are more valuable than our society realizes.

Holding open a door for someone, allowing others the handrail on stairs, walking single file on narrow paths, and giving the uphill hiker the right of way. These are all simple things but would you say that, today, they are all that common?

Does it matter if people use “please” and “thank you?” Are they just a few little words stuck on the end of sentences to make us appear to be polite or friendly? Should we give up those few words make a large difference.

Does it start your day right when someone holds the door for you on your way to class? I get a positive feeling from others when they use common courtesy towards me that I know I will pass on to others. Hopefully, the positive feeling will continue to diffuse.

No matter the case, a positive action or word here and there is certainly better than a negative one. I feel a little twinge every time someone acts discourteously and a door slams in my face. Negativity fills the air every time a person demands, “Pass the salt.”

However, it is only through careful self-observation that I have even realized that I am not including positive habits in my everyday life.

The reason for the discrepancy is clear. Perhaps it is not simple human nature to add the superfluous. We don’t get things done, period. We are lazy, we are in a hurry, we are unaware.

However, when hiking in Yosemite recently, I was struck by the enormous amount of courtesy that fellow hikers showed each other. Not only did they say good morning or hello, and step aside to allow room for others on the trail, but they would sing out words of encouragement, prompting people up the hill.

Perhaps it was the environment, perhaps it was the nature of the people who were out in the wilderness that day. No matter what the reason for the way people behaved, it was wonderful and they did it with ease.

Courtesy will only continue if we consciously choose to make it a priority. I am working minute-by-minute to improve the way I treat those around me. I ask only this of others: listen to what you say to others, notice how they ask things of you. Could something be done to make things just that one degree more positive? Why not do it? Why not encourage others to do it? Today, tomorrow and years from now, we will be glad that we didn’t let those few words slip away.
On top of all the political trouble going on in the Congo, these people are facing a new type of issue: the loss of native animal species. With high levels of unemployment and poverty, many Congolese residents are increasing their hunting in order to provide protein to their families.

However, the results are tragic: the Congo Basin kills and consumes one million tons of animal protein per year. To give you a picture, that would be the equivalent of four million cattle.

These shocking events have lead to the introduction of “ecoguards,” who look for poachers, inspect vehicles on the road to make sure there is no meat being exported, and even scan along rivers.

Their mission is to slow down this consumption of bushmeat, which is the name given to the flesh of wild animals.

Although the ecoguard group sounds like a positive solution to those living outside the Congo, it means disaster for the hunters who depend on the sale of bushmeat for survival.

Earlier this year, during one of their raids, an ecoguard killed a suspected poacher with the butt of his rifle. With so much violence accumulating around this area because of chaotic politics, the last thing the Congo needs is more attacks.

But there are some positive results coming from the ecoguard system. In 1999, there were thousands of wire snares in the area, capturing too many animals; there were numerous carcasses left behind, providing no use. By 2001, ecoguards could no longer find any of these snares.

So the ruling on the ecoguards is still up in the air. They have made some progress, but they have still caused some violence.

One thing is for sure: the Congo needs to save their local animals!!!
Brubeck Institute back from D.C.

By Michael O'Daniel
Brubeck Intern Director

The Brubeck Institute Jazz Sextet is back on campus after two triumphant appearances last week at the Library of Congress in Washington, D.C.

On Tuesday, Sept. 30, the Sextet, along with Institute Artistic Director and bassist, Christian McBride and Institute Executive Director, J.B. Dyas, presented the first workshop and clinic in the 77-year history of the Library's music presentations.

This event, hosted by Dave Brubeck, drew an overflowing audience to the 500-seat Elizabeth Sprague Coolidge auditorium, and was presented by the Library in association with the Levine School of Music in Washington, which provided two student-combos for the program.

The program consisted of both performances and lecture-demonstrations on jazz. It also demonstrated how songs are structured, how musicians improvise, the role of each instrument, and how the musicians interact with each other.

BRUBECK MEN- Members of the Brubeck Institute meet Bill Cosby after a show.

2003 Summer Jazz Colony; tenor saxophonist, Tommy Gardner and bassist, Rashaan Carter, joined the Brubeck Quartet in jam sessions of "I Got Rhythm" and "Take the Atrium," which prompted wild applause from another packed house.

Sen. Lamar Alexander, U.S. Solicitor General, Ted Olsen, (a Pacific alumnus), and Pulitzer Prize-winning journalist, Hedrick Smith were among the many celebrities in the audience.

Prior to their two concerts at the Library's music presentations.

On Wednesday, Oct. 1, the Brubeck Institute Jazz Sextet and the Dave Brubeck Quartet together, opened the Library's 2003-04 concert series.

The Sextet was joined during its set by McBride in a performance of his tune, "In the Shade of the Cedar Tree," and by Brubeck in a performance of his classic, "In Your Own Sweet Way."

Following a set by the Dave Brubeck Quartet, the Sextet, McBride, and two DC-area students from the Institute's 2003 Summer Jazz Colony; tenor saxophonist, Tommy Gardner and bassist, Rashaan Carter, joined the Brubeck Quartet in jam sessions of "I Got Rhythm" and "Take the Atrium," which prompted wild applause from another packed house.

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Prior to their two concerts at the Library's music presentations.

On Thursday nights, the main lecture room in Olson Hall takes on an out-of-this-world feeling. The usually technical Physics Department becomes a movie theater, complete with laughs, jokes, and snack foods.

There's also a little mystery in the air.

Since Sept. 11, Assistant Professor of Physics, Jason Harlow, and Assistant Professor of English Eric Sonstroem, have been showing the series "Mystery Science Theater 3000" for students looking for an alternative escape from the typical weeknight.

Harlow said the purpose of "Mystery Science Thursdays" is to get students together for a fun gathering.

"Mystery Science Theater is funny, but the movies themselves are not comedies," Harlow said of the horrible Hollywood Bicks. "The idea is to make fun of them."

Fun is a major understatement for exactly what happens. Students

Hodgson and his robotic friends Tom Servo and Crow. Joel, who has been shot up to space by a couple evil bosses, mocks utterly bad Hollywood movies.

"It's been pretty good. People have liked it," Sonstroem said. "The trend is more and more people."

Flyers were posted around the Physics Department and Sonstroem has announcements in his classes as promotion.

The first week, only six students showed up. In consecutive showings the number has risen to over 20. The Sept. 25 showing of "The Sidehackers," brought in 23 students of various majors.

Freshman, Fred Stewart is a fan of the series, and watched it before the Sci-Fi Channel canceled the program. He said seeing the movie on the big screen is definitely a worthwhile experience.

"It's great, it's something to do besides homework," Stewart said. Though, he didn't attend the first week's film, he plans on making the Thursday night showings a regular
Review of the Rundown

Michael Vu
Movie Critic

The Rundown is the latest explosion-filled summer action movie to come out of Hollywood. It features WWF (ahem, excuse me, WWE) superstar The Rock, the obligatory “hearthrob” (American Pie) Sean William Scott, the lovely Rosario Dawson, the popular favorite Christopher Walken (every movie ever), and a rather surprising cameo by Mr. “Total Recall” himself, Arnold Schwarzenegger.

The Rock plays a larger-than-life bounty hunter whose only dream in life is to settle down and open a restaurant, but is pushed into the obligatory cinematic last job. In this case, it happens to be the retrieval of the reckless son (Sean William Scott) of a shady but wealthy businessman. This proposal leads our hero deep into the Brazilian jungles where we all know that only bad can come. Upon arrival, the son resists arrest, then after reluctantly joining forces they run into an exploiting but always lovable coal miner played by Christopher Walken. The real hijinks begin with our two actors running away from thugs, fighting monkeys, all while protecting a coveted artifact.

This is as far as I am going to go into plot, but it is a fairly straightforward buddy action adventure, placing Sean William Scott as The Rock’s comedic foil. Sounds like typical summer drivel right? I must admit, walking into the theater I was rather dubious of how good this movie was going to be, after all, this from the director whose last major movie was the hilarious comic gem Corky Romano. As much it pains me to say this, Peter Berg has actually redeemed himself by making an almost perfect summer action movie. The Rock delivers as an action hero that men and the women alike can both enjoy. He embodies the “American badass” while not being overly machismo to the point that he is no longer sexy (“ahem” Arnold...). His charisma shines through as never seen before in any of his previous movies, and he is charming enough that we actually care what happens to him. The same cannot be said for Sean William Scott however, whose character should have been called Stifler since he is playing the exact same role. Sadly enough, since this is Hollywood and he being the “stuck muffin” that he is, he will continue to get work despite his lack of.... oh, what is it called... oh yes, acting talent. Despite what is dragged down by his goofiness, the action is still fairly well paced, and surprisingly very creatively done. The action scenes are by no means conventional, yet they are never boring like some of this summer’s action movies (yes S.W.A.T., I am looking at you).

On a side note, Arnold’s cameo in the movie struck me as rather interesting. For those of you that haven’t seen the movie yet, as The Rock is entering a nightclub, Arnold is seen leaving the club telling The Rock “Have fun,” on his way out. Is this Arnold’s way passing the torch of action hero to The Rock? Or is it an attempt to use his movie star status to promote his run for governor? Either way, his cameo was a pleasant surprise for action movie fans.

Ask me if this was a good movie, and I will respond with a resounding, “No.” Now ask me if this was an entertaining movie, and I will say, “Hell yes it was.” The Rundown is the perfect summer action flick that arrived in the theaters three months too late. Check your brain at the door, sit back and enjoy this action adventure, playing at a theater near you.

My Grade: B
Avid closet country fans

By Shelly R. Brink
Staff Writer

Pop, R&B, rap, alternative, country; which is today's sad? Surprisingly, none of these. Unusually, the upcoming generation enjoys a diverse group of music.

However, one such group seems to be lurking in the shadows. You guessed it: country listeners. I like to call these "shadows." It seems to be lurking in the fans:"group of music.

Here are a few symptoms apparent in "Closet Country Fans."

When sharing their musical interests they exclude country from the list.

-When listening to country in their dorm they keep the volume at a minimal level.
-When driving, they turn down/tune off their country before rolling down the window.

If you or anyone you know identifies with the previous scenarios, then you can be sure they are suffering from "Closet Country Fan Syndrome." This being the case, there are a number of measures you can take to overcome this illness.

-First, go to a concert featuring a country artist (Tim McGraw, Kenny Chesney, Faith Hill, etc.).

This will help build confidence and reignite that old country flame.

-Next, blast country through the halls of your dorm. This will bring your music to others' attention, and help you affirm your interest in country music.

If this measure doesn't seem to be getting the job done, blame your country during quiet hours. This should get someone's attention for sure, if not your RA's.

-Lastly, when conversation arises, share your interest in country music with others. And, if you feel inclined to do so, start using words like "y'all." If this doesn't work, nothing will.

"Closet Country Fan Syndrome" is a serious problem today. Nevertheless, we can overcome it.

Copying music

By Kristin Stern
Business Manager

"The Recording Industry Association of America has been on the offensive against song swappers. Last month the RIAA sued 261 people, including a 12-year-old girl, in federal court for allegedly distributing on average more than 1,000 copyrighted music files each," said Theo Emery of The Seattle Post.

The music industry is working on ways of stopping Internet file sharing in other ways. They encode the music with annoying buzzing so when one downloads the music, it is ruined.

Why spend the money when you can get it for free? That may be the attitude of many, but not everyone.

Others prefer buying the CD for several reasons. One reason being that you get optimal sound quality. Though these Internet programs do have great advantages, people who prefer to hear a whole CD before they buy it surely find these programs helpful.

Often, an artist will produce several short, poor quality tracks, which could leave a consumer feeling ripped off.

This way we can judge the quality of the music prior to spending our money.

The music industry does have legitimate objections to these programs. The major impact is the drop in CD sales.

People who are burning CDs and sharing files are breaking copyright laws. This is in debate both legally and ethically.

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Will the music industry be able to stop file sharing completely? File sharing encourages the music industry to make money in other ways. They are forced to have more concerts, print more posters and other accessories, and lower CD prices.

It is evident that the pop stars and other artists are not suffering in their ritzy lifestyle from the loss of money from CD sales. You do not hear many of them complaining about it.

While some artists like Metallica stand up against file sharing, "Other influential musicians and groups like Moby, System of a Down, Public Enemy, and the Dead contend that the record industry's efforts are misguided and that it must work with the new technology instead of against it," said Neil Strauss of The New York Times said.

Serving Pacific for 95 Years

CPK opens in Stockton

By Matthew Kemper
Guest Writer

On March 27, 1985, attorneys Rick Rosenfield and Larry Flax, traded law for salads, desserts, and more. In Stockton's Weberstown Mall, bringing the city unique combinations of toppings that create an alternative to your typical pepperoni pizza.

The upscale menu features creative pizzas, pastas, salads, desserts, and more. California Pizza Kitchen also offers a variety of California and Italian wines, along with imported and domestic beers.

There are over 20 different pizzas to choose from, all very unique. They offer your traditional basic-topping pizzas as well as many creative pizzas.

Grilled Garlic Shrimp, Peking Duck, Carne Asada, and Tostada are just a few of CPK's innovative pizzas.

The most popular pizza since 1985 is The Original BBQ Chicken Pizza. This pizza is topped with barbecue sauce, smoked Gouda and Mozzarella cheeses, BBQ chicken, sliced red onions, and cilantro.

"The BBQ Chicken Pizza is really good. It is different from your typical everyday pizza," senior, Darlene Gibbard said.

Another restaurant favorite is the Thai Chicken Pizza. This pizza is topped with pieces of chicken breast marinated in a spicy peanut-ginger and sesame sauce, Mozzarella cheese, green onions, bean sprouts, julienne carrots, cilantro, and roasted peanuts.

See PIZZA Page 14

PIZZAI PIZZAI (left to right) Pacific students, Jessica Chock, Robyn Aiello, Hiroko Yano and Christina Ton enjoy the new flavors of California Pizza Kitchen.

PIZZAI PIZZAI (right to left) Pacific students, Jessica Chock, Robyn Aiello, Hiroko Yano and Christina Ton enjoy the new flavors of California Pizza Kitchen.
Mass media dates
By Matthew Kemper and Jaimi Corona-Flowers
Guest Writers
Cable Television
Cable Television, formerly known as Community Antenna Television, was born in the mountains of Pennsylvania in the late 1940s.
There were just a few stations that were located in larger cities like Philadelphia. Cable television came about because reception was bad for people who didn’t live in large cities.
Regular reception could not pass through mountains, which made reception almost impossible.
John Walson placed an antenna on top of a large utility pole where television signals were received, and transported over twin lead antenna wire down to his store.
Cable television was born in June of 1948.
VCR introduced
The videocassette recorder was introduced in America in the 1970s as a way for television watchers to videotape programs while they were away from their television.
A big increase in people videotaping TV programs in order to watch them at a later time became 80 percent of the population’s preference.
The VCR was considered to be a lot like a book, allowing viewers to be active and engage in what was going on around them.

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Five minute fashion
The ties that bind us all
By Georgette Rodarakis
Lifestyles Editor
Ties have become a unisex fashion accessory. For men, wearing a shirt and tie shows your mature, "professional" character and can score you mad points with the ladies. As for us females, a tie can be worn in the traditional sense around the neck to compliment an outfit, or around the waist as a belt.

BRUBECK from Page 11
Library of Congress, the Brubeck Institute Sextet and Dyas presented clinics and workshops at the Duke Ellington High School for the Arts in D.C. and the Suitland (MD) Performing Arts High School.
They also had an opportunity to explore the Library of Congress vaults of manuscripts, instruments, and rare jazz films.
Members of the Brubeck Institute Jazz Sextet include: trumpet, Anthony Coleman II, Sacramento, CA; alto sax and clarinet, Mark Zaleski, Worcester, MA; tenor sax and clarinet, Scott McGinty, Houston, TX; piano, Tobin Chodos, Los Angeles, CA; bassist, Joe Sanders, Milwaukee, WI; and drummer, Justin Brown, Oakland, CA, who served as MC for the Sextet’s set on Wednesday evening’s concert.

PIZZA from Page 13
Not only has California Pizza Kitchen brought the city of Stockton a twist on pizza, but opened jobs for the community as well as Pacifying student. Don’t be surprised to find someone you know from Pacific serving you at California Pizza Kitchen.
“California Pizza Kitchen is a good place to go while going to school. It is open and business is flourishing. I’ve been to a couple southern California locations and was very good. I am excited to have one in Stockton now,” said junior, Tia Banks.

Pacific Theatre
CinemaOne
“CHICAGO”
A film adaptation of Bob Fosse’s 1975 Broadway musical.
10 - 9 @ 8 pm
10 - 10 @ 8 pm
10 - 11 @ 8 pm
By Sally Nichols
Staff Writer

SCORPIANS
The stars are in your favor! Take this time to enjoy your friends and family. Maybe you could try some graphic design or studio art classes. You are wise man knows he knows nothing at all. Take this with you and may you always think of future possibilities with it.

Libra
Your heart that there is romance in the air, is this true? If not right at this moment, it will be very soon! Who ever your lover is, they are very interested and will be waiting to you on a VERY regular basis.

SAGITTARIUS
Capricorns tend to think before they make important decisions. This is a great trait that you carry. Graduation is coming up just around the corner and some decisions will be made now that will affect that time. Make sure you pick the right classes for spring if you want to get out of here on time!
Second Annual Tour De Stockton Race

Pacific and the City of Stockton will host the second annual Tour de Stockton, a family-oriented walk-run and bicycle festival, on Oct. 18 beginning at 8 a.m. on the University’s campus.

Participants will travel either East along the Calaveras Bike Path, or West to the Marina.

The event is being held to bring the community, City, and University together, as well as to show how Stockton’s bike paths are a practical source of recreation and transportation.

This day-long festival celebrates bicycle fun and safety.

The event will begin with a fun walk-run that starts at 8 a.m., and the bicycling will start at 9:45 a.m.

There will be a bike safety obstacle course and a Kid’s Fun and Safety Zone with face painting, games, and a helmet giveaway.

Field Hockey in NorPac

Tigers lose in close match against Cal Bears

By Krystine Onobonoan
Sports Editor

Last weekend, the Pacific Field Hockey team faced NorPac opponents, Stanford and Cal Berkeley. Although both games ended in losses, the field hockey team showed progress in their play.

When the Tigers met up with the Stanford Cardinals, the Tigers came out strong with the first goal from freshman, Marissa Attilano and an assist from senior, Heather Kottmeier.

The Tigers dominated the game with more shots on goal and more penalty corners earned than the Cardinals, but that effort was not enough. Stanford ended the game outscoring the Tigers, 4-2.

This past Saturday, the Tigers once again met up with a NorPac opponent, the Cal Bears. The Bears were scored on early in the game with the Tigers finding the net first.

Sophomore, Dana Walsh, last year’s NorPac Rookie-of-the-Year, scored an unassisted goal early in the first half. But Cal’s German exchange student, Nora Fedderson, wasn’t about to let that stop the Bears’ assault, by answering with two goals of her own.

Then late in the second half, freshman, Vianney Campos, took on the duty of tying the score up with less than a minute left in the game. That goal put the game into overtime, where both teams faced each other in a 15-minute seven-on-seven match-up.

The Bears took advantage of the additional space on the field, and nine minutes in scored the game winning goal to end the game 3-2 for Cal.

Freshman goalkeeper, Kim Myers made her first NorPac start with a .768 goal saving percentage and 11 saves.

The Tigers will be back in action this weekend in St. Louis against NorPac rival Southwest Missouri State.
The craftsman Tom Cockle is another senior guard from Lincoln, Nebraska, who was one of the starting guards for the 2002-03 season. Last season Cockle averaged 6.2 points and 3.1 rebounds a game. Now that he is happily married, he feels that everything is in place to have a wonderful season. His outlook on the season is that, "being here for five years has enabled me to learn and grow as a basketball player and a man, so this season could be very promising." The loss of one assistant coach has not set the Tigers back by any means, by picking up former Pacific player Adam Jacobson. Jacobson played on the 97 team that received a bid for the NCAA tournament after winning the Big West Tournament.

Coach Bob Thomasen will be entering his 17th year as head coach of the Pacific Tigers. Along with his trusty sidekick, Ron Verlin, who is now in his 10th season as assistant coach behind Bob. Not forgetting to mention the help of second assistant Calvin Bird, a graduate from the University of Villanova and a former McDonald All American. As you can see, if the Tigers can put all the pieces in the right place, it could be a promising season.

NFL week six

By Jebr Alfaroah
Staff Writer

Carolina at Indianapolis
The Colts are still undefeated after beating Tampa Bay last week 38-35 in an amazing comeback win on Monday night. Being down by 21 points with 4 minutes left, the Colts had one of the greatest comebacks ever to win in overtime. The Panthers are undefeated as well, but their weak offense will finally do them in. COLTS.

Houston at Tennessee
The Titans lost a close game last week to the Patriots 38-30. Steve McNair threw for almost 400 yards, but it wasn't enough as the Patriots scored on a intercep-
Games leave soccer team 1-1 in Big West

By Mercy Au-Yeuna
Staff Writer

Two away games in the Midwest left the Tigers 1-1 in the Big West Conference. Pacific won the first match against Idaho 2-1, and lost the second against Utah State 1-2 in overtime.

The first couple of minutes in the match resulted in freshmam, Jennifer Smiley, scoring her first goal of the season leaving the Tigers ahead of the Vandals, 1-0. Junior, Maggie Barsotti was next from the Tigers to score with 16:14 remaining in the half. Pacific kept the Vandals scoreless through halftime, up until 28:28 remaining in the match when Amanda Findlay, scored on a penalty kick. Freshmen goalie, Laura Guerin in her first start collected five saves on the game.

Making a stop two days later, the Tigers fell to the Utah State Aggies, 2-1, in overtime. Early in the game, junior, Kim Jones, scored the first goal on a header from the corner set up by freshmen, Sadye Reish. Pacific held onto the lead into halftime, but the game was tied by the Aggies nine minutes into the second half.

Four minutes into the second half, Utah State netted another goal to ensure the win. With the loss, the Tigers move to 2-8-1 on the season and 1-1 in the Big West Conference.

Pacific will host Long Beach State on Friday, Oct. 10 at the Amos Alonzo Stagg Stadium.

A day in the life of a cross-country athlete

By Franziska Frey
Guest Writer

Cross Country is a tough sport. I gave up counting how times I have said this. I have to admit though that more people are aware of our team now than ever before. Nevertheless, people, especially other athletes, are always try to argue that running is easy, involves no skills, and is no big deal. So, to show you all how difficult it is to run cross country, I will describe a typical day in season.

Every Monday morning at 7 a.m we do weight lifting in the Athletic Center. By 8 a.m., right after lifting, practice begins with a 20 minute warm-up run. Either we run on the levy towards I-5, or on the streets of Stockton (our least favorite: Pacific to Harding to Pershing).

Sometimes this turns out to be an “Indian run,” where we run single file and the last person has to sprint to the front. After warming-up and stretching, we head over to the stadium where we run hills. Since it’s pretty flat here, we need to run around the stadium to get hill experience. At the same time, it is also a speed work-out, which means that we have to run fast and consistently. One lap around the stadium should be under 2:15 minutes, and we should meet this time every time for at least 5 laps. Other times we mix it up and run only half a lap or just uphill or just downhill, or a combination of both. All of them have to be fast. The slower we run the more we have to do.

We are finally done around 9 a.m. Our next practice starts at 2 p.m., where we run to Marina, about seven miles away.

Cross Country

By Mercy Au-Yeuna
Staff Writer

The tenth-ranked Cross Country team finished eighth out of eleven teams at the San Francisco State Invitational this past weekend.

Leading the Tigers was freshman, Jessica Daley, who placed 28th individually with a time of 24:11:1 in the 6k run. Junior, Marissa Taylor, a member of the Big West Champion Pacific Swim team, and freshman, Jill Himlan, rounded out Pacific’s top three.

The Mills Invitational in Oakland, CA is the next stop on the Tiger’s list, which starts at 2 p.m. Friday, Oct. 10.
NFL from Page 17

return to win the game, jston had the week off.

ANS.

Miami at Jacksonville
The Dolphins were able to eat the Giants last week with RB Williams. This shows they can exploit defenses to gang up on the run. The Dolphins got their first win last week with Byron Leftwich ing the first great game of his career. DOLPHINS.

Oakland at Cleveland
The Raiders were stunned, as the rest of the football world, when they lost to the Chicago Bears last week. Oh, how the mighty have fallen. The Raiders' wins this year have been against the Bengals and Chargers, a combined 1-9. Coach looked good for Browns, and might win starting job. BROWNS.

Buffalo at N.Y. Jets
The Bills have not looked good since week two. Last week they needed overtime to beat the Bengals, their first win since week two. But the Jets look even worse, and are one of only two teams without a win. BUFFALO.

San Francisco at Seattle
The 49ers were able to beat the Lions last week, which isn't saying much. They still have problems with their defense. Seattle saw their unbeaten record vanish as they were beaten handily by the Packers in Green Bay. Seattle needs to find more ways to get the ball to Koren Robinson and Shaun Alexander, their best playmakers. SEAHAWKS.

Coach Profile

Why did you pick or how did you get started in this particular sport?

Started playing volleyball as a sophomore in high school. My brother's girlfriend invited me to try-out for the team.

What is your favorite quote?

"Work like you don't need the money, love like you've never been hurt, dance like you do when nobody's watching."

Where is the best place to eat in Stockton?

At my house when my husband is cooking.

If you weren't coaching what would you be doing?

Volunteering somewhere where my optimism would make a difference, or teaching.

First 500 Pacific students will receive a FREE t-shirt and food!
Women's basketball look for good season

By Holley Murchison
Guest Writer

As collegiate basketball teams across the country prepare for their upcoming seasons, Pacific women's basketball does the same. In exactly nine days, they will hold their first official practice.

Last year, the Tigers finished 16-14 overall, 11-5 in conference play, and 5-9 in non-conference play. The Tigers also finished second in the Big West conference, losing to rival UC Santa Barbara in the conference championship.

According to the Tigers, this year will be much different. After competing in two consecutive conference championship games without a win, the Lady Tigers intend to prove that the third time is indeed a charm.

This season's roster is quite extensive at 17 with nine being new faces, each with a winning attitude. The Tigers already have incredible players like Gillian d'Homt, Corinne Wong, and Nancy Dinges, as well as other returnees. Although these three continuously shine, this year the Pacific squad has seventeen players who each bring something special to the table.

Junior, Tia Eubanks, a transfer from Kansas City, MO, expects a lot out of this year. Eubanks views her new teammates as strong and hardworking. According to Eubanks, the Division one level is nothing like junior college competition. "Everything is at a faster pace here," Eubanks stated.

"It demands more time, it's my job," senior, Corinne Wong also looks forward to this year. She is impressed with the group Assistant Coach, Donna Huhn brought in. "We're ready to play and win," Wong said. "We have five people on the floor that can score."

From a coach's perspective, expectations also run high. Assistant Coach, Roderick Lee, who is in his first year at Pacific, said, "With the talent, this is the year we have athletic, skilled players that will have to raise their game." These young players will have to adapt to the new pace of Big West competition.

The team wasted no time adapting to the new pace. The Tigers knowing how to play the homecoming game sweeping Cal Poly 30-21, 30-20, 32-24. The sweep of the Mustangs was in front of a large orange and black clad crowd which turned out to be important aspect of the game. "The crowd was a huge factor, it brought home the feel of a team that can score," Assistant Coach, Milena Flores, shares similar beliefs, stating, "It's a special team with great chemistry. It has the feel of a team that can take us to the next level."

One of the most important factors of a team that is sometimes overlooked is the recruiting process. "With the talent, this is the year we have athletic, skilled players that will have to raise their game." These young players will also be expected to contribute to the team's overall success.

Assistant Coach, Jackson's team competes in the Big West championship, and playing the Mustangs was a big factor in the first game and quick scoring run. The Mustangs never got close during this first game and the Tigers put it away with Joines' record setting 2,000 kills. After a slower second game featuring a 10-2 Tiger run, Pacific and Cal Poly entered a tight third game which at its middle was tied 16-16. The Tigers then used a 7-1 scoring run to create a lead they would never give back. Along with Joines, Ashley Groot, Ashley Huis and Stevie Mussie were in double digits in kills while Hayley Anderson finished with 46 assists.

Pacific was able to rebound from several recent losses in dramatic fashion because of the help from Coach McHugh, "We served very well and received serves very well. Also, our transition offense was very effective."

The Tigers displayed 8-5 overall and 3-0 West and now travel for an important game. Coach Jackson believes this help from the girls will be key to keeping the team strong. "If we keep getting them at home and keep them like we did, then we'll give us a lot of hope of winning."

Athlete of the Week

Name: Tom Markel
Year: Freshman
Sport: Men's Waterpolo

This past weekend, Markel had seven saves as the goalkeeper in their win against Santa Cruz.