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University of the Pacific has many well-established alumni. Three of them will be speaking at this year’s Communication Symposium on April 19. Elissa Lumley, Ali Pollock and Ned Greenberg will all be giving Pacific students an insight to their careers.

Elissa Lumley is the Director of Communications for Advertising for Vogue and Men’s Vogue magazines in New York. She was named Vogue Marketer of the Year for 2006. She works with national media outlets to promote the magazine’s editorial content. Lumley works day-to-day with reporters and producers from a wide range of media organizations, including the Fox News Channel and The Tonight Show with Jay Leno. Before working with Vogue, Lumley was the Public Relations Director for The Conde Nast Bridal Group and oversaw Brides, Modern Bride and Elegant Bride magazines. Lumley graduated from Pacific in 1997.

Ali Pollock-Gagerman graduated from Pacific in 1995. She then became a film publicist in Los Angeles. “I was responsible for press releases for a lot of the films and also putting together press packets,” said Pollock-Gagerman. She was also responsible for scheduling press junkets, arranging interviews, and working press screenings. Pollock-Gagerman has taken a lot out of her time at Pacific. “I remember my days at Pacific, and I value my education greatly,” said Pollock-Gagerman.

Nikkei Student Union hosts Bowling Tournament

Pacific’s newest student organization, the Nikkei Student Union (NSU), will be holding a bowling tournament fundraiser at the Pacific Bowl bowling alley on Sunday, April 15.

The Nikkei Student Union was formed by a group of students in the fall of 2006 to proactively address the challenges, changes, and issues affecting the Japanese American community as it enters the 21st Century. The organization wasn’t shy in getting the ball rolling as members immediately got involved in a number of events and organizations.

Reach Out ‘N Rock concert: Agenda change but rock on

Pacific’s second annual Reach Out ‘N Rock Concert will feature Slightly Stoopid. Opening for the rock group will be The Expendables. The event will take place on April 27th at Stagg Stadium on campus. The concert will begin at 7PM with doors opening at 6PM.

Originally, the concert was scheduled for 8PM inside the Alex Spanos Center. Due to commencement construction and other logistics, the concert was moved to its current outside location. When the event was organized, a contract was not signed to reserve the music venue.

FORECAST

Thursday
High 67, Low 45

Friday
High 75, Low 49

Saturday
High 69, Low 46

Sunday
High 75, Low 50

INSIDE...

Weekly Police Record Page 2
Nick Hansen’s Column Page 5
Mikey Vu’s Column Page 8
Scoot and Big Tone Page 9
Horoscope Page 10
Sports Page 11

Sports pages 11-12

Solomon Horsechief’s first year experience

EVENTS

Saturday April 21st
Pacific Theatre 11AM
Music Management workshops and FREE concert
EVADING AN OFFICER
LOT 7
4-1-07
Officer advised he was attempting to stop a vehicle which was speeding and going through stop signs without stopping. Sergeant advised the officer to terminate the stop due to high volume of pedestrians. The vehicle's license number was copied and sent to SPD for follow up.

SUSPICIOUS INCIDENT
KNOLES WAY
4-1-07
Officers responded to a report of someone banging on the window three times. The resident advised that he checked out the window with no one present. Officers were unable to locate.

THEFT
PHYSICAL PLANT
4-2-07
Staff reported scrap copper wire stolen from outside of the electrical shop. Officer responded and initiated a report.

DISTURBANCE
DEPT OF PUBLIC SAFETY
4-2-07
Several Pacific students came into DPS to report there was a woman following them. Officers interviewed all parties involved and initiated a report of the incident.

ALCOHOL
STOCKTON PD
4-2-07
Staff reported a suspicious incident. A female who was observed standing out in the middle of Mendocino traffic. Female subject was located running into the art building.

BURGLARY
GRACE COVELL HALL
4-2-07
Pacific student reported a calculator was stolen from his room. Officer responded and initiated a report.

SUSPICIOUS INCIDENT
DAVE BRUBECK
4-3-07
Officer contacted two male subjects going through the trash bins. Subjects were interviewed and warned about going through trash bins.

SUSPICIOUS INCIDENT
PACIFIC AVE & LOT 2
4-3-07
Officer contacted a male subject for not having a bike light. Subject was interviewed which resulted in the seizure of his bicycle. Subject was also cited for two Stockton Municipal sections and a Vehicle Code Section.

SUSPICIOUS INCIDENT
MAIN GYM
4-3-07
Staff reported a male subject going through the dumpster. Officer located the subject and made contact. Subject was interviewed and released.

BATTERY
GRACE COVELL HALL
4-4-07
Officer responded to the requests of two roommates that were in a physical altercation earlier in the day. Assault report filed.

SUSPICIOUS INCIDENT
BAXTER MALL
4-3-07
Staff reported a suspicious male subject. Officers contacted the subject in the Quad area. Subject was interviewed and revoked from campus.

ILL PERSON
SIGMA CHI
4-4-07
Officers and medics responded to a report of a male subject who was not feeling well. Medics transported the subject to a local hospital.

ILL PERSON
GRACE COVELL HALL
4-4-07
Officer responded to a report of two subjects not feeling well. Officers transported the subjects to Cowell Wellness Center.
**Vamonos! Weekend to Mexico**

Linda Lopez  
Staff Writer

Feel like your weekends seem to drag on as you sit around your room thinking of what to do around Stockton? Well the weekend of April 21st, the Spanish department is hosting a trip to Tijuana Mexico (Baja)! The trip will consist of many cultural learning experiences such as taking a tour of Tijuana by Gidi Loza (a local writer), visiting Centro Cultural Universitario (Cultural center), El Bordo (US/Mexico Border), and even visiting Revolución street (which is host to many historic bars and cantinas).

Starting to sound interesting? If it is, the trip is $100 (which includes round trip and tour) and lodging and food is separate ($50 for hotel room and food is left to you, around $40). Everyone is welcome and if you are like me and haven’t received or even applied for a passport, it’s ok. All you need is a birth certificate since the trip will be taken on a Luxury Volvo Bus (equipped with TV and restroom)!

So if you want to step outside the box for a weekend, take a walk on the other side of the border and come along for a culturally enriching experience! If you have any questions feel free to email Professor Martin Camps at mcamps@pacific.edu.

**Symposium**

Lock-Gagerman. "I took an intercultural communication class and I’ve found it very helpful when I travel internationally for business." Pollock-Gagerman now is in a partnership for Turnkey Investment, LLC. It is a real estate investment company. Ned Greenburg is currently the Vice President of Research for The Weather Channel. However, Greenburg has a quite a career background. He has worked for a variety of networks including MTV, Nickelodeon, E! and NBC. Greenburg primarily does an audience research for the networks. Knowing who your audience is becomes very important to TV networks. 

"Figuring out what audience you are trying to target is the start of justifying a business plan," said Greenburg. "This is where my research comes in." 

Greenburg also commented about working with MTV in its early years. "MTV was nothing traditional. We had to approach the audience in an unorthodox way. When researching audiences, you need to find out what the demographic group is and then understand how they think," said Greenburg.

- **Concert**

The “Spring Into Safety” safety fair put on by the Stockton Fire Department will take place on April 14th in the Lincoln Center south parking lot.

Erin Tornello  
Guest Writer

"Spring Into Safety" is the name and the motto of the Stockton Fire Department’s safety fair for families, taking place on April 14, in the Lincoln Center south parking lot.

The fair is intended to educate the Stockton Community, and will teach children and families how to be safe in different situations.

"This is a great way for families to spend time together," said Stockton Fire Department (SFD) Public Information Officer, Lori Lumley. "We welcome and if you are like me and haven’t received or even applied for a passport, it’s ok. All you need is a birth certificate since the trip will be taken on a Luxury Volvo Bus (equipped with TV and restroom)!

So if you want to step outside the box for a weekend, take a walk on the other side of the border and come along for a culturally enriching experience! If you have any questions feel free to email Professor Martin Camps at mcamps@pacific.edu.

**Malalai Joya**

Monday, April 16, 2007  
University of the Pacific Theater  
2:30-3:30pm

Youngest member of Afghanistan’s Parliament and outspoken activist

In 2004, the Valle d’Aosta province of Italy awarded Malalai the International Woman of the Year Award. In 2006, she received the Gwangju Award for Human Rights in South Korea, and the Women’s Peacepower Foundation Women of Peace Award. She was also among the 1,000 Women nominees for the Nobel Peace Prize 2005.
**Bowling continued from page 2**

in the Stockton community. NSU has attended several Stockton JACL meetings, volunteered at the Stockton Buddhist Church's 'Day of Remembrance' event, as well as hosting a number of social events at a variety of spots around Stockton.

The bowling tournament is a follow up to the success of NSU’s bowling social in February which had an attendance of over 30 individuals. The tournament will host 10 teams composed of five individuals each. Teams will be given their own lane to bowl two full games. The winner of the tournament will be the team with the highest average score. Average scores will be determined by combining each bowler’s score from a given team.

The tournament will be held from 1 p.m. to 3 p.m. with awards to follow.

If registered before April 3, teams will be responsible for an entry fee of $50. Registration after this date is $60 per team. Registration includes shoe rental, two games of bowling and pizza. Teams can make payments at either general or executive club meetings.

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April is Sexual Assault Awareness Month

By Karin Corde
VP, Public Relations, Pan­hellenic Council

Get ready because April has been declared Sexual Assault Awareness Month. In fact, according to the U.S. Department of Health and Human Services, every 2 minutes someone in the United States is raped. That’s 720 people per day and 267,840 people per year.

While rape is one of the most extreme types of sexual assault, sexual violence is defined as “any kind of sexual activity that is unwanted, enacted by one person on another without consent. It may include the use of physical force (but many sexual assaults do not) and it involves some combination of coercion, threats and intimidation” (Media Education Foundation).

The Center for Disease Control (CDC) provides numerous tips on how to avoid any type of situation that would result in sexual violence, including not walking alone at night, parking in well-lit areas, and paying attention to surroundings.

At parties, you are advised to open containers yourself and keep your drink with you at all times. Why? Not only does this type of behavior promote safety and self-control, but according to a study done by Tjaden and Thoennes, 8 out of 10 women who were victims of rape cases knew their perpetrator (2000).

Scary, isn’t it? That’s why it’s better to be aware of your surroundings and the situation you get yourself into than being a victim of reckless behavior. These precautions are directed to, but are not exclusively for women. According to CDC, 78% of rape and sexual assault victims are women, but 22% are men. So listen up, gents, it’s your future too.

Help promote sexual assault awareness all month by establishing a way to look out for yourself as well as your friends, whether you’re walking home from the library, going out to the bars or going to a party. For those of you who already have a system in place, and for those sororities and fraternities who already watch out for each other and continue awareness, keep up the good work.

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**Spring into Safety continued from page 3**

Education Specialist Danielle Neilson. “They can visit different safety booths, interactive exhibits and play safety games. There are also prizes involved, which everyone can enjoy.”

The SFD often hosts events such as “Spring into Safety,” including the annual “Fire Safety Fest” that takes place every October. These events are important to the community, and to the firefighters who enjoy the opportunities they have to be involved in the community.

“Children are some of our most vulnerable residents and merit special attention.”

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**YOUR FUTURE IS WITHIN REACH**

And so is the money to pay for it

College expenses should not be a roadblock for your future. Stay on track with an alternative loan from Campus Door. Get up to $250,000 to pay for college and make no payments until 12 months after you graduate. Apply online today at campusdoor.com to receive an approval usually in less than a minute. Spend your time planning for your future, not worrying about how to pay for it.

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Generation Break
Finding what defines our generation

By Nick Hansen
Columnist

We have all heard about Generation X or Generation Y, but what about our current generation? Let’s admit, whether you like it or not we break things all the time and few of us take responsibility for our actions. Hence we make up ‘Generation Break’.

Nearly every college student has a cell phone, and college students get angry. What is one of the best ways to release that anger? Throwing an object at a wall and having it break. For some reason it brings pleasure.

I take my parents here as an example. They both have the Motorola Razr and drop it or leave it in their pockets while doing work outside. It has yet to break and their display still works. In response to this they said “the difference between our generation and yours, is that we take care of our phones whereas yours doesn’t.”

Cell phone companies quickly realized that their users would break their cell phones. Although most people will not, charging $5 a month for ‘phone insurance’ is worth it to their users and is a money-maker at the same time.

On Super Bowl Sunday, I went to an off-campus party. The party was great until one attendee got pissed off over some girl and he took his anger out on the plastic keg tap. Surprise surprise, it broke off.

He ran out into the street, took a few deep breaths and came back inside. Upon entering the house he ran around like a little boy exclaiming how he broke the keg tap, never saying that he would replace it. Never really admitting that he had done wrong and would fix what he broke.

We have all seen this next example all over the place. A guest of your room or apartment comes in and either knowingly or unknowingly breaks your personal property. They leave and you’re left with this now worthless item.

Be it a Lazy-Boy chair, golf club or shot glass, all of these cost money, sometimes they’re memories from far away places, other times it’s just priceless, sentimental value.

The lesson to be learned is if you break something, accept responsibility of your actions and fix what has been done. Usually fixing things can be done cheaply. Keg taps are $35, golf clubs can be had for $50 and couch arms can be put back on for no more than $100. For anything more, we have insurance.

If our generation is prone to breaking things and our parents’ generation was all about love and peace, then what does this pose for generations of our kids to come?
A New Beginning
For Freshmen

By: Deena Sadeki &
Nicole Van der Star-Silva
Columnist

As you can tell from the title, this article is about registration, but before I begin writing about the topic, let me clue you in on how this column is going to be done for the rest of the semester. So, as I am sure you all saw, there are two writers instead of one. I have changed my column format from writing about whatever I come up with, to an interview type column. Everyone, meet Deena!!!

For our first collaborative article, we decided to write about the stresses of registration, because for all of you second semester freshmen, you have already experienced registering alone. And of course, the worst part of this whole ordeal is waiting for your specific time and date to come. So, we thought we would ask some fellow classmate how they felt about their registration date, and this what they said, “My registration date is April 15th. I am actually kind of stressed out about it because it doesn’t allow me to have the opportunity to get into all these classes I was hoping for, but other than that I think I will be okay because now I have a little more standing and I know more professors, so if I absolutely needed to get into a class, I could” (Sarah Van Ruiten, Freshmen, Exploratory).

If you don’t register, you don’t take classes, and if you don’t take classes you don’t graduate. So we wondering, just how concerned are you about registration? “I’m kind of worried. I’m not going to get the classes that I want to take, like the O Chem Primer” (John Francis Cabreros, Freshman, Biological Sciences and Pre-Pharm).

How do you feel about online registration in comparison to paper registration? “I like it a lot better” (Samantha Tarlian, Freshman, Marketing). “I do not like it, it would go much faster with just somebody helping you out while you do it would be better. I think it gives you a chance to mess up because you are doing it alone.” I also think that the time limit

Invitation to the Town Hall Meeting III

The University Diversity Committee and the Division of Student Life cordially invite you to attend the Town Hall Meeting III on Monday, April 16, 2007, from 5:30 – 7 p.m. in the Commons Room.

Please join Dr. Elizabeth Griego, Vice President for Student Life, Dr. Phil Gilbertson, Provost, and the Division of Student Life Leadership Team in our continued dialogue about diversity and inclusion.

Expected outcomes are to 1) Respond to the Statement on Diversity draft; 2) Hear updates regarding the Diversity Documentary and the Student Advisory Group to Pacific Seminar; and 3) Identify other action items related to creating an inclusive campus community.

ALL students, faculty and staff are welcome to attend!

For more information about this event, please contact the Office of Student Life at 6-2365.

BREACKFAST
AT YOUR CASA

date: April 20th, 2007
Time: 7:00am-11:00am

Have the morning
munchies?

The ladies of Kappa Alpha Theta will deliver breakfast to your doorsteps!
You can order a Juice It Up! smoothie or Starbucks coffee, Krispy Kreme donut and Noah’s bagel.

Place your orders now in McCarthy Center and Dining Hall Tuesdays & Thursdays, 11am - 2pm

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The Derby Days Craze

By Katie Thompson
Guest Writer

It’s still a few weeks away and everyone is already talking! You may be asking yourself what this could possibly be? It’s Derby Days, the annual sorority competition on our campus. Every year, Sigma Chi fraternity hosts this event in which sororities compete against one another for an entire week. This year the competition takes place April 23 through April 27.

If you think that Derby Days is like any other competition, you are mistaken. The events held during this week are unlike any you’ve ever seen. Swimming and pushing a handcrafted boat with a teammate inside spaces up your normal workday. Another crowd favorite is the tricycle relay around the fraternity circle. And who could forget the hilarious contest when participants shove marshmallow after marshmallow into their mouths and still try to say “chubby bunny” after each new addition?

Of course there are the typical events such as a vicious ping-pong battle, arm wrestling match, and intense flip cup championship, non-alcoholic of course! One of the nights features a skit competition, which always produces great feedback as the girls perform comical spoofs of the men in Sigma Chi.

Each day of Derby Days is themed and participants are required to dress up according to those themes. “They range from army-to-country-western to luau and everything in between. Points are awarded for dressing up and how each sorority places in the events. All throughout the week, there is a penny drive where teams put coins in their own jars to get points and dollar bills in the other team’s jars to take away points.

All the money from the penny drive, as well as t-shirt sales go towards the fraternity’s philanthropy – Huntsman Cancer Society. Not only do participants get to have a week of fun and friendly competition, they are contributing to those in need.

So as April rolls around, keep an eye out for Derby Days and head on over to fraternity circle. You won’t be disappointed.

Leadership London 2007

By Jon Lam
Guest Writer

The Eberhardt School of Business is sponsoring its first summer study abroad program. Dean Chuck Williams is embarking on this journey, and providing students who sign up for the class a lesson they will never forget. Students will simultaneously learn about the culture and history of Europe while earning 4 units towards elective course credit.

Leadership London is Dean Williams’ brainchild from his previous University. He has taught this course every year for the past ten years. This will be his 11th time teaching the course. Although this program is offered by ESB, all majors on campus are welcome to sign up for this once-in-a-lifetime opportunity.

“London is appealing to business and non-business majors,” says Dean Williams. With London being the second largest financial center in the world, it is a perfect location for business students to learn about management practices in England versus the United States. For non-business majors, a taste of London’s theater, arts, architecture and history brings forth numerous learning opportunities, spanning past what a reading in a textbook will teach you.

So, why London? Dean Williams said, “It is a perfect blend of old and new, capitalism and culture.”

This three week course is scheduled to run June 29th – July 21st. Classes will run 4 days per week, Monday through Thursday with classes held during the morning hours. In the afternoon hours, students will be visiting historical sites around Europe that will pertain to the next day’s lesson. Readings & a take home test will be assigned before the trip begins, to allow for preparation for the class and trip during the month of June. Final essays and written work will be due Labor Day in September. This allows the work to be spread out throughout the summer.

The goal of Eberhardt is in 5 years to have over 40% of the graduating students to have a study abroad experience. Dean Williams is hoping to expand this program to other countries such as Central/South America and Asia because of the growth in their economies.

With a closing remark, Dean Williams gives his thoughts on traveling: “Travel is one of the best, and most fun educational experiences around. It helps you appreciate other people’s cultures and your own too.”

If interested in receiving more information on this program, please contact Stephanie Fong at 209.946.2239 in the Dean’s Office.

Freshman

continued from page 6

Freshman, Biological sciences and Pre-Pharm).

At this point, we could probable classify ourselves as registration experts. So experienced students, what advice would you give to the incoming freshmen about registration? “Don’t focus on the classes that you want to take really bad your freshman year because you’re not going to get in. You should get done with your GE’s because you’re going to be more able to get into those classes.

“Freshmen need to be aware of their major requirement and their GE requirement because your adviser will not tell you. There are few who keep track, but by large they don’t. And when you’re a junio and you realize that you don’t have the right units and you have to stay for the 5 th year, you’re pissed” (anonymous, Sociology).

In conclusion, we would like to tell all of you good luck, and we hope you get the classes you hoped for. Thanks to everyone who participated in our interviewing process.

Until Next Time.

Spin-a-thon
“Put a Brighter Spin on Tomorrow”

11-year-old Laura Snider, daughter of Humanities Hub Administrative Assistant Nancy Snider, suffered from a cerebral hemorrhage and passed away. All of the money will go to her family.

Each team gets a stationary bike; Take turns riding for 4 hours in 30 min to 1 hour segments

Teams of at least 4 (but no limit!) Individuals can ride too!
Best Costume Prize!!

Register at Baun Fitness Center or at the event!

BAUN FITNESS CENTER
SATURDAY APRIL 28TH
11AM - 4PM

$25 Regular
$10 Pacific Student
Fear and Loathing on a College Campus

The Science of Sleep

By Mikey Vu
Lifestyles Editor

So I guess that my "retirement" from writing articles for The Pacifican didn't last too long. To be honest, I had two choices: endure the incessant nagging from readers wondering where my column was... or... just try to squeeze out a couple more for everyone. I guess it's time to pull a Jay-Z. Have you ever noticed the different types of characters that are found in classrooms? It's a pretty universal thing, every class, no matter what major, subject, or teacher, will always have the same types of people in the class. There are some of my personal favorites, such as "the sleepers." You know these people, you've seen them, hell you've probably been one of them at some point, but all you have to do is look around any lecture hall and you will find at least four of your fellow classmates "resting their eyes." But even a small group like "the sleepers" can be subdivided into three categories.

First, we have the covert sleepers. These are the ones that will try their best to hide the fact that they are sleeping. They will employ any mode of sneakiness into their repertoire, from the classic resting your temple under a cupped hand to hide your face method, to more advanced tactics which employ holding a pen in your hand to pretend that you are taking notes at the same time. But honestly? Who are you kidding? No one in the history of college ever took notes with their hand cupped over their eyes. This would make sense if say... there was a sun inside of the classroom, but really? I don't think those florescent lights are going to be blinding anyone anytime soon. In the next subdivision of "the sleepers" we have are the head nodders. These are the people that are actually really trying to stay awake, but at some point during the class, gravity takes over, and their head slowly starts to fall towards the desk. I have found that these are the most amusing people to watch, as there are only two possible outcomes. The first being their face actually hits the desk, which usually creates a very satisfying thud, or they snap their head right back up in hopes that no one saw them doze off. I'm surprised some of these folks don't suffer from severe cases of whiplash. The best part is that usually they will look around to make sure no one saw them, when in reality, half the class has already taken camera pictures and will make sure that everyone in the world sees you drooling all over yourself during Bio lecture. The Internet is an amazing thing isn't it?

Finally, the last subdivision of "the sleepers" is the ever prevalent nap timers. These are the folks that simply do not care. They will come into class with their rabbit foot jammies on, a pillow in their backpack, and within two seconds of coming into class, promptly pass out. To put it simply, they just do not give a damn.

Maybe they just miss the days of kindergarten when nap times were required. If I were them, I'd just flat out ask the teacher for a juice box and some animal crackers just to complete the experience.

They will come into class with their rabbit foot jammies on, a pillow in their backpack, and within two seconds of coming into class, promptly pass out.

Imagine the dreams these people must have while they're sleeping. Imagine falling asleep during English class. "So I had this dream, I was being chased by someone! I didn't know what it was so I kept running and like all my old friends from high school were there and all of a sudden I was in Denmark, and there were all these people with weird names like Laertes and some crazy girl named Telionis, and all of a sudden everyone started killing each other! Everything is so good as long as you don't have a dream about failing a test. Because chances are you do, when you wake up, you'll probably be turning a blank test.

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The right way to throw an off campus party

By Elaine Campion
Guest Writer

So you've just moved off campus into a house of your own, and you want to throw a killer party. There's nothing wrong with that, right? It's your god-given right as a college student. But there's always one big thing to worry about: the police busting your place.

Parties off campus have some major plusses—no RA's wandering around looking to write you up, no quiet hours, and a place to crash after the night ends. As much fun as they seem, though, there are also some definite risks involved. There's always the threat of a random gang of townies showing up, the party getting completely out of control, and of course those pesky neighbors calling the cops on you.

It is possible to throw a good off campus party, though—one that can be fun and safe. Mike Belcher, the Director of Public Safety, shed some light on some practical tips for throwing parties. "Contact your neighbors prior to an event," Belcher pointed out that giving fair warning and being on good terms with your neighbors can only be a plus—they are more likely to be a little more lenient and forgiving if you've talked with them beforehand.

Belcher also suggests contacting the police if the party feels like it's getting out of control. The most likely place for someone to be harmed or injured is an off-campus party, since students are away from any campus-enforced rules or authority. If a party gets out of control, don't be afraid to ask for help.

Belcher points out that Public Safety is available to help out students—that's their job. "We're not out there to bust parties," he said. "We have other things to worry about."

If you have a club or sports event and want to throw a big off campus party, you can also contact Public Safety to give suggestions about safe venues, transportation, and even security companies. Belcher also said that Public Safety is planning on starting up a web-site that contains some tips for safe party planning, including ideas for beverages—both alcoholic and non-alcoholic, how to keep those unwanted guests out, and even tips on how to spot things like alcohol poisoning and other health concerns.

College is the time to kick back and party it up while you're still young, but you don't have to be completely stupid about it. Play it safe, and be careful out there.

Partying hard is a college student's God given right. But do it safely!

Scoot and Big Tone's Restaurant Review

By Tony Madrigal & Scooter Bloom
Columnists

Going home over the three day weekend really remixed me of something. My mom was shocked by how much I was eating. She asked me, "Don't you eat at school?" I told her, "No, I am a poor, starving college student." And by a "starving college student" I meant that I always want to go out to eat but I have no money. This reminded Tony and I of a simple solution... Costco.

Now, there are two ways to take advantage of Costco. For those of you that have a Costco card, you can just enter the store and your problems are solved. Just walk around and fill up on whatever they are serving at the free sample stations. Crackers, peanut butter or whatever you can find to satisfy your hunger. And the best part is, it is entirely free. However, for some of us this either does not fill us up or we don't have a Costco card.

But don't worry! If you don't have a Costco card do what Tony and I do and hit up the food court. It is one of the best complete meals you can get for fewer than 5 dollars. Tony went for the classic hot dog and a soda for $1.50. How can you beat that?! I went for a chicken bake and soda which still only cost me $3.50. It doesn't sound like a lot but it can sure fill you up. To cap off our meal Tony and I enjoyed a warm, sugary churro. The trick is not to order it with your other food but order as you leave so it is nice and warm.

To get to Costco take Pacific Ave. north and make a right on Hammer Lane. Follow Hammer a few miles and Costco will be on the corner of Hammer and West Lane on your right hand side. Tony and I give Costco 9 "finger licks" because you can't beat the free food or those prices. For poor, starving college students Costco is where it is at.

Costco is a great place for either free samples on the inside or a cheap and filling meal on the out.

For more information:
Visit the Pacifican website (www.thepacifican.com)
OR
contact Drew Thorne (drewthorne@gmail.com)
LYRICAL ASTROLOGIST PRISCILLA PARK
provided by www.dailyhoroscopes.com

1/20-2/18 Aquarius
An old resentment may surface over money today. Remember, money is not the problem, it is what you do with the money that is the problem. This may be a situation of good timing.

2/19-3/20 Pisces
Rushing about could cause some problems so, easy does it. Learn to plan ahead as much as possible. If your time is already taken, say no to other activities for now.

3/21-4/19 Aries
You may be somewhat impulsive today and find yourself doing things you normally would not do. You may also experience some irritability, but it will pass relatively quickly.

4/20-5/20 Taurus
Spontaneity is the mood of the day. Enjoying your work and the people you work with allows you many opportunities to be creative or, to at least pass on your wonderful ideas to others.

5/21-6/21 Gemini
You may find yourself looking for a little romance later today or at least enjoying some fun conversations with a very close friend. You can appreciate feelings and movement.

6/22-7/22 Cancer
Public relations and educational matters may require your attention. Your mind is shrewd and practical as well as original. It’s a good time to begin new projects or a new job.

7/23-8/22 Leo
In order to take advantage of changing circumstances, status and security goals need rethinking. Your career is a focus for this, but your home and family situation is also involved.

8/23-9/22 Virgo
Your mind is quick and sharp, and you have no difficulty with problem-solving techniques today. You are beginning to learn to let go of tension. As you surrender to life, you will be propelled forward.

9/23-10/22 Libra
Become energy conscious when purchasing machines and equipment. If you are looking for a job, now through the sixteenth would be a good time to find one.

10/23-11/21 Scorpio
This is a significant day and you will find yourself feeling in good health and enjoying the day. Spending time with close, old friends is a good choice this afternoon.

11/22-12/21 Sagittarius
Close relationships take on more emotional depth, power and importance. If you have a significant other, now may be the best time to deepen the relationship. Words of reassurance can work wonders now.

12/22-1/19 Capricorn
This evening, you and a loved one may become involved in a psychic experiment between the two of you. The connection between the two of you is unique.

COMICS

Sudoku

To solve the puzzle, each row, column and box must contain each of the numbers 1 to 9.

Intermediate Sudoku #5

Answers to this week’s Sudoku:
Rec Sports Power Rankings by Bryan Lenze

INDOOR VOLLEYBALL POWER RANKINGS

WEEK 1

Rank/Pry Rank Men's Competitive
1. #2 Alpha Phi – Alpha Phi just rolled over the competition in week 1
2. #1 Delta Gamma – There’s whispers that maybe Holmquist is a little too soft...???
3. #3 Beta Theta – Team needs to regroup after Alpha Phi’s dismantling

Co-Rec Competitive
1. #1 Flight of the Phoenix – This team is going to bring the noise
2. #2 Costello & Co. – Wulf & Costello made a mockery of the Trebeck fan club
3. #1 Always H1 – Big week for Hawaii with 3 winnable games
4. #2 What is the Alex Trebeck Fan Club? – Where is Sarah Vinal?
5. #1 The Next Best Thing – The housing squad doesn’t have many daunting team members

Women’s Competitive
1. #2 Awwwright – This team doesn’t know what losing is
2. #4 Alpha Chi Sigma – This crew plays volleyball like it’s their job
3. #5 Diggin’ & Swingin’ – One of those teams that no one wants to face
4. #1 Comrades of Chairman Wang – The team’s girls are overmatched
5. #3 Phi Delta Chi – Team is still a contender in a very tight division

OUTDOOR SOCCER POWER RANKINGS

WEEK 1

Rank/Pry Rank Men's Competitive
1. #2 Delta 9 – Maybe Sigma Chi’s last shot at a league championship this year
2. #3 The Fuglies – Addis’ entourage is definitely the better Pike squad...It’s not even close
3. #1 King of the Castle – The team’s roster is surprisingly thin for an AH Production
4. #4 Samba – This team is still capable of beating any other team in the division
5. #5 The Gorgonzolas – The team in its first outing

Men’s Recreational
1. #2 Better Looking Team – Team is solid but maybe a little overconfident

Women’s Recreational
1. #2 Awwwright – The showdown with DG could be a championship preview
2. #1 Kappa Psi – Nakahara with the Bowties
3. #3 Kappa Psi – Scrappy team that isn’t an easy out

Women’s Competitive
1. #3 Chi – Has finally decided to show up this season
2. #1 Flying Ace – A spot in the championship is definitely in the cards
3. #4 Pledge Monkeys – Team looks uncoordinated and lost out there
4. #5 Sigma – Danielle’s rejects have their work cut out for them
5. #3 Kappa Psi – Team is emotionally damaged after getting throttled in Rd 1

Women’s Recreational
1. #1 HP – Team will be disappointed if they even lose a game let alone a match
2. #2 Delta Gamma – The DG girls better be taking extra reps in volleyball class
3. #1 Theta – Team looked solid in debut, but DG and HP are at a whole different level
4. #3 Delta Delta Delta – Tri Delta is going to have to play flawlessly to win a match this season

Put a Brighter Spin on Tomorrow

All proceeds will go to Humanities Hub Administrator Nancy Snider’s family in honor of her daughter Laura Snider. Laura suffered a severe cerebral hemorrhage passed away in March. All gifts are greatly appreciated. The event will take place April 28th, 2007 from 11:00am to 4:00pm.

Name:
E-Mail:
Phone Number:
I will be riding with a team: ( )
I will be riding on my own: ( )
Individual riders please mark the hour that you would like to ride:
11:00-12:00 ( ) 12:00-1:00 ( ) 1:00-2:00 ( ) 3:00-4:00 ( )
Team Name (if applicable):
Student: ( ) Non-Attending Student: ( )

Please use this form to sign up for the Spin-a-thon at the Fitness Center!
SPORTS

On the Inside with: JUSTIN BAUM

Bonds, Worthy of the Money and HR Title?

Justin Baum
Guest Writer

Crack, there it goes ladies and gentlemen, ... (Right) Starting point guard for the Pacific Men's Basketball team, Solomon Horsechief of Muskogee, Oklahoma.

While Blain and Clint did not agree on how much Bonds is worth this season, they both did agree that if he passes Aaron this year he should hold the all time home run record. According to Blain, "it has not been proven that he ever took steroids, right now they are just allegations. Until it is proven, I think he should be given the crown if he passes Aaron."

Similarly, Clint said, "I think he should get recognized for having the record if he gets it. Right now I see no reason why he should not be recognized for it. While Blain and Clint are convinced that Bonds deserves to be recognized if he reaches the record, Major League Baseball and commissioner Bud Selig are not convinced. When asked last week what he will do if Bonds passes the record, he said that he was not sure at this point. While I understand the apprehension of the commissioner with all the allegations that have taken place, I do not see how they can deny Bonds of the record without a positive steroid test. I do not think that it would either be warranted or just. It seems the only thing certain about the upcoming season is that it will be interesting. We will all see if the 42 year old Bonds can stay healthy and poised enough to stare down perhaps the biggest record in the history of sports. Personally, I hope he does just that to show all of us who question him how good he really is and why he is the King of Home Runs.

DeAngelo Garrett
Guest Writer

The Pacific Tigers basketball team saw many new faces during the 2006-2007 basketball season. One of the many new faces was Solomon Horsechief the starting point guard from Muskogee, Oklahoma.

Horsechief was one of the new players who really stood out for the Tigers this season—making great decisions with the basketball and setting up his teammates. Just like any new player Horsechief had some adjusting to do. He had to get used to how things are in California as opposed to how things are in Muskogee, Oklahoma.

After the adjusting phase Horsechief learned a few things as far as playing at the division 1 level. When asked about what he had learned over his first season Horsechief said, "the season is longer and everyone should expect to get more bumps and bruises. Everyone at the division 1 level is very physical in some way or another so getting banged up is something that comes with the territory."

Coach Adam Jacobsen would also like to see Horsechief learn how important every possession and every play is at the division 1 level. "I feel pretty confident that he will continue to learn that as next season arrives," said Jacobsen.

Since Horsechief is from Oklahoma, the state of California was another thing to get used to. Horsechief thinks that California has better weather and everything is more expensive. There seems to be a good and a bad in that mixture but it was all about adjusting for Horsechief.

Although this season may not have turned out the way Horsechief wanted it to, he always has next year to improve on some areas where he may not feel strong. Some of his main focuses for next year are winning Big West, having a 20 plus win season and being a team leader. Horsechief also wants to be one of the country's top players.

He will work very hard to accomplish these goals next season. This first year experience will hopefully prepare him for things to come.

Solomon Horsechief's first year experience