ASuop Presidential Candidates Debate

Elections end today, results due tomorrow

Andrew Mitchell
News Editor

ASuop Presidential candidates got the opportunity to appeal directly to students on campus during the ASuop Presidential Debates held March 4 in the McCaffrey Center.

The five candidate teams were able to express aspects of their platforms during opening statements and by answering questions from elections coordinator and debate moderator Elizabeth Herrera plus audience members.

"We're both very excited to run for this and work for you guys," ASuop Presidential candidate Marco Stefani said, referring to himself and his running mate Jeff Surface.

"I want to try to make some positive changes," Surface added during their opening statement.

This year five candidates for ASuop President have emerged, presenting students with a variety of ideas and opinions to vote for.

"I don't know that we've ever had five presidents running for office," said Elizabeth Griego, Vice President for Student Life.

Each candidate team was given 90 seconds to present opening statements, introducing themselves and briefly explaining their platform positions.

"I think I can do a lot for this campus if I'm elected ASuop President," candidate Joel Strauss said simply. Strauss and his running mate, Hunter Tanous, are emphasizing the importance of scholarships and hope to expand scholarship opportunities for students.

"We want to make this campus more sustainable," said candidate Edwin Lindo highlighting one of the campaign pledges he and his running mate, Sophie Zumont, are running on.

Those in the audience were treated to a well-organized debate, with time limits strictly upheld and little down-time.

"I was very pleased with the debate," said Griego. "They all had great ideas. I was very impressed with every one of the speakers."

See ASUOP, page 3

Chuck D Speaks in Honor of Black History Month

Chinwe Ohanele
Staff Writer

Former Public Enemy rapper, Chuck D visited the University of the Pacific Thursday, February 28 to lecture about Black History Month to a crowd of about 150 people in the Faye Spanos Concert Hall.

Beginning with somewhat winding introduction, the rapper settled in to talk about today's youth: the internet generation. They grew up with high speed internet, Facebook, Myspace, Youtube and iLike. Even with boundless technology this generation does not take advantage of it to expand their personal knowledge. Instead technology is a medium used by BET and MTV to tell today's youth what to think, do, and say.

"The mind is the real estate of the new millennium," Chuck D stated several times. He believes young people should educate themselves on the things they love and should know everything about it. If that means going to college, then they should; if it means gathering information from books or even through personal experiences of others.

See CHUCK D, page 2

Career Faire Welcomes Pacific Students

Christine Le
Copy Editor

There will be a career and internship faire today from 11 a.m. to 3 p.m. in the Grace Covell Dining Hall. For Education majors, there will be one at the Benerd School of Education from 4 p.m. to 6 p.m. Students do not need to stay the entire time, but may come and leave as they please. Both are being put on by the Career Resource Center.

Eighty employers and 20 school districts will offer students opportunities for internships, part-time and full-time positions, as well as non-profit opportunities.

This year, the theme is "Set a Course for Your Career." Students of all majors are welcome and should bring a copy of their résumés, as well as dress in business-casual attire. Students not graduating soon are still recommended to attend in order to explore internships and part-time prospects that serve as good experience for landing full-time positions.

"This is the best way to begin relationships with recruiters," remarked Deb Crane, Employer and Alumni Relations Consultant of the Career Resource Center. 

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Final Home B-ball Game
Pacific Hosts Political Analyst

Nathan Wenger
Staff Writer

This past Thursday, Pacific's Phi Beta Kappa honor society sponsored a lecture by Morris Fiorina, a Stanford Political Science professor and author of Culture War: The Myths of a Polarized Electorate. The lecture took place in the Presidents' Room, and covered a brief history of political science over the past century as well as changes in the political arena that have occurred over the past decade.

Fiorina discussed the “Culture War” in America which he believes is the result of political candidates, lobbyists, and interest groups becoming more and more extreme in their liberal and conservative positions. In 2004, in what he believes to be the zenith of the culture war, the country was considered by many to be a “Divided States of America.” This notion brought about a shift in focus during recent elections where more emphasis has been placed on mobilizing voter bases rather than winning over “swing votes” in the middle.

Fiorina thinks the media made matters worse in the never-ending quest for ratings. Togetherness and agreement do not get ratings; conflict breeds interest, so the media further polarized the issues and positions in the public's eyes. Their attempts at polarizing the public have failed in Fiorina's eyes.

There are more moderate voters, roughly the same number of conservatives, and fewer liberals than there were fifty years ago. Voters have a great deal in common whether Democrat or Republican. The voter's positions cannot be inferred by their choices because of the “It's not for me, but I wouldn't want to be discriminated against if it were,” attitude held by many Americans.

Fiorina's speech also covered party sorting, the phenomenon that has seen Democrats move more towards the liberal end of the spectrum and Republicans migrate towards the conservative end. This is a result of the polarization of their choices, not their positions, and it is the polarization of the candidates and elected officials, not the voters. Therefore it is important when forming opinions about political candidates to compare their positions with what they've done and see where their priorities truly are.

The lecture came to an end with the negative conclusions from the 2008 political climate. Civil unrest is low, and there is more of a split political power between Democrats and Republicans, but there is no Divided States of America. That said, there have been lost opportunities in past years, and some political turmoil has possibly come as a result.

Fiorina hopes this is fading and the November elections will be the beginning of a new age of political awareness, activity, and responsibility.

CalABA Conference Showcases Psychology Department
Heather Breen
Staff Writer

Various students and faculty members in the Psychology department were absent from campus February 21 through Feb. 23. Instead of going to class, they were attending the California Association of Behavior Analysis conference (CalABA) in Southern California.

The conference draws undergraduate and graduate students from psychology and education programs, as well as faculty members from California universities, researchers, and practicing mental workers.

Highlights of the conference include numerous workshops where professionals gain up-to-date information that meets continuing education unit requirements. Academic presentations and lectures are also a huge component of the conference.

The conference focused on Behavior Analysis, a growing specialty within the field of Psychology. Behavior Analysis makes use of behavioral principles such as reinforcement, punishment, extinction, and schedule to alter the behavior of individuals as well as groups of people. Behavioral techniques have been widely and effectively applied to individuals with special needs, severe mental impairments, and children diagnosed with Autism among other specific populations.

Sophomore Joey Nevarez volunteered at the conference as a room monitor, which allowed him to receive partial See PSYCHOLOGY, page 3

CHUCK D, continued from front page

After the faire, students can submit their resumes online through Tiger Jobs if they are interested in any of the positions.

A benefit of applying through Tiger Jobs is that students will not have to compete against the public. Since these employers only come to five universities in California and Nevada to offer entry-level positions, Pacific students' applications will only be reviewed with those of students from these other schools.

"This is the perfect chance for students to make first impressions on-who may be their future employers," stated Crane. "We at the Career Resource Center work to build good relationships with these employers because they are here to hire Pacific students. And with our economy today, this chance for hiring is really a benefit that a lot of people don't have."

Career Resource Center. "Most people get hired through referrals, so all students should really take advantage of this opportunity to meet and network with employers. You never know where it can lead you."

A variety of employers will be present, including Disney Worldwide Services, F&M Bank, the FDA, and Children's Home of Stockton. There are also 35 new employers this year, some of which are Kaiser Permanente and Dole Frozen Food Packing.

"The majority of the companies are hiring for different types of entry-level positions, such as marketing, customer service, management, accounting— not just for the type of work associated with their name," said Crane. "For instance, a student does not necessarily have to be interested in packing food to get a position at Dole Frozen Food Packing."

He encourages young people to vote, he stressed knowledge again.

"Vote in the elections that decide the judge who might send you to jail," he said. Local politics, according to the rapper, prepare young people for larger scale campaigns such as the current Presidential campaign. He wants young people to understand what the issues and initiatives are and how they will affect them so "they can stop watching the election like it's the Super Bowl!"

Rap, hip hop and R&B were also explored by Chuck D in his 'vibe session' lecture.

"Americans have forgotten history and geography," he said. By retracing the route jazz took north along the edges of the Mississippi River, he was able to show how the river transported what was known as 12-16 music at that time, which later became known as race music or jazz, up from New Orleans.

When the natural migration north ended, technology continued through the different forms recordings took, from the radio to the first mp3 to our modern iPods. With the migration, culture slowly changed the meaning of hip hop.

Chuck D spoke of the absence of strong female participation in hip hop and rap stating that hip hop cannot be great unless women are a part of it. He also recognized that like rhythm and blues, soul and various other forms hip hop evolved into, rap is not going away. It is an expression like any other kind of vocal.

"Chuck D inspired the audience, in particular the youth, to learn about their passions," said Serjio Acededo, the Director of Multi-Cultural Affairs. "Knowing that youth value the language and meaning of 'Being about it,' Chuck D issued the challenge of, 'If you want to be about it, be a nerd at what you love.'"

As he closed his lecture, he encouraged young people to arm themselves with knowledge of history and geography. The rapper explained that to understand something truly is to know its history and its origin.

Once the lecture concluded Chuck D took pictures with attendees and signed autographs. A reception was held in the Regents room following his speaking engagement.
One of the ideas that received a good deal of scrutiny was Linda's plan for an ASuop textbook exchange program. Citing the high costs of most college textbooks, Linda proposed that ASuop become a channel for students to sell back their used textbooks, receiving more than they would at the University Bookstore, or buy the books from ASuop at a cheaper price.

Other schools have adopted similar programs which work efficiently, according to Linda. Issues other candidates and some audience members brought up concerned costs to ASuop and a lack of storage space for the textbooks.

Frankie Griffen, current ASuop senator, gave possible scenarios if the textbook exchange program put a budget. He listed the scenarios if the textbook costs were cheaper:

1. **Sophie Zumout, Guest Writer**

   Even though I am a junior and very involved on campus, it wasn't until this past fall that I learned about the impact of the Pacific Fund. I was invited to give a speech on behalf of all scholarship recipients to a special group of donors at the Heritage Society and Scholarship Luncheon in October. In preparing my remarks, I learned some valuable information I want to share with you.

   While I'd heard that over 80% of undergrads receive financial aid, I didn't realize how much of that support came directly from private individuals who give to the Pacific Fund and endow scholarships. It turns out, the cost of tuition, even as it rises, still doesn't come close to reflecting the true cost of a Pacific education. Even those who pay full tuition must be grateful for the generosity of others.

   In the past seven years alone, donors contributed over $330 million to Pacific through the Investing in Excellence campaign. Those funds are being used to directly enhance academics, facilities, faculty research, and endowments. Not only do we benefit now from these contributions, but we will continue to benefit far into the future, as these gifts increase the prestige and value of our degrees.

   I hope you join me in acknowledging the role of philanthropy in enabling the endless opportunities for growth we've had at Pacific. As I told the donors when I was up on the stage that day in October — together, we must invest in the future of our alma mater. I pledge now that I will give back to the Pacific Fund year after year when I become a proud Pacific alumna.

**Support Hands-On Learning**

Pacific's tradition of academic excellence is made possible by the generous annual support of many loyal alumni, parents, and friends. Gifts to the Pacific Fund enhance the University's reputation and provide a vital source of funds for undergraduate scholarships, experimental learning, faculty scholarship, re-search, and academic innovation.

**Contact:**
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Director of the Pacific Fund
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Spring Break Relaxation

Spring Break isn't actually like the depiction of MTV unless you go to Tijuana and find all the other American college students in order to party hard. The alternatives are the I-can't-afford-to-fly-anywhere-or-pay-for-gas-so-I'm-going-home-and-being-a-bum and the ever-popular my-spring-break-buds-abandoned-me-so-I-have-nothing-better-to-than-study. It's only a week, and sufficient traveling can only be done in one.

Spring Break shouldn't be the spring alternative of Winter Break. It shouldn't be the I'm-going-home-and-visiting-everyone-I-know-and-having-the-time-of-my-life; it should be the I-just-had-three-midterms-and-I'm-about-to-go-pass-out-in-my-own-bed period of relaxation. Take a day to mentally withdraw. Massage the temple, drink plenty of fluids, take time to de-tox; water is your friend, as is cranberry juice. Fruit is a marvelous thing as well. Healthy eating will help you cleanse your body and flush out your liver. Vindicate yourself, come to terms with the upcoming workload, the potential for term papers being due soon, the finals that are looming now that you're past the halfway point, and prepare for later panic about these issues. Let it all out, see a therapist, see your uncle. Let the time fester and let the relaxation sink it.

New Talent Exclusive!

Jeff Morgan
Poetry Columnist

I wrote this article with a smile on my face. New talent is something that really excites me, perhaps not in the way the poem is meant to excite the reader, but in the sense that I am so thankful to hear new voices in the wonderful dialogue between man and infinity that we call poetry. Christine Le, a born and raised Stockton native, is an English major. Christine started writing poetry only about one year ago but has been asked Christine about the poem, she said that I am so thankful to hear new voices in the wonderful dialogue between man and infinity that we call poetry. Christine Le, a born and raised Stockton native, is an English major. Christine started writing poetry only about one year ago but has been working harder to develop this new found medium of expression. This poem was written for an assignment for Dr. Camille Norton's creative writing class where we were asked to involve both sex and death in the same poem. When I asked Christine about the poem, she said she wrote it with the intention to juxtapose consensual sex with rape, portraying a metaphorical death of the mind as a result of rape. She aims to indicate the transitions with alterations in the structure as well as tone. I see a lot of potential in this poem and this poet, and I look forward to her future contributions.

Crescendo

Salivating, you smile in me and I am beautifully blind in heaven till you celebrate in my frown and hell starts to digest me. To your stroke I curiously tingle, my veins grin wildly and burst as I fracture under your iron grip, breasts bent out of shape as my mind inhales for a taste of mercy.

Fingers tease and lips do appease, two hearts spill willingly into one rebirth.

Fingers bruise and ears don't listen, and a heart dies when you drink from swelling eyes until like a clock, I am comatose.

The rare exhilaration, the imposing terror of this roller coaster.

We crescendo, you crescendo

and I fell off and died that second time.
Backpack Infidelity

Matt Brady
Humor Columnist

It was the kind of experience that would compel Tom Cruise to issue a litany of religiously significant acronyms or force Keira Knightley to start eating. It was a dark occasion, but in an un-Oscar worthy way. A weaker soul might have left the room sobbing or, worse, tried to pull the old accessory switcheroo (think Quick Change magic, not Winona Ryder in a department store).

No, it wasn't a tête-à-tête with Hillary Clinton, although that would have been frightful. Rather, I witnessed a homeless man carrying a backpack that was the same model, color, and texture as my own. Of course, I knew the backpack wasn't mine — my own sack was in a safe place — but the fact that they looked so similar had me instantly incensed.

Had my connection with the homeless man occurred over any other accessory, I might have let it pass. But not a backpack. Backpacks are as personal as the people they ride on. Like the tiny papooses of California's first inhabitants, they accompany their guardians unhaltingly, sometimes swinging gently at the side. On other, more turbulent occasions, they lay double strapped and tightened in for extra security. The backpack is an intimate accessory, because it gets to put its straps where most people can only dream of putting their hands.

Seeing your backpack ride on someone else's back is like discovering your Rolex is fake, except worse, because even a fake Rolex can be faithful.

But what to do? The Backpack Bill of Rights, a sacred document among those who believe themselves more than just an empty sac and who want to peregrinate with pride, explicitly prohibits harming other backpacks, even those that are riding with another. So I gave the homeless man a quarter and had a DTR with my backpack where I explained everything I'd seen.

My backpack and I have been together since high school and our relationship has already survived a couple years of college. It's been tough, but we've stuck side-by-side through it all. I raised the possibility that maybe we weren't giving each other enough space and that each should allow the other more room.

And what do you know? It turned out to be an innocent misunderstanding. I was reading way too much into a guiltless situation. Now I feel a lot better knowing that someone has my back.

That's What She Said... Liars, Cheaters, and Bitches

Nadia Mahallati
Editor-in-Chief

A few months ago Cosmopolitan magazine said women who sleep with guys that have girlfriends are the lowest life forms. They were wrong; the cheater is the lowest life form. So why do we hate the other woman instead?

It is easy to despise her. Maybe you've gained some weight since first getting with your boyfriend and she's a size two. Maybe she is more adventurous than you. She must be better than you in some way because if she wasn't, he wouldn't be with her. It isn't hard to hate someone who is not only better than you, but also stole your boyfriend.

The cheater, on the other hand, offers all kinds of explanations. He was drunk. He was lonely. He missed you. He swears it was a one time thing and meant nothing. Women believe these lame excuses. We forgive him and wrongly blame her.

It is easy to fall victim to the twisted logic behind cheating. When I found out I had been cheated on, I was livid. After a few days, though, I forgave him but became obsessed with this other girl. I checked her Facebook every day. I talked to my friends about her constantly. I gave her death looks whenever she walked by. I could only think about how much I loathed her existence.

When it happened again, I realized how stupid I had been. Why had I wasted time hating that girl when I should have hated him? He is the one who spent hours, days, or even months with this other girl, flirting, texting, getting coffee. He is the one who pretended like I didn't exist when he was with her. He is the one who betrayed me.

The girl is just along for the ride. She meets a really cool guy and enjoys spending time with him. Sure, he has a girlfriend, but he refuses to talk about it. If anything, he'll mumble something about "problems" and then quickly change the subject. She feels the same way his girlfriend does: "Why does he like her more than me?" Soon, she's stalking the girlfriend on Facebook.

Who is to blame for all of this? The cheater, yes, but so are the girls who forgive them. By forgiving unfaithfulness, women are actually encouraging infidelity. Cheaters see no real consequences for their actions, and soon fall back on old habits, causing even more heartache. The vicious cycle needs to end. Once a cheater, always a cheater" is cliché because it's true! Men rarely put up with cheating girlfriends. It's time for women to stop hating each other and find a real man who won't cheat on them.
Midterm Madness

We all probably know someone in at least one of our classes who is a sponge. A sponge is someone who sits in class, listens to the teacher, nods occasionally, and seldom takes notes; they might even sleep for a bit. All the while, you are in class furiously taking notes, asking loads of questions and have already planned a study group for that night. Yet even though that seemingly lazy sponge does not move or breathe in class, they somehow manage to retain every word of lecture. They probably sleep with the textbook under their pillow to absorb the information through osmosis.

Though we would all love to have this superpower, it is not very realistic for the typical college student. Many of us require constant studying, especially science and engineering majors. Some frequent the library so often that they might as well take up permanent residence. Kristen Chang, a third year pre-dentistry major says, “I typically have to study consistently throughout the course, which is typical for my bio classes. For most other classes, I can do just fine studying a few days before.”

Of course, not everyone needs, or let alone wants, to study so diligently. To find out what the typical student does in preparation for midterms, I surveyed over 100 people from schools across the state. Some students, like Aric Evins of Pacific, prefer not to study. “I try to pay attention in class furiously taking notes, asking loads of questions and have already planned a study group for that night. Yet even though that seemingly lazy sponge does not move or breathe in class, they somehow manage to retain every word of lecture. They probably sleep with the textbook under their pillow to absorb the information through osmosis.”

In extreme cases, a few people study up until the night before a test, even as far as to pull an all-nighter. On the other hand, Jessica Guy, a music Pathology major expressed her variety of study environments: “It really depends on what stage of the study process I am in. For the first couple of days, it is ok to have some distraction, but when it gets to be cram time, I turn off the TV and other distractions.”

“Teachers are not exempt from the hassle of midterms. Professor Alan Lenzi of the Religious Studies department commented, “I hate to write exams almost as much as grading them. But since I have to do both, my exams have at least one element that is open-ended, something that requires students to apply their knowledge reservoir creatively. It’s more evil that way. I mean, fun.”

Sudoku

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The Real Pacificans

Hawaii Club

The University of the Pacific is located in Stockton, California and is like a second home to over 80 students from Hawaii.

The Hawaii Club is a non-profit organization with the simple goal of sharing the Hawaiian culture and the aloha spirit with fellow students, faculty, and members of the community.

On Saturday, March 29, 2008, we will be able to achieve our goal by hosting the Seventeenth Annual Hawaii Club Lu’au. "Hot Hawaiian Nights," the largest multicultural event on campus. Lu’au features a traditional Hawaiian lu’au feast, including pig, chicken long rice and poi, a hula and Tahitian show, and a concert by Rebelution. The highlight of the night is the hour-long hula show performed by our very own club members. We will also be have a Country Store selling Hawaiian merchandise, food and clothing, various games, and even a photo booth with the PowerCat.
Iron Chef Pacific
The Taste of Success

Linda Lopez
Staff Writer

On Tuesday, February 26, 2008, RHA held their first Iron Chef Pacific competition. Four groups of four walked into Raymond Great Hall ready to wage a food war. Although the competition did not begin until 7 p.m., the fierce competitors were escorted into the kitchen two hours before the showdown in order to get a look at the hundreds of ingredients that could be used to create the three required culinary masterpieces while sizing up the competition.

After taking a tour of the kitchen—a view of the immense and pristine kitchen so unfamiliar to the typical Pacific student—the head chef called the contestants in order to reveal the secret ingredients: three wild mushrooms, sashimi, and skirt steak. As eyes drooled and drooled over the secret ingredients, it was obvious creative minds were working hard, trying to think of way to showcase the secret ingredients. The Pink team was the first to scurry around and find items to make their plates; the Red, Green, and Blue teams followed suit. Team and after team hoarded the ingredients, consulted with the Bon Appétit consultant, and soon enough were ready to begin.

As the clock turned 7:00 p.m., sauté pans began to sizzle, warm water began to boil and the aroma of herbs and spices filled the air. The buzz in the room was not coming from the serving area of the dining hall, but instead from the kitchen in the back. Frantic student chefs ran around with hot plates as they hid their dishes and tried to keep their cool for the live portion of the competition.

One by one, teams were called out into the dining area of Raymond Great, as they finished and plated their dishes much like the show. Once the fifteen minute prep time was over, the judges called the teams from the stage and onto the floor to announce critiques and give feedback from the judges. As each team came upon the wrath of the judges, the Blue team revealed supreme cooking food that represented each team member’s background. Preparing five dishes (sashimi and cream cheese sushi, teriyaki beef and broccoli, spicy veggie/steak kabobs, wild mushroom risotto, and a vegetarian vegetable stuffed puff pastry), the Blue team pleasantly surprised the judge by finishing their preparation early and cooking two more dishes than required.

The Red team received special recognition from both the judges and the audience, receiving the Viewer’s Choice award for their “California” themed dishes which will be featured in the dining hall in the near future.

K-PACIFIC

Josh Chipponeri
Staff Writer

On Saturday, April 26, University of the Pacific Channel 2, PAC-2 TV will be hosting an event, yet to be named, on the Klein Family baseball field.

We have 10 booth spaces available for interested clubs, Greek life, housing, and other student groups. We are looking to provide a safe-structure environment in which Pacific students can thrive. Also, PAC-2 is looking to encourage musicians, artists, and creativity from individual perspectives.

University departments are encouraged to participate as well, so that this can truly be a University event. Additionally, there are five spots available for Pacific community businesses to reserve.

Finals are coming in May and a PAC-2 student centered event is exactly what we need to apply our University statement, which is to be a student centered, student focused learning environment.

With a stage and venue for student movies, we hope to harness the creative energy on campus.

Curious individuals and questions are directed to Mywayradio@yahoo.com.

Escape to the Caribbean Islands

Abby Liao
Staff Writer

Breadfruit Tree
8095 Blanco Rio Rd
(209) 952-7361

Although not as exhilarating as a Carnival Cruise, the Breadfruit Tree is a great escape. Its location at Paradise Point Marina is far enough from the city to provide a serene, isolated atmosphere.

After you turn onto Blanco Rio Rd, it is already a totally different atmosphere.

Upon entering the restaurant, you may notice its small size, which makes it feel more like a big home kitchen. All four walls and the ceiling are covered with a scenic mural of the island and reggae music plays in the background. The cracking fire and the clanging of the spatula to the wok as your food is being cooked add to the atmosphere of the restaurant.

Enjoy a Caribbean soda as you wait. The grapefruit flavor has a Caribbean taste to it, which you will have to try to know what I mean. The salad came first. I usually do not eat salads but one taste of the special homemade salad dressing, sweet with a hint of vinegar, changed my mind. I ordered the goat curry ($13.95), which was very tender and fell off the bone easily. The savory Jamaican curry sauce contained the perfect amount of spices so it did not overpower the essence of the goat meat. If you are skeptical about trying goat meat, think of it as lamb, but better.

My friend had the chicken peleau ($10.95), which is like paella, rice is stirred with Jamaican spices and vegetables. It goes well with chutney, but do not put too much unless you can handle the spiciness. I must note that the dish looked amazing. It was served on a dark blue plate that complements the combination of colors of the peleau making it even more scrumptious.

I loved how my food was steaming and hot when it came out. As I put the peleau into my refrigerator, the aroma of the spices was still lingering and after an hour I could still feel the warming effect of the goat in my stomach. The semi-homemade meal was very satisfying, as well as a much needed escape from the city.

Panhellenic Leaderpalooza

Rosie Burrell
Vice President Public Relations-Panhellenic

Presidents and elected executive officers from every social chapter of the Greek community at Pacific headed out to Redlands Camp, just outside Santa Cruz, two weeks ago to discuss leadership tactics and upcoming events.

About 20 students planned an all-social Greek scholarship dinner to honor members of each chapter with the highest grade point average. Scholarship is something very important to Greeks across the country, but is too often overlooked by society. Both the Greek men’s and Greek women’s grade point averages are above the all men’s and all women’s average. Because a minimum of a 2.5 cumulative GPA is required to join a social Greek organization, that grade point is expected to be maintained while active in each organization, hence the high averages. Many people on campus do not recognize the hard work that is required to balance chapter and academic obligations.

At Leaderpalooza, executive officers from every chapter decided the best way to remind the school how hard we work would be to honor students with outstanding grade point averages.

Community service is also something very important to the Greek community, so the executive officers decided to team up. The Philanthropy chairs of each organization, CPC, IFC, and MGC, began work on an all-Greek philanthropic event at the leadership retreat, to be held sometime in the next calendar year. Because there will be more people involved at every community service event, more money can potentially be raised for causes, such as the Susan G. Komen foundation, Panhellenic’s philanthropy.

Look for upcoming events posted around campus and in The Pacifican.
Spring Break: How to have fun safely

Corie Emery
Staff Writer

Spring break is right around the corner, and everyone is counting the days until it starts. A whole week to get away, party, relax and have fun.

However, you should know some basic safety when traveling. Some may think they know it all, but there are always new ways to protect yourself.

When on the beach, a common spring break destination, it is important to use sunscreen with at least SPF 15. If you get burned, you can take aspirin to alleviate the pain.

Sunscreen is used to protect against the sun's harmful rays. Here are four tips to help you choose the most appropriate sunscreen.

First, select one that blocks both UVA and UVB rays and includes between four and five percent zinc oxide, also called microzinc. This information can be found on the bottle.

Second, choose a sunscreen with at least SPF 15, but preferably higher. Many dermatologists recommend an SPF 30. Third, choose a sunscreen based on your activities for the day. For example, if you plan to be in water use a waterproof sunscreen, and be sure to reapply often.

Lastly, choose a sunscreen that feels good on your skin so you will be comfortable wearing it all day. Some sunscreens are sticky and take more than a few rubs to sink in.

Everyone talks about SPF, but not everyone knows exactly what it means. SPF stands for Sun Protection Factor and is used to measure the protection against sun rays.

The number in the SPF is a multiple that compares to your skins vulnerability to burn. SPF 15 means the damage the sun causes to your skin in 15 minutes is the same as it would be in one minute without sunscreen. The higher the number, the more protection from the sun. Dermatologists recommended sunscreen be reapplied every hour or two.

Drinking in the sun equals a bad sunburn and an even worse hangover.

The sunlight increases the effects of alcohol. Be sure to drink lots of water to avoid dehydration.

Sunglasses help you look good and protect your eyes from the sun. Newsweek recently reported that cold sores can worsen from exposure to the sun, so use a lip balm with sunscreen.

Watch out for the rip tide and rip currents. The best way to battle rip currents and tides is to swim parallel to shore until you are out of the rip current, then swim towards the beach.

For those taking a road trip, make sure your car is safe by checking out belts, hoses, fluid levels, spare tires and the normal road tires. Be sure to pack tools, such as cell phones and their chargers, a first aid kit, a flashlight, a fire extinguisher, and water and snacks in case the car breaks down.

It is also a good idea to bring your health insurance card in case you get hurt. Let your family and trusted friends know where you are leaving, when you will return, and how you are traveling; if something goes wrong, it can be reported faster.

No matter what you do, always remember to always carry emergency cash and keep phone numbers for local cab companies handy in case you get left behind.

When walking alone, avoid putting headphones in both ears so that you can be more aware of your surroundings.

Remember, even though you are on vacation, you still need to be safe.

Shopping For A Cause
Thrift store raises funds for non-profit organizations

Nicole Matthews
Copy Editor

The Social Entrepreneurship Club hosted Pacific’s first campus “thrift store,” a clothing swap in George Wilson Hall on Friday, February 29 benefiting several non-profit organizations. The club focuses on finding ways for non-profit organizations to become self-sustaining through micro-financing or using businesses as a front to increase returns then transferring that money toward a social cause. The club asked for student contributions to the clothing swap and then sold the items for fifty cents to four dollars. Students who donated items were allowed free entrance to the event; others were asked to provide a two dollar donation at the door.

Junior Haley Turnbow, treasurer for the club and organizer of the event, said, “It was really successful, for the first time doing an event like this on campus. We collected a ton of clothes from everywhere on campus, many people cleaned out their closet to help. I was honestly surprised at the amount of clothes that we had for both women and men. We ended up making over four hundred dollars and all the proceeds are going towards four different non-profits that are linked to the University through the Social Entrepreneurship Club.”

The profits from the fundraiser are going toward four organizations: Ties to the World (an orphanage in Guatemala), Seeing Hands (the Blind of Nepal), Dream Generation (helping Afghani girls schools), and Globe Eyes (Kenyan orphanage). Clothing and accessories that did not sell will be donated to WEAVE, the primary provider of crisis intervention services to survivors of domestic violence and sexual assault in Sacramento County.

The Social Entrepreneurship Club meets on Thursdays from 5 p.m. to 6 p.m. in Callison Hall behind George Wilson Hall.

ASuop: Bad, Chipotle! Naughty, Chipotle!

Dear Tigers,
I feel it is my obligation to inform you of a minor reduction in our student discount program. Chipotle, a long time member of the ASuop student discount program, had decided to stop offering students a free drink with purchase. Instead of calling ASuop to inform us of this change in policy, they simply stopped offering the free drink on their own. I called to ask them about the sudden change, and they refused to speak to me, only rudely saying, “We have changed our marketing policies. Go on our website for more information.” What does marketing have to do with offering students a free drink, you ask? I have no idea.

Maybe we should all go to Baja Fresh instead. Baja, after all, still happily offers us a free drink.

Other than that, all is well in the Student Discount world. For a list of all the places that offer Pacific Students a discount, come by the ASuop office anytime.

Your Friendly neighborhood Communications Executive,
Giovanna Arieta

Capturing The Flag For The World

Aileen Shon
Staff Writer

On March 2 a Capture-the-Flag game was hosted by the on campus Ties to the World. It was a game to help raise money; members of the group could have the opportunity to volunteer at an orphanage in Guatemala. Volunteers will assist in a variety of projects to help improve orphanage conditions.

The game was pushed back a week in hopes of gaining more participants. The event, which was supposed to run from 2 p.m. to 6 p.m., ended up being just short of two hours.

“It was on a Sunday so people were probably tired from the weekend, maybe they were stressed about the week,” said freshman and event creator Jessica Garland. “We were trying to get more of the Greek community involved, too.”

Ties to the World is a nonprofit organization. Its primary goal is to help orphans “become self-sustaining through the development of small entrepreneurial businesses.” The organization would like to help orphans grow to become educated and supportive citizens by offering them the right tools and supplies needed to succeed.

Pacific’s division has plans to get more students involved to help support this cause.

“We’ll start advertising for future events earlier. We’ll also spread the word person to person by going to the Greek houses and dorms,” said Garland.

For students who would like to help out in the future, there will be a talent show after spring break. Details of the event will be announced at a later date.

Garland hopes that Ties of the World “can build a solid foundation so they can improve [orphans’] lives” by “helping them one step at a time.”
The Pacific men's volleyball team fell to No. 3 BYU in three games on Saturday, Mar. 1 in Utah. The loss drops the Tigers to 1-16 overall and 1-13 in Mountain Pacific Sports Federation (MPSF) play. No. 3 BYU advances to 14-1 overall and 9-1 in the MPSF. Scores of the match were 30-24, 30-28, and 30-20.

The Tigers came into Smith Fieldhouse on Saturday looking to avenge themselves against the No. 3 BYU Cougars. Game one started off with promise as the two teams tussled back and forth until a kill by BYU's Trent Sorensen made it 7-7. Pacific then surged ahead, as they scored seven of the next twelve points to take the lead 14-12 behind a hitting error from the Cougars. Ivan Perez then answered for BYU with two consecutive kills to even the score at 14-14. Once again the teams traded blows as junior Jeff Hendershot and senior Simon Chen-Byerley added to the Tigers' offense, and helped to notch the score at 20-20.

BYU took the game into their hands at this point and went on a five point run of their own, aided by three Pacific errors in the process, to take a 25-20 lead. Moments later, a service error by BYU gave BYU a three point lead, 26-23. Once again the teams traded blows as junior Jeff Hendershot and senior Simon Chen-Byerley added to the Tigers' offense, and helped to notch the score at 26-25. A kill and a service ace ended the game for the Tigers as they fell to BYU, 30-24. Senior Pekka Seppanen led the Tigers with four kills in the game.

Trying to wash the sour taste of defeat from their palette, the Tigers came out swinging to start game two. The teams battled early, then a kill from sophomore Jason Borchin gave Pacific a 5-3 lead. The battle continued and the teams found themselves waged in a battle of attrition with the score tied at 10-10. Over the next 15 points, the score was never more than one point in difference the entire duration. With the scoreboard reading 18-17 Pacific lead, the Tigers turned up the heat on the Cougars and powered ahead to a 21-18 lead behind a dominant offense of Borchin and redshirt sophomore Clay Ostrander.

The tides then turned on the Tigers and BYU mounted a rally of their own to tie things up at 21-21. Again the teams exchanged blow for blow, and the score was tied at 25-25 with Pacific serving. A service error by the Tigers gave BYU the 26-25 lead that they would never relinquish the rest of the game. Both teams traded hitting errors for a few points, until a kill from Russell Holmes and Perez, closed out the game 30-28 for BYU. Again Seppanen led the Tigers with five kills in the game, while sophomore Mark Bauhs added four digs in the game.

Pacific looked to redeem itself in the third game, and early on they did just that. Borchin started the game off with a service ace; and redshirt freshman Justin Burridge added a kill out of the middle to give the Tigers a 3-1 lead early. BYU capitalized on several Pacific errors, and rallied to score four of the next six points to tie the score at 5-5. The teams went back and forth again, until a service error by the Tigers gave BYU a three point lead, 12-9.

BYU put some distance between themselves and the Tigers at this point, using several kills from Andrew Stewart and Perez to take the lead 16-11 midway through the game. Pacific never recovered, and struggled to do anything offensively, and found themselves trailing 20-14 in the game. The Tigers scrounged up three of the next four points to bring themselves within four, down 21-17; however, it was too little too late as BYU used many errors by Pacific, as well as a crushing .611 hitting percentage, to end the game and the match 30-20. Borchin and Burridge led the Tigers with four kills each in the game.

Pacific was led by Seppanen who had 10 kills for the match. Burridge added six kills on 11 swings to lead the team in hitting percentage with .500.
Junior Amy VanHollebeke buried a half court shot as time expired to lead the Pacific women's basketball team to a 72-71 victory over UC Davis on Saturday, Mar. 1, at the Alex G. Spanos Center.

Although VanHollebecke’s theatrics will be the lasting memory, the Tigers’ epic comeback began long before the final shot was heaved.

Trailing 60-52 with 8:52 remaining in the contest, the Tigers began to claw their way to their most defining victory during the Lynne Roberts era on the backs of their defense. Pacific held UC Davis without a field goal for the next 7:28 as the Tigers fought back into contention.

Freshman Jennifer Fath started the Tigers charge with a jumper from the left side to make it 60-54. On Pacific’s next possession, senior Kelsey Lavender splashed in a three-pointer from the right corner to make it a one possession game at 60-57 with 7:03 remaining.

Following a UC Davis free throw, junior Whitney Price nailed a jumper from the elbow to make it 61-59 with 5:46 left. Another one of two performance from the charity stripe by the Aggies opened the door for VanHollebeke’s first clutch shot. She drilled a three from the left wing to tie the game at 62-62 with 3:50 to play.

UC Davis regained the lead with three of four free throws over the next two possessions, but once again the Tigers rose up from beyond the arc. Fath found Lavender open deep in the right corner again and the senior made the Aggies pay with her fifth trey of the night to tie the game at 65-65.

The Aggies pushed ahead again with 1:24 left on a layup from Paige Mintun, but Pacific sophomore Emma Head answered with a layup of her own courtesy of a great entry pass from Price.

The back-and-forth battle between the two teams raged on as UC Davis went back up with a layup, only to have Head tie the game for the third time by calmly stroking two free throws with 27 seconds left in the game.

With the ability to hold for the last shot, UC Davis turned to Jessica Campbell. The Aggies’ point guard drove the lane with just over 10 seconds remaining and delivered an apparent game winning bucket with 4.2 seconds showing on the clock.

Back-to-back full timeouts from each coach ensued, then Roberts used her final 30 second timeout to design Pacific’s final shot.

Needing to go the length of the court, VanHollebeke inbounded the ball to Fath. She dribbled up the right side of the court as VanHollebeke streaked down the left. Fath found VanHollebeke just passed the half court line, then Amy let fly the biggest shot in her career as a Tiger as the final second ticked off the clock.

VanHollebeke’s shot cleared the front of the rim by the slimmest of margins and swished through the net to give the Tigers the victory.

Four Tigers finished in double figures in the game, led by 17 points from Lavender. Head posted 16 points, while junior Janae Young had 11 points and VanHollebeke delivered 10.

UC Davis’ Haylee Donaghe led all scorers with 19 points, while Campbell had 18.

The Tigers conclude their regular season on Saturday, Mar. 8 as Pacific hosts defending Big West champion UC Riverside at 4 p.m. The contest will be the final game at home for Lavender and fellow senior Tyler Moran. Lavender and Moran will be honored prior to the game.
Sacramento State sealed the doubles point defeating freshman Kateryna Nezhura with Aileen Tsan and Anastassia Lyssenko sweeping the doubles point against Pacis. Gumenyuk at the No. 1 doubles spot, 8-1.

The Hornets took the early lead when Katrina with Aileen Tsan and Anastassia Lyssenko

sweeping the doubles point against Pacis. Gumenyuk at the No. 1 doubles spot, 8-1.

The loss dropped the Tigers to 3-7 on the course through the Center for Professional & Continuing Education! Choose from two fun ONLINE course topics! Take one or all (starting with the Introduction class).

Critical Thinking
• Introduction to Critical Thinking
• Developing Critical Thinking Skills
• Applying Critical Thinking in Practice

Personal Creativity
• Introduction to Personal Creativity
• Creativity in Teams and Organizations
• Innovation in Organizations

To view our courses online or to download your own copy of Pacific’s Spring 2008 Extension Catalog, visit our website: www.pacific.edu/cpce

Women’s Tennis Suffers Tough Loss

Athletic Media Relations

The Pacific women’s tennis team concluded their weekend of play with a 7-0 loss to No. 49 Sacramento State Sunday March 2 in Stockton.

The loss dropped the Tigers to 3-7 on the season, while the Hornets improved to 10-1.

No. 49 Sacramento State began the day sweeping the doubles point against Pacific. The Hornets took the early lead when Katrina Zheltova and Melissa Valenzuela defeated junior Jolanta Twarowska and freshman Olga Gumenyuk at the No. 1 doubles spot, 8-1.

Sacramento State sealed the doubles point with Aileen Tsan and Anastassia Lyssenko defeating freshman Kateryna Nezhura and junior Clara Schuhmacher 8-4 at No. 3.

The Hornets failed to produce a winner in singles action, with the Hornets taking all six matches. Pacific did extend two of the matches to three set decisions including sophomore doubles.

Svenja Arens loss at No. 2 to Melissa Valenzuela 6-2, 4-6, 1-0(6). The second three set match was the final match of the afternoon at No. 4 when freshman Kateryna Nezhura fell to Luba Schifris 7-6, 6-4, 1-0(6).

Pacific returns to the courts Saturday March 8, when they travel to UC Santa Barbara. Match is slated for 11 am.

Singles Competition

1. #36 Katrina Zheltova (SAC) def. Jolanta Twarowska (PAC) 6-1, 6-2
2. Melissa Valenzuela (SAC) def. Svenja Arens (PAC) 6-2, 4-6, 1-0 (6)
3. Anastassia Lyssenko (SAC) def. Olga Gumenyuk (PAC) 6-3, 6-1
4. Luba Schifris (SAC) def. Kateryna Nezhura (PAC) 6-7(5), 6-4, 1-0 (6)
5. Karina Jarlkaganova (SAC) def. Clara Schuhmacher (PAC) 6-1, 6-2
6. Joyce Martinez Gutierrez (SAC) def. Sasha Fisher (PAC) 6-0, 6-2

Order of finish: (1, 6, 3, 5, 2, 4)

Doubles Competition

1. Zheltova/Valenzuela (SAC) def. Jolanta Twarowska/Olga Gumenyuk (PAC) 8-1
2. Schifris/Jarlkaganova (SAC) def. Svenja Arens/Sasha Fisher (PAC) 8-4
3. Tsan/Lyssenko (SAC) def. Kateryna Nezhura/Clara Schuhmacher (PAC) 8-4

Order of finish: (1, 3, 2)
Behind another dominant effort in the circle by junior Chelsea Engle (Folsom, Calif.), the Pacific softball team cruised to a 6-0 win over Loyola Chicago on Sunday, March 2 in Fullerton. The win ended Pacific's Worth Invitational tournament at 3-2 on the weekend and moved the team to 8-11 on the year while the Ramblers dropped to 2-7 on the season.

With their ace in the circle, the Tigers put together a solid effort at the plate, playing both small ball when called upon and bringing out the big bats at times.

In the first inning, the Tigers got off to a fast start, taking advantage of an error at short to get their leadoff hitter on first. With the gift given, freshman Lindsey Pierce made the damage worse, stealing second on the first pitch of the next at bat. Junior Casey Goldsand put two runners on base to lead off the game for Pacific with an infield single to the leftside, beating out the slap without a throw.

After a perfectly placed sacrifice bunt by junior Lauren Weyman moved the runners to second and third, sophomore Kellee Wilson sacrificed her at bat with a fly to leftfield that was deep enough to score Pierce from third.

Pacific tacked on a second run in the third inning, once again taking advantage of their leadoff hitter reaching base to plate the run. Goldsand led the inning off with a bunt single directly in front of the plate and then moved into scoring position on the second straight sacrifice bunt by Weyman. With Goldsand standing at second, Wilson came through for the second time in the game, this time lacing a double down the leftfield line to pick up her second RBI on the day.

Already up all the runs they would need with Engle in the circle, Pacific posted four more insurance runs for their junior pitcher, scoring three in the fifth and a single run in the sixth to post six runs in the game. In the third, a pair of errors gave the Tigers their first run of the inning as Goldsand and Wilson took advantage of some defensive miscues to score the first run of the inning. After the theatrics in the field prolonged the inning, senior Alyce Jorgensen made the Ramblers pay once again, blasting her fourth homerun of the season over the centerfield wall to put two more runs on the board for Pacific.

In the sixth, three consecutive singles to open the inning starting off with an infield single by senior Lauren Sandelin pieced together the run for the Tigers. Goldsand continued her dominant day at the plate, ending the three single streak with a RBI single through the leftside that scored Sandelin.

With her offense handing her six runs throughout the game, Engle pitched another dominant outing, striking out seven in seven innings of work. The Ramblers were able to scatter five hits against Engle throughout the afternoon, but were unable to do any damage as Engle pitched her way out of jams in the first and fourth innings when Loyola Chicago put runners at second and third, but could not score. The win moved Engle to 6-4 on the year and a perfect 3-0 at the Worth Invitational.

At the plate, Goldsand led the way for the Tigers, posting three of Pacific's 11 hits in the game. Perfect at the plate, Goldsand tallied two runs and an RBI in the win as well. Hickman finished her afternoon with two hits in three at bats while Sandelin showed her prowess at the plate with a 2-for-3 showing as well.

Pacific will be back in action on Wednesday, March 5 as they host Boston College for a single game at 2:00 p.m. On Friday, March 7 the Tigers travel to Tempe, Ariz. To take part in the Diamond Devil Invitational hosted by Arizona State.

Junior Chelsea Engle's skill in the circle made this game an easy win.