Teacher of the Year Returns to Her Alma Mater

Erin Birmingham
Co-Editor in Chief

Culver City Teacher of the Year and Certified Employee of the Year, Erin E. Dodds-Schoenfeld led a literacy workshop for Pacific's Benerd School of Education students and professors this past Tuesday.

Schoenfeld graduated from the University of the Pacific in 1999 with a B.A. in Elementary Education and went on to earn her M.S. in Administration and Educational Leadership from Pepperdine University. Schoenfeld taught first grade for five years in the Culver City Unified School District and currently works as a professional development specialist for Earobics, a division of Houghton Mifflin Company.

For Earobics Schoenfeld trains

see TEACHER, page 2

University of the Pacific Prepared for the Worst

By Abby Liao
Staff Writer

On November 14, University of the Pacific had the unique opportunity to participate in an emergency preparedness exercise, the Golden Guardian 2007, funded by the Department of Homeland Security.

The staged terrorist attack took place in the Alex G. Spanos Center where a supposed biochemical bomb went off during a holiday basketball game. Victims were evacuated and were taken to the hospital. Those who were able to walk were sent to be decontaminated before going to the hospital.

The purpose of the exercise was to prepare local firefighters, police, S.W.A.T, and other emergency response teams. They were tested on

see DISASTER, page 2

University of the Pacific Installs New Emergency Notification System

By Elaine Campion
Staff Writer

A new emergency notification system will be put into place here on campus which will automatically alert all students of any emergency. This “reverse 911” system hopes to make Pacific a safer, more informed and prepared campus. The system will have police calling potential victims during an emergency instead of the other way around.

The plans have been in the works for almost a year, but the tragedy at Virginia Tech and other emergencies on university campuses nationally have sped up the plan. Mike Belcher, Director of Public Safety, explains, “With PacificCONNECT, you can put in multiple phone numbers and e-mail addresses and the system will automatically contact those in order until it knows the message was delivered.”

The PacificCONNECT system even allows users to register up to seven phone numbers, an email address and a text message address. All information will be confidential, and the system will initially be mandatory for students. Employees and family members are encouraged to sign up for the free system.

During an emergency, the system will dial the registered phone numbers and play a recording. It will also send a text version of the message to emails and any devices receiving text messages. PacificCONNECT will not only be used in emergency notifications, but also in any extreme weather conditions like flooding or lightning storms and major incidents where there may be limited communication.

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Pacific Alumna Profile: Dr. Karen A. Larson

By Christine Le
Staff Writer

Three weekends ago, a number of Pacific’s alumni judged the third annual Pat Kennedy Round Robin and the Paul Winters Invitation-al hosted by Pacific. One of the alumni was Dr. Karen A. Larson, a renowned author, professor and researcher who was the keynote speaker at the awards banquet.

As a graduate of Raymond College, one of Pacific’s former cluster colleges, Larson now teaches anthropology and interdisciplinary studies at Gustavus Adolphus College in St. Peter, Minnesota. As a cultural anthropologist, she researches topics ranging from tourism to terrorism and symbolism to sociolinguisitics. These studies have allowed her to travel to many parts of the world, including Norway, the Philippines, China and various locations throughout the United States.

Larson was invited to present the keynote address on “Gender and Society” at the awards banquet for the Pat Kennedy Debate tournament. Her speech led to the resolution used for the final debate round: “Women should focus on being mothers and not workers.”

“I gladly accepted the invitation, and thoroughly enjoyed the nostalgic experience of being a keynote speaker in the same Raymond Common Room I had frequented as an undergraduate [at Pacific],” remarked Larson.

Larson continues to be involved with Pacific by being a part of the Raymond Faculty Institute (RFI). Established by Raymond faculty and alumni, the RFI serves to ensure the values of community and interdisciplinary studies that Raymond College was known for are nurtured in the future.

“We look forward to setting up lectures and/or residencies with distinguished Raymond alumni coming back to campus,” said Larson. “These will be opportunities to share, handle an earlier simulated incident at the Port of Stockton; the second on Tuesday from 6:30 p.m. to 8 p.m. at Lodi’s Hutchins Street Square; and the final presentation was on Wednesday morning at the Pacific Theatre by being hosted GrassRoots Global Institute and the Jacoby Center for the Pacific.

Tragen related some of the tensions that Foreign Service Officers face, in trying to convey U.S. initiatives and policies to foreign governments and news media. Both speakers said their combined expertise and insights into the current political atmosphere of the upcoming primary elections suggest an improvement in the over stressed primary campaigns: city country into four regions rather than by state.

They also discussed how their respective careers worked, for example, how Klein’s goals as the first Hispanic and caucus by region rather than by state.

Klein suggested an open communications strategy that assured the White House and Cabinet departments were all speaking from the same “script”.

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The damaged Cosco Busan, moored in the Port of Oakland after it collided with the Bay Bridge.

By Vivin Lee
Staff Writer

On Wednesday, November 7, an 810-foot, 65,131-ton container ship from Hong Kong struck the Bay Bridge in San Francisco Bay. The ship, bound for South Korea, received a gash approximately ten feet above the water line and about 160 feet long.

Coast Guard officials said the ship, Cosco Busan, hit the protective shield that covers the concrete base of the second tower west of Yerba Buena Island, and then rebounded. The gash caused the damaged tank to leak, saturating the bay with almost 58,000 gallons of fuel oil.

Bar pilot John J. Cota was in charge of the ship as it was leaving the San Francisco bar channel. Bar pilots are veteran captains that briefly guide the ship in and out of bar channels. Visibility was limited that morning because of the heavy fog.

By the evening, around 8,000 gallons were taken out of the water, and the state's Department of Fish and Game's came to facilitate the clean-up. Most of the public beaches in San Francisco were closed after the incident. However, many of the animal inhabitants around the area were harmed. Keren Murphy, a Sierra Club expert on offshore drilling and fishing, said in an article in the San Francisco Chronicle that the spill could have serious long-term consequences for fish, birds and plant life in and around the bay. So far, officials estimate that at least 20,000 animals have been killed by the disaster.

Photo by Petty Officer Second Class Prentice Danner, U.S. Coast Guard.

Disaster Spills Into the Bay
Oil spill affects more than just birds

By Vivin Lee
Staff Writer

The students made up three teams out of the 76 teams in the Pacific Northwest region. The contest, held at Stanford University's Gates Computer Science Center, consisted of eleven problems to be solved in a five hour period. The problems are solved using complex data structures and mathematical algorithms. This year the problems were all game themed, ranging from a predictive analysis of rock-paper-scissors to a game of calculating palindromic prime numbers. Pacific's teams each solved two of the problems to the judges' satisfaction.

This year's participants were selected by Pacific ACM, a student club and local chapter of the international professional and academic organization, for computer enthusiasts. Pacific's contest participants were mostly computer science majors with a few engineering students. They included: Anya Crane, Martin Jennings-Teats, Ben Kessel, Erik Webb, Rafael Sanchez, Julia Dang, Angie Chen, Ross Bennett, Todd Heino, and Sam Winlock. Dr. Doherty attended as the faculty advisor.

TEACHER, continued from front page

This event was hosted by The Associations of Supervision and Curriculum Development group on campus. ASCD members, students from the Benerd School of Education, put on this literacy workshop to help aspiring teachers in their professional development.

"It is important to reach every child when you are teaching because they are each at different levels. It is the teacher's responsibility to identify their levels and create lessons that allow them to learn," ASCD member Ashley Christensen explained after completing the workshop.

Education majors, and all those interested in Education can attend the ASCD's future event, the Principal Panel, in the Spring.
Editorial:

Students should be treated like adults

University of the Pacific tells us as students that we are mature young adults who must take care of ourselves and grow as people. So why is it that whenever we want something done, our parents are the ones who get results? Even a simple request to physical plant can be ignored, or take months to be addressed, unless parents step in. The University assures us of our adulthood and yet does not treat us like adults. We at the Pacifican think that is contradictory.

Students are supposed to be treated as adults. Most of us work, most of us pay our bills, most of us live on our own, and yet the only way to get something done is to have your parents call the University and complain. This is completely ridiculous. We cannot truly become adults if we are not given the same treatment true adults are given.

In essence, the University is telling us that our needs and opinions simply do not matter as much as our parent's opinions do. This is both condescending and frustrating. As college students, we are put in an awkward limbo, where we are not quite adults but we are expected to act as such without the benefit of being listened to.

The University needs to learn how to respect our needs as students instead of just the concerns of our parents. We are the ones attending this University. We live here, we work here, and our needs should be the biggest concern on campus. We should no longer have to call our mommy or daddy to see action on this campus. If we want something done we should have the support of the campus to get the problem, whatever it may be, fixed.

Questions? Comments?

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Constitutional Transgressions  
Basic oaths not upheld by our foremost leaders

Whatever happened to that one document? What's it called? I think it was a memo written by Billy Madison or something like that. I think the President swears an oath to it or something?

"I George Walker Bush do solemnly swear...that I will preserve, protect, and defend the Constitution of the United States, so help me God."

That's right! The Constitution of the United States! Whatever happened to that document? It seems to me that it has been completely forgotten or ignored. Pop quiz, my faithful readers: how many times does the Constitution mention habeas corpus? It seems to me that it has been completely forgotten or ignored. Pop quiz, my faithful readers: how many times does the Constitution mention habeas corpus?

Gonzales: "There is no express grant of habeas in the Constitution. There is a prohibition against taking it away."

Specter: "You may be treading on your interdiction and violating common sense, Mr. Attorney General."

The former Attorney General, who resigned Sept 17 of this year amidst a scandal in which eight US attorneys were allegedly unconstitutionally fired for political purposes, is not the only one trampling the Constitution.

Sara Taylor, former Deputy Assistant to the President and Director of Political Affairs at the White House before resigning in 2007 amidst the same above controversy over the dismissal of the US attorneys, also lacks Constitutional awareness. When subpoenaed by the Senate Judiciary Committee, she responded to questions by Senator Patrick Leahy as follows:

Leahy: "And then you said, 'I took an oath to the President. And I take that oath very seriously.' Did you mean perhaps you took an oath to the Constitution?"

Taylor: "Ah eeh I -dah - Yes. You are correct. I took an oath to the Constitution. But what?"

Leahy: "Did you take a second oath to the President?"

Taylor: "I did not. What I should've said was that I took an oath—I took that oath seriously, and I believe that taking that oath means that I need to respect and do respect my service to the President."

Leahy: "No. The oath says that you take an oath to uphold and protect the Constitution of the United States. That is your paramount duty. I know the president refers to the government as being his government; it's not. It's the government of the people of America."

My last example of Constitutional transgressions for this column, although unfortunately not the last example available, occurred at a recent Republican presidential debate on October 9 in Dearborn, Michigan.

When asked about possibly taking action against Iran's nuclear facilities on October, Mitt Romney responded by saying, "You're not allowed to go to war without a declaration of war." No. I did not misstate that quote.

In response, Congressman Ron Paul stated, "This idea of going and talking to attorneys totally baffles me. Why don't we just open up the Constitution and read it? You're not allowed to go to war without a declaration of war."

We must reevaluate the culture that has permeated our defenses in the last two centuries, most notably since September 11, 2001. When laws are passed that transgress the Constitutional checks and balances, the forthcoming generations will accept the culture they are handed just as they accept the language they speak. As citizens, we must have a solid understanding of our Constitution or it may forever lose its meaning in the United States as we know it. As alarming as this may sound, such travesties have occurred all throughout history. And, as much as we would like to think we are immune from history, we are not. We are a part of it.

Poetry Revival

Haiku: Matsuo Basho

Jeff Morgan

Columnist

I have never been able to figure out Haiku as a style. My style of writing is verbose and wordy. I force the reader to see what I see with a barrage of words. Yet somehow my expression seems dwarfed in comparison to what is expressed by the sparsely worded masterpieces of Haiku (originally called Hokku) masters. Matsuo Basho is considered the most famous poet of the Edo period of Japan. Matsuo Basho was born in 1644 and lived until 1694. In his life he acquired great fame and notoriety. He is known for his shift away from the traditional kigo form of Hokku which focused on a season of the year and used its first line to introduce the context of that season. Instead Basho chose to capture human experience and the depth of emotion in his poetry.

In my experience, it is best to approach this sort of poetry with a clear head allowing the few potent words to invoke the experience. When I read such poetry I am touched by its open-endedness; the very paradoxical experience of finding an infinitesimally rich and vibrant image using a minimal number of words. Perhaps only a moment is invoked, but a moment of that is truly unlike any other experience I have had with any other sort of poem. I invite my readers to approach the poem with an open mind, allowing it to take you where it will. Admire the selection of words knowing that each one must have been chosen with the utmost care.

This poem is one of my favorite Hokkus by Matsuo Basho. He died peacefully of illness and at the end of his life he gave this poem to his followers. I am grateful to him for leaving it so that it could pass on to the greater world to appreciate.

Tabini yande  
yume ha karen no  
kake meguru

On travel I am sick  
My dream is running around  
A field covered with dried  
grasses
LIFESTYLES

CPC Events for November

By Karin Carido
Panhellenic Council, Vice President of Public Relations

The month of November was quite exciting for the Panhellenic community which includes Alpha Phi, Delta Gamma, Delta Delta Delta and Kappa Alpha Theta. On November 14 members gathered to make Greek pride shirts. Each shirt was different and some artistic designs came out of the night. In addition, for every member that attended the event, Panhellenic Council donated two dollars to Susan G. Komen for the Cure, the philanthropy supported by all four chapters.

Another event that Panhellenic members enjoyed was the totally rad 80’s themed dance “Saved by the Ball,” thrown by the Greek GRDs and also sponsored by Panhellenic. Some creative outfits made their appearance that night and the best dressed were crowned prom king and queen.

Lastly, members enjoyed a Sunday afternoon at the movies watching Legally Blonde in the Pacific theater. These are just a few of the many activities in which the Panhellenic sorority women participated. From Kappa Alpha Theta’s Dodgeball Inferno to Alpha Phi’s Red Dress Gala, the Panhellenic community was out in full force in November showing their support for the Greek community and each other in these many varied and philanthropic events!

Photographs courtesy of Panhellenic:

*Right* Panhellenic members decorate T-shirts.

*Left* Mary Davies’ Greek Pride shirt.

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Students need to Know About Two More Restaurants

By Erin Birmingham
Co-Editor-In-Chief

Move over Applebee’s and Chili’s; here comes something new. Two more restaurants are coming onto the scene to give the recently opened BJ’s and soon to open Elephant Bar a run for their money.

**Beach Hut Deli**

With thirteen locations throughout Northern California, The Beach Hut Deli will open at 155 N. Hunter Street, across from the Coy Garage in Downtown Stockton.

Known for their huge cold and hot deli sandwiches piled high with fresh veggies and meats, The Beach Hut Deli will have twenty micro-brews on tap, high definition sports on two large LCD screens, free wireless high speed internet, and arcade games.

**Paragary’s Bar and Grill**

Adjacent to the Downtown Cineplex, in the renovated historic Hotel Stockton, residents and visitors alike will be able to enjoy the newest addition to the Paragary’s Restaurant Group: Paragary’s Bar and Grill. Set to open the first of March next year, Paragary’s Bar and Grill will be located on the first floor of the Hotel and feature 10,000 square feet on the ground floor, as well as 4,000 square feet on the roof for private dining events.

They plan on employing 75 people in order to staff this grand and high quality restaurant. Other PRG restaurants include Paragary’s Bar and Oven, Café Bernardo (two in Sacramento, one in Davis), Esquire Grill, Spataro Restaurant and Bar, Monkey Bar, Blue Cue Billiards, Centro Cocina Mexicana and R15.

Paragary’s should be a great new spot for a fancy night out on the town. In addition they pride themselves on produce, meat and seafood delivered each morning from local vendors, most of which is organic and sustainably farmed. Menus change based upon seasonal availability. Breads and desserts baked fresh at PRG’s private Paragary’s Bakery and fully stocked bars, including PRG’s comprehensive selection of wines according to their website.

**Hours**

Monday-Friday: 10 a.m. to 8 p.m.
Saturdays: 11 a.m. to 5 p.m.
Sundays: 11 a.m. to 3 p.m.

Visit their website at www.beachhutdeli.com

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Celebrate the Holidays with the City of Stockton

By Nadia Mahallati
Lifestyles Editor

On Saturday, December 1, the City of Stockton will hold its annual Festival of Lights celebration to start the holiday season. The festivities will run from 5 to 7 p.m. at the Weber Point Event Center downtown near the corner of North Center Street and East Miner Avenue.

To start, Mayor Edward Chavez will light Stockton’s official holiday tree. The tree will be lit by thousands of LED lights donated by PG&E. Next, Santa Claus will arrive on a fire truck. Follow him to the waterfront for the 28th annual Delta Reflections Lighted Boat Parade. Boats from the Stockton area will cruise the Delta decorated with festive holiday lights.

The parade starts at 5 p.m. at Light 39 on the San Joaquin Delta and will reach Weber Point around 6 p.m. where it will turn around at McLeod Lake, between the Stockton Arena and Weber Point.

After getting something warm to drink, head to Dean DeCarli Waterfront Square for outdoor ice skating at Ice on the Delta. The icy surface is synthetic so that skaters will remain dry if they fall down.

Ice on the Delta is open Tuesday through Thursday from 5 to 9 p.m., Fridays from 5 to 9 p.m., Saturdays 11 a.m. to 9 p.m. and Sundays 11 a.m. to 5 p.m. from now until January 21. Five dollar hourly sessions start on the ice and include skate rentals.

For More Information:

www.paragarys.com
www.stocktonparagarys.com

Photograph courtesy of the City of Stockton

During Stockton’s Festival of Lights, boats decorated with holiday lights cruise the Delta.
That's What She Said...

Birth Control Pills for Women... and Men!

By Nadia Mahallati
Lifestyles Editor

Silphion, an herb found in Libya, was drunk by women in the sixth century BCE to prevent pregnancy and is believed to be the first oral contraceptive. However, as word of its effectiveness spread, the herb soon became extinct. Thousands of courses on December 5, 2007. Dr. Amy Smith, instructor of the author specific Jane Austin course, explains, “I like students to see that Austen is applicable to their lives today—she is endlessly adaptable and modern.”

The fourth annual Jane Austen Night will take place on December 5, 2007. Dr. Amy Smith, instructor of the author specific Jane Austin course, explains, “I like students to see that Austen is applicable to their lives today—she is endlessly adaptable and modern.”

Thus, Jane Austen Night was created so that students could apply their reading experiences outside the classroom and educate others about Austen in the process.

The event gives student a chance to showcase and present their semester-long projects related to Austen as a course requirement. Such presentations better enable students to personalize Austen and to reach peers and University members with their creations.

For instance, Jason Roth and Marie-Claire Treseder collaborated on a photo shoot inspired by Jane Austen's novels. The pictures present story characters in new and subversive ways that challenge people's assumptions about Austen. Jason comments, “I can not wait for the audience to see our interpretation of Jane Austen. I hope to push people to the edge of their comfort zone but not past it.”

Other projects on display include a “Make your own formulas available to women, and work is being done to create a male contraceptive pill.

There are currently two main kinds of birth control pills: the combination pill, which contains both estrogen and progestin, and progestin-only pills. Planned Parenthood's website explains that combination pills are the most common and work by preventing ovulation and thickening cervical mucus which prevents fertilization. Progestin-only pills work only by thickening cervical mucus and rarely prevent ovulation. With typical use of either, only eight in 100 women will get pregnant in the first year of use. With perfect use, the odds decrease to less than one in 100.

Besides preventing pregnancy, the pill offers other benefits including some protection against acne, premenstrual syndrome symptoms, iron deficiency, osteoporosis, and some types of cancer including ovarian and endometrial.

However, not everyone should take the pill. Women who smoke cigarettes, have high blood pressure, a history of blood clots, or certain other medical conditions should not take the pill. Also, if you tend to be forgetful, the pill may not be for you since it must be taken every day at the same time (within 3 hours) to remain effective. The best thing to do is to talk to your doctor to decide if the pill is right for you.

Now scientists are working on a birth control pill for men. An article on CBS News' The Early Show website talks about a pill being developed at King's College in London. This pill would stop penile muscles from ejaculating without affecting the orgasm. This would prevent sperm from being released, which means no pregnancy. Also, this pill would only need to be taken as needed, from two to 24 hours before sex. However, this pill has yet to be tested on humans so researchers are still unsure of its effectiveness.

Another type of male birth control is also in the works. Organon, a pharmaceutical company in the Netherlands, was mentioned in an article on menshealth.com, for developing a hormonal male birth control pill. The pill contains two hormones that stop the production of sperm. In clinical trials, all participants had a sperm count of zero. A larger study is being done to confirm these preliminary results. Like the female contraceptive pill, it must be taken every day at the same time.

The article references an international survey that found 66% of men would be open to using male contraceptive pills if available, and 75% of women would trust their partner to take the pills correctly.

For now, the female contraceptive pill remains widely used and effective. Some time soon though, it could be men who have to run to the pharmacy every month to pick up their birth control pills. If only someone could find a way for men to share the joys of childbirth.

Looking for the Unconventional?

Look for Jane Austen

Social Entrepreneurs: Real Life Superheroes

By Gina Verrastro
Staff Writer

Think about your favorite superhero. Was it Superman, Wonder Woman, Space Ghost? These superheroes all did amazing things to make the world a better place. Did you know there are superheroes on the Pacific campus too? They're called Social Entrepreneurs, and, to quote Captain Planet, "you can be one too!"

The Council of University Social Entrepreneurs started at Pacific in 2006, but this year it is really kicking off. It is the student branch of the Global Center for Social Entrepreneurship, an organization dedicated to creating sustainable solutions to poverty, disease, malnutrition, injustice, environmental issues, illiteracy, and lack of education through innovative business and management practices. It is a nonprofit organization that conducts research, promotes awareness, and reaches out to the community locally and globally.

To learn more about the program, I attended the weekly meeting of the organization on Wednesday night. The room was warm, the chairs were comfortable, and there was free food—everything you could hope for in a meeting on a college campus, but it got even better. Social entrepreneurs from the community gave presentations about the programs they are involved in, and how they are already making the world a better place. I learned about the merits of low-income housing, and the miracle it can be for families in need. Presentations about the projects...
that are already underway are just one of the many ways the Council inspires students to get involved.

After the meeting I spoke with Erin Gilbert, one of the people involved in the program: the internship coordinator. She explained that the Council is actively involved in promoting the understanding, study, and practice of social entrepreneurship through internships with organizations like the Katalysis Bootstrap Fund and Roots of Peace. Some members of the group are involved in a major project: assisting an orphanage in Guatemala. She added that as exciting and wonderful as that particular project is, all areas of social entrepreneurship are equally important, and the main issue is how to apply revenue generation to a non-profit organization – hence, sustainable solutions.

When asked about her hopes for the group, Gilbert said she hoped that each and every member would turn out like Martin Burt, a Pacific alumnus who founded Fundacion Paraguaya, a microcredit program that has supported 35,000 local entrepreneurs who have created 19,000 jobs each year since it began in 1985. Its program for sustainable agriculture – the first step to ending world hunger – is doing especially well. Recently, Burt returned to Pacific to give what has been described as a very inspiring speech, which made me think: not only can social entrepreneurship really make a difference, she replied, “I’m out to save the world, just like every other SIS student!”

Fortunately, it is not only SIS students who can save the world. Students from all majors and all educational backgrounds are encouraged to join the Council. It only takes up as much of your time as you’re willing to give. It’s not too late to join! Attend a meeting, bring a sidekick (every superhero needs one!) and get involved.

For more details, you can check out http://web.pacific.edu/kx13536.xml.

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Entrepreneurs continued from page 7

Sorority Information Night

**ΑΦ ΔΓ ΔΔΔ ΚΑΘ**

**Press Release**

**Panhellenic Council**

Interested in sorority recruitment? The ladies of Alpha Phi, Delta Gamma, Delta Delta Delta and Kappa Alpha Theta can offer more than a lifetime of memories and contribute to enhancing your college experience. Come see what it is all about as the Panhellenic recruitment team hosts its final information session regarding Greek Life at Pacific and the Formal Recruitment process.

The information session will take place in the Tiger Lounge in Grace Covell on Thursday, December 6 at 8:00 p.m. All women are welcome, even if you have previously attended an information night. Registration forms for Formal Recruitment will also be available, so do not forget to bring the $20 processing fee.

You can also register for formal Panhellenic recruitment in the Housing and Greek Life office, located on the second floor of Bannister Hall. If you have any other questions, call the Housing and Greek Life Office at 209-946-2331.

See you at sorority recruitment information night!

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Austin continued from page 7

Jane Austen Adventure” by Heather Breen, an Austen-inspired poetry reading by Meghan Connor, a adaptation of a Jane Austen novel by Ashley Elefant, and original works of art by Melanie Chase and Elizabeth Cerpak.

The Jane Austen Night will be hosted in the President’s room on December 5. Doors open at 7 p.m.

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Sudoku

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

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KPAC applications for Spring 2008 are now available. Shows are filling up fast, so apply soon.

Go online to kpac.pacific.edu to fill out your today. While you are there, be sure to check for other KPAC news and show information. We have a new winter theme so be sure to pay www.kpac.pacific.edu a visit.

Want Your Own Radio Show?

---

lifestyles.thepacifican.com
GET CONNECTED!
Register for PacificCONNECT

You do NOT want to be out of this loop.

PacificCONNECT is the emergency alert system at Pacific to communicate important alerts and emergency response information to you. The information entered into PacificCONNECT is secure and the system will be used ONLY in the event of a campus or regional emergency.

Your safety matters to us - and PacificCONNECT ensures you receive immediate notification.

PACIFIC CONNECT

You can enter up to seven phone numbers, one e-mail address, one text message address and one TTY device. Multiple contact points ensure you will receive immediate notification in the event of an emergency.

HOW TO REGISTER:
1.) Log in to InsidePacific at http://inside.pacific.edu
2.) Go to the administrative tab
3.) Open PacificCONNECT and enter your contact information

BE IN THE KNOW!

System test on February 8, 2008. Detailed information on PacificCONNECT can be found at http://pacificconnect.pacific.edu
Men’s Basketball

Horsechief leaving for personal reasons

Athletic Media Relations

Pacific men’s basketball Head Coach Bob Thomason has announced that senior guard Solomon Horsechief has left the team for personal reasons. He missed Saturday’s game with an injured hip and groin, and was expected to miss the next month. Solomon plans to finish the fall semester, then return to Oklahoma.

“Solomon will be missed,” said Thomason. “He is an outstanding young man and we wish him the best.”

“I’ve enjoyed my time here at Pacific,” said Horsechief. “Due to injuries and family issues, I feel at this time it is important for me to be closer to home.”

Horsechief had appeared in three games for the Tigers, scoring two points. Last season for the Tigers, Solomon averaged 6.8 points and 2.6 assists per game in 30 games. He started 17 games in 2006-07 for Pacific, including the final 15 contests.

Checking in with Baun

Tiger X is adding, shifting and encouraging in the second semester

Lindsey Ball
Staff Writer

The Baun Fitness Center has started off the year with creative classes to get Pacific students and faculty enthusiastic about maintaining a healthy workout plan. With the variety of classes offered, students have several options to choose from, whether it is strengthening with yoga or high intensity cardio with indoor cycling or something fun and exotic like belly dancing.

This year the BFC is offering classes like kickboxing and a Stadium challenge. According to Alex Caspero, the Tiger X class coordinator, there are plans to add classes like advanced cycling and beginners cycling “to challenge our cycle enthusiasts.” Some words of encouragement from Caspero: “Tiger X classes are a great way to start or change up your exercise routine.”

Caspero encourages students to attend Health and Wellness chats next semester, all of which will cover proper nutrition and goals setting. Classes start as early as 6 a.m. and end as late as 9 p.m.

Schedule:

**Monday:**
- 7 to 7:30 a.m. Jump Start the Day (30 minute body sculpting), Wood Room
- 4 to 5 p.m. Kickboxing, Wood Room
- 5:15 to 5:45 p.m. ABS, Rubber Room
- 6:15 to 7:15 p.m. Indoor Cycling, Rubber Room

**Tuesday:**
- 6:30 to 7:30 a.m. Indoor Cycling, Rubber Room
- 12 to 1:15 p.m. Lunch-time Yoga, Wood Room
- 1:30 to 2 p.m. Intro to Yoga, Wood Room
- 5 to 5:45 p.m. Beginning Step, Rubber Room
- 5:15 to 6:15 p.m. Vinyasa Yoga, Wood Room

**Wednesday:**
- 7 to 7:30 a.m. Jump Start the Day, Wood Room
- 4 to 5 p.m. Indoor Cycling, Rubber Room

**Thursday:**
- 5:15 to 6:45 p.m. Beginner Yoga, Wood Room
- 7 to 8 p.m. Belly Dancing, Rubber Room
- 6:30 to 7:30 a.m. Indoor Cycling, Rubber Room
- 11 to 12 p.m. Stadium Challenge, Meet at Baun
- 12 to 1:15 p.m. Lunch-time Yoga, Wood Room
- 5 to 6:45 p.m. ABS, Rubber Room
- 5:15 to 6:45 p.m. Vinyasa Yoga, Wood Room

**Friday:**
- 3:30 to 4:30 p.m. Hip Hop, Wood Room

**Saturday:**
- 10 to 11 a.m. Body Sculpting, Wood Room
- 11:15 to 12 p.m. Mix n’ Match, Wood Room

Overall, the Tiger X schedule looks promising for anybody wanting to mix it up when it comes to their work out. Remember, it’s always a good idea to maintain a healthy habit of working out at least three times a week.

BASKETBALL SCORING LEADERS

**WEEK 3**

**Men’s A**
- Kris Brock [Fundamentally Sound] - 21.7
- Alex Hendricks [A-Legit] - 19.8
- Reggie Bergstrom [Tiger Pac] - 14.5
- Lamar Gibbs [Hardwood Kings] - 13.0
- Ramneek Batth [Alpha Phi] - 15.5
- Brian Muradi [Tiger Pac] - 13.0

**Men’s B**
- Thomas Lendman [Ballas] - 20.7
- Burnett [Old is the New Young] - 20.5
- Nola Akilo [Kappa Psi] - 20.0
- Will Jarvis [The Phenoms] - 19.0
- Edwin Lindo [Juice] - 19.0

**Men’s C**
- Caleb Moen [S-dub] - 18.0
- Tim Kim [Carter Boys and Charles] - 17.5
- Dino Zanini [Bulldogs] - 16.3
- Chris Fong [We Love Saggin’] - 15.3
- Kevin Miguel [12” Vertical] - 15.0
- Richard To [BBW] - 15.0

**Women’s A**
- Randi Johnson [Delta Gamma] - 16.0
- Gillian Lillich [’09ers] - 19.0
- Brittany Seitz [Mystics] - 16.0
- Brittany Yates [’09ers] - 13.0
- Carissa Aflague [Three to One] - 21.0

**Women’s C**
- Kim La [Three to One] - 15.0
- Marissa Woo [Too Short] - 15.0
- Sarah Bloom [Theta] - 9.0

**Co-Rec A**
- Marissa White [Old is the New Young] - 27.0
- Christine Bolkhouse [Demolition Crew] - 23.5
- Gary Allen [Unite Hoopers] - 12.0
- Lamar Gibbs [United Hoopers] - 11.0
- Marko Cantero [Mighty Muntjacs] - 18.5

**Co-Rec C**
- Kim La [Hoopers] - 23.0
- Wendy Cao [Alpha Phi Omega] - 18.0
- Bryan Lenz [Team Justin Bobby] - 16.7
- Auki Tirrel [Hoopstars] - 15.0
- Josh Foster [Team Justin Bobby] - 11.3
**OUTDOOR SOCCER POWER RANKINGS**

**WEEK 5**

**Men's A**
1(1)Delta 9- One more tune-up game against El Senor Frogs before the playoffs begin.
2(2)El Senor Frogs- Team needs other players to step up.
3(3)International Foosball Organization- forfeited out of league.

**Men's C**
1(1)Old is the New Young- The savvy vets are punkin' the college kids.
2(2)KneeKeeKee- It's gotta be the beard.
3(3)Marow Bago- Their record of 1-1-1 pretty much sums it up...Pretty average.

**Women's**
1(1)Nu Shredders-Simply shredding the competition.
2(2)Just Kickin' It- Maybe the club hangover effect after the big win over Chico St.
3(3)Theta- DG was apparently too intimidated by these girls to even show.

**Co-Rec A**
1(1)The Clap- An impressive 3-0 start has made believers out of even the harshest critics.
2(2)Bend it Like Posh Spice- A dismal showing against The Clap has people questioning their commitment.

**Co-Rec C**
1(1)Phi Dex- Team finishes 4-0 and their smallest margin of victory was 3 goals.
2(2)Dain Bramaged- Westerhoff has her team on the cusp of big things.

3(3)Alpha Phi- The girls badly need Dolezal in the lineup.
4(4)Dai Bloc- Team is showing signs of resiliency.

**5V5 POWER RANKINGS**

**WEEK 5**

**Men's A**
1(2)Hardwood Kings- Opposing teams can't match up with the length and quickness of HK.
2(1)Fundamentally found- Team desperately needs a 2nd and 3rd scorer.
3(4)A-legit- Hendricks' sweet stroke is all these boys have going for them.
4(3)Tiger Pac- Team looks ready to pack it in.

**Men's B**
1(3)Kappa Psi- Nola seems to take his game to another level when challenged.
2(1)Juice- The team everyone loves to hate.
3(5)Mile- Scrapy team that keeps finding ways to win.
4(2)Can't Stop-Won't stop- Close loss to Kappa Psi proves that these guys can hang with the big boys.
5(7)Old is the New Young- Team controls its own play-off fate...win and it's in.

**Men's C**
1(1)Kings of Mediocrity- The guys keep on rolling.
2(2)Dwight Schrute- Great team finds a way to win close games.
3(4)Big Trouble in Little Hawaii- A large group of overachievers.
4(6)We Love Saggin'- Ona thinks his team has a championship shot.

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4(4)Dai Bloc- Team is showing signs of resiliency.

**Co-Rec C**
1(1)Alpha Phi Omega- Nguyen & Cao create matchup nightmares.
2(4)Team Justin Bobby- Team's offensive prowess outshines their pathetic defense.
3(2)Hoopstars- Team needs its guys to step up.
4(3)Alpha Xi- Ajife and Imai are playmakers.
Pacific Women’s Basketball Falls Short at Home: 60-65

Pacific chipped away at SFSU’s lead, but lost by five.

Abby Liao
Staff Writer

Looking for someone to play tennis with? Here’s a solution. Club Tennis is now available on campus. Club Tennis is designed to allow people to find other tennis players to challenge on a regular basis. If interested, intramural play will most likely start in the spring semester. Tournaments between schools are in the process of being set up and organized. The newly formed Club Tennis made its debut at the United States Tennis Association (USTA) Campus Championship on the weekend of November 17, at Stanford University.

Nine of its members went to represent Pacific at the tournament. They played against UC Davis, Golden Gate University, and UC Berkeley for the Round Robin on the first day. They played against UN Reno and UC Merced in the bracket rounds of the second day. Despite losses, the team had a good time in Stanford. Attending the tournament provided an opportunity for the team members to make friends from other schools and for the club to form relations with other schools for future competitions.

Linda Lopez
Webmaster

On Saturday, November 17, 2007, the Tigers were stunned by their first defeat in the 2007-2008 season against San Francisco State University. Although Pacific started off strong in the first half with a three-point shot from vigorous competitor, Junior Janae Young, it seemed as if SFSU would monopolize the minutes to come. Creating a 13-3 lead within the first six minutes, the Gators were beginning to show their true colors.

Chipping away at the Gator’s lead, the Tigers went on to tie SFSU, 33-33, by the end of the first half, producing anxiety from the multitude of Tiger fans in the Spanos Center. Despite the game looking like a tough but possible win for the Tigers, the Gators sunk 20 points within the first eight minutes of the second half. Mustering all their strength and energy, Pacific proved to be a resilient opponent by fighting to keep the Gators’ lead to only five points by the end of the game.

Club Tennis, Anyone?

Club Tennis tests the waters at the USTA Campus Championship

Abby Liao
Staff Writer

Club Tennis tests the waters at the USTA Campus Championship on the weekend of November 17, at Stanford University. The championship was a chance for the club team to make new friends and form relations with other teams. Arbie Jeke Campuspos, freshman and president of Club Tennis, is very confident that in three years Pacific Club Tennis will be as good as UC Berkeley, who took first place at Stanford. For now, he is looking forward to the next tournament hosted by USTA in February.

Results of the tournament can be found on norcal.usta.com/campus. If you are interested in joining Club Tennis, contact Arbie Jeke Campuspos at a_campuspos@pacific.edu on Facebook, or just show up at the tennis courts.

The club team is beginning its freshman season this fall.

Photographs courtesy of Abby Liao