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PacificReview

VOLUME 12 NUMBER 2

THE UNIVERSITY OF THE PACIFIC

NOVEMBER 1977

A visit with the
mayor of San Francisco,
Class of 1953

George Moscone



George Moscone left his heart in San Francisco.

The 47-year-old mayor of one of the world's great cities has strayed from the land of cable cars and the Golden Gate Bridge for military service, a college education at University of the Pacific, and service in the California State Senate.

Yet he has always returned to the cosmopolitan atmosphere that annually lures thousands of tourists to the city.

Moscone has come a long way from the confines of a spartan dormitory room in North Hall at Pacific to the mayor's office in San Francisco. He was voted to his current position in 1976 and recently came through what amounted to be a recall move by a defeated opponent with a strong vote of confidence from city residents.

Reminders of the recent vote are two framed newspaper stories in his office, one stating he was the winner and the second reporting the demise of his opponents.

The newspapers aren't the only things to be noticed in his second floor office at City Hall in the Civic Center section of San Francisco. There are the traditional flags, some works of arts, a fireplace, a rarely seen curved, wooden door and — mounted high on the richly paneled walls — two special lights for television news conferences.

There is a feeling of informality in the office, with papers and correspondence spread across a large but unpretentious desk. Moscone speaks between sips of coffee from a cup imprinted "Fontanarossa Narcisi," the name of his family's region in Italy. His

affection for San Francisco comes through clearly as he reminisces about his days at Pacific, reflects upon his career in the political arena, and discusses college students in today's society.

"I wanted to go away from home for college, but not too far away from San Francisco," he said. "I loved San Francisco but knew that to grow as a person I would have to leave and see a different part of life."

Moscone was raised in San Francisco and graduated from St. Ignatius High School. His desire for competition, which would surface later and lead him into government service, was channeled into sports. He was named the "Outstanding Prep Basketball Player" in San Francisco and was an All-City selection in 1946-47.

He received a basketball scholarship to come to Pacific, but that wasn't the only factor that influenced him to come to Stockton. "I had several friends who spoke highly of Pacific, and in visiting the campus I was impressed by the beauty, the people, and the general atmosphere. The school was small enough to eliminate my fears of becoming just a number at a large university."

Like many students today, he was uncertain about his career, yet he recognized the value of a basic liberal arts education while majoring in sociology. He received a Bachelor of Arts degree in 1953.

"Whether or not you have a career goal determines the intensity of your study; at least it did for me,"

continued



All's well that ends well: Two framed newspaper stories, one stating he was the winner and the second reporting the demise of his opponents, sit on Mayor George Moscone's fireplace, among other reminders of his extensive political career.

said Moscone, gesturing frequently with his hands and arms to emphasize a point. "Everything I did was set at my own pace. When I decided on law school later on, my studies there (he graduated near the top of his class from Hastings College of Law in 1956) reflected this."

He also enjoyed the social life that comes with college — "they don't give grades for socializing, but it is an important part of college" — and was president of the Rhizomia fraternity while attending Pacific.

Because Moscone had served in the Navy before enrolling at Pacific, he was somewhat older than many of the students in his class, and this influenced him greatly in defining his values. "It was an unusual time to be on campus in many respects. There was the interaction between the veterans and younger students, the fact that it was a coed campus and I was coming out of the Navy after going to an all boys high school, plus I was from a very urban area and many of the students I met were not."

He remembers Dr. Harold Jacoby among his professors as a person "who took interest and knew me as an individual." Jacoby also remembers Moscone: "Everybody who knew him recognized him as a person of considerable ability," said

Jacoby. "He was an able student and very affable person. Although I would not have predicted that he would enter politics, it doesn't surprise me that he did, and I have followed his career with interest."

In sports at Pacific Moscone played two years of varsity basketball for Coach Chris Kjeldsen, who the mayor referred to as "a marvelous human being." Moscone served mostly as a playmaker on the court, averaging about five points per game and leading the team in assists one year. "The floor leader of the team, George has a nice long shot, and is the team boss, directing all of the plays," said the basketball press guide in referring to him as "the colorful San Francisco player."

Like many aspiring politicians, Moscone got started by working in partisan politics — in his case for the Democratic County Committee in San Francisco. He also was in private practice as a lawyer and taught law courses for five years in the Bay Area.

After service on the San Francisco Board of Supervisors for two years he was elected to the State Senate from the 10th District of San Francisco in 1966. He held that office for nine years, winning the first time by the second largest plurality in the state. In 1970 he was re-elected with the largest margin of victory for any legislator in California, and he also received in that year the highest vote total of any candidate on the San Francisco ballot.

During his years in the Legislature he achieved considerable success and praise for his leadership and dedication. He was elected Democratic Floor Leader following his first year in the Senate and was re-elected to this post several times. He also served as chairman of the six-man San Francisco legislative delegation.

Moscone was named "Outstanding Freshman

Senator" in 1967 and "Most Effective Democratic Senator" in 1969 by the Capital Press Corps. He also was honored in 1969 by the California Trial Lawyers Association as "Senator of the Year."

"I like the enormous challenge of representing someone other than myself," said the mayor in describing his interest and fascination with politics. He said that both fields he has followed in his career — the law and government service — address themselves to this task of "speaking for the problems and needs of others. I have asked myself on several occasions why I entered politics, and another reason is that I like competition. This is very important to my character."

In comparing his current duties with those as a State Senator, Moscone said there was more of a direct sense of helping people in the Legislature, and there "you had more time to reflect" about the many divergent needs and problems of society.

He feels there was less bickering in the Senate than what he faces as the mayor. "We had disagreements in the Senate, but I always walked out of there with a feeling of respect for my colleagues and I think they felt the same way toward me. Here some members of the Board of Supervisors (who he must deal with on a regular basis) seem more interested in picking at things than responding to legitimate needs."

With such difficulties in the mayor's job, why would he want to leave the Senate? Moscone indicated the answers rest in his pursuit of challenges and in his desire to return to his home.

"I don't believe public service should be a life-time job. . . . I like to stay involved as long as there is a challenge, and after nine years in the Senate the challenge just wasn't there anymore. I could have returned to law practice, stayed in the Senate, or run for another office. This was the challenge I wanted because it gave me the chance to return to my home."

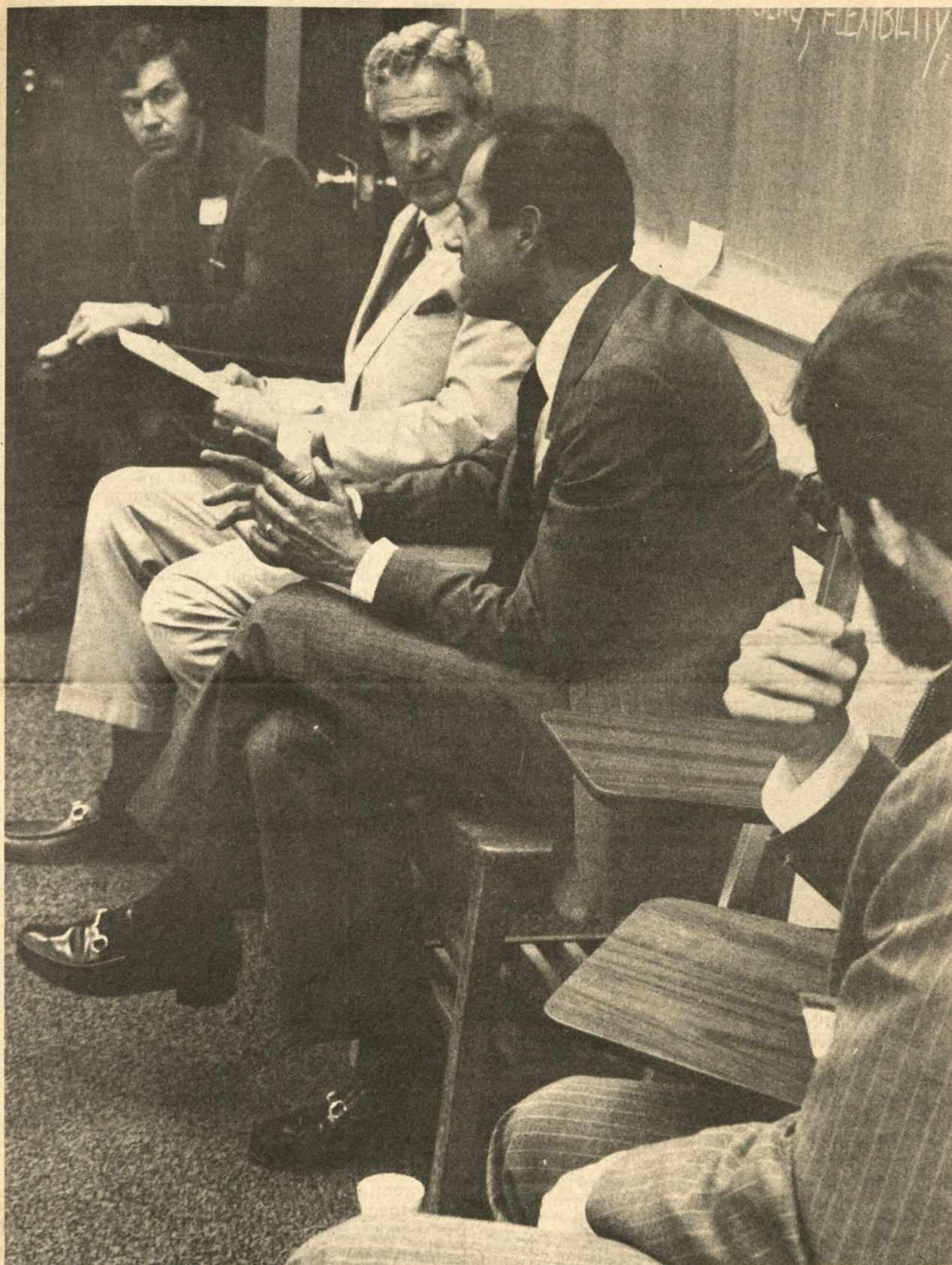
Through his years in college, service on the Education Committee in the Senate, and as mayor of San Francisco, Moscone has continued to be involved in the educational process. He has some definite feelings on how college students have changed since he was on campus.

"Young people today are lovelier than they used to be, but they also are sometimes more evil. I think you could say that they love more and they hate more than when I was in college. By this I mean that they are more concerned than we were about humanitarian causes, yet they also are less tolerant of the imperfections in our society. The world is a lot clearer to them because of the many technological advances. . . . We were not a very well informed era because we didn't have things, for example, like television or the degree of investigative reporting that many newspapers have today. The young people today simply have more to hate and more to love."

And Moscone has first-hand information about young people. He and his wife have four children who range in age from 13 to 20.

What does the future hold for George Moscone? "I would like to serve two terms as mayor, as that gives me 20 years of public service. After that I am not really sure. I think there might be another career out there, but I'm not certain what it might be."

One thing my be sure, however, and that is that whatever course he follows won't take George Moscone too far away from San Francisco. — R.D.



Where are we going? President Stanley E. McCaffrey and Dr. Steven Muller, President of Johns Hopkins University and Hospital, discuss the future of private universities with conference participants.

The Role of Independent Universities Fourth Annual All-University Conference

How many people would give up a pleasant Saturday in September to get together with colleagues to talk about the future?

As unlikely as it seems, some 350 faculty, students, administrators, alumni, and regents did just that on Saturday, September 17, at the President's Annual All-University Conference held on campus. The theme for the conference was "Special Opportunities and Responsibilities of Independent Universities."

Serious business.

And, from all reports, it was a worthwhile thing to do.

Dr. Steven Muller, president of Johns Hopkins University and the keynote speaker, said that he knew of few universities in the country where something like this could have been done successfully.

Dr. Muller set the stage for the day with a stimulating discussion of the role of private higher education and where the country would be if it disappeared due to lack of support.

Participants then divided into 20 small discussion groups to consider such topics as Needs, Goals, and Challenges Facing Private Universities, Faculty Development, Research, and Graduate Education; Student-Faculty Relationships, Governance, and Advising.

The day concluded with the presentation of an honorary doctor of laws degree to Dr. Muller, summaries of discussion groups, and a State of the University address by President Stanley E. McCaffrey.

In his keynote address, Dr. Muller stated, "The fundamental argument for the preservation of independent universities is that without them state-supported higher education would inevitably change, and change for the worse."

Muller, also chairman of the National Association of Independent Colleges and Universities, said, "The most likely direction of change would be toward converting state-supported universities and colleges explicitly into agencies of state government." He likened this to the situation overseas "where freedom is by delegation from government, not by inherent natural right."

The guest speaker said it was the "model of the independent institution in this country that influenced state governments to establish their universities and colleges with matching institutional autonomy. It is the continued example offered by the independent institutions that restrains state governments from the inevitable temptation to withdraw or reduce that autonomy."

Muller said the historical diversity of the independent schools encouraged similar developments by the public sector to the point where both operate for the public good.

"The independent campuses are public, not only because they share directly in the public service offered by higher education as a whole, but because their vital influence on their state-supported

continued



Getting involved: Dr. Clifford W. Kelly, assistant professor in the Communication Arts Department, was one of many enthusiastic participants at the conference.

counterparts — and partners — also serves the public good.

"The future of the independent universities and colleges," he continued, "is in the public interest." He said this deserves public support, which is derived from public understanding, and that fostering such as understanding is one of the services everyone in independent higher education must render.

Early in his talk Muller described several of the difficulties facing independent or private higher education today, and outlined what this country would face if there were no independent schools.

He cited inflation, increasing governmental regulations, changes in the tax laws, and declining student enrollments as major problem areas. "Much, therefore, needs to be done and soon, both by and for independent universities and colleges," Muller said. "Such great effort will result only from the conviction that the independent sector must survive as a healthy, vital component of the composite whole

of American higher education. This conviction is neither so strong nor so widespread as is necessary."

In asking what would happen without independent schools, Muller reminded his audience that "our North American mix of independent and state-supported higher education is unique, that in other countries — including the democratic states of Western Europe — all of higher education consists essentially of state-supported institutions."

He said many independent schools could exist as state-supported institutions, but there would be several changes. These include:

1. increased costs to the taxpayers of each state (some \$40 billion now being spent annually on the operations of independent schools and colleges would have to be replaced)
2. no more religion oriented universities and colleges
3. no more small colleges
4. no more single-sex campuses
5. modification of the selective admission procedure
6. less geographic diversity on most campuses, at least at the undergraduate level

The guest speaker voiced what he said are some false assumptions in the thinking that continuing difficulties would only force the weaker independent schools to close while the strong ones survived.

"There is no simple transition from an institution operating in good health to closing down. Financial famine does not kill quickly but destroys slowly," he said. Muller questioned any type of public policy that would involve government marking a few schools for survival while condemning the rest because this "would exceed government's authority."

In closing, Muller told the audience that "our role and mission are greater than the difficulties we face. Let us rally to this grand cause, and thereby dwarf adversity."

The discussion sessions that followed Dr. Muller's speech were lively and productive.

Money — the increasing need for it, the goal of raising it, and the challenge of finding it — was the main topic of discussion for those groups dealing with the future of private universities. What emerged from these sessions was the fact that all areas of the university are vitally concerned with spiraling and increasing dependence upon tuition. Also, virtually all appeared to be eager in working to solve the problems.

Groups that centered on research and graduate education arrived at the conclusion that more research may be desirable, but that it would have to be accompanied by adequate reward systems, additional support personnel, released time, and evaluation procedures. They also suggested that there should be clear guidelines drawn for the type of research to be done.

The third group of discussions concluded that students and faculty do indeed want to be involved in the decision making process, providing their involvement is meaningful and not tokenistic. These groups also pointed out the need to strengthen academic advising programs, and perhaps incorporate more career information in liberal arts programs.

President McCaffrey presented an optimistic view of the future in his "State of the University" address. He noted that the faculty is probably the strongest the University has ever had, and that the entering students have the highest test scores ever. He also expressed enthusiasm for the two new schools established this fall, the School of Business and Public Administration and Raymond-Callison College.

McCaffrey said the former "gives promise of providing top quality education in the field of administration" while the latter is a "positive development which preserves and strengthens the values of the two colleges."

— D.M.

Learning to Learn

A common misconception about the UOP Learning Center is that it deals mostly with remedial students. "We're not a dummy organization," says Vickie Sanders, director of the Learning Center. "The Center is equipped to challenge all levels of ability."

Now in its new office at the Wendell Phillips Center, the Center offers help in study skills, writing skills, and vocabulary building, and teaches English as a second language. Students work at their own speeds and are given one unit of credit for each course taken.

"We have students who complain they can't understand their lecture notes, or who become so nervous at test time they can't convey knowledge when they're supposed to," she says. Some students can't organize their thoughts well enough to write a cohesive paper. We're equipped to help students in all these areas."

Sanders says the main reason students have learning disabilities is that reading instruction for most students stops around the sixth or seventh grade. "Most grade schools don't have the money to develop a student's reading, writing, or speaking abilities to the degree a college demands."

Marc Capra, a student advisor, says, "It's part of the student advisor's job to look over an incoming freshman's educational background as well as his or her test scores in orientation and determine whether the Learning Center would be beneficial to the student's skills. We've found the Learning Center convenient for a student to use because the program incorporates both assignments from a regular course schedule with the helpful advice from the Center."

But Sanders is concerned the students aren't misled. "This is not a tutorial program. We help the students develop the abilities they already have, not teach them new ones."

ASUOP President Randy Breschini has taken classes at the Center and is satisfied with the results. "It helped me to study better. I can read faster now and with better comprehension. Vickie Sanders was a great help. The Learning Center is an aspect of the campus many people don't know about. I would encourage all students to find out what the Learning Center can do to help them."

Sanders says the average college student reads about 200 words per minute. "When they leave here we would like to have them reading about 600 words per minute and with better overall comprehension."

She would like to broaden the present areas of concentration to accommodate students who would like to improve themselves in other areas.

Sanders is enthusiastic about the Center. "When I first took over the program in the education building two years ago, we could barely accommodate the enrollment. But with our new facilities at Wendell Phillips the enrollment has doubled. We encourage more students to come over."

— S.M.



Michele Bresso

Full-time student, full-time news director

Many UOP students are half asleep when they walk into their 9 a.m. classes. Not Michele Bresso.

When she walks into her first class of the day to learn about American democracy, she has already been up for four hours and has put together four newscasts.

The 21-year-old senior from South San Francisco was recently named news director for radio station KJOY and its sister station KJAX-FM. She is carrying 12 units this semester and averages an additional 40 hours a week at KJOY.

The pace can get awfully hectic, but that doesn't seem to bother her.

"I love it," she says with confidence. "I run on 110 per cent energy anyway. I have to keep going and that's why I like this job."

Bresso arrives at the station at six every morning and begins putting together the 7:05 newscast, which, like the others throughout the day, is five to seven minutes long.

Her U-shaped desk at the station is piled high with letters, press releases, newspapers, and tapes. She wheels around from the desk to the typewriter to the

reel-to-reel tape machine or to the telephone. The sense of urgency is amplified by the constant tick-tick-tick of the Associated Press wire machine, which sits in a corner spitting out stories.

First thing each morning, Bresso takes the top national story off the ABC network wire. She writes the remaining 7:05 stories utilizing the AP wire, press releases, and newspaper stories as guides.

Once the 7:05 news is complete, she tackles the 8:05 broadcast and the 9:19 and 11:19 newscasts for KJAX-FM, an automated station located within the KJOY studios.

"Four days a week, I have to have all this done by a quarter to nine because that's when I leave for class," Bresso explains.

When arrives on the University campus, she assumes her student identity. Books in hand, she hurries from class to class: from American Democracy, "which comes in handy when I report on government"; to Mass Communication Law, where she learns about libel laws and FCC regulations; to Broadcast Management, a course which teaches her how to open and manage her own station.

Between classes, she rushes to her apartment (which is still full of unpacked boxes) and grabs a bite to eat. "I usually just have a bowl of soup or some yogurt — whatever's handy. While I eat, I sort through the mail that comes to the station to look for story ideas."

Bresso has had to give up her favorite hobby, playing intercollegiate volleyball, due to her hectic schedule. In fact, she barely finds enough time to study.

"I've got to do it all on weekends," she says. "I've accepted the fact that I can't study during the week. By the time I get home, fix dinner, and relax a little, it's time to go to bed — I have to go to bed early to get up at five."

One of the ways she relaxes is to watch the news on TV. She would eventually like to move from radio to television news and finds herself extremely critical of what she sees on TV.

"I watch Barbara Walters, not because I think she's fantastic, but because I think she's made a great accomplishment. She's foremost in the field now, so I am critical of how she acts, talks, and what questions she asks. I tend to compare myself with her."

Her tight schedule will loosen up slightly when KJOY finds a permanent news director. The station hopes to expand its one-person news staff to a full-time director and a part-time reporter. Michele hopes to take on the part-time position, "which will be good because I'll have more time for school."

A Communication Arts major, she dabbled in print media her sophomore and junior years as a sports photographer and reporter for the *Pacifican* and as a writer for UOP's Office of Sports Information. "At one time I considered becoming a sportswriter, but I decided it would be too limiting."

Bresso became "fascinated" by radio in the first semester of her junior year when she worked as a reporter and newscaster for KUOP-FM. She learned even more about radio news writing and delivery when she was an intern in the news department of KJOY the next semester.

Now she is the news department.

Bresso hopes to stay in broadcast journalism after graduation next spring.

"I know it's a hard business to get into. There's a lot of competition and you've got to have experience. But I've got an edge over students who will be coming out of journalism schools. Not many will be able to say they've been a news director at a station the size of KJOY."

And that's what makes all the early hours and hard work worthwhile.

—L.D.

On Being A MENTOR

If we were lucky, each of us had one. The person who took special interest in our work, who became a friend, encouraged us to go on to the next level of graduate school and finish the degree, and who enters into our teaching as we read new things or go to old works again and hear the mentor's corrections and interpretations. If we continued to be lucky, we became mentors ourselves to one or a few of our many students. It doesn't happen often. It isn't guaranteed or contracted for, and it's usually not even acknowledged—not often, at least, or not directly. One doesn't talk about mentoring with the mentor, except to recognize that it is happening and then to get on with the study or work or training which is the first cause of the relationship.

One shouldn't really talk about the mentor a great deal in any context. It may be acceptable in dedications and acknowledgments, but it can be overdone there, too. Talking about it may kill it, or, just as bad, regularize or program it. None of these alternatives is attractive for something one values, but I'm risking a brief, quiet discussion as a way of celebrating, without fireworks or grant proposals, a part of teaching that has been important since Socrates walked around Athens with his students.

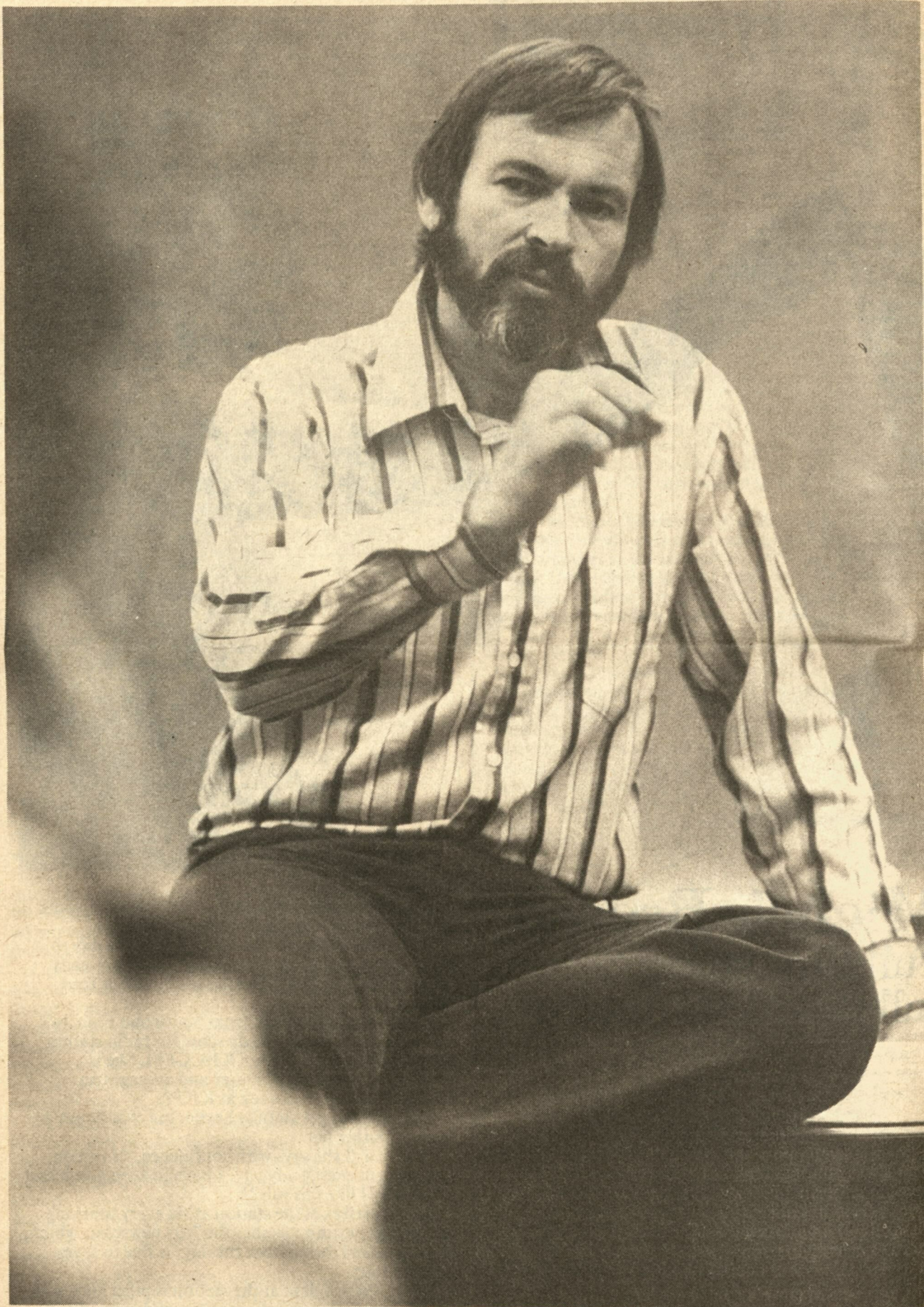
Mentoring is a means of creating continuity among the rapidly changing generations within schools. It is also a way of keeping personal our ostensibly objective and dispassionate scholarship.

Mentor has a long and happy history for me. It first meant Mentor paperbacks and Alfred North Whitehead's "Science and the Modern World," a work which I tried several times to read as a pretentious high school student. I couldn't get through it. Later I understood: I wasn't smart enough. But I still have this thirty-five cent cellophane-wrapped little book, and it evokes good memories of early, unguided efforts in the chase for the vapors of knowledge. Whitehead himself has been a mentor for me, a distant but strong motivator.

As a faculty member just out of graduate school, I became the mentor to a couple of teaching assistants, people with whom I had a great deal of sympathy because of my long career as a T.A. We talked about the stress of graduate work, about teaching composition and marking essays and being patient with students who didn't especially want to take English 1A. In talking with them I was often aware of the influence of two of my own mentors, whose ideas are still working in my head, causing me to engage in fantasy dialogues about a critical point made fifteen years ago.

But in talking about the quietly pleasurable effects of mentoring, I'm not defining the thing in itself. Before doing that I'll cast aside some of the unsuitable metaphors. The mentor is not one's drill instructor or commanding officer, priest, doctor, therapist, or surrogate parent. Nor is the mentor that unquestioned source of wisdom at whose feet are gathered the malleable minds and shining eyes of the adoring, unwary ignorant. The mentor may be a guide, or uncle or aunt (as some cultures have given special meaning to that relationship), or older friend sharing a dominant interest, or master working with an apprentice. Through a special compatibility, based on their way of seeing the world, the mentor and student discover their relationship.

When this happens, the excitement creates new pleasures and dangers. The relationship can become corrupt, by taking precedence over the study, or the student may become a disciple, thus killing the possibility for exchange on which the relationship is based. Teachers acquire power by becoming mentors, and they are about as fallible as other people when presented with the problem of power.



Arvid Shulenberger, my own best mentor, who introduced me to the traditions of poetry, sounded the right warning:

*There are a few live saints
who take God as a model,
A few live artists
who idealize saints,
A few professors living
who try to worship art,
But God help any student
who tries to live admiring a professor.*

But it can be one of the best experiences for both persons, moving them to deep, long-lived interest in their stuff. In affirming the mentor, I want to make just enough noise to keep this tradition alive and legitimate without making it a Movement. Let us remember our mentors.

Dr. John Smith is the associate dean of Raymond-Callison College.

Dr. Fred Farley 1884-1977

...our hearts survey
The mystery of friendship shared by friends
Who may have walked together yesterday
Or unforgotten years ago, which lends,
Though unexpressed, a light in the dark way
Our world has gone. Such friendship never ends.

Dr. Fred Farley, professor of ancient languages and dean at Pacific until 1955, wrote these words on Christmas Day, 1940. They may remind his family,

friends, and students of how he did "lend a light" to others through his teaching, his poetry, and his service to the community.

Farley died in Carmel on September 3, 1977 and is survived by his wife, Marie Brennniman Farley, sons, and grandchildren.

He came to Pacific in 1918 after earning his doctorate in classical languages at Stanford University. He taught courses in the art of language and the ancient languages; former students still speak of his inspirational teaching and his gentel sense of humor.

As a teacher, Farley was respected and beloved; as Dean of the College, he played a vital role in the maintenance of academic standards and faculty morale.

Dr. Farley resigned in 1955, although he continued to teach in informal settings in Carmel. That same year, his book of poetry, "The Passing Years," was published.

In it he demonstrated his ability to be both serious and light-hearted, witty and tender. Some of his most touching poems are those on love and friendship, such as his *Sonnet to a Friend*:

A Sonnet to my Friend, Miss Barr

I lighted, once, a candle, late at night,
And lo, no longer was I there alone;
Around my chair the forms of those I've known
And loved, illumined by the gentle light,
Were standing, so with slightest touch I might
Enfold their hands once more within my own;
Their kindly faces with a love-light shone
In candle-glow, which solemnized the rite.

Thus always when I think of you, dear friend,
Such vivid memories around me throng,
Of thoughtful deeds and kindly words, I touch
Them with the fingers of my heart, so much
Of life, like melody of lovely song,
Must last as long as love which has no end.

Fred L. Farley -
13 May 1937

For Parents Only

When asked what kinds of activities he would like to attend on Parents' Day, November 19, member of the Parents' Board Gene Detmer wrote that he is a "firm believer that one of the outstanding and unique features of the University of the Pacific is the ability to bring good teaching to all levels of study at the University. I will put my oar in the water on behalf of a closer look at the teaching faculty talking about something of a timely nature, not too heavily academic."

One example of the unusually fine teaching is in the mathematics and science instruction. Students for whom these subjects have been confusing emerge from Pacific classes with a clearer understanding of basic concepts. For Parents' Day Dr. William Topp and Dr. Douglas Smith of the Mathematics Department will demonstrate some of the ways they communicate mathematical ideas.

Even non-science students become acquainted with Einstein's theory of relativity in Dr. Robert Anderson's lecture for the "Ascent of Man" course, which he will deliver for parents on November 19.

In addition to basic biology, Dr. Dale McNeal teaches botany and wild flower photography. He will show a series of his California wild flower slides to interested parents and students.

Dr. John Lutzger of the Psychology Department will talk about one of his courses which benefits many students in addition to psychology majors. "Power to the Person" explains how we develop or fail to develop behavior that gets labeled "willpower," behavior which affects the ability to lose weight, to stop smoking and nail biting, and to increase the ability to study.

"Why Johnny Can't Write" has attracted a great deal of attention in the press recently. Dr. John Seaman, Chairman of the English Department, will discuss the writing process with parents and will describe some procedures used by writing instructors in solving problems commonly found in student writing.

Dean Elliot H. Kline of the new School of Business and Public Administration will talk with parents about the "Lie About Management."

The Schools of Education, Engineering, and Pharmacy will host demonstrations and exhibits.

After lunch with the students, parents will be able to observe art students in action, listen to woodwind and saxophone concerts in the Gallery Lounge, and attend a Readers' Theatre Production of a collection of excerpts from Woody Allen, Neil Simon, and Kurt Vonnegut. Parents may also play volleyball, badminton, or tennis.

Saturday night participants may attend either the drama production, "Who Killed Richard Cory," or a football game, Pacific vs. Fullerton State University.

Students sign in for their winter term and spring semester classes during the day, and members of the faculty will be available to meet and converse with parents.

November 19 is a day for parents to participate in activities which surround their students' lives at Pacific.

- K.B.

7th Celebration of Preservation



A Zuni pot and Hopi jar, both c. 1920, are among some 16,000 Indian artifacts in the Merner and McCloud collections.

Holt" and "Atherton." The names are as much a part of

It was entirely appropriate, therefore, when in mid-September the Pacific Center for Western Studies was officially dedicated to recognize those two families. During the past 20 years, the Center has steadily achieved state and nationwide respect for being the library for materials related to development of California and the West. To be christened the Holt-Atherton Pacific Center for Western Studies provided a natural, new dimension.

"In a way it's a little embarrassing, and I hope all of you relapse the title of this Center is a *hyphenated* Holt-Atherton, in honor of three family members and not myself," joked Holt Atherton, President of the Holt Machinery Company (San Antonio, Texas) and a key figure at the September 23 dedication. The son of Warren Atherton (prominent Stocktonian who gained national attention for designing and urging Congressional enactment of the G.I. Bill of Rights), Holt Atherton provided articulate, occasionally moving comments during the dedicatory ceremony. Many of the remarks of the handsome Texan revolved around memories of the three family members for whom he had endowed the Center: Mrs. Benjamin Holt (his grandmother and long-time Regent of Pacific); Anne Holt Atherton (his mother and a devoted benefactor to the University); and Dr. Warren Atherton, his father.

Shortly after the remarks of Atherton, as well as others associated with the Center, President McCaffrey, with customary poise, slowly unveiled and read aloud to about 150 guests the Center's commemorative plaque. Then it was official: the Center would henceforth be known as the Holt-Atherton Pacific Center for Western Studies. As Atherton had commented only moments before: "I hope in some small way this shows the love I have for the three people who have meant the most to me."

When it was partially initiated in 1947, the Center was only a dream—a vision of then UOP President Robert E. "Bob" Burns, himself a history enthusiast. Burns hoped

to create at Pacific the most outstanding center possible for research, teaching, collecting, preserving, and publishing activities related to development of the American West. Burns recruited Rockwell D. Hunt to move to Stockton to help fulfill that dream. Hunt, a retired faculty member at the University of Southern California, had been honored by the State Legislature with the designation of "Mr. California." He ably tackled the challenge, signing on as professor of history and director of what was then the California History Foundation.

Over the years, subsequent leadership had been provided by various key benefactors (including, of course, Holt Atherton and his family); an energetic 19-person staff (many of whom hold appointments with both the Center and Department of History); and, in addition to Hunt's original leadership, that of two other subsequent directors. This summer, an enthusiastic Walter Payne was named as the seventh director, succeeding the long-active and highly prominent R. "Coke" Wood who served from 1967-77 and was honored by state legislators as "Mr. California." He continues as Professor Emeritus at UOP, and as a liaison with the California historical societies. Dr. Payne, anxious to continue this tradition of leadership, has a major academic concentration in Latin America, especially the Spanish Empire in America, including Mexico and the Spanish borderline frontier from Florida to the Californias.

Over black coffee and a respite from an afternoon of advising students, planning lectures and managing both his roles as Director of the Center and chairman of the UOP Department of History, Payne spoke with a sense of professional excitement over the new assignment:

"This Center is a legacy of dedicated and unselfish work by a number of people, and it has, today, reached a really significant period in its development as an archive library and a fine physical facility. My personal goal as one of a

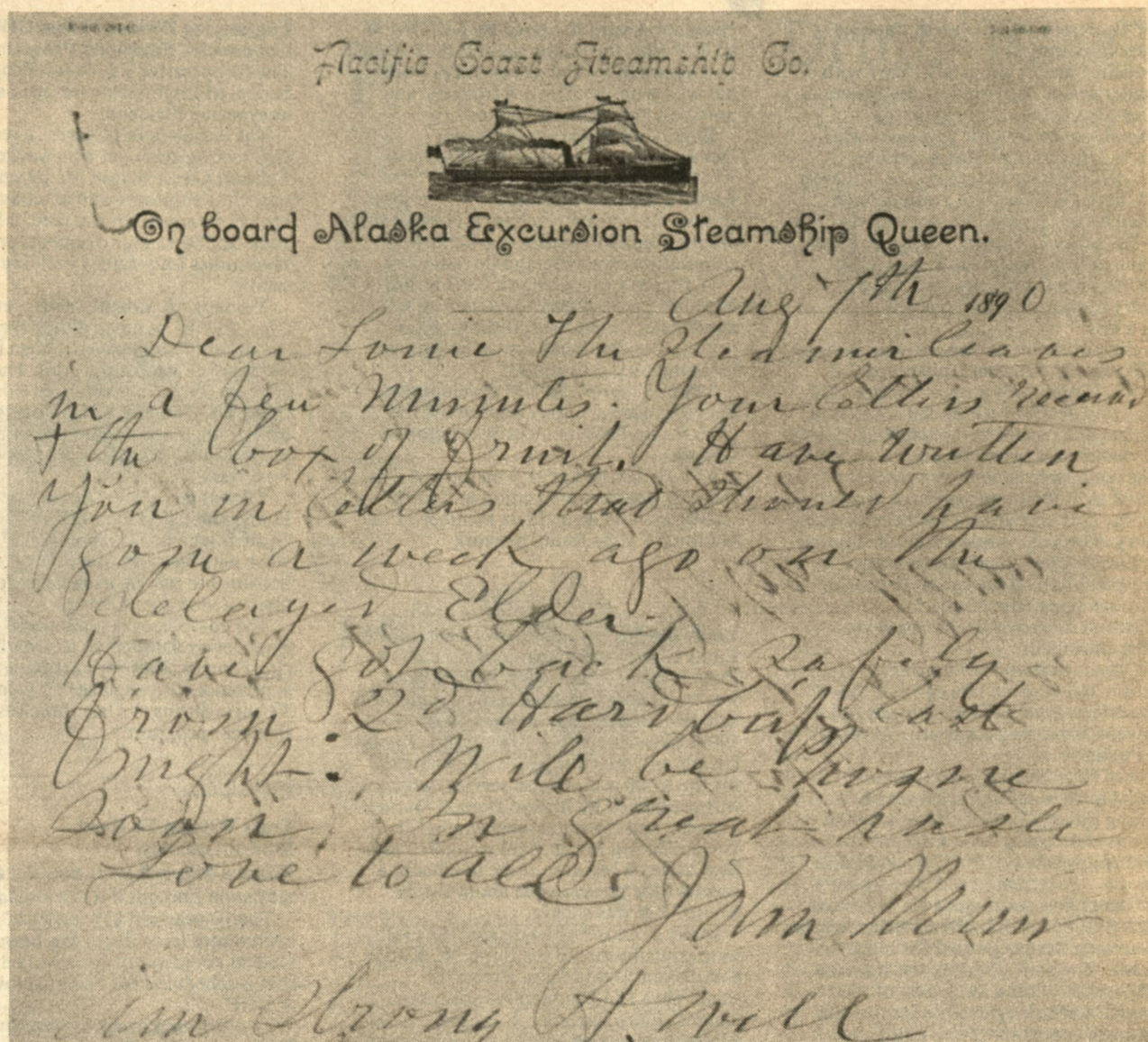
new generation of workers is to welcome the task of organizing and expanding on the sound base that is here."

Such low-key steady diligence seems descriptive of the activities and atmosphere of the Center itself, which is located in a spacious portion of the School of Education Building. A person wandering into the high-ceilinged, quiet area, is immediately confronted by the Center's sheer delight with California. Portraits of historic sites such as the "Hetch-Hetchy" and Yosemite line the walls. There's a buffalo head peering from an adjacent reading room. History enthusiasts may be relaxing on large leather sofas swapping tales about the Gold Rush or Central Valley water project. Those intent on more scholarly research may be slowly turning the pages of bound 1880 newspapers or the like in the adjacent reading/study area. Exhibition cases, designed for "browsing" historians, may share anything from memorabilia of the days of Delta steamships to authentic Pueblo pots. The accent is on a professional, scholastic presentation of the Center's genuine affection for California and the West, along with a sense of the "folk." Bob Burns would be satisfied indeed.

And also satisfied—in fact, delighted—with the success of the Center is its Associate Director, James Shebl, a young English professor whose natural affinity for Western Americana may forgive his innocent digressions into tales of low Sierra towns like Dutch Flat or the fact that—if you really want to see them—he'd be delighted to show you the authentic Modoc Indian war cannon balls which are "somewhere downstairs" in the Center.

In fact, Shebl has been able to combine his love for the West with his academic background by designing and instructing courses at UOP in "California Literature" and "The Frontier and American Literature." He also serves as an assistant to the Academic Vice President, and has been affiliated with the Center since 1974.

Walter Payne enjoys describing the benefits of the Center, most particularly its "heart": the 25,000-volume



— portion of a letter from the John Muir Collection.

Reginald Stuart Library of Western Americana. The Stuart Library includes, among its primary historical research materials:

The Jack London Collection, which features rare, first edition copies the author inscribed to his family and 25 others. A sample, written in a 1902 copy of "Children of the Frost," reads:

'The first book of mine, all for you, you said.
But what matters it, am I not all your own?
Your Daddy-boy,
The Bungalow,
Christmas 1902

Also in the Stuart Library:
The John Muir Collection, which is the world's most extensive collection of personal papers by the legendary American historian and conservationist.

The Jedediah Smith Collection, which includes a most complete file on this Far West explorer and trailblazer.

A major portion of the work of *Henry Meade Bland*, the second Poet Laureate of California.

More than 100 historical *trail maps and field notes*.

About 100 *political cartoons* by the late Bob Bastian, UOP '40, whose work was nationally syndicated.

Other notable features of the Center:

Some 16,000 Indian artifacts. These holdings, comprised of the Merner and McCloud collections, include specimens of Pueblo pottery ranging from prehistoric work to classic blackware; hundreds of baskets made by various tribes of the Indians who worked for the California missions; hundreds of arrowheads, bows-and-arrows, and skulls; beaded necklaces and fine beadwork on buckskin; and Indian utensils used for cooking and personal grooming.

A thorough collection of *Western journals* donated to the Center by Dr. Joseph Shebl of Salinas, father of James Shebl. According to Yale University, which has expressed interest in purchasing this periodical collection, this is the only assemblage of all of the historical quarterlies and journals by various historical societies this side of the Mississippi. Each periodical is complete from its beginning whether it was published in 1934 or 1871. All are custombound. As Dr. Payne emphasizes, this collection contains in one location information on virtually every moment of historic importance in the Western United States. Joseph Shebl also donated to the Center a collection of some 11,000 volumes of rare and first edition books.

In addition, the Center publishes *The Pacific Historian*, a 2500-circulation quarterly which features essays and original research into the American West. Another popular activity has been the annual California mission tours, conducted each spring for the past 30 years. Over this period, nearly a thousand participants have enjoyed the chartered bus tours which visit all of the Franciscan missions between Sonoma and San Diego.

Given such extensive programs and research holdings, it's not surprising, then, that the Center has steadily gained statewide recognition. Adding to this is the fact that the Conference of California Historical Societies is located at the Center, and serves as a repository for materials and information on activities of over 600 local historical societies and related associations from throughout the state. Walter Payne is particularly pleased with this continuing affiliation: "From the beginning, members of this Conference have equated their programs with UOP and the Center," he notes. "They remember well names like Rockwell D. Hunt and Robert E. Burns, and they continue working with R. "Coke" Wood as Executive Secretary of the Conference."

The Center has also advanced to national attention.

Recent visitors have included a Kentuckian preparing a biography of UOP's late football mentor, Amos Alonzo Stagg; research representatives of the *The National Geographic* and the British Broadcasting Company; and the Director of Libraries at the University of Iowa (on assignment to study the Center as a possible model for a Center for Midwestern Studies at his own institution).

But as he further settles into his new role, Dr. Payne hopes to not only expand this reputation, but further integrate the Center into the University's academic programs. Already, art and anthropology students have discovered they can study first-hand the intricacies of Zuni Indian pots or Hopi Kachina dolls without going beyond West Stadium Drive, and an enterprising philosophy student has used the Center as the basis for scholarly exploration into "Wilderness Ethics."

Payne sees the Center becoming even more involved in this respect on a near-daily basis. He admits strong attraction to the idea of University programs that, partially through student exposure to activities at the Center—and through formal course preparation—would prepare young people for history-related careers with agencies such as the National Park Service and local and state government archives. "We've already got a fine history, outstanding holdings, and a wonderful relationship with the Conference of California Historical Societies," says Payne. "Now, we want to move as deeply as we can into further drawing in students and faculty to provide a very lively association at the Center."

But regardless of projected goals—and one can't help but imagine that they will indeed be achieved—the Center will continue to be tied to its founders' dedication to the pure art of history—and a joy with California. As Dr. Payne observes: "The Holt-Atherton Center for Western Studies has been created by men and women who are builders, and the University has great strength with which to continue this building process and to serve California from a central position in state, local, and Western history in the coming years."

— D.C.

UOP Today

UOP Professor Sees Delay In Panama Treaty Ratification

President Carter's proposed treaty with Panama will be approved by the Senate — but not this year — according to a University of the Pacific professor who fears violence in the Latin American country if the issue is defeated in Congress.

"I think the treaty will eventually be ratified by the Senate, but not this year," said Dr. Larry L. Pippin, "because if the administration tries to get a vote on the issue too soon it will lose, and we as a country cannot afford the ramifications of such a loss."

A close observer of Panamanian politics for 20 years and former resident of the country, Pippin feels a return to the 1964 rioting and death of American soldiers in the canal area would be "most likely" if the treaty is rejected in the Senate.

The controversial issue provides for ownership of the Panama Canal to pass from the U.S. to Panama by the end of this century. The U.S. would maintain control over the land and installations needed to operate and defend the canal. President Carter has signed the treaty, but ratification is needed by the Senate to finalize the matter.

"If you look at the realities of the situation and positive side of what the treaty offers us you will see it is not full of the giveaways some people are claiming," said Pippin.

The UOP professor, who teaches political science at Pacific's Spanish-speaking Elbert Covell College, said the treaty would open a "new era" of relationships between the U.S. and Latin America. "This treaty has foreign policy significance because it sets up a new basis for our dealings with Latin America, which is an area we have neglected for more than a decade. The issue goes beyond Panama, as the canal has lost a large part of the economic and strategic value for the U.S. It is far more important to the Latin American countries than it is to us."

Pippin, whose doctoral work at Stanford centered on Panamanian politics, acknowledged that he was somewhat surprised by Carter's actions on the treaty.

"It is rather unusual for a President to come out so strongly on such a controversial issue. It would seem to be politically unwise to me because our relationship in Latin America hasn't been that good for several years, and if the treaty should lose in the Senate we will really be in trouble," he concluded.

National Award Received By KUOP-FM

KUOP-FM, the public radio station owned and operated by University of the Pacific, has won a national award from the Corporation for Public Broadcasting.

First place honors in the Radio Development Awards competition went to KUOP for its underwriting guide "The Rare Medium, Well Done." The campus station was one of 11 award recipients from among some 210 entries in a nationwide competition involving public radio stations.

In presenting the award, CPB Board Member Lucius Perry cited the guide as an example of "creativity, flexibility and practicality combined into an attractive, informative publication."

Mike Milhaupt, KUOP development director, accepted the award at the recent CPB Radio Development Workshop in Chicago.

KUOP, located at 91.3 on the FM dial, is the only public radio station in Central California and an affiliate member of the National Public Radio network.

Emily Knoles Given Honorary Doctorate

Emily Knoles, widow of long time UOP President and Chancellor, Tully Knoles, was honored at a special campus luncheon held September 30 in celebration of her 100th birthday. Nearly 200 of Mrs. Knoles' friends and relatives gathered on campus for the 11:00 a.m. chapel service, which was conducted by Bishop Donald Harvey Tippet, and the noon luncheon in Elbert Covell Dining Room. Following President McCaffrey's remarks at the luncheon, a special slide presentation about Emily Knoles' life was shown.

Many of those who attended the event were contributors to the Emily W. Knoles Centennial Scholarship, a recently established fund commemorating Mrs. Knoles' 100th birthday. President McCaffrey was pleased to announce that approximately 400 friends and family members had contributed to the fund as of September 30, reaching a total of \$15,000. . . and the fund continues to grow!

Marie Bergh, a UOP freshman from Torrance, California, has been selected as the first recipient of the scholarship. Marie is enrolled in COP with a dual major of Spanish and speech therapy.

On Saturday, October 1, Mrs. Knoles celebrated her birthday with family and friends in Palo Alto. President McCaffrey, who attended the party, unexpectedly presented Mrs. Knoles with an honorary doctorate in Humane Letters. — M.W.

Engineering Dividend From UOP Cooperative Education Program

The Cooperative Education Program at the School of Engineering has paid an unexpected dividend.

The reason is Bill Quiroz, a recent engineering graduate who worked for Teichert Construction for six years as a part-time employee and as a co-op student. He has arranged for the firm to finance some \$2,500 in improvements around the Hydraulics Laboratory building at the school.

Teichert will donate the dirt and sod to allow turfing of an area near the laboratory that has always been a problem in wet weather because of the mud. They also have agreed to finance a new bike rack there. UOP engineering students will take care of the labor needed to complete the project, which is planned for upcoming weekends.

"We hope to have the project done by Homecoming on October 15," said Quiroz, who has just completed summer work with Teichert and is enrolled at Stanford to pursue a master's degree in construction engineering.

The co-op program allows UOP engineering students to alternate classroom studies with actual on-the-job experience with engineering firms like Teichert during the last three years of a five-year program.

Tracy Woman To Head Model Assembly

Virginia Mitchell loves politics, and she may soon find out if it is a lasting affair.

The 19-year-old University of the Pacific sophomore from Tracy has been named student coordinator for a Model Assembly that is scheduled for Friday, November 18, at UOP.

The day-long event for Northern California high school juniors and seniors is being planned by the Political Science Department.

"We will be simulating the California State Assembly, complete with the representatives and lobbyists, to give the students an increased understanding of the political process at this level," said Dr. Jerry B. Briscoe, UOP political science professor and faculty coordinator for the event.

Miss Mitchell, who will have the job of Speaker of the Assembly for the day, is a pre-law major who has been interested in

politics and government for some time.

"When I was at Tracy High School we came here for two Model Congress sessions and one Mock Political Convention, and I really enjoyed them. When I heard about staging the Model Assembly I just asked if I could help," she explained.

The 1976 Tracy High School graduate is the youngest student coordinator of one of these events at the university, and she also is the first woman to hold the job of student coordinator. "I just love politics, and this is something that I just dove into," she said. She helped prepare a brochure that will be used to promote the event and is also working on the structure and rules for the assembly.

Cortez Park Dedication

A 1937 College of the Pacific graduate was commemorated this summer when a \$190,000 five-acre park in Stockton was dedicated to him.

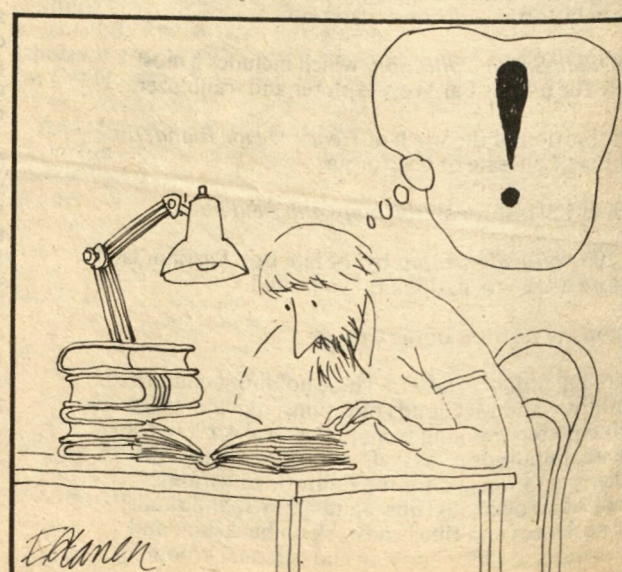
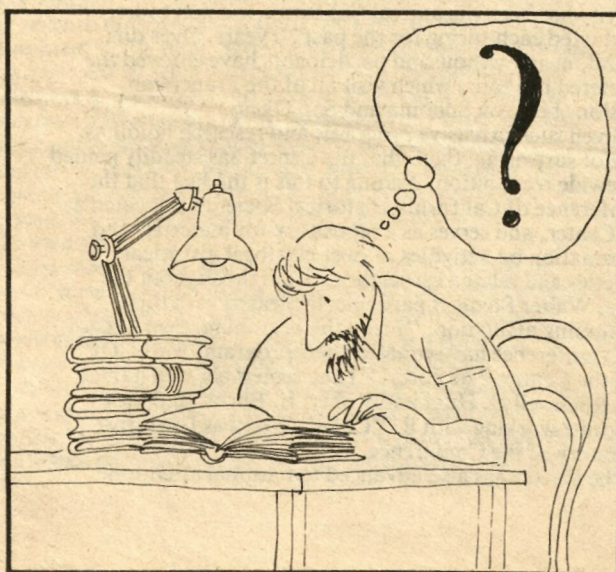
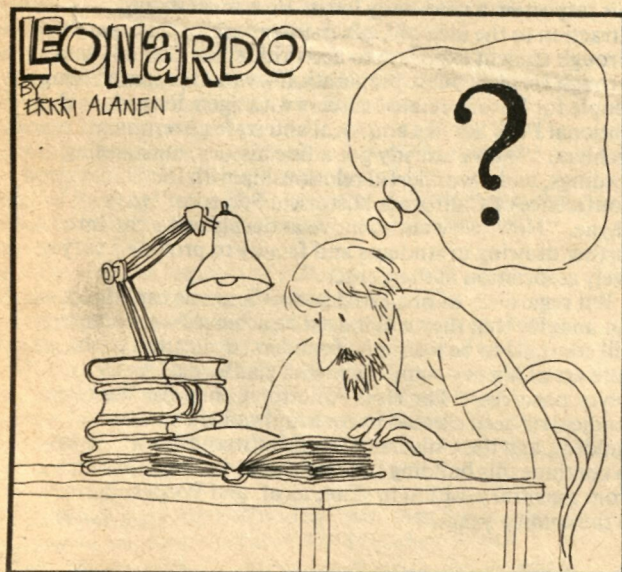
C.M. Cortez Park was named after "Corky" Cortez, who went on to become Stockton's assistant city manager after receiving his B.A. in business administration at Pacific.

A native of Forest City, California, Cortez came to Stockton in 1933 and while at Pacific played football under Amos Alonzo Stagg. He married Mona Bell Henc, also a 1937 COP graduate.

He began his career with the city of Stockton in 1948 as a deputy license and sales tax administrator. He was promoted to city auditor in 1952 and administrative assistant to the city manager in 1954. In 1967, Cortez was named assistant city manager, a position he held until his death in 1974.

The park which bears Cortez' name is located north of Hammer Lane off Tam O'Shanter Drive. It offers facilities for tennis, handball, softball, and picnics.

The decision to honor Cortez was made after recommendation by the Metropolitan Parks and Recreation Commission and the approval of the Stockton City Council.





Drums Boogie

Editor's note: This recipe by Jeremy Jones has been tested and approved in the Pacific Review test kitchen. Not only is it fit for human consumption — our head chef predicts that it is likely to appear in the "Central Valley Guide to Gourmet Grub." In the interest of maintaining our integrity and high standing with this prestigious publication, we invite your culinary contribution. Please send your gastronomic extravaganza to this paper, attention "Test Kitchen," for pre-publication consumption.

This recipe was concocted as a near-the-end-of-the-month dish, at a time when chicken legs were relatively cheap and grapes were non-controversial. This is not intended to be any kind of a soul food recipe. Older readers may remember a Gene Krupa band recording of several decades back, from which the recipe title (and some of the technique) is taken.

I recommend the procedure as described below. Before adding the wine, however, you may wish to test it for clarity and freshness.

Wash and dry **four large** or **six medium chicken legs**. (Support your local chicken.) Mix the following: $\frac{1}{2}$ t. **seasoned salt**; $\frac{1}{2}$ t. **MSG (Accent)**; $\frac{1}{4}$ t. **garlic salt**. Spread this mixture on top of **bongo drum** (tambourine may be substituted). Grasping a leg (chicken) in each hand by the bone end, tap the legs gently into the seasonings until all are absorbed. For the beginner, a straight 2/4 or "back-beat" is suggested, but you will want to experiment as you gain confidence. A fun variation is to put half of the seasonings into each of two small brown paper bags, put half of the legs in each bag, twist the end, and shake the bags back and forth, as with maracas, in a Latin rhythm. Often, you may catch yourself dancing about. (If you are still with me, you can also just sprinkle the seasonings on the legs.)

With a potato-peeler, peel a section of **bell pepper** and chop coarsely (about 1 T.). Chop about $\frac{1}{4}$ c. **torpedo** (or other) **onion**. If you are still intrigued with the drumming technique, use a knife in each hand. Slice enough **fresh mushrooms** to make **one cup**.

Heat 1 T. **each butter and peanut oil** (or substitutes) in a deep skillet. Brown the chicken lightly (about 10 min.) turning several times. Add the pepper, onion, and mushrooms, tossing gently (ad lib) with two forks to coat the chopped pieces. Now mix $\frac{1}{4}$ c. **wine** (pre-tested), 1 t. **soy sauce** and $\frac{1}{2}$ t. **Tabasco Sauce** (do not taste this or you may not finish the recipe). Pour this mixture over the chicken and veggies. Reduce heat and cover.

Let it steam for about 25 minutes or until the chicken is tender. You may spend this time readying the other parts of the meal, chilling the wine, or whatever. About 5 minutes before the end of the cooking time, add to the skillet about $\frac{1}{2}$ c. **fresh Thompson seedless grapes** (stems removed) which have been sprinkled with **curry powder**.

Remove the chicken to plates; spoon the grapes over the chicken. Remove the veggies with a slotted spoon and serve as garnish. Serve with steamed chopped **spinach** which has been seasoned with salt and a **pinch of nutmeg**, **melon slices** (honeydew or casaba) **organic whole wheat bread**, and **chilled white wine**.

Colliver Lectures

"New Surges of Religious Consciousness: The New Evangelicals" will be the theme for the 21st Annual Colliver Lectures that are scheduled at University of the Pacific for November 6 & 7.

The Rev. Dr. David A. Hubbard, president of Fuller Theological Seminary and featured speaker on the radio program "The Joyful Sound"; The Rev. Tom Skinner, a minister serving professional athletes since 1969 and host for the "Tom Skinner Speaks" radio program; and The Rev. Dr. Richard W. Cain, president-elect of Claremont School of Theology and pastor of the First United Methodist Church in Phoenix, Arizona, will be the main speakers for the two-day event.

The Department of Religious Studies is coordinating the lectures, which are named after the founding professor of the department, Dr. George H. Colliver. They were established by the late Dr. Colliver to provide opportunities for persons to share religious concerns and to study in fellowship.

Children's Shows Planned On KUOP-FM

A series of weekly drama programs for children are scheduled this fall on KUOP-FM.

Jim Grempe, a UOP student from Modesto, is producing the 30-minute shows. They are scheduled for Saturdays at 10:00 a.m.

"We are interested in fairy tales and

similar fantasy shows that would primarily interest four-year-olds to 10-year-olds," said Grempe. The acting roles for the shows are being performed by UOP students and community residents.

Grempe would like community residents to assist in the show, particularly by submitting program scripts.

For more information contact Grempe at KUOP at (209) 946-2582.

Continuing Education for Nurses

Approximately 35 people participated in a continuing education program for inactive nurses in September at the University.

Designed for those who have not held a nursing position for at least the last three years, the program provided an overview of nursing as it exists today. Topics covered included the basis for patient care, the roles and responsibilities of today's nurses, general drug therapy, acute and chronic care, mental health, maternity nursing, and nursing of children.

The California Board of Registered Nurses approved the two weekend program for 30 hours of continuing education credit. The project was arranged through the Bureau of Educational Research and Field Services in the UOP School of Education.

UOP Home Football Games To Be Aired By KUOP-FM

The three remaining home football games this year will be broadcast by KUOP-FM. Former UOP gridiron star Al Cleveland and Pacific student Jeff Jardine will be doing the broadcasting.

The games to be broadcast, and the air times, are San Diego State on November 5 at 7:15 p.m., Northeast Louisiana on November 12 at 7:15 p.m., and Fullerton State on November 19 at 7:15 p.m.

All of the broadcasts, which will include halftime profiles on UOP players, will be underwritten by a grant from Stockton Savings and Loan Association.

Uop Student Works for Republican Party In Washington

Student Rick Brouwer of Stockton was a summer intern in Washington, D.C. with the Republican National Committee.

The 21-year-old senior served in the College Republican National Committee auxiliary. His duties included coordinating a Congressional speakers series for Republican interns on Capitol Hill and assisting the public relations programming of the committee.

"It has been a unique experience to see first hand the inner workings of the national Republican Party structure," said Brouwer, president of the UOP College Republicans. "It compliments my studies at school perfectly, for I am gaining valuable new perspectives on how our governmental process operates."

NO FAT KATZ

Warning: The School of Pharmacy has determined that legal highs may be dangerous to your health

"Blast Off with Superweed — Legal Grass. . . Legal Stash — a superb legal grass blend created by nature's experience. . . Legal Grass — this is a very special blend of high quality Korean Ginseng leaves."

Advertisements like these are common today to those familiar with the street drug scene, for they pertain to a relatively new industry that involves the selling of so called "legal highs."

But, report two University of the Pacific School of Pharmacy professors, the field is full of rip-offs and dangerous drugs that the buyer should be aware of.

Dr. John K. Brown and Dr. Marvin H. Malone discussed the field of "legal highs" in the current Pacific Information Service of Street Drugs pamphlet. Their findings were presented earlier this year at a National Drug Abuse Conference.

"Between the professional pharmacist at one end of the spectrum and the street drug peddler at the other a new industry has evolved over the past 10 years, and that is the selling of so-called legal highs in retail stores or by mail," state the authors.

"Nationally distributed magazines now exist to champion and promote the merchandising of these apparently profitable agents, which the Food and Drug Administration appears reluctant to monitor," added Malone. "This is a neglected area of public health that hasn't had a lot of scrutiny from the FDA, which theoretically should be involved."

What Brown and Malone found in an analysis of various common "legal highs" is that some are a fraud and others may kill.

In the latter category the authors cited the death of a 19-year-old who took what is called Thorn Apple,

Stramonium, or Jimson Weed. They also said another drug known by such names as Indian tobacco, Asthma Weed and Vomit Weed contains enough toxic material to cause death if taken in too large a quantity.

A related problem mentioned by Malone is that anyone taking prescription drugs risks harmful reactions by consuming the "legal highs" available in retail markets at the same time.

At the opposite end of the "legal highs" that are dangerous are those that are virtually worthless, according to Brown and Malone.

One category of drug known as Yohimbe, Hoyimbine Bark, or Yohimbene is supposed to contain alkaloids that would cause a high, but tests here of a sample showed no alkaloids in the product. Another group of drugs billed as Wild Lettuce, or Lettuce Opium, comes with a price tag equivalent to \$1,200 per pound for dried lettuce that failed to live up to its "opium-like properties."

"In the case of legal highs, as with many recreational pursuits, the value received appears to be in proportion to what the purchaser expects, rather than what he actually purchases," concluded Malone and Brown.

The Pacific Information Service on Street Drugs involves pharmacy students and professors analyzing the content of various illicit drugs. The findings are published periodically in booklet form through financial assistance from ASUOP and two pharmacy student organizations, Rho Chi and Kappa Psi. Some 2,000 copies of each issue are printed and distributed throughout the world to groups and organizations interested in illicit drug control and related matters.

— R.D.

Fatness is a social incongruity. We like thin, we buy thin, we smell thin, we hear thin, we see thin.

But we look fat. And we hate to diet.

Dr. Roger Katz of the UOP Psychology Department knows that, and he says so in his new book "Take It Off and Keep It Off: A Program for Weight Loss and Healthy Living." But he's not calling it a diet book.

"Quite the contrary," says the assistant professor as he pours coffee. "We offer some helpful suggestions, we propose a few behavior changes, but the rest is up to the reader." He believes in helping dieters diet, and emphasizes that a successful diet requires permanent changes in eating and exercise habits.

The book supplies the reader with graphs and charts for plotting individual progress. The emphasis is on setting realistic, attainable goals to help an overweight person lose weight without getting discouraged, to help him or her trim down without giving up.

"We humans like the pay-off principle," the freckled, sandy-haired Professor says, "and after a big meal we feel good. That's the pay-off. But after a day of dieting we may not feel much thinner, and this can be discouraging."

So Dr. Katz, and co-author Dr. Balfour Jeffrey of the University of Montana, include a chapter on enlisting support from friends and relatives. Another section deals with the concept of self-reward and its inherent benefits. Still another chapter explains how couples can lose weight together utilizing a 'behavior contract,' a positive co-reinforcement.

It's clear Dr. Katz' book goes beyond the standard approach of most diet-related health books. He explains why people gain weight, and then lose it only to regain it. Each chapter outlines that necessary process of retraining the mind and building new habits while reshaping the body.

"The problem with fat America," he says leaning back in his squeaky desk chair, "isn't that we eat too much, just too much of the wrong foods — foods that are high in calories and low in nutrition."

"Regular exercise," he says stressing the 'regular,' "is our key to continued weight loss and maintenance of desired weight."

In "Take It Off and Keep It Off," Dr. Katz explains how to eat and how to snack, how to lose weight and how to stay slim. His obvious concern is only exceeded by his contagious philosophy. He stresses *knowing how* to lose weight above the actual act of dieting in hopes that this behavior change may prevent recurring obesity.

Ironically, or perhaps not, Dr. Katz has never been overweight. That is, at six feet tall he has never weighed more than 20 percent above his usual 180. He tries to eat a balanced meal three times a day and exercises regularly, perfecting his backhand out on the tennis courts.

His book is based on common sense as well as on ample research findings on the causes and cures of obesity. It doesn't prescribe one particular diet. Rather, it offers the dieter a program of behavior change to be integrated with a healthy diet of his or her own choosing.

Dr. Katz is a man whose philosophy for healthy living can help a dieter overcome occasional dieting depression and/or handle stress away from the kitchen. The success of his new book is encouragement that overweight people need not necessarily remain overweight.

— S.C.



Wanting to take you higher: Some products advertised may not produce promised results.

TIGER TRACKS

Half-Century Club

Mildred (Murphy) Scott, Conservatory of Music '19, spent 30 years as a church soloist in San Jose before retiring. She is now singing in the Saratoga Federated Church Choir.

Luther Meyer, COP '22, has completed Metro State University courses in counseling theories and techniques and family counseling. He studied an overview of aging prior to an internship in peer counseling.

William R. Sharkey, COP '27, was presented with a 50-year Masonic membership pin at a recent meeting of Martinez Lodge. He and his wife Dorothy live in Martinez.

'28-'39

Gilbert A. Collyer, COP '30, is district superintendent and president emeritus of Shasta College. He has been retired since 1973. In 1975 he went to Micronesia to visit community colleges there for the Western Association of Schools and Colleges. In early 1977, he and his wife **Mary (Evans), COP '34**, went to Liberia in West Africa as volunteer executives.

Dorothy (Deininger) Heydenberk, COP '33, has retired from her post as outreach worker in the Community Development Program of the Economic Security Corporation. She was influential in forming the first adult basic education class, helped organize the Sheltered Workshop, and helped organize the Development Center in Barton County.

Shay (Barnett) Riehl, COP '38, was named outstanding educator by the California Teachers Association for her innovative work, which includes the design of a developmental reading program at Madera High School.

'40-'49

Ethel (Stark) Neider, COP '42, has published several educational reading materials for primary grades. She has been teaching for 16 years.

Dorothy (Stegall) Francis, COP '42, is retiring from almost 25 years as one of a handful of women who coach boys' teams. In her years at Soulsbyville Elementary School, she has coached basketball, flag football, volleyball, track, and some girls' teams.

Edward McClarty, COP '47, has been named chairman of a special California Public Broadcasting Commission task force which will study linking non-commercial radio and television stations within the state. He is the dean of community services and telecommunications at Modesto Junior College.

Dan Charles Derby, COP '48, was transferred to Fort Worth, Texas, in February to serve as Occidental Insurance branch manager. His son Dan III graduated from Chaminade College Prep School in June.

'50-'59

Martin C. Fulcher, COP '50, was recently promoted to deputy chief of staff for Logistics at the Strategic Air Command Headquarters in Omaha, Nebraska.

Hal Jacobson, School of Dentistry '51, has been named the new District Deputy Grand Exalted Ruler of the South Coast District Elks.

Gene Nyquist, COP '52, owns an aquatic supply business for swimming, diving, and water polo. He was the Northern California Community College Swim Coach of the Year in 1975, 1976, and 1977.

William C. Sanford, COP '52, was appointed pastor of the Kingsburg United Methodist Church on July 1. He had served the UMC in Crescent City for the past nine years.

Bud Watkins, COP '53, has been hired as athletic promotion director at UOP. He spent two seasons on the Tigers' varsity basketball and baseball teams, and spent the next 10 years in minor league baseball.

James Sherman, COP '53, is the principal of Modesto High School. His wife **Belva (Sherman), COP '59** is retired.

Dwight Case, COP '56, has been honored by resolution of the Los Angeles County Board of Supervisors for outstanding civic, professional and philanthropic contributions. He has been president of RKO Radio since 1975.

Ina (Flemming) Dearman, COP '56, has been the San Francisco Planning Commissioner since January. Her husband John is a Municipal Judge.

Rhys Davies, Conservatory of Music '57, has traveled to Western and Eastern European countries and principalities and to Africa while teaching in Dependent Schools in Germany and England from 1964 to 1969.

Laurence (Jim) Durflinger, Conservatory of Music '57, is the Director of the Concord High School Band, which was the State of California representative for the nation's opening Bicentennial activities in Concord and Lexington, Massachusetts, in 1975. The band was also the Northern California representative for the 1977 Tournament of Roses Parade in Pasadena.

Dennis O'Brien, COP '57, has been practicing law in Walnut Creek for the past six years and, prior to that, in San Francisco. He owns and operates Atlas Freight Lines, a trucking company in Oakland. He is on the board of governors of the Alameda-Contra Costa Trial Lawyers Association.

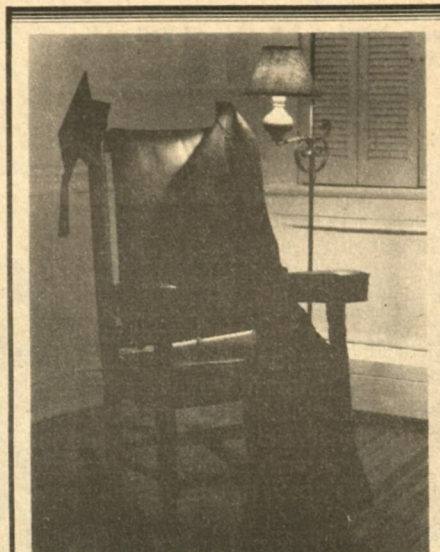
Glen Davidson, COP '58, will head the Indo-American Investigative Team's visit to India in January, 1978, to study primary care of chronic disease. He is professor and chairman of the Department of Medical Humanities, and professor and chief of psychiatry at Southern Illinois University School of Medicine.

Sandy (Wurster) Zehnder, COP '59, has opened her second Taco Bell in Citrus Heights. She is president of the Sacramento Area Taco BELL Association. Sandy has two sons, Michael and Eric.

'60-'69

Stella (Barker) Hearn, COP '60, spent 1½ years traveling and working in Europe and the Middle East after a two-year M.A. program at Stanford. She worked as a speech pathologist in hospitals and schools until 1971.

Theodore R. Heil, COP '62, has graduated from the Armed Forces Staff College at Norfolk, Virginia. The five-month Department of Defense school



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Richard M. Bastoni, COP '62, has a company which specializes in condominiums and cooperatives. He has been appointed exclusive sales agent for Gramercy Towers on Nob Hill in San Francisco.

Ken Parsons, COP '63, and his wife Betty had their first child Lauren Ellen on June 17. He is the life and employee benefits manager at Rollins, Burdick, and Hunter, in Palo Alto.

Chris Peterson, COP '64 and his wife Sharon have owned and operated a photography studio in San Francisco for eight years. They live in San Rafael.

J. Timothy Hegness, COP '64, has been appointed deputy-in-charge of the District Attorney Redland's branch office. The office handles criminal prosecution in the Redlands Municipal Court and in justice courts in Yucaipa and Loma Linda.

Donald C. Watkins, COP '65, has been named president-elect of the clinical division of the Pennsylvania Psychological Association.

Paul Sweet, COP '65, is the new minister at Carlmont United Methodist Church. Dr. Sweet and his wife, **Gayle (Pickrell), COP '66** have two children, Kristen and Jason.

Thomas R. Funkhouser, Graduate School '66, has been promoted to a program activities examiner in the Management and Budget Division for the State of Washington. He is reviewing operations of the state's largest penitentiary.

Janet Thornton, Raymond College '66, was married to Dr. John Tucker, a UOP

professor of biology, on August 14. They are living in Stockton.

Lynn (Crawford) Badger, COP '67, and her husband John are living in Holland, where John is working with Dow Chemical Company in Rotterdam. They have two children, Sara and Jeff.

Christina (Welty) Clark, COP '67, has spent the last three years with the Institute of Cultural Affairs in Houston. She's been a consultant with rural towns in the South and has helped them hold town meetings to create a common plan of community improvement.

Keith Swagerty, COP '67, has been awarded a new contract as basketball coach at Seattle Pacific College.

William T. Hanna, COP '67, has received the U.S. Air Force Commendation Medal at Wiesbaden AB, Germany. Captain Hanna was cited for meritorious service at Wiesbaden as chief of the Environmental Health Laboratory at the U.S. Air Force Hospital.

Chick C. Willette, COP '67, has been named manager of the builder and residential lease management for the Irvine Company's residential division.

Wesley Triplett, Raymond College '68, received his MBA in 1972 from Columbia University. His work experience includes retailing with R.H. Macy and Company in New York, and advertising. He is presently working as an account executive with Compton Advertising for Proctor and Gamble.

John F. (Jack) Schlegel, School of Pharmacy '68, has been promoted to assistant executive director of the American Association of Colleges of Pharmacy. Prior to joining AACP, Dr. Schlegel spent nearly eight years on the staff of the University of Southern California School of Pharmacy, where he was actively involved in teaching, administration, and curriculum development.

Michael Pirozzoli, School of Pharmacy '68, has been promoted to pharmacy manager for Long's Drug Store in San Leandro.

John McIntosh, COP '68, retired in June, completing 29 years in public education. He was coordinator of child welfare and attendance for San Joaquin County Schools.

J. Ade Oyewusi, COP '69, is acting director of the Institute of Physical Education at the University of Ife in Nigeria. He has been the vice dean of education in the faculty of education for two sessions.

James Bain, COP '69, and **Lisabeth Passalis, COP '72** were married in June in the UOP rose garden. Lisabeth is on the UOP Library staff. Jim is involved in electron microscopy and research. They live in Stockton.

Jerry Cook, COP '69, has recently been elected to the Solar Energy Industries Association's board of governors. He has been actively involved in solar energy development since 1974. He has written numerous articles and has given presentations directly related to how solar energy can and should be marketed today for maximum efficiency.

Robert Tod Ruse, COP '69, has been named principal of Waterloo Elementary School. Last year he was principal of the Chartville Elementary School. He is a fifth generation California, and is interested in the preservation of state and local history.

continued 13

In Memoriam

J. Samuel Staub, COP '11'
Warren T. Eich, School of Education '34
Maralex (James) Trullinger, COP '49
Glenn Armstrong, School of Engineering '49
Viola Robbins, School of Education '60

'70-'77

Gary Scott, COP '70, was named head coach for the County All Stars in Fresno's stadium when his 1976 football team became Valley Champions. His wife, **Pamela (Beckett), COP '70**, teaches physical fitness classes for the City Parks and Recreation. They have two children.

Ralph W. Trottier, School of Pharmacy '71, has been named associate professor of pharmacology in Drake University's College of Pharmacy. He has practiced as a registered pharmacist in New Hampshire, Florida, Connecticut, and California. From 1964-67, he served in the Air Force Medical Service Corps.

Dan Slater, Callison College '71, received a Ph.D. in Mass Communications from the University of Oregon in August.

James Patton, School of Pharmacy '72, is with the Peace Corps in Fiji. He teaches math, science, and English to students age 13 - 16 in a rural, isolated village.

Ray Gebbie, Conservatory of Music '72, attended Delta College and earned a Computer Programming Certificate. He is presently the department manager for Guntert Sales in Stockton.

Gerald J. Pieroni, COP '72, received a dental degree from the UOP School of Dentistry in San Francisco in 1975 and received the Charles G. Lee Award for Outstanding Scholarship. He is licensed to practice dentistry in Massachusetts and California, and is a faculty member at the School of Dentistry in San Francisco.

Richard Benoit, COP '72, was one of 134 graduates who received the Doctor of Dental Surgery degree from the UOP School of Dentistry in June. Also receiving degrees were: **Lois Lagier, COP '72**; **Gary Marietti, COP '74**; **Douglas Y. Fong, COP '74**; and **John H. Brown, COP '74**.

Dean Spanos, COP '72, was married to Susan Lucas in Florida in May. They will live in Florida, where Dean is president of A.G. Spanos Enterprises in Clearwater. Susan is an interior decorator in St. Petersburg.

Stephen L. Rosson, School of Education '72, was recently named principal of Chartville Elementary School.

David Grant Kenyon, COP '74, completed law school at the University of Santa Clara this year. He will practice in Campbell, California.

J. Mitchell Perry, COP '73, has been named Senior Development Associate at the University of the Pacific. He is currently working on his doctorate in counseling psychology and is a management consultant for local corporations.

James R. Turner, COP '74, began chiropractic practice in Delano in July. He was awarded the outstanding intern scholarship his senior year at Palmer College.

Susan Gage, COP '75, has been named alumni programs assistant at the University of the Pacific. She is concurrently performing in various Stockton and UOP musical and dramatic productions.

Donald Celli, School of Engineering '75, has completed the State professional

engineering license requirements. He is associated with Raymond Vail and Associates in Sacramento.

Karen Moore, COP '75, is teaching English and speech at Lynbrook High School in the Fremont Union School District. She is assistant speech coach there.

Mitchell H. Rechson, School of Pharmacy '75, is a pharmacy officer with the rank of Lieutenant, junior grade, stationed at the National Naval Medical Center, Bethesda, Maryland.

Dena Fraccolli, COP '75, and Richard Echard were married in Morris Chapel in August. They will live in Berkeley while she pursues her Master's degree in library science at the University of California.

Eileen C. Hutto, COP '75, was awarded the degree of Master of International Management from the American Graduate School of International Management at the school's Glendale, Arizona campus.

Linda Weber, COP '76, is Assistant Director of Admissions at Cornell College.

Cinde Lou Delmas, COP '76, has been named director of public relations for Marine World/Africa U.S.A.

Gary Dean, COP '76, is assistant to UOP Basketball Coach Stan Morrison, and Junior Varsity Basketball Coach for the UOP basketball team this season.

Geoffrey Ford, COP '76, is a student at the American Graduate School of International Management in Glendale, Arizona.

Catherine Hoseit, School of Education '76, was married to Paul McDonald in June.

David Ratto, COP '76, was married to Mary Ann Giottonini in August. David is a student at St. Louis University School of Medicine.

Tom Jones, COP '77, has signed a contract with the Boston Red Sox. For the past two seasons, Jones has played center field for the Golden Nuggets of the semi-pro California Mexican League.

Mary J. Sinclair, COP '77, is on the staff of Valley Children's Hospital in Fresno as a speech pathologist.

Paul Matteucci, Callison College '77, married Emily (Beckham), Callison College '77, on July 16. Paul has received a two-year fellowship at the University of Pennsylvania in international business.

Susan Parrish, COP '77, married Paul Rafalski in July. They live in Fresno.

Mel Sugitan, Conservatory of Music '77, was married to Adeline Bohulano in August. They live in Southern California.

Shelley Karker, Conservatory of Music '77, and Brian Collett, a UOP School of Pharmacy student, were married in August.

Do You Have Any News For Us?

Tiger Tracks is your alumni news section, so please send us information about exciting happenings, promotions, births, marriages, or whatever you feel your classmates would like to know. Our deadline is the 12th of each month; please let us know what you're doing! — S.G.

SPORTS SCHEDULE

	Opponent	Site	Time
Basketball			
November			
22	Newcastle, Australia	Stockton	8:30 p.m.
26	UC Davis	Davis	8:05 p.m.
30	Morehead State	Morehead, KY	7:30 p.m.
December			
3	Rice	Houston, TX	7:30 p.m.
5	North Dakota	Stockton	8:05 p.m.
9	Santa Clara	Stockton	8:05 p.m.
10	Montana State	Stockton	8:05 p.m.
13	San Francisco State	Stockton	8:05 p.m.
16	Golden Gate Invitational (UOP, U.S.F., Baylor, Idaho)	San Francisco	7 & 9 p.m.
17	Montana	Stockton	8:05 p.m.
19	Colorado State	Stockton	8:05 p.m.
23	Columbia	Stockton	8:05 p.m.
29			
Field Hockey			
November			
2	*Sacramento State	Sacramento	3:00 p.m.
10	Yuba College (scrimmage)	UOP	4:00 p.m.
11	WAIW		
12	Regionals	Cal Poly-Pomona	All Day
18	Northern California		
19	Invitational (*)Red Conference Games	Sacramento	All Day
Football			
November			
5	San Diego State	UOP	7:30 p.m.
12	NE Louisiana	UOP	7:30 p.m.
19	*Fullerton State	UOP	7:30 p.m.
	*PCAA game		
Soccer			
November			
3	Modesto Junior College	UOP	2:00 p.m.
5	San Francisco State	UOP	3:00 p.m.
8	St. Mary's	Moraga	3:00 p.m.
12	San Jose City College	San Jose	1:00 p.m.
16	Stanislaus State	Turlock	3:30 p.m.
20	Alumni Game	UOP	3:00 p.m.
Women's Volleyball			
November			
1	*Fresno State	Fresno	8:00 p.m.
3	*San Jose State	San Jose	8:00 p.m.
4-5	UCLA Tournament	Los Angeles	All Day
8	*UC Berkeley	Berkeley	8:00 p.m.
12	*Stanford	UOP	1:00 p.m.
15	*USF	UOP	7:00 p.m.
19	*Santa Clara	Santa Clara	2:00 p.m.
25-26	WAIW Regionals	Long Beach	TBA
December			
11	University of Hawaii	San Joaquin Delta College	4:00 p.m.
	*Northern California Athletic Conference		

Volley for Serve

Most college students who want to play volleyball would rather choose a white sandy beach with a soft summer breeze than a humid gymnasium.

But volleyball is an indoor sport for Debbie Osman, Patty Berg, Nancy Lancaster, and their University of the Pacific teammates. Volleyball is fun for the 12-member varsity team, but the game is also a serious matter.

Osman, Berg, and Lancaster didn't take volleyball very seriously when they first started playing the game. It was just something to do. Now it's a matter of perfecting skills to win.

"When I first got into volleyball I was just passing a gym and saw something going on. I decided to give the game a try," says Lancaster, an 18-year-old from Chicago. "It's different from other sports. You get hooked on it."

"I like volleyball because there are skills involved and I like a fast moving game with a lot of excitement."

Berg, a 19-year-old transfer from San Joaquin Delta Junior College, agrees.

"I played volleyball through high school for no particular reason. It was just something to do," says Berg. "I like sports and I went out for the team."

Like Lancaster, the game means a lot more to Berg now. "It's a challenge to me. So many skills are involved. I also like the action," tells Berg, who is a sophomore.

Sophomore team captain Osman has found a few other reasons why she prefers volleyball.

"I played all different kinds of sports in high school. My friends were on the volleyball team, so I went out too," Osman explains.

"Because volleyball has presented more opportunities to travel and to meet a lot of people, I dropped playing basketball and softball."

All three must love volleyball, considering the time and rigorous practices head coach Terry Liskevych puts the team through. One drill has each of the women jumping over a rope approximately 20-feet long. Another drill has Liskevych standing on a table above the net spiking the ball at high velocities at three players on the backline. Practices normally run two hours.

It's because of Liskevych that the women have decided to play volleyball at UOP.

"My brother Gary plays volleyball at Ohio State, and he played for Terry when he coached there," tells Osman, a native of Stow, Ohio. "It's the best coaching you can get."

"But I also came to Pacific because it's a good school in terms of academics."

Osman is a communicative disorders major, Berg a physical education major, and Lancaster a biological sciences major.

It takes a quick mind as well as exceptional physical talents to play volleyball for Liskevych.

"Without a doubt there is as much strategy, skill, and technique involved as in any other team sport. That's what makes it more interesting," Liskevych explains.

"Various things in volleyball make it different from other sports. It's a small, congested area. Six people have a 900-foot area to play, and there can be no wasted movement. Movements have to be precise."

The congested area is just one aspect of the game that is different from others.

"Sports have traditionally involved passing, catching, and throwing. In volleyball you are a rebounder. Your body has to be in the right spot to rebound the ball," says Liskevych.

"There is a lot to be said about the different aspects of volleyball. Because of the cause and effect



you're a cog in a chain. Every team can say that, but volleyball is more of a team game than anything else."

This difference is one of the major things attracting more women to the sport. But there is another explanation.

"One of the reasons more women are getting into volleyball is because the good athletes aren't filtered into football, basketball, or baseball. They don't have the carrot dangling in front of them from pro sports. It hasn't happened to women yet," Liskevych says. "At first, volleyball was just a game for women to play. But now it's a game to stay with."

A person doesn't realize how organized volleyball is when seeing a match for the first time. You see a bunch of women diving, scrambling, and jumping to hit the ball where the opponent doesn't have a player, which is the challenge of the game that draws participants.

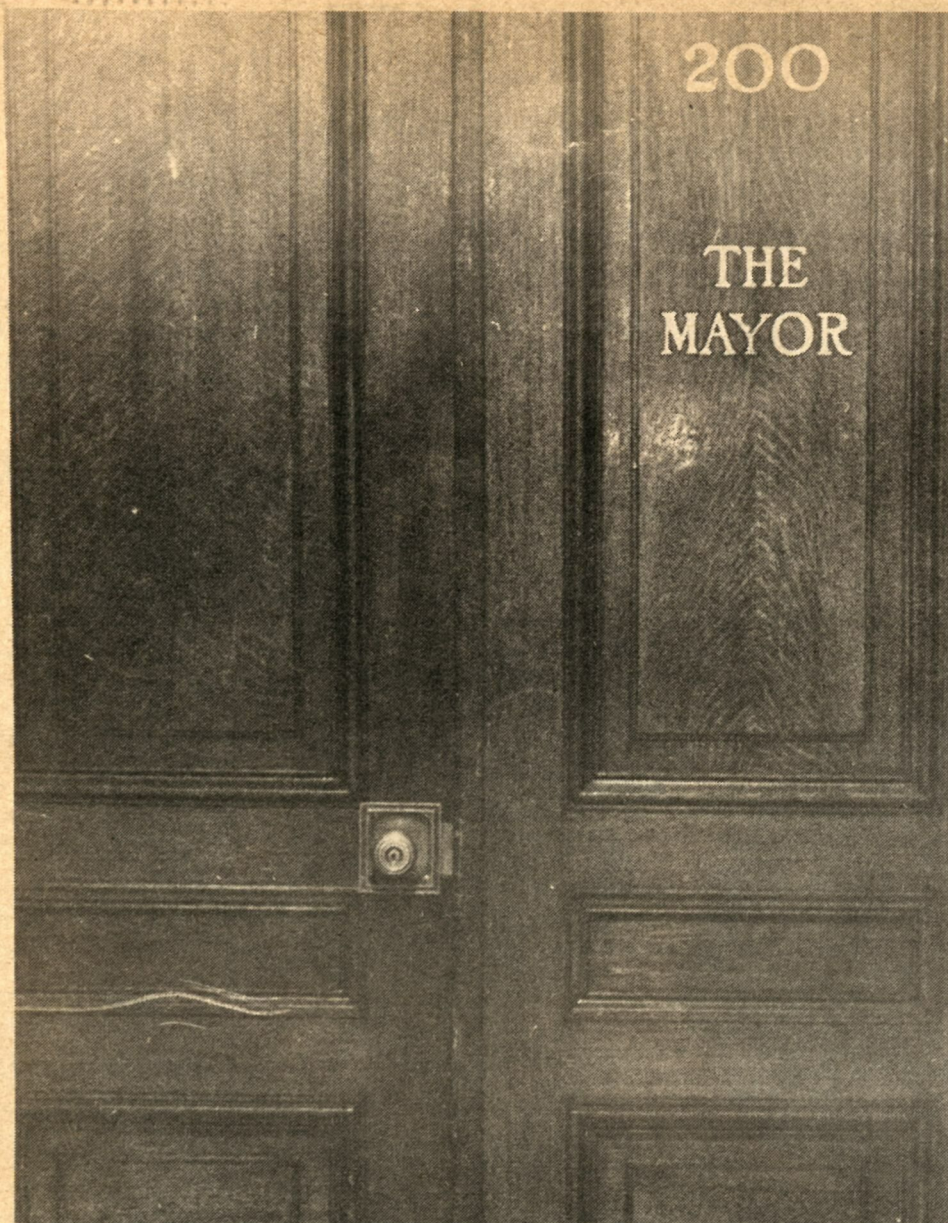
"Our game is more strategy," Berg says. "You don't care how hard you hit it, so long as no one is there."

Interest in volleyball hasn't been limited to women. "I think volleyball is growing. I played here last year and a good many people came to watch our games," Osman explains. "Fans want to watch somebody win. If a team loses, then there's no interest."

"Some kid wanted to play basketball in the gym here, and he couldn't because we had a volleyball game. He got mad, but did stay. After the game was over he said it was the most exciting game he had seen in his life. There's a big interest on campus. Now people are coming up to us wanting to know when our games are."

That interest should keep growing. Not bad for a sport that once was a traditional beach game turned indoors.

—J.G.



NOVEMBER

Enter his honor the mayor: Behind the massive double doors on the second floor of City Hall in the Civic Center section of San Francisco, Mayor George Moscone, class of 1953, oversees the operations of the city by the bay.

George Moscone
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The Role of Independent Universities

As unlikely as it may seem, some 350 faculty, students, administrators, alumni, and regents gave up a pleasant Saturday in September to discuss the future of private universities at the Fourth Annual All-University Conference
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Learning to Learn

"Not a dummy organization" — the Learning Center is equipped to challenge all levels of ability
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Michele Bresso

A student who once spent a semester interning in the news department of KJOY now is the news department for that radio station
page 5

On Being a Mentor

In our second faculty column, Dr. John Smith quietly celebrates this portion of teaching that is not often talked about — and, according to Smith, it's just as well
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Dr. Fred Farley, 1884-1977

A memorial tribute
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For Parents Only

page 7

In Celebration of Preservation

"Holt" and "Atherton" — these two names, as much a part of California as the Gold Rush, merge in the dedication of the Holt-Atherton Pacific Center for Western Studies
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"Legal Highs"

"Blast Off with Superweed" — analysis of various legal grasses has revealed that some are fraud — and some are killers
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No Fat Katz

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UOP Sports

Follow those Tigers!
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Volley for Serve

Spike, spin, serve — women's volleyball has created a growing interest on campus
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Pacific Review

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