Pacific Says Farewell to a Great Alumnus

Last Thursday, a crowd of staff, faculty, family, friends, community members, alumni, and students congregated at Morris Chapel to honor the life of Robert "Bob" Monagan ('42). Bob Monagan passed away January 7 and Pacific wanted to hold a service to remember a man who gave a large portion of his life to the school.

Monagan served sixteen years on the Board of Regents from 1991 to 2007, nine of which he served as chair. He held Pacific together during the Presidential transition which brought in current President Donald V. DeRosa during the 1994-1995 school year. Monagan also built the presidential search framework Pacific is using currently to look for the next president. He was a vocal supporter for the building of the new University Center. His contributions to Pacific also include the National Commission, the Sesquicentennial Committee, the Jacoby Center Advisory Board, the Alumni Center Campaign Committee and President of the Alumni Board.

During his time at Pacific, Monagan was student body president, played basketball and baseball, and worked for campus publications. He was also a member of Delta Upsilon (formerly known as Omega Phi Alpha). The fraternity awarded him with its own award, the Robert T. Monagan Award for Distinguished Service, in 2002. The award was established in Monagan's honor to recognize alumni who uphold a standard of excellence through lifetime service and achievement.

Monagan was given many awards and honors from Pacific including Distinguished Alumnus of the Year, the Medalion of Excellence, the Amos Alonso Stagg Award and induction into the Athletic Hall of Fame. During Commencement 2007 he was awarded the President's Medal of Achievement for contributions to Pacific and the community. Monagan Hall is also named after him in honor of Monagan and his wife. See MONAGAN, next page.
Gilbertson: Why Provost is the Best Job on Earth

Sachi Takahashi-Rial
Pacifican Staff Writer

We have all heard that Pacific's first provost, Dr. Phil Gilbertson, will be retiring at the end of the 2009-2010 school year. What we have yet to hear is more personal: why did he spend such an unusually long amount of time here at Pacific, what are his hopes for the next president and provost team, and why is provost the best job on earth? In an exclusive interview with Dr. Gilbertson, I found the answers to these questions and more:

Q: How is Pacific different than the other universities that you have worked at?
A: Pacific is different in that it is focused on students and student learning. Although it is a small school, it offers a wide breadth of academic opportunities and experiences for students. The schools I worked at before similar to Pacific in size, but not in the amount of academic concentrations available. Typically these schools have three or four colleges within the main university, not nine. President DeRosa, on the other hand, worked at larger universities before he came to Pacific. We have been working together for thirteen years and we shared this goal for Pacific as encompassing a diverse array of academic specialties, but still retaining close student/student and student/faculty relationships.

Q: So you and President DeRosa come from two very different professional backgrounds but as a result, you had the same vision. It's as if both experiences were lacking different aspects and then you both found common ground here at Pacific.
A: I never thought of it that way before, but yes. It has always been my dream to build an institution. President DeRosa and I had the opportunity to do that. It takes a great team. We have had dedicated people working with us. With the combined effort of everyone who works in the university, Pacific has matured, flourished. In the time I have worked here, it has grown in quality, has stronger faculty, and attracted more and better students.

Q: So being provost is the best job in the world?
A: Yes! Yes, it is. Many consider it the hardest job at the university.

Q: But that challenge is what makes it enjoyable and meaningful?
A: Definitely. I get twenty reports on my desk per day. But I get to learn. I am exposed to all these different disciplines and experts that I would otherwise have little knowledge of: engineering, pharmacy, dentistry. Also, this university provides an institution of higher education for students who never dreamed they would have the resources to go to college. One third of Pacific's students are on Pell grants. No other private university in California even comes close to that. Pacific makes a college education a reality for these students.

Q: So the job is fulfilling not only because you overcome challenges and get to build, but also because you are giving back and letting students live out their dreams.
A: I feel it is very important that the university fulfill the promise of being a distinctive institution. I hope that the new president and provost continue the plan Pacific Rising until it times out in 2015. I feel that this plan expresses the character and direction of this university. It is crucial that Pacific be distinct, offering something to students that no other university can offer.
Remembering the Life of Dr. Joseph Levy

Ann Mazzaferrro
Pacifican Staff Editor

Dedication to his students was the core of Dr. Joseph Levy's life.

During the memorial service held to honor Dr. Levy's life and achievements, Dr. Joel Cohen, Professor of Physiology and Course Director of Physiology at the School of Dentistry, shared an anecdote that seemed to sum up the life of this brilliant, energetic, and passionate professor, who tragically passed away due to a heart attack on January 10 at the age of eighty.

"Joe was a Sephardic Jew... but he didn't take religion too seriously. Once he scheduled a lecture on Yom Kippur, the holiest day of the Jewish year - you're supposed to fast and spend the whole day in temple. I was shocked - it's sort of like scheduling a lecture on Easter. I said, 'Joe, that's Yom Kippur! How can you do that?' He shook his head dismissively, and said simply, 'My students are more important.'" said Dr. Cohen.

Pacific lost a valued member of its community with the death of Dr. Levy, Chair of the Physiology and Pharmacology Departments at the Arthur A. Dugoni School of Dentistry. Dr. Levy taught at Pacific for nearly forty years, touching countless lives with his clear, energetic instruction and deep knowledge of his field.

"It is a great loss for the Dental School and the University, as Dr. Levy possessed a unique and wise knowledge of Pharmacology and Therapeutics, which he passed on to students and colleagues, in the formal setting of the classroom as well as in frequent discussions through the day," said Dr. Giuseppe Inesi, a Professor of Physiology and a colleague of Dr. Levy's for over thirty years.

After completing his undergraduate studies in Biology at Stanford University in 1950, Dr. Levy graduated from UCLA in 1956 with a Masters of Science in Physiology. Doctoral studies in Pharmacology followed, with Dr. Levy obtaining his PhD in 1959 at University of Washington. After many years spent running the research program in Cardiovascular Pharmacology at the Institute of Medical Sciences at the California Pacific Medical Center, Dr. Levy accepted a teaching position as a Professor of Pharmacology with the Arthur A. Dugoni School of Dentistry in 1973. He remained as an instructor at Pacific for the rest of his life, giving his last lecture on Friday, January 9 -the day before his untimely passing.

Along the way, Dr. Levy pioneered many groundbreaking studies within his field. Articles and studies authored by Dr. Levy appeared in over 130 books and professional journals, and he lectured across the globe on topics including modern treatment of inflammatory conditions, drug interaction, and pain management. Although Dr. Levy never sought fame or recognition, his scholarship and research was recognized by the scientific community. During his lifetime, Dr. Levy was awarded the Research Career Development Award from the National Institutes of Health and Pacific's Eberhardt Teacher-Scholar Award, among others.

However, what remains first and foremost in the minds of the many students, colleagues and fellow scholars that Dr. Levy touched during his life is not his extraordinary brilliance and professional accolades alone. What remains are the memories of a thoroughly dedicated and energetic man, whose passion for science was infectious among his students.

Simon Morris, alumni of the Dental program from 1996 and privately practicing pediatric dentist, said, "His (Dr. Levy's) Socratic method of learning, especially in a one on one setting, kept us always thinking, instead of merely regurgitating facts. He has helped many of us become better dentists and he will be missed."

Andrew Jang, DDS Class of 2010, shared that Dr. Levy's teachings had impacted him as much as they had impacted his parents, who studied under Dr. Levy over thirty years ago at Pacific themselves, when Dr. Levy was a new faculty member. "His lecture style forced people to give him their undivided attention. You'd miss a whole page of notes if you blinked of sneezed," Jang said when asked what he would remember the most from his time studying with Dr. Levy.

"His passion for student learning was extraordinary...we were very fortunate to have such a distinguished person give us so much of his time, energy, and passion," said Dr. Patrick J. Ferrillo, Jr, Dean of the DDS, in a letter released to the Pacific Dental Community. "In the brief time I have known Dr. Levy, I appreciated his concern for the students, his sense of humor, and his passion for the Dugoni School," said Ferrillo.

Ferrillo also pointed out that the Dugoni School of Dentistry would remain committed to completing the didactic program developed by Dr. Levy. "Dr. Levy would have wanted to make sure that the students were taken care of first," Ferrillo said.

A memorial was held on January 16 to remember Dr. Levy's extraordinary life. In his comments during the memorial, Dr. Cohen said, "Joe Levy was a phenomenon. He was my chairman and mentor for 20 years, during which I saw him nearly every day. He was incredibly dynamic, bursting with energy, a walking Pharmacopoeia, full of knowledge about drugs, medicine, and many other things. He loved them this Friday and Saturday, February 6 and 7 at 8 p.m., and on Sunday, February 8 at 4:00 p.m. at the University Ballroom. Tickets are $8 for students and $12 for general public. All proceeds will go to benefit the San Joaquin Women's Center, so not only will you be greatly entertained, but you will be supporting a just cause! Hope to see you there, Pacific!"
“Meet Your Future”
With Open Arms

Kelly Volkar
Pacifican Staff Writer

Monday, Feb. 2 to Thursday, Feb. 12, the Career Resource Center (CRC) is hosting mock interviews with big name companies in a variety of fields. Companies who will be participating include The Oakland Raiders, Aerotek, Lexington Plaza Waterfront Hotel, The Peace Corps, San Joaquin County Office of Education, USDA Natural Resources Conservation Service, Frito Lay, Family Resource & Referral Center, Stockton Ports Baseball Club, and numerous others including a law firm and a few engineering firms. These companies have volunteered their time in order to provide Pacific students with a 45 minute practice interview so they can know what to expect when applying for actual jobs or internships.

Time slots are limited and they are filling up fast so make sure to sign up today!

All you have to do is sign on to Tiger Jobs through your Inside Pacific account and follow the instructions provided for you on the first page. Even if the employer you would like to have a mock interview with has already booked, there is a waiting list you can put on or you can choose a different employer. No matter what employer you receive an interview with, you should not miss this incredible opportunity which will give all participating Pacific students a competitive edge in the increasingly cut-throat employment market. As Christine Haruta, Employer Relations Consultant at the CRC, said, “We are hoping that students take advantage of the mock interviews during ‘Meet Your Future’ so that they can prepare for meeting employers at our Career and Internship Faire on March 19.”

Bold Bowles Landscapes On Display In “Follow the Light”

Ben Holley
Pacifican Staff Writer

An exhibition, entitled “Following the Light,” is on display at the Reynolds Gallery inside the Powell Art Center until February 20. The approximately 30 of Bowles’ paintings that are on display represent work from the past year and continues his tradition as one of the premier contemporary painters of Western landscapes. Among the collection are examples of Bowles favorite subject, the broad plains of the Central Valley.

Scott Shields, Chief Curator of the Crocker Art Museum in Sacramento says Bowles’ paintings are “filled with blazing light and color—a harmonious balance between the landscape he knows well and his passion for abstraction and the physical act of painting.”

As a native Californian, Bowles’ large-scale canvases capture both a sense of the western landscape. Bowles’ landscapes are statements that have emerged with individuals from a rich tradition of California landscape painting. He has been working as a painter for thirty years and studied at the California College of Arts (and Crafts) in Oakland and the Instituto Allende in San Miguel de Allende, Mexico.

At first glance the works of Mark Bowles appear to be an abstract patchwork of colors. Anyone who has spent time staring out onto the San Joaquin and Sacramento River Deltas will recognize the landscapes that Bowles creates. The top two thirds of the canvas begins with an intense filtering of hues invoking the skyline. This great expanse of color softly crashes into a thin horizon that appears to be miles away. Moving towards the viewer a series of triangular patches mimic the array of colors and patterns that make the Delta landscape so distinct.

Bowles states, “It is always my intention to address the canvas directly, honestly, and boldly.” The division of the canvas with the defined horizon line as the meeting point between expansive sky and the disappearing landscape are a testament to this vision.

“Following the Light” is free and available for viewing Tuesday – Friday 9:00 – 5:00 p.m. and Saturday – Sunday 1:00 – 5:00 p.m. at the Reynolds Art Gallery. An artist reception will be Friday, February 6 from 6:00 – 9:00 p.m.

Pacific Gets A “D” On Its Green Report Card

Sachi Takahashi-Rial
Pacifican Staff Writer

We have all heard that the new University Center is LEED certified. We know that its trays are made of pig bone and its toilets have special handles that push up to conserve water. We are pretty sure that Bon Appetit does a good job bringing Pacific students with a 45 minute practice interview so that they can know what to expect when applying for actual jobs or internships.

We have all heard that the new University Center is LEED certified. We know that its trays are made of pig bone and its toilets have special handles that push up to conserve water. We are pretty sure that Bon Appetit does a good job bringing local products and recycling containers can be found all over campus, we do not have a campus garden or compost program. Transportation’s grade follows the same pattern: “D”. Although the design of Pacific encourages bicycling and walking, we do not have any carpool incentives in place or any car-sharing or bicycle-sharing programs.

On a more positive note, the LEED Silver rating of the UC 2009 Green Report Card. Greenerreportcard.org gave Pacific a “D” on its 2009 Green Report Card. Greenerreportcard.org is published by the Sustainable Endowments Institute, an independent organization dedicated to making universities’ energy practices more transparent. The website judges on the basis of nine criteria: Administration, Climate Change and Energy, Food and Recycling, Green Building, Student Involvement, Transportation, Endowment Transparency, Investment Priorities, and Shareholder Engagement.

Pacific averaged a “D” score for the six campus management categories. Administration received a “D” even though our school does not have a committee made up of students and faculty that focus on improving energy consumption. The bad score is due to the fact that Pacific does not have a sustainability office, full time staff dedicated to such causes, or a website for campus environmental issues. We also got a “D” in Climate Change and Energy. Over half the schools researched have made a carbon reduction commitment. We have made no such promises. Food and Recycling received a “D” as well. Although Bon Appetit buys

UNIVERSITY OF THE PACIFIC
DEPARTMENT OF PUBLIC SAFETY
WEEKLY REPORT
JAN 25 – JAN 31, 2009

UNIVERSITY REG
GRACE COVELL
01/25/09
Officers responded to a report of subjects smoking marijuana in one of the rooms.

THIEFT
KHOURY HALL
01/27/09
Victim reported her bicycle was stolen. Suspects cut the cable lock to gain access.

CASUALTY
MCCAFFREY CENTER
01/28/09
Victim reported her bicycle was stolen. Bicycle stolen after the cable lock was cut. Officer initiated a report.
EDITORIAL

Put on Some Clothes, for Goodness’ Sake

Yes, clothes are what some students at Pacific seem to be lacking. Since the start of the semester, you have surely had mornings on campus when you are going to class, heading to work, or strolling toward the University Center for breakfast, and you see something that makes you scratch your head and wonder if summer has decided to arrive early this year. Lo and behold, there are students walking around campus dressed in shorts and flip-flops.

This has got to be one of the strangest things to witness during the month of January. Why are there students who dress as if it’s July, when we are not even halfway through winter? Is it not obvious that on most of these mornings Stockton is immersed in 40 degree coldness? Perhaps some students are anxious for the warmer weather to come along, which is understandable. But isn’t it smarter to be patient and keep warm for the time being, rather than be impatient and freeze one’s butt off? Let us not forget that health comes first. Recently, many students have complained of catching a cold or the flu. Gee, let’s wonder why that is so. It is ridiculous to jeopardize one’s health when one can take some easy precautions to prevent from getting sick—the most simple, common action being rationally wearing seasonally appropriate clothes.

So please, if you are one of those people who, for some reason, refuse to leave behind your shorts, t-shirt, and/or flip-flops for a couple of months, wise up and slip on some jeans and a sweatshirt. Save the spring apparel for when flowers actually start blooming again.

Letters to the Editor

Dear Pacifican,

Upon reading the article by Ann Mazzaferro titled “Falter Economy Causing National Depression?” I felt compelled to say that the myths of depression are great and many. The article expressed how though economic times seem to have deadly effects; the real problem has been there for awhile.

Depression is just more than a ‘phase,’ or just a result of an event, like the economic recession the world is going through. I feel and see the subject of psychiatric depression be undermined and not brought to awareness and only until recent years. And the subject should be of importance to 20-50% of all the population. Depression is just more than a “phase,” or just a result of an event, like the economic recession the world is going through. I feel and see the subject of psychiatric depression be undermined and not brought to awareness and only until recent years. And the subject should be of importance to 20-50% of all the population.

In America alone, it’s estimated that 19 million people live with depression, and suicide is the third-leading cause of death among those 18-24 years old. Two thirds of that with depression will never seek help. I’ve retrieved some of this information from a website of a non-profit organization called To Write Love On Her Arms (twloha.com), which aims to spread awareness and communicate to others about the subjects of Depression, Suicide, Addiction, and Injury. Despite the long name, it has grown to be a very successful non-profit since 2006.

I’ve had the chance to fly to Florida where they are based, during spring break last year, and spend a week in their “office,” a house in Florida, and see first hand the impact and the rising problem of depression. As well, many television stations are now beginning to understand the importance of awareness, as mtvU has put up a site called “half of us” (halfofus.com) and HBO is now forming a series and a champion website called “Addiction” (hbo.com/addiction).

Depression is serious issue that could lead to many problematic outcomes that could result fatally and should never be undermined. And like the article says, if anyone or you know somebody, with the symptoms that were listed, contacting professional help as soon as possible would be the best thing. And it would be wise for a friend to help that person along with the tough times, understanding a problem creates support instead of fear. And at these times, we need all the support we can get.

Thank you.

Sincerely,
Luis Gonzalez

Are RAs Too Strict?

Ruben Moreno
Pacific Business Manager

Many of us have been yelled at by our Resident Assistants. RAs oftentimes may be very rude in the way they present themselves to residents. But we must remember, Pacificans, that they too are students. Students who are over stressed with homework, monitoring other students, and issues back home.

Nolan Elis Yaws, Senior RA in Grace Covell Hall, has been doing this job for the last two years. Yaws commented on that, “The role of an RA is very important and beneficial to the campus community; they are essential.” When asked why he thought rules were placed, he responded, “I think all the policies in the residence halls are to maintain a happy and safe environment. Although residents may not agree, they are here in place for their safety and these rules are here to help create a valuable learning environment.”

see RAs, page 8
When you write your own poetry, keep in mind that being direct is just as effective as leading up to what you want to reveal. In this stanza, we cannot help but feel powerless as Collins describes drowning as something that violently squeezes the years we’ve lived into mere seconds. Imagine being swallowed by ocean waves as you desperately grasp for as much of your childhood, adulthood, joys, and sorrows as you can in those final particles of time.

After falling off a steamship or being swept away in a rush of floodwaters, wouldn’t you hope for a more leisurely review, an invisible hand turning the pages of an album of photographs— you up on a pony or blowing out candles in a conic hat.

If only. Would you want this photographic review of your life before expiring? I can’t help but wonder: Is it better to die quickly without much thought, instead of recalling how you’ve lived? Perhaps it depends on what kind of life you will have led— whether you’re proud of looking back or not. But then again, regardless of whether you will have lived a good or bad life, one final review, one final self-evaluation might bring that sense of closure needed to depart life in peace.

How about a short animated film, a slide presentation? Your life expressed in an essay, or in one model photograph? Wouldn’t any form be better than this sudden flash? Your whole existence going off in your face in an eye-brow-singeing explosion of biography— nothing like the three large volumes you envisioned.

Your emotions are probably stirred after reading this stanza. With these choices on how to preserve our sad, sweet, and relieving because doing so is like turning life into art— whether it be through photographs, film, or the written word. Perhaps this is why Collins calls his poem “The Art of Drowning.” Of these choices that he suggests, I’d choose to look back on my life in a slide presentation.

A fish. He evokes our emotions once again, this time with one simple image. Perhaps Collins titled this poem sarcastically, for how can something as terrible as drowning be artistic? And then, perhaps he wants us to see the beauty in drowning as the beauty present in any sudden death. When else do we experience that fleeting moment in which we see everything?

What I hope you take away from the poem is this: Slow down and enjoy this beauty called life. One day, it’ll be on the verge of ending, and all you may remember from the 20, 40 or 80 years you’ve spent on this planet is a little fish that had nothing to do with you. The Pacifican wants your poem featured in The Java’s Aroma. Email submissions to pacificaneditors@pacific.edu.

The Java’s Aroma

The art of drowning.

Christine Le
Pacifican Perspectives Editor

I’d hate to leave this world by drowning. It comes second on my “Five Worst Ways to Die” list. Number one is being eaten up by the boogeyman.

Speaking of death, at one point or another we’ve all wondered whether our lives really do flash before our eyes when we’re about to breathe our last breath. In a sudden death like drowning, what are we thinking and seeing during those terrifying, final moments? Billy Collins, one of America’s most successful poets, answers this question in his poem The Art of Drowning.

I wonder how it all got started, this business about seeing your life flash before your eyes while you drown, as if panic, or the act of submersion, could startle time into such compression, crushing decades in the vice of your desperate, final seconds.

I love how Collins gets straight to the point.

class review
principles of financial accounting

Lindsey Ball
Pacifican Staff Writer

As boring as Principles of Financial Accounting (BUSI 31) sounds, the course is probably one of the most useful applications to the real world. After all, money makes the world go ‘round and it is very necessary to know the nationally accepted accounting practices as well as a brief introduction to investments. The professor I had, Dr. Vargo, is an interesting character. He was pretty entertaining, that is— when he wasn’t picking on you. He was always enthusiastic and managed to have a real life story behind every accounting principle.

BUSI 31 introduces students to business methods in accounting. It covers two types of methods used in accounting: the formal procedures required of any publicly traded company, and the adopted techniques of smaller businesses. The class can be frustrating mainly because as soon as something seems repetitive and easy, the professor introduces another component to the topic that you just learned to apply. Accounting is full of exceptions and the class is definitely the type in which memorization is key.

One important lesson the class teaches is how to read balance sheets. If you plan on investing in companies, it is very important to understand their financial standing by reading the company’s annual report. This class explains, without going too in depth, the numbers you need to look for on the balance sheets, income reports, and other financial statements to determine the financial health of a company.

The information you get from Principles of Financial Accounting is worth the tedious work and the outspoken professor. You walk away from the class with a better understanding of how the United States, a country based on finance and capital investments, really works.

Do We Actually Learn Anything In Class?

Raymond Zulueta
Pacifican Staff Writer

In my opinion, we really don’t learn anything in class— all we do is develop the ability to learn and teach ourselves.

All of us come to college for different reasons, yet we all seek knowledge and guidance. The question is, are we really getting what we pay for? I get up and go to class every day and sometimes I leave thinking, “Why do I even bother?”

College is a place of higher learning. It’s where we come to find out who we really are and what we want to do in life. It’s a place where we are instructed by some of the most brilliant minds in the world.

We go to lectures and discussions and are expected to read, study, and come with enough knowledge to be taught. However, it sometimes feels as though we are actually teaching ourselves.

“The classes are reasonably effective in the field of science, where methods and concepts are key, but in the way that more abstract classes like Pacific Seminar are taught [the classes are] a waste of time,” said Freshman Physics major Theodore Cochran.

For instance, we learn concepts and studying methods, but sometimes we severely lack the student-teacher contact and the time that is required to learn effectively, even with small student to teacher ratios. I would place the blame solely on the methods used to teach in universities. While we gain in expertise and focus on one field, we lose some of our ability to be well-rounded, as well as the luxury of full and complete understanding. That is, we spend so much time trying to get through a particular book in a set amount of time that we skim through it and try to cram it in at a later time. Time and individualism are both curses and blessings in college.

We spread ourselves thin and find ourselves paying enormous amounts of money to come to here. While we are supposed to be receiving our money’s worth, I would sure like to see a little more patience and interaction in this learning experience.

The job of the professors is to teach and guide us, not to bear down with work and expect us to learn it all on our own, said Cochran.

Professors can make more of an effort to create a home-like environment where we are comfortable coming to them.
THE DEMOCRAT

Ally Mengarelli  
Pacifican Staff Writer

It has been almost two months since Illinois Governor Rod Blagojevich was arrested for a federal crime complaint that alleged a wide-ranging political conspiracy. He had allegedly made appointments in exchange for campaign dollars and attempted to sell the Senate seat made vacant by Obama's venture into presidency. The latest news is the ever-present issue of whether or not Blagojevich should be able to speak at his impeachment hearing on Jan. 29. Senate President John Cullerton has made it clear that he wishes for Blagojevich to remain silent.

Yes, it is true that what Blagojevich has done is corrupt, wrong, and a direct abuse of power. By choosing a candidate based solely on the amount of money one can dole out, or because he or she is a close friend to the governor, is a basic infringement on democracy. But we cannot forget that his predecessor, Republican Governor George Ryan, was sentenced to 6.5 years in prison on federal corruption charges. Or that Sarah Palin, former GOP Vice President nominee, also gained positions in high government to those who were seemingly unqualified, yet close friends of the Alaskan Governor? Or that people work hard just to blend in with the crowd, and then another, why doesn't the FBI investigate all matters? Or do certain cases get overlooked or ignored?

It is imperative to question why this particular case has been more publicized than the conquests of those mentioned above. Maybe some critics are right; maybe it is because the Illinois government has made repeated offenses against democracy...or maybe it's really true that because Blagojevich appointed a man of color, that the case received more exposure and attention than those of a white, middle-aged attractive Alaskan governor or the former president's son.

Indeed, it is imperative that the FBI found and reprimanded Blagojevich. What he did was wrong, but it would be nice if equal attention were paid to others that practice dirty politics, wouldn't it?

Now vs. Then: Being Yourself

Elaine Campion  
Pacifican Staff Writer

I'm weird. I have a random sense of humor, I like to imitate accents and voices to make people laugh. I'm a giant dork when it comes to superheroes, X-files, and ninja turtles, and I know all the words to every Disney song ever written. If you hang out with me long enough, you'll find all of this out fairly quickly. I can finally say, as a college senior, that I am proud of all the weird things that make me who I am.

It hasn't always been so proud of my weirdness, though. Going through junior high and high school, it's hard to resist the temptation to mold yourself into what you think other people will like and accept. Being different is often alienating and results in being ostracized or made fun of. It's a sad thing that our individuality has to be stifled so much growing up, for we believe that need to fit in is so important that we willingly throw away our quirks in order to be "cool," whatever that is.

I find it funny that we go through a sort of cycle of being truly ourselves in life. As a little kid, being who you are is all you know, so there is no fear of being the "weird one" because everyone is the "weird one." Then, as you get older, you start becoming more conscious of what other people think of you, and you retrain certain parts of yourself so you can fit in better with the majority. Everyone gets labels - the jocks, the nerds, the partiers. In junior high and high school, a lot of people work hard just to blend in with the crowd, and those quirky traits that make everyone so unique get stifled even more. Then, we move onto college and start deciding who we really are, as well as who we really aren't. This is the time that people begin to embrace the parts of their personality that they had left behind somewhere in elementary school. Now, we have completed the cycle.

For me, I came to a realization in college: it's exhausting to wear a mask; to pretend to be someone I'm not just to gain someone's acceptance. Acting like someone I'm not and hiding the truth about myself is stressful and unsatisfying. I got to a point where I finally realized that if I have to pretend to be someone I'm not just for a person to like me, it's not worth it. If someone doesn't like my personality, then why should I care if they want to hang out with me? It's pointless. I've embraced my weirdness, and have found that I'm most happy around the people who don't judge me for who I am. Life's too short to pretend to be someone you're not, so embrace your inner weirdness, and put yourself out there! It's much more fun than the alternative.

THE REPUBLICAN

Ruben Moreno  
Pacifican Business Manager

Just last week, Congress approved the Obama stimulus plan. The total amount requested to "jumpstart" this economy is $819 billion dollars. Not one Republican supported the bill proposed and 11 Democrats voted against the measure.

According to the Washington Post, "House Republicans opposed the measure, arguing that it would spend hundreds of billions of dollars on initiatives that would do little to stimulate the economy." Well it's no wondering, considering a lot of the money will be used to build bridges that will lead to nowhere. In addition to the supposed job creation Obama claims will "save or create" (note how he mentions the word 'or') 3 to 4 million jobs.

Jim Manzi at National Review said about the stimulus plan, "The huge categories of spending under this bill that I could map to categories other than General Spending are in Social Protection (~$90 billion), Education (~$50 billion) and Environment (~$55 billion). Interestingly, Defense represents only about 3% of the spending in the bill (as opposed to 12% of U.S. government spending overall, or about 3% of French overall government spending as a point of comparison) and Public Safety represents only about 1% of spending in the bill (as opposed to about 6% of French government spending overall). In other words, the net effect of this bill is to shift the distribution of U.S. government spending as a whole away from defense and public safety and toward social programs: for good or ill, to make the U.S. into more of a European-style social welfare state."

The amount of spending which will be underway by our Democratic party leaning Congress will lead to irresponsibility. What Congress does not realize is that businesses in awakening to tax hikes will end up laying workers off in order to subsidize their payment in taxes to the government.

The November election did not promise us change. What the last election promised us, were increases in government spending. What the government fails to remember is that we have no money to spend. The government did mention it will impose tax cuts for citizens of the bottom 95% of the earning bracket. That is fine, giving tax cuts is nice. But when they give it to citizens who do not pay taxes, it turns into something more than just a well earned tax cut, it's what I like to call welfare money. It's just a short matter of time before the liberals in D.C. change this great nation into a socialist-debt abyss.
Black History Month: Keep It or Lose It?

Andrea Soto
Pacifican Staff Writer

Over the past several years, there has been an increasing debate on whether or not there should be a Black History Month.

Many people have found that having an entire month dedicated to the celebration is unfair to other ethnic groups who don’t have a month of their own. Others argue that having one only stimulates the richness of culture and traditions found in our country. No matter what the argument is, it’s surprising to see that not every person is supportive of his or her own heritage month.

Some African-Americans argue against the celebration because they believe that it only creates segregation between schools and churches. They believe that the focus placed on Black History Month leads many African-Americans to not embrace their American identity or demand integration in the political, social and economic aspects of society. Actor Morgan Freeman stated that, “Black History Month is irrelevant because it has degenerated into a shallow ritual; it serves to undermine the contention that Black history is American history.”

One of the most popular arguments surrounding this celebration, however, still remains to be dealing with the issue of fairness. Some argue against having a Black History Month because not every other ethnic group gets a month too.

Currently, the Smithsonian Institute, which is an educational and research institute administered and funded by the government of the United States, celebrates five cultural months. These months include: Black History Month in February, Women’s History Month in March, Asian Pacific American Heritage Month in May, Hispanic Heritage Month, from Sept. 15 to Oct. 15, and American Indian Heritage Month in November.

The problem with these set months is that not everyone comes to a consensus on which month belongs to which group. For example, the Philadelphia School District declared October to be Gay History Month, even though it overlaps with Hispanic Heritage Month. There are other examples of this “stealing” of months, but the point is that not everybody agrees that one ethnic group is more worthy than others when it comes to receiving their own special month.

Another argument made, mostly by African-Americans, is that their given month of February is the shortest month of the year. Clearly, those who make this argument aren’t aware of the importance this month has. On Feb. 23, 1868 W.E.B Dubois, important civil rights leader and co-founder of the National Association for the Advancement of Colored People (NAACP), was born. On Feb. 3, 1870, the 15th amendment was passed, granting blacks the right to vote. On Feb. 25, 1870, the first black U.S. senator took his oath of office. And on Feb. 12, 1909, the NAACP was founded in New York City. These are all just a few of the significant events. It is obvious the month of February is more than just a month drawn out of a hat when it comes to celebrating African-American history.

On the other hand, people argue that having a Black History Month is beneficial to American society because it reduces ignorance toward culture, religion and traditions, which often leads to racism. Here at Pacific, you can see that the celebration of Black culture is fully embraced. Student Monique Fleming stated that, “Black History Month should continue to be celebrated because it displays the accomplishments that African-Americans have had and the culture they have brought to the country.”

Student Connie Castro also said that, “Black History Month should be kept and promoted because being a Latina, I find it interesting to learn about other cultures.”

The month in which you choose to celebrate your culture’s history isn’t the important thing. What’s important is having knowledge of the cultures that surround us. Student Lauren Elward said, “Although it is unrealistic to give every ethnic group their own month, everybody deserves the chance to celebrate their cultures and traditions.”

CORRECTION:
In our last issue, in the article “Plastic Water Bottles are bad, but so are Reusable Water Bottles,” we incorrectly stated that, “drinking bottled water is unsafe.” The Food and Drug Administration has standards for bottled water, which means most water bottles contain “tap water” that has been treated. Also, current Nalgene bottles are made of Eastman Tritan copolyester, and the bottles that were “pulled off the shelves” are actually still safe to use, according to Nalgene.

You’re Invited to the Council of University Social Entrepreneurship Open Forum meeting this Thursday 5 p.m. at the Global Center! All majors welcome!

Dinner & Discussion provided! See you there!
This past week, Pacific's Interfraternal Council (IFC) hosted the annual Spring Fraternity Recruitment Week with great success.

IFC's recruitment chair, Baljinder Gill, decided to go with a less formal approach to Spring recruitment, and had positive results. While in the past it has been mandatory to attend Spring recruitment week in order to be eligible to pledge in the Spring semester, this semester it has been made into a voluntary, informal week where potential new members can learn more about what social Greek life does for this campus and what each fraternity has to offer.

"We're trying out a different process which emphasizes each chapter doing recruitment for the Greek system as a whole before rushing them into a specific house," said Gill.

Participation has not suffered because of this change. 38 people showed up to the voluntary introductory meeting held on the afternoon of Sunday, January 25. Most of those in attendance had a qualifying grade point average (GPA) to be eligible to pledge this semester. Everyone who signed up got a tour of the 4 Greek houses on campus that Sunday evening.

Bids were distributed on Saturday, and signed on Monday afternoon. As of 5 o'clock on Wednesday afternoon, 38 bids have been signed: 13 for Sigma Chi, 11 for Pike, 10 for Delta Upsilon, and 4 for Theta Chi. The informal experiment seems to have been very successful this semester, and it will be interesting to see if the trend continues in the years to come.

Congratulations to everyone who received a bid will now begin the journey to become new members of Pacific's Greek life!

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Vivian Lee
Pacifican Lifestyles Editor

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movie
Coraline
Originally a horror novella by British author Neil Gaiman, Coraline tells of a young girl (Fanning) who walks through a secret door in her new home and discovers an alternate version of her life. Opens February 6. 100 min.

book
Gulliver's Travels, by Jonathan Swift
A deadpan first-person narrative by Lemuel Gulliver, a practical-minded Englishman trained as a surgeon who takes to the seas when his business fails. Gulliver narrates the adventures that befall him on these travels.

music
"My Life Would Suck Without You," Kelly Clarkson
"You Found Me," The Fray

tv show
The L Word
The intimate story about the lives and loves of a group of lesbian friends living in Los Angeles. The show has received a lot of praise for its brilliant storylines and its portrayal of the lesbian community. Showtime, Sunday 9:00 p.m., 60 min.
It's that time of year again when Pacific students get the chance to join the Greek system. Both female and male students get the chance to explore the different possibilities of sororities and fraternities through a process called formal recruitment. At this point, people have made their decisions to become part of a family. Fraternities and sororities, both social and professional, help complete the college experience at Pacific.

Greek organizations have existed for ages and have developed, over time, into the systems we see today. There are many reasons to join: leadership opportunities, community service, friendship, developing interpersonal skills, and establishing traditions. At Pacific, you have the chance of joining a fraternity or sorority related to your field of study, social inclination, or community service based. Whether it is for social or academic benefits, or both, Greek organizations allow students to create a home away from home. The lifelong lasting friendships and bonds of brotherhood and sisterhood is definitely something to aspire to.

People involved in the Greek system are some of the most involved people at Pacific. Some of the members of these clubs can be seen in the student government, sport teams, or staff members that were at one point part of the system. Greek alumni have gone on to become some of the top leaders of society whether it be in politics or business, just to say that 17 of our U.S. presidents were Greek at one point. Fraternity and sorority houses form events throughout the school year consisting of community service, intramural sports, dances, scholarship events, dinners, alumni reunions, etc. These are all great opportunities to be in an organization or to get to know more about it.

Choosing the right house is up to the individual and his/her interests. The process of joining a fraternity or sorority can be seen as time consuming, but it is well worth it in the end. Being part of a Greek organization entails belonging to something that has been around for years, something that the individual will grow to respect and appreciate. Every house has its alumni base that the organization usually keeps close ties to, and alumni may make visits often. Through instances like these, one can see the important role that the organization played in that alumni's life and how the organization can ultimately play a role in our own.

There are misconceptions about fraternities or sororities that may seem to destroy their image. Popular culture will try to tell you that joining one of these organizations entails a rather questionable lifestyle, which includes the ideas of binge drinking, hazing, and low academic performance in the Greek system. These people that try to promote this negativity may be individuals who never had a positive college experience and are trying to bring down those who do. The problem with this notion is that the positives usually outweigh the negatives and that those problems are not universally applicable.

Now is the best time to expand your horizons and meet new people. Being part of the thriving Greek system at Pacific will help you complete your college experience if you're not part of it already. It will help you network, make new friends, improve your resume, and a great opportunity to have a good time.

Honeydripper

Honeydripper is a laid-back journey to a time of change in the culture and music of 1950s America. Set in the fictional town of Harmony, Alabama, the film bravely explores the racial division in the South and the emergence of rock 'n' roll from its blues roots.

Tyrone Purvis (Danny Glover), owner and piano player of the Honeydripper lounge, is a bit down on his luck. Rather than playing lively radio music to attract potential customers, Tyrone insists on hiring mediocre performers, like aged blues singer Bertha Mae (Mable John) to grace his club. Consequently, the hoppin' club down the road is suckin' up all of the business, leaving the Honeydripper with just a handful of regulars. Tyrone owes money to the landlord and a few mobsters, but he doesn't even have enough cash to stock liquor for the bar. In addition, the white Sheriff (Stacy Keach) always seems to be looking for a reason to cause a little trouble for the Honeydripper.

In the hopes of solving all of his problems, Tyrone books a regional radio star named Guitar Sam to play at his club. Tyrone figures that Sam will attract so much business that he will be able to pay off all of his debts. While Tyrone awaits the arrival of Guitar Sam, a young newcomer named Sonny (Gary Clark Jr.) strolls into town with a "fishing-looking" guitar. After a few mishaps, Sonny turns Tyrone's luck around, and changes the rest of the town so much that they hardly notice Guitar Sam's no-show.

The story is presented through delicacy and nuance, rather than apparent statements. Honeydripper's easygoing approach gently invites the audience to enter the difficult lives of its characters, and the film's folk music creates an atmosphere reminiscent of an era long gone and a real sense of belonging. The film is a satisfying piece of wholesome entertainment. Honeydripper is a treat for any music fan, and who enjoys music of the soul. Honeydripper plays at the Pacific Theater on Fri. Feb. 6th and Sat. Feb. 7th at 8:00 pm.

Ophelia Turner
Pacifican Staff Writer

The Phantom of the Opera

The image of the pale hand of the Phantom, beckoning the trembling singer Christine Daae to follow him down to his lair underneath the Opera House, has enraptured thousands of people all over the world. The immense popularity of the musical Phantom of the Opera has spread to Japan! However, not everyone is familiar with the novel that started it all. Gaston Leroux had written many detective stories before he wrote The Phantom of the Opera in 1910, and the novel is by far his most famous. Last summer, I discovered a love for French literary classics, such as novels by Alexandre Dumas and Emile Zola, and have wanted to read more classic French novels ever since. I have seen the musical production of The Phantom of the Opera and the movie, but am not a big fan of either. After finding out about the novel, I was intrigued, and devoured it over Christmas break.

First of all, I need to explain that the novel is different than the musical. It is much more passionate and dark. The Phantom is a frightening character, yet he elicits pity from the reader at times because he is so unfortunate and unhappy. The novel is rather fast-paced, with twists and turns in the plot that make it difficult to foresee what will happen in the end. I found myself so engrossed in the book that it was difficult to put it down and actually go to sleep.

I don't want to give away too much of the story, since bits and pieces of the mystery are unearthed as one reads it. The rival to the Phantom is Raoul de Chevigny, a young nobleman and Christine's childhood friend, who falls in love with her after hearing her sing on a special night. The romance between Raoul and Christine's childhood friend, who

book review

phantom of the opera

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Alternative Jobs

Allyson Mengarelli
Pacifican Staff Writer

The one collective thought that seems to permeate most college graduate’s minds right now seems rational: Where am I going to go now? Or more accurately, what am I going to do?

With the economy taking a plunge for the worse, it seems inevitable that those graduating have strong fears of how to find a job that pays well and is enjoyable and worth those thousands of millions of dollars worth of college tuition spent in the last four (give or take) years. Not only that, but many more graduates are entering the work force than ever before, leaving room for intense competition and limited opportunities.

Fortunately, however, studies have shown that those entering the workforce today are more likely than their predecessors to uproot themselves to other jobs, rather than remaining with a company for his or her lifetime. Also, graduates not only have sources such as newspapers and bulletin boards to look for work, but have the internet at their disposal making the task seem all the less daunting than before. The key, then, is to make sure you go about finding your job the right, most efficient way.

FINDING A JOB

Before selecting a job in the field desired, it is important to explore all options. This could be started by attending on-campus recruitment programs, visiting online job sites, finding and meeting with recruitment agencies (centered in your area of expertise). Also keep in mind that about 80% of potential jobs aren’t advertised and are spread by word of mouth or through networking. Just by spreading the work acts as an advertisement for possible employers or future co-workers.

NETWORKING

This is also where networking comes in handy. Networking is speaking to as many people as one possibly can in order to make relationships with possible employers or future co-workers. Just by spreading the word that you are looking for work acts as an advertisement that you are a new and educated possible employee. It can also help you gain useful information and contacts that can help gain access to job offers not advertised. Networking involves speaking to friends, family, advisors, lecturers, and acquaintances, though if it becomes intrinsically difficult, there are always websites such as www.kompass-intl.com and www.dnb.com to help tell you where your potential employers are based, their size and turnover, and what they have to offer you.

ALTERNATIVES

Temporary employment is another option to consider with the economy in such a dangerous place. In order to find temporary work, you can research local companies that take your application and find compatible temp work for you for free. Other resources may include (www.localjobsavailable.com, or SAM Advancement Management System).

Going abroad is another opportunity for great jobs; to name a few examples:

In Singapore, there are research outposts for Yankee blue chips like Cisco and Eli Lilly, whose average salary is $250K. Those in demand are high-tech, pharma, and PR pros.

In Dubai, there are still many opportunities to cash in on the oil business with an average expected salary of $270K. Those in demand are hotel managers, industrial engineers, oil executives, and architects.

In Hong Kong, there are many positions available to make negotiations and deals with mainland China. Those in demand include lawyers and financial analysts.

Also, if you begin working for a company and the opportunity arises to transfer to a different country, not only will you be guaranteed a lifetime altering experience of living in another country but you will also benefit from a hefty pay increase with your traveling costs covered by the company!

So instead of stressing about where you’re headed, take a deep breath and hop onto a computer and begin your search. You don’t even have to go far, as there are opportunities on campus to assist you as well—such as job fairs and the Career Resource Center which specializes in finding students reliable internships and jobs that will guarantee your place in the work environment.

a la vogue fashion and couture with ika

There’s a negative connotation that seems to cling to “judging a book by its cover”—or in general, the notion of judging a person based on your first impression of them, which is more than never, based on their appearance. In trying not to take this into the realm of clueless shallowness when it comes to the outfit you choose for the day, there’s no doubt about it that your attire is a picture of a thousand words. It can alter the way people look or respond to you by the change of an outfit. It can change the way it makes you feel when you’re wearing something that simply gives you an extra perk or boost of confidence. For me, it’s brightly painted nails or a pair of stand-out heels! The way fashion can affect each individual in its own, unique way— that is why I love fashion. But when I say fashion, I’m not speaking of the latest trends, but rather a more general signature style that you or your compadres. So even for those of you who could care less about your outfit, even that gives people a statement about yourself.

Personally, as a photographer, I recognize the contrast of the first impression that you personally got from viewing one picture, with that of the other; and how those entirely two different ideas of personas were presented to you simply by a change in style.

No wonder celebrities and public figures have stylists to help portray themselves in a certain light to the public. Can we really blame them for their meticulous choice of ensemble? Hours after the historic inauguration of President Obama this past winter, it was almost shocking to read about the number of headlines that beamed of First Lady Michelle Obama’s choice of an embellished pale yellow dress and matching coat, finished off with a refreshing touch of green pumps. There was such an adoration of her sense of modern taste that contrasted the usual “safe” choice of solid, not-too-eye-catching-with-a-hint-of-feminine-sofness suits and matching skirt attire. I was honestly impressed at the freshness and sense of empowerment to feminine beauty that she exemplified, but quite shocked at the amount of attention that her attire received when there were probably a multitude of other more important aspects of the inauguration that could have been addressed. There’s no hesitation, though, to say that her choice of outfit did indeed leave a strong impression to the world about herself and even for Obama in one way or another.

And so what does all this mean to the common, everyday person? Bluntly, but respectfully, there’s no denying that our initial appearance, which is a combination of your sense of style, charisma, and simply self-confidence, is like the cover of a book. Because of this fact, why not simply embrace the fashion and health/beauty that supplements our individuality and possibly even the way we can feel about ourselves?

Check back next week to see my tips and advice on how to create your own flair and style!

cd review

o, yeah! ultimate aerosmith hits

Christine Le
Pacifican Perspectives Editor

If you consider Aerosmith as one of America’s greatest rock bands, their ultimate hits album will leave you filled with sweet emotion as your ears savor their most memorable and passionate songs.

From their earlier work to later hits such as the Academy Award-nominated “I Don’t Want to Miss a Thing,” this two-disc compilation gives you 28 of Aerosmith’s rockin’ tunes, spanning 30 years of the band’s journey.

The hard-edged howling vocals of Steven Tyler, often accompanied by his harmonica, combined with the killer guitar playing of Joe Perry and Brad Whitford, along with drummer Joey Kramer and bassist Tom Hamilton, make for a classic rock sound that can be listened to for hours.

On the album you can hear tracks from some of the band’s former albums such as Toys in the Attic, Get Your Wings, Permanent Vacation, and Nine Lives. This is a sensible alternative to purchasing individual Aerosmith albums.

You can hear both versions of their 1975 single Walk This Way – the original recording and the 1986 remake by hip-hop group Run-D.M.C. Some of their lesser-known ballads are also on the album, including Lay It Down and What It Takes. I do enjoy these softer tracks, for they are just as intense as the band’s faster songs, but on a more tender level that can be overlooked by those familiar with their hard-rock sound.

As a die-hard Aerosmith fan, I have yet to tire of listening to O, Yeah! Ultimate Aerosmith Hits. Treat your ears to this collection, and I guarantee they will be shouting “O, yeah!”
Celebrating Lunar New Year at Pacific

Jun Huang
Pacifican Guest Writer

Lunar New Year, also known as Spring Festival, is the most important of the traditional Chinese holidays, but it is not a religious event. The Lunar New Year began on January 26, and marks the 'Year of the Ox'. The start of the new year varies every year, but usually falls on the second new moon after the winter solstice. The date for the occasion is decided according to a calendar which is a combination of the solar and the lunar calendar. Traditionally, celebrations last for fifteen days.

Last Friday, January 24, Pacific students welcomed the Chinese New Year at a celebration party held at the Bechtel International Center (IPS). At the party, many kinds of traditional Chinese food were served. Some of the Chinese students performed in a traditional Chinese show to spice up the party. Throughout the night, the party attracted more than a hundred Pacific students.

The Lunar New Year is not just a festival of fun and party, but also a time to welcome the new season, pray for prosperity and well-being, and cleanse away all things bad and evil. Happy Lunar New Year!

EVENTS CALENDAR

February 5
“Gone Fishin”
8:00 p.m. - 10:00 p.m.
Pacific Theatre
Cost: Tickets are free for students; staff, faculty and alumni are $3; and general admission is $5.

February 6-7
“Honeydripper”
8:00 p.m. - 10:00 p.m.
Pacific Theatre
Cost: Tickets are free for students; staff, faculty and alumni are $3; and general admission is $5.

February 6 - 8
“The Vagina Monologues”
8:00 p.m.
DeRosa University Center Grand Ballroom
Cost: $12 each ($8 for students)

February 7
Pacific’s 2nd Annual Campus Day of Service
9:00 a.m. - 12:30 p.m.
Oak Park, 730 E. Fulton St.
To volunteer or for more information contact the Center for Community Involvement at 209.946.2444.

February 8
Delta Sigma Theta’s (ΔΣΘ) Scholarship Dinner
4:00 p.m. - 7:00 p.m.
Grace Covell Hall

February 10
Delta Sigma Theta’s (ΔΣΘ) Open Mic Night
8:00 p.m. - 11:00 p.m.
The Lair

Like or hate the new Pacifican Website? Let us know!

PACIFIC CARD™ CORNER
PacifcCard has recently added BJ’s restaurant, Kinder’s, and Juice It UP! to its list of merchants accepting PacificCash.

PacifcCard lost or stolen? Need to modify your account or building access? Just simply go online to ticket.thecardoffice.com and you’ll be automatically directed to the new PacifcCard ticket system, where you can request a ticket, or check the status of a ticket.
Hats off to you!

Calling all 2009 Graduates!

Would you like to speak at commencement?

Apply to be a Commencement Speaker by February 23, 2009!

Visit www.pacific.edu/x27177 and download an application! Turn them back in to the Office of Student Life, Hand Hall, Suite 135 or if you have any questions email Denia Andersen at dandersen@pacific.edu.
Men's Volleyball loses to UCSD & Long Beach

Elizabeth Croisetiere
Pacifican Staff Writer

Men's Volleyball falls to UCSD & Long Beach State

On Friday, Jan. 30 the Tigers lost to UCSD 3-0 the following day they fell to Long Beach State 3-1.

Pacific scored the first point of the first set. The score was quickly tied by UCSD at 4-4. The scored tied up six times. The set ended with a score by UCSD for 30-25.

The first point of the second set went to UCSD. The Tritons continued on for a 7-3 lead. Several failed blocking attempts put the Tigers behind at 20-18, keeping fairly close to the Tritons the entire game. The Tigers were scoreless through 10 points and lost the set 30-18.

The third set started with a Triton score. This set went back and forth and around 18-18 the score had already tied up 5 times. The Tritons eventually broke away for a 30-25 win.

Freshman Nicolas Schenk had the team high of 10 kills, and Junior Kevin Pratt had the team high of six digs. With the loss, the Tigers are 2-7 overall and 0-4 Mountain Pacific Sports Federation (MPSF).

On Saturday, Jan. 31 the Tigers fell to Long Beach State 3-1.

The Tigers scored the first three points of the first set. After that Long Beach scored five straight points for 9-6 and the Tigers were not able to recover. They lost the set 30-21.

The second set was a battle and the score tied nine times. The score tied at 10-10 but Long Beach kept moving forward and although the Tigers got the score close with a 28-27 lead, but lost the set 30-28.

The Tigers fell behind from the start of the third set and were down 10-4. The Tigers were able to recover with their first win 30-27 and made the Long Beach face a fourth round.

The Tigers started out with an 8-4 lead. The Tigers started to fall behind after a 14-14 tie. They battled through more ties but eventually lost the set 30-28 and match 3-1.

Junior Jason Borchin had 13 kills and 12 digs. Now the Tigers are 2-8 overall and 0-5 in the Mountain Pacific Sports Federation (MPSF).

Tigers’ Victories Against Davis at Home & On the Road

Elizabeth Croisetiere
Pacifican Staff Writer

A Weekend of Wins for Pacific Basketball!

On Saturday, Jan 31 both Pacific Mens’ and Womens’ basketball beat UC Davis.

The women tipped off at 4 p.m. in Alex G. Spanos. The first half started with an 11-2 run putting the Aggies in the lead. The Tigers responded with an 11-1 run which put the score at 13-12. The final point of the half was a three-pointer by senior Janae Young with a Tiger lead of 31-30.

In the first half, the Tigers shot 51.7 percent from the field and 33.3 percent from the free-throw line. Young helped pace the Tigers scoring 7 points in the first half. Freshman Clair McLeod scored 6 points and got 3 of Pacific’s 12 rebounds. The Aggies were shooting 50.0 percent from the field and 75.0 percent from the free-throw line.

The lead only changed once during the second half and the score stayed within 6 points the entire time. The Tigers put the Aggies behind 6 points twice but the Aggies kept coming back. They eventually briefly stole the lead at 47-44. The Tigers took the lead again to 6 points, but the Aggies were able to cut away at their defense and leave them within 1 point. The Tigers then made 4 free-throws to put the Aggies behind and win at 63-60.

In the second half, the Tigers shot 31.4 percent from the field and 77.8 percent from the free-throw line. The Aggies shot 65.3 percent from the field and 77.8 percent from the free-throw line.

Overall, Pacific shot 41.1 percent for the game and 80.0 percent from the free throw line. Young had a team-high 12 points and senior Amber Simmons had 13 points. Young led the team with 8 rebounds, followed by senior Whitney Price with 7.

At 7 p.m. Mens’ Basketball tipped off at UC Davis. The Aggies scored the first 3 point of the game with a three-pointer, but the Tigers countered with a 7-0 run for an 4-3 lead. The Tigers held a steady lead to 14-10 but then fell behind after the Aggies had an 8-2 run for 16-12. Senior Chad Troyer brought the score up 22-18 with a pair of three-pointers. The Aggies countered with a 10-0 run to bring the score to 30-24. A lay-up by junior Lavar Neufville brought the score up 30-26 at the end of the first half with Pacific down 2.

The Tigers shot 57.9 percent from the field in the first half and 50.0 percent form the field. The Aggies shot 47.8 percent from the field and 75.0 percent from the free-throw line.

In the second half, the Aggies raised their lead for a score of 37-31. The Tigers took the lead with a 16-0 run featuring 7 points from senior Anthony Brown at 47-37. A 6-0 run from seniors Chad Troyer and Brian LeDuc pushed the lead to 60-49. After that Pacific was able to hold an easy lead that did not fall below 10 points. The Tigers ended the game with a 15-point lead for an 80-65 victory.

In the second half, the Tigers shot 67.9 percent from the field and 64.7 percent from the free-throw line. The Aggies shot a mere 33.3 percent form the field and 73.1 percent from the free-throw line.

Overall, the Tiger shot 63.8 percent for the game and 63.2 percent from the free-throw line making 66.7 percent of their three-pointers. Troyer led the team with 16 points followed seniors Michael Kirby and Brown at 15. Sophomore Teral Smith and Sam Willard led the team with 6 and 5 rebounds respectively. This win puts the mean 21-7 overall and 5-3 in the Big West Conference for third.

It was a fun weekend of basketball for Pacific fans that supported the teams at home and on the road. Come support your Tigers today, Thursday, Feb. 5 at 7 p.m. for the women’s game at home against UC Riverside, or listen live on the internet as the men battle UC Riverside on the road.
RecSports Indoor Soccer

Week 1 Power Rankings

Brian Lenz
Assistant Director for Sports & Competition
Pacific Recreation

Men’s A:
1. United FC-Soccer prowess should transfer nicely to indoor game
2. Sala Kuta-Matches up very well against United FC
3. Pike-Royal is still under the shadow of Pierre and Berger
4. Delta 9-It’s been a very tough year for Sigma Chi RecSports

Men’s C:
1. Pharm D’s Nutz-The odds maker’s biggest favorite of all the divisions
2. The Pikes-These guys should keep the division interesting
3. Minchew-Goshima always seem to assemble a serviceable roster
4. Bulldogs-I can’t remember the last time DU had a winning record outside of softball
5. Kings of Mediocrity-Team showed marked improvement during outdoor
6. V^5-A .500 record would be a great achievement
7. The Other Football-These guys are too busy playing “Call of Duty”

Women’s:
1. Da Kine-Hawaii should roll
2. Kicks & Giggles-Team will be focused on just having the minimum number of players show up
3. Ballin’ Brutal Betties-Asato will have to provide inspirational pre-game speeches

Co-Rec A:
1. Flip It-Team headlines what is easily the toughest division in indoor soccer
2. Asian Glow- Nakahara and Co. are highly equipped for indoor
3. Curry & Rice- Team could make a strong case for being the #1 seed
4. The Clap-Team needs stronger play from its females to compete
5. Just Kick It-Not very explosive on the offensive end
6. Collateral Damage-PT has its work cut out

Co-Rec C:
1. Dain Bramaged-Strong female play and stellar defense will prove invaluable
2. EBC-Simply put... Martin doesn’t assemble weak rosters
3. Island Style-Hawaii always finds itself near the top during soccer season
4. Forza Rosa-Aaron Meyer-Abbott provides leadership to this unproven squad
5. Phi Delta Chi-Historically, Phi Delt has always been competitive
6. Da Sh!-Team is extremely untested
7. Collateral Damage-PT could surprise some folks
8. Rotaract Club-These philanthropic students may get kicked around
9. Chopsticks-This team has remarkable fine motor skills
10. Yes! Shimotani w/ Friends-A season ending injury has already plagued this unfortunate squad

Athletic Training

Tip of the Week

How to Avoid Athlete’s Foot

Definition:
Athlete's foot, also called tinea pedis, is a fungal infection that develops in between the toes and sometimes onto the foot.

Symptoms:
Itching, stinging, and burning in between the toes
Cracking and peeling skin in between toes and on soles of your feet
Toe nails may become thick, discolored and/or brittle

Causes:
Athlete's foot causing organisms live in damp close environments, like tight shoes that squeeze the toes together. Warm environments mixed with socks and tight shoes offer prime conditions for growth of the organisms. Athlete's foot can be spread by human to human contact, through direct skin contact with an infected person. It can also be spread by coming in contact with places such as saunas, swimming pools, locker room bathrooms or showers. Even household pets can pass the fungal infection to humans.

Treatments:
Over the counter treatments such as Tinactin and Lamisil AT provided effective relief of the symptoms of a mild athlete's foot. If over the counter treatment does not work you should seek the advice of a health care professional to receive better treatment.

Prevention:
7 simple steps to prevent athlete's foot.
Change socks on a frequent basis, especially if you sweat a lot
Keep your feet dry, most importantly in between your toes
Alternate your shoes to allow drying
Wear light vented shoes
Protect your feet while in a public place by wearing sandals in the shower
Treat your feet with antifungal powder
Do not borrow shoes.

Have Questions? Please email k_burnett1@pacific.edu

Pacific Suffers 5-2 Loss to Fresno Pacific to Open 2009 Dual Match Season

Athletic Media Relations

The Pacific Men's Tennis team opened their 2009 dual match season with a 5-2 loss to Fresno Pacific on Saturday, Jan. 31.
The loss dropped the Tigers to 0-1 on the season, while Fresno Pacific moved to 1-0.
Junior Renan Delsin and freshman Karl-Erik Paaro nabbed singles straight set victories for the Tigers. Paaro completed a 6-1, 7-6 (1) win over Mario Foelz, while Delsin upended Maritime Adam, 7-5, 7-6 (3).
The Tigers return to action on Saturday, Feb. 7 as Pacific hosts BYU at 11 a.m. in the Hal Nelson Tennis Courts.
Steelers Set Super Bowl Record in Last 35 Seconds

Vanessa Connolly
Pacifican Staff Writer

There are two kinds of Super Bowl viewers: the group of NFL fans who know what is going on, and people who just want to see the new multimillion dollar commercials and brag to actual fans that they saw the game. Personally, I think the Super Bowl should be a national holiday. Either way, Super Bowl XLIII between the Pittsburgh Steelers and Arizona Cardinals in Tampa was well worth a few hours of everyone’s Sunday afternoon. First off, four-time Grammy nominee Jennifer Hudson sang the national anthem — her first performance since the murder of three family members last October.

The game started off with Steelers’ quarterback Ben Roethlisberger appearing to have scored the first touchdown of the game. After review, the goal was retracted and Jeff Reed made an 18-yard field goal for the Steelers. Gary Russell made the Steelers’ first touchdown early in the second quarter. Arizona’s quarterback Kurt Warner threw a one yard passing touchdown to Ben Patrick. The first half highlight came when James Harrison made a record, 100-yard interception for the Steelers, creating a 17-7 lead for the Steelers at the end of the first half. The second slowed down for each team, with Jeff Reed kicking another field goal for Pittsburgh.

However, Pittsburgh’s 20-7 lead went away during the fourth quarter when Larry Fitzgerald made a touchdown and Arizona had a team safety. Fitzgerald made another touchdown after a 64-yard pass from Kurt Warner and Arizona took a three point, 23-20 lead with 2:37 left. MVP Santonio Holmes narrowly made the game-winning touchdown with 35 seconds left of the game, making the score 27-23 after the Steelers made their extra point.

Super Bowl XLIII makes Pittsburgh’s historic 6th Super Bowl win. Fans for either side (or those of you who just cared about The Office) can now claim to be Super Bowl fans.

Pacific Slugs Through Six Hour Match Before Succumbing to Nevada, 4-3

Athletic Media Relations

The Pacific Women’s Tennis team battled through a six-hour marathon match against Nevada before falling 4-3 in the Tigers’ home match of the season on Saturday, Jan. 31.

The loss moved the Tigers to 1-3 on the season, while Nevada improved to 1-0 on the season.

Following three consecutive singles victories for the WolfPack, junior Svenja Arens set up the crucial match at the No. 6 spot with a 6-4 7-6 (1) victory over Caroline Stevens at the No. 4 slot.

The Tigers return to the court on Saturday, Feb. 7, when Pacific travels to Santa Clara, Calif. to face the Santa Clara Broncs at 1 p.m.

WOMEN’S TENNIS RESULTS

Nevada 4, Pacific 3
Jan 31, 2009
Stockton, Calif. (Hal Nelson Tennis Courts)

Doubles (Pacific wins doubles point, 2-1)
1. Jennifer Widjaja / Olga Gumennuyk (PAC) def. Caroline Bailly / Lais Ogata (NEV), 9-7
2. Florence De Vrye / Caroline Stevens def. Jolanta Twarowska / Sasha Fisher (PAC), 8-7 (5)
3. Svenja Arens / Kateryna Nezhura (PAC) def. Maria Hizyuk / Aodhnait Lombard (NEV), 8-3

Order of Finish
1, 3, 2

Singles
1. Jennifer Widjaja (PAC) def. Caroline Bailly (NEV), 6-3, 6-4
2. Florence De Vrye (NEV) def. Jolanta Twarowska (PAC), 6-3, 7-5
3. Lais Ogata (NEV) def. Kateryna Nezhura (PAC), 6-4, 7-5
4. Svenja Arens (PAC) def. Caroline Stevens (NEV), 6-4, 7-6 (1)
5. Maria Hizyuk def. Clara Schumacher (PAC), 7-6 (4), 6-2
6. Aodhnait Lombard (NEV) def. Olga Gumennuyk (PAC), 6-7 (3), 6-4, 6-4

Order of Finish
1, 5, 2, 3, 4, 6