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President Barack Obama and Vice President Joe Biden

Devon Blount
Editor In Chief
Andrew Mitchell
Pacifican News Editor

In an election made for the history books, President-elect Barack Obama will be the 44th President of the United States and will lead this nation through the current economic crisis with Vice President-elect Joe Biden. After winning more than the required 270 by the time California polls closed Tuesday night, President-elect Obama delivered an inspiring and confident acceptance speech. Obama spoke of uniting the nation under the Democratic Party; putting together a coalition of red states and blue states, "We are, and always will be, the United States of America.

Obama said. "We are, and always will be, the United States of America.

The African-American community of Chicago, President-elect Obama's campaign headquarters, was extremely emotional. Senior Speech and Language Pathology major Kendra Williams was ecstatic when learning the elections results. "I never thought I would live to see the day," she smiled and for most of the African-American community, this feeling is mutual because of a history of being discriminated against in this country.

While for the past almost 70 years, there has been an appearance of racial tolerance and cooperation in this nation, those who lived through the Detroit Race Riots and remember seeing three bathrooms (Men, Women, Colored) in the segregated south will take Tuesday night's moment to heart. When President-elect Obama walked onto that stage for his acceptance speech, times changed.

African-Americans are not the only group in America greatly affected by this election. The Democratic Party has finally won the majority. The Senate now contains 56 Democrats and 44 Republicans, and Congress has 253 Democrats and 172 Republicans. Now the question is, how will this play out?

For more on the election see pages 3 and 5.

Theta Prepares for an Inferno

Ben Holly
Pacifican Staff Writer

Kappa Alpha Theta's annual dodgeball tournament, Theta Inferno, returns Saturday, November 8. The tournament begins at 11 am on the WPC Lawn and will last until only one team of men and one team of women are left standing.

The proceeds from this year's tournament will go towards CASA (Court Appointed Special Advocates) of Sacramento, Kappa Alpha Theta hopes to raise $1,750 to support CASA's goals of improving child welfare laws and providing mentoring services to foster children.

Kappa Alpha Theta member Emilie Thomas explained, "Greeks do a lot of volunteering." As the main fundraiser during the fall term, Theta Inferno is a part of this philanthropy. "This is not just for our house," she continued. "Don't expect it to just be Greeks out there."

The tournament is open to all students, faculty, and alumni. There are separate competitions for men and women. Each team will consist of six players ready to be bruised by hurling balls. Twenty-five teams are expected to participate, but anyone who enjoys inflicting or receiving pain is also encouraged to participate. Teams representing the different Residence Halls are especially encouraged to participate.

Thomas has been coaching four teams from Pi Kappa Alpha, whom she feels will do well against more aggressive player such as the Water Polo team. Even though Thomas will not be playing on a team this year, she said, "For charity I will get hit once in a while."

Athletic ability is not as important as the desire to have fun. Shelly Wong, who is coaching a team from Theta Chi, said, "You don't have to be competitive." Wong encouraged everyone "to come out and watch. It's going to be fun."

For those Tigers who have an aversion to pain, there will be the less painful option of a raffle. Prizes include gift certificates to Stockton area restaurants and shops such as BJ's and Toot Sweets. Sports memorabilia will also be raffled off including a USC football helmet signed by Reggie Bush. Raffle tickets will be available at the event.

If you would like to be smacked around by balls in support of CASA, registration forms are available at Kappa Alpha Theta, Baun Fitness center, and tables in front of the University Center. A $35 registration fee per team is needed to take part in the competition. Theta Inferno shirts are also available for $10 each.

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TRAFFIC CRIMINAL
PACIFIC & DAVE BRUBECK
10-26-08
Officer reported a vehicle failing to yield. Officer initiated a pursuit and terminated the pursuit after a short distance. Officer located the vehicle parked down the street and saw the driver running from the vehicle. Vehicle was towed from the scene and the registered owner of the vehicle was contacted and reported his son was in possession of the vehicle.

CASUALTY
SPANOS CENTER
10-26-08
Officers and medics responded to a report of a female having difficulty breathing. Female was transported via ambulance to a local hospital.

VEHICLE ACCIDENT
DAVE BRUBECK & PACIFIC
10-26-08
Officers and medics assisted with a traffic control on an injury accident in the area. SPD initiated a report. Vehicle towed from the scene.

DUI ARREST
PACIFIC & MARCH
10-27-08
Officers initiated a vehicle stop and determined the driver was DUI. CHP responded and arrested the driver at 2:47 AM. Driver was transported to the county jail.

ALCOHOL ARREST
BROOKSIDE HOUSE
20-29-08
Off-duty officer requested assistance with an intoxicated male subject. Officer responded and arrested the subject for public intoxication at 11:37 PM. Subject was transported to the county jail.

WARRANT ARREST
ALPINE AVE & BONNIE LN.
10-30-08
Officers conducted a checkout on a male subject on a bicycle. Officers learned the subject had an outstanding warrant and arrested the subject at 5:13 AM.

VEHICLE ACCIDENT
DAVE BRUBECK & DEROSA CENTER
10-27-08
Officers responded to a report of a male subject who was on campus after he was terminated. Subject was revoked from campus.

CASMUALTY SCHOOL OF PHARMACY
10-27-08
Officers and medics responded to a report of a female who fainted. Subject was transported to a local hospital via ambulance.

DUI ARREST
LOT 22
10-29-08
Staff reported a vehicle driving recklessly in the parking lot. Officer initiated a vehicle stop and determined the driver was DUI. CHP responded and arrested the driver at 2:47 AM. Driver was transported to the county jail.

DUI ARREST
ART BUILDING
10-30-08
Victim reported the theft of his laptop from his unlocked office. Officer responded and initiated a report.

JUVENILE
LOT 6
10-30-08
Officers responded to a report of juveniles skateboarding in the area while being stopped. Officer made contact and requested the subjects leave the area.

STRONG ARM ROBBERY
PACIFIC & CALAVERA
10-30-08
Officer reported a fourteen year old was the victim of a strong arm robbery. Suspects ran up to the victim from behind, knocked him down and hit him in the head with their fists. The victim received a bruise to the right temple area. Victim's cell phone was stolen.

CRIMINAL THREATS
DEROSA CENTER
10-30-08
Victim reported his rear bumper was hit while the lot. Officer initiated a report.

THREAT
MONANAGH HALL
10-31-08
Victim reported his locked bicycle stolen. Suspects cut his cable lock. Officer responded and initiated a report.

THREAT
MAIN LIBRARY
10-31-08
Officer responded to a report of stolen computer and laptop. Officers found the door to the office was locked but not fully shut. Officer initiated a report.

CASUALTY
MCCAFFREY CENTER
10-31-08
Officer responded to a report of a female who fell off a bike. Officer requested medics. Female was transported to a local hospital via ambulance.

VANDALISM
MONAGAN HALL
10-31-08
Victim reported the lock was cut from her bike and two others in the area. Officer responded and initiated a report.

UNIVERSITY REG
RAYMOND GREAT HALL
10-31-08
Officer contacted a subject in an open container. Subject issued a University citation.

SUSPICIOUS INCIDENT
LOT 7
11-1-08
Officer reported a vehicle with a broken window. Driver pulled up and learned the driver had outstanding felony warrants. Driver was arrested and transported to the county jail.

Vagina Monologues
Auditions
TODAY
(Thursday, November 6 at 4:30-9 PM)
DeRosa University Center Ballroom
Sign-ups posted in UC
All students, faculty and staff are encouraged to participate. Time commitment for the play will be minimal and will work around your schedule. The Vagina Monologues are based on interviews with thousands of women and their stories of womanhood from joyous to traumatic.

2 rooms for rent in 4 bedroom home! All utilities paid including Comcast, Wi-Fi, lawn care, ADT security, access to washer and dryer!
Contact Tamara (916) 761-8044

Andrew Mitchell
Pacific News Editor
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UNIVERSITY OF THE PACIFIC
DEPARTMENT OF PUBLIC SAFETY
WEEKLY REPORT
October 26 – November 1, 2008

ATHLEY
10-30-08
Officer reported viewing a traffic collision. Driver left a note on the victim's vehicle.

JEFFER
10-30-08
Officer conducted a vehicle stop and requested CHP respond for a driver that had been drinking. Driver was not arrested for DUI. Vehicle was towed due to driver's license suspended.

THREAT
MONANAGH HALL
10-31-08
Officer initiated a vehicle stop and requested CHP help for a driver that had been drinking. Driver was not arrested for DUI. Vehicle was towed due to driver's license suspended.

THREAT
MONANAGH HALL
10-31-08
Victim reported his locked bicycle stolen. Suspects cut his cable lock. Officer responded and initiated a report.

THREAT
MONANAGH HALL
10-31-08
Officer responded to a report of stolen computer and laptop. Officers found the door to the office was locked but not fully shut. Officer initiated a report.

VANDALISM
MONANAGH HALL
10-31-08
Victim reported the lock was cut from her bike and two others in the area. Officer responded and initiated a report.

Winning weekend for women's soccer

Volume 93, Issue 7
October 31, 2002

Volume 97, Issue 8
November 2, 2006

Pepsi Contract Aggravates Students

Andrew Mitchell
News Editor
Coke drinkers on campus now have to go on a scavenger hunt to find the drink. No longer found in Tiger's Grocer, Coke products have been usurped by PepsiCo drinks. To those students who prefer Coke over Pepsi, this change came as quite a surprise.

Jennifer Murphy
Editor-in-Chief

We often do a Vice Presidential candidate visit Pacific? If the answer that came to mind was not very often, that would be correct. Peter Camejo, Vice Presidential running mate with the independent presidential campaign of Ralph Nader, spoke at the University of the Pacific on October 25.

Pepsi Contract Aggravates Students

Andrew Mitchell
News Editor

Pacific housing makeover

Elizabeth Carranza
Guest Writer

Every semester hundreds of students move into the Townhouses or university center apartments only to find out that their new home is not in top-notch condition. All of that will soon change.
State Ballot Measures
99.5% (25,314 of 25,423) precincts partially or fully reporting as of Nov. 5, 2008, at 8:35 a.m.

1A - Safe, Reliable High-Speed Train Bond Act
YES: 5,053,258 52.2%
NO: 4,640,775 47.8%

02 - Standards for Confining Farm Animals
YES: 6,234,716 63.2%
NO: 3,639,164 36.8%

03 - Children's Hospital Bond Act, Grant Program.
YES: 5,291,208 54.8%
NO: 4,364,621 45.2%

04 - Parent Notif. Before Terminating Minor's Pregnancy
YES: 4,735,388 47.9%
NO: 5,138,524 52.1%

05 - Nonviolent Drug Offense, Sentencing, Parole, Rehab
YES: 3,893,980 40.1%
NO: 5,815,978 59.9%

Plath’s life when Moses was 8 months old. Her mother noticed that Plath's journals were filled with poems detailing her thoughts in her personal life. Plath's poetry spontaneously recapitulated her life when Moses was 8 months pregnant. In this encounter with the poet, Moses found "Wintering," one of Plath's poems detailing her thoughts as a new mother. Moses was so moved by the poem that she sought out more works by the author.

In her research, Moses noticed that Plath's journals five months before her death were not available in the library records housing the rest of Plath's work. At around this time she also became aware of the fact that Plath's manuscript of poetry titled "Ariel" was arranged by her e-husband before its publication without Plath's consent.

From this information, Moses decided to write a fictionalized account of the last five months of Plath's life. Her novel contains 41 chapters, one for each poem in Plath's original manuscript of "Ariel." The title of her book, "Wintering," was taken from the final poem in Plath's collection in "Ariel.

"Wintering: A Novel of Sylvia Plath" was published in 2003. The book received wide success and has been a welcome addition to the body of literature and fiction that captures Plath's life.

After reading an excerpt from Winterting, Moses gave students advice on careers in writing and the creative process itself. She noted that "Writers are often told to write what they know. Don't limit your writing. You never know where you will end up.

"Wintering: A Novel of Sylvia Plath" can be purchased at your local book retailer or at an online book retailer. For more information on Kate Moses, visit her personal webpage at katemoses.com.
Donald DeRosa, our current president, is very active in raising funds for our school. But, what we gain in numbers of money for Pacific, do my knitting now), the Lair stands an excellent chance of moving from a convenient diversion to a can't-miss-it venue.

The president's primary role at Pacific is to be the face of the school, making to bring something new and fun to Pacific. With a little tweaking of their program of events, and a smidgen of judicious re-planning, the Lair could be a common answer, with an overwhelming majority of students voicing their desire for additional TV nights, much like "The Office" earlier this semester. Additionally, better publicity and visibility of scheduling were a common request among the patrons, even something as simple as a schedule of the week's events posted at the Lair's entrance.

The president ignores or rarely attends student activities first-hand, and many departments on campus that they require no hands-on attendance to. It is really easy to take a backseat to live through the deans of the different. They aren't the ones that matter. The environment that DeRosa, the president, attests to be for the students. We should have the next president cares for the students as much as he cares for donors.
The New Windows Vista...err... "Windows 7"

Andy Lee
Pacifican Staff Reporter

In response to the various faults of Vista, Microsoft has revealed Microsoft 7, expected to be out by either late 2009 or early 2010. One major change is that Windows 7 will resolve include more control over User Access Control, which is pops up as a box every time a Vista user does anything. With the changes, the control will go beyond simply on and off, and will be more specific to programs. The Vista look may likely remain in Windows 7, as the new system plans to act more as an evolutionary step rather than the backwards revolutionary jump Vista was.

Another notable change is that the taskbar will be revamped. Gone now are the days of the rectangular bars with text and small icons. Windows 7 adopts a full icon based taskbar. For example, having three Internet Explorers open (for the people fearful of tabbing), will lead a single blue e square on the taskbar. Hovering over the blue e will then reveal the screenshots of all the active windows with text, similar to what Vista does now.

There will be more simplicity for window arrangement. Anyone who has spent hours perfecting a 50%/50% screen size to view two windows of both Internet browsing and Microsoft Word simultaneously will love that dragging a window straight to either the left or right edge makes the window immediately go 50% of its original size. Dragging a window to the top will maximize its size, for people who don't want to click the button in between the underscore and the red x.

There's also a faster search, to try and defer people from using the rival Google Desktop Search, Windows Media Player and Windows Media Center get updated, and Paint surprisingly gets remodeled, sporting the new ribbon style of Office 2007 that Windows users either love or hate.

Of course, all of these changes could change by the time Windows 7 goes into the hands of the consumers, as it is still currently in pre-beta preview form.

Standardized Test Season

Alleen Shop
Pacifican Copy Editor

It's fall, and for many of you it could be the season of test-taking. Aside from the daily course load, several Pacific students are preparing to take on standardized tests such as the LSAT (Law School Admission Test), MCAT (Medical College Admission Test), and the DAT (Dental Admission Test).

For those of you who are about to step foot into the pool of standardized testing, here are a few that several Pacific students have taken or are preparing for:

LSAT:
The LSAT stands for the Law School Admission Test. The test is required for all LSAC (Law School Admission Council) schools, most Canadian law schools, and many non-ABA-approved law schools. It is a half day exam that evaluates a student's potential for success in law school. The exam includes multiple choice questions categorized under reading comprehension, analytical reasoning, and logical reasoning.

According to senior, Micaela Klaus who took the LSAT in April 2008, practice is key. "It's something you have to practice everyday so it reinforces how you approach the problems," said Klaus. She also suggests taking several practice tests and working on sections that prove to be the weakest.

According to lsac.org, it is required that the LSAT be taken by December for admission for the following fall. It is advised that the test be taken in June or October.

MCAT:
Prospective medical students must take the MCAT in order to be considered for admission into medical schools in the U.S. and many in Canada. In addition to testing the knowledge of subjects such as general and organic chemistry, and physics, the exam also consists of portions such as physical science, verbal reasoning, a writing sample, and biological sciences.

For senior, Seth Urban, it took a lot of discipline and practice tests to help him prepare for his MCAT. "If possible, take a light course-load that semester so you have plenty of time to study," suggested Urban. Taking an online prep course such as one from Kaplan also helps to practice and prepare.

Remember to take the exam the year you are applying for medical school and register early!

DAT:
The DAT is administered by the American Dental Association and must be taken in order to be considered for admission to dental schools at the graduate level.

According to ada.org, the exam is designed to measure general academic ability, comprehension of scientific information, and perceptual ability. The exams, which are taken on a computer at a Prometric Testing Center, test you on natural sciences, perceptual ability, reading comprehension, and quantitative reasoning.

For senior Natalie Luu, the high level of pressure required her to prepare early for the DAT. "It was one of the most stressful tests I've ever taken," said Luu, "you're sitting in front of a computer for 4.5 hours and it's scary because your score pops up at the end. However, Luu added that with the help of her Kaplan prep class, she felt confident and well prepared.

Don't forget that applicants must take the DAT with the ADA and receive an eligibility letter prior to scheduling a testing date with Prometric.

If you are a student who will be taking a standardized test in the near future, remember to always ask questions. It's a good idea to ask people who have already taken the exams and get some helpful advice. Good luck!
While Sipping a Cup of Java... 
the sky cries

Christine Le
Pacifican Poetry Columnist

Last Thursday we felt the first downpour of the semester. Despite getting slightly drenched, I enjoyed seeing and feeling the return of these falling drops of condensation, as I’m sure of some you did as well. There’s something about the rain that stirs up some emotion inside us, especially when it hasn’t rained for a while. Often it can evoke the blues, or even a bit of fear. For Nicaraguan poet Claribel Alegría, the rain stirs up endless memories. As you read her poem “Rain,” pay attention to how her recollections seem to come back quickly. Most likely you’ll get this feeling by the time your eyes fall on the third line, and you’ll start to visualize bubbles of memories emerging from one’s head.

Look at how the poet calls even more attention to her memories resurfacing speedily, with the subsequent line: “It’s as if the rain had pierced my temples.” Hands down, this is my favorite image in the entire poem. Instead of blood spilling, which one would expect from pierced temples, memories are “streaming chaotically.” Not only does Alegría emphasize the rampant return of her reminiscences, she makes us see the rain as this vigorous, powerful force that can evoke memories in a rather violent way.

Notice also, reader, how the lines are short. This is a simple technique you can use to convey a sense of rapidity or even franticieness when writing your own poetry. As we know, Alegría has this in mind. Her brevity in lines therefore intensifies how swiftly her past returns.

Observe one example: “ambush / whirlwind / spurt.” These lines not only add to the feeling of acceleration because they are one-word lines, but also because their content has to do with stimulus and rush.

As you can see, these three lines come after Alegría tells us that her memories show her a “senseless world / a voracious world.” Even though her reminiscences of the past lead her to this insight, it is the rain that evokes these memories in the first place. Thus, if precipitation is what instigated her new awareness, it can very well do the same for you.

So the next time the sky cries, take a moment to watch, hear, smell, and even taste its tears. Coincidentally, Alegría mentions the five senses at the end of her poem. Use them to experience the rain and possibly some memories that just may enlighten you.

Rain

Claribel Alegría
Translated by Margaret S. Peden

As the falling rain trickles among the stones, memories come bubbling out. It’s as if the rain had pierced my temples. Streaming, streaming chaotically come memories; the reedy voice of the servant telling tales of ghosts.

A gleaming pebble from constant rubbing becomes a comet. Rain is falling falling and memories keep flooding by they show me a senseless world, a voracious world—ambush whirlwind spurt.

FUNNY CLASS NOTES

Matt Brady
Pacifican Humor Columnist

Me alone. An empty car and an open road. Me and God in a three door. No police behind Me, traffic ahead. Blake Shelton in the speakers. New shopping mall on the left, older shopping mall on the right. Thinking about elasticity of demand for led-based Chinese toys. Trying not to think about a recent test on the same subject. Watching the traffic. Glazing just a bit.

The track on the stereo changed. Ain’t Easy Bein’ Me. Blake Shelton has the same initials as Britney Spears, B.S. I wonder if he’s ever made the connection. Would Britney Spears have made it in country music? Maybe she should try that genre as a comeback strategy. She could be the un-Dixie Chicks.

Traffic in my lane is slowing. It’s faster in the left lane. I merge into the left lane. The car ahead of me has a “Baby on Board” bumper sticker. I wonder if that makes the baby feel safe. Maybe I should get a sticker like that. I wonder how many people lie on their bumper stickers.


Back under the speed limit. Sure is a pretty sky this time of year. Eyes back to road. Green light turns to yellow. Ain’t Easy Bein’ Me. I calculate quickly. I can’t make it. I shift down and floor the accelerator pedal. I jump ahead. 50,55,60 miles per hour. I’m within fifty feet. I make it. Yellow turns red.

Right foot leaves the gas. Left foot engages clutch. Right hand disengages the gear shift. Left hand drenches against clutch. Right hand pulls on parking brake. Left hand cramps. Tires lose traction. I feel the drift before I lose control.

I lose control. The left turn lane looks at me. Scared and surprised. Very motherly. I look sheepish. I feel shame for nobody seems to notice.

A screech mark stretches twenty feet behind the car. A long screech mark. Maybe you will see it next time you go to the intersection. When you look around at the other traffic and their reaction. No other cars are in sight. I alone. I drive on, with more caution and less sense. Me alone. An empty car and an open road. God in a three door.

Teacher’s Opinions and Student Grades

Heather Breen
Pacifican Copy Editor

It is a common assumption that educators strive to grade fairly, all at the same time. A fair grade is the true reflection of the student’s understanding, knowledge, and application of a certain topic, but it is also meant to be an unbiased evaluation of the student’s efforts and by no means a senseless, expert source. Unfortunately, fair grades are not always given or received. As human beings, we are inherently biased in our perceptions and perspectives which cannot help but to determine our decisions and actions to a certain extent. Luckily, many teachers strive to set aside their own biases and grade in an objective manner.

One way in which Pacific professors grade fairly is by tracking papers and tests with a code until the grading has finished. I have often been asked to write my student ID number in place of my name when submitting essays in my lower-division English courses. A friend of mine has also noted that this coding process is also used in the Indian educational system.

Dr. George Lewis, a faculty member in the Sociology Department, keeps his biases in check by requiring students to purchase bluebooks for tests. When he grades these tests, he folds back the covers so that he cannot link the answers to the student who gave the answer until after he has finished grading. “It takes me longer than some other ways of doing it grading, but I feel better about the results,” says Lewis.

Grade inflation is perhaps one of the most talked about problems in grading fairness today. Grade inflation occurs when a student’s grade is increased in a way that does not reflect the student’s understanding of the course content or achievement in the class. While grade inflation seems to be an increasing trend in our society (one that does not want to fail students or even deem them “average”), it is also seen as a tactic used by insecure professors to secure tenure or long-term teaching positions.

At some institutions, student reviews based on teaching and course content can make or break whether a professor becomes a permanent member of the faculty or a mere fling in the department. If a student receives an A in a professor’s course, it is more likely that the student will give the professor a fair or good rating than one who receives a C.

Grade deflation (quite possibly a term of my own invention) would be the opposite of grade inflation where student experiences an unsubstantiated decrease in his or her grade. This could occur for a number of reasons, either something as simple as a professor TA misplacing an assignment or forgetting to enter in a grade for an assignment in a grade database. More sinister methods of grade deflation include purposely harsh grading or making a change to a student’s grade based on personality conflicts, racial, size, age, gender, or political affiliations.

Ultimately, skewed grades do not seem like a problem on this campus. To comment on your own personal experience with grading fairness, send in your comments to pacificaneditors@pacific.edu. And they will be published ANONYMOUSLY in a future issue.
carpe diem

Doing the horizontal mambo

Maintaining a sexual relationship is significant in maintaining a romantic relationship. Compared to high school relationships, it gives you enough space and freedom without getting tired or bored of the other person, the possibility of more mature partners, and more adult activities to participate in to keep the chemistry alive. On the other hand, having casual sexual relations with others in college will make or break your reputation, so BE CAREFUL.

In high school, you either heard about those freaky couples who would do the deed in the school's community lounge, ignored the safe sex days where the nurse would give out condoms, or was part of the freaky couple that had sexual intercourse on the secondhand sofa. Either way, students have different experiences and viewpoints about dating and sex.

When I entered college, I didn't think too much about "hooking up." But a lot of college students come in, thinking that they will get the opportunity to nab a piece of hot ass. They assume they'll be banging the Southern belle from Texas with the short shorts one night and the party girl in room 234 the next, or hook up with the guy on the water polo team and get to go on romantic dates where the freaky couple that had sexual intercourse on the second base. Nevertheless, it is much better to protect yourselves from common sexually transmitted diseases and other infectious diseases such as mononucleosis, or commonly known as mono. If you are scared of purchasing condoms or any other objects, you can go the Wellness Center and ask for some.

Another important point to keep in mind is to be considerate of others when you engage in sexual intercourse. I have been "sexiled" one too many times, and it is way too awkward to hear weird moaning noises through the thin dorm walls.

You may not necessarily find yourself in a bed every time you flirt with the hot girl from math class or the nice guy who somehow accidentally jumps into you at the library. But relationships in college have a lot of potential for security in the future, and even if you aren't thinking about a stable relationship, there's always the "experimental sophomore year." If you think about it, after four years you may never see them again. In addition, be careful of using dirty jokes to add to your mojo, because most likely, the intended target may conclude that you are a pervert and your chances of getting laid will be diminished.

Ultimately, be careful about who you trust with your body. Once you have sexual intercourse, your body changes and will never go back to the same way it was before. Changes are, the one hot guy or girl you sleep with is a sexual predator, has some gross infection, or just wasn't what you expected. You never know what you're going to get, so protect yourself at all times. Have a close friend watch out for you if you know you will get easily manipulated, because there is no reason for you to fall into irresponsible choices.

Furthermore, if you decide to keep your virginity to yourself until marriage, there are other stress-relieving activities you can participate in with yourself or with others, such as porn and masturbation. Bear in mind that porn and masturbation are not going to decrease any sperm or egg counts, and there is nothing wrong with pleasing yourself once in a while.

Sex is a big deal to a lot of people, but if you play it safe, it may provide you with intimacy and experiences you may never want to forget.

Movie

Snow White and the Seven Dwarfs

Disney's first full-length animated masterpiece features all the elements of a classic fairy tale—a beautiful heroine, an evil queen, Prince Charming...and a septet of whistling dwarfs. 84 mins.

Book

Tuesdays with Morrie,

by Mitch Albom

Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago.

Music

"Shattered,"

O.A.R.

"Day That Never Comes,

Metallica

Tv Show

True Blood

A barmaid's life in Louisiana who can read people's minds is turned upside down when the vampires walk into her place of employment. Two years after vampires 'came out of the coffin' on national television, HBO, Sundays @ 9:00 p.m., 60 min.
Lifestyle

The Inner-Workings of the Pacific Pep Band

Cristy Yadon
Pacifican Staff Writer

Initially, most people attend Pacific sporting events to watch the teams win. However, the excitement level is greatly increased and influenced by the mere presence of the Pacific Pep Band. Benetti Ayala, a junior and drummer for the band, says that their taunts to the opposing team, and of course their musical talent, any game without the Pacific Pep Band is a noticeably quieter one.

The Pacific Pep Band is a student-run group, currently directed by senior Katrina Vallens, managed by Keith Sanpei, advised by Dr. Eric Hammer, and sponsored by General Mills. It is a non-audition group that is open to anyone who plays a wind instrument. Currently it is about a 50 piece group comprised of students who represent 22 different majors—only about half of which are music majors. "We strive for high energy, excellent musicianship, and tons of fun," Vallens said. Anyone who has seen them in action can attest that they achieve their goals.

For how amazing they sound, it is impressive that the Pacific Pep Band only rehearse a few times each semester. They run like a professional organization and expect the players to read the music on the spot and most of the music the band performs is arranged by Pep Band's own members. They listen to the original song, learn it by ear, write it out, and then arrange it appropriately for the band's instrumentation. Brian Leff and George Pas-}

Ophelia Tumer
Pacifican Staff Writer

Cheap Nothing is definitely a band that is not afraid to offend people. The opening song on the album *The Politics of Existence*, "Class Warfare," consists of lyrics such as "Eating the people...Competitive eating, Stale your stomach. Top executive. Make 400 times as much as me." The lyrics of Cheap Nothing's songs seem to be mocking society and trying to expose what is really going on, and not all of it is good. Clearly, they aren't trying to make feel-good songs.

On Tuesday, they released a dual CD set, *The Politics of Existence* and *Women's Body Parts*. *Women's Body Parts* contains some of their older songs, while *The Politics of Existence* is a newer album with songs from around 2007 that is supposedly an interpretation of the Book of Job from the Bible set to music.

Musically, Cheap Nothing is interesting and different to listen to; Malachi Black's voice winds its way around sometimes harsh lyrics that get straight to the point, seemingly trying for a Kurt Cobain rasp at times, especially during songs like "Not My Fault." Their influences seem to be all over the musical map, with country-like songs such as "Death Tax" right next to rockers such as "I Wanna Die." Dissonant musical phrasing suits the sometimes shouted lyrics.

Most of the lyrics consist of short phrases that sometimes don't make sense or are just random words. The lyrics aren't necessarily beautiful, but they are definitely harsh and in your face. Cheap Nothing does not hold anything back with their songs, especially like thebluntness of "I Wanna Die," whose lyrics consist of the title repeated over and over again.

On the other hand, *Women's Body Parts* is an album dedicated to women and to the difficulties of love in general. Scott Comanzo provides the vocals, as well as many other instruments, for this album.

The opening song, "Go Bulls," is about the narrator keeping in school and his experiences with them. "Chlamydia" would have to be the song with the most interesting title on either of the albums; Malachi Black steps in to sing for this sorrowful tale of an STD. Other songs on this album consist of interesting vocals and lyrics aching for certain women, such as the wistful "Glenda."

Scott Comanzo produced, engineered, and directed both albums, along with playing many of the instruments, and one has to applaud him for trying something different. With lyrics that try to explore society and human psyche, albeit in a dark way, and instruments that don't always come together, Cheap Nothing are explorers of the bounds of the rock music genre. If you are in the mood to listen to some experimental and rather eccentric rock music, then check out Cheap Nothing.

For more about Cheap Nothing check out www.cheapnothing.com.

Greek Life

Pike Emphasizes Community Service

Andrew Basham
Pacifican Guest Writer

The Pi Kappa Alpha Fraternity started the flurry of activity and shows no signs of slowing down as the semester progresses. The brothers of Pike have emphasized the need to give back to their campus and the larger Stockton community. In order to accomplish this, they have teamed up with other Greek organizations to organize and volunteer for community service events.

On Oct. 22, the brothers of Pike teamed up with the brothers of Delta Upsilon to hold a Driving Under the Influence (DUI) awareness event aimed at educating students about the dangers of drunk driving. Maryann Pearson, the Victim Advocate with the Department of Public Safety at the event. She underscored the dangers of drunk driving and the effects of alcohol on the body. Afterwards, the brothers of Pike had the opportunity to drive a golf cart through a course wearing "beer goggles," which mimic the impairing effects of alcohol consumption on vision. The event allowed students to realize firsthand, in a safe and controlled setting, the dangers of driving while impaired by even small amounts of alcohol.

The brothers of Pike also used Halloween to highlight their commitment to serving their campus and Greek community. Brothers helped out with the University's Safe Trick-or-Treat event on Oct. 30 by guiding trick-or-treaters down the Big West Tournament. With aims of winning again, the Pep Band is currently working on an arrangement of Disney's "Fantasmic!" arranged by Brian Leff, to perform this year.

Before that, be sure to catch the Pacific Pep Band's First Annual World's Largest Pep Band event, which benefits Second Harvest Food Bank. "They hold a costume contest between the Pep Band and their opponents in the Big West Tournament. With aims of winning again, the Pep Band is currently working on an arrangement of Disney's "Fantasmic!" arranged by Brian Leff, to perform this year.

music review

Cheap Nothing

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Greek Unity

Elizabeth Croisetiere
Pacifican Staff Writer

The Bridge School Concert

Headlines Celebrity Rock Star Showcases Talent

Elizabeth Croisetiere
Pacifican Staff Writer

Last weekend artists Sarah McLachlan, Norah Jones, Jack Johnson and Death Cab for Cutie played for cause; the Bridge School benefit concert which was p.m. to midnight. Each artist played about seven songs which were still well worth the money. There were opportunities to purchase memorabilia, but most items were too expensive for a student budget. Pacific junior, Alexia Casey enjoyed the concert but wished that each band could have played longer. Were screens highlighting the for those sitting far away a trailer bands even interacted and sang along with the act. With great music and a good cause, it was a night well spent.

The Pacifican encourages all Greek organizations to submit articles about their activities! Send submissions to pacificaneditors@pacific.edu.
**Lifestyles**

**New MacBook Gets Attention**

*Andy Lee*
Pacifican Staff Writer

MacBook gets to be the first laptop to use nVidia's brand new GeForce 9400M integrated graphics solution, which Apple touts, "gives five times the performance of the previous Intel X3100 graphics solution" of the plastic MacBook.

The hard drive is now readily accessible for trading up, right next to the battery. The new glass touchpad is buttonless, building upon the tapping principles that the iPhone has utilized, by adding new 3-finger swipes and 4-finger swipes, possible with the increased size of the touchpad.

The new glass display follows the streamlined profile of the laptop, but has been said to be noticeably worse than the more expensive MacBook Pro by being more washed-out.

The MacBook of course, following Apple Inc.'s obsession with svelte products, is now 0.95" thick, down from 1.08" of the plastic MacBook. It is also lighter, now at four and a half pounds compared to the five pounds of the plastic MacBook, possibly due to the switch to aluminum. However, the new MacBook asks a premium over the previous base prices of MacBooks. The previous base poly carbonate plastic MacBook will now act as the base MacBook, to fill the $999 price-point. Getting one's hands on the new MacBook will, however, require the base price of $1299, with a second configuration at $1599. It is currently available now at any Apple Store and the online store.

**Beta Upsilon's Haunted House: A Frightful Success**

*Jwnanna Arieta*
Pacifican Managing Editor

Every year, Beta Upsilon turns their fraternity house to a haunted mansion to raise money for their philanthropy, the Stockton Boys & Girls Club. Students and members of the Stockton community were able to follow guided tour through the house for only $3 or 3 cans of soda.

The haunted house accommodated guests of all ages by having a mild version from 4 p.m. to 7 p.m. for the children participating in Safe Trick-or-Treat, and a more thrilling version from 7 p.m. to 10 p.m. for Pacific students at the rest of the community who were brave enough to enter. This year, with such memorable imitations of Jaws, Saw, and Quarantine, the haunted house was the most frightening it has ever been.

Not only was their house an entertaining success, but the fraternity was successful in raising approximately 400 and 200 cans of food for the Stockton Boys & Girls Club.

"I'm glad so many people came out to support the boys & Girls Club. Their fear has helped many children all over Stockton," says Delta Upsilon's Philanthropy Chair, Bobbi LiDuca.

This year's haunted house has students excited and ready to go again next year. Great job, guys!

**movie review**

Max Payne

*Courtney Wood*
Pacifican Staff Writer

Max Payne is another attempt at turning video games into a movie. Payne, portrayed by Mark Wahlberg, is a cop seeking revenge on the murder of his wife and child. Helping him on his quest is assassin Mona Sax, played by Mila Kunis, whose sister may have fallen subject to the same killer. Beau Bridges plays the part of BB Hendley, an old friend of Payne's father, who has a few secrets up his sleeve. While Payne searches for the killer, he follows the trail of a drug that plagues the streets and ultimately executes his revenge.

To be honest, the movie is slow-moving and the plot is weak. Although the film has an abundance of action, it is difficult to get excited about the gunfire because the characters and plot are so detached from its audience. The characters are not compelling or complex, and Mila Kunis seems to be an especially odd fit for the role of a hard-edged assassin. As prosthetics, the film seems to be an odd fit for the role of a hard-edged assassin. There is little original dialogue and the characters are too serious.

However, the cinematography of the film is vaguely interesting, much more so than the plot. Throughout the predominantly gray and black tones of the film, a few strategically placed colors add popping pieces of eye-candy. In a few scenes, bright snowflakes alluringly swirl around a stark city, which also creates visual interest. Scenes of stylized slow-motion permeate the film, sometimes adding to the action, but at other times becoming a distracting nuisance.

Max Payne will probably attract gamers initially, but even they may not be able to get behind this movie. Essentially, Max Payne proves once again that creating a movie based on a video game is probably not such a good idea.

**EVENTS CALENDAR**

**Saturday, Nov. 8**
Tigers Basketball Hosts Free Community Night

The Pacific men’s and women’s basketball teams will host a Community Night. A coupon is required for attendance, and can be picked up at the Pacific Box Office and at the DeRosa University Center information desk in the front lobby.

The Pacific women's basketball team takes on Melbourne Roos at 5:00 p.m., while the men's team takes on Chico State at 7:30 p.m.

**November 6 - 8 6:00 p.m.**
Pacific’s Field Hockey Team Compete in NorPac Tourney in Farmville, VA

For more information please contact Mike Millerick at mmillerick@pacific.edu or call 209.946.2479

**November 6 8:00 p.m.**
Pacific Theatre

4 luni, 3 septamnări și 2 zile (4 Months 3 Weeks 2 Days) FREE with Pacific Id, $3 Faculty/Staff/Alumni, $5 General Public

**November 7-8 8:00 p.m.**

Forgetting Sarah Marshall FREE with Pacific Id , $3 Faculty/Staff/Alumni , $5 General Public

**November 7 - 9 8:00 a.m. - 6:00 p.m.**
Paul Winter’s Kennedy Debate Tournament - 2008

Contact Martin Bates at mbates@pacific.edu or 209.946.3049.
Tigers Take Down Gauchos

Athletic Media Relations

Behind 18 kills from sophomore Svenja Engelhardt the Pacific women's volleyball team picked up a 3-1 win over the visiting Gauchos on Saturday, November 1. The Tigers kicked off the new month by moving to 7-13 overall and 7-4 in conference action while UC Santa Barbara fell to 10-12 on the year and 6-5 in the Big West.

Set scores for the match were: 23-25, 25-17, 25-23, 25-19.

The Tigers got off to a fast start in the first set, building a 3-0 lead on a kill from junior Mallori Gibson followed by a solo block and a kill from senior Alexa Anderson. The Tigers maintained their advantage until 7-7, then at 8-8 surged ahead again with another three-straight. This time Engelhardt propelled Pacific with two kills and a solo block. UC Santa Barbara, however, nabbed the ensuing four points to take their first lead at 12-11. The set remained close all the way to the end as the participants battled through 10 ties, the last coming at 23-23. With the set on the line, UC Santa Barbara's Leigh Stephenson delivered an ace down the line to give the Gauchos the lead, then a Pacific attacking error surrendered the first set, 25-23.

Set two saw another quick start for the Tigers, jumping out to a 4-1 edge on two kills from Gibson, one from Anderson and one from senior Natalia Tomaszewska. The Gauchos responded quickly, tying the set at 5-5 and taking a 8-6 lead. The Tigers never let UC Santa Barbara get too far ahead and pulled even at 11-11. Moments later, tied 13-13, Pacific took a stranglehold on the second set with nine straight points. Senior Kara Uhl led the run from the service line, connecting with two aces. Engelhardt, meanwhile, accounted for four points converting two kills, a solo block and a block assist with Tomaszewska. The final three came on two kills by Tomaszewska and one from senior setter Shannon Krug to make it 22-13. The Tigers coasted on to the lead, then a Pacific attacking error surrendered the first set.

The third set saw the Tigers struggle out of the break. Falling into an early 4-0 hole, Pacific finally got on the board with a kill from Anderson on the outside. The teams traded kills for several points, until a Tomaszewska kill gave Pacific a 1-0 lead. The Gauchos came off the bench midway through the set to tie it up at 5-5. Pacific responded yet again by scoring four of the next five to take a 11-10 lead into the media timeout. As they had done all evening, the Gauchos rallied to cut Pacific's lead to just one at 17-16, but Krug found Tomaszewska in the middle for her 11th kill of the match to push Pacific's lead back to two at 18-16. Back-to-back Gauc­ho errors made it 20-16, then Uhl delivered her third ace of the match to 21-16. The Tigers rolled to a 25-19 win as junior Mallori Gibson posted a double-double with 12 kills and 10 digs to help Pacific put away the Gauchos. Engelhardt was second in kills with 11 and 10 digs, while senior setter Shannon Krug collected four points. The Gauchos were held to 16 kills and 13 digs in the loss.

The Tigers return to the court on Friday, Nov. 14 as Pacific hosts Cal State Northridge at 7 p.m. in the Alex G. Spanos Center.

Athletic Media Relations


Gibson earned the award by leading Pacific in both offensive and defensive statistics with a .392 hitting percentage and 1.86 digs per set, while blasting a .358 hitting percentage.

Pacific senior men's water polo goalie Brian Domecus was named MPSF Player of the Week for the week ending Oct. 26.

Domecus was named Conference Player of the Week for the week ending Oct. 26.

Mallori Gibson
Earns Big West Player of the Week Honors

Senior men's water polo goalie Brian Domecus of Pacific was named MPSF Player of the Week for the week ending Oct. 26.

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Men’s Basketball Opens with a Win

Crisy Yadon
Pacifican Staff Writer

On Sunday, Nov. 2, the Pacific men’s basketball team won in an exhibition game against the Cal State Stanislaus Warriors. The Tigers opened the season with an exciting performance.

The game started off with the Tigers leading 9-0 in the first four minutes of the game. When the Warriors started to fight back, senior Chad Troyer and junior Lavon Neuville held them off with key three-pointers. At the end of the half, the Tigers were in the lead 39-24.

In the first five minutes of the second half, the Tigers were up 52-30 and with 10:25 left on the clock the Warriors got as close to tying as they would get all game at 55-42. In the end, the Tigers took the win 79-58.

Junior Joe Ford led the Tigers with 11 points and 13 rebounds. Senior James Doran had 12 points and senior Anthony Brown was the only other Tiger in double figures with 10 points. The Tigers out-rebounded the Warriors 47-17.

Pacific closes its exhibition season on Saturday, November 8 when they host Chico State at 7:30 p.m., after the women’s team takes on Melbourne Roos at 5 p.m., in the Alex G. Spanos center.

Athletic Training Tip of the Week

Brought to you by the Pacific Athletic Training Education Program Students

MRSA

Methicillin-Resistant Staphylococcus Aureus (MRSA) is a mutated strain of staph bacteria that is resistant to the antibiotics commonly used to treat it.

Signs and Symptoms: Starts off as small red bump similar to a pimple. The pimples can turn into deep, painful abscesses that require surgical draining.

Causes: The staph bacteria enters the body through a cut or other wound. Serious illnesses usually occur with older individuals with a weakened immune system.

How it is contracted: MRSA is spread by contact with another person or object that the bacteria has contaminated. Meaning that MRSA can even be spread through sweat contact.

Risk factors: participating in contact sports, sharing towels or athletic equipment, having a weakened immune system, living in crowded/unsanitary conditions.

Prevention: Good hand washing hygiene is critical to preventing the spread of MRSA. showering after athletic events and covering cuts and abrasions is also important. Also remember to wash towels, clothing, and athletic equipment daily.

You should inform your Certified Athletic Trainer or make an appointment with a doctor if you may be infected with MRSA.

Have Questions? Please email k Burnettl@pacific.edu

The 30 Minute Workout:
Burn As Much as You Can in a Half Hour

intense cardio activity and burn a minimum of 250-300 calories per half hour. Of course, some of us are just old-fashioned and prefer a nice jog throughout our lovely campus, or a swift job on the treadmill, which is also extremely effective (though it does not burn as many calories as the elliptical does).

Equally important is weight lifting, whether it be five pound weights in three sets of ten, or 150 pound weights for an extended period of time. Weight training is most beneficial as it strengthens your core so that your workouts are easier and so your body burns more calories, by raising your metabolic rate. In one particular case, a young woman began her weight training with a resting metabolic rate of 1,200 calories. By the end of her five-week long training program, her metabolic rate had risen by 400 calories, making her BMR 1,600 calories.

To stay in shape, all you need to do is visit the gym at least five times a week. Definitely include 30 minute cardio session, sometimes followed by time devoted to weight training. Here at Pacific, we are lucky enough to have classes such as Weight Training and Body Sculpting that properly teach us the tools we need to succeed in such cases. My advice would be to get out there and utilize those machines! If not for your health, do it for your mood!
Lance Martin  
Pacifican Staff Writer

NFL

Rejoice Cincinnati Bengal fans! Your football team will not go winless this season. The Bengals beat Jacksonville while Ocho Cinco had a pair of touchdowns prompting him to give Coach Marvin Lewis and quarterback Ryan Fitzgerald a peck on the cheek. I hope he called “No Homo.”

Word on the street is that Daunte Culpepper skipped out on visiting the Kansas City Chiefs for a “better offer” which came from the Detroit Lions. That’s like you running down a girl who offered to give you a sphyllis because you got a “better offer” from a girl who offered to give you chlamydia.

With J.T. O’Sullivan playing himself to the bench, thank God the 49’ers had a bye last weekend to get ready for Arizona. The 49’ers have also shown an interest in Secretary of State Condoleezza Rice for a high-level position within the organization. I don’t know how she is qualified to work for the 49’ers let alone how she was qualified to work in Washington.

If you thought it was bad in Oakland, think of the craziest thing ever: RB Lendale White of the Tennessee Titans has more touchdowns than the Raiders this season.

No. 19 Tigers Fall in Overtime to No. 7 UC Santa Barbara

Athletic Media Relations

The No. 19 Pacific men’s water polo team dropped a tough 11-10 decision to No. 7 UC Santa Barbara in overtime on Sunday, Nov. 2 at Chris Kjeldsen Pool on the Pacific campus. The Tigers fell to 10-16 overall, 0-4 in the Mountain Pacific Sports Federation, while the Gauchos improved to 13-8, 2-2 in the MPSF.

UC Santa Barbara took a 1-0 lead with 6:55 left in the first period on a goal by Milos Golic. The Tigers responded at the 3:27 mark with a score from senior William Milcovich. Golic added two goals in the final 1:30 to give UCSB a 3-1 lead at the end of the first period.

Playing great defense to start the second period, the Tigers held the Gauchos scoreless the first four and a half minutes of the period. The Tigers were able to even score at 3-3 on goals from Mahoney and Delong each scored with 4:20 remaining. Miles Price evened the score again at 7-7, but Pacific scored on goals from Grant Hollis and Mahoney to extend the lead to 9-7 after three periods.

Price scored his second goal with 4:46 left in the game to bring the Gauchos back to within one goal. Kendell Olds scored with 1:13 left in the fourth period to tie the game at 9-9. Both teams could not capitalize on scoring opportunities in the final period to send the game to overtime.

In overtime, the Gauchos struck first with a goal from Jesse Tootell to take a 10-9 lead. Junior Joey Rossi broke a 10 minute scoring drought to even the game at 10-10. Price tallied again with :36 seconds left to give the Gauchos an 11-10 lead at the end of the first overtime period. Neither team scored in the final period, as UCSB held on for the victory.

Mahoney and Delong each scored three goals to pace the Tigers. Golic and Price each had three goals for UCSB. Senior goalkeeper Brian Domecus was outstanding in the cage for the Tigers with 16 saves.

The Tigers are next in action at USC on Friday, Nov. 7.

College FB

Tyronn Willingham is officially out of the coaching business. As a bonus for going 11-32 during his time in Seattle, Willingham, will receive a $1 million buyout and get a new contract to knock his handcap down a few spots on the gold course.

The only thing scarier than the Florida Gators was Omega’s haunted house last Wednesday. Florida is easily the hottest team, and could make a BCS run when they showdown with Oklahoma State the following weekend.

Big game between USC and Cal this weekend, but I could care less who wins.

Sports

Sports.thepacifican.com

Lance Martin

DeSean’s Sports Update

NBA

The NBA season is underway: I predict a Los Angeles Lakers v. Cleveland Cavaliers finals. I know for a fact that the Cavs will make a trade to get some talent around LeBron because they only have two more seasons left before he goes to New Jersey.

I love the Miami Heat commercial for the new Converse Wade 4.

MLB

Rays v. Phillies: I am happy that the Phillies won the World Series as I am happy that I have a midterm and final in PAC SEM 3.