New Method for Treating Tuberculosis

Abby Liao
Staff Writer

Last month Dr. Nejat Duzgun's from Pacific's Arthur A. Dugoni School of Dentistry received a grant for his work on developing new ways to deliver antibiotics that treat tuberculosis. It is estimated that the United States has 25,000 new cases of tuberculosis (TB) each year. Tuberculosis, caused by the bacteria Mycobacterium tuberculosis, is an infectious disease transmitted through airborne particles of people suffering from active pulmonary TB. Symptoms of TB include chest pain, prolonged cough that brings up bloody mucus for more than two weeks, fever, night chills, and fatigue. Currently, a combination of four different antibiotics is used to treat active TB over a span of six months or up to three years.

The problem with the current treatment is the growth of drug resistant strains of M. tuberculosis. Duzgun's developed a new way to effectively transport antibiotics into infected cells. He uses a tiny bubble made of the same material as the cell membrane called a liposome. Duzgun's "smart" liposomes are designed to be specific to the site of infection.

Due to its specificity, the dosage of antibiotics and side effects are reduced. They also have a special coating to allow delayed drug delivery. These liposomes are then filled with drugs and injected into the body for it to travel to infected sites. Because of the liposome's ability to fuse with the cell membrane, these "smart" liposomes can effectively target intracellular pathogens.

Using the liposome-encapsulation method to deliver anti-TB drugs can kill 90 percent of M. tuberculosis within a 48-hour period, while the most potent anti-TB drug currently used only kills 10 percent.

Pacificans Actively Involved with Election

Rachel Freeman
Pacifican Sports Editor

Through the Vote Smart project, a cooperation between the Jacoby Center for Public Service and Civic Leadership and the San Joaquin County Registrar's Office, Pacific Seminar 1 and 3 students will be serving as poll workers in the upcoming Nov. 4 Presidential Election. As poll workers, "students will be assigned to a team at one of the 400 polling places" in the county and "will sign in voters [and] distribute ballots," said Dr. Bob Benedetti, a professor of Political Science, Executive Director of the Jacoby Center, and leader of the Vote Smart Project. To undertake the Vote Smart project, the Jacoby Center assembled a group of nine professors in four departments. Those professors are: Dari Sylvester, Nate Monroe, Qingwen Dong, Jon Schamber, Alan Ray, Paul Turpin, Lisa Tromovitch and Brett deBoer, along with team leader Benedetti.

This poll worker program that Pacific students will be involved with is beneficial because one of the major responsibilities of citizens in this democratic country is to see POLLS, page 2

Parking Lot Traffic Report

Lindsey Ball
Pacifican Copy Editor

With the completion of the DeRosa University Center, many new amenities have been provided to Pacific students: a new dining hall, coffee shop, bookstore, pub, entertainment venues, and meeting rooms. Along with these amenities came a negative impact: parking lot congestion. The constant traffic in the parking lots around campus, especially Grace Covell Hall's parking lot, is aggravating but easily preventable.

Since there is only a small entrance into the Grace parking lot, when classes are out in the afternoon, it is difficult to leave Pacific in a timely manner. Cars have to constantly yield for pedestrians. Some students believe there is a way to better facilitate the flow of traffic, however, and it is to connect the Grace Covell parking lot with the parking lot behind the Quads. There is only a small area of land that keeps these parking lots from meeting. With a connection of See PARKING, page 2

The DeRosa University Center

Photograph by Jessica Lucas

The official ribbon-cutting for the new DeRosa University Center took place at noon last Thursday. The entire university was invited to attend the ceremony. President Donald DeRosa, Vice President for Student Life Elizabeth Griego, and ASuop President Edwin Lindo addressed the crowd. President DeRosa (above) speaks in front of his namesake building as the signature reflecting fountain reflected the day's events.

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a road into the Quad parking lot, multiple entrances and exits will be created into both parking lots.

The Department of Public Safety has noticed the traffic pile-ups at certain parts of the day and has already finished work increasing the number of parking spaces around Pacific parking lots by more than 150 spaces. However, more parking spaces invite more cars to cause traffic pile-ups. Pacific students have noticed the problem and several have strong opinions on the subject.

“If you were to come from Pershing to the parking lot by WPC, it takes 30 minutes,” said senior Michelle Havelly. “The current layout of the parking lot does not enable fluidity of cars. Traffic pile-ups happen easily and they are difficult to avoid.”

The issue of traffic can be directly correlated with the construction of the University Center. Students who frequently need to access the parking lots are beginning to worry that the traffic may cause other issues.

“Whenever I leave in time to class, finding parking makes me a minute late,” said a concerned student.

“[Traffic] is definitely a problem that needs to be fixed. More students than ever are attending Pacific this year. Things like this happen with increased enrollment,” explained an anonymous Pacific faculty member.

Until the problem is fixed, increased enrollment each year at the University will induce increased traffic problems until a resolution is sought.

POLLS, continued from front page

vote, Benedetti said that “this project displays the [voting] process to students so that they can see how it works, its strengths and weaknesses.” The decision to include Pacific Seminar students in the Vote Smart project was a collaboration between the General Education program, the Office of Student Life, and the Jacoby Center. The Director of General Education and Associate Dean of COP, Lou Matz, was an integral part in getting this program off the ground. The committee implementing this program was also made up of Joanna Royce Davis, Dean of Student Affairs and Bob Benedetti.

“The University of the Pacific is committed to experiential learning as a complement to classroom experience. This initiative helps students understand the practical implications of civic responsibility and democratic institutions, Benedetti reiterated on the importance of this program. Prior to Election Day, students are required to attend a mandatory poll worker training meeting. They will then work for pay to be poll workers on Election Day throughout the state of California.
ActivistRecalls
Struggle for
Rights

Ariana Crisafulli
Pacifican Staff Writer

"She is a role model for creating consciousness for the community," said Ines Ruiz Huston of the School of International Studies. Ines was talking about Nobel Peace Prize winner, Rigoberta Menchu who will speak at Pacific on Oct. 21. Menchu won the Nobel Peace Prize in 1992 for her fight for the rights of the indigenous people of Guatemala, her native country. The event will take place at 7 p.m. in the Faye Spanos Concert Hall.

Menchu was born in 1959 to a poor native Quiche family of Mayan descent. She spent her childhood on plantations picking coffee. In her teen years, she became involved in several activist movements including reforming the Catholic Church and the women's rights movement.

In 1979, Menchu began her life's work when she joined the Committee of the Peasant Union (CUC), fighting for peasants' rights. Her father, Vicente, was the first to join after being imprisoned and tortured for allegedly taking part in guerrilla activities. That same year, her father, mother, and brother were captured, tortured, and then killed for taking part in the political movement. Menchu was increasingly active in the movement soon after. She learned to speak Spanish and other languages of the region so as to educate the peasants on the oppression of the military.


Menchu has returned to her native country on several occasions to further the fight for peasants' rights but resulting death threats have forced her back into exile. However, she still continues her work from abroad.

"Rigoberta Menchu is a significant world leader, and to be able to hear her speak is a once in a lifetime opportunity," said Ines Ruiz Huston, coordinator for the event. According to Ruiz-Huston, Menchu has spoken at several other universities and says the event. Ines hopes that Menchu's Pacifican visit will sell out as well.

Due to its clever design and eco-friendly ways, the UC can augment Pacific's reputation as a 'green' campus.

Support
Hands-On
Learning

Gift.

New this fall is the creation of the Student Philanthropy Council. We need students committed to promoting philanthropic giving to Pacific and other worthy causes.

Council members will be at various campus activities spreading the message about the importance of the Pacific Fund, participating as callers for our Thankathon program, and fundraising for the Senior Class Gift.

All students are welcome to attend. Refreshments will be served. For more information contact Kate Hutchinson at khutchinson05@aol.com or through Facebook, the Pacific Fund Office at 209-946-2500, pacificfund@pacific.edu, or drop by Hand Hall 220. Refreshments will be served. For more information contact the Pacific Fund office at 209-946-2500.
Finding a way around $4 a gallon

With gas prices still hovering around four dollars a gallon, it can be difficult and expensive to keep the gas tank full and enjoy the weekend away from the Pacific bubble. Why not save that precious petroleum for excursions outside of Stockton, and find alternative means of transportation around the city? Luckily enough, Stockton offers a plethora of options for getting you where you need to be.

San Joaquin Regional Transit provides shuttle and bus service throughout the Stockton metropolitan area for nominal fees. Routes are plentiful and run frequently, with some shuttles arriving at fixed locations every fifteen minutes. Intercity routes are available as well, ideal for that jaunt to Manteca, Lathrop, Ripon, Tracy and Escalon. Even better, the Metro Express is comprised of a fleet of hybrid vehicles that use far less gas than the traditional bus or shuttle. The Metro Express makes stops at the University of Pacific campus every fifteen minutes and stops at Delta Community College, Weberstown Mall, and several other key locations along the Hammer Lane corridor. If downtown Stockton is your scene, that spare change in your pocket is enough to catch a ride on the picturesque Downtown Trolley. Four fixed routes offer transportation to restaurants and civic buildings such as The Cesar Chavez Central Library, McLeod Park, and the Weber Point Event Center. At twenty-five cents a ride, leave the car in a parking garage and enjoy a thoroughly retro spin through the heart of Stockton.

The San Joaquin Regional Transit District website (www.sanjoaquinrtd.com) has an enormous database of routes and transfer points for almost every possible location in the San Joaquin Valley. Want to get away to the Bay Area for the weekend? Check out the Altamont Commuter Express, which runs from Stockton to San Jose with stops at several points between, including Livermore, Pleasanton, and Great America in Santa Clara. Take the pressure off finding enough cars and drivers for you and your friends and take the train to a day of fun. Keep your eyes peeled for special packages offered throughout the year; past packages have included an all-inclusive game day trip to see the Oakland A’s, and this December ACE will be offering special transit to San Jose’s famous Christmas in the Park festivities. The ACE also makes connecting stops at several BART stations, making a trip from Stockton to San Francisco a snap. All of this information and more is waiting for you at the Altamont Commuter Express website (www.acerail.com). Of course, if none of these options do the trick, there are a multitude of taxi and cab services, all ready to shuttle you around the city, and all just a phone call away.

While Stockton provides a fair amount of public transportation, its accessibility is somewhat lacking. The website for San Joaquin Regional Transit can be difficult to navigate, and pdf files of maps and schedules can take several minutes to load, even with high-speed internet. The Altamont Commuter Express website is far more manageable, however its lack of a student discount is somewhat disheartening, and few students seem to be aware of the train’s existence entirely. However, a little patience and additional effort are all that’s needed to mitigate these minor annoyances.

Here at the Pacifican, we are committed to bringing Pacific students options to help maximize their time and budget. The next time you need to head out to Stockton or the Central Valley at large, put down the keys and pick up the phone. Give one of these great public transportation providers a call. You’ll save some money, you’ll save some gas, and you might just have some fun doing it.
Matt Brady
Pacifican Humor Columnist

For a small private school in the third most polluted county in the nation, Pacific sure has a big campus. Call me indolent, but the trek from the Eberhardt building to South Campus is strenuous, especially for an out-of-shape junior whose most demanding daily physical activity is at the breakfast table.

Especially when the arduous journey is packed in the ten-minute break between back-to-back classes.

Especially when the professor in the first class falls in love with his own eloquence and forgets the time.

For the last month I have made like Usain Bolt and hoofed my way cross country with all collegiate alacrity. My folds sway, my breath puffs and I get to class smelling like a gym locker and looking more moist than Taylor Swift at the ACM awards, but I’m not tardy.

It does, however, remain a mystery why all the seats around me are vacant. A friend told me to purchase a skateboard. What a Californian suggestion. I suppose I should also pick up a pair of thongs and a bandanna as well? Watching me stumble through campus on a surf board with wheels, causing more property damage than OJ Simpson at a Las Vegas memorabilia dealer, might be funny in a kick-in-the-crotch sort of way, but it isn’t any more appealing than running. And I’m not convinced that scraps are superior to sweat.

Matt Brady
Pacifican Humor Columnist

The answer came to me while listening to Weird Al the other day: why not roll on a Segway? I’m already “whiter than sour cream,” what harm would the world’s first self-balancing human transporter do?

Segways, for those of you who are too hip to be up on the Silicon Valley’s most glamorous vehicle on two wheels, are personal transporters powered completely by green power.

Depending on the model I purchase (a proposition that will cost me around $6,000), I will be able to attain speeds of over 11 miles per hour.

Just think: at that breakneck pace, I will be the punctual Kahuna on campus.

The Segway is also dangerous, which I like because that might rub off on me.

It’s the perfect craft for the Pacific student. So when you see a poorly adjusted white boy whizzing down the pedestrian walkways at treadmill speeds, know that I will be on time to class. Eat it Usain!

Perspectives
Funny Class Notes
My Way or the Segway!

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While Sipping a Cup of Java...

Subprime Mortgages Twist Our Thoughts

Christine Le
Pacifican Poetry Columnist

Needless to say, the current financial crisis has the nation grumbling. Although the bailout rescue plan has been approved, most of us are still upset due to the tax increase this plan entails. I figured a bit of satire poking fun at the subprime lending that is responsible for our financial mess could help ease the disappointment, at least until you finish reading this column.

This week's poem "Occupation" is by Suji Kwock Kim, one of America's youngest contemporary poets. As you read this poem, you'll be disturbed by the image of a house made entirely of humans. The idea of hammering "bodies into the earth like nails" and a roof made of human ashes causing "human snow" to fall is something you wouldn't expect to see even in the creepiest of horror movies.

The majority of Kim's poetry centers on the 1950 Korean Civil War. One could guess, then, that the soldiers in this poem's first line are the ones who fought in this conflict. One could also infer that the bodies the house is built of are South Koreans killed by North Korean communists, when parts of S. Korea became dominated by N. Korea.

So how does a poem about an unimaginable war crime have anything to do with the subprime crisis, you ask?

After reading it, I thought of how the only object in a poem is a house. This led me to read the poem in the context of foreclosures resulting from the subprime mortgage problem. To specific, I read it as a satire of the subprime crisis.

Here's how my satiric interpretation goes: With the soaring interest rates from subprime loans causing many to lose their homes, the poem shows people resorting to digging up human corpses, using them to build their own homes. That way, they also wouldn't need to pay any mortgage payments as the secretly made "houses" were never, could never, be put on the market.

Relax; remember how I said this was my satiric interpretation? It is pretty safe to say that such insanity will never become a reality (thank goodness), no matter how bad our economy gets.

But notice the humor that comes with satire's sarcastic tone. It is this sarcasm that comically exaggerates how people would react to the crisis. Through this, satire deliciously ridicules and pokes fun at those money-hungry subprime lenders!

**As a disclaimer, Kim's poem is in serious rendering of the Korean Civil War, and my interpretation is not meant to diminish the horrors of this tribulation.**

Has it Really Been Ten Years?

Alex Ruano
Pacifican Assignments Editor

The world has changed a lot in the past ten years. Most of us were still in grade school back then and probably weren't paying a lot of attention to what was going on. Back then few people had cell phones. Once you made plans for the night you had to stick with them because there was no easy way to change them once you committed. Myspace and Facebook did not even exist; it was all e-mail and IM's and virtually no social networking. Dial-up was still common with high speed internet a little too expensive for most homes. Google was founded and Viagara was first put into production. Regular MP3 players were big, while ipods had yet to be created. Gas was, on average, a dollar and fifteen cents per gallon. Jerry Springer and all those reality TV judge shows were big hits.

In music, it was a big time for boy bands and a few household names. Britney Spears debuted in 1998 with her first single “Hit Me Baby One More Time.” The boy band groups N'Sync and 98 Degrees were in their peak, while Madonna returned to the music industry with her album “Ray of Light.” The Spice Girls disbanded due to Geri Halhwell's decision to split. Brandy and Monica came together to get their duet “The Boy is Mine” which held the number one spot on the Billboard Hot 100 chart for thirteen weeks. The United States Congress passed the Sonny Bono Copyright Term Extension Act which gives the entertainment industry 20 more years of exclusive monopoly on all of its works created since 1923. A few bands still around today got their start in 1998: The Strokes, Coldplay and 30 Seconds to Mars are a notable few.

In movies a few cult classics and a few obnoxious blockbusters made it to the big screen. The top grossing film in 1998 was the Bruce Willis flick, Armageddon, which had Aerosmith singing the main theme “I Don’t Want to Miss a Thing.” Cult hits The Big Lebowski, Half Baked and The Faculty and Half Baked premiered that year. A film shot right here at Pacific, Dead Man on Cam made its way to the big screen in the summer of 1995. Lindsay Lohan had one of her first movie roles in remake of Disney's The Parent Trap and Vince Vauz cast was as Norman Bates in the remake of A. Hitchcock's Psycho.

This was also the year our former president, Clinton, denied he had sexual relations with Monica Lewinsky. We also saw the first United States bud surplus in thirty years and the new twenty dollar bill with the bigger heads on them went into circulation.

It's interesting to look back, but I wonder how people in ten years will look at how life is now in 2013 and wonder how we got by with some of the ancient things we use today.

Boys at Pacific Lose Their Playing Time

Seema Ghatnekar
Pacifican Perspective's Editor

Pacific's campus has changed a lot in the past few years. Most of these changes have been beneficial, but some things have been taken away that many students do not approve of. Male students regret the loss of the outdoor basketball courts. Before the construction of the University Center, there was a wide, open field where the new "lawn" of the UC is located, and there were also a few basketball courts at the site of the UC. Two years ago, many students would gather to play basketball, football, and soccer, amongst other activities where the UC is now located. With the loss of these outdoor recreational sports, some students find that there are no opportunities to play sports on campus.

Senior Evan Berbano explains, "They should bring back the outdoor basketball courts because they provide students with 24 hour access to stress-relieving athletic activities. Currently, there is only limited access to the main gym when someone from the rec-sports department is available to open the gym. Having these outdoor facilities would be a low-cost addition to the school that can keep students happy and give them something to do." Though we do have the gym available on campus, it is open for only limited hours, especially on the weekends. Perhaps Pacific could consider giving students some more space to play, as we all need to have a little fun!
Dear Lucy,

At one time or another, we all have to deal with a strange roommate, so don’t feel like you’re alone. Is this someone that you were friends with before you moved in together or are you just getting to know her? If this is someone that you didn’t know previously, you could just be getting to know her true personality. Some people are less social and prefer to be alone- no need to take it personally.

Regardless of whether you knew her previously or not, though, she could just be initially shy. For example, when you first start any kind of relationship with someone, you don’t show them everything about you the first time you meet. It takes time to get comfortable and slowly you learn more and more about the person. Her reserved behavior could just be temporary and within a few weeks, she might be a whole new person!

In the meantime, there are some things you can do to make her more comfortable. When possible, leave your room door open so that if she does want to talk or hang out, she’ll know that you’re available. You can also invite her out to do something that you know she enjoys. Maybe you two can grocery shopping together for your house and it will give you some non-awkward one-on-one time to chat and get to know each other. It just might help!

Sincerely,

Jane Jones

If you have need any advice from Jane, send any of your questions, comments, or concerns to JustAskJaneJones@gmail.com.

Is Going Under the Knife Worth it?

According to kidshealth.org, there is a difference between the teenage psyche concerning plastic surgery and that of the adult. Teens tend to focus on changing what they feel is wrong with their physical appearance. Adults tend to get plastic surgery in order to stand out in a crowd, basically for attention. The real question is when it is necessary to do without plastic surgery and accept the insignificant flaws.

Let’s face it, the vast majority of young people are insecure about their bodies. Young women, in particular, are constantly exposed to the image of female perfection in the media. Although this sounds cliche, but it is the cold truth. Women look specifically at the parts of their bodies that are not quite what they see on magazine covers and believe them to be flawed.

As of 2007, according to statistics provided by surgery.org, the number of cosmetic surgeries performed were ten times that of 1997. 11,700,000 procedures. The number one procedure as of 2007 was liposuction and the number two procedure was breast augmentation.

One other fact that is not shocking is that thousands more women every year get plastic surgery than men. 10 million procedures were performed on women and only one million were performed on men as of 2007.

Given the statistical evidence, women, especially young women certainly feel more pressure to perfect their appearances over men. 8,000 girls under the age of 18 had breast augmentation surgery in 2007. This shocking because girls who are not even finished developing are going and getting their breasts surgically enhanced. I feel that America’s obsession with plastic surgery and the “ideal” image of the female body is proving to be detrimental to the self esteem of young women everywhere. In 2007, Americans spent eight billion dollars on cosmetic surgical procedures. For American citizens to be spending that much on cosmetic surgery, means that most people are preoccupied with physical appearances. The scary part is young people are taking airbrushed, technologically altered photos from movies and magazines as a blueprint for what they wish to look like. Research has shown that breast augmentation surgery leads to a psychological boost in addition to pleasing aesthetic results.

Perspectives

Just Ask Jane

Hi Jane,

I’d be so grateful if you can give me advice on something that’s been on my mind for quite some time.

I’ve been having this recurring dream where my boyfriend has just broken up with me. Every time this dream occurs, it’s always in a different place. One instance he would be breaking up with me while we’re eating dinner at a restaurant. Another time would be while we’re chilling on the couch, and another time would be in the middle of watching a really good movie at the cinema.

The strange thing is that my boyfriend of 1 year and I are doing great. We have no problems really in our relationship, and we hardly ever get into fights. I never feel scared about losing him because we get along great. So why am I having this recurring dream? It’s worrying me. I’d appreciate any advice.

Sweet Dreams!

Sincerely,

Jane Jones

Dear Pacific Student,

Dreams can be frustrating because they seem so real, and yet we have almost no control over their content. In an interview with psychiatrist Dr. Philip Muskin on CBS.com, he explains that recurring dreams can be triggered by the smallest things, an often not the things we would expect. For example, since things are going so well with your boyfriend, the two of you might discuss your future together. Your dreams could just be your imagination’s way of wondering what things might be like if you two were to not have a future together.

An initial reaction might be to assume that you have some deep resentment of your boyfriend or that he is going to break up with you. Obviously, due to the circumstances of your relationship, this is not the case. Your dreams cannot predict the future and you just have to trust that your mind asleep is more creative than you will ever be awake. In other words, don’t worry. Your dream could mean nothing at all.

To stop these reoccurring dreams, try and focus your mind on something else before bed. Perhaps you could watch a funny movie or read your favorite book. Then, hopefully, your mind will have something else to think about before you drift off to sleep.

Sweet Dreams!

Sincerely,

Jane Jones
The Republican

Ruben Moreno
Pacifican Staff Writer

For years the Republicans have made attempts to decrease the importation of oil from the Middle East. They have voted for measures that would allow us to drill oil from regions of the U.S. that would not hurt anyone or anything. If oil were drilled, the cost of gasoline that is already going down would take another hit and go down a bit more making us less reliable on energy from foreign nations. In this election, energy has been a spotlight issue and the next president in office will have to address it and act on it accordingly.

Another issue that has appeared on the table is tax reform and the economy. For the last eight years, we have witnessed a growth in our economy, with the help of President Bush. With the recent happenings in Wall Street and with the ongoing mortgage crisis, many feel disheartened and some may have their financial future on the line. McCain has been committed to helping those who do work hard for their money. Recently, he has advocated the Federal Deposit Insurance Corporation insurance that is stuck at $100,000 to increase to $250,000. He is committed to cutting the outrageous spending that has been going on for the past decade, and he is committed to stabilizing our economy while at the same time keeping the government out of our lives.

McCain has a voting record that shows he has been living up to his speeches since he has appeared into the political arena. He has not voted on taxing middle class families only making $42,000 a year as did Barack Obama. On taxes, McCain continues discovering ways of saving the money of the American people. Throughout history, Democrats have been pinching into the wallets of the American people. The real change they want is the one in your pocket. With these desperate and horrid times of our financial crisis, shouldn’t we elect a president who is ready? One of the first answers in helping to save our fiscal crisis would be not to add taxes, but to cut them, leaving more money in people’s pockets. Fiscal responsibility is really the main issue and McCain promises this change.

We must also get government’s fiscal house in order. American workers and families pay their bills and balance their budgets, and I will demand the same of the government. A government that spends wisely and balances its budget is a catalyst for economic growth and the creation of good and secure jobs.”

Ally Mengarelli
Pacifican Staff Writer

The Democrat

We must elect Barack Obama, a great leader with the power to make changes where change is so desperately needed. America, this man is our last reliable on energy from fossil fuels.

Another issue that has occurred for the upper class is the President’s lack of action. This article will mark the first into a step-by-step plan detailing what Obama plans to do to better our country.

First and foremost, Obama will provide tax relief for the middle class. This is especially beneficial because while the Republicans have always put power, major tax breaks occur for the upper class, leaving the middle and lower classes to pay for the difference. Obama will provide a tax cut for working families, eliminate income taxes for seniors making less than $50,000, and simplify tax filings for the middle class.

To jumpstart the economy that Bush has so thoughtlessly destroyed, he will enact a program which will set into place a windfall profits tax on excessive oil company profits to give families an immediate $1,000 emergency rebate, which will help families pay rising bills. This is just a start to the Obama-Biden plan to provide middle-class families with at least $1,000 a year in permanent tax relief. To further benefit the economy, Obama will provide fifty billion dollars to jumpstart the economy and prevent about one million Americans from losing their jobs.

Obama is a man dedicated to making sure that the middle class is treated fairly and that no one is unaffordable to afford to live in America. He is also the only candidate with solid, beneficial solutions that will most definitely improve our economy. If we vote McCain into office, we might as well be voting in another four years of the hell we went through with Bush. Barack Obama, however, is a man who is strong in his convictions and will do everything in his power to ensure our economy is in better shape. He is a leader that can and will relieve this country of the turmoil it has undergone within the past 8 years.

"This is the first of many articles detailing what exactly Obama will do as President of the United States. The first issue I will discuss is what Obama will do to help boost the economy.”

*This is the first of many articles detailing what exactly Obama will do as President of the United States. The first issue I will discuss is what Obama plans to do to better our country.

hope to help pick our great country up from the horrible state it’s in (both economically and politically). So what exactly will Obama do to make sure our nation is back up to its full potential? His plans for change are extremely well-thought out and ready to be put into action. This article will mark the first into a step-by-step plan detailing what Obama plans to do to better our country.

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"This is the first of many articles detailing what exactly Obama will do as President of the United States. The first issue I will discuss is what Obama plans to do to better our country. 
Interested in meeting alumni? Want to generate school spirit?? Join the Tiger PAC! And be

UNIVERSITY OF THE

APATHETIC

no more!!

Leadership positions available
Please contact us at bperry@pacific.edu if you are interested!

Manga/Anime Contest

"Fantastic Four"
In honor of the 2nd annual Japanese Celebration Day!

Manga/Anime artists and enthusiasts, do you want to show off your talent? Now is your chance! The University of the Pacific Library and its co-sponsors invite you to participate in the 2nd Annual Japanese Celebration Day Manga/Anime Drawing Contest. As one of the programs planned for the Japanese Celebration Day on November 15, the purpose of the contest is to promote cultural understanding and appreciation of this unique form of Japanese popular culture.

Scenario: You are the mayor of a city facing many problems. To help your city, you need to assemble a team of four superheroes who each possess a special ability.

Contest: Create a 4-page Manga in color that tells a story based on the scenario of an original team of four characters.

Enter:
through Oct. 24, 2008
Public online voting:
Oct. 31-Nov. 9
Awards ceremony:
Nov. 15, 2007

For more details, visit Pacific's library website: http://library.pacific.edu/contest/

MASTER OF SOCIAL WORK AND GRADUATE PSYCHOLOGY PROGRAMS

Azusa Pacific University’s graduate programs empower you to put compassion into action.
Prepare to make a difference.

MAJOR OF SOCIAL WORK
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GRADUATE PSYCHOLOGY PROGRAMS
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For more information on the MSW Program, visit www.apu.edu/explore/msw/.

For more information on the graduate psychology programs, visit www.apu.edu/bas/graduatepsychology/.
Last week was the long awaited “Ribbon Cutting Ceremony” for our new University Center. The student body was invited and encouraged by ASUOP and President DeRosa at noon for a barbecue to “break-in” the untouched UC lawn for the first time.

The celebration, however, was nowhere near done. The University Center was the forum for honorary receptions and festivity this week which can only be described as compliments to the achievement of the University Center. The entire student body was welcome to come to any and all events. On Monday, Oct. 6, Cesar Gaviria, the former President of Columbia and the former Secretary General of the Organization of American States, was invited as the honored guest by the SIS Gerber Lecture Series. Earlier that day Judges Mary M. Schroeder and Consuelo Maria Callahan of the Ninth Circuit Court of Appeals spoke about gender and the law. Professor Ruth Jones is available for questions at anyone’s behest since she has extensive knowledge on the topic and is more than willing to share that information with you. The next event was on Oct. 7. In the UC Ballroom, Moira Gunn spoke about Technology and Sustainability. Engineering students found the presentation most fascinating and were invited to an "Engineering Dinner" in the River Room. For the following day, Wednesday, October 8, the “Works of John Muir” were presented by Bonnie Gisel, Shan Sutton, Bill Swaggerty, and Steven Joseph in the UC Ballroom. Our campus is known even among institutions of higher learning for the unique collection of John Muir’s original notebooks and other historically significant documents. The modern environmental movement is credited to the work of John Muir. So, that night, all students were welcome to a reception, a book signing, and a photo exhibit in the Ballroom to learn more about the legend of John Muir.

Enjoy You

Tomorrow, Oct. 10, Tiger Nights will be an event you don’t want to miss. University Center will be transformed into the ultimate party with hypnotists, tarot card readers, magnificent light walkers, and the band “Righteous Movement.” Bright and techy, Tiger Nights will be an event you don’t want to miss! Bring your ASUOP cards and enjoy the party.

Also this weekend, Saturday Oct. 11, is the Final Pac in ASUOP for any questions you have about your university life.

Next Saturday, Oct. 18 is Parent and Family Weekend! Parents, grandparents, and family members are invited to campus to enjoy a variety of activities designed for them. For all interested clubs or organizations, we have a variety of events planned to showcase the talents of our student body. We are looking forward to seeing you all at these events!

Look for your ASUOP President Edwin Lindo and Vice President Sophie Zumont in our next issue!
Senate: do you know who your Senators are?

In Yogan
Senator, Pro Tempore/ Senator-at-Large
Year: Senior
Hometown: Tracy, CA
Major: Business Law

I decided to join the ASuop Senate because I want to improve certain things on campus regarding public safety and student retention. In fact, I am a music producer and am currently rapping up my album “Life In 3D” which will be coming out on November 11 and we are having album release party on November 14 at the University Center ballroom. You better be there!

Marco Stefani
Senator, Conservatory of Music

Hello! My name Marco Stefani and I am a vocal performance major in the Conservatory of Music. I came to Pacific from my hometown, Mantanto, California. I was elected as the Conservatory Senator after winning the write-in vote in last February’s election. I gladly accepted the position after having served as a senator within Conservatory’s student government. Along with serving in the ASuop senate I am also a member of the ASuop Funding Board Committee for ASuop. I am able to answering any questions and/or discussing comments/concerns that you may have. You can contact me at m_stefani@pacific.edu.

Florence Tan
Senator-at-Large

I’m from Rocklin, CA, about 30 minutes west of Sacramento. I was born in Indonesia. I am currently a junior and my major is Pre-pharmacy. I am in the 3+3 Pre-pharmacy program. I joined the senate because in high school I was very active and I was a part of everything from cross country and theatre to student government and CSF. Since I started college, I have been so busy with school that I haven’t had the chance to be a part of something and be more active. So I decided to run for senate because I would like to become more involved with the school and be able to learn more about what goes in the school outside of classes and studying.

Kristal Leonard
Senator, School of International Studies

Hometown: Wasilla, AK
Year: Sophomore

I wanted to join the senate in order to represent not only the students of the School of International Studies but also the Pacific body as a whole. ASUOP is a place where decisions are made that affect every student that attends Pacific and I knew it would be an honor to be a part of that process and contribute my input.

Hunter Tanous
Commissioner for Campus and Cultural Affairs

Hometown: Carmel, CA
Year: Sophomore
Major: International Relations

Veena Vaidyanathan
Senator, College of the Pacific

Hometown: Arcadia, FL
Year: Junior
Major: Pre-Dent

with ASUOP

8:00 p.m. to 10:00 p.m. This month’s Tiger Nights is a fantastic show coming to you by your Entertainment department of ASUOP. The entire building will be abuzz with ASUOP has University Center. The entire building will be abuzz with exciting events brought to you by your ASUOP. The entire building will be abuzz with exciting events brought to you by your ASUOP.

Pet Noone- Communications Commissioner
Phan- Campus-wide Committee and Involvement
Perez- Senator, T.J.L. School of Pharmacy and Health Sciences

If you were unable to contact these individuals in time for this
carpe diem
Pearls of wisdom

It is Wednesday afternoon and I am craving something sweet and fruity.
Jamba Juice? Nah.
Frozen Yogurt? Too cold.
Boba milk tea? Perfect.

I was first introduced to tapioca pearls, or more informally known as boba, in my senior year of high school. Ever since then, I adored these small, surprisingly tasty spheres of flavor. If propositioned for a visitation to the bubble tea store, I cannot refuse.

At random times of the week, I will find myself craving these delightful small tapioca balls, immersed in different pleasant drinks. Compared to the other desserts I mentioned, boba is naturally sweet and healthy to consume, and will not result in a horrible trip to the bathroom because of my lactose intolerance. These chewy pearls also can be paired with a variety of flavors and drinks.

One of my favorite boba drinks is the avocado slush with extra boba, the tangy taste of the avocado blending in with the sweet gummy pearls of tapioca to create an enchanting experience that always make my day. I recommend trying the volcano slush at Lollicup at Lakeshore Plaza, which features slush with three different layers of flavors.

Tapioca pearls, or more informally known as boba or bubble tea, have become popular due to their three different layers of flavors. Boba milk tea? Perfect.

Frozen Yogurt? Too cold.

Southern California company Lollicup during the last decade. Bubble teas have gained recognition throughout California, making way for boba parlors such as Quickly’s and Tapioca Express. Recent additions in stores feature warm treats, including fried chicken and dumplings, as well as internet access available after purchases.

Another surprising discovery is that you can even purchase your own tapioca pearl drink making kit online!

These drinks are also found in the beverage menus at various Asian restaurants, which makes boba more freely available. In some Vietnamese restaurants, there are similar beverages that feature red beans, green jelly, and a mother load of other appetizing desserts in a cup. These drinks are the “mother” of the tapioca pearl drinks.

Tapioca pearls even come in a smaller size called mini-boba in some stores, which do not require the hassle of chewing and are sometimes actually used in tapioca rice puddings.

So, what are you waiting for? These drinks are inexpensive, and they taste good. Why not have a taste of Asian culture and see if boba appeals to your taste buds?

Greek Week 2008

Thursday, October 9, 6:00 p.m.
Blind Leading the Blind
Obstacle Course, WPC Lawn

Friday, October 10, 6:00 p.m.
Chariot Races on Brookside Field

Saturday, October 11, 11:00 a.m.
Final Relay Race on
Brookside Field/Theta Chi

Come and support your social Greek organizations!

Puzzles

Fill in the blank squares so that each row, each column, and each 3-by-3 block contain all of the digits 1 thru 9.

Answers

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movie
Battle Royale
(Batoru Rowaiaru)
In the future, the Japanese government captures a class of ninth-grade students and forces them to kill each other under the revolutionary “Battle Royale” act.
Rated R, 114 min.

book
Life of Pi, by Yann Martel
A fantasy adventure about Piscine “Pi” Molitor Patel, an Indian boy from Pondicherry who explores issues of religion and spirituality from an early age and survives 227 days shipwrecked in the Pacific Ocean.

music
Jimmy Eat World,
“Always Be”
Little Jackie,
“Black Barbie”

tv show
Chuck
A comedy about young twenty-something spies including Chuck Bartowski, a nerdy computer tech who has a database of government secrets downloaded into his brain, leading Chuck to live a split life of computer geek and secret NSA missions.
NBC at Monday 8:00 PM (60 min.)
Lifestyles

Cultural Club Profile: Vietnamese Student Association

Christine Le
Pacifican Copy Editor

Last semester, you may have been sitting in Faye Spanos Hall watching a colorful cultural show titled “Four Seasons.” This vibrant performance, which consisted of Vietnamese dancing, singing and a fashion show, was put on by Pacific’s Vietnamese Student Association (VSA).

One of the largest cultural student organizations on campus, VSA includes over 50 members from a variety of ethnic backgrounds. The group aims to make the local community, especially Pacific, more aware of the Vietnamese culture by putting on such events as this annual cultural show.

“This is our main event,” said Be Nguyen, publicity officer of VSA. “But it wouldn’t be possible without the help of other Vietnamese cultural clubs from local high schools and temples.”

VSA also works with other VSA’s from various universities in Northern California, notably CSU Sacramento and San Jose State University. These Northern California VSA’s make up the United Vietnamese Student Associations (UVSA).

Besides the cultural show, Pacific’s VSA holds a yearly Pho luncheon. For those unfamiliar with pho, it is a popular Vietnamese rice noodle soup. This year the luncheon will be held Nov. 13 in Grace Covell.

VSA also holds an annual Lunar Festival on campus celebrating the coming of autumn. This year’s festival took place just recently in the McCaffrey Center, serving mooncakes, giving out Vietnamese paper lanterns, and holding a scavenger hunt.

In addition, VSA has movie nights. “One of our goals this year is to hold more movie nights,” remarked Nguyen. “We want to show more documentaries that inform people of the conditions in Vietnam.”

As if all these activities aren’t enough to make VSA an active student organization, the club also participates in local Vietnamese and other cultural community events, as well as campus events hosted by Pacific’s United Cultural Council (UCC). For example, VSA performs a small fashion show at the annual International Dinner on campus.

“Everyone in VSA is really active both in the club and community,” said Penny Mak, advisor of VSA and Administrative Assistant of the Educational Resource Center. “It’s great how all the members get excited for every activity.”

VSA meets Mondays at 8 p.m. in the Presidents Room. “We welcome anyone and everyone to get involved,” stated Nguyen. “This way we can all come up with even more fun activities that will help spread awareness of the Vietnamese culture.”

Photograph courtesy of Christine Le

Vietnamese Student Association members gather at the rock.

Grammar Rules Revisited

Heather Breen
Pacifican Copy Editor

As college students, we hold ourselves to high standards—except when it comes to grammar. Sure, maybe this is an overgeneralization to some students but grammatical errors run rampant on our university campus. It is possible that this very issue of The Pacifican you are holding in your hands has at least one glaring grammatical error, and it is equally possible that other campus publications—like flyers, syllabi, essays, and websites also feature text that violates the rules of English Grammar.

Because everyone could benefit from a refresher course in grammar, I’ve identified some grammar mistakes that I frequently see.

They’re, Their, There:

They’re is a contraction, meaning “They are” as in the sentence “They’re about to start serving dinner.” Their refers to a group of people as in the sentence “It is their car.” There refers to a place or a position, such as “The man is over there.”

Its vs. It’s:

Truth be told, this is still a confusion to me. Its without an apostrophe is a possessive pronoun, meaning that it refers to possession or ownership by the subject of the sentence. For example, “A cat is very sensitive to its surroundings.” Its sensitivity is enhanced by the whiskers on its face.” Observe that its can often be replaced by a pronoun (his or her) or the subject (the cat). It’s is a contraction of the words “it is.” If you can fill in the sentence with “it is” and the sentence still makes sense, the contraction, not the possessive pronoun, is the form to use. For instance “It’s (It is) too early for class.”

Then vs. Than:

Then usually signifies a sequence of events, while than signifies a comparison. For example “Let’s go to the store, then go to the movie” and “This ice cream is better than the ice cream we made last year.”

Class Recommendation

Psychology 105: Experimental Psychology

Heather Breen
Pacifican Copy Editor

The most challenging and enriching course I have ever taken at Pacific was Experimental Psychology. The course, taught by Dr. Breen, stresses the basic components of good experimental research techniques and design.

Course content is geared towards teaching students about different ways to collect and analyze data, as well as how to conduct psychological research in general. All psychology majors must take this course, as it is a requirement for the major and also a prerequisite for most upper-division courses in the department.

I am recommending that the general student body take a course outside of their major and also not a GE requirement, because a course in research design can help students within all majors to better evaluate the world around them.

——continued on page 14

music review

McFly

A release worth your time and money

Cristy Yadon
Pacifican Staff Writer

On September 21, British Pop-Punk band McFly released their newest album, Radio: ACTIVELY. McFly has yet to break into the music scene in the United States, but for anyone who has heard their work, the new album will not be disappointing.

Radio: ACTIVELY certainly maintains the sound and style of McFly’s previous work, but with a new dimension. The most popular song from the new album, “Lies,” has a sound reminiscent of Maroon 5. The rest of the album ranges in its similarities to other bands—from New Found Glory to Good Charlotte to Sum 41.

McFly has a sound and style that is easy to listen to. The new album is thoroughly enjoyable, without any songs that urge your finger to hit the skip button. If McFly is your style, also check out their previous album from 2006: Just My Luck.

Tiger Nights

University Center

Grand Opening

Night of Mystique

8:00 p.m. to Midnight
Kevin Robertson
Pacifican Guest Writer

It has been an exciting first month at school for everyone, and that has been no exception for the brothers of the Pi Kappa Alpha fraternity. From community service to scholarship dinners and even Thailand... the brothers have been having a great time.

In the first week of the fall semester, the brothers of Pike discovered a sick dog that had wandered into their backyard that didn’t have any tags and didn’t belong to any of their neighbors. One of Pike’s brothers took it to the vet, where they discovered that the dog had an ear infection. Money was collected for the dog’s medical needs, while an ad was placed in the Stockton Record in an attempt to find its owner. Luckily enough, the owners saw the ad on the first day it ran, and the dog was able to return to its ecstatic owners.

During the third weekend of the fall semester, a group of brothers including three alumni and a few friends of the fraternity headed up to Yosemite to hike Half Dome. The most interesting part about the trip was that the hikers hit the trail at about midnight and arrived at the peak around six a.m., just in time to watch the sunrise. It was a stunning view, and to everyone who went, a trip they will never forget.

On the following weekend, the brothers of Pike helped out in the community with the Stockton Fire Department, who hosted a “Poker Run and Chili Cook-Off.” The fire department held the event to raise money for their community fund, which benefited several organizations throughout Stockton. It was a great experience for everyone who participated, and Pike was glad to lend a hand.

On September 16, Pike hosted their annual Pike Scholarship Dinner, a celebration they host every fall to announce the winners of two $500 scholarships, which incoming freshmen apply for over the summer. There were numerous outstanding applicants, and the top 12 finalists were invited to the dinner. Congratulations to the winners, Grant Higa and Michael Neudeck, for taking home the award.

Lastly, one of the familiar faces from around Pike is gone – Stuart Pollock, who has decided to take the semester off to go to Thailand to work at a combination of orphanages and schools. Out of the three months that he will be spending there, the first month will be spent teaching and organizing activities for a range of orphaned children from the ages of four to ten. The second month of his trip will be spent teaching English to high school students, and the last third of his trip will be spent travelling the remainder of Thailand, along with some surrounding countries as well.

Despite his absence, the brothers of Pike are looking forward to the rest of the year, and are excited about many of their upcoming events.

Photograph courtesy of Kevin Robertson
Brothers of Pi Kappa Alpha Fraternity on top of Half Dome at Yosemite National Park.

Psychology Recommendation
continued from previous page

This course taught me how data sets are analyzed and transferred into results in a paper. I learned how to read scholarly articles for information and criticism, and also how to better write an academic paper. I learned how to come up with alternative explanations for findings, and also realized that correlations between variables do not always equal causation.

Besides learning the theories behind psychological research design and evaluation, I also had the chance to execute my own research experiment (a course requirement). This applied experience was invaluable because I was able to give scientific terms such as “validity” and “reliability” more meaning than they normally do within the pages of a textbook.

The bottom line is that in our society today, we are all involuntary consumers of the information around us. Knowing about the latest scientific discovery on the news or joining the latest health fad is pointless if we cannot evaluate the information presented to us in an objective and scholarly manner.

For this reason, I highly recommend that all students take a research course while in college. While all research courses will differ on the context in which they are presented in or in the depth of information present, they engage students in critical thinking skills necessary to succeed in all walks of life.

Coming Out Week 2008
Thursday: Safe Zone at 8 p.m., Multicultural Center
Friday: Pride BBQ at 5 p.m.

movie review
Oldboy

Fifteen years of imprisonment...
Five days of vengeance

Devon Blount
Editor In Chief

Korean films don’t make the news much in America. American remakes of Korean films, such as Internal Affairs and The Lake House, usually get all the attention, but in this case, a remake couldn’t do the story justice.

In the past, Oh Dae-Su was a married Seoul businessman with a young child. We are first introduced to him in the present. “I want to tell you my story,” he says to the man that he’s holding just degrees from suicide. “My name is Oh Dae-Su.”

Ironic that his name means, “one rough day at a time,” for he spent the last fifteen years imprisoned for reasons unknown.

Fifteen years with only a television for company can change a man. Not only does Oh Dae-Su emerge from captivity a lonely man, but one hungry for vengeance.

“Laugh and the world laughs with you, weep and you weep alone,” read the painting in his hotel room-like cell. It was not the time for Oh Dae-Su to feel bad for himself, but to retaliate.

Who had arranged his imprisonment and why?

“I have a right to know!” he said at three months of captivity, but his warden told him nothing. “If they had told me then that it would be fifteen years, would it have been easier to endure? Or harder?”

Oldboy follows Oh Dae-Su through imprisonment and vengeance. Unexpected characters, like sushi chef, Mi-do, and grade school buddy, Joo-hwan, guide him through his search for answers. Park Chan-wook’s masterpiece leaves you wondering what will happen next in this story’s progression. Simple quotes like “you can’t find the right answer if you ask the wrong questions” and “be it a rock or a grain of sand, in water they both sink alike,” will have you wondering where the story will go.

Instead of breaking the bank to go to the theatre, rent Oldboy and drown your night in drama and wonder.
September’s Panhellenic Woman of the Month

Rosie Burrell  
Panhellenic Media Relations

Last month’s Panhellenic Woman of the Month was recognized for her academic achievements not only in the classroom, but in her semester on co-op, summer internships, and on-campus job. Mae Odias, president of Kappa Alpha Theta, has managed to balance a full load at work, with all the responsibilities that come with leading an organization of fifty women, while maintaining an average grade point of 4.0 for the past three semesters.

This top scholar has shown her chapter that it is entirely possible to organize time in a way that will allow one to excel in all aspects of life. She is the busiest woman in Theta, often coming home late from the library, and yet still has time for an active social life. Odias is incredibly driven, and has learned how to delegate her time so that she can involve herself in many different activities.

Odias is a role model for Greek women everywhere. People affiliated with Greek organizations are of the busiest people on college campuses. Because there are so many philanthropy events, social events, meetings, and speakers to attend, some may think academics fall behind when calendars get clouded. However, social fraternity and sorority grade point averages, in reality, are higher than that of the all men’s and all women’s grade point averages. It is because of women like Odias who push sorority members to the best of their abilities, that this statistic is even possible.

Congratulations, Mae!

Club Profile: Black Student Union

Ariana Crisafulli  
Pacifican Staff Writer

On Sept. 25, The Black Student Union (BSU) had its first meeting of the year. They met to discuss their new meeting place, which has been moved from Bainminster to the new University Center conference room. All members have agreed that this is a change for the better.

Another topic on the agenda was their first annual lock-in, which was held on Sept. 20. In the lock-in, club members were deliberately locked into a room together, and meant to help members to get to know each other a little before the club began activities for the year.

The club discussed how to deal with the stress of accumulating workloads, and, for freshmen, on how to handle their Pacific Seminar classes. It has been made aware in BSU that some of the non-black students do not have their black history correct and therefore may sometimes appear ignorant in the Pacific Seminar classes.

To combat this type of innocent ignorance without the use of harsh words, BSU members are urged to learn their ancestral history. It should also be stressed that people of other racial backgrounds should be careful not to use false facts but should do the research before backing up an argument so as to avoid offense.

A branch of BSU, the Black Campus Ministries (BCM), is looking to put together a choir. If anyone is interested in joining, the BCM meets every Monday from 8:00 p.m. to 9:00 p.m.

For all new joining members, BSU meets in the University Center conference room on Thursdays from 8:30 p.m. to 9:30 p.m. All students are welcome to join!

Beware: Cold Season!

Elizabeth Croisetiere  
Pacifican Staff Writer

The 22nd of September marked the first day of autumn. As the weather begins to turn colder, it is time to pull out those warm clothes, or you will catch a cold. There are several ways to prevent colds, but if you do catch one there are a few ways to ease your symptoms.

If you live in the dorms on campus there are many opportunities to catch a cold, due to germs spread through doors and communal areas, such as bathrooms and lounges. To prevent spreading these harmful germs, make sure to frequently wash your hands. One convenient way to do this is to keep a bottle of hand sanitizer. Keep this somewhere in your room. The hand sanitizers with aloe help keep your hands from drying out.

Another suggestion is to keep a bottle of disinfectant wipes for small spills or to disinfect your doorknobs and computer. When you take a shower, make sure to wear shower shoes and do not put your loofah or soap directly on the floor. After your shower, make sure to blow dry your hair or wear a hood to keep your head warm to prevent from catching a cold.

If these preventive measures do not work, and you end up starting to get sick, drink Vitamin-C to fight off a cold. All of these methods will raise your immunity and reduce your chances of catching a cold.

For a sinus headache, use a microwave heating pad to relieve pressure. If you do not have a heating pad, you can microwave a wet hand towel. To ease your sore throat or coughing, take some cough lozenges.

However, the best medicine for a cold is to rest. Do your homework in bed and allow yourself some leisure time to be going about your usual activities. Do not work yourself too hard or you will just threaten your immune system and your cold will get worse.

With the cold season quickly coming, take the time to remain cautious. Use the above suggestions to prevent any colds and take extra care to not contaminate other students if you do end up getting sick.

The Family That Preys

Courtney Wood  
Pacifican Staff Writer

Tyler Perry’s latest film, The Family That Preys, is an inspirational piece in which true friendship triumphs over the troubles of two families. The film explores the intertwined lives of two Southern families who experience the trials of infidelity, backstabbing, and economic hardship. The loyal, thirty-year friendship between the matriarchs of the two families keeps them unscathed around them.

Kathy Bates and Alfre Woodard steal the show as Charlotte Carwright and Alice Pratt, the film’s strong matriarchs. While the movie is a little slow moving at times, the solid, heart-warming performances of Bates and Woodard keep it entertaining and endearing.

Perry makes faith an additional theme through Bates, who plays Alice, a devout Christian character, and he balances her piety with Charlotte, who still wants to walk a little on the wild side. The two characters are well-written and their interactions are given vigor through the execution of Bates and Woodard.

So you may be wondering—if it’s a Tyler Perry film, then where is Madea?

Well, unfortunately, Madea is not in this one, but that is no reason to skip it. Instead of appearing in drag as Madea like he has done in past movies, such as The Diary of a Mad Black Woman, Tyler Perry has written himself a small, supporting role in this movie as Ben, the husband of Alice’s daughter. Perry serves as one of the few sensible voices in this movie full of emotions and impulses, who tries to curtail the unrealistic business dreams of his friend, Chris, while also attempting to cool down his wife’s fierce attitude towards her sister. Perry’s small role benefits the film by serving as the character of reason.

The Family that Preys combines drama and subtle comedy in such a welcoming way that the audience cannot help but feel involved in the lives of its characters. The plot seems a little bunched, as though Perry wanted to work in as many subplots as possible, but overall, the complexity is inviting and everything ties together nicely in the end.
Club Profile: Hawaii Club

Eliza Croisetiere
Pacifican Staff Writer

Pacific has many students who come from Hawaii, so obviously there will be a club on campus founded for Hawaiians by Hawaiians. Hawaii Club’s goal is to make students feel at home at Pacific, and you do not need an 808 area code to join.

Elisa Asato, the vice president of Hawaii Club says that the club helps students from the islands to transition, “a home away from home.” Asato comments, “We want [students] to feel comfortable from the first time they step on campus, especially because all too often, college is very unfamiliar to them. We also want to enlighten other non-Hawaiians about our culture and invite them to be a part of it.”

With that in mind, Hawaii Club offers many events for everyone to enjoy. The main event Hawaii Club puts on is an annual, entirely student-run luau. Everything from the dances to the decorations to the food is created by members of the club. This event gives students at Pacific a taste of Hawaiian culture, and allows club members to bond through teamwork.

The club also offers many activities for members to help immerse themselves in “mainland” culture. Members of the club have organized to play intramural flag-football, and other group sports such as broomball, bowling and attending Pacific Volleyball games. The club is accepting t-shirt designs for their annual club t-shirt. In addition, Hawaii Club also hosts off-campus excursions for its members, so be sure to join in the fun!

Hawaii Club is open to all students. From music, dancing, food and games, this club is a way to mesh islanders and mainlanders through fun times and many memories.

The Multi-Cultural Center

Ruben Moreno
Pacifican Staff Writer

The multicultural center of Pacific houses many student activities and gatherings. As a hang-out place and as a study lounge, the center is often utilized by students. The center is home to the Women’s center and the Pride Center, which is where the Gay, Lesbian, Bisexual, Transgender, Questioning, Intersexed, and Ally club meetings are held. In addition, the room also holds meetings for ethnic groups such as ALANA, which stands for Asian, Latino, African-American, and Native-Americans.

The room comes equipped with a pool table, ping-pong table, television, and couches. The location may be used for club meetings with approval from the center. The students in charge of running the location were extremely nice and answered all the questions I had.

The only disappointment for the community center would be the size of the location. Although it holds a substantial amount of students, the size is still limited for major events. However, the spot is ideal for smaller clubs meetings. The smaller environment gives the center a more comfortable feeling. All students are welcomed to enter the center with friends and are welcomed to make new ones.

The multicultural center is on the ground level of the McCaffrey center. The community hours are from Noon-10 p.m. from Mon-Fri. The center is closed on the weekends.

restaurant review

Papapavlo’s Bistro

Abby Liao
Pacifican Staff Writer

Located on the northwest corner of Lincoln Center, Papapavlo’s Bistro offers a variety of Mediterranean dishes.

Papapavlo’s is better known as a restaurant for celebrations rather than on a regular Tuesday night when you can’t decide on dinner.

Soft chatter and dim lighting and of other guests provides romantic ambiance. To me, the lighting was too dim and by the time the sun had set, I was unable to see my food clearly.

The restaurant was small, but the seating arrangement makes it seem roomier and provides ample space between tables for privacy.

On the other hand, the service was above par. On arrival, we were greeted by the hostess who asked us for our preference of seating, of either sitting outside or inside. Our water glasses were refilled and our meals arrived promptly.

I ordered the Gyros Plate ($15.95), which contained a unique blend of lamb and beef, seasoned and broiled on a gas rotisserie. I was expecting something like a pita sandwich arranged in a very delicate manner on my plate. However, it was served as strips of sausage-like meat, seasoned vegetables, and rice pilaf and pita bread.

When I asked for a dessert menu, I was surprised when the waitress brought out a display tray of desserts. They all looked delicious— I wanted to try them all. I ended up getting the chocolate silk mouse cake, which was rich and creamy.

All in all, the food was not very satisfying and too expensive. I do not think I will be returning for a second time.

Papapavlo’s is open from Sun. to Thurs. from 11 a.m. to 9 p.m. and Fri. to Sat from 11 a.m. to 10 p.m.

restaurant review

Spicy Bite

Giovanna Arieta
Pacifican Managing Editor

I ordered my favorite dish, Chicken Tikka Massala. Despite restaurant’s name, they give you the options of mild, medium, or spicy for each dish.

Being the sensitive to spicy foods, I ordered my dish mild and also ordered Roti, the whole wheat alternative to the popular Naan.

Within 10 minutes, I was served with a heaping hot, delicious smelling platter. The chicken was tender and the sauce was creamy and very flavorful. The portion was large and left me with leftovers for lunch the next day.

Spicy Bite is no McDonald’s, but it is reasonable for the college budget. My entire meal cost about $13. At lunch time they have a buffet special: all you can eat for just under $8.

Spicy Bite is located in open from Tuesday to Sunday, Lunch from 11am-2:30pm & Dinner from 5-10pm.

Next time you are looking for a delicious treat, try Spicy Bite. Its yummy food, quick service, and reasonable prices are sure to leave you satisfied.
Students Make Progress: Bringing Wrestling to Pacific

Tori Lam
Pacifican Staff Writer

There have been countless rumors going around campus about a wrestling club. Yet, where is it? Numerous individuals are interested in bringing wrestling to Pacific but none have made an effort to get the club off the ground. As of Sep. 30 the Pacific Wrestling Club has become official. A place and time for practice will be determined soon.

The mission of the Wrestling Club is to expose students to basic wrestling techniques, such as Greco, grappling, jiu-jitsu and other wrestling influences.

Similarly, sophomore, Daniel Salas was intrigued with the start of the Wrestling Club. "When I heard that a wrestling club was going to be formed here at Pacific I was very excited... now that I can now have a place to train with others and meet a lot of new people who enjoy grappling as well."

As Wilborn and Salas have stated, the Wrestling Club will promote out rival performance in their backgrounds of "fighting," hopefully doing the same for others.

For more information, please send inquiry to v_lam1@pacific.edu.
Pacific Promotes Mike Dalgety to Assistant Athletic Director for Internal Affairs

Athletic Media Relations

University of the Pacific Athletic Director Lynn King has announced the promotion of Mike Dalgety to Assistant Athletic Director for Internal Affairs.

Dalgety has handled a number of critical compliance areas as Director of Compliance, working closely with Pacific athletics administration and coaching staffs. He will retain oversight of academic financial aid and will assume finance and budget responsibilities.

"I am very pleased to promote someone as deserving as Mike," said King. "He is a talented member of our team and I look forward to working with him in his new role."

Dalgety served as the Assistant Director of Athletic Media Relations from 1998-2000 and from 2002-05, and left Pacific for academic pursuits. He graduated from Pacific in 1997 with a degree in sport sciences. He is currently working towards his doctorate at Pacific.

Late Surge Comes Up Short As Pacific Falls 2-1 At Long Beach State

Athletic Media Relations

On the road for the second time in as many games, the Pacific women's soccer team dropped its first Big West Conference game of the season, falling 2-1, to Long Beach State on Sunday, October 5. The loss dropped the Tigers to 6-5-0 overall and 1-1-0 in conference play while the 49ers improved to 8-3-2 on the year and 2-0-0 in the Big West.

In an evenly matched contest between two of the top teams in the conference going into the weekend, the Tigers came up just short of picking up their second road win of the week as the 49ers were able to pick up goals in each half to earn the win.

The 49ers jumped ahead of the Tigers early in the contest, getting their first goal of the game in the 13th minute of action on a goal by Hayley Bolt. After a long throw in by Chantel Hubbard got loose inside of Pacific's box, Sahar Haghdan put a shot on goal with an attempted bicycle kick that was blocked by the Tigers, only to find the foot of Bolt in front of the net. Bolt took the chance and put the 49ers ahead by a single goal just 12:18 into the contest.

After playing even throughout the rest of the half, the 49ers got a second strike just 12 minutes into the second half, adding a crucial insurance goal that would prove to be the difference in the game. Playing along the top of the 18, the 2006 Conference Player of the Year, Kim Silos, found herself with just enough cushion from the Tigers' defense to fire off a left-footed strike across the box towards the back post and into the back of the net. With a two goal deficit, the Tigers got their goal back just eight minutes later on a free kick by Kristina Wavomba's team-leading fifth goal of the season. After a foul was awarded to the Tigers deep in 49er territory, sophomore Kyra Ah Choy sent a free kick into the box finding the head of Wavomba for Pacific's first goal on the day.

The Tigers had their chances down to stretch to tie the game with none better coming from freshman Laura Hogan who found herself 1v1 with the keeper after 10 minutes of play in the contest. However, as her shot forced the back of the net, the side official raised a flag, calling the Tigers for offsides.

Defensively, Pacific played a strong game with redshirt-freshman Amanda McNab picking up 11 saves on the day. Sophomore Natalie Wigo picked up a defensive save with 15 minutes to play in the game, clearing out a would be goal from the line to keep Pacific within striking distance.

Pacific's goal was its first on the road at Long Beach since the 2000 season. The loss marks the fourth straight season the Tigers have fallen to the 49ers.

The Tigers will be back in action on Friday, Oct. 10 as they host Cal State Fullerton in Big West play at Stagg Memorial Stadium. Game time is scheduled for 7:00 p.m.

No. 11 Tigers Struggle Against No. 3 Stanford, Fall 10-2

Athletic Media Relations

The Pacific Men's Water Polo team fell to No. 3 Stanford on Sunday, October 5th, 10-2 at Chris Kjeldsen Pool. The loss dropped the Tigers to 8-8 overall, while Stanford moved to 10-2 on the year.

Stanford struck twice within the first two minutes of play to take an early 2-0 lead, behind goals from Drac Wigo and Sage Wright. Wigo announced the promotion of Mike Dalgety to Assistant Athletic Director for Internal Affairs.

With momentum on their side, Pacific began to push hard against the Cardinal defensive front for Pacific was strong. The new doctorate at Pacific.

The teams went back and forth for several minutes, neither team allowing the other to get the wide open shot. Time ran out on the half, with the Tigers trailing by seven, 8-1.

Needing a strong rally, the Tigers entered the second half determined to claw back in the contest. The offense was pushing hard, firing shot after shot on the Stanford defense, and the Cardinal defense was strong. The new doctorate at Pacific.

Peter Sefton added one more for the Cardinal, and Stanford led 5-1 after the first period.

The second period began in similar fashion to the first, with Stanford getting on the board early. Wigo scored two more goals in the first 1:45 of the period to give Stanford a 7-1 lead. Jeffrey Schwimmer added a goal for Stanford with 3:00 left to put the visitors on top, 8-1.

The teams went back and forth for several minutes, neither team allowing the other to get the wide open shot. Time ran out on the half, with the Tigers trailing by seven, 8-1.

Pacific was led by Hollis and Milovich who each had one goal for the Tigers. Senior goalie Brian Domenech faced 11 saves.

Stanford was led by Wigo's six goals.

Field Hockey Shutout by No. 15 California, 3-0

Athletic Media Relations

The Pacific Field Hockey squad suffered its fourth shutout loss of the season, falling to No. 15 California, 3-0 on Saturday, Oct. 4.

The loss dropped Pacific to 1-9 on the season and 0-4 in the NorPac Conference. California, meanwhile, moved to 8-4 overall and 4-0 in conference play.

The Golden Bears got out to an early 1-0 lead at the 11:43 mark of the first half by converting a penalty corner. California's Carolina Bistue fired in a direct shot from the top of the circle. Bistue took the ball after her teammate Kelly York entered the ball and Rachel Moffit stopped the pass.

Defense ruled play for much of the game from that point on as Pacific managed just three shots in the first half and four in the game. California, meanwhile, finished with just six shots in the first half and 15 in the game.

California added two insurance goals late in the second period. Natalie Nurnberg scored both of the Golden Bears' final two goals on assists from Gwen Belomy and Megan Psyllos, respectively.

Sophomore goalkeeper, Christina Niccum recorded 10 saves in the loss for the Tigers.

The Tigers return to action on Sunday, Oct. 12 as Pacific hosts Davidson in a neutral site contest at Berkeley, Calif. at 1 p.m.
DeSean’s Sports Update

Lebron James was at a political rally saying to Ohioans, “I love Cleveland, I love Ohio, and I’m not going anywhere.” I would not take this to seriously if he was a Cavaliers fan, because he was wearing a NY Yankees hat while saying this.

Lebron Livingston signed with the Heat. Shaun Livingston signing with the Heat is reminiscent of Jules and Vincent not getting shot in the Divine Intervention scene from Pulp Fiction. If you don’t believe me, YouTube “Shaun Livingston” and “injury.”

With Baron Davis, Matt Barnes and Jason Richardson gone, is it really a “Golden State of Mind” anymore? (On a side note: Was Monta Ellis really riding a moped?)

MLB

ALDS

Angels v. Red Sox: As a Yankees fan, I find myself cheering for the lesser of the two evils. As justification for hoping the Angels win I have two reasons: 1) My cousin, who I have only met once in my life, is an Angel’s fan and 2) I like the color scheme on the Angel’s hat.


NLDS

Brewers v. Phillies: The Brewers should have a ticket to “BroFest.”

NFL

With the death of Gene Upshaw, football players have been wearing a patch with the abbreviation “GU” on their uniforms. Would they still be wearing the patch if his first name were Frank or Fred?

Running back Ricky Williams, who used to really love marijuana, still wishes he could smoke marijuana. No surprise, once an addict always an addict. That’s like saying, Pac-Man Jones still wishes he could go to a stripper to rub body glitter and cheap perfume on his face. Who doesn’t want to do that?

The worst NFL nickname goes to Michael Turner of the Atlanta Falcons. His teammate, John Abraham, gave him the nickname “MARTA” standing for Metropolitan Atlanta Rapid Transit Authority. Just because Jerome Bettis was named “The Bus” does not mean we should give the nickname “BART” to Frank Gore.

NBA

Lebron James was at a political rally saying to Ohioans, “I love Cleveland, I love Ohio, and I’m not going anywhere.” I would not take this to seriously if I were a Cavaliers fan, because he was wearing a NY Yankees hat while saying this.

Shaun Livingston signed with the Heat. Shaun Livingston signing with the Heat is reminiscent just to get him a piece of cheesecake.

Though Gramma turned in the best finish of the day for his team, his success ended there after falling 7-5, 1-6, 6-4 to Flavio Mollodo of host university, Fresno State.

Starke and Kuehne were each on the wrong end of a sweep in the ‘A’ and ‘C’ Singles Quarterfinals, respectively.

The final hope of the day to keep Pacific alive in the tournament rested in doubles’ play, as Kuehne and Starke were the only tandem alive in the second day of play. In the ‘A’ Doubles round Kuehne/Starke ultimately shared Gramma’s woes during the quarterfinals when they also fell to the host university, Remi Boutiller and Rikko DeVilliers (8-3).

Due to the early losses, Pacific went home and will next prepare for the ITA Regional Tournament beginning Oct. 17 in Berkeley, Calif.
Men's Volleyball to Travel to Canada

Teams from all levels of competition will participate in the Fall warm-up tournament

Athletic Media Relations

The Pacific Men's Volleyball team and head coach Joe Wortmann announced the release of the 2008 UBC Thunderball Men's Volleyball Tournament Scheduled on Monday October 6th. The tournament will be played on October 8, 10-11, at the University of British Columbia in Vancouver, British Columbia, Canada.

The tournament will feature four elite level teams from all over the globe including: University of the Pacific, University of British Columbia (UBC), SKK University (Korea), and Mountain Pacific Sports Federation (MPSF) opponent University of Hawai'i. Each team will play two matches, with the championship and consolation matches occurring Saturday evening.

Each match will consist of best-of-five games, and each game will lie rally scoring to 25 points, with a fifth game going to 15 points.

Host school UBC took home the gold in last year's tournament, defeating TRU for the title. SSK-Korea is one of the world's top-rated volleyball programs, having produced several Korean national team players, as well as garnering four national championships, silver medals, and two bronzes in the last 11 years. Hawai'i proves to be a familiar face for the Tigers, as they face this MPSF opponent twice every year. After winning in four games on Wednesday, the team only got better on Friday. Senior Alexa Anderson led the Tigers with 17 kills, junior Mallori Gibson had 13 kills, and senior Shannon Krug had 41 assists, 2 service aces, 2 kills, and 5 digs.

The Women's Volleyball team is up against UC Santa Barbara at Santa Barbara on October 3 and is home again on October 10, against UC Irvine.

"Myself and the team are very excited for this tournament," said Wortmann. "There will be alot of new faces out on the floor for us; this is the beginning of a new era in Pacific Volleyball, and this tournament will be a valuable assessment of where our team stands in the national scene."

The Tigers start off the tournament on Friday October 10, as they face UBC at 1:00 p.m.