Celebrating Something Special: SIS 25th Reunion

Josh Chipponeri
CONTRIBUTING WRITER

The 25th anniversary celebration of the School of International Studies founding, was a spirited event where the Chervenak Alumni House welcomed alumni of Elbert Covell College, Callison College, and Raymond College along with graduates of the School of International Studies (SIS) this past weekend.

One of the first SIS students and graduates, Selena Spain '91 shared, "I felt like coming to a school in its first year I was going to get a really great experience where the professors and administration were really excited for what they were embarking on, and the plans that they had for the school at the time just seemed to fit what I was looking for, and I liked the idea of a small program."

Among the festivities was a program, "SIS Past, Present & Future," where SIS stakeholders from different eras shared their experiences with an audience which included SIS students, faculty, staff, and other members of the Pacific family. With former SIS emeritus professor Bruce LaBrack as a featured participant, the history of the school was shared with distinction, along with the testimony of the participating SIS alumni.

A different activity that took place was the re-dedication of the Peace Pole, which stands firmly in front of George Wilson Hall, the home of SIS. Howard Moseley '90 and Brendan O'Hearn 92 shared their stories, and the origin story of the Peace Pole along with the significance of the symbol to their time as a student and growth as a person. Later, O'Hearn shared, "We dreamt big, and we tried to act big, and I think that was a pretty good defining spirit of the school and certainly my experience here.

Raymond Great Hall hosted the Brubeck Quintet Concert, where the Brubeck's performed a musically-themed dinner through their jazz selections. The dinner concluded with one more tour through their jazz selections.

Another dinner of the Peace Pole along with the Brubeck Quintet Concert, where the Brubeck Quintet performed a musically-themed dinner. That was a pretty good defining spirit of the school and certainly my experience as a student and growth as a person, Moseley '90 and Brendan O'Hearn 92 shared their stories, and the origin story of the Peace Pole along with the significance of the symbol to their time as a student and growth as a person.

Nicholas Freeman
A student in the School of International Studies, Nicholas Freeman, was awarded the Fulbright Fellowship to teach in Russia next year. This award is offered to individuals who are interested in either teaching or researching abroad and is issued by the United States Department of State. The scholarship, will allow him to teach English-language classes in Russia, and will pay for his travel expenses as well as his room and board while in the country.

"I never thought that I would qualify for something like this, and it really was the professors at Pacific who encouraged me to take language to another level and find new ways to apply and challenge myself, especially Professor Elena Savileeva-Thompson," commented Freeman in an interview with Pacific University about receiving the award.

Freeman had studied abroad in Russia and will be graduating this May with a double major bachelor's degree in Russian studies and international affairs and commerce. Several other students and faculty members were also awarded the Fulbright in the past, in 2010, two students also earned the Boren award issued by the Department of State.

Student Task Force Rally for Free Trade

With student initiatives, becoming a Fair Trade University has become a possibility at the Pacific Stockton campus. On November 17th, Fair Trade USA Business Development Specialist Nora Pittenger spoke at a meeting hosted by the Council of University Social Entrepreneurs regarding Fair Trade and introduced their new university campaign. Today a Pacific Fair Trade Task Force has been established to work to certify Pacific as part of that program.

Fair Trade USA express in their campaigns that engaging in Fair Trade practices effects communities around the world, especially farmers and workers in developing countries, as Fair Trade goods are "fair" for everyone involved. Today more than 10,000 Fair Trade certified products are on sale in stores across America. A tag line that can be found on Fair Trade USA posters captures this message of why they believe in this "fair initiative: "Quality taste for you, quality of life for farmers. Now that's a fair trade."

The five key criteria to becoming a Fair Trade University starts off with the formation of a Fair Trade Committee such as the Pacific Fair Trade Task Force. The next step is to have fair trade products available in university operated outlets and the third criteria are to have these products available for university meetings and events as well. Bon Appetit will partner with the Task Force in this regard for those second and third criteria's. Next the Task Force will work with university officials to help draft a Fair Trade resolution and procurement policy and the fifth criteria is to commit to a Fair Trade education, awareness-raising, and growth campaign across the campus. This will be conducted by the ad hoc task force.

The university campaign of Fair Trade USA aims to utilize higher education to raise awareness about fair trade products on campus. As stated on their Fair Trade University website, the goal of the campaign is to "embed Fair Trade principles within administrative policy and the social fabric of the academic community." The first university in the United States to receive Fair Trade recognition was University of Wisconsin (UW), Oshkosh in 2008 and, currently, there are four Fair Trade Universities in the U.S. Although official university approval will be required before any application is submitted, if the application process were to be completed, Pacific could become the fifth Fair Trade University in the nation.

After learning about the initiative through Pittenger, more than 20 students signed up to be part of the Task Force to certify Pacific. Led by business students Richard

Nicholas Freeman
Awarded 2012 Fulbright Fellowship

Sara Menges
NEWS EDITOR

A student in the School of International Studies, Nicholas Freeman, was awarded the Fulbright Fellowship to teach in Russia next year. This award is offered to individuals who are interested in either teaching or researching abroad and is issued by the United States Department of State. The scholarship, will allow him to teach English-language classes in Russia, and will pay for his travel expenses as well as his room and board while in the country.

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Nicholas Freeman in front of St. Basil's Cathedral in Moscow during his study abroad.
Freedom Week: Discussing Modern Day Slaves

Karla Cortez
COPY EDITOR

On Wednesday, April 11th, University of the Pacific’s Free the Slaves chapter hosted a lecture by L. "Rico" Ozaki entitled “Fighting Human Trafficking: Why UOP Students Should Care And What They Can Do About It.” The talk took place at the DeRosa University Center Ballroom as part of a weeklong series of events celebrating Freedom Week. Rico Ozaki came representing My Sister’s House, “a safe haven for battered Asian and Pacific Islander Women and Children,” but spoke mostly on the topic of human trafficking. Human trafficking is a modern day form of slavery in which people are abducted, forced, or coerced “for the purpose of forced labor and/or sexual exploitation.”

Data released by the US Department of State estimates that 800,000 men, women and children are trafficked across international borders every year, this figure does not include people trafficked within their own nation. According to the Coalition to Abolish Slavery and Trafficking (CAST), the United States is one of the top three destination countries for human trafficking; California, New York, Texas, and Nevada have had the highest concentration of reported cases of human trafficking. The National Human Trafficking Resource Center Hotline (NHTRC) reported last year that they received a total of 19,472 calls nationwide, of those, 1,869 were in California: 3 calls from Lodi and 4 from Stockton.

Those were just the accounts reported. In fact, many criminologists theorize that the dark figure of crime (those crimes which go unreported) could be up to 66% of all crimes committed. “It's important to come to these events because... you don't really realize that sex trafficking is an issue—someone's always like 'oh, that's something that doesn't occur in the States. It's like, you know, a poor country's issue—when really it's right in our backyard. It's important to recognize that it's even here in our own community and to learn about it so you can be more informed,” commented Michelle Mata C.O. ’14, who attended the event with a friend.

The experiences that human trafficking victims have are similar to those of domestic violence victims Ozaki told the students: such as servile marriages, involuntary servitude, and domestic servitude, in addition to emotional, psychological, and physical abuse. Domestic violence and human trafficking victims, usually women and children, often fall under the influence of a “pattern of power and control used by one person over another in an intimate relationship.” These intimate relationships that can develop between victim and abuser often make it difficult to free the victim or get them to admit their own servitude. Abusers often use economic abuse such as debt bondage that cannot be repaid, isolation, emotional abuse, coercion, threats, and intimidation to gain control of their victim.

“DO NOT talk to the victim about his or her situation...” asserted Ozaki, “if you suspect human trafficking... Don’t seek to investigate or attempt to rescue if it might put you, the victim, or your family in danger.” What you can do is “gather information that could be helpful to law enforcement if the victim is at risk of imminent harm; and call the National Human Trafficking Resource Center Hotline to report a tip at 1-888-3737-888.” Ozaki also spoke about resources that we have nearby for human trafficking and domestic violence victims. The Sacramento Rescue and Restore Victims of Human Trafficking Coalition, Opening Doors, WEAVE, and of course My Sister’s House are all local safe havens for human trafficking and domestic violence victims.

Ozaki herself provides important services using her background as an attorney to provide legal counsel for the victims and the organization. “I was always drawn to domestic violence issues...” explained Ozaki who believes students should “inform themselves in order to reach beyond their lives here at Pacific in order to learn about issues going on right here in the Stockton community.”

Chelsea Wood C.O. ’14 agreed in a comment she made earlier as to why she believed that events like this are important for students to attend, “I think everyone should come to events like these: knowledge is power. As college students I think we’re here to learn and that doesn’t just mean the classroom. It means, you know, like real life aspects that we need to be aware of, and I think that just gives us opportunities to see what else is out there.”

Pacific’s chapter of Free the Slaves is just one part of a larger organization known as Free the Slaves, which strives to end slavery worldwide. Pacific’s chapter was successful in hosting an informative event which touches on the tragic reality that slavery still exists throughout the world. Angelina Trolia, C.O. ’14 commented, “I think it’s a great organization and cause and I also made we want to get informed and try to inform others.”

Join Pacific for an Evening of Classical Music

Carrie Fung
STAFF WRITER

On Saturday, April 19, the University of the Pacific Symphony Orchestra will be hosting a night of classical music from the Romantic period. Under the direction of Dr. Waldvogel, the symphony orchestra will be accompanied by the Choral Ensembles (both [Gesang der Parzen, Op. 89] and “Schicksalslied, Op. 54”) by Johannes Brahms and Sibelius. Dr. Waldvogel teaches conducting and music history in addition to directing the Symphony Orchestra.

Two works by Johannes Brahms will be featured, “Gesang der Parzen, Op. 89” and “Schicksalslied, Op. 54.” Nicholas Chang, Management 12, expressed his excitement saying, “both [Gesang der Parzen and Schicksalslied] are about the same story, which is the theme of the fates and destiny.”

Symphony Orchestra will be accompanied on stage by the Pacific Choral Ensembles for the two exciting pieces by Brahms. The Choral Ensembles include the University Chorus, Or (Women’s Chorus), and Pacific Singers, under the direction of Dr. Edward Cetto. Cetto also teaches conducting methods, applied conduct and solfeggio.

One piece by Finnish composer Jean Sibelius will be performed at this concert. “Symphony No. 1 in E major Op. 39” is known for its use of discursive string and woodwind solos.

Various members of Choral Ensembles boast that the tenor section will be a highlight of the night. The anonymous member of the ensemble added that if you do not come for the music, you should come because “Cetto is very attractive.”

The concert is Saturday at 7:30 PM in Spanos Concert Hall. General admission is $8, and $5 for seniors. Pacific students can get in free with their student ID. This will be the last performance from the Pacific Choral Ensembles this year so take this opportunity to hear Pacific talent!
Pacific Celebrates, Remembers, and Fights Back in 3rd Annual Relay For Life

Christine Burke
SPECIAL TO THE PACIFICAN

"Cancer never sleeps," and on April 14th and 15th the Pacific community didn't either as they took part in the University of the Pacific's third annual Relay For Life event. During this 24-hour event 35 teams associated with the University, circled the "track" around the UC area, in an effort to celebrate current cancer survivors, remember those who have lost the battle, and fight back against the rampant disease.

The festivities began on an encouraging note as over thirty cancer survivors took the first lap around the track. To help keep teams energized, many of the laps took on themes, such as "The 60's" where relayers were serenaded by the sounds of The Bee Gees. Throughout the weekend participants continued to raise money as they took part in activities such as "Jail n Bail," karaoke, and even a "Mr. Relay" pageant.

One of the most emotional moments of the weekend, Joe Bick former Marine and cancer survivor spoke as the Relay for Life's Hero of Hope. He spoke as a part of the Luminaria ceremony, in which white bags with the name of a cancer survivor who had passed were lit and lined track. As a five-time cancer survivor who endured over 200 surgeries, most would consider him a true hero. Yet, Bick insisted that the people who continue supporting the fight against cancer are the true heroes. Everyone then took a lap in silence to commemorate cancer victims, their spirits illuminating the track.

By the end of the weekend, Relay For Life raised over $29,000; a tremendous feat that will go towards funding cancer research and cancer support programs sponsored by The American Cancer Society. The support from the Pacific community in the fight against cancer was truly powerful on a night not soon to be forgotten.

Task Force Action Plan for Fair Trade

FAIR TRADE

Continued from Page 5

Dietrich C.O. '12 and Ana Gonzalez C.O. '12 at the time, the Pacific Fair Trade Task Force has coordinated closely with Fair Trade USA headquarters in Oakland to understand the process for becoming a certified Fair Trade University.

The main goal for the Task Force this semester was to begin research on this prospect and to draft an action plan that would allow Pacific to meet the five primary criteria for the submission of the application. "Currently we are talking with Bon Appetit to have more fair trade products available to students, so if you go to the UC or to the Grove you will have options to buy fair trade products," explains Crystal Smith C.O. '12, a member of Pacific's Fair Trade Task Force. "In the future we are also interested in having fair trade products in the bookstore and possibly having the Bon Appetit employees at Pacific wear fair trade attire."

The Task Force has already reached out to campus organizations and individuals for endorsement of the campaign. Organizations that are officially endorsing the Fair Trade University concept are the Sustainability Unit in Student Life, The Multicultural Center, The Council of University Social Entrepreneurs, Phi Alpha Theta, and Pacific American Marketing Association (PAMA). When asked why the Council decided to endorse the plan, Vice President of Operations Shannon Chapman C.O.'14 explained that when Pittenger came to campus for the talk "she opened student's eyes to what Fair Trade is and how it can impact an entire campus."

The council prides itself on working with students to help foster their ideas of introducing new ideas on the university campus, especially with regards to social justice issues," Chapman continued to explain. "We wanted to join this movement when we saw the impact that it can have on our university."

Form the outset, Bon Appetit General Manager, Sia Mohsenzadegan has been very supportive of the campaign and has agreed to fully collaborate with the Task Force. As an initial step forward, he has also offered to host a training session led by members of the Task Force and Fair Trade USA for the Bon Appetit employees so that they can be better informed about Fair Trade.

In a conversation with Jerry Hildebrand, executive director of the Global Center for Social Entrepreneurship, he summed up how the Fair Trade principles coincide with Pacific's core values. "It really is an opportunity for Pacific to put itself on the right side of the Fair Trade movement. We are the kind of university where this idea of social justice really resonates strongly that is why I think we are the right school at the right time for this program."

"One of the things that I have noticed," Hildebrand explains, "is that students at Pacific like to demonstrate their politics in positive ways, and this is a way in which they can show their support for people at the lower end of the food chain getting a fair and decent wage for the work that they do."

This has been apparent in how Pacific students have under taken several research initiatives to become acquainted with Fair Trade from the ground up. Gonzalez was an Ambassador Corps Intern where she worked in Nicaragua during the summer of 2011 with a Fair Trade coffee growers co-op. She also spoke to the Fair Trade USA Staff at a Brown Bag lunch in Oakland about this experience. Currently, she has taken over as the spearhead of the Task Force initiative. Members from the Council also went on expeditions to Fair Trade USA headquarters in Oakland to meet with staff there as well as conducted an Alternative Spring Break trip to Nicaragua to experience Fair Trade on a global level.

For those who are interested, it is still not too late to learn more about Fair Trade USA and how university students can get involved. Although this initiative is still in the research and discovery phase, the Task Force will be spearheading meetings with staff, faculty, and administration representatives to fully evaluate all aspects of this bold move. In this collaborative spirit, together all of the campus sectors can effectively determine how Pacific can become a proactive Fair Trade partner.

Students or clubs who are interested in endorsing the program or becoming part of the Task Force please contact Ana Gonzalez at a_gonzalez4@u.pacific.edu. More information on Fair Trade University can be found on their website at http://www.fairtradetownusa.org/why/universities.

Public Safety

Weekly Report

April 8th - April 14th

Fire

Brookside Road 04.08.12
An officer reported a fire at the apartment complex across from the Townhouses with SFD en route. Officer assisted notifying residents to evacuate.

Theft

Main Library 04.09.12
An officer responded to a report of a stolen backpack containing books and keys. Officer initiated a report.

Suspicous Incident

Princeton Ave 04.09.12
An officer responded to a report of attempted burglary of two vehicles in the 1500 block. The officer contacted the owners who did not want to file a report.

University Reg

Southwest Hall 04.09.12
Stockton Fire reported a male subject bleeding from his leg. An officer and medics responded and subject was transported via ambulance to a local hospital.

Burglary

Dave Brubek 04.11.12
A victim reported her apartment was burglarized. SPD responded for printout and officer initiated a report.

Vandalism

McCaffrey Center 04.12.12
Officers responded to a report of two subjects acting suspiciously in the restroom. Officers contacted both subjects who were cited for vandalism.

For more information or to access the full weekly report please visit: http://www.pacific.edu/Campus-Life/Safety-and-Conduct/Public-Safety-and-Services/Crime-Statistics/Crime-on-Campus/2012-Weekly-Report.html
Sara Menges  
NEWS EDITOR

This week is "Enough is Enough" week, a program designed by NASPA — Student Affairs Administrators in Higher Education - to reduce societal violence. NASPA was founded in 1919 and operates in all 50 states, 8 U.S. Territories, and 29 countries around the world. As stated on their website, NASPA is the "leading association for the advancement, health, and sustainability of the student affairs profession."

"Enough is Enough" week kicked off on April 16th with a 'Take Back the Night' march from 6PM to 7PM starting at the University Center Lobby and marching across campus. This year at Pacific, to help with this rally around campus is Lonita Cordova. Cordova grew up witnessing domestic violence in her household at a young age and then at age 17 survived gunshot wounds to her head, inflicted by her boyfriend at the time.

"It was a turning point in my life," Cordova recalls in an interview before the march. "After I got shot I remember questioning myself, why am I here?" In the hope to change her life around and figure out her passions Cordova joined the military for 8 years while at the same time getting her bachelor's degree. Today, she works as a counselor for foster, homeless, and incarcerated youth by teaching them yoga and using Integrative Restoration.

Integrative Restoration is a combination of guided meditation, breathing techniques, and visualization. When asked what is the one message she would like to give out to people who are caught in abusive situations, Cordova responded, "You have to empower yourself and love yourself enough that you realize you deserve better and then surround yourself with people who are supportive and caring."

"Enough is Enough" will run until April 21st. Today, April 19th there will be a Safe Zone event in the Multicultural Center from 5PM to 6PM. Later tonight, from 7PM to 9PM is the Hero's Reception with Keynote Speaker Teny Gross in Grace Covell Banquet Hall. Teny Gross is the executive director of the Institute for the Study and Practice of Nonviolence. Gross will speak about his efforts to prevent violence and his work within Providence gangs.

The events of this week were co-sponsored by Enough is Enough, Pacific Care, the San Joaquin County Women's Center, the SJ District Attorney's Office, and the Pacific Women's Resource Center. For more information on other events that are happening on Friday and Saturday, please find this link to the event on the Pacific website: http://www.pacific.edu/About-Pacific/Newsroom/Enough-Week-2012.html

World Leaders of the Future:
Integrated Development Group Hosts TEDx Change

Lydia Wassan  
CONTRIBUTING WRITER

The afternoon began with a welcome from the IDG team in the entrance of the Vereschagin Alumni House on Friday April 6th. In their professional attire, this bunch seemed to epitomize the young cool professional of the 21st century—and why wouldn't they? They are part of one of the most cutting-edge programs Pacific has to offer. Started only three years ago, the Integrated Development Group (IDG) consults for Social Entrepreneurs and Non-profits internationally engaged and around the world. These students are putting their degrees to work even before graduating.

TEDxChange, the promotional event for the IDG, discussed the group’s foundational concepts, past projects, and directions for the future. This past year, IDG has worked on building a business plan for the local nonprofit the Recreational Sports Club of San Joaquin that serves disabled persons in the greater Stockton Community.

In addition to this, IDG has worked on a Social Metrics Dashboard and Grants package for the Social Investment Fund, Bamboo Finance. Their biggest project yet, the Metrics dashboard project sought to layout the best way to measure the social impact of a health insurance and South Africa. This is the first time that Bamboo Finance has attempted to measure the social impact of their services on the community, and IDG played a crucial role in it.

Every student skill set was utilized and made projects possible: from International Studies and Political Science, to English and Business Administration. This brings out another quality about IDG: its commitment to interdisciplinary collaboration. IDG believes that by encouraging students to learn from each other, thinking across disciplines results in higher quality work.

At the event itself, there was a light lunch of sandwiches, served with a side of personal discussion. The conversation was filled with international exchange. A wide range of topics were discussed, from Indian pop stars, international high schools and the Skoll World Forum in London. Surprised? Don’t be. This is the potpourri of individuals that IDG seems to attract: internationally engaged and capable—they are the students you would like to say "You knew them when..."

On the afternoon of April 6th, IDG was recruiting the next batch of its own.

Let’s hope that among the crowd, were the next generation of socially driven collaborators ready to harness their skills—whatever they may be— to develop themselves and the world around them. Do you have it in you? Applications due April 20! Find at: http://globalctr.org/idg.
Have Confidence: If You Must Get a Tattoo

HINT #1: If the tattoo shop is in the back of a smoke shop chances are the guys working there have never had a true apprenticeship, and will more than likely F’88 you up. If they were any good they would be tattooing in a TATTOO shop, not a smoke shop or a garage.

HINT #2: It helps if the guy has tattoos himself, actually. Usually the guys that are not very heavily tattooed are apprentices just starting out—so please please please—do not let an apprentice tattoo you. Sure everyone’s got to start somewhere, but why should it be on you? If he looks rather young and clean ask him straight up how long he has been tattooing and where did he apprentice at. Don’t base his talent on his tattoo flash—there’s a big difference between drawing and tattooing. Remember the apprentice will eventually get better, but your bad tattoo won’t.

HINT #3: If the price is right, you gotta ask yourself why. And finally the biggest tip of all. When you are getting tattooed please do not feel free to tell the artist your life story or the meaning of your tattoo. I know shows like LA Ink and Miami Ink encourage that, but trust me they don’t like it. Just imagine some random person showing up at your work place and telling you all about how their parents died in a fiery car crash when they were twelve. Now imagine eight hours of sob stories. Yeah, you probably wouldn’t be thrilled either.

On a final note, take it easy because tattoos can get out of control. Before you know you’ll be thrilled either. But why.

If possible ask the tattoo artist if there is anyone in the shop who has been tattooed by him. Usually tattoo artists tattoo each other, so someone in there is bound to have some of his work. That’s a good thing. Ask the dude if its cool if you check his tattoo out.

While looking at it also study it carefully. If the lines are good, the color is bold and bright, and there isn’t any fading then you’re a go. Feel free to inquire about your particular tattoo.

Personally, I don’t recommend shopping around because one usually ends up letting money and not art be the deciding factor, so don’t.

I honestly think its best to research each shop online: read comments by past customers, pictures of their work, etc...When you find a shop you like go in because you like their work and not because you are looking for a deal. It’s you after all that is going to have to live with it, not them.

Now a couple hints for the curious:

What was your most memorable moment from the Dev and Cataracts concert? If you didn’t go, why?

“I didn’t go because I saw them live once before and they weren’t that great.”

@Vienna Liu, C.O. 2013

“I was disappointed by how few people showed up and the performance in general.”

@Trever Rosenbergby, C.O. 2012

“No, I did not. I was going to be busy all weekend and I felt like I just wanted to take the day off.”

@Ralph Roberts, C.O. 2012

“I enjoyed the Electronic Vault, Dev and the Cataracts are good live. I didn’t enjoy the opening DJs but it was fun overall.”

@Baatri Nguyen, C.O. 2015

“I was in the very front row and I got one of those light Glowsticks! Oh and cussing people out for harrassing my girlfriend!”

@Rupa Singh, C.O. 2014
Pro or Con: Is Watching Pornography Cheating?

Natalie B. Compton
SOCIAL MEDIA COORDINATOR

You invite a sexy stranger into your room. You ask them to behave sexually. You get turned on. You touch yourself watching the stranger. You cum.

Then you ask yourself, would you have touched yourself watching the stranger. You cum.

This experience, would you want to be an athlete, you think about your smoking.

If your partner is okay with consuming pornography, go wild! But if your partner feels uneasy about it, discuss the pros and cons to find a compromise.

"It's about providing a way for everyone involved, men and women alike—whether they're using porn or merely tolerating it—to think about what, precisely, they're involving themselves in, and whether they should reconsider," says Ross Douthat in his 2010 Atlantic article, "Is Pornography Adultery?"

In the end, maybe no compromise will be made, and porn will just be accepted for what it is.

It's possible, of course, to consider a hard-core porn use a kind of infidelity and shrug it off even so," Douthat says.

Juliene Sesar
LAYOUT EDITOR

No, porn is not cheating. This is coming from a girl. I have no problem with my significant other viewing porn simply because: First, he tells me about it, and second, I don't do it!

Dr. Phil, a very well known TV personality, implores people to, "consider how it makes your partner feel. If it makes your partner feel ugly, hurt, deceived, lied to or inadequate, then it needs to stop. If it is eroding your relationship, it's gone too far."

Only if it is destroying your relationship is it even remotely like cheating. I don't think that the viewing of porn is necessarily even the problem in this advice. It sounds more like whoever is watching porn does not properly understand the needs of their significant other. It is important in a relationship to be completely open and honest about how you feel about something. Porn is not the problem; the problem is that people use it as an excuse as to why their relationship is not working.

"I don't have a problem with it," said Amanda Wynn, C.O., 2014. "It's a fact that people watch porn; it's not cheating."

However, like everything in life, porn can become an addictive habit. Addictions don't tend to appear out of this air, and when someone is in a relationship, they usually prefer the real things over the edited actress or model on screen any day.

The endless variety and over stimulation may initially help you get more excited during sex, but over time it has the opposite effect: porn can dull your ability to please, and be pleased by your partner," wrote Gary Wilson and Marnia Robinson in their article How Porn Can Ruin Your Sex Life.

And honestly, I agree. If you over use porn it can have this effect. However, on the upside: we're all college students and shouldn't be reaching second part of this problem quite yet.

According to Susannah Beller in her article "The Top 10 Reasons Women Watch Porn, the number one reason is curiosity: "A girlfriend mine calls this the "freak show factor." Personally, I think there is something about pornography that is a bit like a freak show. I mean, people look k ind of weird naked and doing it. We come a long way, baby, but there is a degree to which watching porn is a taboo for women, and that's a turn-on."

The list continues to include "to off" (yeah, we do it too), "compares shopping" (of course women are curious to see what other guys might be doing there), and my favorite reason? Number 10: "Penises: Flash.download. Penises are weird. I've said this before, and say it again. We don't have them. We will never totally understand the penis. Porn is a penis show."

Porn is "taboo" and "cheating." It is painful. We continue to let old social norms control how we perceive our present. I grew up knowing that porn existed, however, I was also taught that I would never get true satisfaction from it.

I think that porn is one of the ways that you can keep the construct of a monogamous relationship without actually offending the societal boundaries that you put in place," said Jearl Follett, C.O., 2014.

All of us, men and women alike, are affected by what we let our minds dwell on," Tim Alan Gardner, "Sacred Sex" Do not dwell on the fact that porn is apart of your relationship, realize to understand what your partner thinks and compromise as a couple.

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Charitable Scenes from “Delta Idol”: Beta Theta Pi Wins First Ever “Delta Idol”

Jesse Voelkert  
LIFESTYLES EDITOR

For the first time ever, Pacific’s own Delta Delta Delta sorority hosted “Delta Idol”, a singing and talent competition amongst the social Greek sororities and fraternities on campus. As the theme for this year, each organization had to base their performance around music released during the 90’s. The event not only brought entertainment, but was also a charity fundraiser for Tri-Delta’s philanthropy St. Jude Children’s Research Hospital.

Last Wednesday night, crowds of Greeks and curious Pacific students could be seen lining up outside the door of the Janet Leigh Theatre. Organizations represented included Sigma Chi, Alpha Phi, Theta Chi, Delta Gamma, Kappa Alpha Theta, Pi Kappa Alpha, as well as the most recent social fraternity Beta Theta Pi and a performance by the Greek Residence Directors.

Performances ranged from Alpha Phi’s live renditions of Disney’s Lion King songs to Theta Chi’s medley of songs that could be played from the same four-chord progression. After each performance, three Tri-Delta’s took on the roles of Paula Abdul, Simon Cowell, and Randy Jackson to give classic critiques like those found on the popular reality show “American Idol“. After the final Greek performance, Tri-Delta performed their own intermission with an acoustic presentation of “Wide Open Spaces” by the Dixie Chicks.

In addition to a scoring based upon performance, points were also factored in by the number of $1 raffle tickets bought on behalf of each organization. The proceeds from the raffle tickets, as well as the $5 entrance fee went towards St. Jude Children’s Research Hospital.

Coming in third was Sigma Chi with their acoustic performance of “Jumper” by Third Eye Blind. Pi Kappa Alpha and their set of songs, which included an audience sing-a-long of “Friends in Low Places” by Garth Brooks, brought them up to second place. Finally, first place was taken by the social fraternity newcomers Beta Theta Pi, and their 90’s song remix titled “Oops, It’s Larger Than Ice,” featuring the hit 90’s songs “Oops I Did It Again” by Britney Spears, “Larger Than Life” by The Backstreet Boys, and “Ice Ice Baby” by Vanilla Ice.

The men of Beta Theta Pi also handed out roses to Tri-Delta audience members, and as part of their victory received a commemorative prize trophy.

By the end of the night, $1035 had been raised through both entrance fees and raffle ticket sales. Cortney Ceccato C.O. ’14, Philanthropy Chair of Delta Delta Delta, said, “We hope that everyone will join us next year for our second annual Delta Idol!”
Portion Control: The Problem With Portion Sizes

Alexandra Caspero
CAMPUS DIETITIAN

If you’ve ever tried to lose weight, you understand the importance of portion sizes. Whether you are dishing out ice cream, crackers, or soup, the serving size labeled on the item can make or break your choice.

Most serving sizes for packages were created in the 1970s, a time vastly different from the super-sized world we live in today. Restaurant portions have grown almost 6x in the past four decades and so have our expectations of what a portion really is.

Canned soup is a notorious offender, which often has 2-2.5 servings per container. Think about the last time you had a can of soup. Did you separate it into 2.5 servings or did you eat the whole can? While most canned soups are low in calories, they are often sky high in sodium. Enjoying an entire can of soup (even those listed as low-sodium) can set you back a whole day’s worth of sodium guidelines if you aren’t careful.

The Kendall, Elise, and Elizabeth Show (GZN w/ BP) 8PM-9PM

The Eric Pestana Show 5PM-6PM

The Aries Apcar Show 5PM-6PM

Asian Woman Show 6PM-7PM

Drinking the Kool Aid 7PM-8PM

The Bart Platow Show (GZN w/ BP) 9PM-10PM

4 J’s and an N Show 6PM-7PM

The Alex and Alex Show 7PM-8PM

Island Time Show 8PM-9PM

The Low-Down on Pacific Produce

Natalie B. Compton
SOCIAL MEDIA COORDINATOR

The freshman fifteen is on the lips and the hips of many college students. One way to keep extra pounds at bay is to get lots of produce in your diet. Pacific Avenue is ripe with grocery stores sure to satisfy your produce needs. Here’s the skinny on where to go to get your nutritious goods.

Best Location
For Pacific students, S-Mart is hands down the most convenient place for produce purchasing. Only one big block away from campus, S-Mart makes shopping for produce a breeze.

Though the grocery store is the closest to school, the produce is not the closest to perfection. S-Mart offers a nice variety of fruits and vegetables, but the quality is a little off. The produce can be a bit disappointing. You are likely to bite in to a ripe-looking fruit but get a subpar taste.

If you’re in a pinch for time, swing by S-Mart after class to pick up your preferred produce.

Best for Quick Cooking
Trader Joe’s may not be as close to school as S-Mart, but the store offers an array of pre-prepared produce that makes cooking a breeze. You’ll find individual serving sizes of crudites located right next to delicious humus with which to pair your veggies.

The produce at Trader Joe’s doesn’t just offer kale—it offers four types of kale. Podesto’s doesn’t just offer pears—Podesto’s offers a range of pears. What I’m getting at is that Podesto’s isn’t just a place to pick up an apple; it’s a place to choose from over 10 kinds of apples.

Podesto’s offers hard to find items like lemongrass too. Not only is there an array of healthy options to choose from, but the goods are tasty too. For the best overall produce experience, choose Podesto’s in Lincoln Center.

Podesto’s offers an array of pre- preparing their serving sizes, you can be more mindful of them when food shopping.

Next time you are buying pre-packaged items like cereal, pasta, crackers, or cookies, take a moment to notice the serving size. Do you typically eat more than 3/4 cups of cereal? If so, calculate the nutrition facts to accurately represent that. Yes, this can be a tedious process, but once you see what portion sizes look like for your favorite items, you can make wiser choices.

If you are still hungry after your first cup of soup or quartet of crackers, then add foods that have larger portion sizes. Fruits and vegetables are not only filling, they are also nutrient dense. This means they have a lot of nutrition for very little cal­ ories. A side salad and a cup of soup make for a satisfying lunch without adding more sodium.

Podesto’s doesn’t just offer kale—it offers four types of kale. Podesto’s doesn’t just offer pears—Podesto’s offers a range of pears. What I’m getting at is that Podesto’s isn’t just a place to pick up an apple; it’s a place to choose from over 10 kinds of apples. This place is variety central. Podesto’s offers hard to find items like lemongrass too.

Not only is there an array of healthy options to choose from, but the goods are tasty too. For the best overall produce experience, choose Podesto’s in Lincoln Center.

Whether you are looking for a banana to nosh on between classes or the perfect heirloom tomato for your special sauce, choose your produce destination to best fit your needs. Whatever you need, Pacific Avenue is the place for convenient, pre-packaged or plump produce.
School is almost out, and for those with the time to travel, the opportunities are infinite. Take some time to explore the great unknown or return to that special place you love to visit. Whether you drive down to Los Angeles or cross the Atlantic to Berlin this summer season, escape to a place that makes you happy. Soak up this special edition of the Pacifican and use it as a travel guide, an insight into other cultures, or maybe just daydream material. Enjoy.

Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did do. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.

—Mark Twain

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Student Quotes Continued

For expanded version of Pacifican Escapes visit them.pacifican.com

I would say Mexico. I really like the slow pace of life there. Everyone seems to be happy even, without hardly any luxuries.

—Joe Orr ’13

My favorite places are anywhere in Europe because the culture and lifestyle are so different from ours. In California, I loved having lunch with French families because they sat and actually talked instead of having tv dinner.

—Kelly McWilliams ’14

I love visiting Kinder’s on the weekend. Any sandwich from there makes a bad day turn perfect.

—RJ Barton ’14
A New Divide In Berlin

Kiel Batanian

Luxury apartment on the left, Kunsthalle Tacheles on the right

Kiel Batanian

TRAVEL

A New Divide In Berlin

Alain de Botton in his book, The Art of Travel, said, "If our lives are dominated by a search for happiness, then perhaps few activities reveal as much about the dynamics of this quest – in all its arduous and paradoxes – than our travels."

Many Pacific students, including myself, have firsthand experience with this quote.

My own international travels have taken me to cities such as: Beijing, London, Prague, Rome, Seoul, Munich and Seville. There was only one city where I really felt I had found a lasting sense of home and understanding, and that was Berlin.

I had the chance to study German language and EU politics at the Free University of Berlin for one semester last spring. It was the times I was not in the classroom though that were the most formative about my experience there.

Berlin is by far one of the most vibrant cities in Europe today, with cultural contact beyond Germany, a bustling electronic music scene, and a feeling of constant immersion in the history surrounding one's self.

However, like most urban landscapes today, there is a contestation between those who wish to make the city more affluent and those who wish to maintain the bohemian vibes of what makes Berlin "arm aber sexy" (poor but sexy). This was the phrase that former Berlin mayor Klaus Wowereit used to describe the state of his city in the early 2000's.

Both arguments certainly have merit. On the one hand, Berlin is plagued by high levels of unemployment, as compared to other urban areas in the country.

Berlin being the capital city of Germany makes it a valuable asset to development, and one can certainly see this in the popular tourist areas, such as Brandenburg Gate and the Sony Center.

The drawback to high levels of business investment is that it makes the city less accessible to those less well off.

A similar phenomenon is occurring in Michael Bloomberg's New York City, where rezoning of apartment buildings results in the construction of luxury living spaces under the guise of eminent domain - quite the paradox if we think of eminent domain as a tool to benefit public welfare.

Places like the artist house Tacheles, a squatter community that has been occupied by artists for years now, still has an uncertain future.

Private development firms are constantly seeking rights to the dilapidated building from the 1930s as a valuable space, as it is in close proximity to the city center.

Yet the artists have, at this time, proven to have the upper hand; they are receiving great support from the youth culture of Berlin and those who wish to maintain the unique character of the city.

I, myself, had the chance to visit Tacheles a handful of times during my time in Berlin.

The dystopian looking back lot, the damp and graffiti-lined stairwells, and the various artist studios all play into the experience of the building.

It would be hard to imagine a gentrified space in place of Tacheles. Regardless of the future, we can think of the city as a palimpsest - a constantly layered portrait of Berlin.

My own hope is that Tacheles remains a relevant part of the story of Berlin. There is not a place quite like it.

This summer, I plan on studying the building and its artists further, as part of my undergraduate thesis on gentrification and commodification of urban spaces.

Washington, DC: The Capital Place to Visit

Sylvana Ho

Standing erect in the capital of the country, the Washington Monument is but one of countless landmarks to visit in Washington, DC. The capital city houses dozens of museums and historical sites that will excite just about anyone.

Many government institutions offer free tours of their facilities. Take this opportunity to watch how money is made at the Bureau of Engraving and Printing, to sit in on an argument at the Supreme Court, or to witness live politics at the Senate and House galleries.

For guided tours, contact your senator or representative months in advance to reserve passes to explore the White House and the Capitol.

Better yet, most of the riveting places are conveniently located near a Metrorail stop like the numerous bars and clubs off of Adams Morgan on Red Line and the brunch restaurants off of Eastern Market. Even the hotels in DC are remarkable. Near the legendary K Street, right by Farragut Square, and a few steps away from the Metro is the illustrious Mayflower Renaissance Hotel. For $200 a night, stay in the very hotel where presidents live, politicians dine, and scandals happen.

There is always something going on in DC. It's a marvelous place for an adventure.
A European Summer of Study

Mike Eklund
CONTRIBUTING WRITER

Last summer, I had the privilege of studying at Franklin College Switzerland in Lugano, Switzerland.

Lugano is in the Italian-speaking region of Switzerland known as Ticino and it is an absolutely gorgeous place. It is situated on Lake Lugano while overlooking mountains at the foot of the Alps and is near the border with Italy, with Milan being only an hour away.

I took a marketing class when I was there, and that lasted from 9:30am-12pm. The rest of the day I had time to hang out with my friends on the program and explore Lugano and beyond.

We had three-day weekend trips on the program as well, so I was able to take weekend trips. My friends from the program and I visited Munich, Geneva, Zurich, Lucerne, and Bern.

With Milan being an hour away I also made two-day trips with friends during the week there while I was living in Lugano.

My friends on the program were from all over the world be it Brazil, Hungary, Portugal, Germany, France, Saudi Arabia as well as the U.S.

My friend from Brazil was my best friend on the program, and we are still in contact to this day.

I plan on visiting him in Brazil in 2014 for the World Cup, and if I can get the money together for the Olympics in 2016 as well.

I made great professional connections with many people there including a member of the Royal Saudi family, a member of the Bin Laden family, as well as many others.

Overall, it was an amazing experience and I would do it again in a heartbeat.

Choose the Central Coast for Certain Romance

Natalie B. Compton
SOCIAL MEDIA COORDINATOR

Escape to fresh-air heaven and breathe in the romantic aromas of California’s central coast.

The Big Sur area of California exudes romance with its magical coastal location, quaint accommodations, and intimate atmosphere. Plan a summer getaway to spark new love or rekindle an old one.

Big Sur does not encompass an exact area of land, but it encompasses California State Route 1 from San Simeon to Carmel.

The central coast is great for outdoorsy activities to enjoy with a lover or a friend. Hike, bike, or lounge around this picturesque part of California.

Don’t forget to bring a sweater; Big Sur temperatures stay around 50-70 degrees, even in the summer.

Choose from a number of unique lodging options ranging from the affordable to the exquisite (read pricey).

Strapped for cash? Prefer a more rustic romantic rendezvous?

Reserve a campsite in Julia Pfeiffer Burns State Park at www.parks.gov or just $30. This state park includes the McWay Falls, an 80-foot waterfall and a Big Sur must-see.

From the campsite, the Falls are only a short hike away. Hike, stroll and soak in the beautiful seaside scenery.

Only dare to take a dip in the ocean if you are a polar bear, as waters are frigid.

Upgrade to a more solid lodging and book a room at Deetjen’s Big Sur Inn.

This unique and antique-filled catch offers a variety of rooms that fit a range of budgets. Reserve the Little Room, a double bed accommodation with a shared bathroom, for about $100 or Edy’s room that has its own bathroom and a queen bed for $160.

Deetjen’s is nestled in the pastoral Castro Canyon, just down the road from the Julia Pfeiffer Burns State Park.

Visit www.deetjens.com for more information on the Inn’s interesting beginnings and to reserve a stay.

Break the bank and reserve a night or two at the breathtaking Post Ranch Inn.

Nights here start at $750 in the summer months and are well worth the price.

Rooms include features such as fireplaces, indoor tubs, elaborate breakfast buffets, and daily guest activities.

Take a dip in one of two cliff-top hot soaking pools or take in the panoramic ocean view in the infinity pool.

Enjoy complimentary activities like whale watching with mimosas or stargazing to add to your enchanted experience.

Visit www.postranchinn.com for more information on this utopia.

Whether you cuddle up to your loved one in a snug tent or lounge in a lavish suite, staying in Big Sur is a key romance catalyst.

Be sure to take a drive up Highway 1 for one lovely weekend this summer.
Sacramento: Spend a Day in a True American City

Ruben Dominguez
SPORTS EDITOR

More often than not, Stocktonians desire a memorable vacation in places such as San Francisco, Los Angeles, Las Vegas, or Hawaii, but don’t quite have the budget. Those people then either vastly overpay for an often disappointing experience in those cities or stay home and die from boredom.

What most people forget is that just a half hour drive north on I-5 lies the most underrated city in the United States of America: Sacramento, CA.

Sacramento features everything a vacationing visitor could want: rich history, sophisticated culture, exquisite cuisine, and top-notch sports, all at a small price.

Start the day off by going straight to the heart of the city: the California State Capitol Building.

Located on 10th Street between L and N Street, the State Capitol is quite possible the most important building in California.

In addition to being the place where California’s lawmakers bring bills into law, the State Capitol is a museum. Take a tour through the State Capitol’s beautiful halls and learn about the rich history of California.

Want more exciting history? Step outside the western doors of the State Capitol and view the most gorgeous sight in the state: a straight view all the way to Tower Bridge and Old Sacramento.

Old Sacramento State Historic Park, known to the locals as “Old Sac,” is a near perfectly-preserved piece of California history.

The old west style is reflected in the various museums and tour groups, which range from horse-drawn carriage to trolley.

The biggest and baddest piece of history in Old Sac is the California Railroad Museum, which will thrill young and old with its vast array of both steam and diesel engines, historical passenger and freight cars, and a massive toy train collection on the second floor.

Old Sac also features the California Military Museum and grand old riverboats, such as the Delta King.

But, there comes a point where too much history becomes a reality. Thankfully, Old Sac is also home to some of the most exotic shops this side of San Francisco.

Evangeline’s, a massive novelty shop which carries everything from bacon Band-Aids and plastic flamingoes to samurai swords and books on famous moments of flatulence, may be the best shop in the entire city.

When Halloween rolls around, Evangeline’s opens its Costume Mansion, which takes up both the second and third stories of the shop.

If, for some reason, this does not prick up interests, Old Sac features shops specializing in socks, puzzles, Hollywood, sports, and much more.

After all of this sight-seeing, hunger will most likely set in. No fear! Old Sac features some of the most unique and delicious food stops in Northern California.

The Spud Shack dishes out French fries prepared in ways akin to various world countries (get the Irish. It’s fries covered in cheese and bacon). Fanny Anne’s partners good burgers with wall decorations that make TGI Friday’s seem conservative. Joe’s Crab Shack may house the best seafood not made in the United States of America.

Old Sac also has numerous candy shops, which deliver massive peanut brittle, scrumptious soft serve, and barrels of candy; literally, there are actual barrels filled to the brim with sweets.

Now, there is one restaurant in Sacramento that absolutely needs to be visited. On the corner of 20th and I Streets (just remember H20) lies Nationwide Freezer Meats.

Once a butcher shop, Nationwide was converted into a 1950’s-style burger joint, serving mouthwatering portions of delicious beef, enormous steak-cut fries, and sweet, sweet shakes.

It is not opinion, but fact: Nationwide Freezer Meats makes the best burgers ever. It cannot be properly put into words how astoundingly succulent the food is there. Go up to the counter and order a double with cheese and bacon. You’re welcome.

If history, cool shops, and awesome food aren’t tempting enough, Sacramento also has some of the area’s most fascinating culture stops. Crocker Art Museum, on 21st St, features one-of-a-kind collection or works of all sizes, shapes, and styles. Crocker Museum’s Edgar Payne exhibit lasts until May 6.

From June 2-October 21, Sacramento native Mel Ramos will also have an exhibit.

The Sacramento Convention Center always has a big event planned, while, from May 23-June 17, the Community Center Theater will be hosting some Broadway production called “Wicked.”

Once the day is done, it’s time to take the family out to the ballpark. With the NBA’s Sacramento Kings finished with the season, the city focuses its attention on the Sacramento River Cats, the premier Triple-A baseball team in the country.

The Sacramento River plays a beautiful backdrop to Raley Field, home of the River Cats, the top minor league squad in the Oakland A’s organization.

The River Cats, which have turned out such stars as Mark Bellhorn, Andre Ethier, Carlos Gonzalez, and Nick Swisher, have won seven Pacific Coast League championships, while taking home the Triple-A class title three times, most recently in 2008.

Sit back, buy some peanuts and Cracker Jack (and Raley Field’s awesome tri tip sandwiches), and watch a great game, while rooting for the home team, of course.

Even with a week’s trips to the capitol city, one still will not see all Sacramento has to offer.

From all of the above to other fun places, such as Willie’s Hamburgers, Dimple Records, Sutter’s Fort, the Land Park and Bing Maloney Golf Courses, Cesar Chavez Park, the Sacramento Zoo, and so much more, Sacramento has something for people of all walks of life.

All you have do is come see for yourself.

My favorite place is Shibuya in Tokyo, Japan. It’s the heart of Tokyo filled with people, boutiques, eateries, and just amazing culture. Definitely can’t wait to head back there!

-Tammy Kim ’12

The Gorge Amphitheater in George, WA. Why? Live music, friends from all over the world, and no buildings in sight!

-Eric Bluke ’13

I absolutely loved traveling through all of Spain! My favorite city was San Sebastian because the views were breathtaking, hiking up Monte Urgell to the giant Jesus Statue was mesmerizing and the pintxos were so delicious!

-Gianna Sanguinetti ’13
Men’s Volleyball Team Concludes Season
Pacific Battles to Earn Weekend Split Against Top-Ranked MPSF Opponents

Ruben Dominguez
SPORTS EDITOR

The Pacific Men’s Volleyball team concluded its regular season over the weekend. With the playoffs out of reach for the Tigers, the squad still competed hard, earning a 1-1 split at home.

The Tigers got the action started Friday as Pacific hosted No. 3 UCLA. Despite fighting back to tie the score at 12-12. The Tigers would not trail after that point, with Taylor Hughes, junior, earning the set-clinching kill and tying the total score at 1-1. Hughes led the team in both kills (16) and blocks (6). Libero Javier Caceres, sophomore, totaled eleven digs in the loss.

The following night was senior night for the team. Pacific dropped the first two sets to UC Santa Barbara, but would not go down without a fight. Pacific rallied back to send their four graduating seniors—Sean Daley, Florian Gornik, Ryan Spencer, Dylan Walker—off in style with a 3-2 (20-25, 24-26, 25-18, 25-23, 15-13) victory.

Patrick Tunnell (center, black uniform), junior, battles with the opposition while teammate Sean Daley (right) awaits a possible deflection.
**Standings (as of April 19th, 2012)**

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**News and Notes**

**WOMEN'S WATER POLO**: Pacific began its final home stand of the year over the weekend, hosting No. 18 CSU Northridge and No. 15 UC Santa Barbara. The match against Northridge would go into overtime, with Taylor Adair, freshman, scoring two in the first overtime period to help the Tigers win 10-9. Adair and her fellow freshman Brydie Pye tallied a hat trick each. Sophomore Elise Martin notched a pair of goals herself. Goalkeeper Michele Relton made 19 saves that day—a program record. The match against Santa Barbara would prove just as competitive, but the Gauchos won 8-7. Kim Kay, senior, scored four goals during the match, while Pye added a second hat trick two days.

**MEN'S TENNIS**: The Tigers completed Big West play last weekend at home. Saturday, Pacific came close but ultimately ended up short against UC Irvine, losing 4-3. Only Ivan Castro and Alex Golding, junior, were able to take home their singles points. The following day, Pacific sent its lone senior—Ivan Castro—out in style, defeating UC Riverside 5-2 on Senior Day. Castro went undefeated for the day, winning his singles match and his doubles contest.

**BASEBALL**: Pacific used offensive surges in the third and fifth innings to cruise to a 7-2 win. Taylor Petty, sophomore, drove home four runs. Game 2 proved to be even more lopsided, as freshman Dani Bonnet pitched five shutout innings and the offense soared in a five-inning 9-0 victory. The offense continued in game 3, with Petty and Megan Hom, junior, connecting for home runs in a 10-5 win.

**BASEBALL**: Pacific travelled to UC Davis for a three-game affair. In Game 1, Michael Benson, freshman, had his shutout gem ruined in the ninth inning by a Davis home run. The Tigers were unable to mount a comeback, falling 1-0. Both offenses found their form in Game 2. Pacific found itself staring at a 9-5 deficit in the ninth inning. While the Tigers were able to score two runs, the comeback could not be completed and they were defeated 9-7. Game 3 featured redemption for Pacific. Michael Hager, freshman, threw eight shutout innings and fellow freshman Tyler Sullivan drove in classmate Taylor Murphy with a groundout RBI as the Tigers reversed Game 1’s score for a 1-0 win.

**PACIFIC SPORTS SCHEDULE**

<table>
<thead>
<tr>
<th>HOME GAMES IN BOLD</th>
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<tr>
<td><strong>BASEBALL</strong></td>
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<td>vs. UC Santa Barbara</td>
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<td>Klein Family Field</td>
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<tr>
<td>FRIDAY</td>
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<td>@ UC Santa Barbara</td>
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<td>12:00 PM, 2:00 PM</td>
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<td>Campus Diamond</td>
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<tr>
<td>SATURDAY</td>
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<tr>
<td>vs. UC Davis</td>
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<td>6:00 PM</td>
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<td>Klein Family Field</td>
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<td>APRIL 30-MAY 1</td>
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<td>WINCHESTER INTERCOLLEGIATE</td>
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<td>WINCHESTER COUNTRY CLUB</td>
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<td>GOLF</td>
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<td>@ UC Santa Barbara</td>
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<td>MEADOW VISTA, CA</td>
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<td>M. TENNIS</td>
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<td>SATURDAY</td>
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<td>@ Fresno State</td>
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<td>MUSTANG COMPLEX</td>
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<td>W. TENNIS</td>
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<td>vs. UC Davis</td>
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<td>HAL NELSON COURTS</td>
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<td>W. WATER POLO</td>
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<td>SATURDAY</td>
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<td>vs. Santa Clara</td>
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<td>12:00 PM</td>
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<td>CHRIS KJELDSEN POOL</td>
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<td>APRIL 27-29</td>
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Pacific to Play in 2012 Anaheim Classic:
Tigers to Compete with Six Postseason Teams and Top ACC Program

Athletic Media Relations

The Pacific men's basketball team has been selected to play in the 2012 Anaheim Classic. The event will be held Thanksgiving weekend, Thursday, Friday and Sunday, Nov. 22nd, 23rd & 25th, at the Anaheim, Calif. Convention Center, adjacent to Disneyland.

The tournament field has six teams that played in the 2012 postseason - Cal, Saint Mary's and Xavier (NCAA), Drexel (NIT), and Drake and Rice (CollegeInsider.com), along with Pacific and Georgia Tech.

Tournament field

No. 10 seed Xavier played through to a South Region Semifinal before dropping a decision to Charleston Classic participant Baylor (No. 3 seed). Head coach Chris Mack has led Xavier to three straight NCAA Championship appearances and two Sweet Sixteen finishes.

St. Mary's was a No. 7 seed in the Midwest Region and fell to Purdue in the second round. Head coach Randy Bennett had led the Gaels to five straight 25-win seasons.

As a No. 12 seed, Cal participated in a First Four game of the NCAA Championship, falling to USF. Head coach Mike Montgomery has led Cal to the postseason in each of his four seasons in Berkeley including three NCAA appearances.

Drexel moved on to the quarterfinals of the NIT, falling to UMass, which will play in the 2012 Puerto Rico Tip-Off. Drexel won the Colonial Athletic Association regular-season title and advanced to the finals of the tournament.

Drake and Rice faced-off in the second round of the CollegeInsiders.com Tournament with Rice advancing and eventually falling to Oakland in the quarterfinals.

In the final ESPN/USA Today Coaches Poll, Xavier was ranked No. 24 and Saint Mary's earned votes.

"We are excited about participating in the Anaheim Classic and to play against some outstanding schools," said head coach Bob Thomason. "It will help us get ready for our final year in the Big West Conference, and may feature a matchup against a future West Coast Conference opponent in Saint Mary's."

It will be Pacific's first appearance in the Anaheim Classic, and would feature the Tigers' first-ever meetings with Drexel, Georgia Tech and Xavier. The Tigers have history with California (3-27), Drake (2-1), Rice (2-2) and Saint Mary's (41-62).

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Make reservations for a weekend! Call and ask for the "Graduation Rate" at University Plaza Waterfront Hotel.

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