Halloween Happenings:
Things to Do on Campus and in the Community

Sara Menges
NEWS EDITOR

Not sure what to do for Halloween? This year, Pacific and the Stockton community have a lot of different events and activities for students, faculty, and staff to enjoy for Halloween. So don’t leave town!

On top of the Safe Trick or Treating that happened yesterday from 4pm to 7pm, there are numerous events going on in and around the Pacific campus. SEA (Students for Environmental Action) is hosting a bake sale today, October 27th, from 11am to 6pm in front of the DeRosa University Center. Grace Covell Hall will be putting together Pacific’s Halloween Haunted House.

To start off the Halloween weekend, the Townhouses in conjunction with Theta Chi are also throwing the Semi-Erotic Somewhat Exotic Townhouse Bash tomorrow, October 28th. The party will go from 8pm to midnight and will be at the Townhouse area, featuring a Theta Chi dance floor. Halloween food and games will be presented as well as an opportunity to win prizes in a costume contest.

But that’s not all for Friday night. In the University Center Ballroom, Pacific students can be prepared to “wreak some havoc” in Kappa Psi’s annual Halloween Havoc from 9pm to 1am. Signing up on the guest list is, however, required to attend the event and can be accessed online at their Facebook page.

New this year on campus will also be a Halloween Party Rock Movement presented by the brothers of Theta Chi fraternity. In order to “show the Pacific campus how Halloween is ‘posed to be done” the goal of the Party Rock Movement is to gather a crowd of 30 to 40 “Party Rockers” who will “roll” together around campus generating not only attention but a Halloween spirit throughout.

The Party Rockers will wear their outfits to class all day on Monday, October 31st as well as support the women Volleyball team at their game Saturday, October 29th at 7pm. More information and list of Party Rocker events can be found on their Facebook page.

In addition to campus events, the Stockton community also has plenty to offer this Halloween weekend. On Saturday and Sunday, Hacienda Plaza on North Pershing Avenue, is putting together a kid-friendly Haunted House. Kids 6 and under play for free, 7 and up pay $5, and over 13 $7. All proceeds will benefit the San Joaquin community.

Weekend, the Townhouses in conjunction with Theta Chi and the Semi-Exotic Townhouse Bash are also throwing the Semi-Erotic Somewhat Exotic Townhouse Bash tomorrow, October 28th. The party will go from 8pm to midnight and will be at the Townhouse area, featuring a Theta Chi dance floor. Halloween food and games will be presented as well as an opportunity to win prizes in a costume contest.

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Halloween Happenings
CONTINUED ON PAGE 3

Pacific Hosted Relay for Life Kickoff Event

Michysyl Montalbo
STAFF WRITER

Walking into the kickoff you hear music playing and see a dessert bar and purple tables with snacks to start an occasion that is inspirational to a lot of people around the nation. According to RelayForLife.org, “The American Cancer Society Relay for Life is a life-changing occasion that is inspirational to a lot of people around the globe.”

Pacific students listening to a presentation at the Relay for Life Kickoff event.

The University of the Pacific will be holding their third annual Relay for Life this upcoming year. To introduce the event to the Pacific community, a “Kickoff” event was held this past Wednesday Oct 19th in the River Room at the DeRosa University Center.

Megan Black, Event Chair and Elizabeth Rotticci, Event Co-Chair, introduce themselves and their committee. They explain what Relay for Life is, how the money raised is spent and how people can become more involved by being on the planning committee or hosting a team. Colleen Root, Community Mission Director of the American Cancer Society Stockton field office, is then asked to speak.

Root started volunteering 10 years ago after losing a close friend to cancer. She was eventually hired in Sacramento and now works in Stockton. Root explains, “my job is really to be a resource” to the University. She wants to “remind people of the importance of fundraising and the benefits it provides our patients through services and programs.” When mentioning cancer victims and survivors, she adds, “I fight for them. Everyday I see patients and there’s just nothing else I’d want to do.”

Emilie Thomas, cancer survivor, shares her story next. Thomas was diagnosed with cancer the summer before her attendance at Pacific. Thomas still decided to continue her education and eventually joined Kappa Alpha Theta. Theta served as a support team, along with professors, such as Dr. Amaral and other friends. Thomas describes, “the support system is the most important thing about surviving. You need people that help you find the silver lining.” Now in her second year of remission, Thomas reflects on her past struggles and says, “you find little reasons to want to keep going.”

A video about the Relay for Life and its history is shown and a raffle with fun prizes takes place. This year, Pacific’s Relay for Life will be on Saturday April 14 and Sunday April 15 from 10AM to 10PM on the University Center lawn. Get your team together, start fundraising and be prepared for fun activities and camping on the lawn. Teams can take shifts walking and even take turns sleeping. According to Colleen Root, camping takes place because, “cancer doesn’t sleep, so neither do we.”

Last year’s weather was rainy, windy and cold, but the event will continue regardless of the weather. Learn more at www.relayforlife.org/ stocktonarea.
Pacific to Host Up ‘til Dawn 2.0 This November

Teryn Porter
STAFF WRITER

Most of us have heard about St. Jude’s Children’s Hospital, but many do not know what its purpose is or how to help out. Up ‘til Dawn, an event that is being held nationwide, as well as on the Pacific Campus, provides one way for people to donate to this cause. By collaborating in teams, Pacific students can help raise money for St. Jude’s Hospital in order to help fund the treatment and research of pediatric diseases.

The mission of St. Jude’s Children Hospital is to aid families who have children with catastrophic pediatric diseases, such as cancer. It was founded by Danny Thomas, an actor who promised to help children and decided to open up the hospital in 1962. The hospital receives most of its funding through donations, and the doctors and nurses work on a volunteer basis with little to no pay. Any children who need treatment can receive it at St. Jude’s, regardless of race, religion, or families’ abilities to pay. “It’s the only hospital that helps cure children who have childhood diseases like cancer without having families pay any expenses at all,” said Mena Her, President of Pacific’s Up ‘til Dawn student club.

Up ‘til Dawn is a fundraising group and a nationwide organization that supports St. Jude Children Research Hospital. This is the fourth year Up ‘til Dawn has taken place on the Pacific campus. In fact, it was founded on campus by students as part of a project in their PACS class, along with the help of Dr. Steve Jacobson, Vice Assistant Director for Housing and Greek Life. “St Jude’s protocol is that all the research and findings they develop are given out to the public for free, so it doesn’t make money off of its research. That’s why it needs groups like Up Til Dawn to help them fund-raise,” explained Mena Her.

Students can get involved with Up ‘til Dawn by signing up online at stjude.org/UTD and registering as teams of five. Each team member can then mail out a template-made donation letter to family and friends, asking for donations. “We encourage the students to tell their family and friends that a dollar, two dollars, five dollars - doesn’t matter - anything helps for the hospital itself,” explained Mena. Any amount of money will help St. Jude’s, as well as help Up ‘til Dawn reach its goal of $10,000 for this year.

The Up ‘til Dawn fundraiser will come to a close with an Up ‘til Dawn 2.0 event on Thursday, November 3rd in the DeRosa University Center Ballroom from 7:30pm to 11:30pm. There will be raffles giving away prizes such as an Ipad, tickets. All proceeds of Delta Desserts go directly to St. Jude’s Children’s Research Hospital which provides the care necessary to treat and research at St. Jude. Last year Pacific’s Tri Delta sorority and Delta Desserts event raised over $3600 dollars that will go to this cause.

“It is a great atmosphere for families, friends, a fun”, Sugano sums up, she encourages all Pacific students and those in the community to join Tri Delta for Delta Desserts.

Tickets can be purchased from any member of Delta who will also be tabling outside the DeRosa University Center from October 24th to 28th and October 31st to November 2nd. Presale tickets cost $5 and tickets at the door cost $7. Event tickets can also be purchased online through a link on the event Facebook page.

Macho to Mariposa: Exploring Culture and its Implications on the LGBTQIA Community

Karla Cortez
COPY EDITOR

On Tuesday November 1st from 8PM to 9:30PM the Pride Center here at Pacific will put on a community discussion forum called, “From Macho to Mariposa.” This event will attempt to explore machismo tendencies and gender roles as well as their affects on LGBTQIA identities within the Latino community. The event will be free and open to all willing to attend and will occur at Pacific’s Multicultural Center in the McCaffrey Center. So the Pride center invites everyone to, “come share and discuss case studies, statistics, and your own thoughts and beliefs.” For further information contact Ian Marcel Parks at 924.206.6640 or l_parks@pacific.edu.
Medicare Part D Services Provided to the Community by Pacific Pharmacy Students

Sara Menges
NEWS EDITOR

This fall, Pacific’s Thomas J. Long School of Pharmacy and Health Sciences is once again providing Medicare Part D services to communities in Northern California. The Medicare Part D plan review helps beneficiaries optimize their Part D plans by reviewing all their medications, making sure they are safe to take together, and that they are minimizing costs.

Last year’s total potential cost savings to participants with a stand-alone Part D plan was $174,668. “Our goals for these health fairs are to assist Medicare beneficiaries, most of whom are seniors, with their Part D prescription drug plan” explains Dr. Rajul Patel, the faculty member in charge of the Medicare Part D community outreach efforts. “The implication being, if a person’s out-of-pocket costs are lowered, than they are likely to be more adherent with their medications and therefore have lower utilization of medical services such as ER visits, hospitalizations and physician visits”.

When asked about her thoughts on the program Jodi Ott, second year pharmacy student involved in the outreach events immediately replied, “I love it. It’s so fun to actually be able to help patients and be able to put everything together that we’ve been learning.” The outreach program is set up at Pacific as an elective class for Pharmacy students. As stated by Ott, this year up to 90 students submitted applications to enroll in the class but only 40 were enrolled. An increase, however, from last years 25 students in the program.

This year’s pharmacy students are also conducting larger events as each Medicare Part D review is accompanied by a full Health Fair. The fair includes services such as bone density testing, falls risk screening, memory decline screening, diabetes screening, blood pressure testing, cholesterol testing, and asthma testing. The Health Fairs also provide services to help get rid of any prescription medication that is not “controlled.” In cases of controlled medication, students will provide information on how to properly dispose of them. Additionally Dermatology screenings are also held on the weekend workshops.

“I think it’s great,” comments Joe Chow, Stockton resident and beneficiary of Medicare Part D, “It’s good for the public, good for the elderly. It’s awareness. This is a good thing that is happening, I like this and I really appreciate it.” Chow attended the Health Fair held at the Pacific main campus last Thursday October 20th. He also explained that, although he doesn’t normally participate in outreach events, this was his third year attending the Medicare Part D workshops.

Last year Pacific’s pharmacy students provided services to more than 400 Medicare beneficiaries, and the number of participants this year is expected to be higher. Another second year pharmacy student, Bethany Eng, who is enrolled in the program, says “It’s great that we can reach out to everyone in the community and share the knowledge that we’ve learned in the classroom and actually apply it to help people. I think that’s the most rewarding part about it.”

So far the program has provided services in 6 different locations around Stockton (including 2 events on campus) and will be in Lodi today, October 27th, at Hutchins Street Square from 1:00pm to 6:00pm. For the month of November the outreach events will be held in Modesto on the 4th, Palo Alto on the 5th, and San Jose on the 12th.

Complete information and listings of upcoming Medicare Part D outreach events can be accessed online at pacific.edu. For more information you can also contact Dr. Rajul Patel at 209.946.3451 or rpatel@pacific.edu.

Celebrate Halloween in Stockton

Halloween Happenings
FROM PAGE 1

Downtown Stockton Alliance is the Stockton Pub Crawl or otherwise known as "The CRAWL". Held several times a year, Crawl events allow Stockton residents to enjoy drinks, food, live entertainment, sporting events and private transportation to various venues. This year Halloween Crawl tickets can be bought with or without the Stockton

Young supporting United Way with their "Live United" t-shirts.

Pacific Attempts New United Way Goal

Jesse Voelkert
STAFF WRITER

This year, University of the Pacific is raising its fundraising goal for its United Way campaign. The United Way of San Joaquin County is a nonprofit corporation that runs charitable campaigns and dispenses funds to other nonprofit charity organizations within the San Joaquin community. Every year, the United Way of San Joaquin campaign raises about $14 million dollars, and has raised more than $80 million dollars since 1970.

As of October 18th, University of the Pacific has raised $44,000 for the United Way of San Joaquin County charity organization. The goal has been raised after last year's success to $115,236.26, or 110% of their stated goal of $104,000. This year may follow a similar suit with Pacific’s new fundraising goal being set to $115,000. So far Pacific also has a 40% participation rate, matching last year’s record-breaking 40%.

Those who wish to be a part of University of the Pacific’s campaign can make pledges and donations up until November 16th in order to be eligible for a chance to win an "A" parking pass (those that only faculty and staff can buy) or a gift certificate to the River Room or bookstore.

Any questions can be direct to Judy Chambers at (209)-946-2425.
What are your plans for Halloween? What do you plan to wear?

"I'm going to celebrate Halloween with my friend because it's her birthday, and I'm planning to wear a flapper costume."
#Guadalupe Mejia, C.O. 2015

"I'll be drinking for Halloween and dressing up as Steve Butabi from 'A Night at the Roxbury.'"
#Dylan Walker, C.O. 2012

"Corn maze with my fiance and friends."
#Danae McGill, C.O. 2014

"Party on campus and taking my brother trick-or-treating."
#Sally Tran, C.O. 2012

"For Halloween, I am going to go trick-or-treating and also to my friend's birthday party. I am going to be Superman."
#Fernando Perez, C.O. 2015

"I'm going to celebrate Halloween with my friend because it's her birthday, and I'm planning to wear a flapper costume."
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COPY EDITOR

Muammar al Gaddafi is dead; it is unknown whether he was killed in crossfire as stated by Libyan government officials or if he was assassinated. Gaddafi, the once brutal forty-year dictator of Libya was, to say the least, an eccentric individual. He came to power through a military coup in 1969, at the age of 27.

At the beginning of Gaddafi's dictatorship his nationalist rhetoric and socialist policies gained him support. Eventually though, corruption, his military interferences in Africa and a series of human rights abuses turned the people of Libya against him. Gaddafi during his rule corruptly taxed and profited from oil companies while the majority of the population lived in poverty; he expelled the Italian and Jewish populations of Libya from the country; and was suspected of financially supporting a few terrorist plots.

For the past forty years Gaddafi, in his odd clothing and always in the presence of his retinue of armed female body guards, has been ruling Libya with an iron fist. Gaddafi's paranoia caused his downfall due to his oppressive measures and the growing unpopularity that his regime had among the Libyan population which culminated this year into a bloody revolution.

Since Thursday, October 20th Gaddafi's body had been left on display in Misrata, Libya on a mattress in the freezer section of a market, under a dirty blanket. The National Transitional Council, which has become Libya's interim government, now asserts that Muammar Gaddafi will be buried in a secret desert grave. The NTC has a hefty responsibility on its shoulders now, with control of the future of the nation in the hands of the council whose leader Mustafa Abdel Jalil, assures that the country will be a moderate Muslim nation. Much doubt exists in the minds of many as they hear Jalil say things like, "We, as an Islamic state, have adopted the Islamic Shariah as the main source of legislation... Any law that runs contrary to the Islamic principles of the Islam Shariah is legally void."

Americans must remember to put aside stereotypes and uninformed assumptions about Islam in support of these new Arab nations that have a lot of work ahead of them in order to become legitimate representations of democracies.

We must acknowledge the fact that the movement is very suspicious of foreign interference, and Western nations which have oftentimes had close relationships with dictators and profiteers. In the words of French scholar Olivier Ray, the Arab revolutions might well become the first "post-Islamist" revolutions. It that will happen only if we, the west accept that Muslim values—which have, in Christian or Jewish values many interpretations—become part of the political debate without being the center of it. Although many in the west have doubts, there is a refreshing atmosphere of hope among the Libyan population that calls for civil rights and a government that isn't corrupt.

Congratulations to The Pacifican's Writer of the Month, Jesse Voelkert!
The Struggle to Obtain Equal Opportunity

Affirmative Action and the UC Berkeley Bake Sale

The Pacifican

Mitchell Woerner
STAFF WRITER

Not too long ago Republican students at UC Berkeley hold a "diversity" bake sale in order to illustrate a point on the affirmative action bill in the California state senate. They lowered prices for those people that weren’t white males. Since then, this event has caused quite a bit of controversy with accusations of racism aimed at it. The topic’s died down a bit, but affirmative action does apply to all of us students somewhat, whether we got admitted or denied by colleges as a result of it or not.

First of all, I don’t think these college students are racist, but the way they’re trying to make this point, only makes them look like a bunch of idiots. There are legitimate criticisms of affirmative action, but the bake sale doesn’t really relate to affirmative action at all. They act surprised that people would just start calling them racist, and that they would receive this much attention, but they had to know something like this would happen at one of the most liberal schools in the country.

I actually am not as firm a supporter of affirmative action as many of my fellow progressives are. While I like the reasoning behind affirmative action, to give opportunities to those that are going into the college application process at a disadvantage, it doesn’t do that in the most effective way. For every opportunity given to an African American student, there is one taken away from another student. So you have a dilemma where a nonminority student with higher grades gets shut out of school because they wanted to help an African American. As much as I’d like to give an opportunity to that African American, someone with better credentials might not get in. Therefore, we need to have some context behind all of this. That’s the current situation like, what happens when there’s an affirmative action bill, and why do we need diversity?

In 2007, a total of 2,071 African Americans were admitted into the UC system. The amount of white students admitted was a total of 20,370. So you have this insane difference who gets into schools in our situation. Looking at what happens when there are steps taken to discourage affirmative action. In 1995, Prop 209, an anti-affirmative action bill was passed into law. The freshman class of 1998 at UC Berkeley saw a 50-percent decrease in African American, Latino and Filipino students attending compared to the year before, according to the American Bar Association. So, cut that number of 2,000 African Americans to 1,000, so to mention the other races.

We have to realize that a lot of these minorities go to schools in districts that are plagued with poverty. These kids don’t have the opportunity, time, or money to go to a SAT course, or get a private tutor. They are oftentimes in such awful socio-economic situations that they don’t have the same resources that I had to get into college. They might not have had people to help them with their college applications, college counselors, and other tools like I did at my high school, so you have these kids even applying to college because without affirmative action there’s almost no hope for them to get into college. That’s why I’m a supporter of affirmative action based off of income level rather than race. While there will be a student with high credentials that may get denied from a school or two, he or she can apply to many schools as opposed to a poorer student that may only be able to afford to apply to one or two.

Finally I’m going to talk about diversity. It’s true that a lot of schools like to say they have diversity in order to appeal to those types of applicants, diversity is more than just a PR strategy for colleges. It’s a way we can learn about other people and cultures. I’m sure there are people that this school that went to predominantly white schools. Diversity combined with the social dynamic of college allows us to learn about people of different ethnicities and cultures, shattering whatever stereotypes we may have about people, so that perhaps one day, when we own our own businesses we won’t see those stereotypes when an African American or Latino applies for a job.

The Pacifican

Affirmative Action and the UC Berkeley Bake Sale

The Struggle to Obtain Equal Opportunity

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A Change for the Better, Amber Cole

Sexual Double Standards and Cyber Bullying

Danielle Procope
STAFF WRITER

Amber Cole became an overnight internet sensation due to the proliferation of an illicit sex tape that has been circulating on the web. This sex tape has garnered more attention than others due to the fact that it was on school grounds and she is merely fourteen years old.

Many people have the opinion that she deserves this mockery because she should have known better than to allow herself to be videotaped in such a compromising situation. Many are saying that she did it solely with the intention of receiving an internet celebrity status and that again, she should have known better. Some are saying that she did it to please her ex-boyfriend and should have known better. Some people are saying that at fourteen years old, you can’t use the excuse of being a child anymore. Some people are of the belief that when you partake in certain activities, you forfeit the right to be protected like a child.

The real issue is not whether or not a fourteen year old girl should be performing oral sex on school property. That is an issue for the school, her family, and particularly her guardians to address. The question goes even beyond why she did what she did, and whether or not she consented to the creation of the video and its spread all over the internet. Because even if this people did not completely consent, it does not mean we should passively allow Cole to be harassed because, “she deserves it.”

This raises to question the sexual double standards directed towards women, and the sometimes malicious uses of social media and the internet.

This tape has gravely impacted Cole’s life. She has been the punch line to numerous inappropriate jokes. She has been harassed on Facebook and Twitter by people completely uncorrelated to the issue. Sexist and derogatory words have been broadly directed towards her. More people have shown absolutely no sympathy than those who have. She made another video asking people to stop mocking her and in turn intensified the world’s vulgar critiques.

All of the commentary has centered on her. It seems as if nobody has thought to question why the boy’s involvement has not been equally shamed. Not the one who received this sex act, the spectators, or the person who created this instance of child pornography has been discussed by these same internet trolls. This correlates to the sexual double-standards that thrive in our society. People, men and women alike, are saying that Cole has demonstrated a lack of self-respect, stupidity, and naivette. But what have the boys demonstrated? For them is it just a case of boys being boys? Have they not compromised their self-respect and self-worth by equally participating in this, or is only a woman to bear the public scorn in cases of publicized sex acts?

A commenter on an Amber Cole related article says he feels sorry for Cole because he says she will never find “true love” because she will always be known as the “video girl”. But the boys can still find true love because they won’t be defined by this act or if they are, it won’t be in a negative light?

These are questions that, unfortunately, not many people are considering.

Also, there seems to be an internet culture that thinks it is fair and entirely justified to make fun of somebody to the point where they Tweet, “now i see why people commit suicide” or is only a woman to bear the public scorn in cases of publicized sex acts?

The Amber Cole situation should open up further discussions about sexist ideologies related to sex and how all cyber bullying should be seen as unacceptable. Not just cyber bullying against people who we, as a collective culture, attribute value to.

In light of this event, Amber Cole deserves, at the very least, privacy and respect in the form of silence if not advocacy.

Sexual Double Standards and Cyber Bullying

PERSPECTIVES

OCTOBER 27, 2011

Rock of Ages

Morgan Hendley, Ashley Underlee and Josh Lawrence
MEMBERS OF THE PACIFIC COLLEGE REPUBLICANS

For Pacific students the graffiti rocks located outside of the engineering buildings epitomize the First Amendment rights of free speech, allowing for the free flow of ideas conducive to a collegiate atmosphere. Students often include messages about their clubs or Greek organizations. The only rules pertaining to this activity include abstinence from language that might be perceived as offensive to another’s way of life or beliefs, and must be completed within sunset and sunrise.

On the evening of Monday, October 24th, members of our organization, the Pacific College Republicans, congregated to paint the rock to build club morale and raise awareness of the organization on campus, as many before us had. However, when we arrived on campus the next day, excited to see if anyone had noticed our efforts. We were confronted with an unrecognizable crumbling mass of concrete. What we had created the night before.

Layers upon layers of Pacific history no longer visible. There was a nationwide茹ff against cyber bullying. Not the one who received this video, registry. This correlates to the sexual double-standards that our society. People, men and women alike, are saying that Cole has demonstrated a lack of self-respect, stupidity, and naivette. But what have the boys demonstrated? For them is it just a case of boys being boys? Have they not compromised their self-respect and self-worth by equally participating in this, or is only a woman to bear the public scorn in cases of publicized sex acts?

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“Don’t Ask, Don’t Tell” Yields Positive Results

Grace Hamann
INTERN FOR PRIDE CENTER

After the repeal of “Don’t Ask, Don’t Tell” on September 20th, the relationship between the LGBTQIA community and the US military has begun to change. There has already been some concrete evidence of their relationship changing for the better. In Southern California there was a Pride event at which Marines were recruiting. They specifically came to a LGBTQIA community event to show that they were willing to recruit members of the LGBTQIA community.

There has also been talk among the military about how the repeal of DADT will help the military gain more eligible applicants, and the LGBTQIA community seems to be accepting the military to have open arms. LGBTQIA members of the military that have been discharged are now reapplying to the military.

It is my opinion that all of this is pointing towards a long term, positive change in the relationship between the military and the LGBTQIA community. I think it is important for everyone to remain aware of how the LGBTQIA community is interacting with the military, because their relationship is constantly changing, and we may be able to influence how they interact. Since the military is a branch of the government, the LGBTQIA community’s new relationship with it may even help the LGBTQIA community to improve its relationship with the government as a whole. Now is the chance to improve the relationship between the LGBTQIA community and the military because the recent repeal of DADT has started a discussion between the two communities. Even though the change seems to be slow at the moment, the next few years will be very exciting time for the LGBTQIA community. Not only is there an opportunity for there to be a nationwide push to make the government more accepting of the LGBTQIA community. To be able to this though, we need to keep ourselves educated about the effects of the repeal, so we can vote accordingly.

An easy place to start is just get involved on campus and go to a few PRIDE meetings or you could research DADT on the internet. There is even an upcoming program from the Multicultural Center’s PRIDE center that will be discussing the effects of DADT and the current effects of it. To find out more information, go to the Multicultural Center or email: g_hamann@pacific.edu
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Downtown Stockton & Miracle Mile

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STUDENT ADMISSION $16

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How to Party Safely

Christiana Oatman
PERSPECTIVES EDITOR

When you’re a child, Halloween is a holiday to dress up in an adorable costume and go around a neighborhood with your friends and family at night to collect free candy from strangers. When you’re in college, Halloween is a holiday to dress up in a costume that is either overtly sexual or somehow inappropriate (dressing up as a recently deceased celebrity, for example) and go out to parties.

College parties usually consist of drinking alcohol—and quite a lot of it. Going to parties is often a lot of fun and it’s a great way to socialize with other members of the Pacific community. But one should be cautious about drinking alcohol, and there are a few important things to consider:

1. Most Pacific students are under the age of 21.

You can be under 21, get really drunk and not get caught by the police. But, you still have to consider the risks. If you are caught, you might be sent to a drunk tank and someone (most likely your parents) will have to bail you out. It will also go on your permanent record. Getting in trouble is not worth it.

2. If you are going to drink, be sure to not go to a party alone.

Bring a friend with you who will not drink as much as you will, so he or she can watch out for you in case you do something stupid or aren’t able to get home by yourself. If you do go to a party alone, can’t get home by yourself and live on campus, call STRIPES, and they will still take you back to your residence hall. No questions asked.

Whatever you decide to do, be smart and have a great Halloween weekend!

The Downfall of Netflix

Erin Saito
CONTRIBUTING WRITER

Shortly after Netflix’s CEO Reed Hastings’ decision to split the Netflix DVD delivery and online streaming services into two companies with separate usage fees, customers responded by dropping their subscriptions entirely, leaving Netflix with 1 million less customers and a severe drop in stock prices. In a desperate attempt to keep up with the evolution of DVD and home entertainment, Hastings moved to create Quikster, a company under Netflix, to manage the DVD delivery service while the original Netflix focused on internet-based streaming media. The split was followed by a 60% price increase from the usual Netflix fee, which included both streaming and DVD delivery at a flat rate. Now the price for the two separate services amounts to $18, a price that many Netflix customers are unwilling to pay.

Hastings’ intention for this sudden change in tactic stems from the ever-growing demand of unlimited streaming media over receiving DVDs in the mail one at a time. As we can clearly see from the empty Blockbuster and Hollywood Video buildings, the film industry is progressing quickly. Hoping to strengthen each aspect of the streaming and mail DVD service, Hastings separated the two and planned to place more emphasis on the streaming portion. On the Netflix official blog Hastings said, “Companies rarely die from moving too fast, and they frequently die from moving too slowly.”

Apparently, this was not the case. Many customers complained of the inconvenience of having to manage two separate websites and bills for their DVD service. The price hike deterred others who had joined Netflix for the promise of maximum entertainment with minimum cost. This announcement was followed by Netflix’s sudden termination of their contract with the Starz TV station, which led to a decrease of movie selections.

It comes to no surprise that Scotty McCreery, Idol’s newest winner and Lauren Alaina, the runner-up, both country music Idols, have recently topped Billboard Top country albums. Scott McCreery’s debut, Clear as Day, and Lauren Alaina’s debut, Wildflower, have both been winning defeating Martina McBride’s album Eleven and other top artists like George Strait and Toby Keith.

Carrie Underwood, Scott McCreery, and Lauren Alaina are just a few of the many American Idol competitors who will continue to have major success in their careers as long as American Idol keeps on listening.
Cooking 101 with NutriCat:

Using Spices

Alexandra Caspero
CAMPUS DIETITIAN

Essential for flavor and low-fat cooking, spices are aromatic seasonings that come from the bark, buds, fruit, roots, or seeds, of plants. Herbs and spices are a wonderful way to bypass unwanted salt, butter or oil on foods. However, if you are new to cooking, the spice aisle may seem like unfamiliar, uncharted territory. Never fear, NutriCat is here! This week’s column is all about using spices to create different flavor profiles. Whether you are trying to dress up plain chicken, rice, pasta, or vegetables, use these flavor combinations and you are sure to come out with a winning dish! Once you know what spices work well together, the possibilities are endless.

Chinese: soy sauce, rice wine, ginger, garlic and sesame
Eastern/Northern Europe: dill, caraway, allspice and paprika
French: olive oil, garlic, basil, thyme, rosemary, marjoram, sage
Greece: olive oil, tomato, lemon, mint, oregano
India (general): curries, turmeric, cumin, ginger and garlic
Southern: mustard seed, coconut, tamarind and chilies
Italy: olive oil, garlic, basil, parsley, and tomato
Japan: soy sauce, sake, and sugar
Mexico: cumin, Mexican oregano, peppers, lime and chilies
North Africa: cumin, coriander, cinnamon, ginger, onion
Spain: olive oil, garlic, nuts, onions, peppers and tomato
Thailand: fish sauce, curries and chilies
West Africa: peanut, chilies and tomato

To get you started, try this easy chicken dish.
First, choose a flavor profile. For this example, let’s use Mexican.

INGREDIENTS
2 1/2 tablespoons cumin
2 tablespoons garlic powder
1 tablespoon salt
1 tablespoon oregano
1 tablespoon ground cayenne pepper
1 tablespoon ground black pepper
4 skinless, boneless chicken breast halves

DIRECTIONS
In a medium bowl, mix together the cumin, garlic powder, salt, oregano, cayenne pepper, and ground black pepper. Set aside about 3 tablespoons of this seasoning mixture for the chicken; store the remainder in an airtight container for later use (for seasoning fish, meats, or vegetables).
Preheat grill for medium-high heat. Rub some of the reserved 3 tablespoons of seasoning onto both sides of the chicken breasts.
Lightly oil the grill grate. Place chicken on the grill, and cook for 6 to 8 minutes on each side, until juices run clear.

Student Leadership Nominations Continued

Alpha Phi

Alexa Karkar is a student leader because of her involvement in many things on campus for her entire college career. Currently a junior communication major with double minors in English and business administration, Alexa has held multiple positions across campus over the years. She was president of Grace Cowell Hall government during her freshman year, president of Alpha Lambda Delta honors society during her sophomore year, and currently holds the position as Vice President of Marketing for Alpha Phi. Besides holding these positions, she holds a part time job on campus and manages her studies as part of the honors program. As a leader she puts the most passion into what she’s involved in, volunteering often and assisting her sorority sisters whenever needed. Alexa feels it’s important to make the best of her years at Pacific, which is what she does by staying so involved as a student leader.

Alpha Phi

While listening to Michael Buble and checking my e-mail, I was surprised to discover that my President recommended me for this Leadership Edition. I am the type of person who enjoys being busy. I essentially sleep with my planner at an arm’s distance. I am a senior this year juggling a double major in Development and Cultural Change in the School of International Studies and French with an Economics minor. Trust me, it sounds scary, but I feel it is feasible. I studied abroad in Nantes, France my sophomore year in order to ensure that I could run for a position in my social sorority, Alpha Phi, when I returned. Upon returning to the States, I received the position of Director of Formal Recruitment last fall and Panhellicen Delegate for this calendar year for Alpha Phi. Last fall I was also honored with a bid to join Delta Phi Epsilon, the co-ed foreign interest fraternity, where I currently hold the position of Vice President of Recruitment for this calendar year. I dedicate so much of my time to these two fraternities that if it were a job, I’d be rich instead of a broke college student. Fortunately, I am able to work on campus at the DeRosa University Center as a building manager. At the same time, I am applying to the Fulbright Scholarship, which is a Department of State sponsored scholarship to teach or conduct research abroad. I strongly believe that a leader is someone who leads by example. Passion (enthusiasm and drive) and loyalty (dedication to one’s self and convictions) are important aspects to any leader and I try to exemplify these qualities everyday. Every person has the potential to be a great leader if he/she puts in the effort. I have a family here at Pacific that has helped foster and expand my potential and I hope to lead by example.
SPORTS

TIGER X
SCHEDULE
THUR, OCTOBER 27 -- WED, NOVEMBER 2
@ Baun Fitness Center

10/27:
12:05-12:50 PM -- Yoga (WR)
4:00-5:00 PM -- Piloxing (WR)
5:15-6:15 PM -- WalkFit (FD)
5:30-6:30 PM -- Indoor Cycle (RR)
6:30-7:30 PM -- Zumba (WR)
6:40-7:00 PM -- Awesome Abs (RR)

10/28:
6:30-7:15 AM
4:00-5:00 PM
5:15-6:30 PM
- Express Cycle (RR)
- Zumba (WR)
Yoga (WR)

10/31:
6:45-7:15 AM -- Jump Start (WR)
7:30-8:30 AM -- Fit & Functional (WR)
12:05-12:50 PM -- Pi-Yo (WR)
4:00-5:00 PM -- Core Cycle (RR)
5:05-6:20 PM -- Yoga (WR)
6:30-7:30 PM -- TurboKick (WR)

11/1:
12:05-12:50 PM -- Yoga (WR)
4:00-5:00 PM -- Piloxing (WR)
5:15-6:15 PM -- WalkFit (FD)
5:30-6:30 PM -- Indoor Cycle (RR)
6:30-7:30 PM -- Swing Dance (WR)
6:40-7:00 PM -- Awesome Abs (RR)

11/2:
6:30-7:15 AM -- Express Cycle (RR)
7:30-8:30 AM -- Fit & Functional (WR)
12:05-12:50 PM -- Power Sculpt (WR)
4:00-5:00 PM -- Zumba (WR)
5:15-6:15 PM -- Yoga (WR)
6:30-7:30 PM -- Barre (WR)

FD - Front Desk
RR - Rubber Room
WR - Wood Room

Zumba: The Tiger X Craze

Michsyl Montalbo
STAFF WRITER

Thrusting, laughing and sweating to Latin music. Basically what you will be doing when you attend the Tiger X Zumba class. This high energy class is for both the shy, yet curious and the brave and excited. The fun and sexy moves make it feel like you’re not working out at all, but in fact, it works your entire body. There are hidden lunges and squats, but it’s practically all dancing. The class plays 10 songs, the last a slower song for stretching and cooling down. When asked how Iris Chaloner, the instructor, would describe Zumba in her own words, she replied, “It’s a party!”

Chaloner, from El Salvador, has been dancing her entire life and describes the type of exercise as an activity that makes you “forget everything else.” If you’re not quite the dancer, do not fear. You can dance at your own pace and there is no need to be embarrassed. There are always chances to take water breaks, especially between songs. There are dancers at all different levels, from first timers, students who have taken multiple Zumba classes, to the talented ones who simply catch on quickly. The atmosphere is comfortable and supportive. Even if you go alone, you’ll still enjoy yourself. For those who are still wary, Chaloner says, “I’m shy too, but when there are more people around you get familiar with the steps and it gets easier.”

Admittedly, there were 13 girls and only 1 boy. But boys, if anything, this should give you more incentive. Ladies, bring your boyfriends to have something to laugh at, and gentleman, bring your girlfriends and you won’t be able to take your eyes off them. So come Wednesday and Friday 4-5pm in the Wood Room and Thursday 6:30-7:30pm—you won’t regret it.

Zumba For U

Zumba, the dancing fitness craze that is sweeping the nation, has made its way to Pacific.

PTAA Announces Men’s Basketball Bus Trips

Fans Will Travel with Team to Nevada, San Francisco, and Stanford

Athletic Media Relations

The Pacific Tigers Athletics Association has organized three bus trips for the 2011-12 men’s basketball season. The first excursion will be an overnight bus trip to watch Pacific take on the Nevada Wolf Pack in Reno on Nov. 17. The bus will leave at 1 p.m. from Lot 1, near the Alex G. Spanos Center, then depart from Reno the following morning at 9 AM. It is $70 for PTAA members and $90 for non-PTAA members. The cost includes a game ticket, round trip bus fare, food and beverages on the bus and a pre-game booster party at Stanford. The USF trip is $50 for PTAA members and $60 for non-PTAA members. The cost includes one game ticket, round trip bus fare and food and beverages on the bus. To RSVP and reserve a hotel room at the El Dorado for the Nevada trip, please contact Chris Lynn at 209.946.2327 or clynn@pacific.edu.
WOMEN'S VOLLEYBALL: Pacific earned a big 3-0 (25-14, 25-18, 25-23) sweep of UC Irvine on Saturday. Senior Samantha Misa led the team with 13 kills, while junior Gabby Cowden provided two serving aces. With the win, the Tigers moved into a three-way tie 2nd place in the Big West. Pacific will host Cal Poly on Friday, October 28 and UC Santa Barbara on Saturday, October 29. Both games will be San Joaquin Country Red Ribbon Nights.

FIELD HOCKEY: The Tigers went winless on their Midwest road trip, falling to #20 Northwestern 5-0 on Friday and #11 Iowa 4-0 on Sunday. Pacific will conclude the regular season on Saturday, October 29 at home against UC Davis. The team will then head to Stanford for the 2011 NorPac Tournament the following weekend.

MEN'S WATER POLO: #7 Pacific opened MPSF play with an 8-6 defeat to #3 Stanford on Friday. The Tigers lost despite a halftime lead and a pair of goals from both junior Goran Tomasevic and sophomore Balazs Erdelyi. Pacific will host #8 UC Irvine on Saturday, October 29 before heading to #15 Santa Clara on Sunday, October 30.

TENNIS: Both Men's and Women's Tennis teams competed at the ITA Southwest Regional Championships over the weekend. Each Tiger crashed out in the Consolation Bracket. The Women's team will have a few weeks off while the Men's team will participate in the Saint Mary's Classic, October 28-30, the team's final play until January.

CROSS COUNTRY: Pacific will run in the 2011 Big West Championships in Riverside, CA on Saturday, October 29. If any Tigers advance, they will compete in the NCAA regionals on November 12.

SWIMMING: Both Men's and Women's Swimming teams will be back in action after a week off. The Women's team will face off against Nevada on Friday, October 28 before joining the Men's team for a dual meet versus Cal State Bakersfield on Saturday, October 29.
Men's Golf to Host 2011 Pacific Invitational
Tigers Look to Become First Repeat Champs in Tourney History

Athletic Media Relations

With the start of the annual Stockton Convention & Visitors Bureau Pacific Invitational, sponsored by Ron Berbarian just around the corner, the Tigers have made their way out into the community to prepare for their title defense of the yearly tournament. Pacific will host the invitational from Oct. 31 - Nov. 2 at Brookside Country Club.

Joining the Tigers at the event will be 11 of the nation’s best teams in a field which will feature all five past champions of the event. Last season, the Tigers took home the tournament title by lapping the field as they shot an impressive -25, winning the tournament by 19 strokes.

Fans will have a chance to see some of the best collegiate golf in the country as Pacific will once again host Spectator Wednesday on November 2. All fans are invited out to cheer on your Tigers while enjoying great food and seating around the exciting 18th hole.

Tournament History:

<table>
<thead>
<tr>
<th>YEAR</th>
<th>TEAM</th>
<th>CHAMPION</th>
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<tbody>
<tr>
<td>2010</td>
<td>Pacific</td>
<td>-25</td>
</tr>
<tr>
<td>2009</td>
<td>UC Davis</td>
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</tr>
<tr>
<td>2008</td>
<td>Kansas State</td>
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<tr>
<td>2007</td>
<td>Charlotte</td>
<td>-40</td>
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<tr>
<td>2006</td>
<td>BYU</td>
<td>-34</td>
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Tournaments: Pacific, BYU, Cal Poly, Colorado State, Denver, Fresno State, Kansas State, Marquette, Nevada, Oregon State, UC Davis, UNC Charlotte
Format: 54-holes (18 each day) - Five players per team with lowest four scores each day
Starting Times: 8:00 am start from holes 1 & 10
Forecast: 75, sunny (Mon.-Wed.)
Live Scoring: www.GolfStatResults.com

Women's Soccer Falls on Senior Day
Pacific Suffers First Home Loss of the Season in Final Home Game

Ruben Dominguez
SPORTS EDITOR

The Pacific Women's Soccer team bade farewell to five terrific seniors on Sunday. Angelica Figueroa, Laura Hogan, Nydia Ramos, Alex Topp, and Kristina Wavomba closed out their Pacific home careers in front of family, friends, and fans alike. Unfortunately, the team was unable to send them off with a win, losing to Cal Poly 2-1 and falling for the first time at home all season.

Despite recording six of the first seven shots of the match, the Tigers found themselves down late in the first half. In the 38th minute, Cal Poly got the ball into Pacific's box. After bouncing around for a few seconds, the ball found Kacey Held, who blasted it above sophomore goalkeeper Tashia Long to put the Mustangs ahead 1-0.

Just a few minutes later, Cal Poly slotted a ball behind Pacific's defense. Despite the Tigers getting a foot on the ball, a deflection found its way to Held, who fired the shot off of the left post for her second goal of the game, increasing Cal Poly's lead to 2-0 in the 43rd minute. After outshooting their opponent in the first half, yet being down two goals, the Tigers stepped up their attack in the second half. In the 48th minute, junior Lauren Olvera looked to have put the team on the board, but her shot hit the crossbar. Topp and Wavomba fired shot after shot, but each was stopped in succession by the Mustang goalkeeper Brooke Gauin.

In the 66th minute, Pacific earned a corner kick. Figueroa sent the ball into the back post, where sophomore Brittni Beeman headed it to cut the deficit in half.

For the remainder of the match, Topp and Wavomba rained down shots on Cal Poly. However, it was little too late, as the Tigers fell in front of their home crowd for the first time this year despite outshooting their opponent 19-11. Long did not record a save in the game.

Pacific will enter the final weekend of the regular season tied for seventh place in the Big West. Only the top four out of nine teams will qualify for the 2011 Big West Tournament, which will take place November 3rd and 4th at the home locations of the top two teams.

The Tigers will head to State Fullerton (current eighth place) on Friday October 28. The team will conclude the regular season at fourth place Long Beach State on Sunday, October 30th. Pacific will need to both contests and receive results from other teams in order to qualify for the tournament.