The Pacifican March 31, 2011

University of the Pacific

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The Pacifican
University of the Pacific's Newspaper since 1908

Thursday, March 31, 2011

Justice Cruz Reynoso will speak tonight in Janet Leigh Theatre for Cesar Chavez Day.

1st Mexican-American Justice To Speak Tonight

Justice Cruz Reynoso will speak tonight in Janet Leigh Theatre for Cesar Chavez Day.

Happy Cesar Chavez Day! Today, there will be a variety of activities from 3:15 PM to 8:30 PM in celebration of Cesar Chavez Day.

From 3:15 PM to 4:30 PM in the Presidents Room located at Anderson Hall, there will be a lecture led by attorney, Maurice "Mo" Jourdane. Jourdane is famous for being the first Mexican-American to sit on the California Supreme Court.

After that, from 7 PM to 8 PM in the Janet Leigh Theatre, the documentary entitled "Cruz Reynoso, Sowing the Seeds of Justice" will be shown. The film is the winner of the GOLD Davie Award, the Sacramento Film & Music Festival Jury Award, and the Accolade Award for Best Documentary. The film, according to reynosofilm.org, "Paints a portrait of Cruz Reynoso, a man who felt the sting of injustice as a child and later, as a lawyer, judge and teacher, fought for over five decades to eradicate discrimination and inequality for all."

Following the film, Justice Cruz Reynoso will actually be in attendance at the Janet Leigh Theatre to answer questions from the audience. Reynoso is famous for being the first Mexican-American to sit on the California Supreme Court.

Dr. Arturo Ocampo, assistant provost for Diversity, was very involved in bringing Reynoso to campus. Ocampo stated that he hopes students learn from Reynoso’s lecture, “The importance of determination, that someone from humble beginnings can achieve success.”

The Threepenny Opera Performed By Double Cast

Emily DeRosa
Staff Writer

Last Thursday, March 24th, The University of the Pacific Conservatory of Music opened their production of The Threepenny Opera in Pacific's very own Long Theatre. The directors included Professor James Haffner as Stage Director and Professor Burr Cochran Phillips as Musical Director and Vocal Coach.

The opera is based on John Gay's The Beggar's Opera, first premiered in 1728. The original story was set in England as a political satire featuring songs that common people were familiar with so that everyone could enjoy the play, even the poor. The play was a huge success, and in 1928, Bertolt Brecht and Kurt Weill adapted the first play into The Threepenny Opera. The adaptation was also a hit in Berlin pre-World War II and post-WWII when it was reborn in New York.

Pacific's production featured a double cast with its first cast playing on Thursday, March 24th and Saturday, March 26th and the second cast playing on Friday, March 25th and Sunday, March 27th. Lead roles such as Mrs. Peachum, Polly Peachum, Jenny, and Lucy were played by two different performers depending on the day of the performance.

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2 New Regents Appointed

Media Relations

Two new members have been elected to the University of the Pacific’s Board of Regents — Fawzi M. Al-Saleh, president of Mwasapile Al-Saleh & Sons, Ltd., and Kevin Huber, President and CEO of the Grunge Company. Both were elected to the board during a Board of Regents meeting held in San Francisco in mid-January, and will start their new positions July 1, 2011.

Al-Saleh is a 1962 graduate from the School of Engineering and Computer Science, and Huber is a 1986 graduate of the Eberhardt School of Business. Both men have extensive business and management backgrounds.

“Both men are Pacific graduates and understand our community’s goals, history and standards, and they will be great additions to the board,” said Tom Zuckerman, director of the Board of Regents. “Their understanding of the University and the world of business will serve Pacific well as it continues to look for better ways to serve its students and its communities.”

Al-Saleh has been a strong supporter of Pacific for several decades and has helped recruit many students from the Middle East to Pacific. He was named the School of Engineering and Computer Science Outstanding Alumnus of the Year in 1999 and has served on the School of Engineering and Computer Science Dean’s Council since 2002.

Huber is currently president and CEO of the Grunge Company, which has created 10 master-planned communities and more than 50,000 homes in 35 cities nationwide in its 44 years of business. He also serves as president of Groupe Real Estate, which manages more than 400,000 square feet of office and retail space.

Al-Saleh and Huber will serve three-year terms and can be reappointed two more times to the board to serve three consecutive terms.

The University of the Pacific Board of Regents is entrusted with final responsibility for the quality and integrity of the education provided by the University. It selects the President, approves the mission of the University, and ensures provision of adequate resources to support the University.

Congratulations, Pacific!

You raised $28,300.34

last week in Relay for Life donations!

Cesar Chavez Day

Media Relations

The Bronx Zoo in New York is currently searching for a venomous snake that went missing from the zoo last week. The deadly Egyptian Cobra is 20 in. in length. Zoo officials are warning New Yorkers to look out for the snake.

US retired president Jimmy Carter visited Cuba to talk to officials and try to release US government contractor Alan Gross.

Radioactive water has been found outside of the Fukushima Japanese reactor plant after the tsunami hit. High levels of plutonium have been found in the soil around, but according to Japanese officials this is not dangerous. Japanese officials are worried of the radioactive materials in the water; however, because up until this point, those materials were only ever harbored within the facilities.

Dr. Ocampo believes there are important lessons to be taken away from the Cesar Chavez Day events. “In PacSen, we ask ‘What is a good society?” Ocampo explained, “Reynoso fought for a good society and did it by setting his sights high, and using his knowledge for the betterment of the underserved. It is our hope that students follow Chavez and Reynoso’s lead and make Cesar Chavez Day a day of service by using the day to volunteer or to work on a valuable cause. The reason Cesar Chavez day is not a holiday is because Chavez valued education and would have preferred to see students stay in school and learn how to be of service to their community.”

The Cesar Chavez Day events on-campus are sponsored by the Provost’s Office, Latino Outreach, and Stockton Mexican Heritage Center. The co-sponsors are the Gladys L. Benerd School of Education, the Eberhardt School of Business, the College of the Pacific, the Pacific Latino Pre-Law Club, and the Pacific Legal Scholars Program.

For more information on any of the events, contact assistant provost of Diversity Dr. Arturo Ocampo, at aocampo@pacific.edu.
Threepenny Opera
(Continued From Page 1)

According to sophomore audience member and Flute Performance Major Dana Carey, "[The Threepenny Opera] was supposed to be a comedic opera that was funny, obscene and shocked the audience. You know, cussing, a man running around without pants on... things like that." However, that is not to say that Dyachek's performance was not what the original authors had in mind. Dana went on to say, "At the same time, it still has serious aspects, and it depends on the directors and performers whether they want more comedy or more seriousness... [Dyachek] really made you think about the moral implications of the play."

When asked about the story, freshman audience member and bioengineering major Adam Zittel said, "It's an interesting story: catching a powerful man with his only weakness, dealing with a sociopath when he gets out of hand - intriguing." Zittel also had some words about the performance of the second cast. "Overall, I thought it was a good performance. I loved the Peachum couple. They were great singers and actors, and the cast, 'member of a family,' "veteran,' "Latina,' "female,' "lesbian,' "social worker,' "professor,' and 'elected official.'"

Dana Carey was part of the band for this year's production. Carey remarked that, "Students combined parts with the help of Professor Phillips' and 'Instead of having a good number of woodwinds... they had to combine saxophone parts and flute parts all into one saxophone part in order to have enough space in the pit."

At times, the cast would be acting while the scene was rotating and changing. This made for an "Elaborate and extremely complicated set."

The extension over the pit also caused some complications for the band. Carey remarked that, "Students combined parts with the help of Professor Phillips' and 'Instead of having a good number of woodwinds... they had to combine saxophone parts and flute parts all into one saxophone part in order to have enough space in the pit."

However, despite the condensed band, "[Professor Haffner] during rehearsals would be telling [the band] to play softer, softer, softer" so as not to drown out the performers on stage.

The Vagina Monologues, a series of monologues meant to empower women through their message, will premiere in Raymond Great Hall.

Performed by a collection of students, faculty and staff members, The Vagina Monologues will be put on to raise funds for the San Joaquin Women's Center and the relief efforts for women in Haiti. Tickets will be sold for $12 ($10 for Pacific students) and will be showing Friday, April 1st through Sunday, April 3rd.

Doors will open at 6:30 PM on Friday and Saturday; the show starts at 8 PM. Sunday there will be a 2 PM matinee; doors open at 12:30 PM.

Come and support your friends, Pacific faculty and staff, while helping out a great cause!

Eggman On "Identities"

Allison Seals
News Editor

This last Monday from 7 to 8 PM in the Biology Building Rm. 144, Stockton City Councilwoman, Susan Eggman, visited Pacific to speak on the topic of "Intersecting Identities."

Susan Eggman received her PhD in Social Work and Social Research from Portland State University and is currently the Assistant Professor of the Division of Social Work at CSU Sacramento. Eggman is also a US Army Veteran.

Eggman spoke to a group of students on how her different "identities" intersect with one another. She classified each of the following as her individual "identities:" "veteran," "Latina," "female," "member of a family," "lesbian," "social worker," "professor," and "elected official."

As she continued to explain some of the other trials she has been through, she went a bit into a detail of her life as a social worker. She stated, "I got my PhD solely so I could teach. I believe knowledge is a hat to hang on basics that are already there."

Eggman then elaborated further on how some of the programs he implemented "did not help" the world of social work.

As a result of this, Eggman portrayed how she realized she needed to run for an elected office. "We can sit around like victims," she would tell people, "or we can run for office."

As an elected official, Eggman has tried to implement the culture and values she was taught growing up. "I try everyday to think of what my mom or grandmother," Eggman pointed out to the crowd, "would have wanted in an elected official—how to treat and how to represent them."

Since being an elected official on the Stockton City Council, Susan Eggman has implemented programs such as community building, "Get Fit Stockton," and the building of community gardens.

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To bring everything together, she finally said, "When I get up, I think about being congruent and embracing all of my parts. I feel as though if any one of my identities was missing, I would not be whole."

Susan Eggman was brought to Pacific by the Pacific Sociological Society as part of Pacific Women's History Month.

Schectman Lecture

Christiana Oatman
Perspectives Editor

Sarah Shectman, an expert on the Hebrew Bible, will give a lecture entitled "Women's Status in Biblical Israel." The event will occur on April 7th in Biology Building Room 101 at 7 PM, with a reception.

Shectman's lecture will examine the often times conflicting roles that women play in the Hebrew Bible, ranging from unnamed wives and mothers to named women who are social pariahs or villainous.

Shectman is a graduate of Wellesley College and Brandeis University. She has written one book, "Women in the Pentateuch: A Feminist and Source-Critical Analysis. She has also taught at numerous universities as a visiting professor in Religious Studies, particularly Judaism."
Letter from the Editor: New Editorial Staff

As the year comes to a close and another set of graduates prepare for the next chapter of their lives, The Pacifican is also moving into a major set of internal transitions.

Executive Editor, Alex Ruano, will be graduating and embarking on another portion of his life. Ruano has worked for the paper since September 2007. He has been the Executive Editor for the last year and a half, and during this time was able to work closely with the editorial staff to mature The Pacifican to what it is today. Ruano has been a diamond to the paper and will be greatly missed by the entire staff.

Because he will be graduating and leaving Pacific this May, [Aliyson Seals] will soon be taking his place. As the next Executive Editor, I will soon be in charge of making sure The Pacifican editorial staff fulfills its ultimate goal in making the paper the best media outlet on campus for students. With this in mind, suggestions and comments about the future of the paper can also be sent to pacificaneditors@pacific.edu or The Pacifican Facebook page and will be looked at with the best integrity in mind.

I am currently a junior, going into my senior year. I am an English major with a Gender Studies minor. I have worked as both the Sports Editor and the News Editor of the campus paper in the past, and am ecstatic to have this opportunity to continue the progression of The Pacifican.

As I transition into a new position within the paper, I hold excitement for the other new members of the staff. As Juliene Sesar, Layout Editor, gets ready to study-abroad in Spain for the Fall 2011 semester, Sylvanna Ho will be taking her place. Ho is a Pre-Pharmacy major with a strong background in working with Microsoft InDesign.

As Kelly Asmus, Copy Editor, prepares to travel abroad to France for an entire school year, she will be replaced by junior, Sandy Ono. Ono currently works as a Writing Mentor in the Library’s Writing Center. She is a double major in English and Speech-Language Pathology and is an active member of the social sorority, Delta Gamma.

The last transition made on the editorial staff, was to hire another News Editor to replace my current position. Sara Menges, junior, was chosen for this feat. Menges is currently an International Studies major at Pacific and is an active member in the Council of Social Entrepreneurs. She has worked as a staff writer for The Pacifican for the last year. The Pacifican may be experiencing some major internal changes for next year, but will still be holding onto some other very valuable members of the staff. Kobina Armah, Lifestyles Editor, Christiana Oatman, Perspectives Editor, Ruben Dominguez, Sports Editor, and Copy Editor, Karla Cortez, will all still be furiously working on their weekly sections.

The Pacifican is about to embark on a journey to become one of the leading campus newspapers in the state. Keep a look out next year for new aesthetically pleasing layout changes and more student-based content changes.

As The Pacifican alters itself to hopefully become one of the best (if not the best) media outlet on campus, the new editorial staff was the last needed necessity. I have full faith in all of the new (and old) editors and hope you will join me in giving them your full attention next year by reading their sections every Thursday.

If you are currently a student and are interested in getting involved with the upcoming changes to the paper and/or becoming a Pacifican staff writer, stop by one of our weekly meetings every Thursday at 12 PM on the 2nd floor of Morris Chapel. Students in all majors and disciplines are welcome to become actively involved in this media outlet.

On a last note, I would like to personally thank the members of the staff that are leaving (whether permanently or temporarily) for the hard work they have put into the paper. The Pacifican is a paper for the students, by the students, and all of you have contributed your endless hours of work every week to make sure it has continued to run. The Pacifican’s weekly publication would be impossible without the intense dedication and laboring hours all of you have fervently put in and for that, we are all thankful.
Disney's Depictions of Gender

Tara Ignont
Contributing Writer

Disney is known to be one of the most popular corporations that produce child entertainment. In retail, the franchise produced $4 billion worth of products in 2007 alone. However, the Disney Princess franchise stands out the most. Young girls, in particular, become very familiar with these fairytales. With the help of costumes, young girls can wear a Cinderella outfit all year round. They can wear the jewelry, eat from Disney tupperware and sleep in pink princess sheets. Basically they are living like a "princess." This fascination is wide spread, we see it in schools, at home and in many other public places. The question posed here is whether the portrayals of women in these Disney movies leave a negative effect on our young girls through race and gender discrimination.

Is Censorship Still Necessary?

Brianne Nemiroff
Staff Writer

Whatever happened to metaphors or being coy? Whatever happened to real lyrics and clean music videos? What has the industry become? It's turned into a business where being crude and shock factor sells and being clean puts you on the Disney Channel. If you're over 18, or if you're Miley Cyrus, 12, you can put on a bikini and strut around in a music video to sell it naked rolling around in a bed next to a brand name sheet. Basically they are familiar with these products in 2007. It's turned into a business where the Disney Princess franchise stands out the most. Young girls in particular, become very familiar with these fairytales. With the help of wardrobes, young girls can wear a Cinderella outfit all year round. They can wear the jewelry, eat from Disney tupperware and sleep in pink princess sheets. Basically they are living like a "princess." This fascination is wide spread, we see it in schools, at home and in many other public places. The question posed here is whether the portrayals of women in these Disney movies leave a negative effect on our young girls through race and gender discrimination.

As children, we are exposed to television, children's books, cartoon characters and plenty more. The media influences almost everyone around the world. Children develop certain beliefs and values based on what they see and learn, this is why it is important for children to know what they are capable of outside the world of fairytale land. Children watch an average of 2.5 to three hours of television a day and when it comes to music videos that come out on video, they watch them over and over again. It is unfortunate, however, that the songs they watch are repeatedly filled with stereotypes. According to Hurley, and expert, fairy tales are the longest existing genres of child literature. Children form self images based on what is depicted within fairytales and even though changes in society have occurred, gender and race images have not evolved entirely. Disney, being one of the most popular franchises, is limited in its variety of ethnicities and is very stereotypical of its princesses of color. Gender portrayals leave women helpless and dependent upon their male counterpart. Although sexism and racism have changed throughout the years, these messages are still hidden within many old and current Disney films and need to be noticed.

If you haven't heard these songs before, you're probably saying to yourself, "Didn't she say that the F-word was in all of the titles?" That's where censorship comes in.

Let's play fill-in-the-blank. The original title for "Forget You" is ___________ "You" and the original title for "Tonight (I'm Loving You)" is "Tonight (I'm _____ing You)." This is pure class, indeed. It cannot get more blunt than that. Though, in Iglesias' song, before he states the title, the line is "Please excuse me, I don't mean to be rude." That line wasn't by accident. It's to add to the shock factor. It's so drastically different that it makes more of an impact on your ear and you remember it as that. This is also reminiscent of a song called "Sexy Bitch" by David Guetta. In the bridge, he states "I'm trying to find the words to describe this girl without being disrespectful." It transitions to the chorus where he says, "Damn, girl, damn you a sexy bitch." Without sounding like a hard-core feminist, there is no point for such a line if all you are going to do is refer to the women as a piece of meat.

The scary part now is that there are still directors who interpret the written word, and the videos are starting to get even more risqué. The video for Enrique Iglesias consists of topless strippers, forceful public sex scenes, and an orgy. Ironically he's sitting at the edge of the bed in that scene like it's no big deal. Because by now, we see it as no big deal either.

YouTube, where all reputations got to hell, contains recent videos that have similar themes. The video for Lady Gaga's "Born This Way" uses a mirrored split-screen effect to make it look like she's giving birth to a monster. I'll call him Justin Beiber. She is also "dancing" throughout the video in only a small pair of underwear and an almost transparent bra. Though compared to her "Telephone" video, she's dressed for winter.

The combination of music videos and censorship in songs is what makes censorship almost pointless. If music videos still represent the song, as dirty as it is, what's the point of saying, "Forget you?" What I hope happens is that real songwriters start to emerge once again. If the F-word has become such a prominent part of the song, it has no power or meaning. Cursing has become more popular to the point where it's no longer adding to the angst of Snoop Dogg or Busta Rhymes. It's been said by Britney Spears and Pink to give them a rough edge. Censorship has always been an issue because artists are always trying to push the boundaries. Since we have gone so far already though, there is no point. The only need for censorship is so it's clean for TV and radio, but no one watches the clean version on the internet. So writing a filthy song, to only get it censored, gets you more hits than a clean song. Do you get it now? It's all about money. Shocking? I think not.
Multi-racial Students in Higher Education

Ashley Hale
Contributing Writer

Multi-racial and multiethnic students are individuals that identify as having two or more distinct racial heritages. Though the number of multi-racial individuals in the population is increasing, there have not been too many larger institutional movements to address the needs and developmental concerns of these individuals. In higher education, there has been a movement to address more diversity and inclusion initiatives. To truly help with the development of our multi-racial identifying students, these initiatives also need to address the specific needs of mixed students.

To better serve these students, we need to develop a better understanding of the unique issues they face. Race influences how people are perceived by others, the communities and individuals they identify with, and the ability to impact the social relationships individuals build as well as how they perceive themselves. Though there has been a significant lack of substantial research focusing on the needs and development of multi-racial students, some research has been conducted. The results have indicated that many multi-racial students have a hard time grappling with their own identity while simultaneously being faced with the racial designation others try to impose on them.

Also, many feel like they must either claim one aspect of their identity, or that they do not belong in any other monoracial community. Often, these identity issues first surface in the home, when many parents are unable to adequately help their children sort out their mixed heritage or prepare them for racism and ignorance they will face upon leaving home. These issues are then brought to the University level, where many multi-racial students begin to seek out and explore their other racial heritages.

When attempting to explore their racial background, many multi-racial students feel discomfort in traditional university-sponsored minority groups, as their experiences may not be typical compared to others in that group. For many students, there is a strong desire for personal role model, although these are not always found.

Though there may not be an easy answer to meet the needs of these students, the first step is educating the educators, administrators, and staff in our Universities to be better prepared in understanding the identity and developmental issues faced by our growing multi-racial student population.

The Backlash

Daniel Lu
Contributing Writer

The second week of March marks a week many people in the world will not forget. It is a time of great loss and a time where many come together to help those in need. This is the human race at its best, coming together.

Not everything is rosy, however. There are individuals that are ignorant. There will always be people who have their personal views and will continue to hate and be racist. They range from famous rap stars, to actors, your everyday people and also individuals in higher education, such as the UCLA student that spoke about “Asians in the Library”. From all the media, the response is a lot of hate; hate for the individual that made racist comments and then a backlash of comments and video responses that begin to attack the opposing race. Hate continues to breed hate and a lot of it are racist comments. What needs to be realized is that racism and prejudices still exist, these videos and comments need to become a venue for people to come together and discuss problems through a constructed dialogue. For people to be less ignorant, they need to be more willing and open to discussions, to tackle differences and understand each other.

Bi in a Polarized World

Trust Hilton
Contributing Writer

Our society has a remarkably subtle way of polarizing our perceptions of the world. One is either conservative or liberal, educated or uneducated, rich or poor, religious or atheist, night and day, nice or mean. These perceptions tend to show themselves when someone makes a racist comment in the way people speak. To my knowledge, although there are discussions about whether somebody is nice or mean, there is no discussion about anything besides nice or mean existing.

In the world of sexual preference, that sort of dialogue does occur. I recall trying to have a discussion at a Friday night social event with a young lady regarding sexuality. When I tried to explain LGBTQIA (Lesbian, gay, bisexual, transgender/transsexual, queer/questioning, intersex, asexual and allied) acronym to her, we became caught up on the third letter. When I tried mentioning the identity of “bisexual,” I was immediately interrupted by her emotive exclamation of choice, followed by a slurred explanation, “That’s bull shit! You can’t be both! Those people are just horny or greedy!” Perhaps I neglected to let her know that I consider bisexuality to be a part of my identity. After hearing her opinion, I tried in vain to explain that love doesn’t have to be polarized. That maybe some people see intimacy as something greater than anatomy.

Since my argument didn’t have a significant impact on her way of thinking, I decided to change my own by evaluating the implications of the bisexual identity, in the hopes of expressing the truth of the matter. Basically, I found that bisexual individuals are: Confused, Unresolved, Immature, Unstable, Greedy, Unreliable, Promiscuous, and Bohemian.

On their way to becoming gay

The most extraordinary thing I realized is that because of these stereotypes, bisexual individuals tend to be seen as second-class to both gays and straights. These stereotypes aren’t only perpetuated by heterosexuals, but linger within the minds of members of the non-hetero community as well. I’ve heard gays state the claim that “bisexuals don’t really exist, they’re just gays in disguise” or “they’re just gays who haven’t figured it out yet” or even “they’re just gays trying to take the easy way out with their families.” Furthermore, what I’ve come to learn is that not all of my “gay friends” are even gay, but for whatever reason, they choose to forgo their heterosexual desires in order to conform to these stereotypes.

As bisexual woman are concerned, they are subject to these stereotypes, but are also immediately objectified by men with sexual fantasies.

I believe the damage of these stereotypes is quite subtle, but very troublesome. As I’ve mentioned, bisexuals will often choose to identify as either straight or gay, in order to escape the stigma of supposedly being “confused,” “promiscuous,” or “greedy.” Because I chose to become known as gay during my first semester here (in order to give the impression of being more resolute and self-aware), I have to deal with the consequences that 1) women don’t take me seriously when I try to express romantic interest and 2) my sexual identity tends to make people believe I am confused. I suppose as our culture dictates, I should culminate my introduction, observations, and difficulties with a tidy, inspiring conclusion but the truth is, the conclusion doesn’t exist yet. So instead, I’ll try to bring the conclusion a little bit closer to us, or at least a little bit closer to you. I dare you to change the way you think. Stop with the polarization, and the “black and white” thinking that riddles our society. Do everything you can to see what the world really is: not just black and white, not even black and white with gray, but a beautiful spectrum of light and color and energies that our human eyes can’t even begin to comprehend.

I challenge you to peacefully fight the stereotypes whenever they may come up, whether it be at a party, in a casual conversation, in a class, or even in a “harmless” joke. Free your mind, and liberate our society.
Letter to the Editor:
Kappa Sigma Response

Good Afternoon,

It was brought to my attention this morning about the "going-ons" of the USC Kappa Sigma Chapter and the crude emails circulating. I was disgusted to see the things that were written in that email and felt dishonored to be a Kappa Sigma. There is no place for that in our society and especially no place for it in the Kappa Sigma Fraternity.

In any situation, I feel it is appropriate to take into account all information and respond accordingly. Attached is a letter sent to the USC community by the Vice President (Student Affairs) of USC. Please take the time to read this response to the "Kappa Sigma Emails" at http://www.usc.edu/student-affairs/parents/images/20110318OpenLetterUSCCommunityViralEmail.pdf.

Hopefully it brings back some positive light to the Kappa Sigma name. We still need to be aware of the message in that email and help educate members of Greek life and our young men.

I thought the Pacifican article was well written and focused the important societal issues our country deals with on a day to day basis. At your leisure please take the time to read the above link. I personally uphold the Kappa Sigma values of Fellowship, Leadership, Scholarship & Service in my daily life and I would hate for the content of a false email to yield a negative perception to a fraternal system that is held dear to many men.

Thank you for your time.

Sincerely,

Derrick Gleason, C.S.C.S.
Coordinator of Fitness and Outdoor Programs
Pacific Recreation

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2011 Brubeck Festival Line-Up

**Pacific Studies Brubeck**

Thursday, March 31st
Community Room in the University Library
3 PM to 5 PM
Free & Open to the Public

*Trio M*
Thursday, March 31st
Faye Spanos Concert Hall
7:30 PM

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**Capital Jazz Project with guest, Chad Lebowitz-Brown, saxophone**

Friday, April 1st
Faye Spanos Concert Hall
7:30 PM

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**Maia Schneider Orchestra**

Saturday, April 2nd
Faye Spanos Concert Hall
7:30 PM

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**Long Time Coming**

Saturday, April 2nd
Recital Hall
2:30 PM
Free & Open to the Public

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**2011 Brubeck Institute Jazz Quintet & In His Own Sweet Way**

Sunday, April 3rd
Faye Spanos Concert Hall
7:30 PM

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**Saturday, April 2nd**

Faye Spanos Concert Hall
7:30 PM
General Admission
Public $10, Seniors $5, Students Free

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**7:30 PM**

General Admission
Public $10, Seniors $5, Students Free

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**Saturday, April 2nd**

Faye Spanos Concert Hall
7:30 PM
General Admission
Public $10, Seniors $5, Students Free

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Tickets can be purchased by going to pacific.edu/tickets or by contacting the Pacific Box Office at 209.946.2UOP.
Block Party a Major Success, Pro Club DJ, Hot and Humid Tent Keep Party Alive

Juliene Sesar
Layout Editor

On Friday, March 25, 2011 Pacific students enjoyed a dance party to remember. The Block Party had the highest attendance level a Pacific dance has ever seen.

"Most attended school dance, 1200 students!!" according to Arlene Brown the creator of the event page on Facebook.

As it should be, ASuop Arts & Entertainment spent a large proportion (around $20,000) of their budget making the event a fun experience for all students. Not to mention the last minute need to buy a tent because of the rainy weather that has been causing many problems on campus during March.

I thought it was probably the most fun dance of the year. It was a really fun event they should definitely have more like it, said Freshman Logan Simpson.

For the amount of guests that attended, the dance venue was crowded and hot for some. However, I honestly had no problem finding areas to dance in that were not overly populated.

When walking in, I was confronted with a wall of sound. DJ Leo from Las Vegas kept the party going throughout the night. There were no awkward time lapses in the songs and he seemed well aware of what the crowd was interested in dancing to.

Some Pacific students, including one that work as DJs when not attending classes, were disappointed by the DJ’s performance.

"The DJ was actually horrible. It really sounded like he was using iTunes than any sort of mixing equipment. Yes, he did play all of the latest hip-hop, and pretty much everything on the top-40s" 

(Continued On Page 9)

Sisters of Gamma Alpha Omega Sorority Earn Regional Recognition

Justine Tang
Women’s Resource Center Intern

I was sitting in my PACS II class, What is Good Food, when we stumbled upon the subject of food fads, specifically the health-food fads. We were supposed to answer why these fads were so popular. We came up with the more obvious reasons first. It gave the media a chance to sell itself, to bring the breaking news in food facts. From the media, the consumer absorbs the information and perpetuates the fad. It was also a way for consumers to be "unique" by following the health fad.

Yet not discussed were the underlying factors as to why these fads are popular, especially to women. What sells the health-food is not the fact that one will become healthier, but by following the diet, one will become healthier to be skinner. This notion is what perpetuates the fad.

The most popular health food fad is the "low fat" diet. This diet requires the dieter to cut all fats from their diets indiscriminately. Contrary to popular belief, the reduction of fat had no major health benefits (i.e. prevention against heart attacks, colon cancer, breast cancer, etc.) One of the main reasons for this inconsistency is because instead of reducing the type of fat in their diet, such as saturated and trans-saturated fats, people began worry about the amount of fat they were consuming. As Jacques Rossouw of the National Heart, Lung and Blood Institute stated in "The Washington Post," Based on our findings, we cannot recommend that most women should follow a low-fat diet." Yet, most people who were using the low fat dieters were using them to lose weight.

This diet does help dieters lose weight, but it is usually because with the low fat diets, these people eat more fruits, vegetables, and whole grains, exercise on a daily basis, and avoid smoking, so they are living a healthy lifestyle.

As a result of these diets, people are encouraging that skinny is healthy. This is where the fad starts. Without the ideal that skinny is beautiful, created by the fashion industry, these diets would not exist. Currently, we have taken on the fashion industries ideal and implemented it into several aspects of life, including food.

The fad of the healthy-food diet has become a fad based on this widely accepted ideal and made it its own. One can become skinny by consuming these foods, making it a popular way to fit the standard while also adding a so-called "positive" medical aspect which, based on research, is not applicable to the general public.

Despite the standards these fads have set out for us, healthy does not entail being skinny. Therefore you do not have to participate in these fad-diets to be healthy. Being healthy consists of eating the right foods from the food pyramid and balancing proportion to nutritional value. If you follow the food pyramid as a guideline, you do not need to lower your cholesterol, fat intake, or carbohydrates. However, if it is difficult to follow or you have special conditions in which you may have increased cholesterol, fat intake, or carbohydrates, speak to your doctor about what diets are healthy and right for you. Individualized diets are the best way to become healthy, not skinny. Being healthy is more important than fitting a standard the media has set out for us. Be happy, be healthy.

(Continued On Page 9)

Pop Icon Britney Spears Returns with Auto-Tuned Femme Fatale

Brianne Nemiroff
Staff Writer

The pop icon of our generation, Britney Spears, is back with her 7th studio album "Femme Fatale". If you are a fan of Britney’s pop music, and not of her recent singles, you will be disappointed with the album.

The trend of the industry is transforming into something that prefers technology over talent. But, the name, Britney Spears, is popular enough to sell toilet plungers, so if she keeps herself current with the musical trends her career will last as long as she stays out of rehab. Does this sound familiar? Oh yes, Madonna.

(Continued On Page 9)
**Femme Fatale**

(Continued From Page 8)

The songs on "Femme Fatale" are far from the pop songs that have given Britney her popularity ever since "...Baby One More Time". This is a trance and techo album. It is very repetitive, simplistic, and consists of more effects than actual notes sung. The album is heavily auto-tuned when it is not completely necessary. Her first albums were not heavily auto-tuned and were far superior to this album.

On those albums, you could hear a voice. It's not the best voice, but it's Britney's. On these, I don't know where her voice went. It's probably still in the trash where they threw out all of the good songs that were produced for the album that they decided not to use.

Because I have a bigger preference for pop and for songs that have a good melodic contour, this disappointed me. Coming from the perspective of someone who listens to techno and house, it is done quite well. The beats are original. All of the songs are all well-produced, mainly because the genius, Max Martin, co-produced half the album. (Max Martin is the man behind songs such as "Baby One More Time", "Show Me the Meaning of Being Lonely" and "I Want it That Way", by the Backstreet Boys, and "Since You've Been Gone" by Kelly Clarkson.) All of the songs are catchy and club-friendly.

There is also an obvious Madonna and Daft Punk influence on these tracks.

Not being a techno enthusiast, every song seems boring to me. I prefer the Britney songs I can dance to, not this genre of songs, which are normally played in an environment where grinding is the most popular dance "style" and people on ecstasy are in abundance. And 15 out of 16 songs are of the techno genre while one is actually rock.

Ironically, it's one of the best songs on the album, and it's only available as part of the deluxe edition. Now Britney, that's unfair. There are parts of this album that actually become hard to listen to because of the heavy auto-tune and in "He About to Lose Me" she is edited to sound like Gwen Stefani. (Fashion icon, Yes. American Idol, No.)

Without Max Martin, Britney Spears would have no album, or even a career. We have to remember that it's not the people that we remember first, but the songs. The average performer cannot write a song and that is where producers come in. So thank you Max Martin for providing me with the songs that have shaped my generation and for attempting to save what this industry is about to become. I will keep playing my "Oops...I Did it Again" cd and hope that the next Britney album brings back her old sound.

**Block Party**

(Continued From Page 8)

chart, but the mixing was really horrible," said junior Akira John Moriguchi. "Dancing was a hassle as you had to find the tempo after every song. I can name you 5 other DJs on campus who could do a much better job than he could."

Moriguchi has been DJing at a club for the past seven months, and says that if DJ Leo showed up at his club, "He would not be called back."

Other students did not share Moriguchi's view and thought DJ Leo performed well. "The DJ was dope, best we've had. He nearly sounded as good as the Swedish house mafia, he used some of their mixes so that was legit." Junior Anthony Austin Young via Facebook "Block Party" event page.

The 500 free L.E.D lighted cups were a great addition to the dancing atmosphere as students held on to them having them flash as they danced the night away making the dance visually interesting to look at.

While expensive to produce and Starbucks Coffee alongside scrambled eggs, country potatoes, bacon, sausage, waffles, French toast, breakfast burritos, quiche, fritters, fruit, tea, water, orange juice, and apple juice.

One ticket will get you one plate of all the food you would like! Tickets are $5 presale and $7 at the door. Presale tickets are being sold outside the DeRosa University Center from 11am-1pm and from 4-6pm until Thursday, March 30th.

**NutriCat's Corner**

Tame your intake by watching your portions: Images for an electronic generation

Last year, Nutricat gave common house items as examples of what a true portion looks like. In today's techie world, who remembers what a deck of cards looks like if you used to playing solitaire on your iphone? Here is NutriCat's updated list, trading bytes for bites.

iPod nano: 1 ounce of chocolate first-generation
iPod shuffle: 1 ounce of cheese
smart phone: 3 ounces of chicken, meat or fish
pedometer: 1/4 cup of raisins or other dried fruit
small thumb drive: 1 tablespoon of salad dressing, sour cream, mayonnaise

AC power adapter: 1/4 cup ice cream or frozen yogurt
two earbuds: 1 teaspoon of olive oil or peanut butter
CD: 1 slice of bread
computer mouse: 1 baked potato

Use these images when you look down at your plate. Cutting down portion sizes will help you reduce calorie intake without changing what you eat! Want more? Follow Nutri @ www.facebook/nutricat or make a free personal app by emailing nutricat@pacific.edu
Tiger Dancers Compete at United Spirit Association National Collegiate in Anaheim

Pacific Media Relations

The Tiger Dancers competed at the United Spirit Association National Collegiate Dance Competition on February 26, 2011. The Tiger Dancers placed 13th in the nation in the Open Dance 4-Year College Division I. This performance marked the first time in school history that the Tiger Dancers competed at the National Level.

The United Spirit Association hosts cheer, dance and mascot competitions for NCAA Division I, II, and III schools. The Tiger Dancers represented University of the Pacific in the Open Dance 4-Year College Division I. The team competed in the largest category at the competition against schools such as University of Arizona, UC Davis, UCLA, University of Oregon and the reigning national champions, Cal State Fullerton.

"I'm incredibly proud to have started this tradition and to garner national recognition for the Tiger Dancers," said second year Head Coach and former Tiger Dancer Crissy Yadon. "Our goal is to continue to be a competitive squad and I am hopeful that we can compete at the United Dance Association Nationals in Florida in the next couple of years, as well as return to the USA Nationals in Anaheim next year," Yadon added.

The Tiger Dancers currently perform at all home games for Pacific women's volleyball matches and men's and women's basketball games. Preparing for competition also meant a great deal of extra commitment and dedication from the 13 member squad. "We added a number of additional practices in order to prepare for the competition and we worked with Pacific Athletics Head Strength and Conditioning Coach Tony Sandol to all season to ensure we had a solid fitness base to withstand the season," said Yadon.

The Tigers Dancers also participated in a number of fund raising efforts to support their trip to Anaheim, which included developing a full-color calendar and hosting a car wash on campus last fall. The Tiger Dancers were also the beneficiary of the Boyd Thompson Pacific Spirit Endowment.

Mens's Volleyball Splits Weekend Matches

Tigers Fall to Long Beach  Pacific Comes Back Against Northridge

Julienne Sesar
Layout Editor

The men's Pacific Tigers volleyball team lost against Long Beach State in four sets (25-21, 22-25, 25-19, 25-21) on Friday, March 25, 2011.

The Tigers out-hit the visiting 49ers .345 to .328, but fell short of the lead in the first set ending with a Matador attacking error. The Tigers pulled ahead at the half waypoint 13-18, and came to a 22-25 victory. The 49ers took over the match in the third set getting a 5-point advantage in the close of the set. Pacific lost the set 25-19. The 49ers stayed in front of the Tigers in points throughout the fourth set gaining another victory of 25-21.

Julienne Sesar
Layout Editor

The men's Pacific Tigers volleyball team won with a come from behind victory over the Cal State Northridge Matadors in four sets (17-25, 25-23, 25-18, 26-24) on Saturday, March 26, 2011.

Taylor Huges again supported the Tigers victory in the match scoring the first point of the game. However, the Tigers fell short in the first set as the team battled to regain a 5-point deficit at 12-17 because of Pacific attacking errors. The first set ended with a Matador victory of 17-25.

The second set started with a kill by freshman Adam Troy (Loomis, CA), Pacific's offense powered the second set as junior Sean Daley (Moorpark, CA), Hughes, and Troy lead the team to a 5-point lead. The Tigers lost the lead at 19-20 only to have junior Chaz Hindsley (Northfield, IL) smashed the ball down the line, evening the score to 20-20. These kills, including two from outside hitter Gornik, made the Tigers victory of 25-23 possible.

Tigers dominated the third set in its entirety, beating the Matadors 25-18.

The Pacific men started the fourth, and final set, off on the wrong foot. They fell behind by 6-points in the first half of the set. Then the men began to slowly close the gap as Gornik, Hughes, and sophomore Matthew Moulihan (San Jose, CA) produced some much needed kills. The Tigers trailed by 3-points until the first set-point at 24-21 for the Matadors when the Tigers came back scoring 5 consecutive points followed by a Matador attacking error and the men swept the set to win the game for the Tigers 26-24.

Pacific ended the game improving their record to 10-15. The next men's volleyball game is this Friday, April 1st against Pepperdine in the Alex G. Spanos Center at 7PM.

Tiger X Schedule

Boua Fitness Center

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<td>Boot Camp</td>
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<td>Yoga 12-1, 5:15-6:15 PM</td>
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[Layout Editor]

[Body Sculpt 12-1 PM]

[Hip Hop 3:30-4:30 PM]

[Abs&Core 4:30-5 PM]

[Yoga 5:30-6:55 PM]
Women’s Field Hockey and Soccer Teams Release Spring Schedule

Athletic Media Relations

Entering their open play for the Spring season the Pacific soccer and field hockey teams have announced the dates of their competition for March and April. Both will play three times in the month, with soccer playing a home game against St. Mary’s and field hockey meeting Stanford this weekend.

The soccer team will open their Spring schedule on Saturday, April 2 when they travel up 1-5 to take on Sacramento State. The two teams will face off at 3:00 pm at Hornet field. In the regular season the Tigers defeated the Hornets, 1-0, at home in Stagg Memorial Stadium as they outshot Sacramento State 16-2 in the shutout.

Returning home a week later, Pacific will host Stanislaus State in Stagg Stadium with the game scheduled for 7:00 pm on Saturday, April 9. The game will be the only home game of the Spring for the Tigers as they hit the road for their final contest of the season against perennial power Stanford. The Tigers will take on the Cardinal in Stanford, Calif. on Saturday, April 16 at 1:00 pm. The two teams met in the regular season with the No. 2 Cardinal prevailing 4-0 at home.

Kicking off the month the field hockey team will head to Stanford to take part in Stanford’s Playday, a 6v6 event that will pit the NorPac West division against one another. At the Playday the Tigers will take on Stanford, Cal and UC Davis in games beginning at 1:00 pm and continuing through 4:00 pm.

Following play at Stanford the Tigers will head up the road to Davis, Calif. where the team will take on UC Davis in exhibition action. The game against the Aggies is slated for 6:30 pm at Aggie Stadium.

Pacific will finish their Spring schedule with another meeting against NorPac West foe Stanford on April 22. The Tigers will again travel to Stanford, Calif. to take on the Cardinal as the two teams will meet under the lights at 7:00 pm.

Five Tigers Win ACWPC All-Academic Awards

Athletic Media Relations

With over 240 men's water polo student-athletes nominated for the Association of Collegiate Water Polo Coaches All-Academic Awards (ACWPC), Pacific's men's water polo team had five Tigers earn the distinction for the 2010 season.

Representing the Tigers this season were juniors Tyler Reardon (Oak Park, CA.), Jasper Visser (Soest, Utrecht, Netherlands), sophomore Goran Tomasevic (Split, Croatia) and freshmen Alex Malkis (Yoqneam, Israel) and Balazs Erdelyi (Eger, Hungary). Reardon and Tomasevic were also ACWPC selections for the 2009 season along with former Tigers Joey Rossi (Ceres, CA.) and Grant Hollis (Redlands, CA.).

In addition to earning his second ACWPC All-Academic Award, Reardon is also a two-time Mountain Pacific Sports Federation All-Academic selection. This is the first time Malkis, Erdelyi and Visser received the award.

Student athletes, including freshmen but excluding redshirts, must have competed in at least fifty-percent of games during the current season. Additionally student-athletes must have a cumulative grade point average of 3.2 or higher to receive the award.

Athletic Training Tip of the Week

Rhabdomyolysis

Rhabdomyolysis is a rapid destruction of skeletal muscles, which causes myoglobin to be released into the urine. Any severe trauma or overuse to muscles could be a cause of Rhabdomyolysis.

Symptoms may include, but not limited to:
- muscle aches and pain
- Stiffness
- muscle weakness
- Common in severe muscle damage
- May cause darkening of urine
- Red or cola urine

If you think you have a symptoms of rhabdomyolysis contact your doctor immediately, symptoms are not only a sign of rhabdomyolysis and can be caused by some other condition.

Sports This Weekend

FRIDAY
Women's Tennis
Pacific vs. Cal Poly
1:30 PM
Hal Nelson Tennis Courts

Baseball
Pacific vs. Long Beach State
6:00 PM
Klein Family Field

Men's Volleyball
Pacific vs. Pepperdine
7:00 PM
Alex G. Spanos Center

SATURDAY
Softball
Pacific vs. Long Beach State
12:00, 2:00 PM
Bill Simoni Field

Men's Tennis
Pacific vs UC Santa Barbara
1:00 PM
Hal Nelson Tennis Courts

Baseball
Pacific vs. Long Beach State
6:00 PM
Klein Family Field

Men's Volleyball
Pacific vs. #1 USC
7:00 PM
Alex G. Spanos Center

SUNDAY
Softball
Pacific vs. Long Beach State
12:00 PM
Bill Simoni Field

Men's Tennis
Pacific vs. Cal Poly
12:00 PM
Hal Nelson Tennis Courts

Baseball
Pacific vs. Long Beach State
1:00 PM
Klein Family Field
Sports Book Review: The Book of Basketball

Players often refer to a head coach as a “players coach” meaning that the coach works to see the game from the player’s point of view and tailor his or her coaching style to understand and work with the players, instead of forcing the players to play the way the coach wants them to. This works if the coach played the same game before becoming coach, so that it is easier to see the player’s perspective.

Bill Simmons, New York Times bestselling author and ESPN.com columnist and personality, is a player’s coach in that he is a fan’s sportswriter. He is a true sports fan. Born and raised in Boston, Massachusetts, Simmons is a diehard fan of the Boston Red Sox (his first book, Now I Can Die in Peace, is a collection of columns from 1999-2008, all about the Red Sox), Boston Bruins, New England Patriots, and, of course, the Boston Celtics. This is evident in Simmons’ The Book of Basketball: The NBA According to the Sports Guy, his take on all things professional basketball.

Right from the preface, it becomes evident that The Book of Basketball is destined to become the Bible of basketball. It’s indisputable that Simmons knows his trade and is a master of his craft. He goes into great detail analyzing every MVP winner ever (either praising of shredding the choice in the process), and divulges into each great “What if?” in NBA history. He settles debates such as “Who was better, Bill Russell or Wilt Chamberlain?” and “Which championship team was the greatest of all time?” He gives a detailed history of the NBA from 1946-1984, when Simmons believes that “The NBA, for better or worse, became the league that it is now.” He even creates a twelve-man roster of the best players in their best seasons to compete in a hypothetical seven-game series against a hypothetical team of invading aliens with the hypothetical fate of the world resting on the hypothetical outcome, hypothetically of course.

A majority of The Book of Basketball consists of Simmons’ idea of blowing up the current NBA Hall of Fame and starting over again. His radical, yet undeniably cool plan would construct the new hall fame in the shape of an Egyptian pyramid (dubbed “The Pyramid”), with five levels in which players would reside. The players, 96 former and current ones, ranked and analyzed, would be placed in each level by how great they were. Level 1 would feature the players who barely made the Pyramid (Tom Chambers being the last player to make the cut), while Level 4 houses the players who were very, very good, but not great (John Havlicek is the cutoff from Levels 4 and 5). Level 5, or “The Pantheon”, contains the thirteen greatest players, in Simmons’ opinion, to ever touch a basketball. His incredibly well put-together idea convinces that, just maybe, Simmons isn’t crazy after all.

This is not to say that The Book of Basketball is essentially a basketball history textbook. Simmons is a fan, and he does not attempt to hide that fact. He restrains his bias in certain sections and lets his bias flow in others. Simmons does not understand how people could write about sports in terms of objective journalism, without caring which team won or lost. Speaking about a previous experience, Simmons states that “[The other reporters] were 300 pounds and miserable. I never understood why they didn’t enjoy their jobs. It’s weird to leave your passion at the door.” He truly writes from a fan’s perspective because he is a fan, and he’s passionate about his work and the thing that he loves: sports. Readers who allow themselves to be turned off from a great piece of writing because they can’t take a little bias should stay away. Also, he has Magic Johnson ranked ahead of Larry Bird, so he’s obviously not completely biased.

Another unique feature of The Book of Basketball is that it features many footnotes. To put it mildly, Bill Simmons is king of the footnote. His footnotes serve many purposes. Simmons elaborates on his points, even going so far as to criticize himself on occasion, in his footnotes. Simmons also tells anecdotes from his personal life with his family and friends, such as when he and his father sat with the wives and children of the 80’s Celtics at home games. His various pop culture references and stories of his fantasy sports teams also bring in the perspective of not just a sportswriter, but a real fan and person. For example, when evaluating Moses Malone, Simmons writes in a footnote “Watching young Moses is like seeing Vince Vaughn in Swingers—so he’s so much skinner that it’s completely disconcerting and you can’t stop thinking about it.”

There are only three imaginable things that would stop a sports fan from picking up this book: slight bias (which was covered earlier), length, and vulgarity. The Book of Basketball is over 700 pages long, but well worth the effort. The content easily makes up for the number of pages. Simmons does wear a lot, which could be a turn off for children or adults who are offended by that sort of thing. All in all, The Book of Basketball is a true must-read for sports fans. It has humor, pop culture references, and personal anecdotes, served on top of a heaping mound of sports. There are also Simmons’ stories about the legendary 2006 All-Star Weekend, but readers will have to pick up a copy of The Book of Basketball to find out more.