Business Forecasting Center Sees Gray Skies Over California Unemployment

**Highlights of the October 2010 California Forecast**

- California unemployment will remain above 12% through the first half of 2011, and above 10% until the end of 2013.
- Payroll jobs have bottomed out nearly 1.36 million jobs below their 15.2 million job peak in summer 2007. Although California will add 210,000 jobs over the next 12 months, this is less than one-sixth the total lost, and is a very weak start in a long, 5-year recovery. Jobs will not recover their pre-recession peak until 2015.
- After 8 years of zero net job growth from 2007 through 2015, the state's population will have grown by 3 million people, keeping unemployment near 9% in 2015.
- The sluggish early stages of the recovery will see California's real gross state product and real personal income growth below 3% from 2010 to 2012.
- Construction has lost 400,000 jobs since its peak in the winter of 2006, by far the most battered sector through the recession. This cyclical sector will bottom out over the next year, and average 9% job growth during 2012 and 2015 to lead all sectors.
- After a steep fall, manufacturing is slowly recovering. Next year, should bring the first annual increase in California manufacturing employment in a decade.
- Retail jobs have bottomed out after declining more than 10%, and a slow recovery is projected with less than 1% growth in retail jobs over the next year.

According to the latest quarterly report from the Business Forecasting Center at the University of the Pacific, California's unemployment rate does not show signs of economic optimism. The report predicts the unemployment rate to remain above 10% for three more years. The Central Valley in particular will see continuous unemployment woes.

The Forecasting Center reported that "Sacramento has the weakest outlook for the next 12 months," in its October 22 press release.

It projected that Sacramento will not see job growth between 2010 and 2011.

The only Northern California city with a positive report was San Jose, which was predicted to see a 3% job growth between 2011 and 2012.

More information on the report can be found at www.forecast.pacific.edu.

Eibeck To Go Further Beyond Our Gates

**Josh Chipponeri**
Contributing Writer

University of the Pacific President Pamela A. Eibeck's listening initiative Beyond Our Gates... Into the Community began last December 3rd with an Announcement Event at the corner of Dave Brubeck Way and Pershing Avenue, just beyond our campus gates.

On November 12, 2010, Beyond Our Gates... Into the Community enters the next phase at 11 a.m. in the DeRosa University Center with President Eibeck hosting a presentation titled "Celebrate Our Shared Future."

Her presentation will feature an announcement of how she envisions the future of community engagement for Pacific.

In her Inaugural address, Eibeck identified Beyond Our Gates this way:

"By going beyond our campus gates, by listening to our community's needs and aspirations, we can determine how to build community partnerships that will become powerful forces for change.

To this end, and with the help of the Jacoby Center for Public Service and Civic Leadership, I am holding a series of forums on the key topics of healthcare, the economy, energy and the environment, education, and arts and culture.

These forums help us understand our community's needs and address them, together. This initiative can't be a success unless it results in long-term, meaningful partnerships between University of the Pacific and the community."

Members of both university and the Stockton communities are invited to "Celebrate Our Shared Future" with President Eibeck as she announces how Pacific will engage the community in this venture.

Mayor Ann Johnston will join the President as a special speaker. The audience is expected to include participants from the Beyond Our Gates forum series, community stakeholders, and interested community members. A light lunch will be served following the program.
Pacific Students React to Recent Internet Issues

Kathryn Loper
Contributing Writer

On Wednesday, October 20, students noticed that they could not access the wireless Internet across campus.

Sophomore Khatijah Corey stated, "I was really angry when my Internet stopped working again. I've been to OIT multiple times this year for this problem already, so finding out it was all because of a program we had to have uploaded was really frustrating."

Students lined up at the Office of Information Technology (OIT) and were informed that the Internet was down across campus and students would have to come to the OIT office to have their computers updated.

"Having to wait as long as I did for OIT's help threw off my schedule for the day, and to make matters worse they weren't even able to fix my problem," said freshman Marvin Morazan.

Students with access to their email received an email last Thursday with instructions on how to fix their problem, but for the students who could not access email, this proved to be frustrating.

The e-mail said that students had received a notification about the situation earlier, but recalling this e-mail proved challenging for some students.

"I read my e-mail every day. I would remember something about Internet connection being cut off," said Corey.

"They should have sent a reminder e-mail before they cut off the Internet, not after."

"At the beginning of the year, I had many problems with my Internet until a Theta Chi brother fixed it. Yesterday everyone was worrying about their Internet, but I didn't because all my problems were fixed already," recounted senior Cassie Winkel.

Winkel owns a Mac, and on average, most Mac users on campus reported fewer problems with the Internet than PC users.

For more information, please check the OIT Frequently Asked Questions Page, or go to OIT office located in Raymond Lodge.

Stockton Mayor Hits the Books

Sara Menges
Staff Writer

On Monday, October 25th, Mayor Ann Johnston of Stockton made a special visit to the Book Buddies Program in the Benedict School of Education.

With a group of young and enthusiastic kids she read three children's book including The Foot Book by Dr. Sue's and Dragon Opposites by Gene Yates.

Mayor Johnston established a fun and interactive reading session where the children could answer questions and read along.

Mayor Johnston also explained that the steps of learning involve listening and absorbing the sounds and melodies of words before trying to read and talk out loud.

This is why books are an essential tool for the development of communication skills and why children should be exposed to reading activities early on in life.

"Our job as a community is to make sure we have books available and we have schools," Mayor Johnston concluded before further encouraging parents to continuously read to their children.

Outside of this event, Pacific students are also given the opportunity to contribute to the learning development of children through the Book Buddies program at the Benedict School of Education.

Every Tuesday from 4 – 5pm a group of 30 to 35 kids from the local Stockton area, visit the School of Education where they are paired up with a "book buddy".

The one hour session involves reading, listening, and interactive learning games, to help the children excel in their reading and communication skills. Anyone can become a book buddy.

The program is open to all majors and anyone interested is encouraged to show up and participate on Tuesday evenings.

Graduate Selected as Diversity Scholar

Matt Hill
Staff Writer

The Association of Research Libraries has selected Marina Torres Aiello as a Diversity Scholar for 2010-2012.

Marina is a Pacific alumnus who worked as a student assistant in the University Library.

She is currently enrolled at San Jose State in the Library and Information Science graduate program.

This program gives a stipend of up to $10,000 to graduate students working towards a masters degree in library and information sciences.

The money is to help pay for graduate tuition, leadership development training, and mentoring.

The Diversity Scholar program searches for students of different backgrounds and encourages them to pursue careers in academic and research libraries.

Inventure At Pacific

Alexis Duclos
Contributing Writer

Today, October 28, 2010 in Weber 102 (the business school) at 5pm, the Council of University Social Entrepreneurs (CUSE) will host Shivani Soraya, a young social entrepreneur and the founder of Inventure Fund.

The Inventure Fund is the next level of microfinance, operating in Mexico and Ghana.

Inventure Fund uses an online platform to raise capital with a social investment component.

As soon as the business turns a profit, a portion is reinvested in the community.

Business reinvestment in social initiatives, such as clean water and education, improve the livelihood of the community.

The CUSE focuses on bringing the concepts of social entrepreneurship to the students of Pacific to help students understand the impact they can make in their communities in a sustainable manner.

The weekly CUSE meetings are open to anyone who is interested.
Interfaith Sponsors Annual Prayer at Parent Weekend

Natalie B. Compton
Staff Writer

Sunday, October 17th, was Pacific’s annual Interfaith Prayer at Parent Weekend. It incorporated readings from Interfaith Council members and their various religions. This included selections from Muslim, Christian, Jewish, and Hindu faiths. The program began with a preparation for worship.

This consisted of brief invocations to instill a sense of reverence in those participating.

This was followed by the prayers.

The service ended with the presentation of the student leaders who helped to coordinate the event.

When asked about the importance of the Interfaith Prayer, Christina Osborne, the Chapel Program Specialist, said, “It’s important because it educates the Pacific community, faculty, staff, and students and allows them to see that we do not need to exclude.”

Although this event was put on for parent weekend, the Interfaith Council hopes to have more of these events throughout the year.

Public Safety Report Highlights

THEFT-GRAND From Motor Vehicle Oct 18, 2010-10-20-025724 100656 Location: WENDELL PHILLIPS CENTER Rp advised of subject working in the area. Rp advised that his cadillac inverter was stolen. Report initiated.

SUSPICIOUS INCIDENT Suspicious Person Oct 18, 2010-10-20-025768 Location: FF CAMPUS Officer was flagged down by a security who adv of a subject possible unconscious in vehicle.

THEFT-PETTY Bicycles Oct 19, 2010-10-20-025794 Location: QUADS Rp reported a bicycle located with the same issue. Officers detected no 459 but left card.

TRAFFIC/ACCIDENT Traffic Accident, With Injuries Oct 20, 2010-10-20-025904 Location: WOOD MEMORIAL BRIDGE Officer responded and searched the vehicle. Officer saw student and student initialed a report.

CIVIL INCIDENT Civil Welfare check Oct 20, 2010-10-20-026045 Location: DAVE BRUBECK WAY Officer was called to request a welfare check on campus.

Univ Regulation violation Oct 22, 2010-10-20-026048 Location: OFF CAMPUS RP advised of subject smoking marijuana in their vehicle.

WELFARE CHECK Welfare check Oct 24, 2010-10-20-026237 Location: GRACE MEMORIAL BRIDGE RP reported a poss veh burg of a veh...veh located with the trunk and door lock popped. Located multiple hits with the same issue. Officers detected no 459 but left card.

THEFT-PETTY From Motor Vehicle Oct 22, 2010-10-20-026071 Location: WOOD BRIDGE Officer saw student and student initialed a report.

THEFT-PETTY From Motor Vehicle Oct 22, 2010-10-20-026071 Location: WOOD BRIDGE Officer saw student and student initialed a report.

AGGRAVATED ASSAULT Assault with a Deadly Weapon - Firearm Oct 22, 2010-10-20-026018 Location: LOT 46 Staff reported a poss veh burg of a veh...veh located with the trunk and door lock popped. Located multiple hits with the same issue. Officers detected no 459 but left card.

CIVIL INCIDENT Civil Welfare check Oct 24, 2010-10-20-026048 Location: FAYE SPANOS CONCERT HALL Officer was called to request a welfare check on campus.

CIVIL INCIDENT Civil Welfare check Oct 24, 2010-10-20-026048 Location: FAYE SPANOS CONCERT HALL Requested assistance in retrieving her “mister” back from her daughter-in-law, who is visiting on campus.

AIDED Aided Stockton Police Department Oct 24, 2010-10-20-026291 Location: OFF CAMPUS RP reported finding her back door open and kitchen cubbards open upon arriving home.

AIDED Aided Other PD Oct 19, 2010-10-20-026291 Location: OFF CAMPUS Officer responded and cleared the residence. S2 req’d SPD for report.
International Status of Women: Two Steps Forward, One Step Back

Christiana Oatman
Perspectives Editor

The majority of today’s cultures formed and grew out of oppressive and patriarchal belief systems that silenced, belittled, and ignored women. Because of this, throughout history and continuing through the present day, gender inequality has remained a social norm.

Women have been kept from getting an education, from getting a job, and from getting paid equally if they were able to get a job. Their bodies have been treated as objects—something to be beaten, mutilated, and raped; without consent. For most of history, very little has been done to stop this, but in the past few centuries, more has been done to strive for gender equality.

On October 20th, the United Nations declared a World Statistics Day and released two reports on the status of women internationally that analyzed the international gender disparities in a variety of topics, such as housework, education, and income. "This 2010 report finds that women and men have the same jobs, there is still a wage gap. According to a New York Times article on the report, "Women earn 70 percent to 90 percent of their male counterparts." The wage gap is a reality for everyone—including for women in the United States, where studies have repeatedly shown women earn 70 cents to every dollar that men make for the same job.

Perhaps the most important section in the report is that on violence against women. If a culture views women as inferior then those cultural norms and attitudes will prevent women from succeeding in the other areas.

The report noted that rates of cultural genital mutilation is a horrible practice common in the western, eastern, and northeastern regions of Africa and in some places in Asia and the Middle East, have declined slightly. Although, the UN also acknowledged their data was limited.

Genital mutilation, also called “female circumcision” is a coming of age rite for those cultures and can involve completely or partially removing the clitoris and sewing the labia. Particularly shocking statistics were the numbers of women in 33 countries who believed domestic violence was justifiable; 29% thought being beaten or hit for arguing with a husband was acceptable, 25% for refusing sex and 21% for burning food.

While it may be easy to dismiss these numbers as backwards cultural norms, in other countries, these issues are still very relevant for women in “developed” countries.

Problems like domestic violence and the wage gap are near-universal and it is our generation’s responsibility to make even larger gains in gender equality and fight the patriarchal system that continues women’s oppression. In the United States, 60% of all sexual assaults go unreported, according to the Rape Abuse Incest National Network (RAINN).

The same source cites that “Of the 39% of attacks that are reported to the police, there is only a 16.3% chance that the rape will be reported to the police.”

Similarly, rates of domestic violence in the United States are astounding high. According to the National Center for Injury Prevention and Control, women experience about 4.8 million intimate partner-related physical assaults and rapes every year.

Creating a society where women have the same opportunities as men, and are treated equally, is not simple and may take a while, but, it can be done.

To read the full United Nations report, go to h t t p : / / u n s t a t s . u n . o r g / u n s d / d e m o g r a p h i c / p r o d u c t s / W o r l d w o m e n / W W / 2 0 1 0 p u b . h t m .

The Provocative Tradition of All Shanks Eve

Natalie B. Compton
News Editor

Lindsay Lohan may have said it best in 2004’s Mean Girls. “Halloween is the one night a year when girls can dress like a total slut and no other girls can say anything about it.”

To most Americans, Halloween is a time to put out the jack-o-lanterns and pick up some candy for the kids. Though for most young ladies, All Saints Eve might as well be called All Skanks Eve.

But where did this costume tradition start? Is it okay with Pacific students? And what will most choose to wear this year?

According to the History of Halloween.net, dressing up in costume for the holiday has European and Celtic roots. We might be able to link the popular costume of lingerie and animal accouts (such as bunny ears and a tail, cat face paint) to the Celts practice of wearing animal skins and heads.

Regardless of where the tradition came from, is it okay to join the masses of the minimally dressed?

Some Pacific students are a-okay with the less is more phenomenon.

“I’m all about it,” senior Anwara Lacy said. “Women get this one time to show off their goods while still keeping a spirit of the Holiday.”

“I assume it makes them feel better about themselves, and at the same time, it attracts us, men,” sophomore Lee Houck agrees. “I love Halloween because it gives the ladies an excuse to dress...with a little less.’’

Others are not so gung-ho about the ho-like pastime.

Sophomore Sarah Gregory is trying to buck the trend and go for showing off her good humor rather than showing off her goods.

“I am choosing to be Spongebob, to try and break the scandalous costume tradition and stereotype,” said Gregory.

Junior Annie Thao neither chides nor supports the less conservative costumes.

“Women tend dress more scandalous and wear really revealing costumes,” said Thao. “I’m not one to judge, but sometimes it is better to cover up a little more. Leave something to the imagination.”

Scantily or scarcely, countless costumes will be donned by people of all ages this weekend. What will most pick to portray this weekend?

Party City released its “TOP 2010 HALLOWEEN COSTUME TREND” on September 20. The top themes were: Lady Gaga, the Jersey Shore cast, modern day vampires, 1980s comeback, Roman and Greek goddesses, and movie-inspired.

A word of warning: though Halloween risque is considered appropriate by many, dressing like love, right?

What To Do After You’ve Been Dumped

Christian Oatman
Perspectives Editor

So you’ve been dating this person for a few months and it’s been going really well, you guys are really happy together, but gradually—or maybe suddenly—all these pesky issues start coming up in your relationship and the person you’re with realizes he or she doesn’t want to be with you anymore.

You’re devastated, but because you don’t want to humiliate yourself, you decide to not contact your now ex. Maybe you cry to a few friends and eat ice cream for a few days but gradually move on with your life and try to grow as a person and meet someone new.

This is for boring people who don’t understand true love even after they’ve experienced it. Only idiots let that special person get away!

Instead what you should do is post everything you feel about the breakup all over Facebook. Don’t just change your relationship status to “single,” but make your main statuses all about how much you love and miss your ex. Be sure to keep or change your profile picture to a photo of the two of you. Post videos from YouTube of songs like “Just a Dream” by Nelly or “Misery” by Maroon 5 and dedicate them to you ex.

Not only will you be able to vent your feelings and get it all out there instead of bottling it up inside, but all 550 of your closest friends, relatives, classmates, teachers, and colleagues will all know exactly how you feel about it and will be able to comfort you! It’s great!

You get so much attention and everyone will feel sorry for you. Be sure not to unfriend your ex just so he or she can see what he or she did to you, but take your time with the angst or else you’ll scare him/her off and he/she will unfriend you before you can take the next step.

The next step is to contact your ex in any way but face-to-face. This can range from anything from an email to a Facebook message to a text message, but I prefer the phone call. It’s a classic and off really depends on your flair for the dramatic, but I recommend using lots of adjectives and nouns describing your ex as someone no actual human being could ever live up to. “Amazing” works. Words describing someone’s appearance—“sexy,” “beautiful,” “gorgeous,” “handsome” —are good, but be sure to emphasize that you think they’re attractive inside and out. “Angel” works. “Perfect” is perfect.

Don’t overdo it too much and don’t use the “I” word—use those for later. Don’t just call weeks after the breakup either, be sure to call recently enough after the breakup to be sure your now ex hasn’t forgotten about you. Wait a week or max.

If you go to Pacific with your ex, things could be awkward as you run into each other everyday—because let’s face it, Pacific’s student body is too small for that not to happen. Even if you don’t see your ex on your college campus, you have to be able to see that special someone in order to win them back.

After having posted all your feelings all over the Internet and after having called your ex and made an attempt to show you still care and you’re not moving on, be sure to approach your ex at a really crucial time and in a really public place. I recommend a party where all your friends and acquaintances are sure to be at or maybe on a day you know he/she is studying for a midterm.

The party is the best option because then you have an excuse to get as drunk as possible before proclaiming your undying love and affection. Be sure to get so drunk that you slur your words and the heartbreaker will have to ask you to repeat yourself. It shows that deep down he/she really secretly wants you to keep on loving him/her!

If it gets to the point where your ex asks you to stop contacting him/her or if your friends tell you to knock it off, don’t despair. If your ex issues a restraining order, see it as a sign of affection, but maybe be a little more careful with all the contact. Even though you’re fighting the good fight, jail might interrupt your college education for a bit. But above all, know that you’re fighting for love. All you need is love, right?

NOTE: The above is extremely sarcastic. If you have been dumped recently, please do the exact opposite of what this article recommends.
Where are you originally from?
Whittier, California. Just outside of Los Angeles, I lived there until I was thirteen. Then I moved to Utah and lived there for 12 years. After that, I moved back to California.

What are you studying?
I am majoring in Sociology with minors in Ethnic Studies and Gender Studies. When I took my first sociology class in high school, I realized that this whole area of study was the way I already looked at the world.

What do you see yourself doing in 5 years?
I'll be in Grad School working on my Ph.D. I want to be a professor, I want to share my passion for sociology with other people. I want to educate people.

What do you focus on in your spare time?
My family. My daughter is my life and she is the reason why I am doing what I am doing. I want to set a good example for her. Every free second, I have is for her.

Who is your greatest influence?
My teachers that I had in high school and early college. They always told me that I could do it, they told me that I could succeed and that I could make it.

Who inspires you today?
My sister Robin is my biggest role model, she was the first person in my family to go into higher education. She has dedicated her life to helping families of children with cancer.

What Music inspires you?
Anything instrumental, it stimulates my mind, it helps me to focus my energy and my thoughts. I can multitask better as well.

What is one of your biggest goals or dreams you are personally focused on? If you can share...
I want to live on the beach someday. I love it. It's beautiful, it's peaceful and it calms me; I feel at home in the water.

Do you have items you must leave the house with?
My phone, my watch, and my ring.

My philosophy in life often comes from quotes. My favorite one is, "Be the change you wish to see" -Mahatma Gandhi. That is applicable to my personal life, politics, education, and more. If you do not like something, do something about it.

My sister Robin is my biggest role model, she was the first person in my family to go into higher education. She has dedicated her life to helping families of children with cancer. She runs one of the largest childhood cancer non-profits, she has been doing it for 11 years. Her son had cancer and she started the organization to fund raise for his treatment. She influences me to turn anything that happens in my life into a positive.

How would you define your life philosophy?
My philosophy in life often comes from quotes. My favorite one is, "Be the change you wish to see" -Mahatma Gandhi. That is applicable to my personal life, politics, education, and more. If you do not like something, do something about it.

What is your favorite dish?
Chicken Tacos. I grew up eating Mexican food and I started making my own tortillas, they're really good. I season the chicken, so it shreds really well and is seasoned well. I dice avocados and make my own salsa as a garnish.
Bon Appetit: Shaking Things Up

Ashley Stubbsfield
ASuop Representative

Eating at the same place day in and day out can be tiresome, but Bon Appetit, Pacific’s contracted food vendors, are doing a few things to shake up the dining experience on campus this semester.

In mid-November Bon Appetit will be bringing a mobile kitchen to campus. The food truck will mainly serve south campus for breakfast and lunch. Menu items include many BBQ style meals such as pulled pork and reuben sandwiches.

Bon Appetit has implemented several theme nights in the Marketplace including Meatless Mondays, Sushi Tuesdays, High-End Wednesday, Thursday Dessert Expo, and Friday Crepes.

Bon Appetit recently performed a price comparison to a majority of restaurants in Stockton. They found that for the most part, the price of food on campus is comparable to local restaurants. There were a few items where Bon Appetit came in high and the prices for these items have been adjusted accordingly. Pacific students can now enjoy lower prices on the following items: egg salad, tuna, turkey salad sandwiches, and fruit. Also, there is now a seven dollar cap on salads from the salad bar.

Students looking for more sustainable options will be pleased to hear that farmer’s market now accepts dining points. Students can also purchase reusable to-go containers from the grainer station in the Marketplace. After use, bring the containers back to the marketplace and Bon Appetit will trade your dirty container for a clean one.

Sustainably minded students may also like the new black bean burger in the Lair. In addition to this burger the Lair now serves curly fries, fish n’ chips, varieties of hot sandwiches, fruit, and a sampler platter. Football fans will be happy to hear that the Lair will also be serving $1 beers during Monday Night Football.

Bon Appetit are always looking for new ideas. If you have a suggestion, log onto their website and fill out a comment card at www.sustainablediningatpacific.com/feedbackform.

Music: Arcade Fire

Eric Verkerk
Staff Writer

Indie rock-band, Arcade Fire has certainly increased their fan base after releasing a third album, The Suburbs in August this year. This is the third album to be released by the band since they sold half a million copies of their first album Funeral six years earlier. In 2007 the band released a second album Neon Bible and their song “Wake Up” was featured in the Spike Jonze film, Where the Wild Things Are.

The group consists of seven members including husband and wife: Win Butler and Régine Chassagne. The band was originally started by Butler in Montreal, Quebec. During this time they performed primarily in art galleries and lofts. The eight members are fluent in a variety of instruments including accordions, keyboards, harps, string, xylophones, and French horns.

The band transitions their indie-folk sound from previous albums into their most recent work well. The warm acoustic percussion and harmonizing male and female vocals grace the latest album just as they did in the first two. Sixteen songs make up The Suburbs including two multi-part songs and an interlude.

The single “Ready to Start” was released on itunes one month before the arrival of the full album and reflects the soothing strings and piano riffs heard in the previous two albums. Many other songs on the album are worth an ear, they include; “The Suburbs”, “Modern Man”, “City With No Children”, “We Used to Wait”, “Sprawl II” (Mountains Beyond Mountains) and The Suburbs (continued).
FROM COLLEGE LIFE AND PARENT WEEKENDS, TO GRADUATION CELEBRATIONS...

AWARD-WINNING RESTAURANTS
ONE-OF-A-KIND BOUTIQUES
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ΔΔΔ All You Can Eat Dessert Buffet!

Tri Delta is proud to present its fall philanthropy event, Delta Desserts!

Every fall the Ladies of Delta Delta Delta Sorority raise money for our philanthropy, St. Jude Children's Research Hospital. We hold two events annually, Delta Desserts in the Fall and Miracle Miles in the Spring.

The fall event (coming up next week!!) is Delta Desserts, which consists of a $5 donation in advance or $7 at the door, and in return you gain access to our all-you-can-eat dessert buffet! 100% of the proceeds go to the kids at St. Jude.

Tri Delta as a national sorority made a pledge, in the fall of 2005, to raise $10 million in 10 years for St. Jude. However, Tri Deltas nationwide astonished everyone by not simply meeting this goal, but by smashing it to pieces. Instead of raising $10 million in 10 years, Tri Delta

raised over 10.6 million in only 4 years! This is an accomplishment unmatched by any other Greek organization.

Now, Tri Delta has made a new pledge to raise $15 million in 5 years. Here on Pacific campus, the women of Tri Delta believe that we can meet this goal, but we need your help!

Last year, Pacific Phi Rho chapter of Tri Delta raised roughly $5,000 through our on campus events! This year, with our new pledge firmly in mind, we hope to raise even more. The support we, as an organization, give to St. Jude is phenomenal. The operating cost for St. Jude totals roughly $1 million per day, and they are funded solely by donations. We are dedicated to helping St. Jude Children's Research Hospital continue to help families struck by pediatric cancer and other childhood diseases; we hope that you will continue to support both us and them by purchasing a ticket and coming to Delta Desserts.

For any further information, please purchase a ticket or donate to St. Jude, visit www.pacifictridelta.com/philanthropy

Here are the facts:

When:
Wednesday, November 3rd, 7 - 10pm

Where:
Tri Delta Sorority House
(the last house in Sorority Circle)

What:
All-you-can-eat Dessert Buffet!

Who:
Anyone! Students, faculty, staff, family members, and community members are all welcome!

How Much:
$5 in advance (just ask any Tri Delta you know or buy online at www.pacifictridelta.com/philanthropy) or $7 at the door. There will also be a raffle, so bring some extra cash!

St. Jude is phenomenal. The operating cost for St. Jude totals roughly $1 million per day, and they are funded solely by donations. We are dedicated to helping St. Jude Children's Research Hospital continue to help families struck by pediatric cancer and other childhood diseases; we hope that you will continue to support both us and them by purchasing a ticket and coming to Delta Desserts.

For any further information, please purchase a ticket or donate to St. Jude, visit www.pacifictridelta.com/philanthropy

Rachel Freeman

Elizabeth Youngberg enjoys some Delta Desserts.

Kelly Volkar
Contributing Writer

Alisha Sims-King, Mykela Paddock, Kathryn Myers, Alex Schulte, and Olivia Chu wearing Tri Delta colors (silver, yellow and blue)
NutriCat's Corner
Health or Hazard?

Kombucha Tea has been promoted by health food stores and celebrities alike for its "miraculous" medicinal properties. The Kombucha (or Manchurian) mushroom is reported to fight AIDS, cancer, arthritis, constipation, and others. However, there is no evidence that Kombucha tea is effective for any of the reasons its fans claim.

Kombucha tea contains numerous fungi and bacteria which vary greatly depending on where the tea was made. In production, these organisms must grow at room temperature for seven to ten days, in which growth of other organisms can take place. Large amounts of added sugar and caffeine may be responsible for the reported energy boost. Some reports also suggest the Kombucha preparations can cause such problems as nausea, jaundice, shortness of breath, dizziness, and liver inflammation. In conclusion, just because stars like Britney, Lindsey and Madonna praise Kombucha tea, doesn't make it a cure-all.

Source: J Gen Intern Med. 1997 Oct;12(10):643-4. Probable gastrointestinal toxicity of Kombucha tea: is this beverage healthy or harmful?

Enjoy Safe Trick-or-Treating

Orange sparks, ghostly whispers, scrumptious treats, and screeching, "Trick-or-Treats" are all traditions in honoring only one occasion: Halloween.

It is that time of year again for everyone to put themselves aside and become anyone they want to be for one mystical night.

And to help promote Halloween traditions, University of the Pacific hosted its 12th Annual Safe Trick-Or-Treat on Wednesday, October 27, 2010; from 4:00 to 7:00 p.m.

Safe Trick-or-Treat is organized by Housing and Greek life. The event is for the youth of the Stockton community, ages 2-11, to celebrate this mystifying holiday in a fun, yet safe environment.

The event consisted of tours through the Pacific campus, beginning at the South Clock Tower, continuing through various residence halls and department buildings. There were four different routes, each with about 25 stops throughout various parts of campus including the Quads, Library, Baun Fitness Center, and many more.

After the tours, children continued their celebration onto the DeRosa Center Lawn carnival, where clubs and organizations hosted stations with games and activities.

There were two costume contests at the fire pit, outside of the University Center, giving the youth a chance to show off their costumes. Finally, the carnival had food donated from local restaurants—Quizno's Sandwiches, Chipotle, and Domino's Pizza.

Safe Trick-or-Treat is an event that not only provides children with a safe trick-or-treating environment, but it also grants some youth the opportunity to take part in something that they may never have before.

As a part of the event, costumes were collected to donate to local non-profit organizations—Transitional Learning Center, Haven of Peace, Big Brothers Big Sisters, and Gospel Rescue Mission—for foster youth ages 2-11.

In 2008, Pacific had about 1,100 children participating, but in 2009 this number more than doubled to 2,317 children.

And we can only hope that this year brings an even larger number of children. Safe Trick-or-Treat is held for the children in the local community, but would not be possible without the help of the Pacific staff, students, and alumni.

ASUOP FACT OF THE WEEK

Did you know there are over a hundred student clubs on campus? With so many options one would think there is something for everyone, but some students may not be finding exactly what they're looking for. If you are one of these students, the answer may be to start your own organization. Starting a student club is simple; all you need are two students with GPAs of 2.25 or above and a full time staff or faculty advisor. See Leslie Rudbeck in the ASuop office to fill out the registration form. Once your club is registered you become eligible to receive organizational funding from ASuop. The deadline to submit budget requests for the Spring semester is Nov. 12th so see Treasurer Aaron Stubblefield in the ASuop office before then. With so many ways to get involved on campus and so many benefits from getting involved, there really isn't a reason not to!
Women's Basketball Preparing for UConn Match-Up

Ruben Dominguez
Staff Writer

For the members of the Pacific Women's Basketball team, this season presents a once-in-a-lifetime opportunity to be remembered forever in sports history. On December 26th, 2010, the University of Connecticut Huskies, the two-time defending national champions, holders of a (currently) 78-game winning streak, coached by US Women's Olympic team head coach, Geno Auriemma; will come to the Spanos Center to play the Tigers in a regular-season matchup.

A win by a perfect David against the Goliath of the sport would etch the names of the Tigers in stone forever, as the team that did what no others before could do for almost three years: beat UConn.

Lynne Roberts, head coach of Pacific's Women's Basketball team, told this reporter that the surprising "matchup came into fruition completely by chance. "In the summer of 2009," Roberts reveals, "we saw the UConn coaches out recruiting. They asked us if we wanted to play them at our place, when they came out to [Northern California] to play Stanford. We said, 'Yes!'"

Pacific is the final game UConn will play before its rematch against Stanford. The two played in last year's National Championship Game. In that matchup, Stanford held the lead at halftime, the only time in the 78-game-streak that any UConn opponent had done so. Even though UConn came back to win 53-47, the margin was only six points; the only time in their streak that UConn did not win by double-digits.

With such an important game immediately following, it might be easy for UConn to look past Pacific, but, Coach Roberts isn't banking on it. "I don't know what their mindset's going to be," Roberts admitted. "Our best hope is to be as competitive as we can and see what happens."

Whatever UConn's mindset is come game time, Pacific will remain focused, without distractions. Of course, that doesn't mean the Tigers don't realize the opportunity in front of them. When asked if her team was feeling nervous, intimidated, or excited, Coach Roberts replied, "All of the above."

"I think it's something that they're really looking forward to: the chance to host UConn. We anticipate the place being sold out. It's going to be a great atmosphere. I'm sure that there's a little excitement, a little bit of nerves. I think, more than anything, we're just looking forward to it."

December 28, 2010: the chance of a lifetime for the Pacific Tigers. With tickets nearly sold out already, it will be an atmosphere unlike anything ever seen in the Spanos Center. Whatever the outcome, history will be made.
Sports This Week

FRIDAY
Women's Soccer vs. Long Beach State
7:00 PM
Stagg Stadium

Women's Swimming vs. Nevada
4:00 PM
Chris Kjeldson Pool

Women's Swimming vs. UC Davis
4:00 PM
Chris Kjeldson Pool

SATURDAY
Field Hockey vs. UC Davis
1:00 PM
Gardenmeyer Field

SUNDAY
Men's Basketball vs. Sonoma State (Exhibition)
3:00 PM
Alex G. Spanos Center

Women's Soccer vs. UC Riverside
1:00 PM
Stagg Stadium

MONDAY
Women's Basketball vs. Simpson
7:00 PM
Alex G. Spanos Center

Men's Golf vs. Pacific Invitational
All Day
Brookside Country Club

TUESDAY
Women's Volleyball vs. Sacramento
7:00 PM
Alex G. Spanos Center

Men's Golf vs. Pacific Invitational
All Day
Brookside Country Club

WEDNESDAY
Men's Golf vs. Pacific Invitational
All Day
Brookside Country Club

Fall Sports Preview

Natalie B. Compton
News Editor

The leaves are changing, the weather is cooling, and the Pacific athletic teams are working hard in this fall season. Here is a digest of what's to come in the first few weeks of November.

Men's Basketball
The team will take on the Chico State Wildcats in its second exhibition game. The event will take place on Sunday, November 7 at the Alex G. Spanos Center at 5 pm. The Tigers will travel south to Texas on the 12th to play the University of Texas at El Paso.

Men's Golf
On November 1, the golf team will be just around the corner at Brookside Country Club for the 3-day Pacific Invitational.

Women's Volleyball
The Lady Tigers will play three games at home to kick off November. Pacific will first face Sacramento State Hornets on November 2nd, followed by Long Beach State 49ers on the 5th, and ending with Cal State Fullerton Titans on the 6th.

All of these games will take place at 7pm in the Alex G. Spanos Center.

Women's Field Hockey
Women's field hockey will head to Davidson, North Carolina for the NorPac Conference Tournament on November 4.

Schools included in this conference include: Stanford University; University of California, Berkeley; Appalachian State University; Radford University; University of California, Davis; Longwood University; Davidson College; and University of the Pacific.

Women's Soccer
The month of November marks the beginning of the Big West Conference Tournament for the women's soccer team. The time and place for the tournament are still to be announced.

The schools included in the conference are: Cal Poly; University of California, Santa Barbara; University of California, Irvine; Long Beach State; University of California, Riverside; Cal State Fullerton; Cal State Northridge; University of California, Davis; and University of the Pacific.

Men's Water Polo
The Tigers will only eggbeater at home in the Chris Kjeldsen Pool the first few weeks of November as they match up against Santa Clara on the 5th at 3pm, UC Santa Barbara on the 7th at 12pm, UC Berkeley on the 13th at 12pm and Pacific Alumni on the 13th at 2pm.

Women's Swimming
The Lady Tigers will fill November with the Pacific Invitational on October 8, for her performance during the Pacific Invitational on October 15-16.

Shillington swam the 200 Free in 1:55.04 and the 500 Free 5:05.56 during the two day event. Her times in both events earned her a second place finish, which was also Pacific's top finishes in both events.

Swimmer Wins Big Award

Athletic Media Relations

Freshman Hayley Shillington (Thousand Oaks, Calif.) was named Mountain Pacific Sports Federation (MPSF) Swimmer of the Week on Wednesday, October 8, for her performance during the Pacific Invitational on October 15-16.

Shillington has earned recognition during the fall season. She is also the first Pacific swimmer to earn the award this season.

Hayley and the women's swim team return to the pool on Friday, October 29 to host Nevada and UC Davis at 4 pm.

Golf Scores

St. Mary's Invitational:

<table>
<thead>
<tr>
<th>Team</th>
<th>Score</th>
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</thead>
<tbody>
<tr>
<td>Pacific, U of</td>
<td>302 287 +13</td>
</tr>
<tr>
<td>T.J. Bordeaux</td>
<td>80 68  +4</td>
</tr>
<tr>
<td>Patrick Kucich</td>
<td>76 72  +4</td>
</tr>
<tr>
<td>Alex Edfort</td>
<td>76 73  +5</td>
</tr>
<tr>
<td>Dan Garcia</td>
<td>74 75  +5</td>
</tr>
<tr>
<td>Alex Johnson</td>
<td>76 74  +6</td>
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</tbody>
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Tiger Jobs

Pacific Rec- Tiger Trainer
Job Function: Customer Service
Salary: $8.00/hr.

Pacific Rec- Facility Guest Host
Job Function: Customer Service
Salary: $8.50/hr.

Must attend mandatory Team Pacific Recreational information sessions before applying:

11/2 in DC 215 at 6 PM
11/10 in DC 215 at 6 PM
11/16 in DC 215 at 6 PM
11/30 in DC 215 at 6 PM
VALLLEY BREW HALLOWEEN PARTY AND LOOK-A-LIKE CONTEST!

Valley Brew
The Spot To Stop!

Pacific Alum Owner since 1997
Kellie Craig-Jacobs
Class of '87

FEATURING LIVE BAND

8-11 PM

Cash prizes to be awarded to the top 12 winners! All winners will be featured in the 2011 Valley Brew Calendar! Results of the contest to be announced Saturday, October 30 at the Valley Brew Halloween Party

Open 7 days/week ~ Lunch-Late Dinners
157 W. Adams St. ~ 464-2739

Picture submissions should also include a bio and can be taken by mail or in person.