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Athletics Over-Expenditures, Increased Tuition Highlight Regents Meeting

The University of the Pacific Board of Regents met late last month to go over some of the most pressing matters involving the University. While some of the topics discussed were encouraging, such as the progress of the Pacific Values Initiative, others are sure to make students groan.

Most notably, the Board discussed the recent news that Pacific Athletics overspent its budget by millions of dollars, as well as the fact that tuition in 2019 will be increasing by 3.7%.

The highlights of the Board meeting were released on Wednesday, October 25th. One week later, University President Pamela Eibeck released a statement to the Pacific community addressing the news that Pacific Athletics over-expended its budget for the 2017 fiscal year by $4.2 million.

“The budget overage is significant and puts our institution at risk,” President Eibeck said. “The excessive spending in Athletics diminishes the work of many people across Pacific who have been making hard choices to reduce overspending and tuition continued on page 2

Leslie Chan
Lifestyles Editor

Zachary Withrow
Co-Editor-in-Chief

The University of the Pacific Board of Regents met late last month to go over some of the most pressing matters involving the University. While some of the topics discussed were encouraging, such as the progress of the Pacific Values Initiative, others are sure to make students groan.
OVERSPENDING AND TUITION
CONTINUED FROM PAGE 1

their spending." As a result of the over-expenditures, at least one Athletics employee has left Pacific. University officials declined to name the former employee.

The news does not come at an ideal time for Pacific Athletics, as it was just over a month ago that the NCAA handed down sanctions on the men's basketball program following an investigation into academic dishonesty by former players and coaches. The University had already self-imposed sanctions, and the NCAA slapped on a $5,000 fine, as well as a requirement to vacate any victories earned in which implicated student-athletes had played.

The following notes regarding the Athletics budget situation were published on the University of the Pacific’s website in the days following the Board of Regents meeting:

"The Board heard a report on Pacific Athletics over-expending its budget by $4.2M in the last fiscal year (FY17), largely due to a lack of adequate internal controls. The individuals involved have left the university and the Division of Business and Finance is working with Athletics to implement several supplemental financial controls and monitors, and additional oversight. The university is also in the process of hiring a budget director for Athletics that will report directly to the university’s Vice President for Business and Finance and provide budget management support to the interim Athletics Director."

The Pacifican asked newly-appointed interim Athletic Director Wes Youth about where the over-expended money was actually allocated, and he explained that it is hard to say at this point due to the nature with which the organization makes and spends money.

"There is an analysis being undergone to find out where the discrepancies lie from one fiscal year to the next," Youth said. "There are a number of different things that financially we are responsible for, there's operations, salaries and benefits, and we also offset those expenses with income."

"So there are many moving pieces," Youth continued. "Certain revenue benchmarks were not made [that would have] offset some of the expenses."

President Eibeck indicated that Youth has worked closely with the Athletics staff and Business and Finance in order to balance the budget by 2020. Eibeck also noted that Vice President of Business and Finance Ken Mullin “has introduced a comprehensive set of financial controls in Athletics and is approving all Athletics expenditures over $10,000.”

The Pacifican asked Youth about University’s efforts to improve internal controls in the organization.

“Banner is the system that is used for financial reporting. It kind of spits out data in a very funky way, so we are trying to create controls that possess the information in a [way] that we can track from month to month as we move along our fiscal year,” Youth said.

Along with the unfortunate news about Athletics, the Board of Regents also approved Fiscal Year 2019 tuition rates which “includes a 3.7 percent increase for undergraduate, graduate, Pharmacy and Dental tuition, and 3.0 percent increase for Law tuition,” as was noted in the meeting highlights.

“Students are unsatisfied with the outcomes of the tuition increases and need transparency,” Kirkpatrick said.

He expressed that students are concerned over where the money is going since the University has been consistently raising tuition prices over the past several years.

Overall, although the University states that Athletics intends to balance its budget by reducing spending, the fact that an agreement on the raising of tuition was reached at the same meeting in which a $4.2 million over-expense was announced is clearly a look that the University would have rather avoided. With undergraduate costs totaling $45,786 per student, $4.2 million is approximately the cost of 90 students' tuition.

While there are certainly many things worth celebrating on campus in the wake of Homecoming, it is important to keep tabs on the issues that the University still faces today, and in the days to come.

SIS Alumni Share Diverse Experiences From Around the World

Ashley Lyn Judilla
Co-Editor-in-Chief

On October 19th, the School of International Studies hosted their annual Fall Alumni Career Forum featuring alumni Jessica Mullins ’08, Maria Elena Rodriguez de Katzakian ’04, Megan Coombes ‘03, Cheryl Crippen ‘91, and Amy Curlee ‘06.

The all-female alumni panel reflected on their careers thus far after graduating from Pacific and how their time in SIS impacted their careers. Coombes became the owner and executive chef of a Seattle-based German restaurant called Alstadt after working for nonprofits and marketing for ten years. Studying abroad in Germany inspired her pursuit in learning about German cuisine.

After graduating from SIS, Rodriguez de Katzakian focused her work on gender issues, as well as went back to Mexico and opened businesses. She is also currently a pre-candidate for Mexico’s general elections in 2018 for president.

Crippen is a research consultant and clinical faculty at California State University - Fullerton. She did her doctoral research paper on intercultural couples and how they navigate cultural differences within the family.

Mullins “stayed open to possibilities” and has done quite a bit of traveling for humanitarian aid; she works contract to contract. She worked in Mumbai, India for a year on anti-human trafficking, worked in Afghanistan another year, and recently worked in Antananarivo, Madagascar for a year and three months.

“Cross cultural experiences are invaluable,” Mullins said. “I love the adventure and the stories and the challenge.”

The panel was asked about how one balances getting married, having a career and traveling from a student in the audience. Curlee moved to the Middle East with her husband and has experienced being away from him for six months when he received a job offer in Romania.

Coombes said, “it’s about understanding one's priorities [in terms of your relationship with that person and your work] because they can change over time.”

Rodriguez de Katzakian stated, “Couples having long-distance relationships are becoming more common especially for those who do international work.” She commutes every other weekend between Mexico and California to see her husband.

All of the women have gone through very different and, as Mullins described it, a “zig-zag of a pathway.” None of them expected to do the work they are doing now when they were students in SIS, but expressed the influence that SIS had on their careers.
Pharmacy School Holds Sixth Medicare Health Fair of the Year

Zach Withrow
Co-Editor-in-Chief

For the sixth time this year, Pacific students spent the weekend lowering seniors’ drug costs, checking the safety of their drug regimens, and offering various other health screenings.

On Saturday, October 28, the Thomas J. Long School of Pharmacy and Health Sciences held a Medicare Health Fair at the O’Connor Woods Retirement Community in Stockton. From 10:00 a.m. to 6:00 p.m., nearly 100 Pharmacy School students volunteered their time to help community members optimize their Medicare Part D drug plans. The student volunteers were supervised by around 25 licensed pharmacists.

Professor Rajul Patel of the Department of Pharmacy Practice oversees the program, which is now in its eleventh year of assisting Medicare beneficiaries.

“There are close to 30 different plans in this county that individuals who have Medicare can get their prescription drug coverage through, and every plan has a different formulary and different cost structure,” Dr. Patel said.

Dr. Patel explained that Pacific’s student volunteers, along with about a dozen volunteers from the University of San Francisco’s Nurse Practitioner Program, worked to minimize seniors’ drug costs by identifying the cheapest plan for each individual.

“The second core service that we provide is a systematic review of all [an individual’s] medications to make sure they are safe and effective to take together,” Dr. Patel said. “If we identify any severe medication-related issues, with their permission, we will contact their prescriber and make a recommendation for resolution.”

In addition, participants were able to undergo a variety of different health screenings, including checks on cholesterol, immunizations, bone density, diabetes, and blood pressure.

Cindy Tran ’19 was glad to have participated in Saturday’s fair, the fifth for which she has volunteered.

“It’s just a really good experience to practice pharmacist skills and patient interaction,” Tran said. “I think today I saved someone $4,000 by switching their Medicare Part D Insurance Plan.”

Elaine Bui ’19 concurred; she said her favorite part of the Health Fair is working with the patients.

“A lot of them have interesting stories to tell, and they also have a lot of life experience,” Bui said. “We enjoy helping them with their medication plans, or lowering their drug costs, or whatever we can help with.”

With six Medicare Health Fair events in the books so far this year, hundreds of people across California have been provided important services without any charge. Volunteers are scheduled to work seven more events in 2017, with one occurring today, November 2, in Lodi.

Members of the Thomas J. Long Pharmacy School continue to make Pacific proud with these invaluable instances of community outreach.
An Evening of Theater and Entertainment with “Proof”

“Proof” is another promising feature.

PC: Pacific Theatre Department

Andrew James Rocha
Copy Editor

Want to go hang out with friends but can’t afford to see a movie? Maybe you want to take your significant other out, but you don’t really want to leave campus? Or maybe you really just need some art and culture in your life? Then you might want to check out the Pacific Theatre Arts Department’s production of David Auburn’s “Proof.” Already, on October 27th, 28th and 29th, the Theater Arts Department has performed “Proof” to a good response, but sometimes small audiences.

“Proof” is a Pulitzer and Tony award-winning play about a woman, Catherine, dealing with the death of her father, Robert, and his legacy as a genius mathematician and the mental afflictions he suffered from in his final years. Catherine questions her own mental health and talent for mathematics, and the arrival of her sister, Claire, and her father’s former student, Hal, as her father’s funeral complicate the situation even further for Catherine.

David Auburn’s “Proof” is award-winning for a reason. It is a play with something for every-one: humor that will make you laugh aloud, romance that will warm your heart, and drama that will keep you on the edge of your seat. If you are a fan of the theater or the arts, this is an event you will not want to miss, and if you do not have much experience with theater, then “Proof” is a great play to start with here at Pacific.

But besides David Auburn’s fantastic writing and story, Pacific’s production of “Proof” is delightfully special because of the phenomenal cast. Morgan Post, Economics and Media X ’20, plays Catherine, Rosalind Jackson Roe, Engineering Management and Media X ’21, plays Claire, with Luke Bolle, Theatre Arts ’18, playing Hal and Theatre Arts Professor Gary Armagnac as Robert.

Professor Armagnac shared with The Pacifican the talented and impressive cast that brought “Proof” to life. “In terms of working with these particular actors, the phrase that most often came to my mind was just

PROOF
CONTINUED ON PAGE 4

Noche de Musica Brings a Pleasant Surprise to Dr.
Ines Ruiz-Houston

Last week during Homecoming weekend, Bechtel International Center hosted the annual Noche de Musica featuringConexion Bohemia.
Conexion Bohemia consisted of four members with lovely voices and diverse instrumental talents. They performed songs from different countries in Latin America. Members of the audience could not help but sing along with the band. Not only did the band provide great music, but they made witty jokes and interacted with the audience.

Noche de Musica was more than just a night filled with music and a great time; it was also a night filled with good news.

During the opening announcement, the men’s soccer team announced the money they raised for Latinx Outreach and Academic Resource Center Coordinator Ines Ruiz-Houston’s husband to help cover the costs of his chemotherapy. Dr. Ruiz-Houston was overwhelmed with joy over the men’s soccer team’s generosity.
Taste of Pacific Brings Together Past and Present Tigers

There were plenty of great booths to visit at the annual event.

Diego Sandoval
Contributor

Director of Alumni Relations Polly Crabtree promised that Taste of Pacific was “going to be wildly fantastic,” and that it was.

The event, which took place on Saturday, October 21 at Knolles Lawn, was abound with stands from several wineries and breweries, as well as stands from several of Pacific’s schools and organizations. The lights strung up from the trees and lampposts and the amazing musical performances during the event set the mood for a lovely evening to enjoy with friends and family. The large assortment of food, served and catered by Bon Appétit, was spectacular and consisted of everything from kabobs to tacos.

The stands from Pacific’s schools and programs conducted several interesting presentations. The stand from Pacific’s McGeorge School of Law gave short presentations on laws that dealt with the production of beer and wine, and the School of Engineering and Computer Science presented a current prototype of a prosthetic for a partial-finger amputee.

The Conservatory of Music’s stand presented music recordings, and the Media X group showcased its work with virtual reality technology. Furthermore, Chemistry professor Balint Sztaray put on a “magic” show for children present at Taste of Pacific, explaining the various chemistry concepts behind the small experiments he performed for the children.

The Alumni Band, led by Dr. Eric Hammer, performed beautiful pieces, including a potpourri of songs from Disney’s “Beauty and the Beast.” The sound of violins and trumpets set a celebratory tone during the beginning of the event. After the Alumni Band finished performing, other groups took the stage to perform some smooth jazz for the rest of the evening.

Taste of Pacific was a spectacular homecoming event this year, bringing together students, family, alumni and faculty to celebrate a wonderful evening with great food, drinks and music.

President Elbeck

‘stay out of their way’ because their instincts were so good and so right, they knew who these characters were.” The actors gave their all throughout the performance, not just pretending to be these characters but also becoming the characters.

If you missed out on seeing “Proof” last weekend, you have another chance to see the play tonight, November 2nd at 8 p.m.; there are also showings on November 3rd and 4th at 8 p.m. You can purchase tickets at the door for only five dollars.
Sushi and Boba Stops in the City of Elk Grove

Natalia Gevara
Opinion Editor

If you're looking to escape the realm of restaurants within Stockton, perhaps dare to venture a little farther off campus, to the boundaries of Elk Grove. Elk Grove is home to a quantity of restaurants not offered here in Stockton, which makes for a great day trip with friends on the weekend.

If you're looking for a quality meal, I would highly recommend Fuji Sushi Buffet on 8473 Elk Grove Blvd. The restaurant is open for lunch from 11:00-2:00 PM, and from 5:00-9:00 PM.

You can't go wrong with this all you can eat, comfort food restaurant. Dinner is priced at $21.95, but given that it is all you can eat, it is well worth it. Food can be picked up on their sushi boat conveyor belt, or you can ask to have a roll specifically made.

But the food isn't only just all you can eat; it is incredibly well made. If you're particular about your sushi, you will not have any worries here. The food at Fuji's is decadent and will leave you full and satisfied by the end of the night.

Plates of sashimi are also available to be made, as well as chicken, rice, chow mein, and different desserts at the bar area.

The employees are polite as well, seating everyone according and making sure all needs are met. The restaurant is well kept and tidy despite the amount of people who come in at dinner time.

But if you're feeling something sweet or dessert like after eating at Fuji's, another great place to stop by in Elk Grove is Moo Moo. Located on 8698 Elk Grove Blvd, Moo Moo is a themed boba shop that'll beat your typical T4 or Quick's stop.

As stated by the name, the shop is a cow themed location with an adorable cow mascot. The decor reads that as well, with the black and white theme present throughout the shop.

Personally, Moo Moo makes some of the best boba I've ever had. Priced pretty inexpensively, typical flavors such as taro, Thai tea, and honeydew are available. But Moo Moo also serves different coffee drinks, such as "Holy Cow" and "mOO moO's late." You also cannot go wrong with the normal Moo Moo milk tea with boba, which is my personal favorite.

They also make a variety of different drinks such as their yogurt blizz, which is blended yogurt with fresh fruits. Or their homemade Thai tea, which is quite tasty as well.

Moo Moo is also a very casual shop, with friendly employees and games to play with friends. It is definitely an excellent place to go on a weekend if you're just looking to hang out outside of Stockton.

Elk Grove is one of my favorite places to go if I find there is nothing to do in Stockton, and is an excellent choice for the myriad of food option available not offered here in town.

“The Snowman:” A Beautiful Disaster You Shouldn’t Watch

Noah Lenzi
Contributor

From the look of the trailer, “The Snowman” appeared to be a welcome callback to the string of serial killer thrillers that became popular in the 90s. These films usually consisted of a killer with some kind of trademark; in “Se7en,” it was the seven deadly sins, and now it’s snowmen.

Things looked bright for this film as the cast consists of great actors like Michael Fassbender, Rebecca Ferguson, Toby Jones and J. K. Simmons. The director, Tomas Alfredson, has also made critically acclaimed thrillers such as “Let the Right One In” and “Tinker Tailor Soldier Spy.” The list of talent attached to this film would put anyone under the impression that the movie would be good at the very least. Michael Fassbender plays world famous Norwegian detective Harry Hole (I laughed too) in this adaptation of Jo Nesbø’s novel of the same name.

The concept involves multiple disappearances that occur across several years all linking to a killer that leaves snowmen at the scene of every crime. It sounds like a fun thriller but it saddens me to say that “The Snowman” is one of this year’s biggest disasters.

Virtually everything about this film doesn’t work and I don’t say this as some pretentious remark. Really the only saving grace of this film is Dion Beebe’s incredible cinematography. The best way to address the many problems of this film is to start at the beginning. The film opens with the child that will grow up to be the snowman killer. He lives with his mother and an abusive deadbeat cop who beats his mother. The mother threatens to tell the cop’s wife that the child is his. This sets him off and he says they’ll never see him again then gets in his car and leaves. Problem solved right?

As he leaves the mother and child chase him down in their car, screaming for him to come back. Why?

As I sat in the theater I thought to myself that this was one of those things that would be explained later and that there was something more to this opening flashback. No. This is one of one of the many confusing aspects of the story that are thrown in as a plan for a reveal later but is never paid off. This aspect alone makes the film one of the most confusing I’ve seen in years.

Themes are also introduced at the start of the film only to return as paradoxical and laughable messages that make the least bit of sense. The film also contains one of the most underwhelming climaxes that honestly gives “Fant4stic”’s final “battle” a run for its money.

The story is essentially just a whodunnit where they dump a couple suspicious looking characters into the mix and it’s up to the audience to decide which one it is. There could have been at least some attempt to connect all these suspicious characters but instead we get a completely disjointed subplot about some underground sex ring involving the World Cup that went absolutely nowhere.

It doesn’t even connect to the killer whatsoever and is never solved. The main characters are hollow and have very little involvement in the case itself. They build up Harry’s character like he’s some legend but he’s just one of the dumbest cops ever put to film. It’s almost like things just happen for them and the clues are given to them. This destroys all tension and we never truly get a suspenseful moment but when it does attempt to be scary it’s hilarious. All of these problems turn the film into a mess, but what does the most damage by far is the goddamn editing in this movie.

This is some of the worst editing of the year. I’m not just talking about the moments where they obviously made jump cuts in the middle of
Another drug known as fentanyl is accused of contributing to the deaths in the epidemic. Fentanyl is a highly potent opioid that is traditionally used as an anesthetic to relieve pain, mostly through slow-releasing patches. However, it is also extremely dangerous as little as three milligrams is enough to kill a fully grown man.

I do believe that the crisis is an unfortunate and horrifying event. Even thinking about it I am still baffled at how much death and societal damage the crisis has inflicted on the country.

This reminds me of a book I read a while ago called “A Scanner Darkly” by Philip K. Dick, which is the tale of a drug addict living in a police state that is in the midst of a perpetual “war on drugs” that utilizes surveillance and other forms of invading privacy all to stop people from doing drugs. If the opioid crisis persists for long enough, a reality not dissimilar to that of Dick’s novel may come to fruition.

And perhaps it is not too late to make things better. An article released by BBC outlined five different ways to fight the crisis, as provided by the Health Strategy Group, an association of the Aspen Institute, as follows:

Stop Overprescribing:
Pharmaceutical opioids are easily prescribed, filled out, and covered by insurance. Because of this, they are prone to overprescription, and cause more deaths. The clinical guidelines of the US Center for Disease Control and Prevention have been updated to reduce opioid prescription, so we can only hope that there will be fewer deaths.

Provide Access to Treatment: According to the National Survey on Drug Use and Health in 2017, only a quarter of with health problems related to opioids are actually treated. Insurance to cover costs is often the main cause of the statistics, as most agencies pay for only 60% of the total cost of treatment.

Stop Unnecessary Deaths: A drug known as Naloxone, which blocks the effects of opioids on the brain, is in the process of becoming widely available thanks to efforts from associations such as the US Food and Drug Administration. It’s efforts include convincing pharmaceutical companies to sell an over-the-counter version of the drug, as well as persuading over 40 states to pass laws to allow first responder units (fire fighters, paramedics, etc.) to carry the drug with them, and even block opioid users from prosecution if they call for help to deal with their drug problem.

Treat Addiction as a Health Issue: Too often has opioid addiction been considered a problem with society and not with personal health. Drug offenders, including users, are more likely to go to prison than others, and the federal government allows prisons to make their own rules regarding drugs, in which they “institute more stringent bans than required by federal law”, a study by the US Department of Housing and Urban Development found. Experts in law today are exploring ways in which drug use can be considered a health issue, and not purely a criminal issue, such as enforcing treatment upon sentencing.

Do Your Research:

The Snowman: Scary in All the Wrong Ways

The movie has a few moments that made me laugh out loud but it’s not worth seeing it. The scene to scene editing will leave everyone confused; you’ll wonder why certain scenes weren’t placed before or later or how characters got from point A to point B.

Editing is the most important part in filmmaking. It’s where the final product is produced and if it’s in the wrong hands even a good film can be edited down to a piece of garbage. I think had they re-edited this film it would have actually been ok. There are definitely scenes missing from this movie and I think it’s one of the reasons why none of the themes and subplots amount to anything.

In the end, “The Snowman” is a beautiful disaster. It contains some of today’s best talents only to throw them into one of the most well shot ambitious pieces of garbage ever. According to the director, 15-20 percent of the script wasn’t even shot and it shows.

The movie has a few moments that made me laugh out loud but it’s not worth seeing and I wouldn’t recommend it to anyone unless they wanted to see how bad it was. This is one of Fassbender’s many recent duds and I hope he can get back on track before he does a career ender. So my recommendation would be to miss this one and go see the “Blade Runner” sequel instead.
Race in America: What is Systemic Oppression?

Scarlett Green
News Editor

With the issue of inequality gaining recognition in contemporary American society, oppression is a word that appears all too often in everyday conversation. However, a concept less commonly understood is that of systemic oppression.

Oppression can be defined as prolonged cruel or unjust treatment. In contrast, systemic oppression can be defined as the establishment of laws, customs, or practices that enforce the mistreatment of people within certain social identity groups. The first type of injustice can and is experienced by all types of people each day, however, this second type of oppression is experienced only by people who identify as neither white nor male.

White men living in America do not experience oppression in the same way as women and people of color do. To say otherwise not only suggests ignorance on part of the speaker, but is also extremely offensive to those who are regular victims of systemic oppression.

White boys growing up in the US may experience cruelty and oppression in the form of bullying or other discrimination based on their looks or interests, they can rest assured that such factors will not affect their ability to find a job or government assistance in the future. Moreover, Evans Bank was busted in 2015 also with charges of denying mortgage loans in predominantly Black and Latino communities. With research it is easy to see that such cases are much more common modern society that one might expect.

For these reasons, the oppression that white men face is not even comparable to the systemic and institutional oppression that people of color face in the US each day. To suggest that the two struggles are similar would be to blatantly ignore the role that race relations plays in everyday life.
Club Spotlight: OASIS

Scarlett Greeten
News Editor

A typical OASIS meeting consists of loud knocks of approbation, boos or hisses of repudiation, and ultimately an eye opening exchange of ideas and opinions that cannot be found anywhere else on campus.

OASIS, also known as the Open Assembly of the School of International Studies, meets every Monday at 6 p.m. in George Wilson Hall to freely debate controversial topics. Topics such as gun control, American health care and even the efficacy of voting strategies have been dissected by students during these meetings.

OASIS meetings provide the atmosphere of a formal debate without following the rigid structure of one. There are no regulations as to how ideas are presented, rather, students are free to speak their minds and share opinions that are not always supported by hard facts and statistics. Similarly, other students are also free to present facts that debunk such theories. To keep order in such debates, students are ordered to stand up when they are ready to share an opinion.

Meetings:
The floor leader then recognizes the student, who is now allowed to speak, and must sit down again when finished. While the student is sharing his or her ideas, other students must not speak, but are free to make noises such as claps or knocks of approval as well as boos or hisses of disapproval.

Before the debate starts, OASIS club members meet in the lobby of George Wilson Hall for a tea time. During this tea time students are offered snacks and drinks and are encouraged to mingle with one another. This way, the club also provides a social scene in which students can meet new people who may share the same views as them and also learn to get along with people who may have opinions that oppose their own.

Although the club targets students of the School of International Studies, OASIS encourages students of all of Pacific's schools and majors to come and share their opinions in order to make the debates a more enriching experience. For any questions about the club, students are encouraged to contact Christina Bouri at c_bouri@u.pacific.edu.

Leslie Chan
Lifestyles Editor

Money Saving Tips

Students coming into college are usually living on their own for the very first time. Due to new friends, lifestyle, and environment, people will have a change in spending habits. Without realizing it, students will notice their low balance in their bank accounts. To alleviate stress on student's budgets, there are a few ways for students to cut back on spending and save.

With new friends, people tend to change their eating habits to accommodate social events. Eating out at restaurants occurs more often and the amount spent becomes larger as time passes. To prevent overspending, people should limit how often they go out to eat. Giving suggestions to eat at cheaper places would also create chances for individuals to save money.

Attending university changes how people lead their lives. Students may want to buy a better wardrobe, invest in different items, and participate in stress shopping. Due to needing to attend different events, students may be required to purchase specific attire. Modest and flexible clothing should be purchased allow versatility in occasions, allowing maximum usage. Items for education, such as textbooks, are a common source of expenditure for students. To spend less on textbooks, it is recommended to wait until the first day of class to find out what textbooks are actually needed. Finding a PDF version or buying a used copy of the textbook are good ways to reduce spending.

Classes also contribute to levels of stress, causing more stress shopping. When taking study breaks, students may browse the internet to shop for items. In their modes of stress, individuals will purchase items online to feel productive in their lives. To prevent spending online, people should think twice about purchases.

To save money, students should look towards sales for items or coupon clipping. Although people may only be saving a few dollars, the amount grows overtime. To raise their funds, working an on campus or off campus job can offset leisure spending. Overall, students can be more diligent about their spending by noticing deals and saving small increments at a time.
Korean Music Scene: Where do you Start?

For most people not familiar with Korean music, they think Korean Pop (K-pop). K-pop is an umbrella term for mainstream Korean music, but it is ed with boy bands and girl groups filled with catchy, upbeat music, synchronized choreography and hints of English words that you wonder why it’s even there in the first place.

Beyond all of that, the musical landscape in South Korea is much wider with some well-known groups domestically, but not internationally especially for Korean Indie (K-Indie), independently produced Korean music. Additionally, like I said before, K-pop is an umbrella term. K-pop includes hip-hop, rap, acoustic, electronic and so much more.

With so much to choose from, where should you start? Well here’s a few to check out!

A group that has not only grown musically, but also in popularity is BTS (Bangtan Boys). A wonderful mixture of hip-hop and contemporary R&B, the members of BTS have artfully told stories through their albums taking inspiration from literature and artists that paved the way of the international presence of Korean music.

BTS’s latest Extended Play (EP) released in September of this year, “Love Yourself: Her” is a great start. The members of BTS have a tendency to combine different styles of hip hop and collaborate with a variety of other artists. Their 2014 release, “Shoebox” is dynamic: from the violin intro of “Encore” to the bitter frustration of “We Fight Ourselves” featuring Younha to the harder beats and arrogance of “Born Haters.”

The sibling duo, Akdong Musician features a creative and clever lyricist and composer, Chan Hyuk Lee and his younger sister filled with soul, Su Hyun Lee, are 21 and 18-years-old respectively and already making a name for themselves. Their music is filled with folk pop and soul. Their first studio album, “Play” will give spring vibes with songs like “200%” and “Anyway” or will bring a somber tone with “Melted.”

Akdong Musician’s song catalog so far can easily be categorized according to what seasonal vibe it sends your way. Overall, the duo is for those who want something dynamic: between the sounds of strings, a soulful voice, spring-like acoustics and even (because of their latest EP, “Summer Episode”) a bit of electronics.

Those are just three of the many artists out there! A great way to discover more artists is checking out the artists they collaborate with. If there is a particular genre (for example, R&B) that you want to check out for the Korean music scene, tell us by emailing us at pacificaneditors@pacific.edu.
Women's Volleyball Has Won Five Straight Matches

Zachary Withrow
Co-Editor-in-Chief

The Pacific volleyball team kept on rolling over the weekend, as the women picked up two wins at the Spanos Center. Last Thursday, the Tigers took care of business in a 3-0 win against Loyola Marymount, then pushed their record over .500 with a victory over Pepperdine on Saturday.

Thursday's match was highlighted by outside hitter Emily Baptista ’20, who led the Tigers with 14 kills and a .545 hitting percentage. Outside hitter Andie Shelton ’19 also starred for the Tigers, notching eight kills and 21 assists.

Outside hitter Kaitlyn Lines ’21 had herself a solid game, as well, contributing 10 kills and 21 assists.

Although the Tigers ended up sweeping the Lions, all three sets were quite close. The Tigers had the first set in hand for most of the way, although the Lions started to rally toward the end; Pacific ended up taking the set 25-21. The second set was close throughout, and LMU really began to close the gap late in the set, once again, but the Tigers emerged with a 25-23 win.

In the third set, the Tigers really found themselves in trouble early, as the Lions led 10-4 at one point. Pacific was not able to even the score until they clawed back to make it 22-22. At that point, the Tigers' killer instinct took over, and the squads traded points until Pacific finally secured the 28-26 win to complete the sweep.

Saturday's contest was another great one for Baptista. The Hilmar native had a career-high 25 kills and 17 digs to lead the women to a 3-1 win over Pepperdine. Gotterba also brought her 'A' game, logging 23 digs and six assists in the contest. Shelton continued to show up, as well, collecting 24 assists and 11 digs on the afternoon.

Much like Thursday's match, the first set against Pepperdine saw Pacific jump out to an early lead, but almost squander it as the Waves scored a series of points to get within striking distance late. Once again, however, the Tigers came away with the set win, 25-22.

The Waves carried over that energy late in the first set over to the second set, as they dominated the Tigers throughout and took it 24-14. The Tigers rebounded in the third set, overcoming an early deficit to win 25-21 and gain the advantage.

The Tigers looked to finish the Waves in the next set, and they certainly made quick work of the visitors, clinching the match victory with a 25-15 set win. Pepperdine fell to 13-12 with the loss; it was the team's fourth loss in its last five matches.

With the victories, the Tigers now stand at 12-11 on the season. They will next compete tonight at 7 p.m. in Provo, Utah, where they take on the last team to beat the streaking Tigers, No. 10 BYU.

The Tigers fell to BYU on October 7th in a three-set sweep by the Cougars. However, the Tigers are coming into the game with all the momentum; BYU most recently fell to No. 18 San Diego State at home on October 27th. The Tigers, of course, are riding high on their five-match win streak.

The volleyball squad has won five straight matches.
Men’s Soccer Wins Two Over Weekend

The Pacific men’s soccer team built up a three-game win streak with two victories at Knols Field over the weekend. On Friday, the Tigers beat San Diego in a 3-1 final, and on Sunday the men defeated Loyola Marymount 1-0 in a thrilling double overtime finish.

In Friday’s win over the San Diego Toreros, the Tigers scored early and often. Just under three minutes into the contest, midfielder Camden Riley ’19 scored an unassisted goal when he launched the ball from the left side of the field to the far post; it was Riley’s fifth goal on the season.

Just a short while later, in the seventh minute, forward Anthony Orendain ’20 scored on a nice set-up from his teammates. Defender Bob Groenendijk ’19 entered the ball from the left to midfielder Andres Ochoa ’18, who then headed the ball toward the middle of the box, where Orendain waited to knock the ball in and extend Pacific’s lead to 2-0.

The Toreros would continue to take shots in the second half, but none found their way into the net. The same was true of the Toreros, who took ten shots overall, but could not get them past goalkeeper Curtis Goldsmith ’18 and the Pacific defense. Goldsmith recorded three saves and notched his tenth win of the season.

With the win, Pacific made it 3-1 when Orendain scored his second goal of the game, putting him at five for the year. Forward Johnatan Rico-Contreres ’19 was credited with the assist on the play.

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As for the Toreros, it was San Diego’s first loss in a span of six games, and their first loss to a West Coast Conference opponent.

The Tigers were back out on the pitch on Sunday, when they worked to break a stalemate with the Loyola Marymount Lions.

Neither team could break through during the first half, as both teams took four shots with none finding the net. There was much of the same in the second half, although the Lions had a couple more opportunities; LMU fired off six shots while the Tigers took four more. Still, the men came up empty on both sides of the field.

The deadlock continued into the first overtime, and it was not until the second overtime that the game saw its first and last score. The goal was provided by Andres Ochoa ’18 in the match’s 102nd minute, via a pass from Collin Betten-court ’18.

The pair of wins over their conference rivals puts the Tigers at 11-3 on the season, and 3-1 in the WCC. The men will next travel to Moraga this Saturday, where they will take on the 5-6-4 Saint Mary’s Gaels.