Proving they are not "just a club sport," Pacific Rugby took their season to unbelievable heights, winning a national championship in the process.

The Tigers traveled to Pittsburgh this past weekend for the National Small College Rugby Organization Challenge Cup and competed in the final four for the national title.

Besides Pacific, the remaining final four teams were: Northern Colorado, Washington & Lee and Indiana Purdue-Fort Wayne.

In the first game of the weekend, the Tigers took on IPFW, ultimately winning in a come-from-behind effort, 27-22. With this win, Pacific knew they would be vying for the title of No. 1 in the nation.

Coach Kreg Nelson, who has been coaching along with Terry Lynn since 2008, had one message for the team before the championship game: "If we play our game the way we know we can play it, then we can beat anybody."

Nelson and Lynn focused primarily on game fundamentals with the team, knowing that these basic skills would be essential in executing the game plan. The Tigers practice twice per week and have played numerous games and scrimmages to prepare for high competitive play.

For their first time on a national stage, Pacific truly put it all together one last time. Getting off to a slow start and coming from behind once again, the Tigers showed resiliency, tenacity and heart. "The second half of the second game we came from behind and won. I think that says a lot about the team and how mentally tough we were. Every person on the field that day had the best game I have ever seen them play. It was beautiful," expressed fly half Michael Sitzmann '16.

"Five minutes left in the national title game, everyone on the team was exhausted, but we continued to march the ball down the field and score the final try. True heart," added Stephen Whiteman '15.

Winning a national title isn't easy, and the Tigers knew it would take the effort of every person on the team down to the final seconds. Nevertheless, that moment finally hit and the reality sunk in: Pacific Rugby had just become national champions.

"When Zach [Buen] scored the last try to seal the win, I felt like the monkey finally jumped off my back. We've all worked so hard and it was amazing to see our hard work pay off," conveyed Jimenez.

Strong-side flanker Zach Buen '15 told all: "I was first utterly exhausted, because the game came down to the
The champions
Rugby team wins nationals

Final play. However, once the whistle blew I simultaneously felt this huge sense of relief and elation. It felt all too surreal, and I kept thinking, We really just won the national championship."

Coach Nelson described his feelings right after the win: "A strange amalgamation of joy, relief, pride and every other positive emotion known to man... I think the best thing was seeing the pure joy on the players' faces as they celebrated their amazing accomplishment.

Winning a national championship truly puts Pacific Rugby Club on the map. This gives the Tigers more exposure and better opportunities to recruit players who may be interested in playing directly out of high school. Even though one need not have experience before giving rugby a chance at Pacific, the increase in publicity will help generate more interest.

Pacific loses several seniors and the majority of their starting lineup to graduation. "I am really excited about next season and hope our success will encourage others to come out and play rugby... New players are the heart of this club," Sitzmann affirmed.

The program has also been working toward developing alumni relations, especially considering the program has been in existence since 1908. With the recent coverage, the club hopes to locate past members of the squad.

After two years of playing for Pacific Rugby, Whitman will leave the team due to graduation. He declared, 'I've played sports for over 12 years, and I've made it to playoffs a time or two but always fell short. To end what could be my final season with a team as a national champion is unfathomable. I'm so thankful to have been on a team with such a great group of people."

The memories are endless: defeating USF to move on to playoffs, becoming regional champions and finishing off the season with one of the toughest, most heart-wrenching games. Nevertheless, through all the struggles and triumph, the Pacific Rugby Club can call themselves national champions.

Holocaust Remembrance Day
In memory of 6 million Jews...

Mt. Sion Hillel - University of the Pacific welcomed the Pacific community to commemorate its annual Holocaust Remembrance Day. The event was held April 15 in the President's Room and featured guest speaker Ms. Anna Marie Levy. The event's Facebook post noted Ms. Levy as "a local artist and Jewish witness of early World War II intolerance."

Braving the pulpit, Ms. Levy shared her story of escaping Austria as a teenager in 1939.

Commencement is coming right around the corner

Nicole Felkins
EDITOR-IN-CHIEF

Congrats grads, you've made it to the finish line! But did you know that Commencement is not just limited to the ceremony on Saturday, May 9?

There are many other ceremonies and events held at Pacific during the week of Commencement. The Faith Davies All-University Leadership Awards on Friday, May 8 at 11 a.m. will honor various student leaders in the DeRosa University Center Ballroom.

The Interfaith Baccalaureate Ceremony will be held later that Friday at 4 p.m. The ceremony, reports Pacific's website, is an "opportunity for graduates and their families to gather before commencement in gratitude for the great accomplishment that students have attained with invaluable support."

The Multifaith Chaplain and members of the Interfaith Council will lead the service. Afterward, a reception will be held on Knoles Lawn. Pacific President Pamela A. Eibeck confers all degrees at the Commencement ceremony on Saturday, May 9 at 9 a.m. U.S. Judge Morrison C. England, Jr. '77, '83, chief judge of the United States District Court of the Eastern District of California, will be the featured speaker at Commencement. In addition, the University's various schools will host Diploma and Hooding Ceremonies that day. The ceremony for College of the Pacific and University College graduates will be held at 1 p.m. in Alex G. Spanos Center. A special reception for COP graduates and their families will commence at the northeast entrance of the Spanos Center immediately following the Diploma and Hooding Ceremony. The College of the Pacific Annual Awards Ceremony will be held between 1-3 p.m. in Raymond Great Hall. Faye Spanos Concert Hall will host graduates from the School of International Studies at 1 p.m. The ceremony for Eberhardt School of Business graduates is held at Knoles Lawn at 1 p.m. A special reception will be held on Knoles Lawn immediately following the Ceremony. Knoles Lawn will host graduates from the School of Engineering and Computer Science for their ceremony at 4 p.m. The Diploma and Hooding Ceremony for Conservatory of Music graduates will take place in Faye Spanos Concert Hall at 4 p.m. Lastly, Gladys L. Bennett School of Education graduates will have their ceremony at 5 p.m. in the Alex G. Spanos Center. Each college's Diploma and Hooding Ceremony will feature a speaker; some of them are graduating students chosen by a committee.

Thomas J. Long School of Pharmacy and Health Sciences graduates congregate for Commencement on Saturday, May 16 at 9 a.m. in Alex G. Spanos Center. Dr. Sandra R. Hernández, president and CEO of the California HealthCare Foundation, is the keynote Commencement speaker. Three student Commencement speakers, one each from the Departments of Pharmacy, Physical Therapy and Speech-Language Pathology, will address the graduates.

Graduates will be honored at their Annual Graduation Banquets on Friday, May 15 at 6 p.m. It is hosted by the School and their Alumni Associations for the triad of disciplines. Alumni, family, friends, faculty and staff are encouraged to attend. You must register by May 1 at http://www.phgradbanquets.com/.

The Physical Therapy Banquet will take place in The Lair, the Pharmacy Banquet will be held in the Janssen Lagorio Gymnasium and the Speech-Language Pathology Banquet will be in the DeRosa University Center Ballroom.

On Saturday, May 16 at 2 p.m., McGeorge School of Law graduates will have their Commencement ceremony in the Memorial Auditorium in Sacramento on 1515 J St. The Honorable Daniel Flores '01 of the San Francisco Superior Court is McGeorge's Commencement speaker. The ceremony for Arthur A. Dugoni School of Dentistry graduates takes place at the Masonic Auditorium on 1111 California St. in San Francisco on Sunday, June 14 at 2 p.m. Graduates, expect your diploma(s) to arrive three to four months after the semester in which you graduate. If you have any questions, call the Commencement Office at (209) 946-2666. Congratulations once more, Tigers — you made it!
Happy 117th birthday, John Muir!

Nicole Felkins  
EDITOR-IN-CHIEF

A birthday bash for John Muir (1838-1914), the celebrated naturalist and conservationist, was held in the DeRosa University Center Marketplace on Tuesday, April 21 from 11:30 a.m. - 1:30 p.m. This free celebration was hosted by the University's John Muir Center, Bon Appetit and Sustaining Pacific as part of University of the Pacific's Sustainability Month.

Muir, often dubbed "The Father of Our National Parks," was America's most famous and influential conservationist and naturalist; he also founded the Sierra Club, the oldest, largest and most influential grassroots environmental organization, reports the Club's website.

Attendees had the option of taking a selfie with a full-size cutout of Muir. A table inside the Marketplace boasted Scottish cake (Muir was a Scottish-American), stickers, birthday party hats and other items. The cake's recipe was on display. Called Dundee cake, the recipe incorporates "candied fruit peel and candied cherries to make a delicious version of a Scottish Christmas favorite," reports allrecipes.com.

Attendee Samantha Martinez '15 stated, "I am glad that I took the time out of my hectic day to swing by the UC for John Muir's B-Day Bash! It was a great idea, and I appreciate the people who put this together for the man who loved and dedicated his life to nature. The cake was amazing, and the 'selfie with Muir' set-up was a cute activity."

A Muir impersonator, who was wearing a mask, hiking stick and hiker's garb, was present. Mike Wertz, an archivist in Holt-Atherton Special Collections, was the man behind the mask. The Special Collections are home to approximately 75 percent of the extant papers of Muir.

Students interested in learning more about Muir and the history of conservationism can take courses on those topics at Pacific. Professor Swagerty teaches HIST 136 American Environmental History and HIST 52 John Muir's World: Origins of the Modern Conservation Movement (offered in Spring 2016), among other courses. HIST 130 History of California will be taught in the fall.

Other Sustainability Month events include the Fifth Annual Green Fashion Show on Friday, April 24 at 8 p.m. in Long Theatre and Stockton's Earth Day Festival on April 26 at Victory Park from 10 a.m. - 4 p.m.

FROM THE OFFICE OF COMMUNICATIONS

Parking and traffic will be limited on the west side of the Stockton campus as the University prepares for Commencement on May 9 and the Thomas J. Long School of Pharmacy and Health Sciences Commencement on May 16.

Both commencement ceremonies are located at the Alex G. Spanos Center. Parking Lot 2 near Chris Kjeldsen Pool, Bill Simoni Field and Knoles Field will be closed 5 a.m. May 5 to noon May 10, when two-thirds of the parking will reopen until noon May 15. The entire parking lot will be closed again from noon May 15 until 5 p.m. May 16.

Larry Heller Drive will be closed to through traffic 7:30 a.m. to 7:30 p.m. May 9, although guests will be able to enter the campus at the G. Warren White Entrance on Pershing Avenue to park in Parking Lot 1 west of Alex G. Spanos Center. The Department of Public Safety may open Larry Heller Drive occasionally to expedite traffic flow in and out of campus.

Larry Heller Drive will be closed again 7:30 a.m. to 12:30 p.m. May 16, and guests will again be able to park in Parking Lot 1 west of Alex G. Spanos Center.
Desperate times call for desperate measures. Maybe it’s not what you expected “desperate times” to be like, but most would agree that we’re in the thick of them. With Gov. Jerry Brown labeling the drought an unprecedented ‘near-crisis’ event in California’s history, the desperation has been running straight at us for about the last five years.

And the desperate measures? Well... we’re working on it. At least we are at Pacific.

President Eibeck and her cabinet have assembled a committee — composed of administrators and related staff — to decide where the University’s conservation efforts could be best directed. The committee’s first step was replacing the 2,900 faucet aerators around the Stockton campus. Future plans include incentives for staff and students to make conservation-minded choices.

But despite wanting to know, students are largely unaware of the University’s water use policies. The Pacifican recently interviewed a sampling of students to get a sense of what they thought would be effective measures for campus conservation. The answers varied.

Some, like Justin Danaher ’15, Ryan Schiederer ’16 and Zechariah Miller ’18, suggested a residence hall-based reward system to incentivize students to take action with shorter showers and smart sink habits. “Even students who don’t want to participate might feel some peer pressure to make changes,” contended Danaher.

Others, like Susie Pollard ’15 and Amy Bolme ’16, suggested replacing the old, outdated water fixtures with automatic sinks or toilets (but both acknowledged the price and time setbacks that would accompany this).

Despite the lack of consensus on the methods, there was a consensus that something had to be done. And all students interviewed turned to two specific issues.

The first focused on Pacific’s lush lawn and non-native foliage. Shawndip Bhangal ’17 said he’d “be okay with seeing the grass brown” because “we should limit water usage to what’s absolutely necessary.” Iris Chu, a first year 3+3 pre-pharm student, added, “A lot of plants on campus are non-native [to California], meaning that they require more water to survive in this environment. If we replaced those with native plants, we’d use a lot less water in the long run.”

Bolme noted that part of the University’s appeal to potential students is the picturesque landscape. But she stated that “if someone doesn’t want to [attend Pacific] because the grass isn’t green enough, let them go somewhere out of California — we have a drought. It’s just not ethical.” Her sentiments were shared by other students interviewed.

According to the irrigation page at Pacific.edu, the campus greenery might not be the biggest problem: “80 percent of what is used for irrigation is non-potable water from the Calaveras River that flows through campus.” Only 20 percent comes from the 50,000,000 total gallons of potable water in the reservoirs.

The second specific issue was the student usage of water for residence halls. Luxurious residences, such as Island View and Smith House, have large water bills due to the extensive greenery, “drought-resistant trees,” and the huge lawn. On the other hand, a dorm like the ones in the University Village has a much smaller water bill, even though it is non-residence Pacific.

Both irrigation and student water use are not reflected in the majority, of the times to be like, but most would agree that we’re in the thick of them. With Gov. Jerry Brown labeling the drought an unprecedented ‘near-crisis’ event in California’s history, the desperation has been running straight at us for about the last five years.

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Wanted: Jobs for grads!

Lauren Peterson 
DISTRIBUTION MANAGER

"New Grads Wanted!!" boasts a recent Craigslist ad for a copywriter position open in the Greater Bay Area. After clicking on the link and reading through the description, the job requirements state, "3-5 years experience necessary."

What?! Besides a consortium of most likely unrelated internships and part-time jobs, only a small percentage of students can boast 3-5 years of related experience. The US Bureau of Labor Statistics reports that the current unemployment rate stands at 5.5 percent, lower than pre-recession levels.

With this statistic in mind, you’d think seniors graduating from Pacific would be entertaining multiple offers, weighing the pros and cons of working in particular industries or segments of the business. In reality, most seniors aren’t so lucky. Most jobs that need to be filled aren’t ever posted, and the ones that are receive hundreds of resumes.

With the advent of various job sites and analytics software, unless an applicant reaches the minimum requirements and includes certain buzzwords on their resume, a live person will never view their application.

"It’s hard to find a job that you’re interested in. Most job openings for new grads are low-paying, sales jobs with long hours and high expectations. Some of my friends have become burnt out or bitter from the process. Also, I’m not from here so my professional network is limited," says Elizabeth Higashino, a senior in the Eberhardt School of Business.

With the economy in recovery since 2009, more mature workers who may have lost their jobs during the recession sometimes fill entry-level jobs. This leaves even less opportunity for new grads as companies are able to hire more experienced workers who require less investment and training for significantly less than their pre-recession salaries.

Successful applicants often have connections or secure a referral for their desired position. Family connections, professional networks and friends serve as invaluable resources for savvy new grads who realize they can no longer secure a position through merits alone.

What should you do? Polish up that resume, take advantage of Pacific’s alumni network and ask yourself if you have any family or friends in positions where they can help you find a job.

With graduation a few weeks away and the rest of our lives in front of us, it pays to put hard work in early and set yourself up for future success.

Student water conservation

Zach Withrow 
CONTRIBUTING REPORTER

Earlier this month, Hillary Clinton made an announcement just about everybody knew was coming: She is running for president of the United States. It came in the form of a video emailed to supporters on April 12.

The video features Americans of various backgrounds talking about important things in their lives they are preparing to do near the end of the video, Clinton appears and states she is running for president because she wants to be a "champion for everyday Americans."

As expected, the announcement resulted in a media circus that likely will not subside anytime soon as the race for the 2016 presidential election begins to heat up.

Many Republicans were quick to attack the leading Democratic candidate, including Sen. Rand Paul, who has also announced his candidacy for president. Paul released an advertisement shortly after Clinton’s announcement, featuring a voiceover that states, "Hillary Clinton represents the worst of the Washington Machine."

Clinton received criticism from other prominent Republicans like Jeb Bush, who also released a video in response to Clinton’s announcement. "We must do better than the Obama-Clinton foreign policy that has damaged relationships with our allies and emboldened our enemies," Bush says in the minute-long YouTube clip.

Despite the negative reactions, Clinton also received plenty of support on social media. Former French President Nicolas Sarkozy tweeted his support: "Good luck @HillaryClinton! I know how strong your passion is for the United States." Clinton also received endorsements from a slew of celebrities, including Magic Johnson, Ariana Grande, Ellie Goulding and Lena Dunham.

Students here at Pacific were also eager to share their views on the polarizing public figure and all the media surrounding her. "Good for her, she’s been involved in politics a lot and I know she has a lot of experience," said Joan Yin ’17, a pre-pharmacy student.

"I think she is going to destroy the country with her ideas and her politics. She’s been in politics so long, when was the last time she even left Washington?" said Dervin Murphy ’18, an international business major.

"Will our taxes be going to her private plane fights again?" "I think she’s gonna have a huge step ahead of the other candidates just because of the media attention that she is going to be getting," said Ricky Garcia ’15, a communication major.

"But there is another aspect to it, too: Whatever she does, everyone will be watching. If she even sneezes, someone is going to be there to catch it."

However you feel about Hillary, you should get used to hearing about her.
Are extensions fair?

Alex Rooney
OPINION EDITOR

For many students attending Pacific, school is not the only thing they have to worry about during the day. Many students work several jobs and may have financial trouble or other personal issues that can easily get in the way of their schoolwork. Luckily, with Pacific's 14:1 student to teacher ratio, students are likely to feel that they can approach their professors with their individual needs and have them met with extensions on papers and projects the rest of the class is required to turn in on time.

There are many students who may see this as unfair when they spend excessive amounts of time working on something and have to deal with the stress of balancing it all, only to see a peer relax on the same assignment and turn it in a week later. What they must realize, however, is that this is an opportunity they too have access to, as a professor who grants extensions for valid reasons will likely grant other students extensions if they are approached on an as-needed basis. In this way, the granting of extensions is actually completely fair, and something that should be utilized if need be.

A benefit of attending a smaller, private university is that students have the ability to bond with their professors, which allows the professors to take a more active role in the success of their students. Alison Telles '16 commented, "I like that we go to a University with faculty that take a genuine personal interest in their students, want to see us succeed and are willing to help us where we need it." Telles has herself been granted extensions on past assignments and appreciated that her professors were supportive and understanding.

We may be students before a lot of other roles in our lives, but sometimes life happens, and it helps to have a professor that has your back.

Sasha Kasoff
STAFF REPORTER

So picture this: You have a huge assignment, let's say at least a seven-page essay, and you have worked for hours to get it done. You have lost hours of sleep, you have neglected your other homework and now you are turning it in.

You know it isn't the best work you can do, but you are satisfied with it and feel a ragged sense of accomplishment at having finished it in time.

Then you find out that someone else has gotten an extension. Unless you know for a fact that they had a death in the family or some other extreme circumstance, this has got to be frustrating.

You slaved away to finish yours on time, but how much better would it have been if you had extra time to polish it? How serious of an excuse do you need to have to get an extension?

This is a fine line each professor seems to draw differently. Surely there is a University policy that would make it fairer for everyone, but teachers seem to be operating on their own personal initiative.

When I asked her about this, Emily Olson '16 explained a frustrating situation in one of her classes: "One student got an extension on a paper that I had worked hard on and stayed up late to finish. The majority of the class probably spent time stressing on this too, if she got an extension, we all would."

I also believe extensions aren't really fair on the teacher's part, either. If you are going to make us turn something in on time, that means you should be held to the same standard and get our papers back to us relatively soon — and certainly not over a month later.

Procrastination seems like it's turning into an epidemic, so please get your papers in on time.

At least with the end of the year fast approaching, there isn't much time that can be extended.

What's past is prologue: The importance of studying history

Nicole Felkins
EDITOR-IN-CHIEF

If you could eliminate history courses from the general education curriculum at Pacific, would you? You may be tempted to say "yes," but before you do, you ought to consider a few reasons why history classes are required in the first place.

Professor Duarte, Ph.D., a history professor who specializes in Latin America, stated, "Without a grasp of history... You have no way to place yourself in time or space, no sense of where you have been and thus no way to orient yourself as an individual, citizen and future professional."

Duarte points out that students of all majors benefit from historical study. Jon Sanchez '18, a graphic design major, shared why he values history: "Students should study history because we wouldn't have what we have today without it... History unites us."

Duarte believes historical study equips students with skills for researching and interpreting the past, which allows students to have a greater understanding of contemporary questions and challenges. "If students do not have a larger understanding of the world, it will be very hard for them to make a difference," opined Duarte.

We live in a democratic society, so we are given the right to vote on key issues. It is every citizen's duty to cast a critical eye on controversial issues so they can gain informed opinions. "Given the interconnectedness of our world today, consulting news outlets with a critical eye ought to be a duty for all students," proclaims Duarte.

People often rely on their emotions to form their thoughts on controversial issues, but it doesn't take much personal reflection to see how emotions can be an unreliable guide. Studying history forces students to examine the opinions they hold. Duarte elaborates further, "The study of history prepares students to ask questions, find material to respond to that question, analyze information, evaluate opposing points of view on an event or topic and draw their own conclusions." Students can utilize those skills to make sense of controversial issues, such as President Obama's decision to re-establish relations with Cuba after more than half a century of no such relations.

"In learning about the U.S-Cuba rapprochement, students have to read and think carefully, weigh in different perspectives and stay tuned to new developments in this historical relationship, such as the opening of Cuban markets and beaches to American investment and tourism," explained Duarte.

Business law major Rachel Chen '18 stated, "I never would've understood the Cuban trade embargo if I hadn't learned the history of Cuba and their relations with the U.S."

"To live responsibly in the world we inhabit," said Duarte, "we must evaluate and analyze information from different perspectives. The study of history offers the tools to understand the world in which we live and prepares students to create a more just future for all." Mark Poncadas '18, a psychology major, echoed Duarte's sentiment: "[History] shows how the world has changed as a society — culturally, economically and socially — so we can learn from the past and better the future. History may deal with the past, but it is certainly relevant in the present time.
LIFESTYLES

If you don’t have something nice to say, don’t say it

Nicholas Brummel
STAFF REPORTER

As a big, beautiful man who has struggled with weight his entire life, I can speak from experience in saying there is no redeeming quality within the action of fat-shaming. Nothing positive results from fat-shaming, Gretchen, so stop trying to make it happen! “Mean Girls” reference aside, there are reasons fat-shaming is becoming socially intolerable.

For many individuals, obesity is unattractive. That is totally understandable, and one is entitled to be attracted to whatever s/he is attracted to. However, going out of your way to tell someone that you find something about their physical appearance ugly is entirely useless and, well, mean.

A common response is, “It’s different, because fat people do it to themselves and have the option to not be fat.” My response? If you have never been fat or had a relationship with food that causes weight gain, I would invite you to kindly stop talking about stuff you have no experience with.

For many people, weight loss is uniquely difficult to overcome. I am personally a hard worker and have a remarkably strong will. I work full-time, take 16 units a semester and still manage to pull straight A’s. I have a strong will and am a strong person. Everyone has their struggles; mine is with weight. The point is, people who have never been obese, and even many who have, cannot possibly understand what drives another person’s relationship with food.

In September of 2014, researchers from the University of London have served the side of me that is horribly vindictive by finding that fat shaming not only doesn’t incentivize weight-loss, but actually perpetuates unhealthy eating practices. This manifests in either more weight gain or eating disorders such as anorexia or bulimia.

So, as shocking as it may be, berating and humiliating someone doesn’t make that person’s life better! While fat shaming is still quite common, there has been a social movement to criticize fat shaming and push for methods of embracing people of different sizes, in addition to utilizing positivity to create healthier lifestyles.

Telegraph describes the story of #dancingman. Sean from London was videotaped laughing at him and filming him, he immediately stopped, looked down in shame and left.

The pictures and video went viral. People of all sizes rejected the bullying behavior and banded together in support of Sean. Celebrities and musicians stated they would partake in a party for Sean and would provide music if he were to come to Los Angeles. Airlines responded offering Sean a free trip.

The story shows a shift in cultural values. People connected to Sean’s experience and were forced to recognize the pain that results from fat shaming. This provides evidence of the power of people who want to act as a positive inspiration to others, as opposed to those wanting to create change through shame and judgment.

SIP OF POP CULTURE

Hillary Clinton gets the Beyoncé vote

Sarah Kellner
LIFESTYLES EDITOR

As pregaming for the 2016 election starts, so too do the negative antics that so graciously make their way to the front pages. Former U.S. Secretary of State Hillary Clinton has made it clear that she will join the Democratic Party in the rat race to the top — and with great intent.

However, in the popular culture sphere of things it seems that Clinton, in some eyes, will be getting a vote simply off of gender preference.

I watched a video today that really slammed it all into perspective. News media has a devious way of controlling perception, and in the case of Clinton running for presidency, some stations are really trying to capture how people “feel.”

One news reporter says in the video that for Hillary to win she will need single women to vote. That sounds empowering, right? Wrong! He goes on to say, “They will need government to act like a husband..." Excuse me? It isn’t just men saying these things; it’s coming from both sides of the gender sphere. They are calling it the Beyoncé vote. Anti-democratic ads are running showing how dependent women are on men, and how emotionally driven a woman is... and decisions, oh no, don’t make her make decisions. Do you smell that sarcasm? Good.

Luckily, on April 7, Elizabeth Plank of the media newstand company Mic came barreling in with insight to set this skewed perception straight. Creating a video for Mic’s “Flip the Script,” Plank debunks the claims that women are “helpless” and need the government to take care of them like a man would. This description may sound harsh, but after watching the video, it is exactly how the commercials are depicting women.

Women have managed to take the degrading “Beyonce vote” title and craft it into an empowering movement that women who are single, strong and independent can stand with. When it comes to the political struggles, I’m not sure if choosing a pop star as my brand would be my top choice, but we have to roll with the punches!

Personally, I support Hillary Clinton for 2016, not because she is a woman but because she has what it takes, regardless of gender. To drive this point home, here at Pacific a female has been running ASup for the past three years and getting the job done. Drew Jones ’16 explains, “No matter who you are, man or woman, it should be your drive that pushes one to the top. I don’t have a belief that men or women are better than each other to lead; it comes down to skills and the capability to fill the role as a leader.”

Upcoming Student Events

Thursday, 4/23
Water Polo Golden Coast Conference Tournament at the pool.
“Making Applied Connections to Student Learning & Development: Reflection and Portfolio-Based Assessment” 3 P.M. at the DAC 210A and 211B.
Lunch Behind The Lair: Chat with the Chaplains at noon at the DAC.
PACE Recital at 6 P.M. at President’s room.
Langham/Pryor Pyramid Quartet at 7 P.M. at the Brewing Company.
Trio 180 at 7:30 P.M. at Reata Hall.

Friday, 4/24
Water Polo Golden Coast Conference Tournament at the pool.
April Wine & Cheese Event at 3 P.M. at Anderson hall.
InterVarsity Christian Fellowship Large Group at 6 P.M. at Grace Covell.
Student Recital-Jerry Criswell clarinet at 7:30 P.M. at Reata Hall.
Freshman Honors Program presents “SIC” 8 P.M. at Demarces Brown Theatre.
Green Fashion Show 8 P.M. at Long Theatre.

Saturday, 4/25
Water Polo Golden Coast Conference Tournament at the pool.

Movie This Week

Thursday, 4/23
“The Theory of Everything”
Friday, 4/24
“The Theory of Everything”
Saturday, 4/25
“The Theory of Everything”
"The Theory of Everything" will have you mesmerized

Sarah Yung
COPY EDITOR

You may recognize Eddie Redmayne from his breakout role as Marius in 2012's blockbuster "Les Misérables." Well, the talented English actor has been turning heads yet again for his role as Stephen Hawking in 2014's romantic dramatic biopic, "The Theory of Everything," which co-stars Felicity Jones from "The Amazing Spider-Man 2" as Hawking's first wife, Jane. Adapted from Jane's memoir "Travelling to Infinity: My Life with Stephen," the James Marsh-directed film opens with Stephen Hawking at Cambridge University as he enters a relationship with Jane Wilde and struggles to develop his thesis. Hawking settles on black holes in relation to the creation of the universe.

However, as Hawking continues his research, he begins to notice his muscles failing. He is diagnosed with early onset motor neuron disease, and his prognosis is a bleak one: two years, at the end of which he will no longer be able to speak, swallow or even move most of his body. This crushing blow leads Hawking to become hermetic and focused on his work, but Jane injects some positivity into Hawking's life by confessing her love for him. They get married and have a son.

The rest of the film chronicles the progress of the couple's marriage, including another two children, the progress of Hawking's research into black holes and his eventual recognition as a world-renowned physicist and, most devastatingly, the progress of Hawking's disease.

The two leads, as well as the film's soundtrack and direction, have been showered with praise and award nominations for their real portrayals, with Eddie Redmayne winning the Best Actor Academy Award for his role. Both Stephen and Jane Hawking have responded positively to the film, despite the historical liberties taken.

As well as its overwhelming success in the awards circuit and the box office, the film garnered positive approval amongst both critics and moviegoers alike, earning a moderately high 7.8/10 stars on IMDb and a 79 percent critic approval rating and 84 percent audience rating on Rotten Tomatoes.

But don't just take their word for it. Go to the Janet Leigh Theatre Thursday through Saturday at 8 p.m. to witness everything powerful about "The Theory of Everything."

"Daredevil" series hits Netflix with super force

Ashneil Randhawa
STAFF REPORTER

"Marvel's Daredevil" is the latest addition to the Marvel Cinematic Universe. The series, airing exclusively on Netflix, follows Matt Murdock, a lawyer by day and vigilante superhero by night. The 13-episode series aims to be a darker, street-level addition to the Marvel universe.

Daredevil, played by Charlie Cox, is a superhero with a very human weakness: He is blind. While attempting to save an old man from an oncoming truck, a vat of toxic chemicals spills into his eyes, robbing him of his sight. The chemicals, however, improve his other senses to superhuman levels. He can hear heartbeats in crowds, smell scents from hundreds of feet away and can feel minute changes in temperature or air pressure in a room. With these powers, he can essentially "see" without actually seeing.

Matt, having just passed the bar exam, opens up a small law firm with his best friend and fellow lawyer Foggy Nelson (Elden Henson) as well as their secretary Karen Page (Deborah Ann Woll), in Hell's Kitchen, a small, working-class borough of New York. Daredevil wants to save the city, but he is opposed by the ruthless Wilson Fisk, played by Vincent D'onofrio, known in the comics as Kingpin.

The series exists with the greater Marvel Cinematic Universe, but it doesn't bash that fact over your head like "Agents of S.H.I.E.L.D." does. There are only a few mentions of the events of the movies or any of the other heroes. Hell's Kitchen, along with the rest of New York, is attempting to rebuild after the Chitauri Invasion in "The Avengers." The existence of Iron Man or Thor is known but not constantly talked about apart from a few pithy quips. This is a plus for the series, as constantly referencing the events from the movies would distract from the events of the show. After all, Daredevil is a shift to gritty, street-level crime for Marvel.

The tone of the series is drastically different from anything Marvel has done in the past. The visuals are dark and urban, as Matt chooses to stay exclusively within Hell's Kitchen. The fights are beautifully choreographed but also incredibly brutal. Daredevil may have superhuman senses, but he is still just a man; he doesn't have a high-tech suit or a magic hammer or a super soldier serum. He can get hurt, and his enemies take more than just one swing to bring down. The emphasis on street-level crime is also a shift. There are no supervillains or alien invasions, only thugs and gangsters. Fisk is Machiavellian, cunning and cruel, but he doesn't seek to rule the world, just his city. The Avengers save the world; Daredevil saves the neighborhood.

The most interesting aspect of the series is Matt and Fisk. We see them both grow into their iconic personas. Matt struggles with upholding the law, yet taking it into his own hands when the need arises. Fisk schemes his way into ruling the city. Both characters are complex and compelling. Both characters' morality is also explored. Matt struggles with his vigilantism and his Catholicism is explored many times in the series through conversations with a local priest, while Fisk grows from being merely a cunning boss to a brutal crime lord who will do anything to succeed.

Overall, Daredevil is another Marvel success. Despite the tone being more akin to Nolan's Batman trilogy or "Arrow," Marvel has found a way to elevate another property into a compelling storyline that will draw anyone in. The shift is a welcome departure from the rest of the MCU, as it shows another side of the deep and layered world Marvel has created. It will be interesting to see where the series will go in further seasons. Marvel and Netflix plan on creating other series based on Jessica Jones, Luke Cage and Iron Fist that will crossover with "Daredevil" into a "Defenders" miniseries. It will also be intriguing to see how the events of the upcoming "Age of Ultron" movie will affect the series, if at all. No matter what, "Daredevil" is easily one of the most fascinating Marvel properties, as well as superhero origin stories, around.
Love is a language

Sasha Kasoff
STAFF REPORTER

Last semester, during a conversation about my boyfriend, Professor Bathurst said, “You probably just have a different love language than he does. Have you done the quiz?” When I stared at her blankly in response, she happily told me to go look it up, and I did.


The website, 5lovelanguages.com, has several quizzes, so you can figure out your love language whether you are currently single or in a relationship, or figure out the love language of your child.

For me, quality time, acts of service and receiving gifts are the most important, whether I took the single quiz or the relationship one. Of course, my boyfriend’s top two are physical touch and words of affirmation. Now that we know this, we try to cater to each other’s wants so that we both feel loved in the way we need.

How does this work in your day-to-day relationships?

If you are aware of someone’s love language, you are able to satisfy his or her emotional needs more directly. For example, if actions speak louder than words for someone, you can do something sweet for them and they will know how much you care. Or if giving gifts isn’t as important to them, maybe just a few thoughtful words will really make them happy. Maybe quality time is all that person needs to feel appreciated.

Even if you just want to get on better ground with your professors, you can use this to experiment in improving all your relationships — from being closer with your friends, to making your family happy. And they don’t need to take this test; you can just try giving them a gift or doing the dishes for them and see what makes them most appreciative.

Armed with manipulative kindness, I set you free upon campus to make everyone’s day better in the way that is just right for them.

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SPORTS

SOFTBALL

Pacific wins first conference series this season

Zach Withrow
CONTRIBUTING WRITER

After snapping a 10-game losing streak in a victory over Sacramento State on April 15, Pacific women's softball continued their winning ways over the weekend by taking two games in a three-game series against the Loyola Marymount Lions.

The first two games were played in a double-header format on Saturday, with Pacific picking up wins in both games. Game one was highlighted by a solid pitching performance from Dani Bonnet '15, who went a full seven innings and allowed only two runs in the Tigers' 3-2 victory.

Left fielder Molly Bourne '18 also had a great game, batting 2-for-2 and reaching base after getting hit by a pitch. Bourne doubled in two runs in the bottom of the fifth to tie the game, and then scored the go-ahead run on an error during the next at-bat.

Bourne continued her fantastic day in game two, when she came in clutch for the Tigers yet again, in the field and at the plate. At the top of the seventh inning in a tied 1-1 game, Meghan Von Behren, outfielder for LMU, hit a double down the left field line, and Lions infielder Sabrina Tebou tried to score from second.

But Bourne threw a rocket from left field directly to catcher Rachel Sellers '18 to get Tebou at the plate and preserve the tie. Into the bottom of the seventh, Bourne came to the plate with the game tied and the bases loaded. She hit a lined drive to right that fell over the head of the Lions' center fielder, and Melanie Habib '16 scored the winning run.

Game two also made for another great performance from pitcher Marissa Young '18, who followed her shutout win over Sacramento State in her last start with seven innings of one-run ball against the Lions.

The final game of the series took place on Sunday when the Tigers fought hard but ultimately fell to the Lions by a score of 4-2. LMU jumped out to an early lead by scoring four runs in the first two innings. Tigers' pitcher Megan Walters '18 held the Lions scoreless the rest of the way, but it was not enough to overtake the Lions. The Tigers also scored a run in the fifth when Habib plated Sellers.

The Tigers finished up their five-game home-stand on Tuesday against UC Davis. They brought the hammer down on the Aggies, taking the matchup, 8-2. Young had another stellar performance and was notably named the WCC Pitcher of the Week.

They will begin a three-game series at Santa Clara on April 25. Pacific returns home on Saturday, May 2 to take on the Fresno State Bulldogs. First pitch will be at 2 p.m. at Bill Simoni Field.

BASEBALL

A Day in the Life of an Athlete: Michael Benson

Lauren Peterson
DISTRIBUTION MANAGER

A senior from Prescott, Ariz., Michael Benson '15 sat down with me recently to discuss his experience as a student-athlete, specifically playing baseball for the Tigers.

Lauren: What does a regular, in-season day look like?

Michael: I'll wake up around 7 a.m., have my coffee, eat breakfast and go to weights at 8. Work out for about an hour in the athletics weight room and go to class at 9:30. After that, I have about an hour block of time when I usually eat and then I have another class at 12:30. That class ends at 1:45 and then I have practice at 2 p.m.

L: And how long are practices?

M: It depends on how our coach has planned for us that day, but typically they're between 2 and 2.5 hours.

L: What have you liked best about being a student-athlete here at Pacific?

M: I think my favorite thing about being a student-athlete here has been the travel. We got to play in TD Ameritrade Park Omaha where the College World Series is played. It's those once-in-a-lifetime opportunities like that that I'm going to remember for the rest of my life.

L: What is your stress level like during the season?

M: The stress is high, but you just kind of have to start prioritizing things and you kind of have to leave some things behind. In-season baseball comes first and then class.

BENSON
CONTINUED ON PAGE 11
“It’s a lot harder than it looks…”

We have four games a week and that’s at the top of my priority list. It’s really not that bad. The only time that it gets really stressful for me is in the games, during while we’re actually playing.

L: What should the student body know about being a student-athlete here at Pacific?

M: It’s a lot tougher than it looks. What is kind of behind the scenes is how much work student-athletes put in. I mean, there’s always people in the weight room, there’s always people practicing out on their fields and there’s always people studying in the academic center in athletics. A lot more work goes into being a student-athlete on and off the field, and then we have to maintain our GPAs and be compliant with the NCAA.

L: What’s the team dynamic like?

M: We have 32 guys on the team, which makes it tough to be good friends with everyone and spend time with everyone. You have a few really good friends on the team that you spend the most time with, and we definitely socialize as a group. We all get along really well.

L: It’s a common misconception on campus that athletes are aloof or clique-ish. What do you have to say to people who believe this?

M: We spend 30-40 hours a week with our teams and they become our best friends, so are we truly clique-ish? Student-athletes have a tough schedule so we eat together, try to get classes at the same time together and that’s why we’re usually in groups.

It’s not the fact that we’re baseball or whatever sport and we think we’re better than other people, it’s just who we spend the most time with. Hanging out with other athletes is easy because they know the struggle, they know what it’s like getting up in the morning and going to weights and then having to go to class and trying not to fall asleep. I think that a lot of people would be surprised at what our life is like. It’s a lot harder than it looks.

Did you know?

Women’s water polo is ranked No. 14 in the nation. The Tigers cruised to an eighth straight win this past weekend with their victory over LMU. They locked the No. 2 seed for the Gold Coast Conference Tournament, which they will be hosting this weekend.

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ATHLETE OF THE WEEK

Molly Bourne ’18

Left fielder Molly Bourne ’18 had a stellar weekend both offensively and defensively. This past weekend, she truly came in clutch with runners in scoring position. Bourne reached second base after sending a 2-RBI shot to center field in game one, and she ended game two in walk-off fashion with an RBI line drive to right-center field. Over the course of the weekend, the freshman stud went 4-for-9 with two doubles and three RBIs. Also notably, Bourne threw a speedy runner out at home from deep left field, silencing the Lions on day one. (Photo c/o Drew Jones)

WEEKLY HOME SCHEDULE

WOMEN’S WATER POLO

Gold Coast Conference Tournament

Thursday, April 23
vs. Fresno Pacific
1:30 p.m.
Chris Kjeldsen Pool

Friday, April 24
TBA

Sunday, April 25
TBA

BASEBALL

Saturday, April 25
vs. UC Davis
6 p.m.
Klein Family Field

Sunday, April 26
vs. UC Davis
1 p.m.
Klein Family Field

For more information, check out the official Pacific Athletics website at pacifictigers.com.
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