Delta Idol: Pacific’s pitch perfect performers

Sex, labor and money: the truth of human trafficking
Pacific Legal Scholars welcome law professor Raquel Aldana

Jodi Tai
NEWS EDITOR

Human trafficking: We know it's a problem, but how much do we really know about it? This past Tuesday, April 14, the Pacific Legal Scholars Program hosted a forum on human trafficking. Keynote speaker Raquel Aldana, professor and associate dean for Faculty Scholarship at McGeorge School of Law, presented on the elusiveness of the crime and provided some possible courses of redress.

Aldana describes human trafficking as a crime “invisible by nature.” It's true that eradicating such a problem is perplexing, but even defining it was an obstacle in itself. It wasn’t until the year 2000 that the international community came together to define human trafficking as “the recruitment, transportation, transfer, harbouring or receipt of persons” through “threat or use of force or other forms of coercion, of abduction, of fraud, of deception” for the purposes of exploitation. Aldana dispels the myth that human trafficking only includes sex trafficking across international borders; perhaps not as commonly acknowledged, human trafficking victims include people who are exploited for their labor. The problem is as much an intraregional problem as it is a global one.

Then there’s the problem of numbers. With nations self-reporting human trafficking rates and only 80 out of 200 countries giving any report to the UN, it is difficult to measure the actual number of victims. Even as Aldana provided some estimates, she added a disclaimer: “The numbers are not real.” The number of victims are far more alarming than what is published. Aldana lists some of the most pervasive contributing factors to this continuing crime as poverty, armed conflict, gender, culture, religion, lack of services for victims and a need for immigration control policies.

This crime is dependent on intersecting forms of oppression. Contrary to common belief, women make up 30 percent of traffickers. While women are still the main demographic of victims, as many as 18 percent of victims include men. Black individuals make up 40 percent of victims, while Hispanics make up 56 percent of trafficked laborers. The percentages illustrate rampant gender and color inequalities in society.

Human trafficking remains a lucrative business that procures $32 billion a year, the second most profitable business in the world. Perhaps with new policies, more efficient programs for victims to turn to and a society change in favor of race and gender equality, we can continue to take a greater stance against human trafficking here at home.

Index Opinion/4 • Lifestyles/7 • Sports/10 Read. Recycle. Repeat.
Don't be a drag, just be a queen

Colors, music and drag. Pride Week 2015 ended with the annual drag show, featuring Pacific students and professional acts in musical expression. Performing last Friday were drag king Richard Johnson, The Toothdoctor, The Pink Panther, Benedict Pontessery, The Shady Lady, Elle de Loop, Tyler Up, Mileena Lynn, Mix Charm and Katana Rei.

FROM THE CHAIR OF RELIGIOUS STUDIES
Preview: An open invitation

Professor Alan Lenzi in the Department of Religious Studies invites all students and interested community members to a discussion about the nature of deity in Judaism, Christianity and Islam and what is owed this deity in the form of reverence, worship and obedience. Lenzi will not lecture. Rather, the idea is to gather interested individuals to educate one another through discussion and questions. The event will take place on Tuesday, April 21 from 5:15-6 p.m. in WPC 142 (first floor classroom in the Annex). The event is no-host or BYOF. Please feel free to bring your dinner with you.

The event intends to demonstrate the kinds of things explored in RELI 30 Western Religious Traditions, which is a comparative treatment of the three major monotheisms. RELI 30 Western Religious Traditions, which fulfills GE requirement II-B, will be offered next fall semester, Mondays and Wednesdays from 3:30-5:15 p.m. The registration codes are 82133 (regular) and 82429 (Honors).

Take Back the Night

Edna Rush
STAFF PHOTOGRAPHER

At 7 p.m. in front of the University Bookstore, students, campus officers and community members began to march and chant across campus to call for the end of sexual assault and violence. As they proceeded, they would briefly stop at certain parts of campus and recount facts about sexual assault and tips for what to do if one thinks they are being followed.

The march ended at the DeRosa University Center, where a rally was held. There was spoken word poetry about the poets' own experiences, followed by a speaker about male advocates and support for male victims.

The Pacifican wants to include your voice in the commencement! Please email your answer to pacificaneditors@pacific.edu
Preview: Volunteer for Earth Day Festival

Michael Orozco
STAFF REPORTER

The Center for Community Involvement is searching for volunteers who would like to visit a local park in Stockton, who are searching for a community service opportunity, who want to have some fun with friends and who wish to make a difference in the community they live in! The annual Earth Day Festival is on Sunday, April 26, 2015. The Stockton Earth Day Festival allows individuals from the community to come out to Victory Park and enjoy a day of family entertainment and activities that increase the awareness and importance of maintaining sustainable lifestyles. Victory Park is a park located in central Stockton, which is just about five minutes south of campus.

Stockton Earth Day Festival is the premiere environmental event in all of San Joaquin County, and as always, the focus of the day-long festival is to educate the masses on taking care of our natural resources — the earth, air and water. It is a fun day for families, and best of all, admission is free. The festival will have dozens of informative, interactive booths, displays and exhibits, plus there will be plenty of great food and exotic crafts. So, why not attend the event to immerse yourself in Stockton, and volunteer too?

The CCI is partnering with the Stockton Earth Day Festival committee to gather volunteers for the Clean-Up shifts. The Clean-Up shift is from 4-7 p.m.; however, you can volunteer within the time frame that your schedule permits. For example, if you have a prior commitment at 7 p.m., you can take a look at the Stockton Earth Day Festival volunteer shifts before registering! If a shift is filled, don’t let that stop you from volunteering; register for the next available shift! For any questions, please email our Reach Out Team at cci@pacific.edu.

Who you gonna call? Consultants!

Nanxi Tang
GENERAL MANAGER

On Tuesday April 14, members of the Pacific community including students, staff, faculty and more gathered at the Vereschagin Alumni House for a panel about careers in consulting. At 6 p.m., the panelists began answering questions. The discussion was mediated by Bob Bechill, an employer relations specialist for the Career Resource Center. The panel explained to the audience the basics of consulting and provided an overall picture of what consultants do.

The panelists included Sona Manso ’86, Dave Frederickson ’66, Dr. Paul Lanning ’07 and Joshua Rayburn ’14.

Manso studied computer science at Pacific and is currently vice president of Human Capital Management at Hitachi Consulting. Prior to working at Hitachi Consulting, Manso spent 17 tears consulting at FutureStep, The Newman Group and Accenture, as well as seven years with a global consulting organization.

Frederickson is currently a visiting professor of communication at University of the Pacific and faculty advisor to The Pacifican, the student newspaper. Frederickson has more than 35 years of experience as a senior management consultant.

Paul Lanning, Ed.D. serves as managing partner of Ascent Partners Group, which he co-founded in September 2011. Before that, he was the president and CEO of the Foundation for California Community Colleges for over four years. Lanning received a doctorate in education administration and leadership from University of the Pacific.

During Rayburn’s time here at Pacific, he worked with the Integrated Development Group as project manager then vice president, as well as competed on Pacific’s Speech and Debate team before graduating Magna Cum Laude with a history degree. Rayburn is currently a consultant with Andrew Chang & Company in Sacramento. After finishing up these answers, the audience participated by asking questions. Notably, the panelists were asked if they had ever given advice where it didn’t work out, and what happened.

“Don’t be afraid to be honest and say, ‘Hey this isn’t working like we anticipated it would,’ and talk about how you can change course to make it more successful,” Manso advised.

When asked if consulting exists in every industry, all the panelists responded with a resounding yes.

“I don’t know any more fertile industry in the country for consulting than the entertainment industry,” confirmed Frederickson.

Rayburn stressed, “Know what you don’t know.”

By this, he meant that students should always be on the lookout for ways to expand their knowledge of areas they might be unfamiliar in.

“I was looking for the biggest challenge I could find, so I chose nonprofits. Working with nonprofits and affecting change within the communities they serve — is something I love to do,” explained Lanning.

Becchill ended the presentation by offering resources to the audience members, along with some advice.

The Career Resource Center on campus is available to help students looking to connect with consultants, establish a LinkedIn account or improve their online image. The Career Resource Center is located on the second floor of the McCaffrey Center and can be reached at (209) 946-2361.

Public Safety

Weekly Report
April 6 - April 13

FORCIBLE SEX
OFFENSE
PUBLIC SAFETY 4.6.15
Anonymous report where the victim reports an acquaintance grabbed her inappropriately.

ARREST
BROOKSIDE ROAD 4.6.15
Officers stopped a vehicle for traffic violations and discovered the driver was intoxicated and the passenger was non-responsive. The driver was arrested for DUI and turned over to CHP, while the passenger was transported to the hospital for treatment.

CASUALTY
JESSIE BALASTYNE 4.7.15
Officers responded to assist a student having difficulty breathing. The parent also responded and transported the subject to the hospital.

HARASSING MESSAGES
BUCK HALL 4.8.15
The victim reports receiving unsolicited text messages from an acquaintance. A report was filed.

DETENTION
PERSHING AVENUE UNDERPASS 4.9-15
Officers responded to a report of four subjects, one in possession of a handgun. Officers arrived and found four Lincoln High students who were in possession of a BB gun and conducting a film project. Subjects were counseled and released to their parents and advised on the proper notification of local authorities to avoid future issues.

THEFT
CARTER HOUSE 4.15.15
The subject reports the theft of his unattended skateboard. A report was filed.
The administration's opinion on the water crisis

Emily Olson
STAFF REPORTER

For the 950 families that wandered Pacific for Saturday’s Profile Day, the aesthetic appeal of our 175-acre Stockton campus was a point of discussion and note. They took pictures with umbrellas of trees for backdrops, sat on park-style benches edged by rosebush hedges and enjoyed lunch on the expanse of grass in front of the UC. Most found it easy to believe that Pacific was voted “One of America's Most Beautiful Campuses.” And many of the admitted students left with resolve to choose Pacific as their new collegiate home.

But what if the aesthetic appeal had been absent — if the greenery around campus had been, well... brown?

It’s a question that current Pacific students, staff and administration have been asking as California’s five-year drought continues to worsen. This month heightened the stakes as Gov. Jerry Brown imposed mandatory water reductions for the first time in California’s history. The New York Times reports that his executive order “is ‘confident that we can meet the mandate and expect to exceed it.’

Pacific already decreased water usage by 44 percent from 2013 to 2014, but there’s more improvement to be done in the next year. “This is a high priority right now,” Rojo shared in an interview with The Pacifican last week. “[President Pamela Eibeck] wants us to move quickly.” Eibeck and her cabinet will ultimately get the final say on what specific steps the University will take.

President Eibeck commented on the drought during the last Town Hall meeting, promising change to water usage on campus. To help explore the issue, she directed Vice President Ken Mullen to lead a committee composed of cabinet members Patrick Day, Mary Lackey and Rich Rojo, the Department of Earth & Environmental Sciences chair Laura Rademacher and Assistant Provost Jared Gainer. The committee will “review water usage and make recommendations for reductions,” Rojo informed.

The committee has met once. But members allege that they’ve already begun to discuss long-term solutions and shorter fixes to be implemented in the spring and summer, including the 20 percent of potable water used for watering lawns (the other 80 percent of irrigation water is non-potable and comes from the Calaveras River, according to the irrigation page on Pacific.edu).

But in the end, “it’s a much bigger issue than just talking to irrigation staff,” confirmed Rojo. The committee will also need to look at some of the older buildings on campus that have outdated water fixtures not conducive to 12015 25% reduction of 2013
2016 5% reduction of 2015
2017 5% reduction of 2016

University of the Pacific

DO YOU LIKE WRITING? WANT YOUR VOICE TO BE HEARD ON CAMPUS? LOOKING TO BUILD YOUR RESUME?

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This stamp signifies The Pacifican’s pledge to improve literacy rates by donating a percentage of advertising sales each week to local and international organizations focusing on education in resource poor areas. To join our efforts or to advertise with The Pacifican, please contact pacificanads@pacific.edu.
Water rationing ahead?

Starting April 2 (the day after Gov. Brown passed the executive order), the University began replacing aerators and showerheads. Rojo said the progress has been continuing rapidly: “We have three people working overtime, continuing the work. By sometime early next week, all 2300 aerators will be replaced.”

The committee plans to take other steps as well, including reviewing Bon Appétit’s conservation plan and launching a campaign to encourage students and faculty to cut back on water usage. “We’re brainstorming hashtag right now,” Rojo shared. Keep an eye out for social media and email incentives in the future.

For now, the committee has set up an email account (water@pacific.edu) that they encourage anyone to utilize for water conservation questions, comments or suggestions. The committee plans to factor the emails they receive into making their recommendations.

The Pacifican will feature student opinions on the University’s water usage and conservation plans next week. If you’d like to be included, please contact Staff Reporter Emily Olson at e_olson7@u.pacific.edu.

Data for the years 2015, 2016 and 2017 are estimated projections.
Top of the week: 
Are advisors helpful?

PRO

Sarah Yung
COPY EDITOR

“What’s the big deal?” I can hear some of you saying. “Some people go their whole college careers without an advisor.” While this is true, some people also attend vast public universities, and some people take courses where the professor cannot possibly remember their names and some people go through college without making valuable connections with professors who care. In short, sure, some people may go without an advisor for the whole time they spend at college — but that doesn’t mean it’s a good thing.

Not utilizing this resource is a weakness. Many students attend small private universities like University of the Pacific, which prides itself on lavishing individualized attention on its students.

The whole point of an academic advisor is to help your college career go a little smoother. You should be able to bounce class and career ideas off of your advisor, ask them about relevant coursework requirements and ensure you’re fulfilling all those nebulous graduation obligations. A good advisor—student relationship fosters a sense of support and care between the two parties, and face-to-face interactions go even further to ensure you get the answers you need to feel more connected with your education.

In fact, various studies including a 2010 study in the Journal of Developmental Education by Boylan and Fowler and a 2012 study in the National Academic Advising Association (NACADA) Journal by C.A. Gravel point to the fact that both university retention rates and student satisfaction — in both traditional and online environments — increase with participation in academic advising.

Utilizing the assistance of a faculty advisor is proven to be an effective academic strategy for students to receive some extra support and direction.

If you haven’t fully used yours yet, feel free to shoot them an email or give them a call — I’m sure they’d love to hear from you. For those of you who have gone this far without academic advisors, reach out to a professor you like in your major department. It’s not too late to get that extra push.

CON

Sasha Kasoff
STAFF REPORTER

At my junior college in Santa Rosa, visiting an advisor was only for when you wanted to get an earlier registration time. But no one who hoped to graduate or transfer really listened to their advice. The colorful forms and all the requirements could easily be filled out by students.

When I transferred to Pacific, I was surprised that new students in the Department of English are assigned to whatever teacher is taking everyone at the time. After many frustrations, I eventually asked a teacher I respected to be my advisor instead, and thank goodness I did! I know that I would never have graduated on time with the person I was initially assigned to.

There are also certain instances when you may not even know that you no longer have an advisor, such as when they take a semester off or stop working at Pacific. This happened to Richard Moore ’15, whose philosophy advisor left Pacific after Richard’s first year. If you have a minor or a double major you often have to have multiple advisors, one for each additional discipline.

Hello Pacifican Readers!

My name is Emily Olson, and I’ll be serving as your new Opinion Section Editor in the fall.

I’m originally from Murrieta, Calif. but consider Pacific to be my “home away from home.” My favorite thing about our University is the sense of community; I’ve personally found a connection to multiple organizations on campus including Legal Scholars, Humanities Scholars, Calliope and Sigma Tau Delta. As an English major, I have a passion for writing. I quickly discovered a similar love for journalism after getting involved with The Pacifican last fall.

I am delighted to be a part of The Pacifican staff and can’t wait to see where the year will take us. As Opinion Editor, I hope to establish our newspaper as a venue for student and faculty opinion on big issues affecting our campus. I believe that good journalism has the capacity to influence change; I want this to be the purpose of The Pacifican.

I’ll be constantly on the lookout for a good story or for new perspectives from our readers. If you see me around campus, don’t hesitate to say hello and let me know what you want to see in our section. Additionally, you can always reach me via email at e._olson7@u-pacific.edu. I’d love to hear any ideas of how I can best serve the Pacific community.

Tiger Cheers,

Emily Olson
LIFESTYLES

Give your time to Pacific outside the classroom

This spring brings plenty of volunteer opportunities to get involved

Alice Scarlett Baker
STAFF REPORTER

There are several ways to volunteer at University of the Pacific. Volunteering can be a great way of adding to your social circle while also giving back to the community. Volunteering is also a great way to reduce stress, learn new skills and add to your professional experience. It also helps develop self-growth and esteem. Below are a few volunteer opportunities offered through different organizations here at Pacific. The Center for Community Involvement, as well as service societies such as Alpha Phi Omega and clubs such as Circle K International, offer both on-campus and off-campus volunteer experiences.

Strawberry Breakfast

On May 3, Stockton’s oldest fundraiser, the Strawberry Breakfast, will be taking place on campus. The 84th Strawberry Breakfast fundraiser is for scholarships for low-income Stockton community children to be tutored on-campus by Pacific students. The Strawberry Breakfast will be on-campus and features homemade strawberry jam, fresh scones, eggs and strawberries. All volunteers are given a ticket for a free plate of delicious food for participating, and shifts are between 2-4 hours. It will be held on May 3 from 8:30 a.m.-12:30 p.m. in the Regent’s Room and on the Lawn. There are also volunteers needed to set up the afternoon before. To volunteer, go to www.pacific.edu/cgi, click Reach Out Online, login from that page and then select “Volunteer at an Event.”

Center for Community Involvement Voluntary Action Groups

Did you know there are carpools every week to community service sites? The Center for Community Involvement has organized recurring volunteer opportunities with several different community areas. You just simply meet the group leader at Burns Tower and take off! Sites include: Very Special People Bowling, Habitat for Humanity Construction, Stockton Shelter for the Homeless and Boggs Track Community Farm. To sign up for a voluntary action group or get more info, email cci@pacific.edu.

Alpha Phi Omega

Alpha Phi Omega is a national service co-ed fraternity. They have over 400,000 members on more than 375 campuses. The goal of Alpha Phi Omega is “to assemble college students in a National Service Fraternity in the fellowship of principles derived from the Scout Oath and Scout Law of the Boy Scouts of America; to develop Leadership, to promote Friendship, and to provide Service to humanity; and to further the freedom, that is our national, educational, and intellectual heritage.” Events they hold include Craft Night, National Service Week and Habitat for Humanity Construction. The University of the Pacific chapter is Alpha Alpha Xi. For more info, contact president@apo-aaxi.org.

Circle K International

Circle K International is a service club at Pacific. Circle K has over 13,000 members in 17 countries. The mission of Circle K is “Developing college and university students into a global network of responsible citizens and leaders with a lifelong commitment to service.” They organize events such as California Coastal Clean-Up, MESA Day at Pacific and making literacy packets for the Stockton community. For more information, contact President Charlene Lava at president@uopcirclek.org.

Upcoming Student Events

Thursday, 4/16
Education Abroad Info Session
NOON AT BECHTEL INTERNATIONAL CENTER

Governmental Affairs Student Association Meeting
12:15 P.M. AT MCGEORGE

Lunch Behind The Lair: Chat with the Chaplains
NOON AT THE UC

Evening of Etiquette (Phi Alpha Delta)
5 P.M. AT MCGEORGE

14th Annual Public Interest Job Fair
4:30 P.M. AT THE PACIFIC
MCGEORGE SCHOOL OF LAW

Simon Rowe Latin Project at
Take 5 Jazz at the Brew
7 P.M. AT THE VALLEY BREWING COMPANY

CONDEMNED: A Transmedia Experience on the Struggles of Homelessness
7:30 P.M. AT LONG THEATRE

Friday, 4/17
Women’s Tennis v. Pepperdine
1 P.M. AT THE HAL TENNIS COURTS

Stockton Symphony Master Class - Jessica Ebbers, soprano
5 P.M. AT RECITAL HALL

Student Recital - Sarah Haile, voice
8 P.M. AT RECITAL HALL

CONDEMNED: A Transmedia Experience on the Struggles of Homelessness
7:30 P.M. AT LONG THEATRE

Saturday, 4/18
Women’s Water Polo vs. Cal Baptist
NOON AT THE POOL

Women’s Tennis v. Loyola Marymount
1 P.M. AT HAL NELSON TENNIS COURTS

Movie This Week

Thursday, 4/16
“The SpongeBob Movie”
Friday, 4/17
“The SpongeBob Movie”
Saturday, 4/18
“The SpongeBob Movie”

For more information, each organization is represented on Pacific’s website.
Fashion wars: Boho vs. festival wear

If you pay any attention to Forever 21 spam email (guilty) or trending fashions, you may have noticed this popular look: festival fashion. At first glance, festival wear seems geared toward a throwback to the past, with fringe tops, high-waisted shorts, flower crowns and flowy jumpers with floppy hats galore. Basically, the style seems to mirror the fashion foundation the free-spirited trendsetters of the 1970's laid out.

...And I'm okay with that. I understand fashion just recycles itself over and over again. However, right now festival wear is everywhere. It seems to have started with the idea that music festivals should have more freely styled attire, but now fashionistas have almost made a contest out of it. No longer is it an ode to Woodstock, but a hybrid flowerchild on uppers.

Don't get me wrong, I was completely in favor of festival wear in the early days of the style, but by now, it has evolved to combine multiple genres: EDM, indie and rock... All at once. The overblown, pile-everything-on-at-the-same-time outlandishness just doesn't do it for me. It is now practically common to see cropped fringe T-shirts paired with gold metallic high-waisted skirts and EDM kid fur boots. Just say no, folks.

In some instances, it is almost as if the trend took the cage dancer out of the cage and plopped her onto the streets. Festival wear has gone from being contained in music arenas to being seen on the average day.

Not to mention the often culturally insensitive essence of the style, which has normalized wearing feathered headdresses and bindis without understanding the symbolic meaning behind them and how they are staples in Native American and Indian history, respectively. Although it may seem free-spirited and cool to sport these, traditional garb should be treated with the gravitas it deserves.

If partaking in festival fashion on campus, try to choose one statement piece per outfit, be mindful of cultural taboos and keep it classy.

Sarah Kellner
LIFESTYLES EDITOR

Did you know?

This month is National Comedy Month!

Now is the time to bust out those fun puns and release that jokester urge!
Be travel savvy this summer while pinching pennies

Lauren Peterson
DISTRIBUTION MANAGER

If you haven’t planned your summer travel yet, don’t fret. While prices on flights and hotels tend to be higher closer to the departure date, there are a few tricks to keep your last-minute trip on budget.

**Flights**

One of the most expensive items in your budget will most likely be the flight. Whether you’re exploring the museums of Europe, trekking through the wilderness in South America or making your way through the wonders of the Far East, plane tickets rarely run cheap.

First, be sure to turn off all cookies on your web browser. This blocks travel sites from tracking your activity. If you search the same dates to the same destination over and over again, websites will show you slightly more expensive fares each time, increasing your anxiety as well as your likeliness to buy.

With airline loyalty programs, such as AAdvantage with American Airlines and SkyMiles with Delta Air Lines, frequent travelers can earn points that can be applied to flights in the future. Airlines also cultivate extensive partner programs, so even if you’re traveling to a destination that isn’t serviced by a certain carrier, they’ll direct you to a partner’s flight and you’ll still earn miles.

If budget is your No. 1 priority and you honestly don’t care who you fly with, check out skyscanner.com. Their user-friendly webpage allows you to easily search dates and destinations, even displaying a calendar noting which dates are cheapest to fly on. With customizable email alerts, you don’t have to keep searching: Every 24 hours you’ll receive an email from Skyscanner with the current fares.

Don’t know where to go? Find inspiration with Google Flights. Input your destination of origin and what dates you’d like to travel and find real-time fare information to destinations around the world. The search can be as broad or as narrow as you want, with the ability to search loyalty program specific fares, price limits and many more.

Another useful tool is Hopper, an app available in the Mac App Store, which advises you on when to fly and when to buy the ticket. With their software, you can check which dates are historically cheap to fly on and on which dates to buy tickets for the lowest possible prices. The information is constantly updated and can be extremely useful for those of us frequently on the go.

**Lodging**

The second biggest expense (or biggest, depending on how long you’re traveling), is lodging. With hotel room prices soaring as peak travel season approaches, you may think your trip is dead in the water. Not so! Airbnb, which boasts over 1 million listings in 190 countries, provides a high-tech accommodation marketplace, guaranteed to fit any budget or sense of adventure. From single-room rentals to castles, Airbnb is a great place to look for planning future trips or finding somewhere to stay tonight.

If you’re one of millions of travelers backpacking their way across the world, you should definitely visit and download the Hostelworld.com website and application. Much like TripAdvisor, Hostelworld lists B&Bs and budget hotels with user reviews and prices, giving you the option to book when you find something you like. While it may be highly suggested to be flexible and spontaneous while traveling, it’s nice to know you have a reasonably priced place to sleep for a night, especially in busy cities like London and Paris.

So allow that wanderlust to take over and find yourself far away from home — all without breaking the bank.

JANET LEIGH THEATRE

See “The Spongebob Movie: Sponge Out Of Water”

Bubbles the Cosmic Dolphin. The film focuses on Burger-Beard’s discovery of a magical book that tells the story of Spongebob. With it, Burger-Beard steals the Krabby Patty secret formula, leading to anarchy within Bikini Bottom. Spongebob and company must travel to the surface to retrieve the recipe, defeat Burger-Beard and save all of Bikini Bottom.

The film sees the return of Stephen Hillenburg, the original creator of the Spongebob Squarepants TV show. He had previously departed the series after the release of the first film. The series had been on the decline after his departure, as the signature humor of the show seemed to disappear with him. However, Hillenburg returned as an executive producer and story writer for the movie, and it clearly shows.

The movie feels like a return to form for the series. The jokes are anything but serious, and non-sequiturs punctuate even the most serious of scenes. Spongebob and Patrick are as innocent and fun-loving as ever, even when they’re on a heroic quest to save Bikini Bottom. Old fans of the series as well as new converts will appreciate the lightness and humor that Spongebob and company bring despite the odds.

The film is not without its faults, however. Toward the end of the movie, Spongebob, Patrick, Sandy, Mr. Krabs, Squidward and Plankton enter the surface world to pursue Burger-Beard. Those who saw the first film know that a journey to the surface is nothing new for the series. However, the characters change from the traditional 2-D animation style to 3-D computer generated animation. The change is jarring and disrupts the flow of the movie. Seeing Spongebob in 3-D distracts from the antics of the crew in a way that detracts from the entire film.

With that said, filmgoers of all ages will enjoy the underwater antics the series is known for. Despite the shortcomings of the film, Hillenburg and Spongebob himself will make anyone feel like a kid again.

The Spongebob movie received a 6.5 from IMDb and a 78 percent Certified Fresh on Rotten Tomatoes. The film will be shown at the Janet Leigh Theatre on April 16-18 at 8 p.m.
POLO CLUB

Horses, chukkers, polo... Oh my!

Pacific Polo Club hosted "Polo Picnic" this past weekend, where they showed off their horses in a scrimmage against Oakdale Polo Club. The Tigers ultimately fell in the matchup against Oakdale, but that didn't dampen their spirits! Several students and family members attended the event and showed support for the team's first home event.

GOLF

Meth competes at the 2015 Masters!

Allison Williford
STAFF REPORTER

Balancing school, life and your career can be difficult, especially when you are an athlete working to go pro. The strain of school and training can be hard sometimes, but it pays off when you get the chance to prove your skills.

One of our own from University of the Pacific has participated in the golf tournament of a lifetime: the Masters.

Byron Meth '15, a senior studying business finance with a minor in economics, successfully completed two of the four rounds in last weekend's tournament.

To hear how he feels about his success and what's next for the amateur golfer, I talked with Byron Meth to gain his perspective:

Allison: What did you do to prepare for the tournament?
Byron: I have known that I was playing in the Masters unofficially since last July, when I won the 2014 USGA Public Links; officially, since December of last year. Because of this, I knew, based off prior knowledge of Augusta National from watching the Masters for my entire life, what sort of shots I would need to be able to hit. I changed my driver in order to hit it higher and be able to hit a draw (turn the ball right to left). The main preparation I did was mentally. The Masters is one of the biggest stages in golf; it is up there with the other three majors and the Ryder Cup.

I really focused on visualization and staying in the moment. I played five holes with world No. 1 Rory McIlroy on Monday and he told me to keep it simple and play confident. Overall, preparation was mostly mental, ensuring myself that I had the best opportunity to be composed out there and have fun.

A: What was it like golfing at the Masters?
B: Playing in the Masters was so much fun! It was the experience of a lifetime, and it is a goal of mine to go back. Between the people I met and the nerves I felt out there, I feel like I have become a better person and a better golfer because of this week. It was literally a dream come true.

A: What did you learn from this opportunity?
B: I learned what it takes to make it on tour. I figured I had a pretty good idea, but talking to the best players in the world helped me get a grasp of what I need to improve on to make it out there and stay out there.

I also learned that I am not that far off. Mechanically, I need to put on some weight in the gym and hit my long irons (4&5) higher in order to be...
Pacific's star golfer looks to repeat at conference tournament

METH AT MASTERS
CONTINUED FROM PAGE 10

able to play long par 4s more aggressively.
A: How did this experience change you as a person and/or a golfer?
B: This experience allowed me to continue to believe in myself, and it has and will continue to push me toward my goal of becoming one of the best players in the world.

A: How do you balance school, life and your sports career?
B: Our former coach, Brandon Goethals, always said, "You have three things in college: School, Life and Golf. You can be great at two of them or mediocre at all three." I took that as a challenge and committed myself to succeeding at all three.

It is extremely difficult at times but is also very rewarding more times than not. It takes time management, hard work and sacrifices. My first two years here, I tried to do everything 100 percent and it wore me out. I sat down and figured out that if I set obtainable goals, I will be happier and will see more success than failure.

A: What is your plan after you graduate?
B: I will stay amateur this summer to participate in several of the world's best amateur events, and then I will turn pro and try to play my way on to the PGA Tour.

Meth's next challenge was the West Coast Conference Championship, which he competed in this week. He is the reigning individual champion and looked to go for a repeat! Final results of the tournament were not released in time for printing.

Byron Meth ’15 represented Pacific at the 2015 Masters Golf Tournament this past weekend, one of the world's major professional golf championships. Playing with some of the best golfers in the world, Meth competed in two of the four rounds, finishing in second among the amateurs with +6 overall. He also competed in the West Coast Conference Championship this week. (Photo c/o AP)

SPORTS IN ACADEMIA

What is it like to be a HESP major?

Ashneil Randhawa
STAFF REPORTER

"Going to class then going to clinic with your athlete. Then study if you have time. Then sleep if you have time." This is how Jessica Pasao '17, describes her average day as a health, exercise and sport sciences student.

Health, exercise and sport sciences, otherwise known as HESP, is one of the largest departments on campus with 300 to 350 enrolled students, according to Jennifer Hoening, the clinical education coordinator for the department.

HESP currently has four available concentrations: athletic training, sports pedagogy, sports management and sports medicine, recently changed to health and exercise sciences.

Athletic training focuses on the management of injuries inflicted on athletes while on the field. Athletic training is similar to physical therapy in treatment and practice but is more specialized, while sports medicine focuses on a more broad application of biomedical science to exercise and activity. Sports pedagogy and sports management shift away from the hard biological aspects of the previous concentrations. Sports pedagogy is the teaching of physical education and coaching athletes, while sports management is the behind-the-scenes aspect of athletic events. Individuals in sports management can put on sports events, represent athletes as agents or focus on the legal aspects of the field in sports law.

HESP is by no means an easy major. It is incredibly specialized and requires a lot of work. The HESP major, unlike most other majors, requires practical learning and experience as part of the curriculum. Athletic training and sports medicine require students to be assigned to an athlete to work with, in addition to attending clinics and observation courses. Athletic training then requires students to pass a test to join a professional program the spring of their sophomore year. Sports pedagogy sends its students to different schools in the area to observe and even teach PE courses. Sports management requires internships for its students, either on campus with campus athletics or off-campus. This is on top of any extracurriculars and GEs the students may have.

Unsurprisingly, a majority of HESP majors are athletes themselves, further compounding their workload with training and sporting events. Student athletes have notoriously busy schedules, which is reflected by the bags under the eyes of the student athletes interviewed.

With a heavy course load and lack of generalized applicability of the degree, the question becomes, what motivates a student to become a HESP major? The answer echoed time and time again was a passion and love for sports and athletics.

Some grew up loving sports and wanted to continue that passion when they came to college.

"As a kid growing up, I knew I wasn't going to go into the NBA or play D-I basketball, but I still have a passion for basketball, so that's what led me into sports management," commented Ilan Alvarez-Becerra '17.

Others were high school athletes and wanted to continue to be a part of the sport they loved, a sentiment echoed by Jordan Smith '17, a sports pedagogy concentration and former high school wrestler, runner and swimmer: "I've always been into sports, so I thought it'd be nice to do it as a career. [With pedagogy] I could still be in the arena, because I can't wrestle anymore, so it would be nice to be a coach and be a good influence on athletes."

And still others wanted to meld a career in the medical field with a passion for sports.

"I wanted to be a part of the medical field ... and athletes are more motivated to recover from their injuries ... It's really rewarding when you work with athletes because you get to help them and you get to see them grow," proclaimed Pasao.

Underneath the lack of sleep, mountains of homework, prayers for more time and stress, the one thing that defines what it means to be a HESP major — no matter what concentration is a burning passion and unrequited love for sports, rivaled only by athletes themselves.
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