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Student Pharmacist Advocacy Coalition hosts Annual Pharmacy Legislative Dinner

Edna Rush
STAFF PHOTOGRAPHER

Over spring break, while those of us from College of Pacific were getting some much needed rest and recuperation, the Thomas J. Long School of Pharmacy and Health Sciences was still hard at work. SPAC, the Student Pharmacist Advocacy Coalition, hosted their annual Pharmacy Legislative Dinner on Thursday, March 12 to bring together pharmacy students and professionals to discuss legislative advocacy for the profession.

The event was attended by pharmacy students of all years and special guests such as Congressman Jerry McNerney and even Stockton Mayor Anthony Silva. Before the speakers took the lectern and dinner was started, Congressman McNerney said a few words about the importance of the night's event.

The first speaker was Dr. Pierre Del Prato, a pharmacist who went in depth on Covered California, discussing what to keep in mind and other aspects. The second and third speakers were from the California Pharmacists Association. Brian Warren, vice president of Center for Advocacy, discussed Provider Status and Senate Bill 493, which designates pharmacists as healthcare providers and establishes an "Advanced Practice Pharmacist" recognition.

Warren also talked about what the CPhA is trying to accomplish. His associate, Megan Maddox, policy and advocacy manager of Center for Advocacy, discussed H.R. 592 and S. 314, the Pharmacy and Medically Underserved Areas Enhancement Act, and other federal efforts.

The fourth speaker, Kethen So, a pharmacist and the Golden Gate Chapter president of the California Society of Health-System Pharmacists, gave a legislative update on what the CSHP and Government Affairs Advisory Committee are doing. He also touched upon SB 1039, Prop 46 and what the goals for the rest of year are.

The last speaker was the Director of Leader Development and Student Relations at the CPhA Michael Connor, also a pharmacist, who gave a motivational speech about ceasing the use of the phrase, "I don't have time." At the end of the event and after all the plates had been cleared, each speaker was awarded a certificate and a gift for their efforts.

Among the other special guests were the dean and students from California Northstate University College of Pharmacy in Elk Grove. Dean Shane P. Desselle said he attended the event because "events like this are critical... and my hopes and CNU's hopes are no different than UOP's in advancing pharmacy, advancing pharmacy practice and the patients we serve. So it's critical that we're all on the same page and that we're on a united front, because we have such a tremendous opportunity right now with all the legislation that's before us to really make a difference for the profession and patients."

Legislature and unification were indeed the main reasons why SPAC put on this dinner event.

The point, according to SPAC's co-chair and organizer of the event Victoria Nguyen, is "unifying not only our student body here at Pacific but other schools as well, to bring together practicing pharmacists, policymakers... getting up and taking a stand for our profession and making sure that we have a voice in the changing dynamic of policy."

And the attending students agree. Kunal Shah, a first-year pharmacy student, said he came to gain additional information about legislation and try to meet people. "I learned more about legislation and how it affects current pharmacists and future pharmacists."
Weekly Report
March 8 - March 14

UNIVERSITY REGULATION
CASA WERNER 03.08.15
Officers responded to a call from staff regarding the smell of marijuana. Officers contacted the responsible party and a judicial report was submitted.

ARREST
PACIFIC & STADIUM 03.09.15
Officers responded to a possible prowler call and located a subject who was intoxicated. Subject was booked into jail until they determined he could care for himself and released him.

CASUALTY
BASEBALL FIELD 03.10.15
During baseball practice, a player lost control of a bat, which struck a bystander. The Stockton Fire Department and medics responded but the injured subject declined transportation to the hospital.

SUSPICIOUS INCIDENT
PARKING LOT #7 03.11.15
Officers responded to a call where a female reported she was being followed. Officers contacted the responsible vehicle and learned the man was a neighbor of the caller. He had been vying for her affections, which she did not return. He was admonished and cited for a traffic violation. She was advised on how to obtain a restraining order and offered other resources.

ARREST
ROTUNDA 03.11.15
Dispatch observed a transient, who had previously been revoked from campus, walking near the Rotunda. Officers made contact and learned he had an outstanding warrant. Subject was also in possession of drug paraphernalia.

VANDALISM
TENNIS COURTS 03.14.15
Staff reports someone entered the tennis courts and pushed over one of the referee chairs, causing damage to the chair.

Chosen champions: Pacific women's basketball chosen to compete at WNIT

Drew Jones
SPORTS EDITOR

On Monday evening, the Women's National Invitational Tournament Selection Committee released the 64-team bracket for the postseason tournament. Pacific women's basketball will be one of the 64 teams vying for the WNIT title! The Tigers received an at-large bid to the tournament, along with three other teams from the West Coast Conference.

Each season, the committee hands out 32 automatic berths to the tournament, as well as 32 more at-large bids. Teams automatically qualify for the tournament if they do not qualify for the NCAA postseason tournament while finishing the highest in the regular-season conference standings. The at-large bids go to teams who post an overall record of .500 or better.

The Tigers ended regular-season play ranked third in the WCC, boasting a remarkable 21-8 record. Falling short of expectations, they ultimately fell to San Francisco in the quarterfinals of the WCC Tournament in Las Vegas.

Before the conference tournament began, there was discussion that Pacific could potentially make a run for their first-ever NCAA berth. Nevertheless, they will be a fierce competitor in the WNIT. The Tigers sport a squad with four All-Conference players, and notably head coach Lynne Roberts was named WCC Co-Coach of the Year.

Last season, the Tigers fell to Oregon in the first round of the tournament. However, in the 2012-13 season, they advanced all the way to the third round, knocking down Pac-12's Washington to get there. Pacific fell to Utah, also of the Pac-12 Conference, in overtime play.

Looking at the other competitors in the WNIT this season, Pacific has a good chance to make a generous impact. They hold regular season wins over Hawaii, Saint Mary's and San Francisco, who all advanced to the WNIT as well.

Pacific will host Sacramento State in the first round of the tournament this Thursday at the Alex G. Spanos Center. The Tigers and the Hornets last left off in the 2010-11 season, where the Tigers were able to claw out a win.

As of Tuesday evening, game times were still to be determined. The winner of this game will advance to the second round and face the winner of Washington State and Eastern Washington.

Photos c/o Edna Rush
The importance of turning off your phone in class

Sasha Kasoff
STAFF REPORTER

Having your phone in your hand all the time has become normal and necessary, but it's still school policy to put it away during class.

In high school, taking out your cell phone in class ran the risk of getting it taken away or even facing harsher disciplinary action. However, now that we are in college, some professors will actually kick you out of class.

Some teachers use their phone in class, so why shouldn't we be allowed to as well? Jia Min Huang '15 said, "I think it is a bit disrespectful to use your phone in class, but I haven't seen it being too big an issue in my classes, either with students or professors." Another student, Wenona Truong '16, commented, "I actually turn my phone off during class," and while she notices phone use, she said no one really seems bothered by it.

While most professors understand if you have an emergency or if you tell them at the beginning of class, the majority of them agree your friends can wait an hour to hear from you. Especially in cases when you could be accused of cheating, it's just safer to stow it away.

There are other benefits to turning your phone off in class, including evidence from a wide array of studies that shows what multitasking does to our brains. When reading your phone, you pay less attention to your surroundings, which is the same reason you can't drive and text. By putting your phone away, you can prevent your grade from crashing.

Greg Graham, a teacher who penned an article for PBS.org, had a lot to say on the subject of our ever-present "little electronic wonder." Some teachers take a harder stance, feeling personally disrespected, and will kick students out of class for phone use. But by missing a full day of class, is this just exacerbating the problem?

Dr. Amy Smith, an English professor here at Pacific, explained, "My policy is that when a student texts or uses their phone in class, I count them as absent that day — unless they tell me in advance there's a good reason they need it, like students with children, for instance. When you're in the room, be in the room. Lots of professions require respectful attention — get used to providing it." Dr. Smith runs her classes efficiently as possible.

Just be thankful that, as most of us students at Pacific are adults, they can't take our phones away like they used to in grade school. However, as we get back into these last seven weeks of the semester you might want to consider putting your phone on silent and pocketing it for a little while.
Pacific Tigers and tattoos

Sasha Kasoff
STAFF REPORTER

Tattooing has been a part of human culture for thousands of years, but in more recent history it has had a bad rap in America, being seen as unprofessional, scary or even trashy. Today, however, tattoos are becoming more accepted in various work environments. I am always pleasantly surprised to see the increasing number of cashiers, bartenders or various other employees with ink.

Tattoo shows on television and Netflix, including 'Black Ink Crew' and 'Inked,' have helped spread appreciation for the art form and the amazing variety of styles it encompasses. Geometric, old fashioned, watercolor, pointillism — each is beautiful and unique to every artist and customer's idea for their own personal canvas.

As someone who just got her ninth tattoo over spring break, I always try to talk to my fellow students and teachers when I see they have a tattoo. I like to know their stories, and I am never shy to tell the meaning behind my own ink either.

Dr. Amy Smith, who teaches English here at UOP, is one of my professors whose profession it's a bad idea to have them with tattoos looking badass, as well as people responding, "I guess I'm planning to be a more interesting old person that you are." If worse comes to worst, tattoo removal technology has vastly improved in recent years.

If you are thinking about getting some ink though, let me remind you that hot weather isn't the best time to get your first one, since a tattoo should remain clean, dry and covered from the sun in order to heal properly and not fade. Because of these factors, you should either get it soon or wait a little longer on your idea. Ultimately, however, your body is your canvas, and some people like to leave theirs pristine.

question our parents ask: "Have you thought about how bad that will look when you're old?" Yet even that has been refuted. The Internet is full of memes of old people with tattoos looking badass, as well as people responding, "I guess I'm planning to be a more interesting old person that you are." If worse comes to worst, tattoo removal technology has vastly improved in recent years.

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Pacific Entrepreneurs delve into the social realm one dollar at a time

The mission of the Council of Social Entrepreneurs is simple: To educate and empower the Pacific community on the ideals and practices of social entrepreneurship while actively creating positive change in Stockton and the world.

But what is social entrepreneurship?

In the words of the faculty advisor Professor Laurie Lichter-Heath, “Social entrepreneurs are individuals with innovative solutions to society’s most pressing social problems.”

Many people never set out to be social entrepreneurs, but sometimes stumble upon the title when their ventures focus on the triple bottom line: profit, people and planet.

But...
CANDIDATES

Senator at Large: Multicultural
Andrea Herrera
Karen Chung

Senator at Large: Housing
Alejandro Volarde
Alexander Xu
Bethany Ruisten
David Zhang
Sashary Zaroyan

Senator at Large: Greek
Karly Hammaek

Senator at Large: Athletics
Abby Wong

Senator, Eberhardt School of Business
Dora Barrera

Senator, Thomas J. Long School of Pharmacy & Health Science
David Chang

Senator, College of the Pacific
Adrian Cohen
Ameer Othman
Sangwook Park

Senator, School of Engineering & Computer Science
Asher Bergtraun
Jujhar Badi

Senator, Bernard School of Education
Florencio Binzelon

Senator, Conservatory of Music
Vacant

Senator, School of International Studies
Shani Boyd

Co-Senators, School of Graduate Studies
Chris Yang & Rachel Marquez

PRESIDENT

VICE PRESIDENT

SERENA WELCH & VIDAL YANEZ

We are Serena Welch and Vidal Yanez and we are running for your ASuop President and Vice President. We know that if given the opportunity to represent you and the rest of the student body, we will make your experience here at Pacific a much more memorable one. Since both of us have held many leadership positions in the past, including active roles in ASuop, we know what it takes to lead and we will hit the ground running. Remember to vote Serena and Vidal!

Check the other box!

LOUIS JOHNSON & SIERRA GONZALEZ

Hello Fellow Pacificans! The premise of our commitments come from what we and our fellow peers would like to see improved on campus. What we wish to create for the UOP community is: effective communication among the student body and campus organizations, opportunities for unity among students of all backgrounds, as well as to permanently raise the standard for ASuop’s Executive team. Our hope is that you will find us to be the most personable leaders Pacific has to offer.
ELECTIONS 2015

VOTE NOW!

President/VP

- Serena Welch
- Vidal Yanez

Other: Louis Johnson
Sierra Gonzalez

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20th
9 am
Voting Period
26th
5 pm
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27th
noon
Results
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Bryce McLaughlin, '11 B.M. Music Management, '12 MBA,
Technical Product Manager at Apple
Sean Pippin, '09 B.S. Engineering Physics, '10 MBA,
Market Analyst at Intel
Amanda Marchini, '08 B.S. Math, '09 MBA,
Director of Operations at Zeiter Eye Medical Group, Inc.
Collin Cooney, '05 B.A. Theater, '08 MBA,
Brand Manager at The Wine Group

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INFORMATION SESSION
Thursday, March 26, 2015
12:00-1:00 P.M. DUC 215

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Bon Appétit, Pacific's very own dining service that covers all of the meals available on campus, provides almost completely local produce, meats and dairy products in every meal offered. Bon Appétit is also committed to reducing their waste through compost, recycling and biodegradable products. The DeRosa University Center contains different garbage bins marked for those purposes. However, if students place the wrong item inside a bin, then the whole bin may not be composted, so it is especially important that people properly dispose of their trash. The oil from fryers are picked up by diesel trucks. In fact, 100 percent of Bon Appétit's kitchen waste is used for other purposes. For example, the extra coffee grounds are used as fertilizer in the Ted and Chris Robb Garden. In addition, Bon Appétit decided to charge 25 cents for to-go containers. The results were phenomenal: They went from handing out 2,500 to-go containers a day to 500.

Bon Appétit welcomes and responds to input on how they can improve their services. Pacific's Student Advisory Board, which includes a Dining Committee that consists of students, faculty, etc., meets once a month to discuss ways to improve Bon Appétit. For example, Bon Appétit learned that students wanted to see Greek food on campus, so the company decided to add a Mediterranean station. To respond to the needs of students with celiac disease, the company started labeling which items were gluten-free and added a gluten-free cereal station. Bon Appétit has not forgotten about vegetarians, either. Vegetarian food is labeled, and they make a separate vegetarian soup each morning.

Each year, Bon Appétit undergoes an annual price analysis by comparing the cost of food at local restaurants and at six or seven similar local universities. The data they receive from the Bureau of Labor Statistics' Consumer Price Index, which charts inflation rates over the years, also helps them determine what prices to set for the upcoming year. Bon Appétit sends their benchmarks to University administrators for approval.

Since Bon Appétit is responsive to criticism, they are always working on improvements. For instance, they are aware that space is an issue, especially right after class gets out, so they are working on a strategy to alleviate that. Bon Appétit is also working with Starbucks to add an on-campus cafe with a Starbucks-like cafe setting. The school approved the concept, but they are working on finding a location on campus. In addition, they are working on including nutritional guidelines for the foods they offer on a daily basis, except daily specials. To further students' nutritional awareness, Bon Appétit hopes to screen a film on where people's food come from in the Janet Leigh Theatre, then have food experts available after the film to answer any questions.

To further improve the dining services at Pacific, Mohsenzadegan hopes to screen a film on where people's food come from in the Janet Leigh Theatre, then have food experts available after the film to answer any questions.
WOMEN'S HISTORY MONTH

Women's journey in sports over time

Nicholas Brummel
STAFF REPORTER

In ancient Greece, the Olympic Games were born to offer a platform for practitioners of various sports to compete in a chance for glory. The event was exclusively for men. Only men could participate, and married women could not spectate. However, from the practice developed the most ancient sporting event for women: the Heraean Games.

The Olympic games were dedicated to Zeus, but the Heraean Games were dedicated to the Queen of the Gods, Hera. This was the earliest reported organized sporting event that offered women the platform to utilize physicality in the way that was previously reserved for men.

While the Heraean Games were the first instance of organized women's sports, they were also representative of a long-living glass ceiling within the sports industry. Women still faced segregation, even when this wasn't beneficial for the level of competition. Women still had to work hard to find platforms with which to utilize their talent and love of the game.

Since then, women in sports have seen many important victories, both socially and legally. From female tennis legend Billie Jean King’s victory against Bobbie Riggs in 1973, to the groundbreaking reform brought by Title IX of the Civil Rights Act of 1964, women have taken important steps in fighting for fair representation within the sports industry.

Although we still may have a ways to go, that fighting spirit stays strong today. Powerful women in sports are keeping gender inequality a public concern.

SPRING BREAK RECAP

Tigers remained competitive during break

Drew Jones
SPORTS EDITOR

While faculty and students took a break from academia last week, Pacific's spring sports stayed hard at work, practicing and competing against some of the best teams in the country.

Women's tennis had a stellar week, coming up with two huge wins over conference foe No. 38 BYU and Cal Poly. Pacific was defeated in its last two matchups, falling to Liberty and San Jose State by close margins. Nevertheless, the Tigers performed well individually, with seniors Iveta Masarova '15 and Hana Ritterova '15 each going undefeated this spring break.

Men's tennis did not fare as well, falling in their last four matches. Pacific opened up conference over spring break as they hosted San Francisco this past Friday. Notably, the Tigers have performed exceptionally in doubles play.

Baseball has suffered a tough season thus far, beginning the season with a 13-game losing streak. The Tigers finally got their first win, taking down Cal Poly the first weekend of spring break. They also opened up conference this past weekend, traveling to Saint Mary's. The Gaels took the series, but Pacific was able to come out with a victory in the final game of the series.

Softball has had a bit of a rollercoaster season as they've struggled to find their groove. The Tigers played in two tournaments and hosted a double-header over the break, rounding out the two weeks with a 9-20 record, overall. Pacific faced four Top 25 ranked teams over the course of spring break, even defeating No. 9/10 Baylor. Sand volleyball's season has begun! Pacific has had a tremendous season in the sand thus far, sweeping teams on four different occasions. They hit the ground running when break began, competing in eight away contests. Notably, the Tigers beat No. 6 Saint Mary's at the NorCal Invitational at Stanford. They went on to beat Stanford and take the first ever tournament title.

Track and field kicked off their season at the Kim Duyst Invitational the first weekend of the break. Pacific had a decent first outing, breaking personal times and setting school records. Mia Knipper '16 broke the program record in the 1500m event with a time of 4:47.63, a sixth-place finish.

No. 15 women's water polo also played in two away tournaments during spring break. The Tigers finished 3-0-0 for the break and are now 8-9 overall. In the eight games they played, they took on seven nationally ranked teams. Notably, they came out on top against three ranked teams.

Stay tuned for what the Tigers have in store for the rest of the season! There are many home games this coming weekend; be sure to catch them all! Baseball hosts San Francisco in their second conference series of the season, while softball will host the Louisville Slugger Tournament. Men's tennis will also play home, taking on Navy and Saint Mary's. The game locations and times can be found on the weekly home schedule or on the Pacific Athletics website.
Tennis players Iveta Masarova '15 (left) and Hana Ritterova '15 share this week's Athlete of the Week title. The pair doubled up and defeated all in their path over spring break, guiding Pacific to two incredible wins over No. 38 BYU and Cal Poly. Masarova and Ritterova also worked hard individually, both remaining undefeated in singles play as well. The veteran seniors look to continue this trend and lead the Tigers to a WCC title.

(PHOTO C/O PACIFIC ATHLETIC RELATIONS)

WOMEN’S BASKETBALL

Thursday, March 19
vs. Sacramento State
7 p.m.
Alex G. Spanos Center

BASEBALL

Friday, March 20
vs. San Francisco
6 p.m.

Saturday, March 21
vs. San Francisco
2 p.m.

Sunday, March 22
vs. San Francisco
1 p.m.

SOFTBALL

Louisville Slugger Invitational
Friday, March 20
vs. Grand Canyon/CSUN
3:30 p.m./5:45 p.m.

Saturday, March 21
vs. Grand Canyon/Connecticut
12:15 p.m./4:45 p.m.

Sunday, March 22
vs. CSUN
12:15 p.m.

For more information, check out the official Pacific Athletics website at pacifictigers.com.

Time Magazine on Sept. 7, 2014 alluded to one such woman. Serena Williams has been working hard to remove certain structural differences that exist between men’s tennis and women’s tennis. Specifically, she has been fighting to have the U.S. Open modify the rules so that the woman’s victor is decided after a set of five, like the men’s tournament, instead of three.

Williams explained, “All the women players have agreed to it, but it’s not what [the tournaments] want at this time.” Other women fight not for a change of policy, but to prove that women are as equally capable athletes as men are. This becomes more evident when examining women’s success in many integrated sports.

Kelly Kulick, in 2010, became the first woman to win a national tournament in bowling. In 2008, Danica Patrick became the first woman to win a major auto race at the Japan Indy 300. Olympic Equestrian events are fully integrated, and have seen a slew of female victors, including Gold Medalist Anky van Grunsven of the Netherlands.

These women are excellent examples of champions of women’s treatment in the sports industry. However, the University of the Pacific is also home to many talented, driven female athletes. Pacific’s women’s volleyball won national championships two consecutive years in 1985 and 1986 and is continuing that tradition of excellence to this day.

Additionally, this season women’s basketball has been strongly representing Pacific’s contribution to women’s athletics as they enter the postseason for the fourth consecutive time. By having so many strong female athletes, Pacific is contributing to the increasing competition seen within these sports, and showing to the world the power of women.

This is even evident with the amount of female coaches and staff members in Pacific’s athletic department.

While there are still many barriers to overcome, both social and legal, progress has been consistent. With each generation come more women who have the talent and drive to contribute to this progress.

While Greece saw the beginning of women in organized competitions of sport, ancient ideas regarding the role of women in sports are becoming more and more acknowledged for what they are: ancient.
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