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Occupational Therapy's Role in Concussion Recovery for the Adult Population

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Occupational Therapy's Role in Concussion Recovery for the Adult Population



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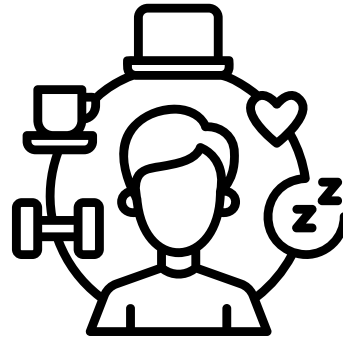
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Background

**What is a
concussion?**



**What is
occupational
therapy?**



**Who is
California
Rehabilitation?**



(American Occupational Therapy Association [AOTA], 2020; California Rehabilitation, n.d.; Moen et al., 2022; Mucha & Trbovich, 2019; Nguyen et al., 2023; Silverberg et al., 2020; Wheeler & Acord-Vira, 2023)



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Program Purpose

- Explore and build on existing knowledge of occupational therapy's role in concussion rehabilitation and management
- Explore evidence-based research regarding referral and screening protocols to determine need for occupational therapy services
- Explore clinical practice guidelines regarding recommendations for return to daily occupations
- Explore evidence-based research regarding development and dissemination of concussion education
- Explore evidence-based research regarding best practices to disseminate educational materials to a wide-range of individuals and communities

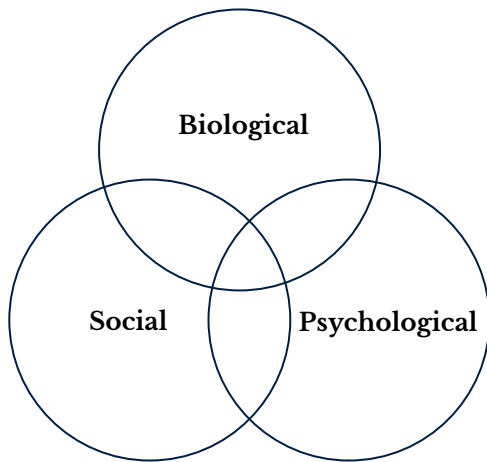


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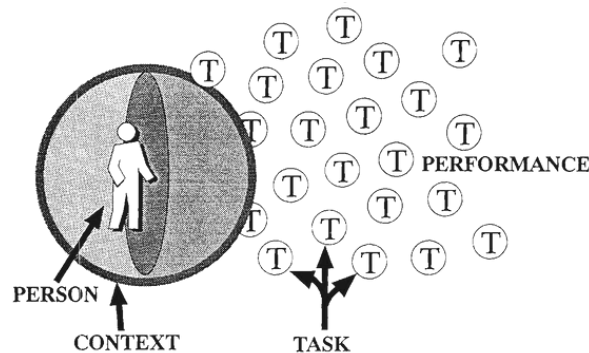
Guiding Theories

Biopsychosocial (BPS) Model



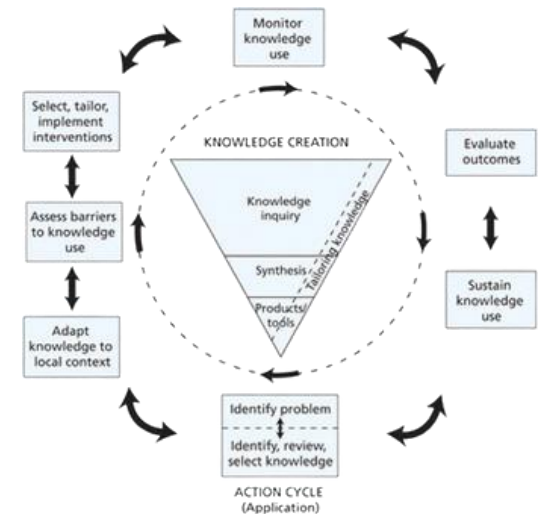
(Gentry et al., 2018)

Ecology of Human Performance (EHP) Model



(Dunn et al., 1994)

Knowledge to Action (KTA) Framework







(Field et al., 2014)



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Literature Review and Needs Assessment

-  Lack of awareness surrounding occupational therapy's role on the interdisciplinary team
-  Lack of best practice guidelines for occupational therapy practitioners
-  Lack of standardized delivery or protocol for concussion education
-  Semi-structured interview with Dr. Mahajan

(Caron et al., 2015; DePadilla et al., 2020; Esquivel et al., 2013; Finn, 2019a; Finn 2019b; King & Coughlan, 2021; Mallory et al., 2022; Moen et al., 2022; Stamm et al., 2020; Wan Yunus et al., 2022; Wheeler & Acord-Vira, 2023)

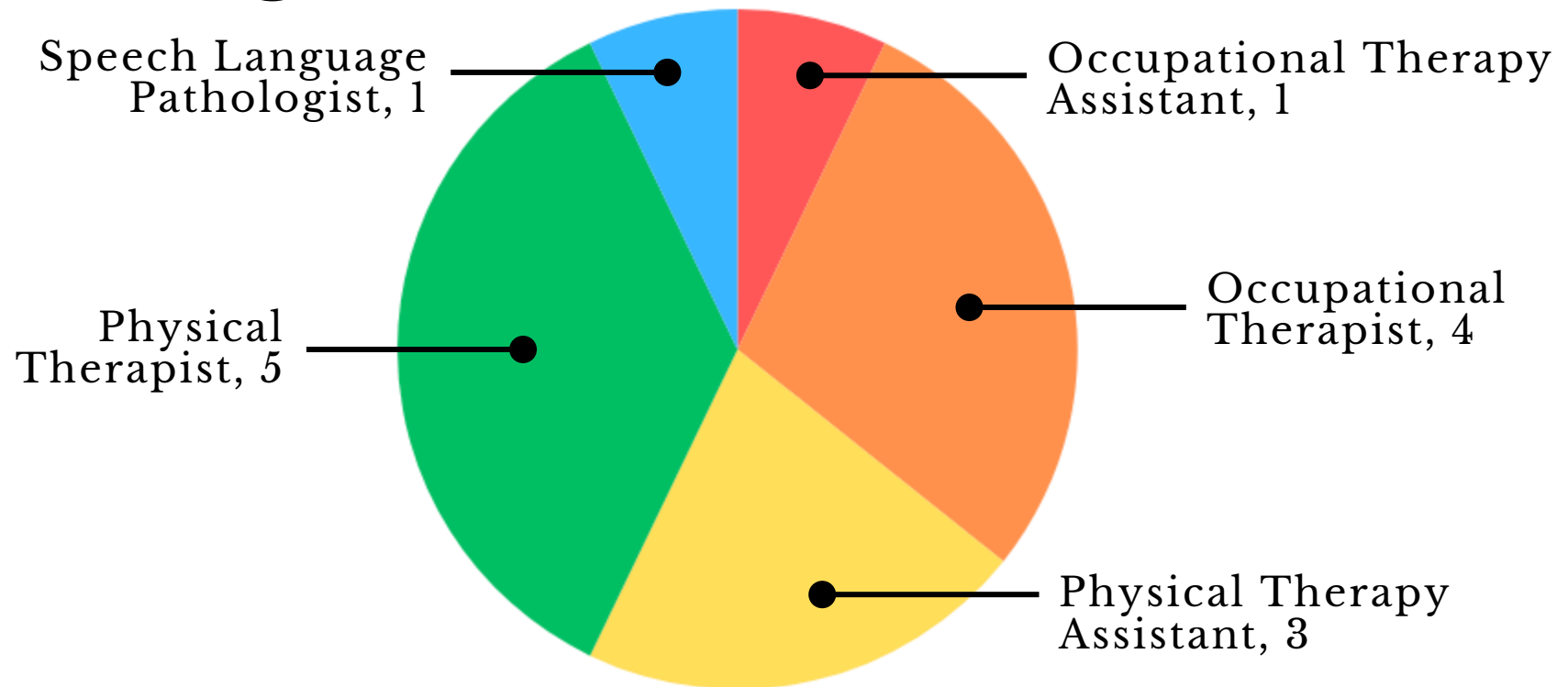


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Literature Review and Needs Assessment

Demographic

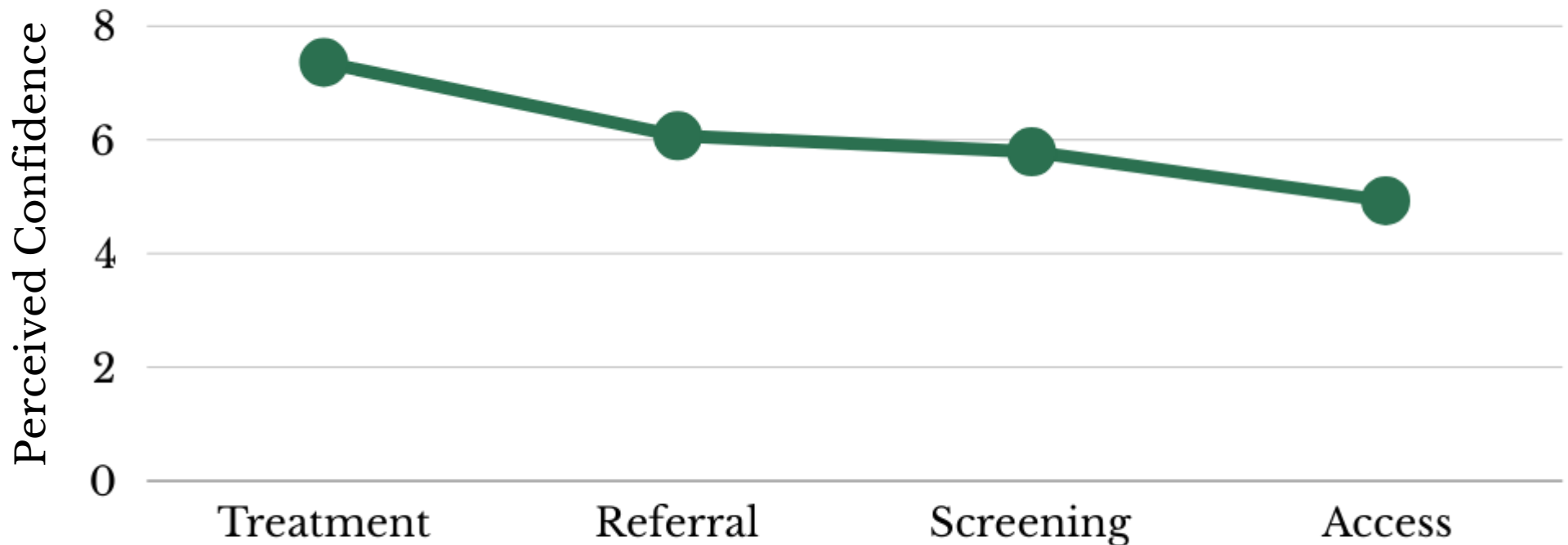


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Literature Review and Needs Assessment

“On a scale from 0-10...”



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Literature Review and Needs Assessment

64%

of respondents are not aware of the unique role that occupational therapists can provide to adults who have sustained a concussion or experience post-concussion symptoms

100%

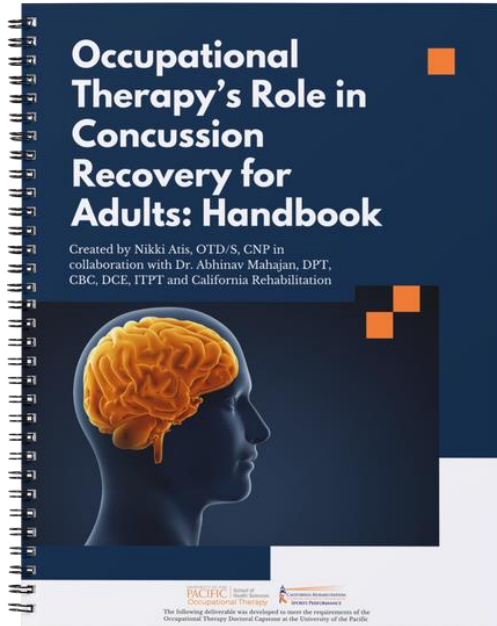
of respondents feel there is a role for occupational therapists to work with adults who have sustained a concussion or experience post-concussion symptoms



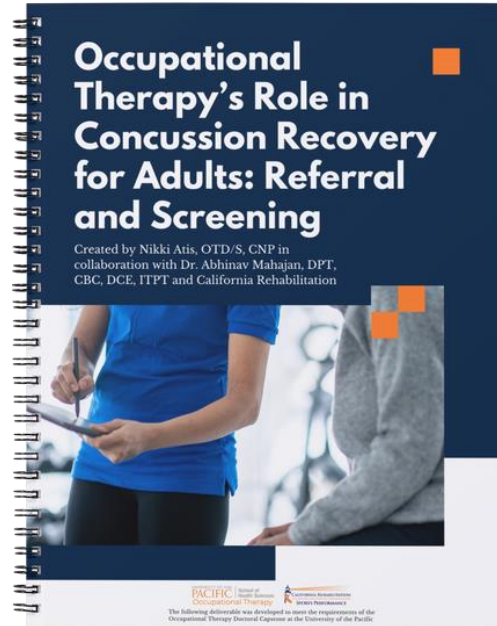
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Outcomes



Handbook



Protocols



Resource Website



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Discussion



Literature
review and
needs
assessment



Continuing
education and
appraising
evidence



Development of
deliverables

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Occupational
therapy's role

(AOTA, 2020; Finn, 2019a; Roelke et al., 2022; Wheeler & Acord-Vira, 2023)



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Impact

For me

For the profession

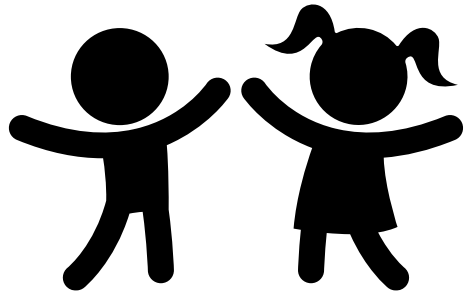
For the site and community



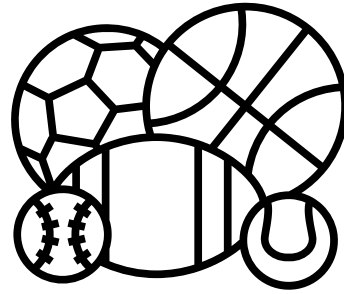
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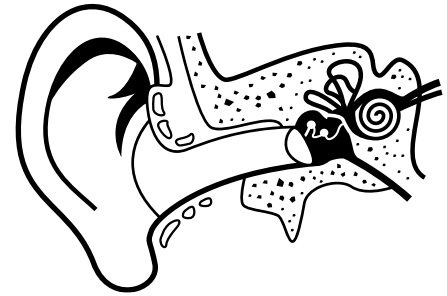
Future Implications



Pediatric
population



Sports-related
concussions



Vestibular
rehabilitation



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Acknowledgements



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