



7-13-1990

Raymond Alumni Newsletter "The Cognitive Revolution"

Raymond College

Follow this and additional works at: <https://scholarlycommons.pacific.edu/raymond-college>

Recommended Citation

Raymond College, "Raymond Alumni Newsletter "The Cognitive Revolution"" (1990). *Raymond College*. 36.
<https://scholarlycommons.pacific.edu/raymond-college/36>

This Poster is brought to you for free and open access by the Colleges and Schools at Scholarly Commons. It has been accepted for inclusion in Raymond College by an authorized administrator of Scholarly Commons. For more information, please contact mgibney@pacific.edu.

RAYMOND ALUMNI ASSOCIATES PRESENTS

"THE COGNITIVE REVOLUTION"

JULY 13-15, 1990

RAYMOND QUAD, UNIVERSITY OF THE PACIFIC

SCHEDULE

Friday, July 13, 1990

12:00 Noon Early Bird Registration Begins

Variations on the Theme by Raymond Alumni

2:00-2:45 Session One, Wendell Philips Center

3:00-3:45 Session Two, WPC

5:00-6:00 Reception, Common Room

6:00-7:30 High Table Dinner, Great Hall

Special Community Preview Presentation of The Raymond Lectures

8:00 Dr. Robert Bramson, "The Cognitive Revolution"

Faye Spanos Concert Hall, Formerly the Conservatory Auditorium

Saturday, July 14, 1990

9:00-9:45 Breakfast/Late Registration, Great Hall

9:45 Welcoming Remarks/Reunion Logistics and Agenda

Illuminations on the Theme by Raymond Faculty

10:00-11:00 Session One, WPC

11:15-12:15 Session Two, WPC

1:00-2:00 Lunch, Great Hall

"The Raymond Vision: The State of the Association"

2:00-5:00 Options, Quad and Campus

Tour of the New and Improved UOP Campus

Networking/Catching-Up/Beer in the Quad/Volley Ball/Poker

Bridge/Swimming/Tennis

5:00 Formal Class Photo Shoots, Quad

6:30 Dinner, Great Hall

Raymond Memorabilia Auction/Entertainment

Sunday, July 15, 1990

10:00 Brunch

12:00 Close up shop

Motels Near

the University:

Hilton 209/957-9090

La Qunita

209/952-7800 or 800/531-5900

Plum Tree Plaza Hotel

209/474-3301

Sixpence Inn 209/477-5576

Registration

Name (s) Adults attending @ \$85 per person,
includes all meals

Meals for children 6-10 @ \$30 ea.

No charge for children 5 and under

Accommodations in the dorms per adult,

\$34 for two nights, includes bedding

Child care @ \$25 per child, please list names
of children attending,

Total Enclosed

\$ _____

\$ _____

\$ _____

\$ _____

\$ _____

RAYMOND REVOLUTIONARIES NEEDED

Group discussion leaders are needed for the Cognitive Revolution at the reunion this summer. Participants will lead alumni intellect-jamming sessions on Friday and Saturday, July 13 and 14.

Our Friday sessions will be led by alumni discussing the Cognitive Revolutions going on in their own fields. Leaders will present their information or challenges, and will then facilitate discussion among their colleagues attending the discussion group. As you know from your years at Raymond, this is your chance to take on some awe-inspiring intellects, as well as awaken some thought-provoking interactions.

Currently, we are requesting information on any alumni who would like to lead a session, or leads on any of your Raymond associates you think should be approached for this project. No formal "request for proposals" is needed. What we would like is a note or phone call indicating the name of the person you think might be a good session leader, and the general topic s/he might present.

We are asking all faculty members attending the Reunion to consider leading a session on the Cognitive Revolutions going on in your professions, and to let us share those insights in the traditional Raymond discussion-group format.

This will be our opportunity to revisit some of the scenes of our growth and maturation. (For some of us, "scene of the crime" might be more appropriate!) We will stretch our minds and our insights, learn anew from favorite professors of old, or explore new territory with those folks we never got to know.

WHAT WE NEED FROM YOU!

Volunteer to lead panel discussions, or to lecture in your area of expertise at the Friday and Saturday sessions. (Applies to faculty and alumni alike.) If you can help with the Revolution, either by leading a discussion group yourself, or by giving us leads on who else to ask, write the Aging Professor, John Williams, or the Age-Less Reunion Coordinator, Wendi Burnette Maxwell, care of the Raymond Alumni Associates, P. O. Box 26, University of the Pacific, Stockton, CA 95211. Better

yet, call Wendi some evening at 209/948-5325, at work at 209/948-7450 or John at 209/465-7449.

SUMMER READING LIST

Remember how we used to get those "suggested summer reading lists" in between years at Raymond? (I remember being awestruck as an incoming freshman thinking that I was supposed to get all that reading done before I even set foot in the college!) Well, here's the beginnings of our suggested summer reading list for the Cognitive Revolution at the Reunion. e welcome your comments, insights, and additions. There will be one more newsletter published before the Reunion.

Bramson, Robert
The Art of Thinking
Coping with Difficult People
Goleman, Daniel
Vital Lies, Simple Truths
Ehrlich, Paul
The Population Explosion
Ornstein and Ehrlich
New World, New Mind
Pynchon, Thomas
Vineland

RAYMOND ARTIST ALERT

Our Reunion already includes plans to stimulate our minds and bodies through discussion groups, socializing, and playing. Food for the soul is also needed.

We would like to hear from Raymond artists - what fields are you working in? What new and exploratory things have you done? What traditional styles have you mastered?

We believe that Raymond alumni are masters of creativity, and that Raymond artists would well be worth knowing. Our Reunion needs to reflect the artistic aspect of our lives.

What should it look like? Dramatic vignettes from former Raymond productions? Film-making in progress? An art show? All of us free-form dancing in the quad? Replicating the Atlantic Ocean floor in the gravel of the fountain? Musicians singing and playing in the sun?

LOST LIST

We have had addresses for most of the following alumni, but they have moved or otherwise disappeared. A few we have not had contact with since we began to plan for the 1985 reunion. PLEASE help us locate anyone with whom you have had any contact by attempting to find them for us, and only then supplying us with as accurate information as you can discover. If possible, please include a telephone number. Mail or phone information to your Aging Professor: John S. Williams - 1860 W. Euclid - Stockton, CA 95204 - (209) 465-7449.

Gary Alcorn
Beri Amir
Pam Aquino
Bob Arnold
Joseph Botand-Blazek
Don Bowman
Rick Brew
Jane Bryson
Julia Burch
Sally Burd
Rebecca Burton
John Byrd
Tommy Chavies
Peter Claudius
Penelope Cole
Connie Cushing
Jeri Dahlen
Frank Dixon
Robin Dodson
Janet Duncan
Karl Durand
Sandy Eggenberger
Elsa Edder
Allan Erickson
David Farrell
Mary Ferguson
David Fessier
Bob Fields
Russell Fish
Shelia Fitch
Kim Foley
Sue Fowler
Jim Freer
Marie Fuson
Sheri Garcia
Richard Gibbe
Dan Gilham
Ardie Gorden
Charlie Graham
(Continued on Page 4)

Phoenix Findings

by
The Aging Professor

One of the most gratifying aspects of writing this column is hearing from so many of you. Members of your Board of Directors suggest, however, the only reason I do it is to get something in my mail box besides bills and the usual junk mail. I guess my motives are more transparent than I want to believe.

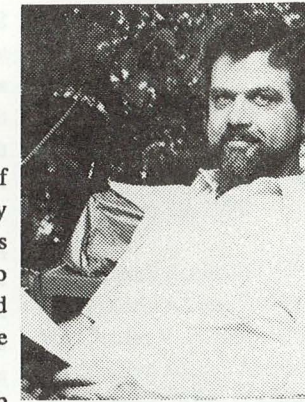
It is a bit more difficult for me to keep track of you than you might believe. Since the last mailing, 58 of you have changed residences, phone numbers, or otherwise moved about. Raymond folk seem to be a mobile lot.

Marty Dukler (I can't remember the class year—a result of aging brain cells) writes from Austin, Texas, where he resides with his wife Criselda, that he is president and co-owner of a company which develops electronic fund transfer software and sells services to retail stores and government agencies. Good to have located you again, Marty. Drop me a line with your class year and a phone number.

Bonnie LaCivita Alexander (79) sends word that on August 4, 1989, she delivered twin sons, Kevin Thomas and Kyle Randall. They were big boys for twins, weighing in at 7 lbs 6 oz & 6 lbs 14 oz respectively. The new twins have an older brother and sister to help their mother care for them. As a parent of twin sons, Bonnie, I can only say, "Good Luck!" Janet & I feel fortunate to have escaped both the looney bin and the poor house. Bonnie & her husband Fred live in Paso Robles, California.

The announcement of another wee one comes from **Lonnie Valentine** (70). He and his wife Jodie English had their second child, a son, Benjamin Darrow in May. The first is a daughter, Cady Gabriel, now 2 years. Lonnie has finished his Ph.D. in Theological Studies at Emory and began teaching this fall at the Earlham School of Religion in Richmond, Indiana. Congratulations, Lonnie, on the birth of your son, the completion of your degree, and the beginning of your teaching career with your new union card.

Bill Bargeman (69) sent me a long moving letter in response to the second issue of the Newsletter. He resides in Vancouver, B.C., teaches high school social studies and English. He writes that he is politically active



"at the foot soldier level, with union, civic, and provincial campaigns," spending most of his "political energy in solidarity work with the teachers of El Salvador." Bill,

like many of you, writes of how the Raymond experience lives daily for him: "While I never contemplated teaching as a career while I was at Raymond, the Raymond experience has largely shaped who I am in the classroom. It was, after all, a place where the art of teaching was celebrated. The love of inquiry, the joy of student-teacher discourse and the devotion to service guide my work today as they guided my studies twenty years ago." Thanks Bill for sharing with us.

The middle of August Janet & I had the great pleasure of attending the 73rd birthday celebration of none other than **Berndt Kolker**, former Provost of Raymond College. Berndt's only complaint in life is that everyone around him seems to be getting old.

Joey Wauters (74) sends word from Alaska that she is the first place winner in **Redbook** magazine's Short Story Contest for 1989. Her story, "A Matter of Timing," is part of her sabbatical work from last year when she was a visiting scholar at University of California, San Diego. The story was selected out of 6,500 submissions and will be published this coming spring. Joey receives \$2000.00 for being a winner.

Mike Hoffman (78) writes from Long Island where he is practicing law. He has a daughter age 2 and a son a 6 months.

Ellen Benton (70) wrote at Christmas time that in March 1989 she and her husband were blessed with a baby daughter. Ellen lives in England and is a librarian.

Linda Barney-Campbell (65) currently lives in Honolulu where she is involved in selling real estate with LOCATIONS, Inc. She advises us that if anyone has designs on Hawaiian real estate investing to get in touch as the market there does nothing but rise. She also invites any Raymond folk who are planning a trip to Hawaii to get in touch. Her

office phone number is: (808) 396-9199. Keep your promise about coming to the 1990 Reunion, Linda. We look forward to seeing you.

I was delighted to reestablish contact with **Deena Perry** (69) who resides in Sante Fe, New Mexico, where she owns and operates HABITAT, an interior design firm. Thanks Deena for helping me locate Raymond folk in your area. Make it to the reunion next summer.

Linda Lockett Eisele (70) writes that she and her husband are safely settled in Switzerland, living in a small farm village where she can hear cow bells as the cattle go to pasture mornings and evenings.

Paul Heller (75) is beginning his second year at the University of Arizona where he is working on his M.A. in creative writing in the English Department. He is also working on the editorial staff of one of the department's literary magazines. Paul has established contact there with my nephew who is employed as academic advisor to student athletes.

I received a letter from **Jerry Connors** (78) the middle of August, shortly after he received the last Newsletter. He was planning to have dinner the next week with Rod Dugliss, former political science professor at Raymond, who was there on business. Jerry has been working in the Chicago area with various college and church sponsored projects for the Homeless and other unfortunates in the inner-city. He plans soon to return full time to the parish ministry. Jerry, who is an ordained Episcopal priest, mentions, as others have, of the vital importance of his Raymond education in his day-to-day vocational experiences. In October Jerry was in Sacramento to visit his parents prior to moving to Newfoundland where he was moving to accept a parish. He strolled into one of my classes, only a few minutes late, just as he usually did when a student. We had lunch together and a good chat.

One Saturday afternoon during September, there was a knock on our door, and when I opened there stood **Meredythe Crawford** Medigovich (77?). She was in Stockton to settle some affairs of her mother's estate. She had in the back of her van two of the brown Raymond chairs like the one we raffled at the 1985 reunion. How did she come in possession of them you might ask? It seems that in the declining years of Raymond, and I shall put this delicately, Meredythe, shall we say, con-

CIRCULATE SOME DOLLARS FOR EXPANDED CONSCIOUSNESS

by Paula Neely
Lectureship Campaign Coordinator

Raymond Alumni Associates was founded in 1987. In three short years, we have expanded an initial bank account of \$900 to \$13,000 in the bank and \$10,000 in pledges. Our goal is \$50,000 by July, 1990 so that we may begin planning THE RAYMOND LECTURES.

You will be receiving a letter in the next two weeks asking you to make a commitment or to extend your present commitment. During the last week of April, Raymond volunteers will be calling you. In our data base of some 700 records we have 450 phone numbers!!! We'll answer all your questions about our fundraising efforts and the up-coming Reunion. In the meantime...

YOU, RAA AND THE IRS- THE BENEFITS OF OUR 501 (C) (3) STATUS

For those of you who missed this announcement...

Our Alumni Association is an official tax-exempt non-profit organization, designed to do two things:

1) To provide a communications base for the Raymond Alumni through special events such as the Solstice Party and the Reunions; a periodic newsletter and other mailings; and:



2) To provide interdisciplinary educational programs for the public that serve to maintain the philosophy and values of Raymond College.

Every contribution you make to RAA is tax-deductible. Please check with your tax advisor on the best way for you to maximize your contribution to RAA. While the most common practice is to send a check for a set amount, we can also accept stocks, bonds, real property and other assets. We are capable of setting up a Charitable Remainder Trust if you are facing Capital Gains Tax.

You may also purchase Life Insurance, making RAA the beneficiary of the policy. For a small annual premium, you can make a substantial gift upon your death without subtracting wealth from your current estate or infringing upon your heirs.

Don't be put off by the tone, but we are serious. Your gift is an investment that we don't take lightly. In planning for the future, we are applying professional fundraising strategies to ensure our success.

YOU CAN CHANGE THE WORLD: THOUGHT CREATES ACTION

Most of us are hard at work, establishing and maintaining our careers and hemorrhaging money each pay period for mortgages, car payments, insurance, tuition, food, clothing, entertainment, ad infinitum...

AND, we already give tens of thousands of dollars to local non-profits serving our own communities. We process each and every solicitation according to our personal values..."Do I believe in this cause enough to make a personal investment?" So what about RAA?

Please evaluate your Raymond experience. What influence has it had on your life? Do you find the same spirit of intellectual inquiry in your work place, in your community? Is debate and personal opinion valued? Does the quest for continued personal growth exist in your circle of friends and associates?

Inquiry, debate and growth...that's the nexus of Raymond Alumni Associates. Please join us in expanding the thought processing and problem solving of our world. It's a tall order, but we know that thought creates change.

If you have not already pledged your financial support to Raymond Alumni Associates, please consider doing so today. A monthly pledge of \$25 or more will make a significant contribution to our success.

Please call me collect at (209) 465-6473, if you would like to discuss the objectives of the Association and your potential support.

Raymond Alumni Association
Box 26
University of the Pacific
Stockton, California 95211

Address Correction Requested

Non-Profit
Organization
U.S. Postage
PAID
Stockton, CA
Permit #363

Dr. Neil L. Lark
685 W. Euclid
Stockton, CA 95204



INNOVATIONS & Consequences

The Occasional Newsletter

THE COGNITIVE REVOLUTION COMES TO RAYMOND

Our 1990 reunion will feature a community preview of the up-coming Raymond Lectures. Our guest speaker will be Dr. Robert Bramson, author of The Art of Thinking, Coping with Difficult People, The Stressless Home, and Coping with the Fast track Blues (to be released in July, 1990).

Dr. Bramson received his Ph.D. in Organizational Behavior and Psychology of Small Groups from University of California at Berkeley. His background combines work experience - from blue collar to executive levels - with his training in psychology and organizational behavior. His work has been written up in several national periodicals - from TIME magazine and The Wall Street Journal to Reader's Digest. And he has appeared as a guest on national talk-shows, as well as being a well-known speaker in both the academic and business communities.

In our telephone interview about the Raymond speaker engagement, Dr. Bramson discussed his viewpoints at length. "Throughout the late 1960's and 70's, our emphasis was on emotionality and motivation. We encouraged people to get in touch with what they felt, with learning more about themselves as emotional beings. In the 1980's we transformed this emphasis on feeling into a need to win. During all this time, we lost sight of the one attribute that makes human beings unique - the ability to think."

In July, our intellectual focus will be on rediscovering the driving forces within our own minds. We shall explore new discoveries about cognitive thinking styles with Dr. Bramson, as well as learning his approach to "instant creativity." We shall also look among ourselves for current examples of the cognitive revolution in action. Join us in July as Raymond reenters the Cognitive Revolution.

REUNION 1990 UPDATE

Our July 13-15 Reunion plans are progressing rapidly. Friday night will feature a community preview of the Raymond Lectures.

University faculty and community business leaders will be our guests at the speaker address on Friday night.

A special reception for alumni, University president Bill Atchley, and invited guests, will precede High Table dinner on Friday night. Because our Alumni group has grown, the speaker address will be held in the Faye Spanos Concert Hall (formerly the Conservatory Auditorium), rather than in the Great Hall.

A whole array of Raymond memorabilia will be available throughout the Reunion. We hope to have Raymond t-shirts and car decals available for you, as well as the soon-to-be traditional auction of an authentic Raymond chair.

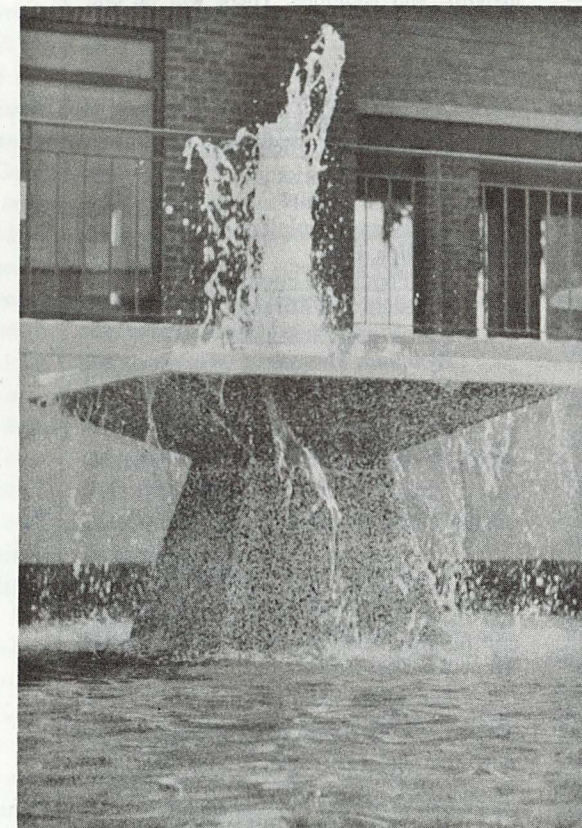
A new twist on the traditional auction theme is also planned - auctioning off professors! On Saturday night, you will have the opportunity to bid on a breakfast with your favorite teacher - so come prepared!

A commercial photographer has been engaged to take formal class

photographs on Saturday evening, so that we'll all have mementos of "the way we are," to go with our memories of "the way we were."

An additional comparison of "then and now" will be discovered through an optional tour of the new UOP - including the newly renovated library, the University Center and the School of Engineering.

Fill out your registration form (included in this newsletter) and mail it in today. Include your comments, questions and suggestions.



scripted these chairs for safe keeping. Guilt being what it is, burrowing its way deep in Meredythe's psychic all these years, she decided to return them to yours truly. One is slightly in need of repair, which I shall do in my wood shop, and they will be restored to their former glory ready for auctioning at the 1990 reunion. And incidentally, Meredythe and her husband, who reside in Corte Madera, had left their little daughter in the good hands of their friend Leslie Anixter (76). Leslie is busy operating the Anixter & Oser Insurance Brokerage in San Francisco in the absence of her father who is in ill health.

Marge Bruce, former professor of English at Raymond and retired from the College of Pacific English department, is at home after having recovered from back surgery. She was operated on late in September and was home by the end of the week. Marge, who has no fondness for hospitals, was threatening her physician with calling a cab and going home early if he did not release her the following day. I was standing by her for moral support so I know this is no rumor. I chimed in, offering my car so she would not have to use a cab. Her physician willingly released her the following day! Marge is involved in teaching illiterate adults to read.

Early in September I received a wonderful letter from Lisa Gorlin-Burbick (76). I had just relocated her, partly through the efforts of Jack Lawson (76), who lives in Ripon, California, and works for Dean Witter here in Stockton. Lisa lives in Grants Pass, Oregon, is married to Chris Burbick, is a free-lance artist and periodic art instructor, and works in a CPA office part of the year. I am including Lisa address and phone number because she is interested in getting in touch with various friends from the mid-70s: 540 N.W. Mansanita Ave.; Apt # 1; Grants Pass, Oregon 97526; (503) 474-5532. She is especially interested in locating Marie Fuson, Jim Harrington, and Tom Critchfield, none of whom I have an address for. If anyone can help either of us, please send us the relevant information.

I close this edition of Phoenix Findings with something many of you from the mid-70s may well remember. It is the result of one of those spontaneous, Independent Studies that was completed one afternoon by a small group of serious students of Woody Allen. Lisa Gorlin-Burbick shared it with me and dedicates it to the memory of Madison Wright, who was a

part of that independent study. Its the original "Macho Honcho" list.

a macho honcho
a shoo-fly pie
clicheic spoonerisms
an ancient manacle
a watched pot
filamentous algae
a social animal
a coniferous shrub
an ivy league
an athlete's foot
Howard Cosell in drag
a freak accident
a narrow kimono
The Train to Glory
rubbernecking delays
a chopped hog
an Algerian Hiss
a Freudian slip
a gum arabic
a basket house
a split philodendron
a foam rubber ghost
tacit house arrest
social studies for underachievers
ten top psychics
a case of Clamato
facial foliage
airs above the ground
a low-risk offender
a speaking trumpet
a giant saurian
five miles of shoes
a soda jerk
a rubber room
Ardith Ebbitt
the subterranean economy
the 1st generation British Invasion Band
a bruised coccyx
a baby spot
Doodles Weaver
a free-form cufflink
a delegation of speleologists
a free-lance rabbi
a 30 ft. high 1 bedroom apt.
a barnyard sound effects record
Amelia Erhart luggage
an executive pool
Celtic binoculars
a Hallelujah chorus
cheap essential scenery
highway hypnosis
a cha-cha dress
a stunt pigeon

Swoozie Kurtz
vanishing cream
a dirt road Romeo
the Singing Chickens doing "In The Mood"
the Flying Karamazov Brothers
Archimedes' bathtub
bicycle thighs
poodle socks
a sit-down strike of stand-up comics
low mileage vinyl
a Chinese fire drill
a 400 yard towel
galloping inflation
a beef-cake spin-off
a Groucho Marx tango party
a shoe box full of 20s
15 minutes of solid belly laughter

Cheers!!! Please keep the letters coming so I shall regularly receive some mail and continue to have news for "Phoenix Findings."

Lost List

(Continued)

Lana Grey
Rosemarie Gruner
Lynne Halfhide
Michael Hart
Chris Henny
Sue Herman
Donna Hilliard
Greg Hoag
Susan Hoerchner
Carl Holmes
Pete Hopkins
Louis Horowitz
Francis Howell
David Humes
Marcia Jackson
Chrys Jaschke
Auston Jelke
Tylie Jones
Jackie Kapphahn
Melvyn Kawakami
Marcia King
Nancy Kizer
Ray Kolling
Eric Lagerlof
June Lathrop
Tom Lewis
Cathy Locke
Kathy Lorenz
Richard Maes
Nancy Marcoux
Ken Marr
Richard May

Laura McArthur
Steve Meinrath
Cynthia Mendiola
Miguel Michel
Elizabeth Minkler
Jodi Monier
Michelle Moore
Darcy Oliver
Maryl Olivera
Marci Onie
Maria Osborn
Russ Pagel
Sally Parker
Steve Peden
Mark Perez
Lucinda Perry
Nicola Poland
Winnie Pringle
Lori Privette
Michelle Prout
Diane Raby
Bonnie Richardson
Dave Richter
Steve Rivera
Chuck Robinson
JoAnn Robinson
Bob Rosero
Holly Rothschild
Gene Samuelson
Brad Sanders
Sue Sarracino
Greg Schanuel
Bambi Singer
Gwen Snyder
David Spencer
Jill Stassinis
Michelle Stevens
Robert Sullens
Mark Summers
Mike Taylor
Leslie Taylor
Judy Thiele
Janice Tobin
Gary Van Dorst
Doug Van Houten
Diane Van Zant
Virginia Viveiros
Donna Waldman
Robert Walker
Lori Walth
Debby Webb
Vicki Wingard
Roy Williams
Gail Whitcome
Sharon Wood

CONTRIBUTORS

We would like to continue to thank all those individuals who have contributed toward THE RAYMOND LECTURES as of...February 10, 1990

Mr. Gregory Acciaioli (1974)
Ms. Victoria Adams (1979)
Mr. Charles V. Alailima (1975)
Ms. Marilyn Alcorn-Archer (1976)
Mr. Steven P. Allen (1972)
Ms. Leslie Anixter (1976)
Mr. Jeff Armstrong (1974)
Mr. William Bargeman (1969)
Ms. Rebecca Rose Barnebey (1968)
Ms. Eve Beerman (1975)
Mr. David R. Bennett (1972)
Steve & Patricia Berger (1976)
Roger & Carol Berry (1972)
Dr. Gene E. Bigler (1967)
Dr. George P. Blum
Stanley & Bambi Bovee (1967)
Mr. Quincy Bragg (1970)
Mr. Carter Brown (1970)
Mrs. Paulette Carolin (1967)
Ms. Marilyn D. Carter (1974)
Ms. Norma Jean Chinchilla (1965)
Ms. Wendy Cohen (1976)
Fr. Gerald Connors (1978)
Ms. Carol Copsey (1974)
Ms. Beth Crowder (1976)
Adrienne & John Cupples (1965)
Mr. Don C. Darling (1977)
Ms. Sandra de Alcuaz (1973)
Mr. Peter Dennison (1970)
Ms. Linda Deshman (1968)
Ms. Edna Devore (1967)
Dr. Garry Eagles (1972)
Ms. Linda L. Eisele (1970)
Richard & Carole Evans (1968)
Mr. Charles Falkenberg
Mr. Richard L. Faseler (1970)
Dr. Gregory A. Finnegan (1967)
Mr. Kenneth K. Fisher (1973)
Robert & Sara Fitch (1977)
Mr. Jeffrey S. Franklin (1976)
Ms. Jackie Frey (1971)
Mr. Gary Frush (1973)
Ms. Judith Gable (1977)
Ms. Lisa Gamel (1969)
Mrs. Katherine L. Gaskins (1968)
Dr. Leslie E. Gerber (1965)
Ms. Louise C. Giovannoni (1969)

Mr. Steven M. Glazer (1975)
Ms. Caren Glotfelty (1969)
Mr. Walter Goetz (1972)
Mr. Jay Greenberg (1968)
Mr. Ned Greenberg (1975)
Ms. Barbara Hendricks (1966)
Ms. Mary Susan Hewitt
Mr. Jim Hildreth (1976)
Mr. Mark C. Hill (1973)
Mr. Raymond L. Hilliard (1977)
Ms. Cathy Hirsh (1967)
Ms. Joan Hyerle (1975)
Mr. Robert H. Hyerle (1977)
Mr. Mark Hyjek (1973)
Mrs. Candice L. Ivers (1974)
Ms. Phyllis A. Johnson (1968)
Mr. Steven Kander (1975)
Mr. Gary Katz (1974)
Ms. Susan Kerr
Mr. Andrew & Ann Key
Mr. Theodore Kingsley (1979)
Ms. Karen Klaparda (1981)
Ms. Laurel Koepernik (1969)
Dr. Berndt L. Kolker
Mr. Michael A. Lai (1974)
Mr. Gary E. Landson (1975)
Ms. Karen Ann Larson (1970)
Ms. Nancy Lavin-Woodman (1977)
Ms. Kathryn Marie Lee (1980)
Ms. Janet Leiker
Mr. John Leland (1968)
Ms. Patricia L. Loeffler (1975)
Mr. Douglas Loudon (1978)
Mr. Peter Lowenthal (1975)
Mr. Henry J. Lynch Jr. (1968)
Mr. Michael Mamot (1976)
Ms. Halle Mandel (1975)
Ms. Deena Mannick (1969)
Mr. Jon A. Marchant (1974)
Ms. Sandra Marshall (1972)
Mr. Tony Martin
Dr. Warren Bryan Martin
Dr. O. Boyd Mathias
Ms. Wendi Maxwell (1971)
Mr. William O. Maxwell, Jr. (1982)
Ms. Luana Charisse McCann (1971)
Ms. Rosalie A. McCarthy (1975)
Ms. Janet McCombs (1965)
Hon. Charles M. McGee (1966)
Mr. Joseph McIntyre (1977)
David & Alison McKee (1972)
William & Patricia McKinnon (1969)
Ms. Mary Lou Mongan (1968)
Peter & Phyllis Morales (1967)
Mr. Charles Mosher (1976)

Ms. Paula Neely (1975)
 Ms. Carole L. Nelson (1975)
 Paul & Polly Nelson (1975)
 Ms. Margaret Newell (1978)
 Ms. Carla Norton (1976)
 Mr. Martin Overstreet (1965)
 Dr. Paul M. Parsons (1967)
 Ms. Regina Peters (1970)
 Mr. Ron Phipps (1972)
 Dr. Gerald Pier (1970)
 Tom & Iris Preece (1967)
 Dr. James W. Ratcliff (1967)
 Ms. Rhonda Rawlinson (1977)
 Mr. William K. Reed (1978)
 Mr. Robert Reich (1975)
 Ms. Tracy Richard
 Russell & Kathy Rudy (1978)
 Mr. Chris Sadler (?)
 Mr. John Saltner (1977)
 Ms. Margaret A. Schliessmann (1975)
 Mr. Roy A. Sebbas (1966)
 Mr. Bryan H. Shaner (1967)
 Ms. Linda Sherrill (1967)
 Ms. Janet Sherwood (1972)
 Ms. Alice Specht (1969)
 Drs. Goldee & Charles Sprague (1973)
 Don & Rebecca Stadner (1969)
 Philip & Aimee Thacher (1974)
 Mr. Steven Thompson (1973)
 Mr. Wesley A. Triplett (1968)
 Mr. Lonnie Valentine (1970)
 Ms. Vibeke Von Der Hude
 Ms. Marjorie Wadsworth (1975)
 Dr. Walter Wagner
 Mr. Wayne Waite
 Ms. Joan Wauters (1974)
 Ms. Jacalyn Webber Souther (1971)
 Ms. Dana M. Weinstein (1975)
 Mr. David Wellenbrock (1968)
 Mr. Richard G. West (1974)
 Ms. Judy Wilkinson (1966)
 Dr. John S. Williams
 Peter & Kathleen Windrem (1965)
 Mr. Mike Woodard (1973)
 Dr. Sydney T. Wright Jr. (1967)
 Dr. Mark Jeffrey Young (1971)

EARTHQUAKE NEWS

by Tom and Iris (Nicholson) Preece

The most recent news in our lives is the earthquake. Like so many people in the disaster area, we had no damage. One picture fell off the wall. Once we got through the flurry of phone calls to assure family and friends that we were safe, there was the terrible time of watching the news about people who were hurt, who had lost their homes. Like most people in the Bay Area, we needed a way to help. We're fortunate because our jobs gave us the chance.

TOM: At the Veteran's Administration, I was on the small team that reopened the VA regional office in San Francisco. I helped mobilize the VA staff to all the disaster shelters and processing centers. VA staff were available to help people figure out what needed to be done to maintain benefits and VA home loans. More important, the VA sent its clinical experts in Post Traumatic Stress Disorder to work with the victims. This effort meant long days and working weekends for several weeks. But this seems like a minor inconvenience compared to the sense of community that emerged after the quake.

IRIS: At Vesper Society, my job assignment changed dramatically. Vesper joined with Catholic Charities and Mercy Retirement Center in Oakland to open a closed nursing home to earthquake victims. Downtown areas of Oakland were hard hit by the quake, resulting in the closure of most of the single occupancy hotels. This is where large numbers of low income, elderly, and disabled people had lived. Most of these folks are on Supplemental Security Income or General Assistance which means their monthly incomes are less than \$667. There is already a terrible shortage of affordable housing, and with the additional loss of low income housing, resettlement is going to be an uphill struggle.

Perhaps the saddest part of our experience has been one death close to us. Tom's boss at the VA lived in the Marina district—the area which collapsed and suffered severe fires. Walt had gone to the drug store to pick up pictures of his baby boy when the quake struck. When he returned, he found his wife and baby had been buried in the collapse of their build-

ing. Carol, his wife survived, but their baby boy died in her arms.

We have a deep, tangible experience that we are powerless in the face of such a disaster. In having to face our ultimate vulnerability and mortality, we have had the opportunity to recognize just how precious each day is.

Some insight came to us from an article in the recent Berkeley Wellness Letter. Research shows that people with strong family and social ties tend to be healthier than those who live in isolation, particularly those involved in community service. Researchers theorize "...that altruism, particularly when the helper observes the beneficial effects in others, might reduce feelings of helplessness and depression and thus enhance health."

Iris had a lot of direct experience with the Red Cross and the Federal Emergency Management Administration (FEMA) as 1989 came to a close. She'd like to compare notes with alumni from other parts of the country involved in disaster relief efforts. You can contact the Preece's at 27962 Farm Hill Road, Hayward, CA 94542.