Occupational Therapy Student Capstones   Occupational Therapy Program

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Empowering Aging Populations: Exploring New Technology for Independent Living

Rogelio Diaz
University of the Pacific

Recommended Citation

Empowering Aging Populations:
Exploring New Technology for Independent Living

Capstone Scholarly Presentation

Site Mentor: Therese Brinke
Faculty Mentor: Kathryn Wise

Organizations: UOP, Eskaton, & Reshub

Presented by
Rogelio Diaz

UNIVERSITY OF THE PACIFIC | School of Health Sciences
Occupational Therapy

ResHub

ESKATON
AGE is Beautiful

Background

Targeted Population: Older adults 65+, the aging population.

- "Digital Divide" between older adults and types of technology (Gilson et al., 2019; Kotl et al., 2021; Peek at al., 2016).
- There are proposed benefits to using types of technology in this population
- Benefits include:
  - Increased independence
  - Cost-effective solution to saving money
  - Mental and physical benefits (Gregory et al., 2019; Kaydlack & Cotten, 2020).

Capstone site: Eskaton

What is Eskaton?

- A regional nonprofit that supports aging services
- Offers various programs for the aging population

Mission Statement:

Eskaton's primary mission is to enhance the quality of life of seniors through innovative health, housing, and social services

Reshub:

Provides an experience platform in order to empower residents.

Program Purpose

- Support the Reshub & Eskaton team. Completion of educational-based material targeted towards staff, residents, & family related to new technology introduced in the community.

- Completion of Eskaton Academy program material in order to support new & current staff. Educate staff on the vibrant culture of Eskaton, give resources, & empower staff.

Guiding Model

Enviornmental Press Model (EP)

- Guide: Using environmental press to adjust the optimal level of needs in the community (Environmental press model, 2019).

  - Example: Reshub device "Eskaton Connect"- A change in structure & function to a space. To empower the resident, family, and/or staff member.

Reshub - Biopsychosocial model

- Three interchanging factors: Influence on overall health and well-being (Megan, 2021)
  - Biological
  - Psychological
  - Social

Literature Review

## Literature Review –
What is states

- Influential Factors & themes:
  - Social network
  - Family influence
  - Health care partners
  - Accessibility of devices

- Adopting Technology in older adults is on a case-by-case basis & different among persons, groups, & communities.

(Fields et al., 2021; Kottl et all., 2021; Tural et al., 2021; Pais et al., 2020; Gregory et al., 2019; Preusse et al., 2017)

Needs Assessment

Needs Assessment- SWOT Analysis

What I learned (areas of improvement)
- staff burnout
- communication:
- staff <>resident
- staff<>family
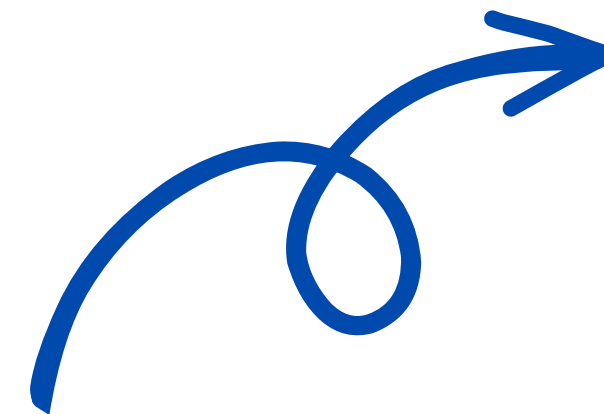- Lots of opportunities for increasing workflow
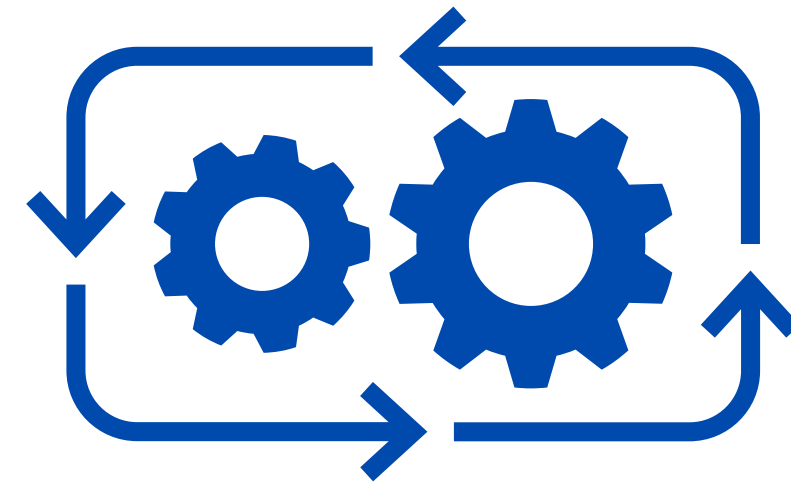
Filling the Gap

How to fix the problem

- To support and educate staff, residents, and families through educational-based material on a new device "Eskaton Connect" through my deliverables.

Project 1: Eskaton Academy - Core Competency Training Outcomes

Day 1 (Introductory Track)

- Introduction to Eskaton and Experience Standards
- Eskaton Basics (HIPAA corporate compliance)
- Resident Rights
- Theft and Loss and Elder Abuse
- Philosophy of Care
- Cultural Competency, Supporting LGHTBQIA+
- Workplace Wellness, Disaster Training

Day 2 (Dementia Track)

- Psychosocial Needs of Older Adults
- Understanding Neurocognitive Disorders
- Understanding Causes and Types
- Interpreting Unmet Needs
- Interpreting Unmet Scenerios

Eskaton Academy - Core Competency Training Outcomes

Day 3 (Dementia Track)

- Mental Health and Aging
- Navigating Grief and Loss
- Creating a Person Directed Culture
- Creating Supporting Environments

Day 4 (Aging Processes Track)

- Physical Needs of Older Adults
- Assisting with ADL's
- Understanding Falls

Eskaton Academy - Core Competency Training Outcomes

Day 5 (RCA Track/RMA Part 1 Track)

- Medication Policies and Procedures
- Postural Supports, Restricted, Prohibited, and Allowable Conditions
- Navigating Hospice and Palliative Care
- Understanding End of Life

Day 6

- RMA Part 2 Track 8-Hour Medication

Part 2: Introduction to Reshub & Team
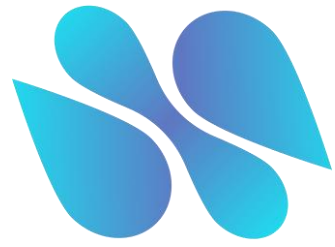
Pre-initial Setup

- Completed a DEMO

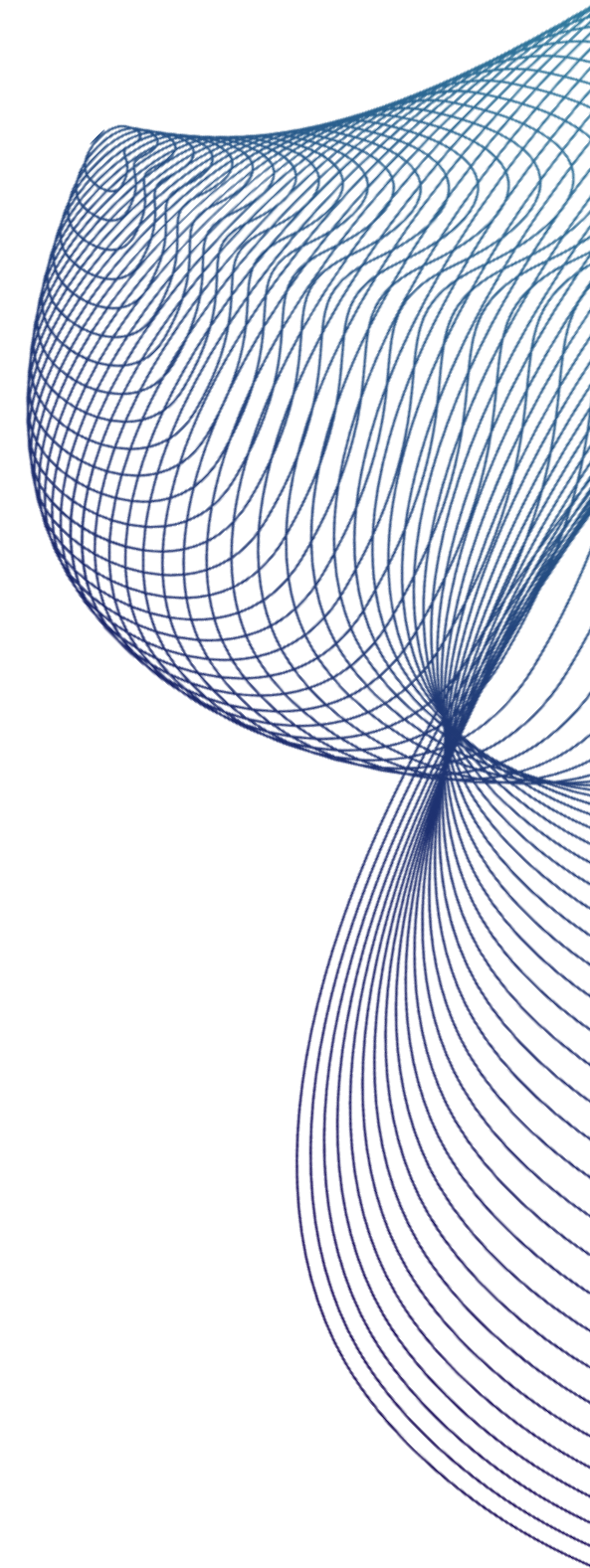**Introduction to Eskaton Communities**

- Initial walkthrough

Pilot Day (Experience Center)

- Onsite introduction and meeting with Sean & Niel from Reshub
- Hands-on Learning with device
- Staff training - Eskaton Connect

Reshub Interface - Eskaton Connect

Reshub- Eskaton Connect Outcomes

- First Reshub product implemented in North America
- Implementation of the device in Eskaton Roseville Community
- Introduction of the device to staff
- Staff training of device
- Staff usage of devices during community events

Discussion

Reshub - "Eskaton Connect"

- Benefits to residents:
  - Empower adults to be independent
  - Physical benefits
  - Mental benefits
  - Life Enrichment
  - Increased communication & efficiency

Eskaton Academy

- Staff better educated to support themselves and empower residents
- Complimentary to Eskaton device
- Support of staff resources
- Two new Eskaton Academy trainers
- New Eskaton Academy room

Impact

Reshub - "Eskaton Connect"

- Future implementation in other Eskaton communities
- Adoption in more states and countries
- Positive transformation of device/platform
- Role of OT: Advocacy for devices in other communities, technology expert/community liaison.

Eskaton Academy

- Eskaton Academy training rooms at each site
- Course content to be created/delivered through an online program
- Role of OT: Academy educator, work on other related programs

Thank You!

Let's connect! For more questions and comments please contact me.

Rogelio Diaz

Thank you to everyone who has helped me through this Capstone experience.

Thank you to the Eskaton staff, University of the Pacific faculty, Reshub team, and family.
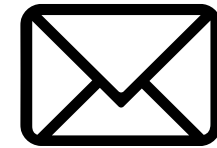
✉ diazroger98@gmail.com

www.linkedin.com/in/rogeliootd

☎ 209-487-2697

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ResHub
Your Resident Experience Hub

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